FLYER PRICING VALID THROUGH
THURSDAY OCTOBER 26TH TO WEDNESDAY NOVEMBER 1ST, 2023.
501 QUEEN STREET SOUTH, BOLTON 905-857-1227

Garden foods



THANK YOU REWARDS MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.



Longo's Fresh McIntosh or Royal Gala Apples
Product of Ontario
3lb bag
2.99
NON-MEMBER **5.99**



The Little Potato Company Mini Potatoes
Product of Canada
680g pkg
selected varieties
2.99
NON-MEMBER **3.99**

Longo's Frozen Cooked Pacific White Shrimp Ring with Cocktail Sauce
737g pkg
18.99
SAVE $6
NON-MEMBER **24.99**



NOT A MEMBER? NOT A PROBLEM!

Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit Longos.com/thank-you-rewards

TO VIEW OUR FLYER ONLINE, GO TO WWW.GARDENFOODSMARKET.COM
HOURS: MON-FRI 7AM-9PM; SAT & SUN 7AM-7PM

FLYER PRICING VALID THROUGH
THURSDAY OCTOBER 26TH TO WEDNESDAY NOVEMBER 1ST, 2023.
501 QUEEN STREET SOUTH, BOLTON 905-857-1227

Garden foods



Chapman's Premium Ice Cream
2L tub
selected varieties
5.99
NON-MEMBER 7.99



Longo's Organic Pumpkin Seed Butter
365g jar
5.99
SAVE $1
NON-MEMBER 6.99

Longo's Chicken Pot Pie, Steak and Mushroom Pie, Tourtière or Shepherd's Pie
970g pkg
FAMILY SIZE
18.99
SAVE $1
NON-MEMBER 19.99



NOT A MEMBER? NOT A PROBLEM!

Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit Longos.com/thank-you-rewards

TO VIEW OUR FLYER ONLINE, GO TO WWW.GARDENFOODSMARKET.COM
HOURS: MON-FRI 7AM-9PM; SAT & SUN 7AM-7PM

FIREPLACE SALE
marquis COLLECTION | REGENCY | KINGSMAN | HEAT&GLO
LENNOX
Direct Air Systems
HEATING - COOLING - FIREPLACES
290 Healey Rd., Unit 3, Bolton, ON L7E 1C9
www.directair-heating.com
416.268.1115 | 905.951.8080
GAS • WOOD • ELECTRIC
HEAT PUMP $7100 GOVERNMENT REBATE
UP TO $1500 LENNOX REBATE

Your peace of mind is our top priority.
GLEN THE PLUMBER
Better Trained, Better Qualified, Better Job.
416.565.0201

Caledon Citizen

Your Community Newspaper

Combined Thursday Circulation: 36,816
905-857-6626 | 1-888-557-6626 | www.caledoncitizen.com

For honest & dependable plumbing service & installation call
READERS' CHOICE 2023 DIAMOND WINNER
GLEN THE PLUMBER
416.565.0201

FREE | Thursday, October 26, 2023 | Volume 43, Issue 42



DUSK TILL DAWN – Models hit the runway at Alton Mill Arts Centre on October 19 as Orangeville designer Robin Bobechko hosted a fashion show that aimed to both empower women through art and fashion, a mission for the artist, and to raise money to help with local food insecurity. For more, see Page A10..
PHOTO BY PETER RICHARDSON

HAUNTED HILL
BOLTON ROTARY 1K FUN RUN & 5K WALK/RUN
SUNDAY, OCTOBER 29, 2023
Rotary
Register at BoltonRotary.ca

GREAT VALUE - $959,000
Good sized 4 bdrm updated semi. Fabulous new kitchen, hdwd, stairs & pickets. Finished bsmt.
VERONA TESKEY
BROKER OF RECORD
COLDWELL BANKER SELECT REAL ESTATE, BROKERAGE
905.857.2820
www.VeronaTeskey.com
verona@veronateskey.com

Caledon considers potential of allowing legal cannabis stores in Town

Feasibility study greenlit by Council

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

It's high time to review whether allowing legal cannabis stores in Caledon is beneficial, according to local lawmakers.

At Caledon Council's October 24 meeting, Caledon resident Wendel Clarke made a presentation to Council outlining reasons why he thinks Caledon should allow legal retail cannabis stores.

Clarke, a project management professional, was joined by his son Shane, who also lives in Caledon and owns Tottenham cannabis store Smokey Daze.

When the Cannabis Act came into effect in 2018, it allowed municipalities to choose whether or not they wanted to allow the sale of cannabis in their jurisdiction.

In a January 15, 2019 meeting, Caledon Council chose to opt out of allowing the sale of cannabis in Caledon.

Clarke said there are a number of reasons why Caledon should reconsider that decision.

He said there hasn't been an increase in crime in municipalities that opted in to allowing legal cannabis stores, quoting a report from Calgary police.

Continued on Page A11

STEPHEN DIGNUM
BROKER
Residential • Commercial • Rural
EXIT Realty Hare (Peel)
Text: exitwithsteve to 85377
(416) 559-2995
exitwithsuccess@gmail.com
exitwithsuccess.ca

TIRE JUNCTION
WINTER TIRE SALE
NEW & USED TIRES
SPECIAL PRICE FOR PICK-UPS & SUVS
4 WHEEL 3D WHEEL ALIGNMENT
ALL MECHANICAL WORK DONE HERE!
905-794-5642 or 905-893-9908
tirejunction.ca

Happy Halloween!
Be Safe!
WE WELCOME NEW PATIENTS.
BOOK TODAY!
Bolton Family Dental Centre
905-951-9511
24 Shore St., Bolton
behind the Pizza Nova
www.boltonfamilydentist.com
Follow us on

Council briefed on impacts of Strong Mayor powers

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

Caledon's Mayor was granted Strong Mayor powers by the Provincial Government on July 1.

On October 24, Caledon's acting Town Solicitor Matthew Binkle made a presentation to Council detailing the scope of these powers.

Strong Mayors can appoint a municipality's Chief Administrative Officer (CAO). This is the person who has general control and management of the affairs of a municipality.

Mayor Annette Groves exercised this power on August 2 when she replaced Caledon's former CAO Carey Herd with current CAO Nathan Hyde.

Continued on Page A7

MD CATERS
LIVE CATERING
ACROSS THE GTA
WEDDINGS • BIRTHDAYS • RELIGIOUS CEREMONIES
437.774.5250

Ford
FINES FORD | LINCOLN
Driving Success.
10 Simona Drive
on Hwy 50, Bolton
905-857-1252
www.FinesFordLincoln.ca
New operating hours!
SERVICE & PARTS
SALES
8:00 am - 5:00 pm Monday 9:00 am - 8:00 pm
8:00 am - 8:00 pm Tuesday 9:00 am - 8:00 pm
8:00 am - 8:00 pm Wednesday 9:00 am - 8:00 pm
8:00 am - 8:00 pm Thursday 9:00 am - 8:00 pm
8:00 am - 5:00 pm Friday 9:00 am - 5:00 pm
8:00 am - 3:00 pm Saturday 9:00 am - 5:00 pm

Peel non-profits worried about impact of regional dissolution

Over 80 non-profits form Metamorphosis Network to address challenges

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER



Caledon Community Services CEO Geraldine Aguiar is a member of the Metamorphosis Network's Leadership team, and spoke at the network's Queen's Park launch event. FILE PHOTO

Local non-profits want to make sure the dissolution of Peel won't negatively impact the people they serve.

On October 24, the Metamorphosis Network was launched with a media event at Queen's Park. The Metamorphosis Network consists of over 80 non-profit community organizations from across the Region of Peel working together to address the impacts of Peel's dissolution.

Some of the non-profit community organizations involved in the network are Caledon Community Services, Roots Community Services, Brampton Multicultural Community Centre, Catholic Family Services Peel Dufferin, Indus Community Services, and Peel Alliance to End Homelessness.

In July, the Provincial Government passed legislation that will dissolve Peel, making Brampton, Caledon and Mississauga independent municipalities as of January 2025.

This has big implications for the non-profit sector, as the Region of Peel currently oversees social services for its three municipalities. Peel manages affordable housing, childcare, public health, seniors' services, homelessness services and shelters, transportation for people with disabilities, long-term care, youth programs and more. It also coordinates funding for the non-profit sector.

According to a Metamorphosis Network media release, its priority is to "ensure that vulnerable people and equity-deserving populations are not adversely impacted by the dissolution of Peel."

The Network wants to ensure services are not disrupted by the dissolution.

Geraldine Aguiar, CEO of Caledon Community Services, spoke at the Queen's Park media event.

Aguiar is a member of the Metamorphosis Network leadership team.

She said Caledon faces some of the biggest funding challenges in Peel. Since Caledon has the smallest population of the three Peel municipalities, she said people often have to rely on services in other communities. For example, there is no youth shelter in Caledon. The closest mental health support services are in Brampton, she added.

Aguiar said after Peel's dissolution, it is unclear how residents will have access to some services. She said when you try to divide a pie that's already too small, it's impossible for everyone to have a piece.

Aguiar said she's counting on Premier Doug Ford and the Provincial Government to map out a plan to fully-fund local social services. She said Peel's dissolution shouldn't end up accidentally undermining services in Peel.

She said the Metamorphosis Network is working with the Peel Transition Board to address potential gaps.

"We need to act quickly," said Aguiar.

The Peel Transition Board consists of five members appointed by the Provincial Government. It is tasked with handling the separation of Peel and must report to the government next summer. At that time, the government will make final decisions on Peel's dissolution.

One of the tasks of the transition board is to reallocate regionally-delivered services to Caledon, Brampton and Mississauga.

COMMUNITY events

This column is provided as a free public service to non-profit organizations to announce up-coming events. Please contact the Caledon Citizen by calling ***(905) 857-6626*** *or emailing* ***admin@caledoncitizen.com*** *if you wish to have an announcement published.*

TOPS (Take Off Pounds Sensibly) ON 1344 Bolton – Real People, Real Weight Loss is a non-profit group. We meet weekly on Wed. evenings in the basement of Bolton United Church. Weigh-ins are 6:00-6:30 followed by a meeting. The initial annual fee incl. a bi-monthly magazine and starter kit is $59, and monthly dues are $20. Today is the best day to make changes to your lifestyle! If you have weight to lose and/or want to improve your health, we can help! We promote healthy eating and support the efforts of all our members, and your first meeting is free. Come join us. For more information call Marion at 905-857-5191 or see www.tops.org. Online memberships are also available.

The Bolton Al-Anon Group has recently moved the regular meeting location to the Bolton United Church at 8 Nancy Street (across from Bolton Post Office). We still meet every Thursday at 8:30 pm. We welcome anyone who is/or has been affected by someone who has problem with alcohol. If you have any questions please come any Thursday evening or email: boltonalanon@gmail.com.

Caledon Church of Canada. Every Sunday morning @ 10 am. Monday prayer meeting @ 7 pm. Resources: Prayer counselling, Baby/child dedication, Visit the sick, Wedding Services, Food bank and more!
For all your pastoral services:
647-891-9400 • caledoncoc@gmail.com
Location: 34 Nixon Rd., Bolton

CALEDON HORTICULTURAL SOCIETY
At the September 14th meeting, a vote was taken and it was agreed that the Caledon Horticultural Society would be closed. Our last ANNUAL GENERAL MEETING will be held on October 26, 2023, from 7 to 9 PM at the Cheltenham Community Hall, 14190 Creditview Road (behind the fire hall). If you would like to attend, please contact Bobbie Bennett at gscale3541@gmail.com for more information.

Claude Church Celebrates 180 Years!
Please join us for Claude Presbyterian Church's 180th Anniversary Service on Sunday, October 29th, 2023 at 10:30 a.m. Following the church service, there will be an unveiling of the Heritage Plaque and a potluck lunch. Location: 15175 Hurontario St., Caledon, ON L7C 2E3 We are your Community Church on the Highway!

Friday October 27 2023
Let's Talk Poverty in Caledon
Presented by Caledon Community Services
Free Community Event
Also online (see website for link)
6:30 pm Gathering
7 pm Guest Speaker Mariia Kupriianova
Followed by discussion.
Bolton United Church, 8 Nancy St, Bolton L7E 1C7
905-857-2615
e-mail office@boltonunitedchurch.com
www.boltonunitedchurch.com

Christmas Market & Bake Sale
November 18, 2023
9 am – 2 pgm
Caledon East United Church
6046 Old Church Rd.
Caledon East, Ont.
Free Admission & Free Parking

Bolton neighbours unite for accessible trick-or-treating this Halloween

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

Bolton residents are ensuring the fun and magic of Halloween can be enjoyed by all.

Francesca Valente and John Groe are neighbours that live on Sir Lancelot Court in Bolton. For the third time, they've arranged an amazing night of accessible trick-or-treating on October 31.

At 6 p.m. their street will be closed to traffic by Caledon OPP and the evening will begin. All Sir Lancelot Court residents will be handing out candy at the bottom of their driveways, ensuring those with disabilities can participate in the fun.

Treat Accessibly was founded in 2017 by the Padulo family. They realized their home had stairs, and it meant a neighbour in a wheelchair couldn't come up and trick-or-treat. They decided to move their treat station to the end of their driveway, and the idea for the movement was born. Now, over 100,000 homes across Canada participate in Treat Accessibly each year.

Valente said anyone is welcome to come trick-or-treat on Sir Lancelot Court this year.

"It ends up being a really good vibe on the street," she said. "It's a fun night and a safe night for the kids."

Groe has a daughter with a disability and owns two companies that support individuals with disabilities. He's also served on the Town of Caledon's accessibility advisory committee. He's very passionate about supporting those with disabilities and it's why he's very excited to be part of the group organizing an accessible trick-or-treating event in Bolton.

Coffee Time has donated coffee and hot chocolate for the event, and local restaurant Blue Smoke has donated gift cards to be used as prizes. There will be prizes for the best costume and best-decorated house on Sir Lancelot Court. Other companies involved in supporting the event include Remax (where Valente is a realtor), Accessible Daily Living, Drivelab, Momentous, Plan B Media, and Aqua Mer Spa.

Groe said Bolton is a pretty great place for community events, adding it's amazing when the community can connect. The accessible trick-or-treating event is free for all who attend, something Groe said is important during tough economic times.

Groe said the event will be a great mix of fun and education for kids.



Bolton business Silcotech celebrates 25th anniversary



Regional Councillor Christina Early, Silcotech co-founders Isolde Boettger and Michael Maloney, and Caledon Mayor Annette Groves at Silcotech's 25th anniversary celebration.
PHOTO BY RAPHAEL BOETTGER

Mayor Annette Groves and Caledon Community Services CEO Geraldine Aguiar attend event

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

A local business is celebrating a quarter of a century in Caledon.

On October 20, Silcotech held a 25th anniversary celebration outside of its Bolton manufacturing facility.

Silcotech was a start-up venture between Isolde Boettger and partner Michael Maloney, who still lead the company today. In the beginning, they were putting in 12- to 16-hour days. Silcotech hired its first employees through Caledon Community Services (CCS) and two of those employees still work there to this day.

Boettger explained Silcotech is a global supplier of liquid silicone moulded components and sub-assemblies. It manufactures products primarily in the health care sector.

In 2003, Silcotech moved into its Nixon Road location where it currently operates.

Boettger said she's proud of her company's diverse employment base, and said there's so much talent in the company. She said one of the company's core missions is to help its employees learn and grow.

Silcotech has long-partnered with CCS. It has had a Christmas raffle that benefits CCS for over 15 years and it's been growing year after year.

Caledon Mayor Annette Groves attended Silcotech's 25th anniversary celebration to provide congratulations. She said she remembers when Silcotech first came to Bolton.

Groves said Caledon is committed to helping businesses start and grow in Town.

"I would like to extend my sincere thanks to Silcotech for choosing to invest in Caledon 25 years ago — great choice," said Groves. "Your continued investment in the community creates jobs for residents and drives local innovation. Caledon is proud to be a home for you."

Groves went on a tour of Silcotech's facilities and said she was very impressed with them.

"We look forward to working with you for many years to come," said Groves. "Thank you for all that you do and contribute to our community."

Viren Aggarwal, Chief Financial Officer of Silcotech, shared some statistics from the company's history. He said Silcotech has shipped over 2.2 billion parts to over 220 customers in its 220,000 hours of operation. He said in the next two to four years, Silcotech plans to double the size of its operation.

Geraldine Aguiar, CEO of CCS, said she's grateful for the difference Silcotech has made in the community during its 25 years of business. She said the company is a staple in Caledon; that it is innovative and community-minded.

"Our partnership is built on a shared belief in creating an environment where people can grow and prosper, helping people live up to their full potential," she said. "I commend you for your legendary raffle that never stopped during COVID… when a lot of things did."

Aguiar said Silcotech has also supported many CCS events like the Velocity Ride for Caledon Seniors and Home for the Holidays Gala.

Carinne Chambers-Saini, CEO of Diva International — which makes the Diva Cup — attended Silcotech's anniversary event.

She said when she and her mother were looking to create a modern version of the menstrual cup in 2001, no one was willing to work with them.

"Every company we approached laughed and scoffed at our strange device," she said.

Then, they met Boettger and Maloney, and the rest was history. The two companies have been in partnership for 23 years and have no plans to stop.

"They were one of the first ones to believe in our idea," said Chambers-Saini. "They agreed to help us design and manufacture the Diva Cup."

Chambers-Saini commended Silcotech's outside-the-box thinking and world-class team for their help in making the Diva Cup a reality.

"Isolde and Michael are two of the most hard-working and kind people I have ever met and they have built something truly special in the community of Bolton," she said.

Chambers-Saini said Diva International and Silcotech are partnering to donate 2,500 Diva Cups to CCS.

PLEASE RECYCLE THIS NEWSPAPER!

APARTMENTS STARTING AT
$2,842 per month



Thrive in your retirement years with independence and convenience

Chartwell Montgomery Village is a premier retirement community in Orangeville for active seniors desiring an independent and worry-free lifestyle. Explore our superb state-of-the-art amenities and selection of retirement suites and seniors' apartments—many boasting spectacular views!

Book your personalized tour!

CHARTWELL
MONTGOMERY VILLAGE
155 Riddell Road, Orangeville
226-706-8528

Chartwell.com

the BILL PARNABY team
sales representative



Thinking of Selling?

Scan here for a Free Home Evaluation :)

ROYAL LEPAGE
RCR Realty, Brokerage.
Independently Owned & Operated
bill@billparnaby.com

Cupid Boutique
Adult Novelties
Exotic Lingerie
158 Kennedy Rd. S.,
Brampton & GTA locations
www.cupidboutique.com



TIME TO
FALL IN LOVE
WITH A NEW HOME.
CALL
JASON CURRIE
Today for Your Free Market Evaluation!
RE/MAX
WEST REALTY INC.
BROKERAGE
Independently Owned & Operated
416-200-9735
www.jasoncurrie.ca
Professional Real Estate Services
in Caledon & Surrounding Areas
*Sales Representative

CALEDON OPP LAUNCH PROJECT SAFE TRADE

The Caledon Detachment of the Ontario Provincial Police (OPP) has launched Project Safe Trade.

WHAT IS PROJECT SAFE TRADE?

Online classified and auction sites are often used as tools to sell stolen property to unknowing victims and can present a safety threat. To increase public safety and reduce crime, the Caledon OPP is inviting members of the public to use our detachment parking lot to facilitate property transactions arranged online.

HOW CAN THE COMMUNITY HELP?

We need community partners; citizens and neighbors; agencies and police to mobilize for community safety and well-being. Collaborative approaches reduce harm and victimization with the goal of developing long term sustainable solutions.

HOW CAN PROJECT SAFE TRADE HELP?

Creating a "community safe zone" in police detachment parking lots is about moving online marketplace transactions away from secluded parking lots or private residences and bringing them into public places.

SAFE TRADE CHECKLIST

- Meet in a busy public place;
- Meet in person to inspect the product;
- Bring a trusted friend or family member along as a witness;
- Bring a cell phone in case you need to call for help;
- If you must go alone, tell a friend or family member when and where you are meeting someone;
- Keep transactions to daylight hours;
- Don't invite a stranger into your home. It allows them access to the layout of your house, gives them information regarding alarm systems/dogs and provides a chance to see any valuables you may have;
- Never tell your schedule to a stranger. They do not need to know when you will not be home;
- Don't erase any e-mails, texts or voicemails between yourself and the seller or buyer;
- Keep things local. Never mail a cheque or wire money to sellers;
- Do not give out personal or banking information (social insurance number, back account number, etc.).

THE NUMBERS

Statistics tell us that only 5% of internet or telephone scams/frauds/thefts are reported. Many incidents go unreported due to shame or embarrassment on the part of the victim.

WHAT IS THE ROLE OF THE POLICE?

"Under normal circumstances, there will be no police intervention. Officers will not mediate private transactions, will not provide documentation and will not be a witness to a transaction. However, should one of the parties request an officer, one will respond. Officers will only intervene if the transaction becomes a bylaw, provincial or criminal matter."

- OPP will be unable to assist in negotiating civil property transactions;
- OPP won't guarantee the quality or authenticity of items purchased online;
- OPP members cannot use the Police computer system to run model numbers, serial numbers, etc. of items that are part of a private exchange. Citizens are encouraged to use the Canadian Police Information Centre's online database to search serial numbers of items they are looking to purchase at www.cpic-cipc.ca.

THEATRE ORANGEVILLE
David Nairn, Artistic Director
30th SEASON
OCTOBER 12th to 29th
The View from Here
heartfelt comedy
by Jamie Williams
Mary, I love you.
SCAN ME
Call 519-942-3423 OR Visit www.theatreorangeville.ca

FATAL COLLISION

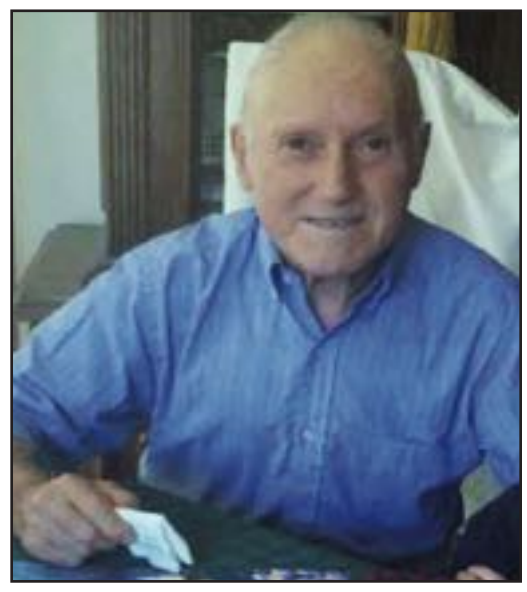
Officers from the Caledon Detachment of the Ontario Provincial Police (OPP) are investigating a fatal collision on Mayfield Road.

"On October 20, 2023, just before 5:00 a.m., Caledon OPP and emergency crews responded to a three-vehicle collision on Mayfield Road, near Goreway Drive," say Police. "Two commercial vehicles and a passenger vehicle were involved. The driver of the passenger vehicle, a 27-year-old male from Brampton, was pronounced deceased at the scene. One other driver was transported to hospital for minor injuries."

Mayfield Road between Goreway Drive and McVean Drive was closed for several hours while the OPP Technical Collision Investigators and Reconstructionists assisted with the investigation. The investigation is ongoing. Anyone who may have witnessed the collision or has dashcam footage is asked to contact Caledon OPP at 905-584-2241 or 1-888-310-1122.

If you are affected by this incident or witnessed the collision and wish to speak to victim services, Caledon/Dufferin Victim Services can be reached at 905-951-3838.

REWARD OFFERED FOR INFORMATION RELATED TO DEATH OF FRANK CHIAPPETTA



Members of the Caledon Detachment of the Ontario Provincial Police (OPP) are appealing to witnesses in the disappearance and death of Frank Chiappetta.

"On October 1, 2019, family members reported Oloferno (Frank) Chiappetta as missing after he failed to return home," say Police. "He was last seen on September 28, 2019, in the area of Olivers Lane and Walker Road in the Town of Caledon."

At the time, Frank's family made the following appeal to the public for help:

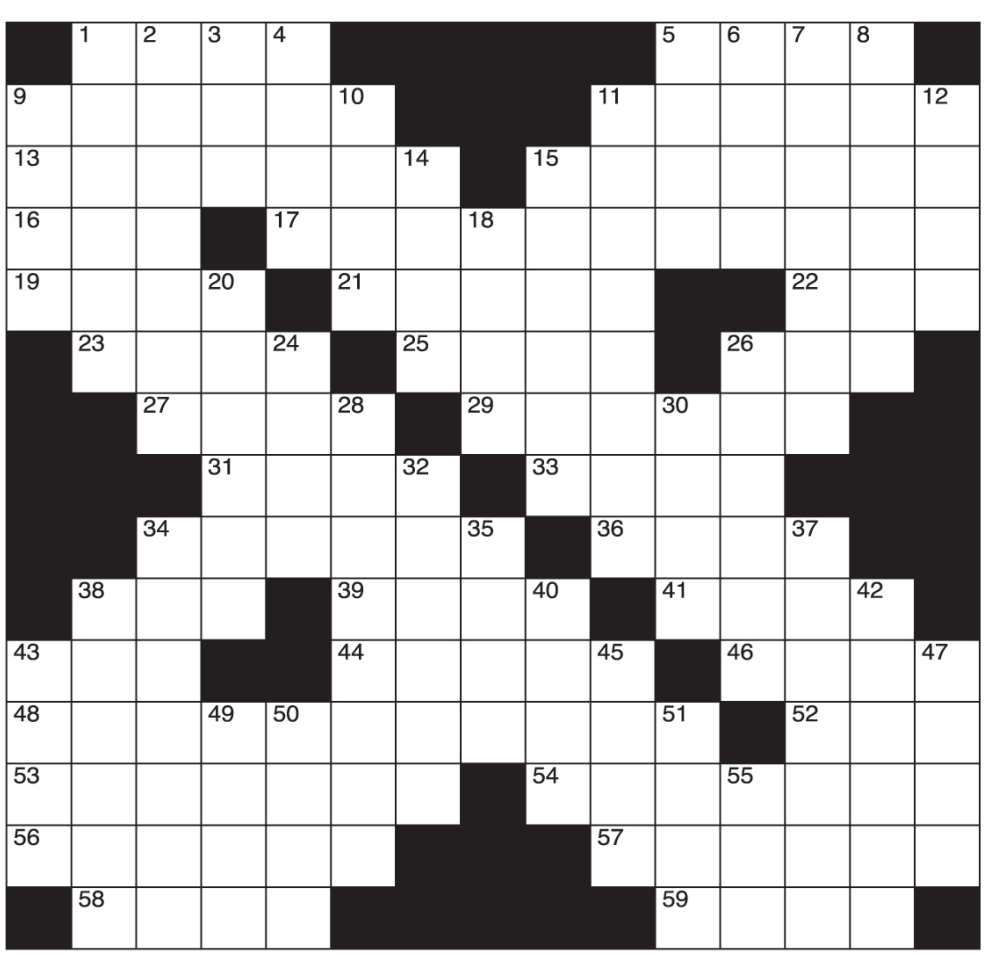
"We are beside ourselves with worry over our father who has been missing now for one week. We are urging anyone who may have seen him or anyone with any information with regards to his where abouts or ventures over the course of the past week to not hesitate and call OPP. My father is 87 years old and his leaving is completely out of character. We are all extremely worried for his safety and well-being, and any assistance no matter how small it may seem is appreciated."

Frank Chiappetta's body was located on Monday, March 16, 2020, in the area of 4th Line East and 15th Side Road in Mulmur Township.

On September 28, 2019, the day of Frank's disappearance), shortly before 9:30 p.m., a vehicle was seen leaving the residence. It is believed to be grey or silver in colour. Investigators are looking to identify this vehicle.

The Citizen CROSSWORD

Solution in CLASSIFIEDS



CLUES ACROSS

1. Male children
5. Robert Wagner series "Hart to __"
9. Unfolded
11. Digestive disease
13. Wednesday
15. Malignant tumor
16. Conscientious investment strategy (abbr.)
17. Slowed
19. Letter of the Semitic abjads
21. Weights of cars without fuel
22. Former CIA
23. Asian country
25. Instead
26. Ancient Egyptian King
27. Privies
29. Shopping trips
31. Paradoxical anecdote
33. It's on the table
34. Ancient Persia ruler
36. Small American rail
38. File extension
39. Days (Spanish)
41. Everyone has one
43. South American plant
44. About ilium
46. Vanished American hoopster Bison
48. A type of breakfast
52. Uncooked
53. Examined
54. Christian recluse
56. Strong posts
57. Some are for pasta
58. Skinny
59. School-based organizations

CLUES DOWN

1. Ringlet
2. Type of complex
3. Midway between north and northwest
4. It becomes something bigger
5. German courtesy title
6. Genus of birds
7. Marked by public disorder
8. Least aggressive
9. Russian city
10. Insect repellent
11. Interruptions
12. Scoundrels
14. 1,000 calories
15. What one does overnight
18. Dwarf planet
20. Pipe
24. Black powdery substance
26. Set of four
28. Canned fishes
30. North Carolina college
32. Secured
34. A disgraceful event
35. Physical suffering
37. The home of the free
38. Some are boys
40. Satisfy
42. Makes very happy
43. South American plants
45. Modes of transportation
47. Female sheep
49. Type of torch
50. Piece of merchandise
51. Jump over
55. Wife of Amun

No one has more self-confidence than the person who does a crossword puzzle with a pen.

Members with the Caledon OPP Major Crime Unit, under the direction of the OPP Criminal Investigation Branch (CIB), are continuing to investigate the death of Oloferno (Frank) Chiappetta.

Anyone with information is asked to contact Caledon OPP at (905) 584-2241 or toll-free at 1-888-310-1122. There is a $50,000 reward for information leading to an arrest and conviction.

You can also provide information anonymously by contacting Peel Crime Stoppers at 1-800-222- 8477 (TIPS) or online at www.peelcrimestoppers.ca. When you contact Crime Stoppers you stay anonymous, and you never have to testify.

ID SOUGHT FOR TWO SUSPECTS

Members of the Caledon Detachment of the Ontario Provincial Police (OPP) are requesting the public's assistance to identify two suspects in an ongoing attempted murder investigation.

"On October 23, 2023, shortly before 7:00 a.m., officers were called to Tundra Road in the Town of Caledon for a report of a suspicious vehicle," say Police. "During the course of the interaction with the vehicle and occupants, one officer was injured and the suspects fled the scene."

Suspect # 1 is described as approximately 6'1", brown skin, medium build wearing light blue jeans, white shoes with a black heel, a black puffy jacket with a white shirt underneath.

Suspect # 2 is described as approximately 5'7", brown skin, medium build, wearing black pants, black shoes with white soles and a black jacket or hoodie with a black shirt underneath.

"The vehicle was a 2018 Jeep Wrangler, black in colour, with damage to the rear driver's side tire. The occupants abandoned the vehicle on Haverhill Road in Brampton a short time later and were last seen waking south on Danielsgate in the area of Yellowknife Road."

Investigators are asking that anyone with dashcam footage or home security video in the areas of Southfields Village in Caledon or the Haverhill Road/George Gray/Yellowknife Road area of Brampton to review and if it captures the vehicle or suspects, please upload to: bit.ly/3QapidT.

The investigation is continuing by the Caledon Detachment Major Crime Unit, under the direction of the OPP Criminal Investigation Branch, and with the assistance of OPP Forensic Identification Services and the Central Region Traffic Incident Management and Enforcement (TIME) team.

Anyone with information should contact the Caledon OPP at 1-888-310-1122 or Peel Crime Stoppers anonymously at 1-800-222-TIPS (8477) or peelcrimestoppers.ca.

ALLISTON ASSAULT INVESTIGATION

The Nottawasaga Detachment of the Ontario Provincial Police (OPP) Major Crime Unit is currently investigating an incident that occurred in Alliston, New Tecumseth.

"On Thursday October 19, 2023, around 4:25 p.m., the victim was assaulted in the area of the Mill Pond Medical Centre on Victoria Street West in Alliston," say Police. "Due to the nature of the investigation, and to protect the integrity and privacy of the victim, no other information will be released, however investigators have reason to believe there were witnesses in the area who could assist in the investigation."

The suspect is described as a Caucasian male, average build, approximately 6' tall with long brown hair, a scraggly beard and a silver hoop earring wearing a bright red face covering, black leather gloves, light brown pants, grey sweater, maroon colored leather shoes with white laces, white socks, and a snake tattoo on the top of his left hand.

Police are urging the community to check their video camera footage, or dash cameras, for anyone matching the suspect's description and to call Police if you have any footage or information regarding this investigation.

If you have any information about crime in the community, please contact the OPP at 1-888-310-1122. You can also call Crime Stoppers anonymously at 1-800-222-TIPS (8477) or submit your information online at www.crimestopperssdm.com. Crime Stoppers does not subscribe to call display, and you will remain anonymous. You will not testify in court and your information may lead to a cash reward of up to $2,000.

Protect yourself this fall and winter, says Peel Public Health

What you can do to stay healthy during the respiratory illness season.

As people move indoors, the risk of transmitting viruses like the flu, COVID-19 or respiratory syncytial virus (RSV) increases.

No one thing on its own is 100% effective at preventing the spread of respiratory infections but practicing public health measures provides the best protection. This includes:

- Wash your hands often with soap and water or using an alcohol-based hand sanitizer;
- Cough or sneeze into your upper sleeve or elbow, not your hand;
- Stay home when sick, and if unable to stay at home, wear a mask and avoid vulnerable populations;
- Consider wearing a mask indoors, especially in crowded spaces where you can't keep a safe and comfortable distance from others;
- Get vaccinated and stay up to date with vaccinations.

Vaccines help lower the risk of infection, work to reduce severe outcomes if infected, and aid your body's natural defenses to develop protection against a disease.

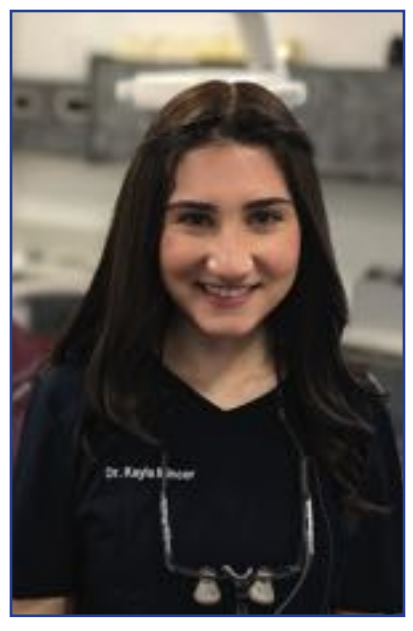
About the vaccines

The COVID-19 and flu vaccines are free, safe, and effective ways to protect yourself, prevent severe illness, and are available for adults and children over six months of age.

Through the Ontario government's High-Risk Older Adults RSV Vaccine Program, adults 60 years or older residing in long term care homes, Elder Care Lodges, and some retirement homes may be eligible for the RSV vaccine, Arexvy. If adults 60 years or older don't qualify for the free RSV vaccine, they can still purchase the vaccine with a prescription from their family doctor or other primary care provider.

The Dr. Howarth Dental Office is excited to announce that our practice is growing! In order to continue bringing you excellent care, we have added a new dentist to our team.

We would like to introduce Dr. Kayla Mincer who completed her Doctor of Dental Surgery degree at the University of Toronto Faculty of Dentistry. Prior to this, she graduated with an Honours Bachelor of Science degree from York University. In her fourth year of dental school, she received a certificate of merit for achievement in the field of oral medicine, due to her work with medically compromised patients and is a member of the Royal College of Dental Surgeons of Ontario and the Ontario Dental Association.





AN UNLIMITED MILEAGE WARRANTY* + 2-YEAR TRIAL OF MAZDA CONNECTED SERVICES▼ WITH REMOTE START



2024 CX-5 GX AWD

ALL-IN STARTING FROM $34,475† Excludes HST.



2024 CX-50 GS-L AWD

ALL-IN STARTING FROM $41,525† Excludes HST.

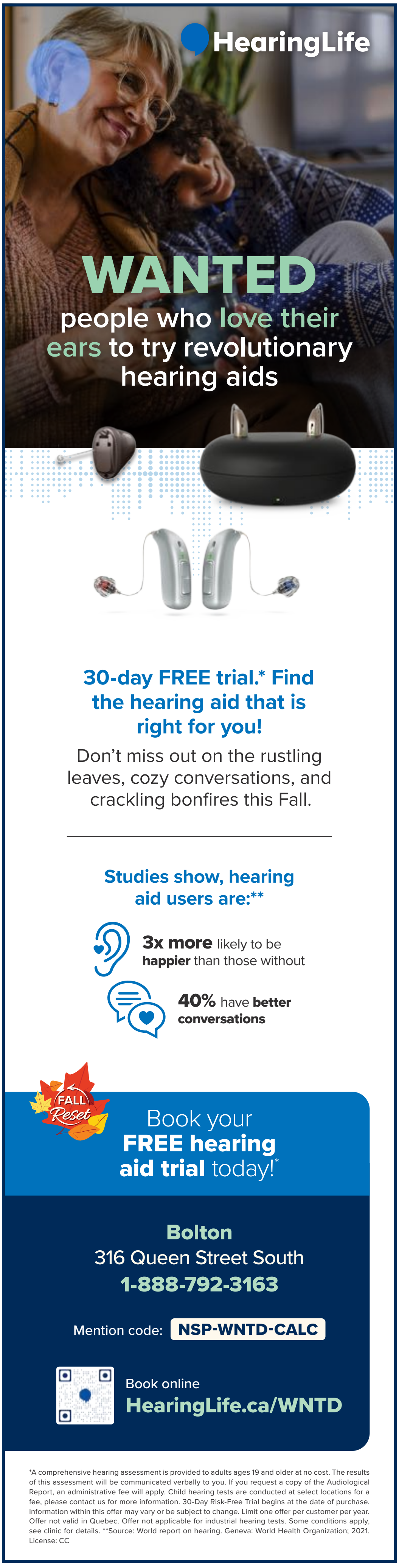


The first-ever Mild Hybrid Inline 6 Turbo

2024 CX-90 GS-L AWD

ALL-IN STARTING FROM $51,625† Excludes HST.

*To learn more about the Mazda Unlimited Warranty, go to mazdaunlimited.ca. ▼Connected vehicle service is available for a 2-year trial period from your vehicle's in-service date; a paid subscription is required upon expiry of the trial period. Available on 2023 MX-30, Mazda3, Mazda3 Sport, CX-5, CX-9, CX-30, CX-50 and 2024 Mazda3, Mazda3 Sport, CX-30, CX-5, CX-50, CX-90. Requires MyMazda App (on a compatible smartphone), a working vehicle electrical system (including battery), wireless coverage and GPS satellite signal. Services, connectivity and capabilities vary by conditions as well as geographical and technical restrictions. See mazda.ca for details. †Purchase from price, based on Manufacturer's Suggested Retail Price, for 2024 CX-5 GX CD AWD (NXXN84AA00)/2024 CX-50 GS-L AWD (JXLN84AA00)/2024 CX-90 Inline 6 Turbo GS-L AWD (WXLF84AA00) is $34,475/$41,525/$51,625. Offers include freight and P.D.E. of $2,095/$2,095/$2,195, $10 OMVIC fee, $20.00 Tire Stewardship Fee (all models, covering the cost to Mazda Canada of collecting and recycling tires) and $100 Air Conditioning charge (all models). Offers exclude HST. Offered pricing available to retail customers only. Licence, insurance, taxes and down payment (where applicable) are extra and may be required at the time of purchase. Retailer order/trade may be necessary on certain vehicles. Offers valid September 1 – October 31, 2023, while supplies last. Lease and finance on approved credit for qualified customers only. Offers subject to change without notice. Visit mazda.ca or see your retailer for complete details.



Peel Children's Aid Society promotes Dress Purple Day for October 27



CEO of Peel CAS delivered presentation to Caledon Council

BY ZACHARY ROMAN
LOCAL JOURNALISM INITIATIVE REPORTER

Caledon residents are encouraged to wear purple on Friday.

October 27 is "Dress Purple Day" in Ontario. It's an initiative from children's aid societies across the Province to raise awareness around the role individuals and communities play in supporting vulnerable children, youth and families.

On October 24, Peel Children's Aid Society (Peel CAS) CEO Mary Beth Moellenkamp delivered a presentation to Caledon Council about Dress Purple Day and the work Peel CAS does in the community.

Joining Moellenkamp was Taqwa, a former youth in care with Peel CAS.

Moellenkamp said October 27 is about children's aid societies speaking as one voice for vulnerable children.

"It's the time when we advocate for their right to physical safety, their right to cultural safety, their right to spiritual safety, and speak as a community to make sure that their needs are being met," she said.

Children's Aid Societies are a critical social safety net, said Moellenkamp. Peel CAS helps 8,000 families each year in Peel, and 99 per cent of its work is done with children, youth and families in their own homes.

In the last year, Peel CAS delivered 80 programs to youth through its Trailblazers Youth Centre, and provided 1,200 children and youth toys for the holidays.

Last year, 129 children were admitted into Peel CAS' care as a result of intimate partner violence.

Moellenkamp said Peel CAS has a customized approach to child welfare, not a one-size fits all approach. She said its Trailblazers Youth Centre was designed by youth, for youth, to ensure health, physical education, identity and literacy needs are met.

"Whenever I have the opportunity to speak to policymakers, it's about making sure that we constantly think about children and youth [in] decision-making," said Moellenkamp. "Our children and youth are some of the most vulnerable in the community and they often feel like they're invisible, they often feel that they're not seen. This is the one time of year where when you dress purple, you tell them that they matter. You tell them that you stand for them and we tell them as a community that they can be seen and heard and that's really important."

Taqwa shared her story as a former youth in care with Peel CAS. She ran away from home at the age of 15 with only a backpack and a few days' worth of supplies. She was escaping physical, mental, and sexual abuse.

After staying with a friend's family, she was transitioned into foster care with Peel CAS.

"My biggest support was my Peel CAS workers. No matter what, I could always count on them to be there for me and to always do their best for me," she said. "My workers were there for me through thick and thin, in the worst days of my depression and my fight with PTSD and suicide."

Taqwa said her workers would always spend extra time with her outside of what was scheduled to support her.

"Undoubtedly, my workers had the biggest impact on my healing journey throughout the years," she said.

Taqwa said Dress Purple Day is a call out for support and a time to let those who are struggling know they are not alone. She said it lets young people know that help is out there and that it's a community responsibility to keep children and youth safe.

"By wearing purple on October 27, you are showing kids and our community that their voices matter," said Taqwa.



Councillors pose questions about powers to acting Town Solicitor Matthew Binkle

Continued from FRONT

Strong Mayors can also determine the organizational structure of a municipality.

On October 5, Groves delegated this power to Hyde by way of a mayoral decision. Delegation of certain powers is permitted under the legislation that introduced Strong Mayor powers.

Before the October 5 mayoral decision, in September, the organizational structure of Caledon was changed. A September 19 Town press release announced streamlining of the municipality from 11 departments to six.

Strong Mayors can appoint chairs and vice-chairs of local boards prescribed by regulation. However, Binkle noted in his presentation that no local boards are currently prescribed, so this specific Strong Mayor power has no impact in Caledon at this time.

Strong Mayors can establish or dissolve committees of Council and assign their chairs, vice-chairs and functions.

Strong Mayors can use their powers to advance the Provincial Government's priorities, chief of which is the building of 1.5 million new homes by 2031. They can do this by bringing matters forward for consideration at Council, or bringing by-laws forward for consideration and vote at Council.

In the case of a Strong Mayor bringing forward a by-law, they would only need one-third of Council in support of it for it to pass.

Strong Mayors also have the ability to veto by-laws that are deemed to interfere with provincial priorities.

To do so, they must provide written notice of intent to consider a veto within two days of a by-law's passing. Within 14 days, they must provide a written document that includes the veto and reasons for it. Within 21 days after Council receives a written veto document from the Mayor, Council may overturn the veto with a two-thirds vote.

Binkle's presentation notes that Strong Mayors can propose and adopt a budget.

"After receiving the proposed budget, Council may make an amendment to the proposed budget," the presentation reads. "The Mayor may veto budget amendments. Council may override the Mayor's veto if two-thirds of the members of Council vote to override the veto."

After Binkle's presentation was complete, Regional Councillor Mario Russo asked if staff could brief Council on situations where Strong Mayor powers have been used in other municipalities.

Binkle said he was able to find 24 municipalities who have posted use of Strong Mayor powers. He said he could collect information on what other Heads of Council have been doing with the powers and bring information back to Council.

Regional Councillor Christina Early asked if Caledon's budget process is changing at all now that Strong Mayor powers are in effect.

Hyde said Caledon's budget process will continue as it has in previous years.

Early then asked if Caledon's CAO is required to report to Council or just the Mayor. Binkle said the CAO should still be reporting to Council as a whole.

Early's last question surrounded statutory positions, such as Town Clerk and Integrity Commissioner. Binkle said Strong Mayor powers cannot be used to deal with the hiring/termination process for these positions.

Ward 4 Councillor Nick de Boer asked when a schedule for Caledon's 2024 budget process would be revealed.

Hyde said staff is working diligently on the budget and that a draft of it is complete. He said more detailed information on it will be coming to Council shortly.

REMEMBER TO SHOP LOCALLY!

PUBLIC NOTICE

Notice of Passing of Interim Control By-law 2023-084

TAKE NOTICE that the Council for The Corporation of the Town of Caledon passed By-law No. 2023-084 on Monday, September 26, 2023, under Section 38 of the Planning Act, R.S.O. 1990, c. P.13. And take notice that By-law 2023-084 is an extension of By-law 2022-075, passed by Town Council on October 18, 2022, in accordance with Section 38(2) of the Planning Act, and will be in effect until October 18, 2024.

PURPOSE AND EFFECT

The purpose and effect of Interim By-law No. 2023-084 is to amend Interim Control By-law 2022-075 to extend the period of time during which it will be in effect to October 18, 2024. Interim Control By-law 2022-075, passed by Town Council on October 18, 2022, restricts the use of land for the establishment of new gravel pits of quarries, while a study is completed to examine mineral aggregate resource Official Plan policies and zoning by-law standards/regulations, and identify improvements or updates to those policies and standards/regulations.

This by-law applies to those lands within the Caledon High Potential Mineral Aggregate Resource Area (CHPMARA) as identified on Schedule L of the Town of Caledon Official Plan, excluding properties zoned MX Extractive Industrial in Zoning By-law 2006-050, within the Town of Caledon. A key map has not been provided due to the large area to which the interim control by-law applies. A complete copy of the by-law, including a map, is available on the Town's website at: **haveyoursaycaledon.ca/natural-resources** under the "CHPMARA Interim Control By-Law 2023-084 link.

And take notice that any person or agency may appeal to the Ontario Land Tribunal in respect of the by-law by filing with the Clerk of the Town of Caledon no later than the close of business on the 15th day of November, 2023 a Notice of Appeal, setting out the objection to the By-law and the reasons in support of the objection

And take notice that the notice of appeal, i. must be filed with the clerk of the municipality or the secretary-treasurer of the planning board, ii. must set out the reasons for the appeal, and iii. must be accompanied by the fee required by the Tribunal.

And take notice that only individuals, corporations and public bodies may appeal an interim control by-law to the Ontario Land Tribunal. A notice of appeal may not be filed by an unincorporated association or group. However, a notice of appeal may be filed in the name of an individual who is a member of the association or the group on its behalf.

Additional information in respect of this By-law is available for inspection at the Town of Caledon Town Hall (6311 Old Church Road, Caledon, Ontario L7C 1J6), weekdays between 8:30 a.m. and 4:30 p.m., or by contacting:

Steven Burke, Manager,
Strategic Policy Planning,
905-584-2272 x4264
steven.burke@caledon.ca.

DATED at the Town of Caledon
This 19 day of October, 2023.

Patrick Trafford
Acting Town Clerk

TOWN OF CALEDON

6311 Old Church Road
Caledon, ON L7C 1J6
caledon.ca
311 | 905.584.2272 | 1.888.225.3366 | F. 905.584.4325

TOWN OF CALEDON | NEWS | Subscribe: caledon.ca/enews



As Caledon grows, we want to ensure our bylaw services meet your needs.

To have your say visit **haveyoursaycaledon.ca/bylawreview** and complete our short survey on bylaw enforcement.

Your comments will help shape an updated service delivery model so we can continue to meet the needs of Caledon residents.



Remembrance Day Services

To honor the memory of all Canadians who have served their country in time of war, the following services will be hosted in the Town of Caledon. Services will take place at:

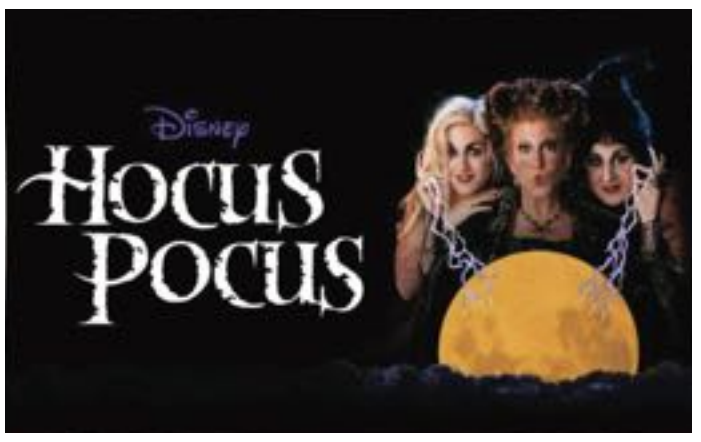
MONO MILLS
Sunday October 29
11 a.m.
Mono Mills Cenotaph
35 Victoria Crescent

ALTON
Sunday November 5
10 a.m.
Alton Legion Hall,
1267 Queen St
Potluck lunch following service
Contact The Alton Legion at 519-942-4021 for more information.

BOLTON
Sunday November 5
12:30 p.m.
Bolton Cenotaph
Centennial Drive
Laurel Hill Cemetery
Contact Jimmy Pountney 905.857.1847 or saloninnovations@hotmail.com for more information.
Facebook Page: Bolton Remembrance Service

CALEDON EAST
Friday November 10
10:50 a.m.
Caledon East Cenotaph
(located at Town Hall)
6311 Old Church Road

Movies in the Park



Get in the "spirit" at our final Movies in the Park featuring Disney's Hocus Pocus (PG) and a costume contest!

Join us at the Caledon Fairgrounds at 6:15 p.m. on Friday, October 27

Support your community by bringing a non-perishable food item to donate to Caledon Community Services.

Visit **caledon.ca/movies** for more information. See you there!

TOWN OF CALEDON

6311 Old Church Road
Caledon, ON L7C 1J6
caledon.ca
311 | 905.584.2272 | 1.888.225.3366 | F. 905.584.4325

To obtain this page in an alternative format please contact x.2366 or legislative@caledon.ca

FOLLOW US For real-time updates
twitter.com/townofcaledon
facebook.com/thetownofcaledon
instagram.com/townofcaledon

BROCK WEIR
BROCK'S BANTER

Have our collective wells run dry?

Progress can mean many things to many people.

To our forebears, things that we often take for granted today, were game-changers to how they lived, work and played. If you enjoy a nice cup of tea at any point in your day, for instance, you probably take little notice of the steam coming out of your kettle beyond listening for the tell-tale whistle when the water is ready to roil, but when our ancestors figured out how to harness the power of steam, their world was changed forever.

On the flipside, however, in the quest to address the double-barrelled crises of housing and affordability, we've often had to raze what has previously existed to make way for intensification and, depending on your political stripe, turn Ontario's lauded Greenbelt into something more akin to Swiss cheese rather than a solid barrier against encroachment – all in the name of progress.

Here, the word "progress" is bandied about somewhat derisively, if not sarcastically, rather than as a harbinger of positive change. "All in the name of progress," is often more of a snort than a statement these days.

When the Internet came into common usage, the majority of us thought that we'd make collective leaps and bounds as a society as more information than ever before would be at our fingertips. Similarly, as the march of connectivity continued unabated, social media platforms proliferated and this development was seen as a boon to fostering an interconnected society.

Well, we don't have to look far to see that, in many cases, it has had the exact opposite effect, one that has instead fostered a society that is, at "best" more divided than ever before. Or, at worst, a tinderbox that has wreaked havoc, potentially laying the groundwork for something worse.

As strange as it might sound, I often think back to my time in Grade 6 when a Federal Election campaign was underway. As was, and is, often the case, candidates descended on our schools to make our pitch on why "we" should vote for them. Given the fact we were tweens, the message was more about why our parents should vote for them, but these visits did wonders to engage us in the civic process.

Of course, when the time came to cast our votes within the classroom for the candidates of our choice, the winning candidate was the gentleman who came equipped with the most swag to pass around. That aside, however, it was an invaluable exercise in getting us thinking to the future and, without any exceptions I can think of, we were engaged with what the candidates had to say and were respectful of their time.

I often wonder, when the next Federal or Provincial election cycle rolls around, whether today's crop of future voters will be as respectful and receptive given the heated rhetoric I suspect so many are hearing at home, amplified by social media, and the associated rise of misinformation.

In light of this, I was particularly interested to listen to a speech delivered by the King last week at a belated event to mark the Coronation.

"Every generation lives with its own set of hopes and fears, as if caught in a perpetual tussle between optimism and pessimism, promise and peril," he said. "After decades of debate, our television screens, or increasingly, mobile phone screens confront us each day with the stark realities of climate change [and] the devastating scenes of communities scarred by fire and flood, not to mention migration of people fleeing those terrifying phenomena… to persuade us to take the action that is needed to make the sacrifices needed to secure our planet for generations yet unborn."

He later went on to weigh in on how social media has impacted the way we interact with each other.

"The instinct to cooperate whenever and wherever possible is deep within us, even in the most fractious of times when disagreements are polished, paraded and asserted. There is in our land (the United Kingdom in this context) a kind of muscle memory in that it does not need to be like this; that the temptation to turn us into a shouting or recriminating society must be resisted or, at the very least, heavily mitigated whenever possible, especially in the digital sphere where civilized debate often gives way to rancour and acrimony."

Helping equip us in doing this, he opined, were drawing on a few collective "wells" we share that "can raise hope, shared purpose, and a genuine togetherness that will see us through good times and bad."

These "wells" included Civility & Tolerance "on which our political life and wider national conversation depends"; Breathing Space We Afford One Another, "leaving us able to think and speak freely [including] the politeness and respect we owe to one another, the willingness to put others first and treat them as we wished them to treat us"; the Duty of Care We Feel For Others in Sickness and Misfortune; the Cataract of Science, Innovation and Scholarship; and The Cherished Well from Which the Sound of Laughter Can Be Heard.

"These are virtues for all seasons," he concluded. "They carry our hopes, our kindness, and our duties to one another. They make us what we are and they shape what we aspire to be when moving over the cusp of what is to become of us, as we live and breathe on these islands that we share, cherish, and, crucially, sustain."

This, in my view, is a powerful message regardless of which side of the Atlantic we happen to be living on, but personally, and from what I sense from others, it sometimes feels like these collective wells have come perilously close to running dry.

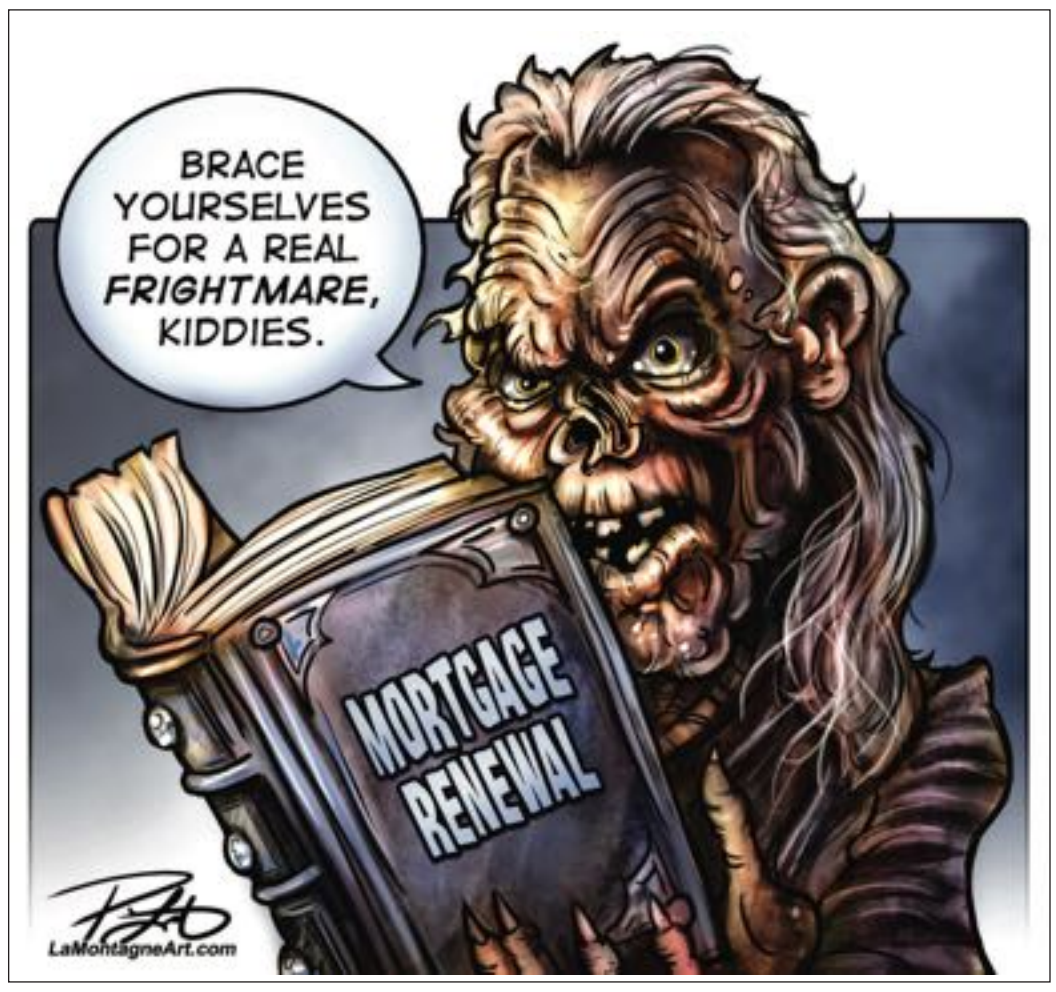
So, what do we want to do about it?

What can we do, as a society, to make sure these wells are properly irrigated, replenished – and even more importantly, respected and cherished?

It might feel like a tall order, but amidst all the important conversations we're having globally at the moment, it is certainly a conversation worth having – without talking over one another, without political stripes and machinations, without looking for the next opportunity to get ahead of someone else, and with respect.

In many instances, it seems like the genie might already be out of the bottle, or the proverbial toothpaste permanently ousted from its tube, but it's worth a try to get back on track.

That, in my view, is progress towards maintaining a shared common ground.



Gizmos cause us a multitude of frustrations

by Mark Pavilons



Things that are annoying usually stay that way.

If you think about it, almost all of the frustrating gizmos, contraptions, machines and items have inherent weaknesses. They are prone to failure, just like us.

We modern-day consumers believe that when we plunk down our money on a new gizmo, it should serve us for years to come.

Alas, feeble humans, we are doomed by our own creations.

The greatest gift of all to humankind is the "internet of things." This amazing, invisible system allows us to connect, contact, send and receive images, buy things and organize our finances. When dealing with personal information and yes, our hard-earned money, safety, accuracy and efficiency are key.

One would think that our financial institutions would utilize the best of the best in terms of IT and computer systems. And yet, nothing is perfect.

Since my wife introduced me to online banking a couple of years ago, I just love the convenience. Even depositing cheques on my smart phone into my account is fantastic.

And yet, I find that when I do my regular banking and pay bills, it takes longer than I expect. The process is lightning fast, but the recipients wait several days before getting their money. I thought once you a hit a button, the transaction zooms across the internet, right to the recipient, and voila. It works that way when sending an e-transfer, so why does it take days for utilities and credit card companies to get the message?

But boy are they quick to send you a note or give you an automated call when you own them a few bucks!

And, of course, this only works when you have electricity and a strong internet connection. Lose either and we're back to the stone age!

We've done away with those folding maps and hand-written directions, relying on Google Maps, even Siri. And yet, this wonderful, automated voice does steer you wrong from time to time.

She (or he) will take you on some fantastic journeys to your destination, some of which incur the 407 toll road and even some drive-thru restaurants! I have gone in circles listening to her voice. Be careful what you wish for, and when in doubt, ask for directions or look up another source when venturing into the unknown. Oh, and our attention-grabbing smart phones, where would we be without them? My two-month-old iPhone 14 has some glitches, so off to the geniuses we went. They changed the guts, to the tune of $700, but luckily we had the care package. But after more than a decade perfecting this device, how could it fail? I can't imagine if I had to pay for the repair. Just how much does an iPhone change from model to model?

I would hope that when I plunk down a couple thousand dollars for a refrigerator or washer/dryer combo, they would last.

Picture my index finger briskly wagging side to side.

Most of us remember our parents having the harvest gold- or almond-coloured appliances that seemingly lasted decades. They did!

And yet our super-smart machines, which you can access from that aforementioned smart phone, make all kids of noises with their fancy flashing lights. But durable? Not at all.

A couple of years back we had a repairman come to our house to look at our two-year-old fridge. The new ones have a large circuit board that operates everything. If it goes, they recommend you simply toss the unit and buy a new one.

What? Why would engineers of these major companies design something so fragile, that it becomes useless when one part fails?

Often it seems like we're caught between a rock and a hard place.

Our automobiles are basically computers on wheels and repairs can no longer be done in the garage with a wrench. The on-board computer can tell you exactly what's wrong with your car, and doesn't care about your inconvenience or financial situation.

"Take that, tiny humans," our cars shout behind our backs.

As a cheese lover, I often turn to the processed slices when nothing else is in the fridge. After decades serving the public, you would think someone would have found a better way to package the slices. It's annoying, often impossible, to open the packaging. This is a bane to my existence. Not only are bits left behind, tightly gripped by the plastic wrap, but the process hurts my brain.

Does anyone know why ketchup builds up on the lid/spout of the bottle? We've been putting up with this for decades. It's about time we stand up and demand justice for ketchup users everywhere!

On the flip side, twist ties and plastic sandwich bags are great, and have a multitude of uses.

My late father was a bit clumsy when it came to modern annoyances. There were times when cream shot straight up in the air when he attempted to open one of those tiny tubs. I don't think he ever understood the engineering behind these things.

And when it came to milk cartons, look out! How many of us struggle trying to pry open the spout, and even resort to doing it on the other side? Thank Heaven for those round plastic spouts.

So, my friends, while we can indeed "build a better mousetrap," some things remain unchanged, and test our patience. Good luck folks!

Our Readers Write

100-year-old veteran remembers the

I lost my right arm on October 18, 1944, while serving with the Loyal Edmonton Regiment in Italy. I was staked at a farmhouse that had a children's treehouse located nearby. In the treehouse was a sniper who kept shooting at our boys. A tank then came which shot out shells, the shrapnel hitting my right arm.

When I returned home from the war, I joined The War Amps and have been a member ever since. This Association was started by First World War amputee veterans to help each other adapt to their new reality as amputees.

Having just recently turned 100, I am reflecting this Remembrance Day upon all those who served in my regiment and never returned home. Their absence weighs on me and it is essential that we keep their memory alive. I take comfort in knowing that The War Amps and its young members will continue to keep spreading the message long into the future.

The sacrifices of those who served (and continue to serve) deserve to be remembered and honoured. Each Remembrance Day serves as a poignant reminder of the tremendous price paid by these brave individuals. Their selflessness and courage continue to resonate, and it is our duty to ensure that their legacy endures.

LLOYD BROWN
MEMBER OF THE WAR AMPS

Distributed throughout the Town of Caledon, the Citizen is published Thursdays by Caledon publishing Ltd.

The CALEDON CITIZEN is a member of the Ontario Press Council, an independent body set up by the newspapers of the province to uphold freedom of expression and deal with complaints from readers. The Press Council encourages complainants to first give the newspaper an opportunity to redress their grievances. If not satisfied, they may then write to the Council, enclosing a copy of material that is subject of the complaint, at 80 Gould St., Suit 206, Toronto, ON M5A 4L8.

Caledon Citizen

GENERAL MANAGER
Zach Shoub
zach@lpcmedia.ca

EDITOR
Brock Weir
brock@lpcmedia.ca

CLASSIFIED ADVERTISING OFFICE ADMINISTRATOR
Mary Speck admin@caledoncitizen.com

REPORTERS
Zachary Roman
zachary@lpcmedia.ca

MOTORING
Heather Erwin
heather@caledoncitizen.com

SPORTS
Jim Stewart
jim@lpcmedia.ca

DISPLAY ADVERTISING
Erin Luckett
erin@lpcmedia.ca
Melinda Crake
melinda@lpcmedia.ca
Vicki Meisner
vicki@lpcmedia.ca

PRODUCTION
John Speziali

Funded by the Government of Canada

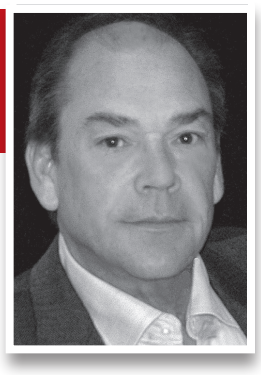
Subscription Rate:
$40.95+GST within 65km.
$70.35+GST beyond 65km
and in towns with letter carriers

ADVERTISING RULES: The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by the portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and there shall be no liability for non-insertions of any advertisement beyond the amount paid for such advertisement. All advertisers are asked to check their advertisements after first insertion. We accept responsibility for only one incorrect insertion unless notified immediately after publication. Errors which do not lessen the value of the advertisement are not eligible for corrections by a make-good advertisement. We reserve the right to edit, revise, classify or reject any advertisement.
DEADLINES: Unfortunately deadlines do not allow us to take ads after the following specified times:
DISPLAY ADS and CLASSIFIED ADS: Tuesday 2 p.m. All word ads must be paid in advance by deadline or the ad will not run.
We accept Visa, Mastercard & Amex payments over the phone.

30 Martha Street Suite #205, Bolton L7E5V1 • Ph: 905-857-6626 • Toll Free: 1-888-557-6626 • Fax: 905-857-6363 • www.caledoncitizen.com • www.facebook.com/caledoncitizen1

Monster Mash

BRIAN LOCKHART
FROM THE SECOND ROW



One night just before Halloween when I was a kid, there was a showing of the 1961 movie, The Pit and the Pendulum on television.

The film was very loosely based on the short story of the same name by Edgar Allan Poe, and starred Vincent Price.

I don't know what the deal was with Poe, but he certainly had a dark mind, and he put it to paper.

In one rather particularly scary scene, Vincent Price breaks into the tomb of his sister Elizabeth, to determine if the rumours that she had been buried alive were true.

Price and the others gather in front of the exposed coffin in the darkened crypt, lit only by their torches.

I was glued to the edge of my seat, holding my breath, and slightly terrified of what was going to happen.

Vincent Price put his hands on the coffin, and slooooooowly started to raise the lid.

Then, they cut to commercial. What? Why? Why would they cut to a commercial at the point in the movie?

Apparently all my friends watched the same movie because it was the talk of the schoolyard the next day.

I don't know why people enjoy the macabre and scary things, but Halloween has become the time for spooky activities.

Halloween's history is rather murky, although the date is somewhat rooted in the tradition of All Saints Day. The rituals and everything that goes along with Halloween seems to be influenced by Pagan rituals with celebratory practices tossed in by other religions or beliefs.

Some sources state the origins of Halloween go back to an ancient Celtic festival call Samhain, in which the day marked the end of summer and the harvest and the beginning of winter. Celts believed that on October 31, the boundary between the worlds of the living the dead became blurred.

Trick-or-treating goes back as far as the 12th century were children would go door to door to ask for "soul cakes" in exchange for praying for the dead.

From there, this special night really took off as customs became weirder over time with the thoughts that ghosts and other unworldly spirits were present on this night, and people took special precautions to ward them off.

The tradition of trick-or-treating is largely a North American custom which really developed during the 1930s. Some other western European countries have something similar, but not nearly on the level that it happens on this continent.

I've spoken to some European friends who have told me they don't have trick-or-treating at all. In Poland, it is the tradition that after Halloween night, people all visit the cemeteries where their family are buried. One Polish friend told me that on November 1, the cemeteries are full with the living having picnics. It's a way of honouring deceased family and your ancestors.

Carving a jack-o-lantern is pretty much a North American thing as well. Some cultures used to carve various gourds, but the pumpkin provided the best shape and could be hollowed out for a candle to make a face with a spooky glow.

The use of costumes has always been associated with the festivities. And for some reason, skeletons, vampires, and assorted ghouls, have always been a part of the fun.

I'm not sure what skeletons have to do with it other than they can be a little freaky and are a constant reminder that "from dust you are created and to dust you will return."

The costumes have changed a lot over the past few decades as well. At one time, costumes were usually based on a scary appearance. Any good Halloween party would have at least one vampire, a witch, and a few other standard creepy costumes.

Now, with many people carrying on a version of trick-or-treating into adulthood, many witches have been replaced by a sexy nurse or other version of a rather altered uniform. It's all good – the idea is to have some fun.

I like giving out candy at Halloween. I like to see the kids having a little fun, even if some of the younger ones look terrified when you answer the door. Although the fear goes away when you offer them a Mars bar or a box of Smarties.

I like the home owners that go to great lengths to decorate their yard to look like a cemetery or have witches on brooms flying over the yard. It just adds to a weird but fun time of year.

Oh, and yes, Elizabeth was buried alive – you got to love Vincent Price.

The Impact is Forever

SHERALYN ROMAN
TALK CALEDON



Other than "forever," there is quite literally no other way to state the full impact of continued pit and quarry development in Caledon. The impact to the land, our agricultural systems, our waterways, to species at risk, the environment and even our roads, villages and hamlets will permanently change our landscape. Sure, the Brazilians (Votorantim being the Brazilian owned parent company of the most recent proposed quarry) will promise "rehabilitation" and all kinds of "mitigation" measures, but surely we all know that digging a massive hole in the ground, augmenting its depths by blasting it with dynamite to make an even bigger hole (below the water table no less) will achieve nothing less than complete decimation of the land around us, making Caledon land poor and the Brazilians cash rich.

Perhaps you live in Southfields, Bolton, or maybe even Palgrave and so, because this issue isn't happening on your front door step you think there's no direct impact and therefore aren't too concerned. You should be. To begin, over 16,600 acres of Caledon is considered to have "high potential" (that's specifically quarry and/or pit potential) so the first question you should be asking yourself is; "If not now, when?" Next, you may want to undertake a review of the by-law processes, land-use application processes and all the related legal, environmental and municipal processes related to allowing pit development because, well, "If not now, when?" Perhaps it won't be a pit or a quarry that you are staring down in your little corner of Caledon (although there's a good chance it will be) but whatever precedent is set in decisions made during this battle against Votorantim will surely resonate throughout the town for decades to come. A certain asphalt plant comes to mind.

Maybe you like your part of Caledon, and it's somewhat removed from the current areas facing defacement. If so, that's great for you, but if you occasionally plan on visiting other areas in the community, to enjoy the beauty that it offers, you may find your drive dangerous due to the sheer volume of fully loaded rigs on the roads and you'll discover nothing to admire when you arrive at your destination. What are the Forks of the Credit if there is no Credit River flowing through? What is the trail through Belfountain's beautiful park if there is no body of water, a beautiful fountain and pretty little waterfall spanned by a bridge? Indeed, what impact will the lack of the protected species at risk (like Brook Trout) have on all the environment, the flora and fauna, and on both creatures and humans, populating the area not just here but also downstream? It's estimated the impact of the Votorantim pit will be felt for as many as 90 kilometres downstream. It's not even just Caledon that should be concerned but every community between here and Lake Ontario. For the record, we have only to look at the impact of climate change across the country to know that nature and people are firmly interconnected. If you think that's not the case, I invite you to reflect on our most recent summer of wildfires and read an article or two on the topic.

There are currently 11 active pits in Caledon, spread out over 3000+ acres of land (for context, that's just a little smaller than the entire town of Shelburne). These pits have already consumed much of our most arable farmland and this particular quarry will result in the loss of 700+ MORE acres, not to mention the loss of the forested areas also surrounding it. According to the group Forks of the Credit Preservation, "Mature forests and productive farmland can never be put back into place after a quarry is depleted. The gravel removed when the site was cleared and which acts as a natural filtration system for groundwater can never be put back. Leaving a 'lake' behind means turning groundwater into surface water which is subjected to pollution and evaporation. True rehabilitation is simply not possible." Even if it was, you might also be interested to know that "aggregate licenses do not have an end date. Efforts to rehabilitate are not completed until aggregate extraction is deemed by the aggregate company to have ended." I loosely translate this to mean "until Votorantim decides it's made enough money from land exploitation."

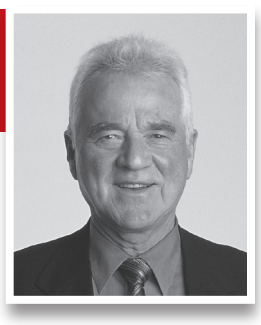
Maybe you are a commuter? Even if you are not, no doubt you find yourself on Highway 10 now and then. You will already know the highway is widely regarded as dangerous and that's due in no small part to the sheer volume of truck traffic. Five of the 11 pits run alongside the highway and the remaining six rely on Charleston Sideroad (Highway 24) in order to access Highway 10 for north and southbound travel. Caledon Village is squarely in the crosshairs. Alton, Cataract and commuters from the outer edges of Caledon, Orangeville, Shelburne and into Erin are all at risk from these big rigs and let's face it, so too are the folks trying to get to and from Southfields and into or out of Valleywood. Whatever you think of the disastrous driving conditions now, multiply that by untold numbers as an estimated average of 298 trucks per hour (PER HOUR!) might pass through the intersection. That's fully loaded gravel trucks that will legally be allowed to haul from 7 a.m. to 7 p.m., six days a week with the added possibility of "limited" operational hours overnight, from 7 p.m. – 6 a.m.

I'm barely scratching the surface here. The impact is already enormous and gaping "moonscapes" already dot the "landscape" of Caledon once known as the Greenest Town in Ontario. The true impact of yet another pit or quarry is almost beyond measuring. Blasting below the water table; potentially ensuring every well in Cataract will run dry, pumping millions of litres of discharge water into the Credit River system impacting all species including those at risk, and the increased dangers of almost 300 trucks an hour barrelling down Highway 10 at breakneck speeds are just some of the issues happening now or coming soon. There can be absolutely no doubt that the negative impacts to Caledon, and its residents, will last…forever.

Let your voice be heard. Call, write, sign the petition, join a group like the FCPG or put up a lawn sign. If you need help with how to word your concerns, sample letters are available on the FCPG website. Let the Town of Caledon know how you feel because if not you now - when?

Who's Looking Out for our Small Businesses?

FRANK STRONACH
THE PRINCIPLES OF AN ECONOMIC CHARTER OF RIGHTS



Earlier this year, one of the co-founders of Home Depot – the world's largest home improvement retailer – publicly stated that if he were to start his company all over again in today's stifling business environment, he doubts whether it could have ever grown any bigger than around 15 stores versus the more than 2,300 stores the chain operates today.

He makes a valid point. With all the chains we put on small business – everything from needless regulations to countless permits and licenses and endless forms that need to be filled out – it's a wonder most businesses stay open.

Here's why every Canadian should be concerned: according to a Statistics Canada survey published last year, most jobs in Canada don't come from big corporations – they are created by small businesses, which employ nearly two-thirds of Canada's labour force.

In other words, when it comes to job creation, small business matters.

So, the question is: if small business is so critical to job creation and employment in Canada, why don't we pay more attention to this country's small business sector?

With so much of Canada's economic prosperity riding on the success of our small businesses, it's puzzling that politicians don't focus more time and effort on removing obstacles for small business so they can thrive and hire even more people.

It makes you wonder: who's looking out for small business?

Owning and operating a business comes with a lot of struggle and sacrifice. The financial rewards for starting a business should be large enough to compensate for the effort, otherwise who would trade in the security of a salaried job, give up countless weekends and holidays, and put their personal assets and savings on the line just to open a small business?

I've never forgotten what it's like to own and operate a small business. When I started my business, I worked 16 hours a day, seven days a week. I was out hustling every day trying to drum up new clients, working in the tool shop, and taking care of the books. And when all that was done, I swept the floor.

In the years that followed, my business grew in size and sales. So did many others just like mine. But we had far fewer regulations and restrictions impeding our growth, and taxes were lower. We need to re-create those conditions so small business can flourish.

An economic charter of rights would allow us to do that. The charter would include measures to eliminate many of the regulatory shackles holding small business back. And it would remove the income tax on any small business with 300 or fewer employees.

Removing the taxes and red tape hindering the success of Canada's small businesses would unleash the kind of economic growth our country hasn't seen in decades.

For that to happen, small businesses throughout the country must unite and band together to push for the principles contained in an economic charter of rights.

If any business association wants to learn more about the proposed Economic Charter, I'd be happy to speak at your event and tell you more about how the charter can help small business. Email me at info@economiccharter.ca.

It's time we gave small businesses the runway the need to really take off and soar.

Author Bio

Frank Stronach is the founder of Magna International Inc., one of Canada's largest global companies, and was inducted into the Automotive Hall of Fame.

fstronachlpc@gmail.com



PLEASE RECYCLE THIS NEWSPAPER!





Models rocked the runway in Robin Bobechko's Dusk Till Dawn fashion show at the Alton Mill Arts Centre.
PHOTOS BY ZACHARY ROMAN



Orangeville woman aims to empower women through art and fashion

Robin Bobechko hosted "Dusk Till Dawn" fashion show at Alton Mill Arts Centre on October 19

BY ZACHARY ROMAN
LOCAL JOURNALISM INITIATIVE REPORTER

An Orangeville woman is making her dreams a reality.

Robin Bobechko's mission is to empower women through art and fashion, the way she was. On October 19, she hosted a fashion show called "Dusk Till Dawn" at the Alton Mill Arts Centre.

In addition to the fashion show, the event featured wine, cocktails, food, shopping and door prizes.

Bobechko was a financial advisor for 27 years and is now semi-retired from the profession. She's always had a passion for art, but really picked up painting again during the pandemic.

This January, she began to take art more seriously and started selling paintings. By February, she decided she wanted to put her art on clothing, and by June, she held her first fashion show.

Pursuing art is something Bobechko always wanted to do; however, it never happened. She said the pandemic, and her successful battle against breast cancer, changed her way of thinking.

"I thought, 'why am I not doing what I really want to do?'," said Bobechko.

Bobechko said many women struggle with their body image, and this is something she always keeps in mind.

"My fashion is fabulous for every body shape," said Bobechko. "It's really important to me that when someone puts on (one of my pieces) they feel great. That is empowering."

Bobechko first got into making clothing by partnering with Montreal-based company Le Galeriste. They specialize in putting artists' patterns on clothes. Soon, Bobechko realized she wanted to design her own silhouettes as well. In addition to Le Galeriste, Bobechko now works with local seamstress Vanessa Mitchell.

Hosting a fashion show at the Alton Mill Arts Centre was an amazing feeling for Bobechko, and she said she couldn't have done it without the help of her friends.

Leading up to the fashion show, Bobechko did a fundraiser for the Orangeville Food Bank.

Through sales of her "Love" collection, she raised $500. On the night of the fashion show, an anonymous donor matched this total and $1,000 was given to the Orangeville Food Bank.

Orangeville Mayor Lisa Post was in attendance for this presentation, and also participated as a model in the fashion show.

"I like to give back… I'm now a committee member on the fundraising team for the food bank," said Bobechko.

Katherine Vellinga is the co-founder of Zirkova Vodka, which provided complimentary mixed drinks for the fashion show.

Vellinga said her company is all about giving back, and loved the idea of a local fashion show.

"This was all about supporting local, supporting a woman's dreams and aspirations… that was important to us," she said.

PHASE 3 COMING SOON



Single Detached Homes Starting in the High $700s
Grand Valley, Ontario

MAYBERRY HILL
Grand Valley

ThomasfieldHomes
Limited

Mayberry Hill is a premiere new community built by Thomasfield Homes in Grand Valley, just a short 12 minute drive from Orangeville.

Phase 3B of Mayberry Hill will be releasing soon, featuring 38' and 42' single detached lots with a variety of plans. Condo townhomes are also immediately available, starting at $689,900. Register online to be the first to know about the release of Mayberry Hill Phase 3B!

All plans come with great standard specifications like 9' ceilings, hardwood in the main living areas, large 18x18 tile in the kitchen, large ensuites with walk-in curbless showers among many other great features! Visit our model home (by appointment only) to see what makes a Thomasfield home so great!

FOR MORE INFO
www.thomasfield.com

Bruce Starr, Broker of Record
Bruce Starr & Company Ltd
(519) 766-5060

Deanna Bouris, Broker
Bruce Starr & Company Ltd
(519) 766-2722

Council considers impacts of allowing legal cannabis stores in Town



Continued from FRONT

Clarke said allowing legal cannabis stores can bring significant economic benefits to a community, through an increase in tax revenue and the creation of jobs.

Clarke quoted a report from professional services firm Deloitte that said legal cannabis has contributed $13.3 billion to Ontario's gross domestic product.

Clarke said it would be naive to think that no one uses cannabis in Caledon. Based on accepting the fact there are cannabis users in Town, he said their needs are being met in one of two ways: either they are leaving Caledon to spend their money purchasing legal cannabis elsewhere, or they're buying cannabis illegally in Caledon.

"We know that Caledon was not ready for cannabis when the initial decision was [made]," said Clarke. "However, I believe that residents are now better informed and will be more receptive to having a cannabis store in full compliance with regulations and local by-laws."

Clarke said Caledon OPP should be given all the tools to ensure laws and by-laws are adhered to if Caledon allows legal cannabis stores. He also said Council could implement its own rules to prevent "clustering" of cannabis stores, so that numerous stores do not open in the same area.

Ward 3 Councillor Doug Maskell thanked Clarke for his presentation. He said now that it's been five years since cannabis legalization, Caledon is a position where it might want to look at allowing legal retail cannabis stores going forward.

He put forward a motion asking Town of Caledon staff to "review the feasibility of permitting cannabis retail stores within the Town of Caledon and report back in the first quarter of 2024."

This motion was supported unanimously by his fellow Councillors.

The War Amps

The Key Tag Service protects your keys and supports essential programs for amputees.



Order key tags online – free.

1 800 250-3030 • waramps.ca

BOLTON WANDERERS SOCCER CLUB

BOLTON WANDERERS SOCCER CLUB

WOULD LIKE TO TAKE THIS TIME TO THANK THIS YEAR'S SPONSORS:

Recreational Sponsors:
GOLD
Sesco
Salco Lighting and Electrical Inc.

SILVER
Kinsmen
Mach Plumbing Inc.
Focus Merchant Group

Closing Day Sponsors:
Tim Hortons
Zehrs
Food Basics

Special Thank You to our BWSC Platinum Sponsors!

timbits soccer

ANYTIME FITNESS

We would also like to take this time to thank our many volunteers, staff & families that make this soccer league so much fun for our players!

Please visit our website at www.bwsc.ca

Orangeville brings guided ghost walks to downtown area

BY GAIL POWELL



Tour guides: Danielle Gamache, Bryce Hull, Erin Fairley, and Haunted Orangeville founder Chris Fast guide visitors on a spooky walking tour through historical downtown Orangeville.
CONTRIBUTED PHOTO

It's not too late to participate in Haunted Orangeville's new spirited and folklore-filled walking tours.

Long-time resident and walking tour creator Chris Fast – along with a spooky cloaked crew of characters – will continue to host guided ghost walks along the streets of downtown Orangeville this week and beyond.

The tour investigates dimly lit corners, hidden historical mysteries, and whispered legends of lore by lantern light.

"The response has been very positive," said Fast. "We've sold out most tours this October and received lots of positive feedback from our patrons. I was excited to learn that many participants travelled from outside of Town to Orangeville to attend our tours."

The Haunted Orangeville Walking Tours meet on specific dates in the evenings at the north end of the Barley Vine Rail Co. restaurant parking lot at 35 Armstrong St. The tour guides then lead the group to various locations in downtown Orangeville for 60 minutes, stopping outside of specific residences and businesses behind Broadway telling tales of ghoulish events and historical happenings.

"Orangeville has an interesting and unique history. Growing up here, I've heard many stories about local folklore and ghosts," explained Fast. "I've been on other spooky tours in other cities around the world, and I thought that Orangeville would be a great location for our own tour."

Fast and his team have researched and collected data about Orangeville's folklore and haunted history over the last few months to prepare for the tours.

"Our staff have done some of their own research and have incorporated their own personal experiences into the ghost walk storytelling," explains Fast. "This means that every tour's content is a little bit different. We've spent much time as a team discussing stories and deciding how to incorporate the content into our tours. We also invite individuals taking the tour to share their own stories with us too."

Due to an "overwhelming amount" of requests, Haunted Orangeville Walking Tours is continuing to release additional dates/tickets this fall. Fast wants the public to know that the tour schedule will be expanded in 2024, running periodically through the spring and summer, plus a full schedule next fall.

"These tours are not just for Halloween," noted Fast. "I'm planning to add additional tour options – visiting other locations within Orangeville during the year – and would love to hear from residents which stories and locations they'd like us to explore!" he said.

For more info about Haunted Orangeville Walking Tours dates and times and how to purchase tickets, visit www.hauntedorangeville.com or follow the ghostly crew on Facebook and Instagram @hauntedorangeville.

BLACKHORSE THEATRE PRESENTS "THE LADIES FOURSOME"

Members of the Blackhorse Theatre are in full swing and ready to tee off the first show of the season with Norm Foster's comedy "The Ladies Foursome."

Margot, Tate, and Connie gather for a round of golf in honour of their recently departed fourth.

At the golf course they are joined by another woman, an old friend of Catherine's they'd never met. Over the course of eighteen holes, secrets and confessions unravel. Friendships tested and friendships found, this is one round of golf you won't want to miss.

Tee off with these four witty women for a definite hole in one!

"The Ladies Foursome" is on stage from Friday, November 3 to 19 at The Blackhorse Village Players Theatre, located at 17272 Mount Wolfe Road, Caledon. Season subscriptions are now available for a limited time. A subscription series allows admission to enjoy all four shows during the 2023/2024 season for the price of three.



The cast of The Ladies Foursome starring (l-r) Sarah Bain-Simpson, Jacquie Moore, Carolynn Kent, and Julie Kovach.
CONTRIBUTED PHOTO





Robert F. Hall Catholic Secondary School's Female Empowerment club sold sour keys and teddy bears on October 23 to raise money for breast cancer research. **CONTRIBUTED PHOTO**

Local high school students raise money for breast cancer research

Special event held by Robert F. Hall Catholic Secondary School's Female Empowerment Club

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

Caledon students worked together for a good cause this week.

On Monday, October 23, Robert F. Hall Catholic Secondary School students held a special event to raise money for breast cancer research and raise awareness about the disease.

Everyone at the school was encouraged to wear pink on Monday, the colour associated with breast cancer awareness. The class that had the most pink accessories won a bucket of sour keys to share.

Anna Mancini, department head of religious education at Robert F. Hall, said this competition made spirits high around the school.

She explained many bulletin boards were posted around the school's hallways, sharing essential information about breast cancer.

Mancini said during all lunch periods on Monday, Robert F. Hall's Female Empowerment club sold sour keys and teddy bears to raise money for breast cancer research. Mancini is the teacher adviser for the club, and students Danielle Ferri and Harveer Sangha are its student leaders.

In total, $665 was raised from the sale of the candy and stuffed animals.

To end the day of fun for a good cause, the Female Empowerment Club organized a teacher versus student flag football game.

"Naturally, the girls flag football team defeated the teachers," said Mancini. "There are talks of a rematch for the spring."

Mancini said she wanted to thank Dale Paolucci's leadership class for their assistance in organizing the day's charitable events. Mancini also thanked Guilia Trisi and Erin McMorrow for their support of the Female Empowerment Club.

National Wildlife Centre seeks exemption from development, cash-in-lieu fees for wildlife field hospital

Council refers request to staff, but releases grant funding from Council golf tournament

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

A local non-profit is seeking help from the Town of Caledon for its building project.

The National Wildlife Centre (NWC) is a Caledon non-profit that's going to build a wildlife field hospital to treat sick, injured and orphaned wildlife.

NWC Executive Director Tracey Cox, in letters to Caledon Council, said the NWC can only get a building permit once all fees are paid. Cox said the NWC has paid all fees except cash-in-lieu and development fees.

Cox said the NWC's field hospital qualifies for an exemption from development fees as it is zoned as a non-residential agricultural building. She said the NWC can be exempt from cash-in-lieu fees as well since it is a not-for-profit charity.

Cox noted in her letters the NWC wants to get its building permit and get its foundation built before the cold of winter sets in.

"Thank you for your consideration of this request," wrote Cox. "This hospital is long overdue and will directly benefit the citizens of Caledon."

Regional Councillor Mario Russo said procedurally it would be best if Cox's request was referred to staff.

He put forward a motion asking "that the request from the National Wildlife Centre regarding an exemption from development fees and cash-in-lieu fees be referred back to staff to be brought forward at the November 21, 2023 planning and development committee meeting."

This motion was carried with Ward 4 Councillor Nick de Boer in opposition; he wanted the NWC to be able to begin its work right away.

A motion from Regional Councillor Christina Early was put forward in hopes of helping the NWC in the interim.

Early asked "that the National Wildlife Centre be provided the remaining primary grant funding, previously awarded through the Caledon Council Community Golf Tournament, in the amount of $48,400."

Early's motion was supported unanimously by Council.

At Caledon Council's April 25 meeting, the NWC was chosen as the beneficiary of Council's annual golf tournament, which was held over the summer.

PLEASE RECYCLE THIS NEWSPAPER!

Ferguson
FINE HOMES.com

WHAT WE OFFER:

- CUSTOM HOME BUILDS
- RENOVATIONS
- ADDITIONS
- CABINETRY SHOP
- SHOWROOM & RETAIL










With 30 years of experience, we guarantee to bring you the highest quality of craftsmanship and a final product that reflects the reputation we have built in the Dufferin, Caledon, and Muskoka regions.

CONTACT US FOR A QUOTATION TODAY!

(519)-938-0464
633387 HWY 10, MONO
INFO@FERGUSONFINEHOMES.CA
FERGUSONFINEHOMES.CA

FLYER PRICING VALID THROUGH THURSDAY OCTOBER 26TH TO WEDNESDAY NOVEMBER 1ST, 2023. **501 QUEEN STREET SOUTH, BOLTON 905-857-1227**

Garden foods



Cut from Canada AAA Grade Longo's Certified Angus Beef T-Bone Grilling Steak
28.64/kg
40% OFF
$12.99/LB SAVE $8.78/LB



Fresh Strawberries
Product of U.S.A.
454g pkg
2.99



Charmin Bath Tissue or Bounty Paper Towels
8=24 rolls or 4=6 rolls
selected varieties
6.99
SAVE UP TO $8



Fresh Broccoli
Product of Ontario or U.S.A.
bunch
1.99

SAVE $4.00 /LB



14.99/LB **Fresh Wild Caught Cod Fillet**
Grindavik, Iceland
33.05/kg

SAVE UP TO $7.00



Mazola Corn Oil
2.84L jug
9.99

SAVE $3.99



Longo's Dips
227g pkg or
Summer Fresh Topped Hummus
255g pkg
selected varieties
BUY ONE GET ONE FREE

SAVE UP TO $1.50



3.99 **Rio Mare Insalatissime**
160g pkg
selected varieties



40% OFF **Canadian Brie L'Extra Double Crème or Monsieur Gustav Extra Old Gouda**

SAVE $2.98 /LB



6.99/LB **Maple Leaf Prime Raised Without Antibiotics Boneless, Skinless Chicken Thighs**
15.41/kg
VALUE PACK



Fresh Sweet Coloured Peppers
Product of Ontario
6.59/kg
2.99/LB



Fresh Avocados
Product of Mexico
2 FOR $4



Mastro Charcuterie Trios
150-250g pkg
selected varieties
FROM 8.99

SAVE $1.00 /LB



Maple Leaf Prime Raised Without Antibiotics Whole Chicken
8.80/kg
3.99/LB

SAVE UP TO $2.00



5.99 **Dr. Oetker Ristorante or Casa di Mama Frozen Pizza**
320-410g pkg
selected varieties



2.99 **Fresh Celery**
Product of U.S.A.
stalk



FROM 3.49/100G **Castello Blue Cheese Original, Gorgonzola or 1879 Triple Crème Bleu**

SAVE $1.26 /LB



5.99/LB **Maple Leaf Prime Raised Without Antibiotics Skinless, Bone-In Chicken Thighs**
13.21/kg

SAVE UP TO $2.00



Activia Yogourt
650g tub or
Two Good Yogourt
6x95g pkg
selected varieties
3.49



3.99 **Fresh Mini Bite Peppers**
Product of Canada
1.5lb bag

SAVE UP TO $2.98 ON 2



Oasis Juice
8x200mL tetras
Individual $3.99
selected varieties
2 FOR $7

SAVE $1.26 /LB



5.99/LB **Maple Leaf Prime Raised Without Antibiotics Seasoned Flattened, Cut-Up or Chicken Drumsticks and Thighs**
13.21/kg
COMBO PACK

SAVE UP TO $2.00



6.99 **Greenfield Raised Without Antibiotics Wieners, Smoked Sausage or Bacon**
200-375g pkg
selected varieties

SAVE UP TO 70¢



De Cecco Pasta
454g pkg or
Longo's Pasta
450g pkg
selected varieties
2.29

$1.99 EACH

FRESH-BAKED IN-STORE DAILY!



6 FOR $11 **Longo's Curato Filled Butter Croissants**
Pistachio, Raspberry, Apricot, Almond or Crema

SAVE $1.97 /LB



12.99/LB **Maple Leaf Prime Raised Without Antibiotics Thin Sliced or Chicken Breast Fillets**
28.64/kg

SAVE AT LEAST $1/LB

Steelhead — IZUMI AQUA CULTURE



18.99/LB **Upper Canada Fresh Boned Steelhead Salmon Fillet or Fresh Organic Atlantic Salmon Fillet**
41.87/kg

SAVE UP TO $2.00



3.99 **Christie Family Size Cookies**
374-482g pkg
selected varieties

BAKED IN-STORE.



6.99 **Longo's Mini Chocolate Chip Cookies**
40 pack, 600g pkg

SAVE UP TO $2.00



11.99 **Tetley Tea**
216ct

TO VIEW OUR FLYER ONLINE, GO TO WWW.GARDENFOODSMARKET.COM **HOURS: MON-FRI 7AM-9PM; SAT & SUN 7AM-7PM**

CELEBRATING SENIORS

Tips to help seniors travel safely

The following tips can reduce the likelihood that seniors encounter trouble while traveling.

Travel was once a key component of the picture working professionals created of their ideal retirements. While the COVID-19 pandemic put many retirement travel plans on hold in recent years, jetting off to distant locales is once again on retirees' radars.

A 2022 survey from AARP found that individuals 50 and over were poised to not only get back on the road, but also spend significantly more money on travel. Prior to the pandemic, Americans 50 and over spent $7,314 annually on travel, according to data from AARP. By spring 2022, individuals in that same age bracket indicated a readiness to spend $8,369 on travel.

Eagerness to get back on the road, in the air or on the high seas could make it easy to overlook some principles of safe travel. However, such an oversight could lead to complications that could make it hard to enjoy time away from home. The following tips can reduce the likelihood that seniors encounter trouble while traveling.

• Determine if any health issues are affecting your desired destinations. The Centers for Disease Control and Prevention has a website devoted to travel vaccines (cdc.gov/travel/page/travel-vaccines), and that page can be an invaluable resource for individuals planning a vacation. What's more, the CDC even provides a specific list of destinations and the latest travel health notices for each of those nations. That list, accessible at cdc.gov/travel/destinations/list can help seniors determine if there are any health-related safety issues in countries they hope to visit.

• Speak to your physician. A pre-trip consultation with a physician can uncover any issues that might arise while you're away. Such issues may be easily managed for domestic travelers who are not planning to visit any especially remote locations, but they will not necessarily be as easily navigated when traveling overseas. Physicians can recommend certain vaccinations or measures to ensure your health while away. In addition, a pre-trip doctor visit is a great time to refill prescriptions that you will need while you're away.

• Take financial precautions as well. Of course, not all travel-related concerns are medical. Finances also require some pre-trip attention. Inflation has caused a sharp spike in the price of various commodities since the start of 2022, so travelers should study up on the cost of food and attractions at their destination to ensure they have enough money to enjoy themselves. Baggage costs have risen significantly in recent years, so seniors traveling on a budget may want to pack less and do laundry while traveling in an effort to save money. In addition, the unpredictable nature of travel since the onset of the pandemic has underscored the utility of travel insurance. Seniors can look into travel insurance that could reimburse them in the case of delays or cancellations.

• Privately share your itinerary. Prior to departing, share your itinerary with friends and family. Avoid sharing the itinerary on social media platforms, which can make you a target for criminals at home and at your destination. The itinerary should include where you're staying, the dates you're visiting certain locations and the dates of activities you'll be engaging in on your trip.

Seniors rediscovering the joy of traveling can take various measures to make their trips more safe.



Right at Home CANADA
Home Health Care & Assistance

Supporting you and your family when you need it most.

Companion Care
Light housekeeping, meal prep, groceries, transportation

Nursing Support
In-home medical care, wound care, foot care, ostomy, medication mgmt.

Personal Care
Physical assistance, mobility, feeding, bathing, hygiene

Specialty Care
Dementia, MVA care, respite, stroke recovery, palliative care

Banner READERS' CHOICE 2022 DIAMOND WINNER
Enterprise READERS' CHOICE 2022 DIAMOND WINNER



At Right at Home, we pride ourselves in offering a full range of exceptional care services for those with physical, medical, or memory impairment, at home, wherever home is to them.

Right at Home can supplement the support already provided by family members, government resources or retirement residences. From making a pot of soup to 24-hour nursing care and anything and everything in between, whatever kind of help is needed, we can assist with full flexibility to change as your family's care needs change.

Call us for a free, no commitment assessment
226.499.9967 | www.rightathomecanada.com/caledon

SPECIAL PROMOTION

55+ | Stay Active this Fall & Winter



Take advantage of **FREE** walking track access at the following locations:

- Caledon Centre for Recreation and Wellness (anytime with a Caledon Seniors Centre membership)
- Caledon East Community Complex (Mon-Fri: 11 a.m. to 4 p.m., Sat/Sun: 2 to 8 p.m)

Also, for 55+ groups looking to socialize, **FREE** access* to community rooms and lounges are available at:

- Caledon Centre for Recreation and Wellness
- Caledon East Community Complex
- Southfields Community Centre

*Subject to room availability.

For full details visit **Caledon.ca/Adult55-Programs**

TOWN OF CALEDON

CELEBRATING **SENIORS**

Safety First: 10 Tips to Prevent Falls in Your Home

Falls are a significant concern, particularly for seniors and individuals with mobility issues. In fact, falls are one of the leading causes of injuries at home. According to the Health Canada, millions of older adults find themselves in the emergency room each year due to fall-related injuries. The good news is that many of these accidents can be prevented with a little awareness and a few simple changes to your living environment. In this article, we'll explore ten essential tips to help you create a safer home and reduce the risk of falls.

Creating a safer home environment can be done with the right planning and guidance. We at Ontario Home Health recommend the following 10 tips to prevent falls in the home:

1. Declutter and Organize

Start by decluttering your home. Remove unnecessary items, especially from high-traffic areas, to minimize tripping hazards. Ensure that walkways are clear, and there are no obstacles in your path.

2. Secure Loose Carpets and Rugs

Loose rugs and carpets are notorious for causing slips and falls. Use non-slip rug pads or double-sided tape to keep them securely in place. Better yet, consider removing them altogether, especially in high-risk areas.

3. Install Bathroom Safety Equipment

More than half of all falls happen in the bathroom. Consider a shower chair, toilet seat riser, and grab bars, particularly near the shower and toilet.

4. Maintain Adequate Lighting

Proper lighting is crucial to prevent falls. Ensure that hallways, staircases, and entryways are well-lit. Consider motion-activated lighting for added convenience during the night.

5. Use Ramps for Entries and Exits

For those using mobility aids like wheelchairs or walkers, installing ramps can be transformative. Ramps provide a seamless transition into your home and help prevent tripping on uneven surfaces, particularly at entryways and thresholds.

6. Install a Stairlift

For homes with multiple floors, stairlifts are an investment in safety and independence. These motorized chairs glide along staircases, making it possible for individuals with mobility issues to move between floors with ease. They eliminate the worry of navigating stairs, ensuring peace of mind.

7. Keep Everyday Items Accessible

Store frequently used items within easy reach. This prevents the need to climb on stools or reach high shelves, reducing the risk of falls.

8. Consider Needed Home Medical Equipment Solutions

Equipment like walkers, wheelchairs, and bedrails can enhance day-to-day safety and facilitate tasks that might otherwise pose a fall risk.

9. Stay Active and Maintain Strength

Regular exercise can help improve strength and balance, reducing the risk of falls. Consider activities like yoga or Tai Chi, which focus on balance and flexibility.

10. Regular Home Safety Checks

Periodically inspect your home for potential hazards. Check for loose handrails, broken steps, or any other safety issues. Address these promptly to maintain a safe living environment.

Conclusion

Preventing falls in your home is not only about safety but also about maintaining independence and peace of mind. By following these ten tips, you can significantly reduce the risk of accidents and ensure that your home remains a secure and comfortable place to live. Remember, small changes can lead to significant improvements in safety and overall well-being. So, prioritize safety, and take proactive steps to create a safer home for yourself and your loved ones.

For more information, please reach out to Ontario Home Health at 1-800-661-1912 or visit the Orangeville location at 170 Lakeview Court, Unit #4.

SUDOKU

	2							
8						6		
1	6				5	8	3	
					9			
	9		4				7	
5				1				
	8			9	2			
		3				9		1
2	5			6	1	3		

Level: Advanced

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Level: Intermediate

ANSWER:

4	6	9	2	1	5	8	7	3
7	5	3	9	4	8	2	1	6
2	1	8	6	7	3	9	5	4
5	3	1	7	2	6	4	8	9
9	2	7	8	5	4	6	3	1
8	4	6	1	3	9	5	2	7
6	9	2	3	8	7	1	4	5
1	7	5	4	6	2	3	9	8
3	8	4	5	9	1	7	6	2

Egan Funeral Home
"Locally owned and operated by the Egan family since 1913"



203 Queen Street South,
Bolton, Ontario L7E 2C6

905.857.2213

Cyber Seniors Ready for Take-Off

Gordon Morton, an Engineer by training, and long-time Caledon resident, worked in IT most of his career. He was approached by a Caledon Community Services (CCS) Seniors Helping Seniors – Cyber Seniors volunteer leader 15 years ago, shortly after he retired, and asked to put his knowledge to work 'coaching' seniors who wanted to learn technology skills – he said yes!

"It sounded interesting, and a chance to use my skills, pass on knowledge that would change someone else's life while keeping myself up to date," said Gordon. He joined as a co-team lead and when the lead who recruited him moved west, he and his wife Elizabeth, also an ardent CCS supporter, invited family friend Leanne to co-lead – and a dream team was born that has helped hundreds of seniors over the years.

Cyber Seniors allows seniors to get the help they need with their own devices for everyday use.

It's easy to get started – just contact Silvana Ferrari, Coordinator, Seniors Health and Wellness, to discuss your unique needs and get set up with the right coach for you.

Throughout COVID, Cyber Seniors was a lifeline that made it possible for seniors like Anna to stay connected with their families, not only by phone but through video calls using the skills they gained through Cyber Seniors. Their newfound ability to communicate digitally made all the difference in their ability to weather isolation and offset the negative social impacts that devastated so many seniors.

CCS has also added significant richness to Gordon and Elizabeth's lives – as a cyclist Gordon participates in Velocity, raising funds to support Caledon seniors, and looks forward to the event each year.

He also enjoys seeing the impact that he and Leanne can make on the lives of so many seniors and working with CCS to make this opportunity available.

In addition to Cyber Seniors, there are many other activities for those 55+, like bingo or carpet bowling.

"I'd like to encourage any retiree looking for a worthwhile pursuit to join the team – it's a great experience all around – my 15+ years attest to that," shares Gordon.

"If anyone has a passion that they want to share – music, cooking and crafts of many types are in high demand," adds Silvana. "I look forward to talking to anyone interested."

Find out more: www.ccs4u.org or 905-584-2300 ext. 273. *Transportation is available for eligible clients.



CELEBRATING **SENIORS**

HOW TO PREVENT FOOT COMPLICATIONS RELATED TO DIABETES



Diabetes affects the lives of nearly 11 million Canadians. It is the inability to make or properly use insulin and it impairs the body's ability to convert sugars, starches and other foods into energy. The long-term effects of elevated blood sugar can lead to serious damage of the small nerves and blood vessels in the feet.

Diabetes Canada recommends, at minimum, annual foot screenings for all diabetic patients and endorses the risk assessment exam used at BioPed. This 1 minute exam will determine your level of risk for foot-related illness or amputation due to diabetes and guide the prevention of wounds. Diabetic patients who see a Chiropodist or Footcare Nurse regularly for skin and nail care, and obtain their footwear and orthotics from a Canadian Certified Podorthist are less likely to have serious foot complications which can lead to ulcer, amputation or death.

LIST OF DIABETIC FOOTCARE TIPS...

1. Visit your foot specialist to determine if your feet are at risk for a wound.

2. Never walk barefoot, neither indoors or outdoors.

3. Examine your feet daily for redness, warmth, blisters, ulcers, scratches, cuts and nail problems from shoes or other sources. Look at the bottom of your feet and between the toes. Use a mirror or have someone else look for you.

4. Call your Doctor, NP or Chiropodist immediately if you experience any injury to your foot. Even a minor injury is an emergency for a patient with diabetes.

5. Examine your shoes for foreign objects, protruding nails and rough spots inside before putting them on. Look and feel.

6. Buy shoes late in the day. Never buy shoes that need "breaking in". They should be immediately comfortable. Request shoes with deep toe boxes and shoes made of leather or other flexible upper material. Your footwear should be fitted by a professional such as a Certified Podorthist.

7. Moisturize your entire foot if your skin is dry, but avoid putting cream between your toes. Dry skin can crack and let bacteria in. Try Footlogix, a premium Canadian company offering diabetic creams.

8. Do not file down, remove or shave calluses, corns or warts yourself.

9. Do not use any chemicals or strong antiseptic solutions on your feet. Iodine, salicylic acid, corn/callus removers and hydrogen peroxide are potentially dangerous unless applied by a clinician.

10. Trim your toenails straight across or have a Chiropodist or Foot Specialist do it for you if you find it too difficult or lack feeling/sensation.

11. Avoid stockings or socks with tight elastic bands and always wear socks with your shoes. Highly recommended diabetic socks can be purchased.

PLEASE RECYCLE THIS NEWSPAPER!

CALEDON COMMUNITY SERVICES

If you're a senior in Caledon and want to live your best life

Check out the benefits of HEALTH

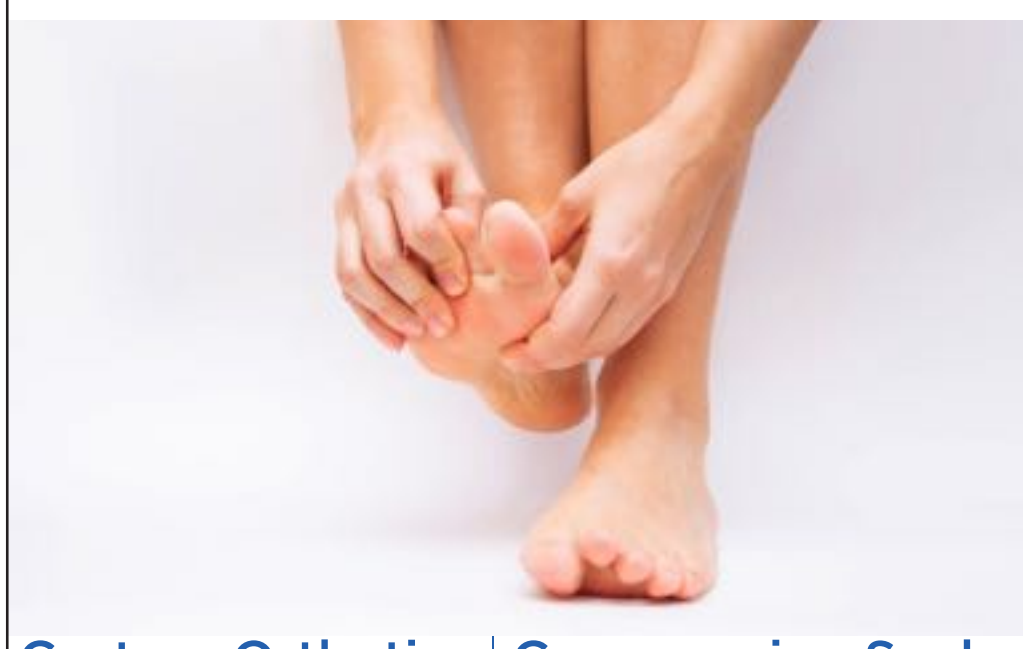
Transportation
Transitional Care
Respite Companionship
Health and Wellness Activities
Local Specialist Clinic Services
Volunteer Opportunities



HEALTH JOBS LIFE ccs4u.org 1-833-552-2748 | 905-584-2300

bioped | footcare & orthotics

FOOT PAIN?
WE CAN HELP!



Custom Orthotics | Compression Socks
Shoes | Knee & Ankle Bracing
OTC Footcare Cream

Nurse-performed Footcare Services

- Plantar Warts, Corns & Calluses
- Fungal & Ingrown Toenails
- Foot Pain & Wounds
- Foot Infections

Now Offering Diabetic Foot & Toenail Care

We treat both adults and children.
No physician referral needed.
Book an appointment for you or your family member today!

88 First Street, Orangeville
519-941-0192

How active seniors can protect their vision

There are many ways for active seniors to protect their vision so they can continue to get up and go without having to worry about losing their eyesight.

Retirement may be seen as a time to slow down and enjoy some well-earned rest and relaxation, but today's seniors clearly did not get the memo. Modern seniors look and act a lot different than traditional depictions of retirees.

The shift in attitudes regarding aging is noticeable in the growth of active retirement communities, which are designed for aging men and women who want to engage in activities where no chairs are required. Active seniors may not fit outdated stereotypes of cardigan-clad grandparents shuffling about dusty retirement homes, but even the most energetic retirees may still be vulnerable to age-related health complications. For example, the American Optometric Association notes that men and women over the age of 60 may be vulnerable to age-related vision problems. A certain degree of vision loss is natural as men and women age, but that doesn't mean active seniors have to sit idly by. In fact, there are many ways for active seniors to protect their vision so they can continue to get up and go without having to worry about losing their eyesight.

• Make your diet work for you. The AOA notes that a number of eye diseases can develop after an individual turns 60, and some of these conditions can be minimized with wise lifestyle choices. For example, a healthy, nutrient-rich diet can protect vision over the long haul. The National Council On Aging notes that studies have found that omega-3 fatty acids, which can be found in foods like spinach, kale and salmon, can reduce individuals' risk for age-related eye diseases. Seniors can speak with their physicians about other ways to utilize diet to combat age-related vision problems.

• Protect your eyes and look cool at the same time. Active seniors spend lots of time outdoors, and that may have an adverse effect on their vision. The NCOA notes that lengthy exposure to the sun's ultraviolet rays can cause both short- and long-term eye damage. Thankfully, such issues are easily avoided if seniors wear sunglasses with UV protection when going outside. Brimmed hats also can protect the eyes from harmful UV rays.

• Be mindful of screen time. Much has been made of how much screen time is healthy for young people. But seniors also are not immune to the potentially harmful effects of spending too much time staring at their phones and other devices. The NCOA recommends seniors employ the 20-20-20 rule in regard to screen usage. Every 20 minutes, look about 20 feet away for 20 seconds. This quick exercise can reduce eye strain.

An active lifestyle benefits seniors in myriad ways. Seniors should take steps to protect their vision so they can continue to get up and go long after they retire.



How to make new friends after 50

The early years of midlife are a hectic time for many people. Around the time many people reach their late 30s and early 40s, they're balancing the responsibilities of a career and a family. But as people enter their 50s, some of those responsibilities tend to be less significant, leaving more time for recreational pursuits.

Hobbies and other pursuits outside of work are often more fun when enjoyed with friends. People over 50 undoubtedly recognize that it's not always so easy to make new friends, even though it's undeniably beneficial to have supportive relationships into your golden years. A 2017 study from researchers at Michigan State University found that valuing friendships was a stronger predictor of health and happiness among older adults than valuing family. Those results align with an earlier Australian study that found Australians aged 70 or older tended to live significantly longer if they had more strong friendships.

Making friends after 50 might not be as simple as it was during your school days, but these strategies can help men and women in midlife build new friendships.

IDENTIFY YOUR INTERESTS. Fifty-somethings who have spent the last couple of decades building a career and raising a family can give some serious thought to their interests outside of work or passions they hope to pursue now that they have more time to commit to such pursuits. The more interested you are in a given activity, the more likely you are to stick with it. And the longer you stick with something, the more likely you are to meet like-minded individuals (i.e., future friends) willing to make similar commitments.

UTILIZE SOCIAL MEDIA. In years past, men and women over 50 may not have had any readily available tools to reach out and connect with new people. Social media has made it much easier to build such connections. Even the most obscure passions likely have a social media group of locals devoted to them, and these groups can be great ways to meet new people. A local runner's club may have its own social media accounts, and local governments and community groups often share information about sports leagues and other groups via social media.

SIGN UP FOR GROUP OUTINGS. Communities often sponsor group outings to museums, the theatre, sporting events, and other day trips. Signing up for a bus trip to a local museum presents a great opportunity to meet people who share your interests, providing the potential to build lasting friendships built on a foundation of shared interests.

BROADEN YOUR HORIZONS. Just because you're in your 50s doesn't mean your friends have to be. Don't hesitate to invite younger or older acquaintances and colleagues over for dinner or on weekend excursions. Friends come in all shapes, sizes and ages, so you could be missing out if you're not willing to extend a hand in friendship to people of different ages and backgrounds.

Making friends after 50 can be challenging. However, various strategies can help men and women over 50 connect with new people.



CALEDON SENIORS CENTRE
FOR THE 55 PLUS
BUILDING A BETTER FUTURE FOR SENIORS
CALEDON
SENIORS CENTRE
Health & Wellness 55+
7 ROTARIAN WAY, BOLTON ON
OPEN MON - FRI 8:30AM - 4:00PM
WEEKEND & EVENING PROGRAMS AVAILABLE
CRAFT, BAKE SALE, SILENT AUCTION & LOTS MORE!
CALL FOR CRAFTERS & VENDORS
Table rental is $30. Call the centre for details.
We would love to have you join us on
Saturday, November 4th from 8 - 1.
Home Baking Donations & Cash Donations Welcome.
Peameal Bacon on a Bun Available for Breakfast.
BBQ, Tea Room, & Lots More!
Centre expanded from 6000 to 13,800 square feet.
Ontario Trillium Foundation / Fondation Trillium de l'Ontario
An agency of the Government of Ontario / Un organisme du gouvernement de l'Ontario
Ontario
ROTARY PLACE (MAIN OFFICE)
905-951-6114
SATELLITE LOCATIONS
905-586-6114
CALEDONSENIORS.CA
EXPANDING TO SERVE YOU BETTER.
DONATIONS WELCOMED.
CHARITABLE REGISTRATION #
89221 6375 RR0002

SENIORS SPECIAL
$10 OFF
ANY SERVICES OVER $50 WITH THIS COUPON
OFFER EXPIRES NOVEMBER 30TH, 2023
His N' Hers Hair Design
905-857-0734
Bolton Shopping Center • 15 Allan Dr.

LORD DUFFERIN CENTRE
Retirement Residence
LIMITED TIME OFFER
CALL REBECCA TO BOOK NOW
Winter
STAY PROGRAM
YOUR STAY INCLUDES:
PRIVATE, FURNISHED SUITE
3 MEALS DAILY
PHONE AND CABLE
WEEKLY HOUSEKEEPING
RECREATIONAL ACTIVITIES
519-941-8433
or
RCHALMERS@LORDDUFFERINCENTRE.CA

Your life. SELL MOVE DONATE Your move.
We can help you
downsize, de-clutter, organize, sell, donate, dispose, pack, move, unpack and settle into your new home.
We also help executors clear estates.
DownsiZing DiVa
Downsizing + Moving Specialists for Seniors
Call Lisa at 416-818-8249 for a FREE consultation
Serving Dufferin-Caledon
www.downsizingdiva.com

CELEBRATING **SENIORS**

What seniors can do to safeguard their mental health

No one is immune to issues that can adversely affect their mental health, including men and women nearing retirement age and those who are already retired. Though the term "golden years" suggests life in retirement is one sunny day after another, many individuals 60 and older are dealing with mental health issues.

According to the World Health Organization, approximately 15 percent of the world's adults aged 60 and over suffer from a mental disorder. What makes that statistic even more troubling is that the WHO acknowledges it likely doesn't paint the most accurate picture of seniors and mental health, as depression is often undiagnosed among older men and women and untreated because it co-occurs with other issues affecting seniors.

In the past, the Centers for Disease Control and Prevention has acknowledged that late-life anxiety was not readily understood. However, much progress has been made in recent years thanks to a heightened awareness of the problem of seniors and mental health. That means seniors now have ample resources they can look to as they seek to learn what they can do to safeguard their mental health.

RECOGNIZING WARNING SIGNS

The National Institute of Mental Health notes that recognizing the signs of mental health issues is the first step to getting treatment. Mental health issues vary, and individuals with anxiety will likely experience different symptoms than those with depression. But the NIMH notes that the following are some of the warning signs of mental health issues.

· Noticeable changes in mood, energy level, or appetite
· Feeling flat or having trouble feeling positive emotions
· Difficulty sleeping or sleeping too much
· Difficulty concentrating, feeling restless, or on edge
· Increased worry or feeling stressed
· Anger, irritability, or aggressiveness
· Ongoing headaches, digestive issues, or pain
· Misuse of alcohol or drugs
· Sadness or hopelessness
· Suicidal thoughts
· Engaging in high-risk activities
· Obsessive thinking or compulsive behavior
· Thoughts or behaviors that interfere with work, family, or social life
· Engaging in thinking or behavior that is concerning to others
· Seeing, hearing, and feeling things that other people do not see, hear, or feel

SEEKING HELP

As noted, a growing awareness of mental health issues and how they affect seniors has translated to more available resources for aging men and women who need help. Within the United States, seniors can visit the NIMH Help for Mental Illnesses webpage (https://www.nimh.nih.gov/health/find-help) to access contact information for various groups that help people in times of mental health crises. In Canada, individuals can visit the Canadian Mental Health Association at https://cmha.ca/find-help/find-cmha-in-your-area/ for contact information for various groups across the country.

BEHAVIORS THAT CAN BE BENEFICIAL

The National Institute on Aging notes that most cases of depression cannot be prevented. However, the NIA also notes that healthy lifestyle changes can have long-term benefits of seniors' mental health. Such changes include:

· Being physically active
· Eating a healthy diet that can reduce risk for diseases that can bring on disability and depression
· Getting adequate sleep, which for seniors is between seven to nine hours per night
· Remaining socially active, including regular contact with friends and family
· Participating in activities you enjoy
· Sharing mental issues or concerns with friends, family members and your physician

Research indicates that seniors are vulnerable to mental health issues. More information about how to combat and overcome such issues is available at nimh.nih.gov.

PLEASE RECYCLE THIS NEWSPAPER!

Seniors Save



20% OFF
Regular Priced Items In-Store*
Every Tuesday & last Thursday of every month.

Visit our website for Covid/Flu Shot info

Young @ Heart

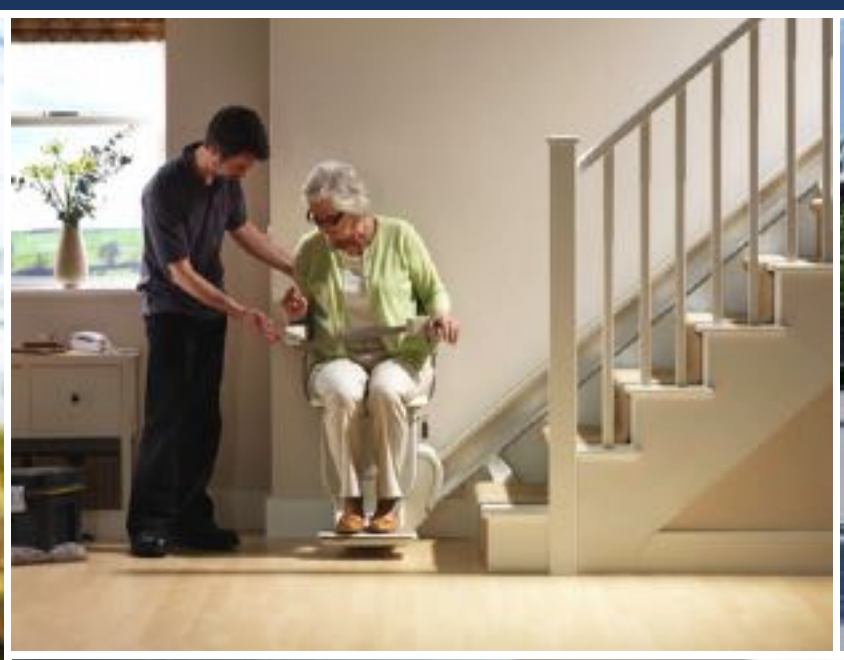
LIVE WELL WITH PHARMASAVE®



Eric. P. Gunter, R.Ph.
Chemist/Owner
Pharmasave@gunter.ca/www.gunter.ca
15955 Airport Road,
(just south of Old Church Road) Caledon East
905-584-1010

Ontario Home Health
LIVE LIFE ON YOUR TERMS









Home Medical Equipment Solutions
Mobility | Accessibility | Home Safety | CPAP/Sleep Therapy | Home Oxygen | Personal Care

OntarioHomeHealth.ca
1-800-661-1912

Stratford
221 Huron Street

Cambridge
1515 King St. E. #116

Orangeville
170 Lakeview Court #4

Guelph
66 Delhi Street

Owen Sound
1101 2nd Avenue East

Collingwood
395-C Hume Street

Bolton seniors knitting clothes for Ukrainian refugees

Gina Bellini and Denai Schizas want to inspire others to help those in need

By: ZACHARY ROMAN
Local Journalism Initiative Reporter

Two Bolton women have been putting their knitting skills to good use – at home and abroad.

Gina Bellini and Denai Schizas have been knitting baby and children's clothes and donating them to the Ukrainian Orthodox Church of St. Demetrius. The church then ensures the clothes make it to Ukrainian refugees in need.

Bellini and Schizas live at Sorrento Retirement Residence in Bolton and can often be seen knitting outside or in the residence's lounge area. They're part of Sorrento's knitting club, too.

"They do it every day," said Jennifer Comberlato, who works for Sorrento. "They're hoping to start a movement… get other people who knit to donate to a good cause."

Bellini lived in Timmins for her entire life before moving to Sorrento Retirement Residence in Bolton a year-and-a-half ago. She was taught to knit at the age of seven by her mother, and has continued knitting for 80 years. Bellini, who also crochets, often makes items for her children and grandchildren. One of her proudest creations is a baptismal dress.

Schizas, who is almost 90, has lived at Sorrento for two-and-a-half years. She loves knitting colourful sweaters and hats for infants and toddlers. Schizas loves to teach others her knitting techniques.

"They just have this beautiful talent of making gorgeous items," said Comberlato. "They're like saints, these ladies… they do it with all their heart and they do it every day."

Comberlato said Bellini and Schizas have friendly smiles and residents and staff at Sorrento are always checking in to see what their latest creations are.

Comberlato said people often offer to buy Bellini and Schizas' knitting but they decline since their knitting is to be donated to charity. In addition to clothing items for everyday use, they have just finished completing a collection of Christmas-themed items in preparation for the holiday season.

Those looking to support Bellini and Schizas' efforts can donate yarn to them by dropping it off at Sorrento Retirement Residence (10 Station Road). Supporters can also donate items for refugees to the Ukrainian Orthodox Church of St. Demetrius. This church is located in Etobicoke and can be reached by phone at 416-255-7506.





Don't Delay, Get Screened for Breast Cancer Today

Did you know only 59% of eligible residents in Dufferin and Caledon are up-to-date with mammograms? Hills of Headwaters Collaborative Ontario Health Team (HOHC OHT) and Headwaters Health Care Centre are aiming to increase that number.

During breast cancer awareness month in October, HOHC OHT and Headwaters Health Care Centre urge those eligible for a mammogram this year to take advantage of Headwaters Health Care Centre's 2023 Mammothon a breast cancer screening marathon during breast cancer awareness month dedicated to booking more mammograms to help prevent breast cancer through early detection. Every person with a Headwaters screening mammography appointment scheduled during the month of October will be automatically entered to win a gift basket draw prize, filled with goodies from local, supporting businesses. Winners will be announced after November 1.

Did you know that getting screened early will often lead to preventative cancer treatment? Find out if you are eligible, through HOHC OHT's new website, Preventingcancer.ca, launched to increase the number of people who get screened for cancer in Dufferin and Caledon. Preventing cancer begins with early-stage detection through screening.

"By increasing the number of people who get screened for breast cancer, we will be able to make a real difference in breast cancer prevention in our community. Getting screened early may find pre-cancerous cells that could become cancer if left untreated. Screening helps find breast cancer early, before it has spread, making it easier to treat," said Dr. Matthew Tenenbaum, Associate Medical Officer of Health, Wellington-Dufferin-Guelph Public Health, and community partner, Hills of Headwaters Collaborative Ontario Health Team.

Ontario residents (women, Two-Spirit, trans and nonbinary people ages 50 to 74), and persons with implants may be eligible for mammograms every one to two years based on medical and family history at an Ontario Breast Screening Program site, such as Headwaters Health Care Centre. If eligible, it's as easy to schedule a mammogram at Headwaters – no referral needed. Appointments for the 2023 Mammothon can be booked by calling Headwaters Health Care Centre Diagnostic Imaging (519) 941-2410 ext. 2842, open Mondays to Fridays from 8:00 a.m. to 4:00 p.m.

As a certified Ontario Breast Assessment Centre, Headwaters Health Care Centre's Breast Assessment program offers patients the complete circle of care in breast health, closer to home. From testing to diagnosis to treatment, patients are supported and cared for by dedicated health team of diagnostic imaging technologists, radiologists and surgeons through our Breast Diagnostic Assessment Program.

For more information preventive cancer screening, who should get screened and where to get screened in Dufferin and Caledon, visit PreventingCancer.ca



SORRENTO
RETIREMENT RESIDENCE

JOIN US AT

SORRENTO'S HEALTHY LIVING FAIR

In Partnership with Golden Transitions Consulting

November 9th, from 1:30PM - 4PM

Complimentary Snacks, Mini Massages,
Food Demos, Fitness Classes & More!



10 Station Rd, Bolton

Call 647-317-7242 to RSVP
Vendors now being accepted.



Do it for them.

You have a lot of memories to create, birthdays to celebrate and milestones to witness. Think about those you love and take an active role in cancer prevention.

This October, find out where to get screened for breast cancer in Dufferin/Caledon. Visit preventingcancer.ca today.

HILLS of HEADWATERS COLLABORATIVE
ONTARIO HEALTH TEAM

PREVENTINGCANCER.CA

Did You Know?

Caledon Seniors Centre

SATELLITE LOCATIONS

NO MEMBERSHIP FEE + BI-MONTHLY NEWSLETTERS AVAILABLE TO KEEP YOU INFORMED

MONDAY- CALEDON EAST
(exercise, games & lunch)
CALEDON EAST COMMUNITY COMPLEX.
9:00AM TO 3:00PM. 6215 OLD CHURCH RD.

TUESDAYS- CALEDON VILLAGE
(games & lunch)
CALEDON VILLAGE PLACE -
181313 HWY 10
COMMUNITY ROOM 9:30AM TO 3:00PM

WEDNESDAYS - CALEDON EAST
(exercise & refreshments)
CALEDON EAST COMMUNITY COMPLEX.
9:30AM TO 11:00AM. 6215 OLD CHURCH RD.

WEDNESDAYS - SOUTHFIELDS REC. CENTRE
225 DOUGALL AVE. 11:00AM TO 3:00PM
SENIORS LOUNGE & COMMUNITY ROOM

THURSDAYS - VALLEYWOOD
(exercise & refreshments)
MARGARET DUNN 11:00AM TO 1:00PM.
20 SNELCREST DR.

FRIDAYS - INGLEWOOD
(exercise & refreshments)
COMMUNITY CENTRE 11:00AM TO 1:00PM.
15825 MCLAUGHLIN RD.
INGLEWOOD CLASSIC CAFE
INGLEWOOD COMMUNITY CENTRE
15825 MCLAUGHLIN RD.

FIRST THURSDAY OF THE MONTH
COMMUNITY ROOM 11:00AM TO 2:30PM
ALTON CLASSIC CAFE
ALTON LIBRARY - 35 STATION STREET

SECOND WEDNESDAY OF THE MONTH
COMMUNITY ROOM 12:00PM TO 3:30PM



Why cook when you can **simply enjoy?**



Locally Owned & Operated

With over 200 fully-prepared frozen meals and free delivery* **why not start a new tradition and call today for your FREE menu!**

Made *for* Seniors

905-713-5718 HeartToHomeMeals.ca

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS™

*Some conditions may apply.

in memoriam
funeral services inc.
~ As Unique as You Are ~

Please visit us at our new location at 28 Main Street North, Grand Valley



Proud to offer affordable funeral and cremation services within Dufferin County, Peel Region and Wellington County.

Cremation Service $1,980.00 TAX INC.

Professional Services, Transportation from place of death (up to 100km), Transportation to Crematorium, All Documentation, Facilities & Equipment, Cremation Container (Model SWC), Cremation Fee, Coroner's Fee, BAO Consumer Protection Fee & Registration Fee

HERE TO HELP 24/7! 519-415-4687 | 1-855-415-4687
Funeral Director: Randy Mugford info@imfunerals.com www.imfunerals.com

Craft and bake sale, silent auction coming to Caledon Seniors Centre

By: ZACHARY ROMAN
Local Journalism Initiative Reporter

Creative crafts and tasty treats will take centre stage at an upcoming Caledon Seniors Centre event.

On November 4, the Caledon Seniors Centre will host a combination craft sale, bake sale, and silent auction event.

The event runs from 8 a.m. to 1 p.m. at the Seniors centre, which is located at 7 Rotarian Way in Bolton.

Peameal bacon on a bun will be served for breakfast, and there will be a tea room for guests. A barbeque lunch will be served at the event, too.

The sale and silent auction are being held as a fundraiser for the Seniors' Centre, with cash donations also welcome.

There is still room for crafters and vendors to be featured in the event.

The cost of renting a table is $30, and those interested in doing so can call the centre at 905-951-6114. The Seniors' Centre is also looking for silent auction donations, and potential donors can call the same number.

Caledon Seniors' Centre manager Beverley Nurden explained the sale used to happen annually before the pandemic. It returned in a smaller capacity in 2022, and is back in full force for 2023.

"All the baked stuff comes from donations from the seniors," said Nurden. "It's one big fundraiser."

FAMILY OPTICAL

Make a
LASTING IMPRESSION
with Glasses Suited for Your Every Need!

Eyeglasses and Contact Lenses
Optometrist:
Dr. Richard Joseph & Associates



12612 Hwy 50, Bolton • 905-857-5556
280 Guelph St, Georgetown • 905-873-3050
www.familyoptical.ca

Serving our communities for 33 years!

SENDING A HUGE
THANK YOU
TO ALL OF THE LOCAL SENIORS IN OUR COMMUNITY FOR ALL THAT YOU DO!



MAYOR GROVES

BEING HER DAUGHTER
NEVER GETS OLD



When the support you provide no longer meets your loved one's needs, personalized, professional care is always available at Amica Senior Lifestyles. Our care will evolve with your loved one so you can go back to just being a daughter. A partner. Or a friend. And, like a shoulder to lean on, that never gets old.

SELECT MEMORY CARE & ASSISTED LIVING SUITES AVAILABLE, CALL TO LEARN MORE.

AMICA
SENIOR LIFESTYLES

AMICA PEEL VILLAGE ▪ 223 MAIN ST S, BRAMPTON ▪ 905-460-0080
AMICA GEORGETOWN ▪ 224 MAPLE AVE, GEORGETOWN ▪ 905-702-1555

Theatre Orangeville's 'Twas the Night Gala starts the Holiday Season

BY CONSTANCE SCRAFIELD

There are still tickets for 'Twas the Night Gala, Theatre Orangeville's most important fund raiser of the year, set for November 25 at the Best Western Plus Orangeville Inn and Suites.

This year's 'Twas the Night Gala date does not conflict with the Santa Claus parade, which offers more people the chance to come.

The evening is always the highlight and the first party of the upcoming holiday season. We wear our best "bib and tucker," stroll the wonders of the Silent Auction, tap our toes to the jazz trio and nibble on the proffered trays of hors d'oeuvres.

We schmooze and browse and bid. Soon, but not too soon, dinner is announced, and we make our way to our assigned tables, ready to enjoy the meal, the wine and the entertainment. Along with the last is David Nairn, Artistic Director of Theatre Orangeville and emcee, Bon Vivant and – most importantly, the auctioneer of the Live Auction, which he will work through during the course of the evening.

In anticipation of this grand event, the Citizen sat down over Zoom with Laura Sheehan, Austin and Hazel Mason (Committee Co-Chairs), Amanda Doerrie (TOV Marketing Strategist), and Artistic Director David Nairn to hear more about the fun and temptations for this season's Gala.

Two matters were first to gain attention.

First was praise for the people without whom this event could not happen: the volunteers, noting how many of the volunteers were coming back from last year and the years before. Ms. Austin's and Ms. Mason's daughters are both on deck to help this year, remarking that "when they see their mothers as role models, involved in volunteering, they are encouraged to do the same."

As well, there are volunteers from Young Company this year, and the comment was, "Good to see it come full circle."

"The Theatre Orangeville crew and admin crew are outstanding," David Nairn enthused. "They put this show together with the stage, sound, lights, all of it, all above and beyond their work at the theatre. At the end of the Gala, tuxedos and dresses are swapped for jeans and T-shirts and they're rolling up wires and everything else that has to be done."

Donations for the silent auction are already being delivered, many of them in the form of certificates for restaurants, theatres and services. One is valued at $300 worth of interior decorating. A Rickenbacker guitar, John Lennon's favourite, is in the auction mix, plus top hockey tickets.

There is plenty of scope for all sorts of items to be donated, and it is an excellent way to draw attention to an individual business' product line.

The 30th anniversary Theatre Orangeville is celebrating is traditionally marked by pearls. This year, jeweller extraordinaire Anne-Marie Warburton plans to pick the pearls she loves while staging her pearl show and sale this weekend at her Gallery Gemma, in the Alton Mill Arts Centre. She herself will create a fabulous piece of jewellery with the pearls she chooses as a donation to the Gala's fundraising.

Artist Mary Scattergood's painting of Orangeville's Town Hall and Opera House is the image on the Gala's program this year.

Tina Clare's art is reflected in a line of clothing featured in the silent auction.

Yes, as Mr. Nairn always promises us, "There will be entertainment."

The very much revived Theatre Orangeville Youth Singers (TOYS) choir is back! Under the direction of their Music Director, Elisabeth DuBois, they will sing from the staircase in the lobby of the Best Western at the beginning of the 'Twas Gala evening. Re-established just last season after being suspended due to COVID, TOYS performed their first concert for a packed theatre in May. This season, the choir has expanded from 13 members to more than 20 now, which is very exciting. They are fitting this appearance into the very busy performance schedule they have coming up over the next couple of months – six or seven performances, we were told.

Mr. Nairn cheered them on, saying humorously, "It was nice of them to fit us in!"

On the stage in the ballroom where dinner is served, we can anticipate a number of performers, some we know and already love, others new to delight us, with David Nairn taking his turn between to auction off another fabulous item.

Many of the live auction offers are experiences; some of them are trips escorted by senior Theatre Orangeville staff, usually Mr. Nairn himself, to Stratford or Niagara-on-the-Lake (Shaw Festival) for lunch and to see a show. What makes these trips so special is going backstage to meet the actors and have a visit to see how the magic happens. Sometimes, you will realize that the actor you are meeting in Stratford or the Shaw is a person you have also seen in a Theatre Orangeville production.

"You would never get this anywhere else," Mr. Nairn assured us. "These are the sort of experiences only a theatre can offer."

What makes this Gala so special for him is that ever since it began 25 years ago, "it has been a team sport for the many people involved and the tremendous support from the community."

He reminded us that every dollar raised for the theatre goes to support the many programs Theatre Orangeville runs over the year. Theatre Orangeville is a charity that needs to raise funds in order to continue to "satisfy our hearts. Without your support," he said, "we cannot exist. Step up and say the theatre is important."

Like a person with a delicious secret, he hinted about the entertainment, "There will be a couple of surprises. One very special performer – one I've been trying to get here for a while."

For tickets to 'Twas the Night Gala on November 25, call the Box Office at 519-942-3423 or go online at www.theatreorangeville.ca and click «Support us.» The Box Office is open at the Opera House, 87 Broadway, Monday to Friday from 10:00 a.m. to 4:00 p.m.



FILE PHOTO

A healthy, engaged compassionate community for all

CALEDON COMMUNITY SERVICES

Employment Services · Transportation · Evolve Retail · Seniors Assisted Living · Transitional Care · Respite Care · Care Coordination · Newcomer Services · Volunteerism · Food Support · Youth Services · Season of Hope · The Exchange

"The Secret to Business Success; We've Got It!"

by Graham Churchill, Job Developer/Employment Specialist



'What is the secret to your business success?'

It's a common question that successful professionals are asked and a common topic in articles, books and blogs.

Answers vary widely; 'hard work', 'a motivating vision for the future' and 'adaptability' are common responses but the one we love to hear most at Caledon Community Services (CCS) is that success results from a team effort because, in our experience, it couldn't be more true.

At CCS our Employment and Training team knows that one of the biggest keys to success is having the right team in place – hiring, training and retaining the people who make up your workforce contributes to your success!

We also know that hiring the right people can be one of the biggest challenges business owners face, especially with uncertainty in the job market and within specific industries. Your business relies on talent, and CCS can help you find the right mix to help you be successful.

Whether you're connecting with us for the first time like Jason who needed support to hire staff for the opening of his restaurant franchise or Melissa who was looking to grow her team ahead of her busiest time of year, we can help. Long-time clients like Fines Ford Lincoln turn to our employment team when they have a need and also continue to partner with and support us on hunger and poverty initiatives. We look forward to supporting your unique needs.

Through CCS you can access no-cost services that help bridge the gap between your business and the labour market including hosted job fairs, wage subsidies, retention support, and more. You can even gain access to job-ready candidates who are available to start immediately.

Take advantage of our online job bank to post your positions or ask about accessing training to help your current employees continue their professional development.

The secret to your business success is connecting your team to ours. We're here for you!

To learn more and get started today, visit ccs4u.org or contact Graham Churchill at jobdev@ccs4u.org or 905-584-2300 ext. 216

Don't forget to ask how you can reserve your spot at our next multi-employer community job fair, happening January 31st, 2024.

How Do You See It?

Tell us how you see it.
Cathy Perennec McLean, Director, Employment and Training, Caledon Community Services at 905-584-2300 ext. 220 or cmclean@ccs4u.org

This column is provided free of charge by the Caledon Citizen.

BBQ SAUCE NATION.COM

SMALL BATCH BBQ SAUCE

FREE ORANGEVILLE DELIVERY



LOCALLY OWNED & OPERATED

BBQSAUCENATION.COM

SPORTS

News | Classifieds
Service Directory

Caledon Citizen's Student Athlete of the Week

ROPSSAA Senior Soccer finalist Anthony Kotarski leading the Hall Wolfpack on and off the pitch

BY JIM STEWART

Anthony Kotarski has had a stellar Fall season on the pitch for the Robert F Hall Wolfpack.

The high school senior fired two goals to lead the Wolfpack to a big win in the ROPSSAA semifinal earlier in the month.

Kotarski's Head Coach Frank Toth expounded on the virtues of his fine veteran soccer player: "Anthony is an exceptional athlete with a 'Never Quit' attitude."

The Grade 12 student-athlete, who also played for Brampton SC this summer, was singled out by Coach Toth for his "leadership, dedication, and hard work."

In addition to these three key attributes, Coach Toth has also been impressed by Kotarski's specific soccer talents, including his versatility and his penchant for big performances in critical games.

"He's an amazing defensive and attacking player. Anthony is able to play in multiple positions at the highest level. He turned in an exceptional performance in our semi-final game, which led us to the ROPSSAA final."

Anthony took time from his first semester senior studies at Robert F Hall CSS to answer our interview questions:

Caledon Citizen: What qualities did you demonstrate in your sports season to earn Student-Athlete of the Week honors?

Anthony Kotarski: I'm honored to receive the Student-Athlete of the Week award. I think the key qualities that helped me earn this recognition were dedication, perseverance, and teamwork. Being a supportive teammate and working well with others played a significant role in achieving this.

Caledon Citizen: What were your key statistics and performance moments from the 2022-23 season that you are most proud of?

Anthony Kotarski: This season was filled with many memorable moments, but our semi-final victory was a real highlight. It was one of my favorite games as I managed to get two goals.

Caledon Citizen: In addition to your high school sports teams, what other community teams do you play for and at what level?

Anthony Kotarski: Apart from my high school sports teams, I spent the summer playing soccer for Brampton SC, and am currently looking for a new team to play for over the winter. The level of competition there has been a great experience for me and I have learned a lot as a player.

Caledon Citizen: How would you describe yourself as a student at Robert F Hall? To which sports teams and clubs do you belong? Honor Roll?

Anthony Kotarski: As a student at Robert F Hall, I strive for excellence both on and off the field. In addition to my commitment to sports, I also make sure to take care of my academics.

Caledon Citizen: What are your post-secondary plans regarding prospective academic/athletic destinations?

Anthony Kotarski: I'm excited about my post-secondary plans. I intend to pursue my education at university while continuing to play the sport I love which is soccer.

Caledon Citizen: Who is your role model in terms of the person you admire the most?

Anthony Kotarski: My role model is Robert Lewandowski. He has achieved great success in both sports and life, and his dedication, work ethic, and sportsmanship have always been an inspiration to me.

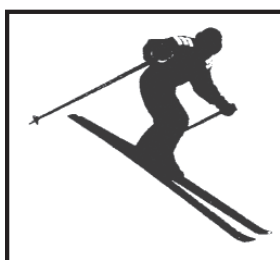


Anthony Kotarski

CONTRIBUTED PHOTO

Caledon Citizen: How do you feel about being nominated as The Caledon Citizen's Student-Athlete of the Week?

Anthony Kotarski: I'm incredibly thankful and humbled to be nominated as The Caledon Citizen's Student-Athlete of the Week. It's a great honor and a great reward for the hard work put into the season. I'm grateful for the recognition and support of my coaches, teammates, and the community.



Loretto Ski & Board Shop

Open Daily 10am-5pm
7 Days a Week



Celebrating 54 Years in Business!

Now Accepting Goods for SKI & SNOWBOARD SWAP

Clothing & equipment bags accepted; but no used helmets.

Pre-Season Tune Up Specials

BOARDS	Up to 135cm	Over 135cm
Wax & Sharpen	$30.00	$33.00
SKIS	Up to 120cm	Over 120cm
Wax & Sharpen	$23.00	$30.00
Ski Tune Up	$29.00	$37.00
Bring boots & info for Binding Adjust, Clean & Lube	Lots of Clearance Items!	

Call for more details!
705-434-2444
936577 Airport Road, Mansfield, Ontario

ODSS hosts District 4/10 cross country championship

BY BRIAN LOCKHART

Orangeville District Secondary School hosted the District 4/10 cross-country championships at Teen Ranch on Friday, October 20.

Several hundred athletes from around the region took part in the races in boys and girls novice, junior, and senior competitions.

Fourteen high schools were entered in the competition that featured four-, five-, and six-kilometre runs around the grounds at Teen Ranch.

"This is this the District 4/10 cross country championship, after this is COWSSA," explained Rob Berg, meet organizer and ODSS coach. "There were previous races called 'invitationals', we went to three invitationals before this. The race length depends on your age. If you're in Grade 9, it's 4K, Grade ten is 5k, and Grade 11 and 12 are seniors and they run 6k. We had around 300 registered for today."

Coach Berg said he had a lot of confidence in some of the runners on the ODSS team.

"Keep an eye on the senior boys," he said. "Our junior girls won today, they're good, and the novice boys were second and so were the junior boys. We have a great senior team – you're going to see eight guys in the top 15."

Coach Berg pretty much nailed it with his prediction, but it was in the top 16 that eight of the ODSS seniors finished.

Qualifiers from this race will go on to compete in CWOSSA at the Greens at Renton Golf Course in Simcoe, Ontario, on Thursday, October 26.

THE BEST VALUE FOR HONDA MAINTENANCE.

Get a Genuine Honda OW-20 full synthetic oil and filter change at Bolton Honda.

Lowest Price Guarantee* on synthetic oil changes

*See in-store for details. Additional terms and conditions may apply.

HONDA GENUINE PARTS & SERVICE



Bolton Honda | Schedule your appointment online at boltonhonda.ca or call us at 905-457-0888

NFTC

www.nftctelecom.com

Connecting Families,
Connecting Communities



The Best Pure Fibre Provider
for Internet, TV, and Home Phone



GFL GREEN FOR LIFE environmental

OPEN TO THE PUBLIC
Mon. to Sat. & Holiday Mondays
473051 County Rd. 11, Orangeville
519-943-0101
NOW ACCEPTING EWASTE AT NO CHARGE.
WE BUY SCRAP METAL.

AREA WIDE CLASSIFIEDS

WEB HOSTING PROVIDED BY sentex DATA COMMUNICATIONS
Providing Internet service and support since 1994.
Get Connected. Contact us:
www.sentex.ca 888-4-SENTEX

USED VEHICLES | USED VEHICLES | USED VEHICLES | USED VEHICLES | HELP WANTED | HELP WANTED | HELP WANTED | HELP WANTED

GMC BUSINESS ELITE



- Sales/Service/Parts Discounts
- Work-ready Loaner Vehicles
- 24 Hour Roadside Assistance
- On-Site Pickup and Delivery
- Extended Priority Hours
- Courtesy Transportation
- Dedicated Account Representative



Contact **Chad Soper**, Your Business Elite Account Representative for more details by email to chadsoper@macmastergm.com

MacMaster
GM BUICK GMC
www.macmastergm.com
519.941.1360

MIEDEMAS AUTO SALES
SERVING DUFFERIN AND SIMCOE COUNTY SINCE 1987
www.miedemasmotorsales.com

2019 VOLKSWAGEN JETTA

Brand new brakes all around. Fresh oil change! Automatic transmission. Leather heated seats, sunroof, Bluetooth and back-up camera.
Ext: Black, Int: Black. 185,600 KM
$19,995

2013 FORD F-150 FX4


Certified! Fresh oil change and cold A/C! Clean Carfax report. 4x4. Leather heated and cooled power seats and sunroof! Bluetooth and navigation.
Ext.: Grey, Int.: Black. 180,000km
$22,995

2012 VOLKSWAGEN GOLF TDI

Certified and ready to go. Leather, heated seats, glass roof and bluetooth. Diesel! Manual transmission. Automatic headlights and navigation.
Ext.: White, Int.: Black. 192,000km
$10,995

FINANCING AVAILABLE!
All fees included, only HST and licensing extra.

MIEDEMAS POWER SPORTS

BEST PRICING on Parts and Accessories for Motorcross, ATV, UTV and Dirt Bikes!

633201 Hwy 10, Orangeville
519-940-3766

2010 BUICK LUCERNE CXL


One owner vehicle with clean CarFax report. Low mileage! Leather heated seats, seating for 5 and heated steering wheel. Back-up sensors and Bluetooth.
Ext: Silver, Int: Grey. 135,000 KM
$9,995

2014 INFINITI QX60

Certified and ready to go, with new brakes all around! Clean CarFax report! 7 seater AWD with tow package. Leather heated seats, bluetooth and navigation.
Ext.: Silver Int.: Black. 212,400km
$13,995

2014 SUBARU IMPREZA AWD

Brand new brakes all around and fresh oil change. 5-speed manual transmission and AWD! Heated seats, Bluetooth and steering wheel audio controls.
Ext.: Blue, Int.: Black, 178,200 km
$11,995

JOIN OUR TEAM

- Electrical Assembler
- Propane Technician
- Highway Cargo Tanker Repair
- Decal/ Wrap Specialist
- Licensed Mechanic 310T
- Bodyman
- General labour
- Welder – Fabricator
- Hydraulic Technician
- Assistant Shop Foreman
- Shipping & Receiving
- Pluming Assembler
- Welder – Pipefitter



DEPENDABLE TRUCK & TANK LIMITED — DEPENDABLE EMERGENCY VEHICLES

www.dependable.ca
Applying method: In Person at
275 Clarence Street, Brampton L6W 3R3

FREE
NEWCOMER SKILLS FOR SUCCESS
HIGH SCHOOL CERTIFICATE PROJECT



A FREE program to help adults 18+ not currently in school to prepare for apprenticeship and employment by increasing the completion of high school credits.

SHELBURNE AND ORANGEVILLE
DAY AND EVENING CLASSES
CLB LEVELS S6, L6, R5, W5
519-836-7280 ext 624
skillsupgradingprogram@ugconed.ca

Canada | EMPLOYMENT ONTARIO | Ontario

MOUNTJOY FINANCIAL

We are a growing financial planning office looking to fill a permanent full-time Client Service Representative position.

The successful candidate will possess a professional and friendly attitude, organizational skills, proficient verbal and written communication skills, excellent public relations skills and the ability to work independently and in a team environment. Proficient computer skills including Microsoft Office Suite and the capability to perform multiple tasks are requirements for the position.

How to Apply:
Send your cover letter and resume (in pdf format) by email to financial@mountoyfinancial.com
Or Mail or drop off at our office located at 114 – 294 East Mill Street, Elora ON

We thank all applicants and only candidates selected for an interview will be contacted.

FARM MANAGER
Private 60 acre farm in King Township requires responsible individual or couple with property maintenance experience to care for land, various buildings and 3 retired horses. On site residence. References required.
Please call **905 859 6225**

ACCOUNTS RECEIVABLE ASSISTANT

WE REQUIRE AN EXPERIENCED FULL-TIME ACCOUNTS RECEIVABLE ASSISTANT FOR AN ELECTRICAL WHOLESALER IN RICHMOND HILL.

JOB ENTAILS ASSISTING WITH INVOICING WHILE CHECKING FOR ERRORS, GL ENTRIES, PAYMENT PROCESSING FROM MULTIPLE SOURCES, ACCOUNT COLLECTIONS AND INTERACTING WITH CUSTOMERS AS REQUIRED, PRICING ADJUSTMENTS USING EXCEL SPREADSHEETS.

EVENTUAL ADVANCEMENT TO CREDIT MANAGEMENT FOR RIGHT CANDIDATE.

EXCELLENT BENEFITS PACKAGE OFFERED AFTER 3 MONTHS.

REQUIREMENTS:
- 3 YEARS OR MORE BOOKKEEPING/ ACCOUNTING EXPERIENCE
- EXPERIENCED UNDERSTANDING OF GL ENTRIES
- WORK WITH SPIRE (OR Business Vision) A PLUS.
- COMPETENT WITH EXCEL, WORD AND OUTLOOK.
- HAVE GOOD ATTENTION TO DETAIL AND BE ORGANIZED.
- MUST BE ABLE TO BE COURTEOUS BUT FIRM IN A NON-CONFRONTATIONAL MANNER WITH CLIENTS.
- EXPERIENCE WITH SMALL CLAIMS COURT FORMS A BONUS.

SEND RESUME TO
DVaccher@bozelec.com

SERVICES

DLK Septic Services Inc.
Pumping Service
Inspection Installation
Emergency Service 24/7
Serving Orangeville, Caledon, New Tecumseth & Surrounding Area
905-584-2261
www.dlksepticservices.com

HELP WANTED



ATTENTION ALL CARRIERS AND DRIVERS

Are you looking for a new opportunity to grow and expand your horizons? Look no further!

Our company is currently seeking carriers and drivers in this area to join our team.

If you are a dedicated and reliable carrier or driver, we want to hear from you! We welcome you to apply and become part of our growing family.

Don't miss out on this exciting opportunity! Contact us today at

cc@cephisecumming.com

PUZZLE SOLUTION

	S	O	N	S						H	A	R	T	
O	P	E	N	E	D				C	E	L	I	A	C
M	I	D	W	E	E	K		S	A	R	C	O	M	A
S	R	I		D	E	C	E	L	E	R	A	T	E	D
K	A	P	H		T	A	R	E	S			O	S	S
	L	A	O	S		L	I	E	U		T	U	T	
		L	O	O	S		S	P	R	E	E	S		
			K	O	A	N		S	A	L	T			
		S	A	T	R	A	P		S	O	R	A		
	S	C	H		D	I	A	S		N	A	M	E	
O	C	A			I	L	I	A	C		D	E	L	E
C	O	N	T	I	N	E	N	T	A	L		R	A	W
A	U	D	I	T	E	D		E	R	E	M	I	T	E
S	T	A	K	E	S				S	A	U	C	E	S
	S	L	I	M						P	T	A	S	

FIREWOOD FOR SALE



QUALITY FIREWOOD
Seasoned Firewood
$395/Bush Cord.
Fresh cut
$325/Bush Cord.
Call 905-729-2303 or 705-440-6450
Truckloads of firewood logs now available



PLEASE RECYCLE THIS NEWSPAPER!

ARTICLES WANTED

!!! WANTED !!!
WE PAY FOR GOLF BALLS
Pay $0.15 to $0.40 per ball
Year Round! Pick-up available!
416-889-9365. Peter
NO MIN QTY OR NO MAX!!

*ADVERTISING **LOCALLY** WORKS!*

CHURCHES

REVELATION WORSHIP CENTER
SERVICE TIME:
Sundays from 11 - 1pm
FIRST SUNDAY SERVICE
April 2nd • 11am to 1pm
Inside St Paul's Anglican Church
312 Owen Sound St. Shelburne, Ontario
Pastors Gregory & Sandra Marshall
Contact us at 647-215-4471
Email address: info@rwcministry.org

CHURCHES

CALVARY BAPTIST CHURCH
Sun: 9:30, 10:30 & 1 PM • 553281 Dufferin Rd 16, Orangeville
Wed: 7:30 PM • 475461 County Rd 11, Amaranth
Pastor Daniel Elliott
Calvary Baptist Church
www.atcalvarybc.ca
519-216-6001

AUCTIONS

KIDD FAMILY AUCTIONS

HOME OF THE 5% BUYER'S PREMIUM.

NOV 3RD – ANTIQUES, COLLECTIBLES & QUALITY HOUSEHOLD ITEMS SALE

CHECK OUT THE CATALOG AND FIND OUT WHY THESE TIMELESS ANTIQUES NEVER GO OUT OF STYLE! ONLINE BIDDING BEGINS CLOSING ON NOV 3RD AT 5PM. PREVIEW & PICKUP AT OUR HOME OFFICE BASE. 438280 4TH LINE, MELANCTHON. NORTH OF SHELBURNE. PREVIEW: FRI NOV 3RD, 10 – 4PM, OR CALL FOR AN APPOINTMENT ON ANOTHER DAY. PICKUP: SAT NOV 4TH, 10 – 5PM. CALL OR TEXT IF YOU NEED MORE INFORMATION.

FEATURES: ANTIQUE WOOD FURNISHINGS; STERLING SILVER CUTLERY SET; ADVERTISEMENTS FROM COCA-COLA & INTERNATIONAL PLOWING MATCH; OILERS & AUTOMOTIVE COLLECTIBLES; ELECTRIC TRAINS & DIE CAST VEHICLES; WOOL AREA RUG; FRAMED ART; HAND CARVED STATUES; CLAWFOOT GARDEN BENCH; VINTAGE COOKING EQUIPMENT; MUSICAL INSTRUMENTS; STAINED GLASS WALL HANGING; MOORCROFT VASES; SWAROVSKI SILVER CRYSTALS; ROYAL DOULTON FIGURES; TIN COIN BANKS; VINTAGE PUBLICATIONS; EQUESTRIAN ACCESSORIES; AND SO MUCH MORE!

BID ONLINE WITH CONFIDENCE AT WWW.KIDDFAMILYAUCTIONS.COM OR CALL WITH YOUR ABSENTEE BIDS 519-288-2228.

CALL, TEXT OR EMAIL ANYTIME!! • OFFICE NUMBER: 519-288-2228
DENNIS@KIDDFAMILYAUCTIONS.COM OR LYN@KIDDFAMILYAUCTIONS.COM

OBITUARIES

AITCHISON, BURTON FREDERICK
OF ORANGEVILLE, IN HIS 80TH YEAR
JULY 4, 1944 - OCTOBER 19, 2023

On Thursday afternoon, October 19th, "Big Fred" was gathered to his ancestors and entered into the nearer presence of his Lord and Saviour Jesus Christ.

Predeceased by his parents, Donald McLean Aitchison and Dorothy Margaret Ziegler. He is survived by his wife of 55 years, Dianne (Foreman); his children: Don of Port Hope; Shawn (Lisa) of Orangeville and his children Nate and Alicia; Jono of Montreal and his children Margot, Saoirse and Phoebe; Tanis of Orangeville and her children Braydon (Julia), Barrett, Benny, Bane and Braxton; and Peter (Esther) of Kitchener. He will be missed by his twin sister Lynne (Jim) Bullock; brothers Neil (Helen) and Mark (Pattie); and sister Fran (Larry) Hale as well as Dianne's family, many nephews and nieces, other family and many friends.

A proud son of Harriston, Ontario, Fred and Dianne moved to Orangeville in 1971 and the town has never been the same. Fred continued his family's strong tradition of community service through his involvement in the Church, Singing Waters, the Masonic Lodge, Kinsmen, K-40, the Orangeville Crushers hockey team, Rotary, his Thursday morning Bible study, the Fair Board, Charlestown, coaching community sports and more. He was an alumnus of Norwell District Secondary School in Palmerston, Ontario and was especially proud of having been CO of their Cadet Corps, going on to serve as a gunner with the 100th Battery in Listowel. He had a short career in banking before finding his true calling as a salesman. After several years working in Toronto for Bell Canada, the Globe and Mail and other communications companies, he shifted into the Real Estate business in Orangeville and thrived in that for the next 35 years.

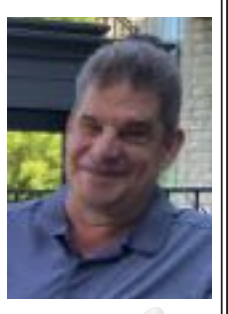
Visitation will be held at *Dods & McNair Funeral Home Chapel & Reception Centre* 21 First St. Orangeville on Sunday, October 22nd from 4:00 pm - 8:00 p.m. and Monday, October 23rd from 2:00 pm to 5:00 p.m. The funeral will be at St Mark's Anglican Church 5 First Ave, Orangeville on Tuesday, October 24th at 11:00 a.m, the Venerable Peter Scott presiding.

Visitation will be held at Harriston United Church, 57 Young St. W., Harriston, on Wednesday, October 25th from 11:30 a.m. with a Masonic service at 1:00 p.m. Interment to follow at Harriston Cemetery.

Memorial Donations In memory of Fred may be made to St. Marks Anglican Church or a charity of your choice.

Condolences may be offered to the family at www.dodsandmcnair.com

In Loving Memory of
JORGENSEN, KENNETH ERIC PETER



Eric Jorgensen, born in 1962 in Etobicoke, Ontario, passed away Oct. 3rd 2023 surrounded by the loving embrace of his family. Known to all as "Eric," he leaves behind a legacy of warmth, love, and cherished memories.
He was the beloved son of Marian Jorgensen and a devoted, loving husband to Carol Ann Jorgensen (nee Carney). Eric's pride and joy were his children, Emma (Shawn) and Peter (Leah), and he reveled in his role as an amazing grandfather to Mason and Liam. He was also a dear brother, and brother-in-law to Randy (Sue) and a beloved uncle to many. Predeceased by his father, Ken Jorgensen and brother, Philip Jorgensen.
Eric's dedication to his work was unwavering. For 32 years, he excelled in his career at Enbridge Natural Gas Distribution, retiring as a Quality Control Supervisor. His commitment to excellence was an inspiration to all who knew him.
But Eric's life was not all work; he knew how to savor the joys of life. Summers were spent in the company of friends and loved ones at his summer home as well as navigating the waters on his beloved pontoon boat. Winters were a time for warmth and relaxation on the beaches of Mexico. In between, he wore his heart on his sleeve, offering a helping hand to others and simply being excellent company to all who had the privilege of knowing him.
Eric's memory will forever live on in the hearts of his family and friends. We will carry with us the joy, laughter, and kindness that he shared with us all. A celebration of life in honor of Eric will be held on Nov. 4th 12:00 – 4:00 at the Royal Canadian Legion, 203 William St. Shelburne, where we will gather to celebrate the wonderful man he was and the love he brought into our lives.
In lieu of flowers, donations can be made to the Cystic Fibrosis of Canada Foundation, or a charity of your choice, in memory of Eric Jorgensen.

VEHICLES WANTED

WE PAY CASH for Scrap Vehicles – any size. We also buy construction and farm equipment. Open 7 days a week. Call 905-859-0817 (Peter).

GENERAL HELP WANTED

VOLUNTEER COORDINATOR, Part-time – 17 hours per week. To recruit, orient or train volunteers for programs for the Caledon Seniors Centre Satellite locations. Previous experience preferred. Excellent interpersonal skills required. One year contract. Email your resume to caledonsenior@rogerrs.com or call Beverley Nurden at 905-951-6114.

EARN MONEY COLLECTING SEED: Nurseries in your area are looking for seed collectors to fulfill requests for the following species: Acer saccharum / Sugar Maple, Quercus rubra / Red Oak, and many more! Head to www.squiirrel.com to download the app, fulfill these (and other) requests, and contact the requester to discuss pricing and delivery.

ABATE RABBIT PACKERS Meat Processing Facility from Arthur immediately requires 16 Wholesale and Retail Butchers with a minimum of 2 to 3 years of direct hands on experience in meat cutting and processing. Duties include cutting and sectioning of meat, skinning and removing blemishes, deboning rabbits and chickens, cutting meat into specialized cuts and preparing for wholesale and retail sales. HS diploma or equivalent required. Positions offered are permanent full time and salary is $17.00/hr for 42.5 hrs/week. OT after 44 hrs/week. Please apply in person at 7597 Jones Baseline in Arthur, via email at joea@abatepackers.com, via fax at 1-519-848-2793 or via phone at 1-519-848-2107.

ARTICLES FOR SALE

MEL'S PRO SHOP – Mouth Guards, neck guards, skate guards, assorted tape, laces - 63", 72", 84" 96", 108", 120", roller blades, hockey sticks, butt end, NHL toques, water bottles, male jocks, stick wax, referee whistles, Tiger blankets and sandals, Flyer blankets and sandals, assorted runners and holders. Phone Mell at 519-941-8015 for appointment to view.

REPAIRS, RESTORES, Jacks up, dis2mantles farm buildings, homes, cottages, roofing, siding, doors, windows, beams posts, piers, foundations, concrete work, eavestroughing, deck, docks, sheds, fencing installed, replaced or fixed. Call Brian McCurdy 519-986-1781.

RESIDENTIAL SERVICES & REPAIRS

ROM Masonry based in Nobleton. We do big or small jobs. Chimneys, window sills, walls etc. All work guaranteed. Free estimates, seniors discount. Call Spencer at 647-542-0559.

FIREWOOD

PURE CLEAN HARDWOOD SLABS – 15" long, 4 bush cord. $600 + delivery. Call 519-369-6123.

ADVERTISING LOCALLY WORKS!

FIREWOOD

DRY HARDWOOD – 2 Years SEASONED. $450/bush cord. FREE delivery and volume discount. Complete Woodlot Management. 519-986-2474.

COMING EVENTS

LEARN TO DANCE with Orangeville Peel Morris - Thursday evenings in October. There is no cost. Musicians also welcome. Contact opsquire@gmail.com.

IN MEMORIAM

LEHMAN, Ron J.

December 10, 1931 – October 29, 2021

We miss you

We love you

We remember you every day.

Love

Joan & Drew

SERVICES

MEN'S OUTREACH ORANGEVILLE – A support group and safe space for men to share their feelings and support one another. For more information contact mensoutreachorangeville@gmail.com. Starting Wednesday, Nov 1st, 7 pm to 8:30 pm and occurring weekly on Wednesdays at St. Marks Anglican Church, 5 First Ave, Orangeville, ON L9W 2Z5. m9

The Lord Dufferin Chapter IODE holds their meetings at the Lord Dufferin Centre on the 4th Tuesday of every month. We are looking for women who would like to help in the Community. Call 519-941-1865.

IF YOU WANT to keep drinking, that's your business. **IF YOU WANT** to stop drinking, that's our business. Call Alcoholics Anonymous Hot Line, 1-866-715-0005. www.aanorthhaltonerin.org.

DRUG PROBLEM? We've been there, we can help! Please refer to georgianheartlandna.org for a complete list of Narcotics Anonymous meetings. Call anytime 519-215-0761.

ARE YOU A WOMAN living with abuse? For safety, emergency shelter, and counselling call Family Transition Place, (519)941-HELP or 1-800-265-9178.

FOR INFORMATION regarding **HEART and STROKE**, call Dori Ebel (519)941-1865 or 1-800-360-1557.

IF YOU or a **FAMILY MEMBER** are struggling with gambling, Gamblers Anonymous is there to HELP. Call: 1(855) 222-5542 or visit www.gatoronto.ca.

ALZHEIMER SUPPORT GROUPS meet monthly for spousal & family support. Call (519) 941-1221.

LA LECHE LEAGUE Orangeville offers breastfeeding support. For more info call Erin at 519-943-0703.

ORANGEVILLE OVER 65 – Single Social Club. A place to meet and make new friends. We meet every Thursday at 5:30pm. Many activities .For information call Ken 519-278-6341 / Betty 519-942-3090.

PLEASE RECYCLE THIS NEWSPAPER!

BOOK YOUR SPRING SALE

Kevin Scott

McArthur - Bessey Auctions

Farm, Livestock, Estate, Home & Business

Auctions with experience & consideration

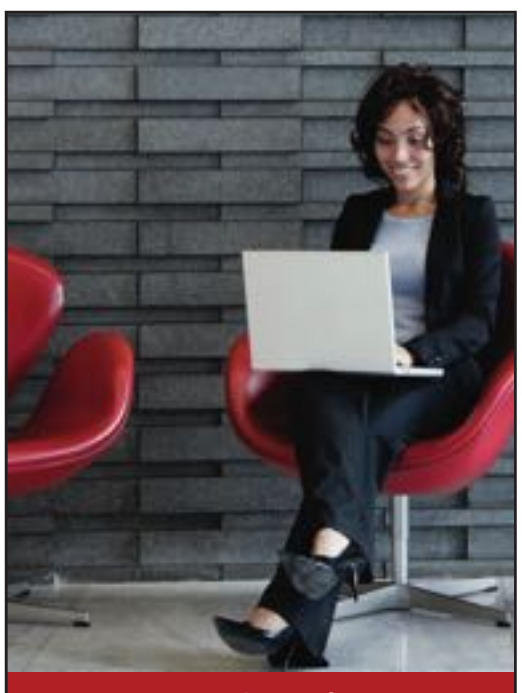
Please contact us at

Kevin 519-942-0264 - Scott 519-843-5083

mcarthurbessey@gmail.com

www.theauctionadvertiser.com/KMcArthur

PLEASE RECYCLE THIS NEWSPAPER!



ADVERTISING LOCALLY works!

CALL ERIN OR VICKI FOR MORE DETAILS.

CaledonCitizen 905.857.6626

Orangeville Citizen 519.941.2230

(Verna) Bernice 'Bern' Hood (nee Rodgers)
JULY 16TH, 1927 TO OCTOBER 16TH, 2023



It is with heavy hearts we share that our beloved (Verna) Bernice 'Bern' Hood (nee Rodgers), (originally from Proton Station) passed away at a Strathcona LTC on Monday, October 16, 2023 peacefully in her her 97th year. Predeceased by and beloved wife of the late Robert 'Bob' Hood (1998). Loving mother of Debby Hood and Bobbi Worrall and mother in law of Steve Worrall. Cherished grandmother to Kimberly and April (John), great grandmother to Amanda (David), Derrick (Marina), Chantal and Cole (Ashley), AND great-great grandmother to Carter, Lukas and soon to be here, baby Alexander. She will be missed by many family members and friends, as she collected so many throughout the years. A private celebration of life will be had at a later date. Forever in our hearts.

IN MEMORIAM

In Memoriam
Jones
William Jones 2003
Margaret Jones 2014

Gone are the days we all used to share
But in our hearts you are always there
Life goes on and years go by
But our love and treasured memories never die
Today, tomorrow, our whole life through
We will always love and remember you
So missed by your family

IN MEMORIAM

SPEERS
Wendell Clarence

In loving memory of a Dear Son, Brother, Husband, Father & Poppa who passed away October 28, 2005

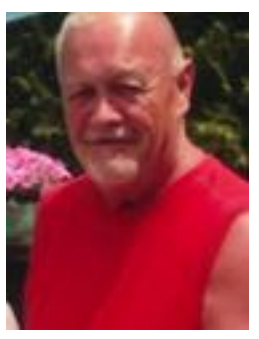
God has you in his keeping,
We have you in our hearts.

Always,
Your Loving Family

PLEASE RECYCLE THIS NEWSPAPER!

IN MEMORIAM

Kent Beckett



1949- 2023

I wasn't ready to say goodbye
As long as I am living, I'll carry
you with me safely tucked
inside my heart.
Love, Rhonda



Call Caledon at **905-857-6626**
or Orangeville at **519-941-2230** to advertise.

When you buy from a small business you're not helping a C.E.O buy a 3rd holiday home, you are helping a little girl get dance lessons, a little boy get his team jersey, a mom or dad put food on the table, a family pay a mortgage or a student pay for college.

Thanks for shopping local!





Shop Local

BOOKKEEPING

Headwaters Bookkeeping Services

Janet Nieuwenhuis

519-940-2488

janetsbookkeeping@bell.net



• Accounting • Bookkeeping • Income Taxes

Headwaters Bookkeeping Services

Bert Nieuwenhuis

519-940-2488

bert.hbs@bell.net

Certified Personal Tax Practitioner

Mullin Bookkeeping
BALANCING BOOKS WISELY

Don't like doing your books?

Serving clients in Feversham and surrounding areas

We offer comprehensive bookkeeping services, so you can concentrate on what you do best!

Tel: 705-444-4674 Email: susan@mullinbookkeeping.ca or info@mullinbookkeeping.ca

CLEANING SERVICES

What we offer:
- Free in home consultation & quote
- Base cleans
- Deep cleans
- Move out cleans

Contact us
By phone - (647) 236-4608
By email - rkibzey@rogers.com

P & K'S CLEANING CO.

TOPMAX Cleaning Services
RELIABLE PROVIDERS

FREE
1 Free deep cleaning and a Free estimate
Call us today 647-333-3760

Call for a FREE ESTIMATE

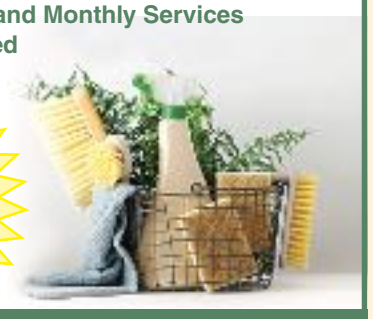
Our Services: OFFICE • MEDICAL • DAYCARE
COMMERCIAL • JANITORIAL

647 333 3760

topmaxcleaning.com

CLEANING SERVICES AVAILABLE

- 30+ Years Experience
- Commercial & Residential Cleaning Services
- Weekly, Bi-weekly and Monthly Services
- Bonded and Insured



PROUDLY OWNED & OPERATED IN CALEDON & AREA.

PURE PRODUCTIONS CLEANING CO.

Quality Cleaning Services For Your Home and Office

www.pureclean.ca • 416-340-7400

When you buy from a small business you're not helping a C.E.O buy a 3rd holiday home, you are helping a little girl get dance lessons, a little boy get his team jersey, a mom or dad put food on the table, a family pay a mortgage or a student pay for college.

Thanks for shopping local!



CONTRACTING

TCI
Teggart Contracting Inc. & Tree Services

Excavating, land clearing demolition & project management contractor serving the GTA

info@tcincorporated.com 647-274-8174
www.tcincorporated.com

CRISTIANO CONTRACTING

- Pool Construction
- Landscape Design
- Decks, Cabanas, Fencing
- Concrete Patios
- Interlocking Patios

647-618-6435
cristianocontracting@gmail.com



POHL'S CONTRACTING INC.
Quality Workmanship • Fully Insured

Frank Pohl
519-942-1041
pohlscontracting20@gmail.com

Basement, Kitchen & Bathroom Renovations
No Job Too Small

ELECTRICAL

ECR/ESA License Number 7001232

DELMAR ELECTRIC

INDUSTRIAL | COMMERCIAL | RESIDENTIAL
HOME AUTOMATION | GENERAC GENERATORS

1.800.231.9228 | 519.925.4037
www.delmarelectric.ca

FINANCIAL SERVICES

F W JOHNSON
Chartered Professional Accountant

245 BROADWAY, ORANGEVILLE, ONTARIO L9W 1K6
TELEPHONE: (519) 941-3921 FAX: 941-7050
Email: fjohnson@fwjohnson.com

STARVIEW FINANCIAL ADVISORS
starviewfinancial.com

Providing comprehensive financial planning and independent investment and insurance advice to families and businesses.

Terry Sullivan, BSc (Agr), CFP
Trevor Pugh, BSc (Eng), CFP
Jennifer Roblin, CPA, CGA
519-941-4813
888-820-9426 • info@starviewfinancial.com
starviewfinancial.com
@starviewfinancial @starviewfa

Keybase Financial Group
keybase.com

Keybase Financial Group is a mutual fund dealer regulated by the MFDA

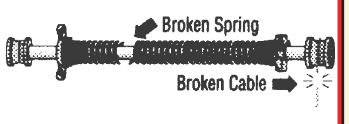
GARAGE DOORS

GARAGE DOORS

ALL-MONT LTD.

GARAGE DOOR EXPERTS

GARAGA Garage Doors
Every detail guaranteed.



Visit our showroom at
48 Centennial Road, Unit #20, Orangeville

519-942-1956 • 1-800-957-5865
www.allmontdoors.com

PLEASE RECYCLE THIS NEWSPAPER!

GRAPHICS

WATTS GRAPHICS
Innovation to Creation

Graphic Design / Logos
Marketing Materials
Promotional Products
Competitive Pricing
Contact for Quote

Design → Print → Deliver

wattsgraphics@bell.net
519.217.4900 Shelburne

HANDYMAN SERVICES

MJ

SERVICES
- HOUSE PAINTING SERVICES
- FLOORING INSTALLATION
- BASE BOARD/ TRIM INSTALLATION
- REPLACE TOILETS
- TV MOUNTING
- FENCE REPAIR
- SHED BUILDING

MJ PAINTING

MWILAJERRY@GMAIL.COM • 647.985.8071

HANDYMAN AVAILABLE

25+ years experience.
NO JOB TOO SMALL.
- Roof / Eavestrough Repairs
- Home Maintenance
- Fencing and more!
- Licensed Electrician
- Electric Vehicle EV Charger

Licensed Master Electrician
ECRA 7005257



Keeping Seniors in their Homes

reliantpropertyinc@gmail.com

Reliant Property Services Inc.
Mark • 416-738-6270 • relianthandyman.ca

HOME BUILDING

Ferguson FINE HOMES.com



OUR SERVICES
• Custom Home Builds • Renovations & Additions
• Custom Cabinetry Shop • Showroom & Retail

519-938-0464 • info@fergusonfinehomes.ca
fergusonfinehomes.ca

HVAC

ARSENEAU HOME COMFORT
Your Local Heat Pump Experts!

Heat Pump Rebates up to $7100
35+ Years Experience

HEAT PUMPS • FURNACES
AIR CONDITIONERS

www.arseneauhomecomfort.com
519-927-5151

ADVERTISING LOCALLY WORKS!

MOBILE WASH

FINE SHINE MOBILE WASH

POWER WASHING & BULK WATER DELIVERY

House, Commercial & Building Washing
Street Flushing - Dust Control - Grass Watering
Swimming Pools - Hot Tubs - Wells - Holding Tanks - etc.

(416) 871-0394
info.fineshinewash@gmail.com

MORTGAGE AGENT

DOMINION LENDING CENTRES

VALKO FINANCIAL LTD. *Lic : 13047* 211 Main St. E, Shelburne, ON • L9V 3K4
Independently Owned & Operated

Carol Freeman
Mortgage Broker
519-925-6700
CELL: 519-938-6518
thefreemanmortgagegroup@gmail.com

www.carolfreeman.ca

ORGANIZING

Organized by Lexie



Need help organizing your space?
Need help packing or unpacking?

Closets ✔ Offices ✔ Bedrooms ✔ Basements
Garages ✔ Kitchens ✔ and More!

416-902-3041 • lexie_0798@hotmail.com • organizedbylexie

PAINTERS

JOHN MALL PAINTING
25% OFF FALL SPECIALS!

Staining • Carpentry Repair • Wallpaper • Drywall Plaster
Popcorn Ceiling Removal • Cabinet Painting • Basement
Waterproofing • Decorating! ***Free Estimates!***

Call John 647-772-6026

PAVING SERVICES

COPPERTONE Paving LTD
ORANGEVILLE
BBB

Complete Paving Service
Asphalt Sealing
Asphalt Paving
Free Estimates
Grading & Excavating
Interlock
Snow Removal
Specialists in driveway & parking lot paving



Locally Owned & Operated

Duane Breese
Fax (519) 943-1025
519-941-4246

COMMERCIAL • INDUSTRIAL • RESIDENTIAL
905-303-5503 1-877-303-5503



SPANO PAVING & CONTRACTING LTD.
BBB
CHARLIE SPANO
14-3650 LANGSTAFF RD., SUITE 344, WOODBRIDGE
CHARLIE.SPANO@YAHOO.CA WWW.SPANOPAVINGLTD.COM

PLUMBING

For Honest and Dependable Plumbing Service and Installation
Call
Glen The Plumber
"Your Peace of Mind is our top Priority"
416-565-0201
"Better Trained, Better Qualified, Better Job"

The Plumbing Guy.ca
24hr EMERGENCY RESPONSE

Residential & Commercial
Locally Owned & Operated.
Licensed, Insured & Bonded

- Complete Bathroom Renovations
- Plumbing Rough-Ins • Pumps
- Flooring • Toilets & Faucets
- Service & Repairs
- UV Lights & Filters
- Sewer Cameras & Drain Cleaning
- Hot Water Tanks, Pressure Tanks, Water Softeners

647-228-1999

www.theplumbingguy.ca
NO JOB TOO BIG OR SMALL
GUARANTEED BEST PRICE!



ADVERTISING LOCALLY WORKS!

ROOFING



SECURITY



SENIOR SERVICES

Are You Caring for An Older Loved One?

so much worry... so much time... so much to do!

We can help you at an affordable cost!

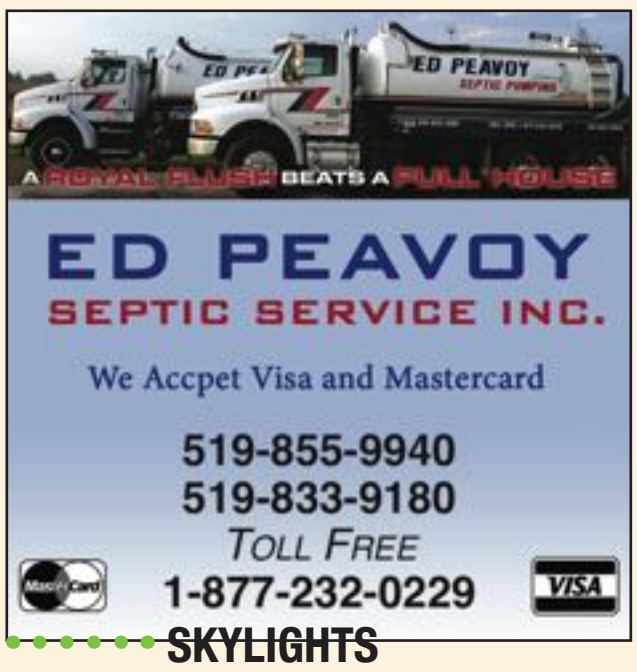
LIVING ASSISTANCE services
HOME CARE FOR SENIORS
20 years of the best care for seniors

www.laservices.ca
Please contact Brian Porter, Director, Living Assistance Services (LAS), for advice and care at home at: office 416.483.0070 cell 905.758.2486 or b.porter@laservices.ca

華語服務客戶經理 : Helen Huang
華語 : 416.880.6889 h.huang@laservices.ca



SEPTIC

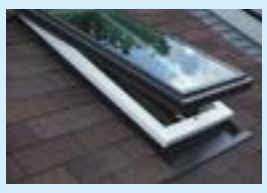


SKYLIGHTS

WE FIX SKYLIGHTS

BRIGHT SKYLIGHTS PLUS

- Skylights replaced?
- No mess in your home
- Leak-proof-Guaranteed!
- Licensed & Insured
- 10 year Guarantee



Call Joe to check your skylights!
416.705.8635

brightskylights@gmail.com

www.brightskylights.ca

When you buy from a small business you're not helping a C.E.O buy a 3rd holiday home, you are helping a little girl get dance lessons, a little boy get his team jersey, a mom or dad put food on the table, a family pay a mortgage or a student pay for college.

Thanks for shopping local! ♥



TRANSPORTATION

S&S TRANSPORT INTERNATIONAL



Specialized Transportation Professionals

Flatbeds Drop Decks Roll Tight Trailers Float Service
Reefer Service Oversize Load Service

For Your Transportation Needs
Email: chris@sstransport.ca

TREE SERVICES

BRANCH MANAGER TREE CARE

Tree Removal • Trimming • Stump Grinding
Land Clearing • Storm Damage • 24 hr Emergency Services

519-938-6996 *branchmanagertreecare@gmail.com*

GODON TREE CARE SERVICES
FAMILY OWNED BUSINESS

519-878-4761
godontreecare@gmail.com
www.godontreecare.com

FREE QUOTE
Tree Removal
Stump Grinding
Tree, shrub, and hedge pruning
Full clean up and disposal
Fully Insured
Free Wood and Free Wood chips

Charles Emerson Tree Service
ISA Certified Arborist



Free Consultation
Tree Removal & Pruning
Bucket Truck Service
Cabling & Bracing
Stump Removal
Emergency Work
Property Management
Arborist Reports
Year Round Service
Fully Insured

905-801-5891



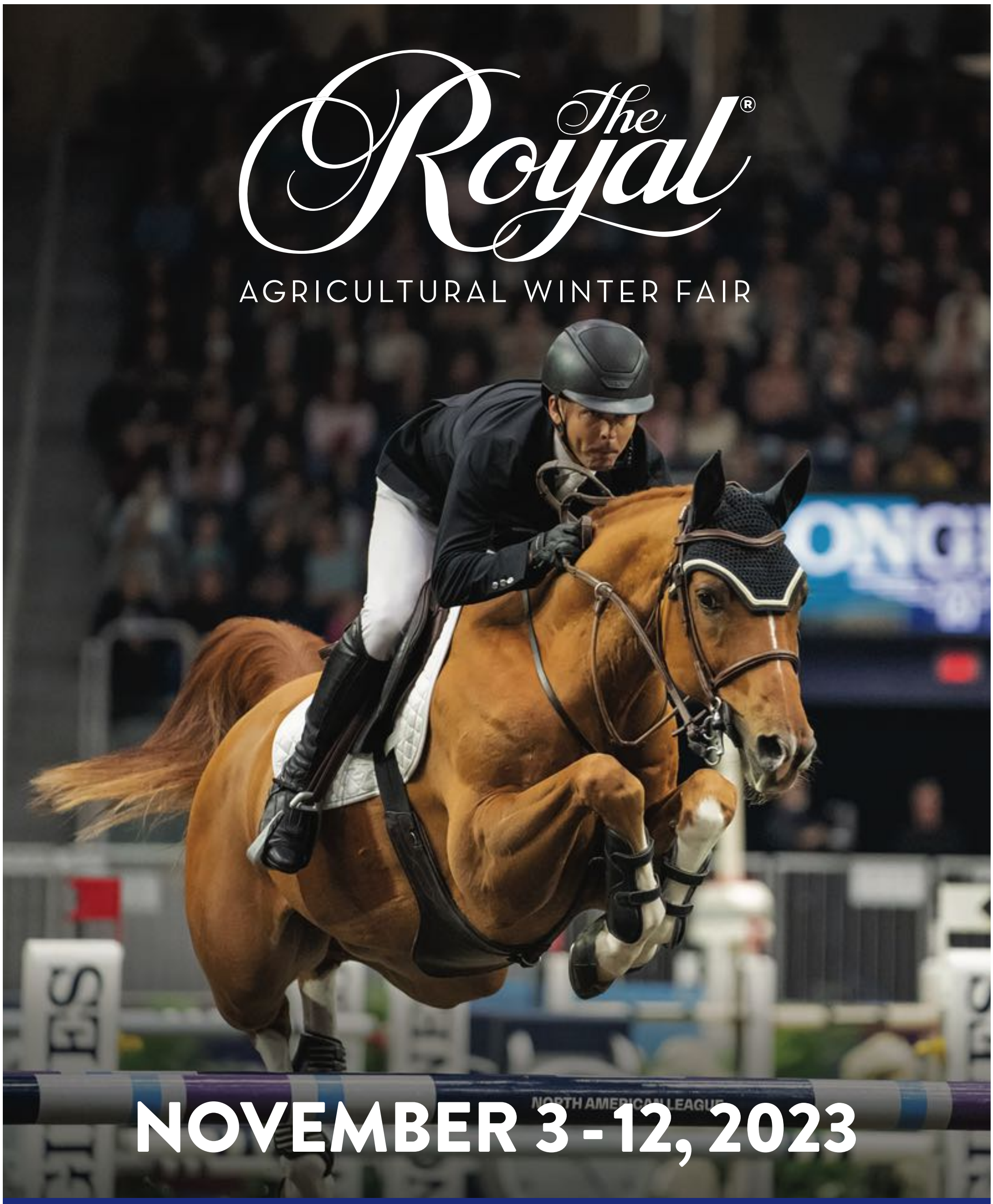
WATER WELLS

www.wellpump.ca

flow WATER SOLUTIONS
519-941-8092
905-838-0408
1.888.927.FLOW (3569)
Lic by M.O.E. Ontario

well pumps • pressure systems • water treatment systems





WATCH OVER 1,000 COMPETITORS

VIE FOR THE TITLE OF ROYAL CHAMPION!

BUY YOUR TICKETS NOW

royalfair.org

EXHIBITION PLACE, TORONTO

DAIRY FARMERS of ONTARIO Milk EST. 1965 · SEMEX · LONGINES · metro · UNIVERSITY of GUELPH