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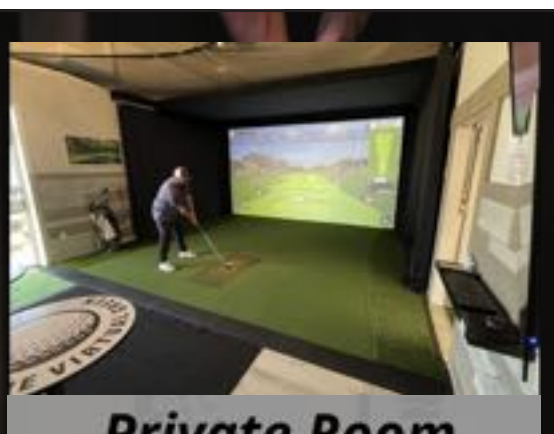
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Mayor Annette Groves hosted her first annual Spring Business Lunch on May 10, and gave a speech to the sold-out crowd.

PHOTO BY ZACHARY ROMAN

Sold-out crowd attends Mayor Annette Groves' first annual Spring Business Lunch

Mayor committed to strengthening local economy

BY ZACHARY ROMAN

May 10 was a great day for Caledon's business community to get together.

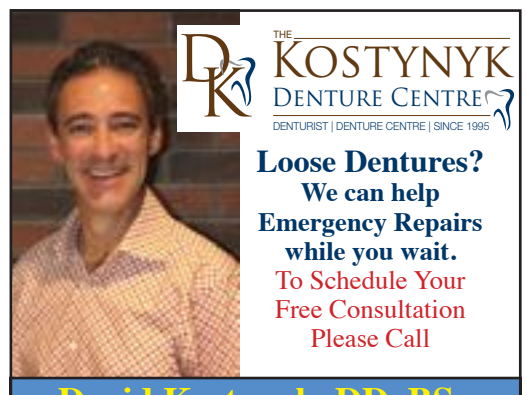
At 11:30 a.m. that day, people began to gather at Caesar's Centre in Bolton for Caledon Mayor Annette Groves' first annual Spring Business Lunch.

In attendance were Caledon Council members, Town of Caledon staff, Region of Peel Councillors and staff, local non-profits like Caledon Community Services and Cassie's Place, and of course, a wide variety of Caledon business owners and businesspeople.

Before the event started, the Citizen spoke with Groves and she said she was extremely happy with the turnout. She said next year the business lunch might expand, and she's considering hosting a business lunch in the Fall as well.

Attendees mingled and enjoyed coffee and appetizers before sitting down for a meal and listening to speakers, including Groves herself. Caledon's Chief Administrative Officer Carey Herd introduced Groves, noting she was the first female of colour to ever be elected Mayor of Caledon.

Continued on Page 6


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Over 400 people came out to hike in support of Bethell Hospice

BY ZACHARY ROMAN

Weather was great and spirits were high at the Hike for Bethell Hospice last Sunday.

On May 7, over 400 people gathered at the Lloyd Wilson Centennial Arena for the 2023 Hike for Bethell Hospice.

The sun was shining as participants arrived, many bringing along their dogs, to get ready for the hike and get their hike t-shirts. Coffee, fruit and other breakfast items were served as music played. Soon, hikers were called together to hear some opening remarks.

John Sanderson, Chair of the Bethell Hospice Foundation (BHF) board, thanked all of the sponsors of the event. Anita Schenk, team captain of the Parade of Perseverance hike team, read a poem written for the hike by a past volunteer.

Continued on Page 10

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Residents learn how to help the environment with food choices at ecoCaledon event

BY ZACHARY ROMAN

Food plays a big part in the fight against climate change.

On May 6, ecoCaledon launched its Caledon Cares Enviro Challenge with an event all about food waste and plant-based eating.

Held at the Caledon Seniors Centre in the Bob Smith Room, the two-hour event showed residents how to reduce food waste, how to implement more plant-based food in their diet, and educated residents on just how important their food choices are in the fight against climate change.

The Enviro Challenge is a year-long challenge that encourages Caledon residents to take action to reduce their impact on the environment. Participants in the challenge will have a chance to earn prizes and recognition.

Vegan triathlete Jason Fonger was the guest speaker at the May 6 event. It was the second time he has collaborated with ecoCaledon.

Fonger switched to plant-based eating 13 years ago and said it's become much easier to find plant-based options over the years.

"Because I have experience as an athlete, I try to share the fact that I've actually improved (from) plant-based eating — which is the opposite of what people think," said Folger. "People think that meat and animal protein is so important for athletes and building muscle, when in fact, it's not the case. We can get all of what we need from plants."

Fonger said he's been able to win triathlon races on his plant-based diet and that even at the top level of competition in the whole world, there are athletes who are on a 100 per cent plant-based diet.

Changing the thinking around meat being a necessity can help open people's minds to including more plant-based food in their diet. He said in order to address the climate emergency, the world's meat consumption cannot keep going up indefinitely. For example, according to a handout prepared by ecoCaledon, producing one beef burger takes 2,500 litres of water and creates 20 per cent more greenhouse gas than a plant-based burger.



Jason Fonger, a local triathlete and plant-based eating advocate, is flanked by Lucrezia Chiappetta and John MacRae after the ecoCaledon event on May 6 in Bolton. **PHOTO BY ZACHARY ROMAN**

Eating more plant-based food is not about "defeating" animal-based food industries like the beef or dairy industry, said Fonger. He said decades ago research showed that we needed animal protein, but as our understanding of nutrition evolves, that's no longer the case.

Plant-based eating might be seen as a threat to the status quo, said Fonger, but he added there's no reason companies can't diversify to produce more plant-based options.

According to ecoCaledon, even participating in "meatless Mondays" or becoming a weekend vegetarian can have a huge impact on someone's carbon footprint. At their event, ecoCaledon also promoted ideas like meal planning, dedicating a night for leftovers, and trying a plant-based version of a favourite meat recipe.

"It's often painted like it's vegans versus farmers, and I really try to avoid that narrative," said Fonger. "It's more about how do we move forward in a way that makes sense?"

Fonger said while it's easy to feel pessimistic about the state of the world, it's encouraging to speak at events like the one ecoCaledon held, and see people showing up to learn about how they can make a positive change.

"Food is a secret weapon that we have for the climate crisis," said Fonger. "It's very possible to save money while eating a diet that's healthier for the planet."

For more information on plant-based eating or to sign up for the Caledon Cares Enviro Challenge, those interested can visit ecocaledon.org.

Minimum wage increasing to $16.55 in Ontario this fall

BY BRIAN LOCKHART

The minimum wage in Ontario will increase to $16.55 per hour in Ontario effective October 1.

This marks a 6.8 per cent increase from the current rate of $15.50 per hour – an increase tied to inflation.

The increase would see someone making minimum wage and working a 40-hour week earn nearly $2,200 more per year.

Some labour advocates and opposition critics have said the minimum wage should increase to $20 per hour.

"I'm proud of my record around minimum wage, to increase it to $16.55 an hour, the highest of any province in the country," said Ontario Labour Minister, Monte McNaughton. "But I also want to be clear that minimum wage jobs should be a starting point and not an end point. That's why we're investing hundreds of millions of dollars to retain and upskill workers for bigger paycheques. This latest increase is a fair and balanced approach that means more money in their pockets so they can support their families and continuing building a stronger Ontario for all of us."

McNaughton added that the province is also working on its portable benefits plan that would provide health and dental benefits attached to a worker, not a workplace.

Across the province, just over 40 per cent of workers at or below the current general minimum wage of $15.50 per hour are in retail trade, and almost 25 per cent are in accommodation and food services.

Ontario's new minimum wage is the highest of any province in the country. Quebec has a minimum wage of $14.25 per hour. British Columbia has a minimum wage of $15.65, while Alberta has a minimum wage of $15.00 per hour.

The wage rates will also increase for students under 18, who work 28 hours per week or less when school is in session, from $14.60 to $15.60.

For homeworkers, who do paid work out of their own homes for employers, they will see an increase from $14.60 to $15.60 per hour.

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These community safety zones will be implemented in Terra Cotta.

REGION OF PEEL IMAGE

Traffic safety measures coming to Terra Cotta

Region implementing speed limit reductions, parking prohibitions, and community safety zones

BY ZACHARY ROMAN

Steps are being taken to address traffic issues in Terra Cotta.

At Region of Peel Council's April 27 meeting, amendments to the Region's traffic bylaw were enacted to implement speed limit reductions, parking prohibitions, and community safety zones on regional roads in the Hamlet of Terra Cotta.

A report was submitted by Kealy Dedman, Peel's Commissioner of Public Works, to Regional Council presenting information about the situation in Terra Cotta. Council passed the recommendations in the report unanimously on consent.

Dedman wrote that in recent years, residents of Terra Cotta have noted a significant increase in visitors to the area, thus increasing traffic volumes, speeds, pedestrian activity and demand for parking.

Residents asked the Region to address their concerns about these issues, and the Region completed a traffic review of regional roads within Terra Cotta: King Street and Winston Churchill Boulevard.

As a result of the review, regional staff recommended reducing posted speed limits, establishing new community safety zones, and extending an existing parking prohibition.

The Region of Peel began working on the review of traffic issues in Terra Cotta in August 2020.

The following speed limit reductions will be implemented in Terra Cotta: King Street from Heritage Road to Winston Churchill Boulevard/Side Road 27, reduced to 40 km/h; Winston Churchill Boulevard from King Street to Isabella Street, reduced to 40 km/h; Winston Churchill Boulevard from Side Road 27 to 480 metres south of King Street, reduced to 40 km/h; and Winston Churchill Boulevard from 480 metres south of King Street to 1,100 meters south of King Street, reduced to 50 km/h.

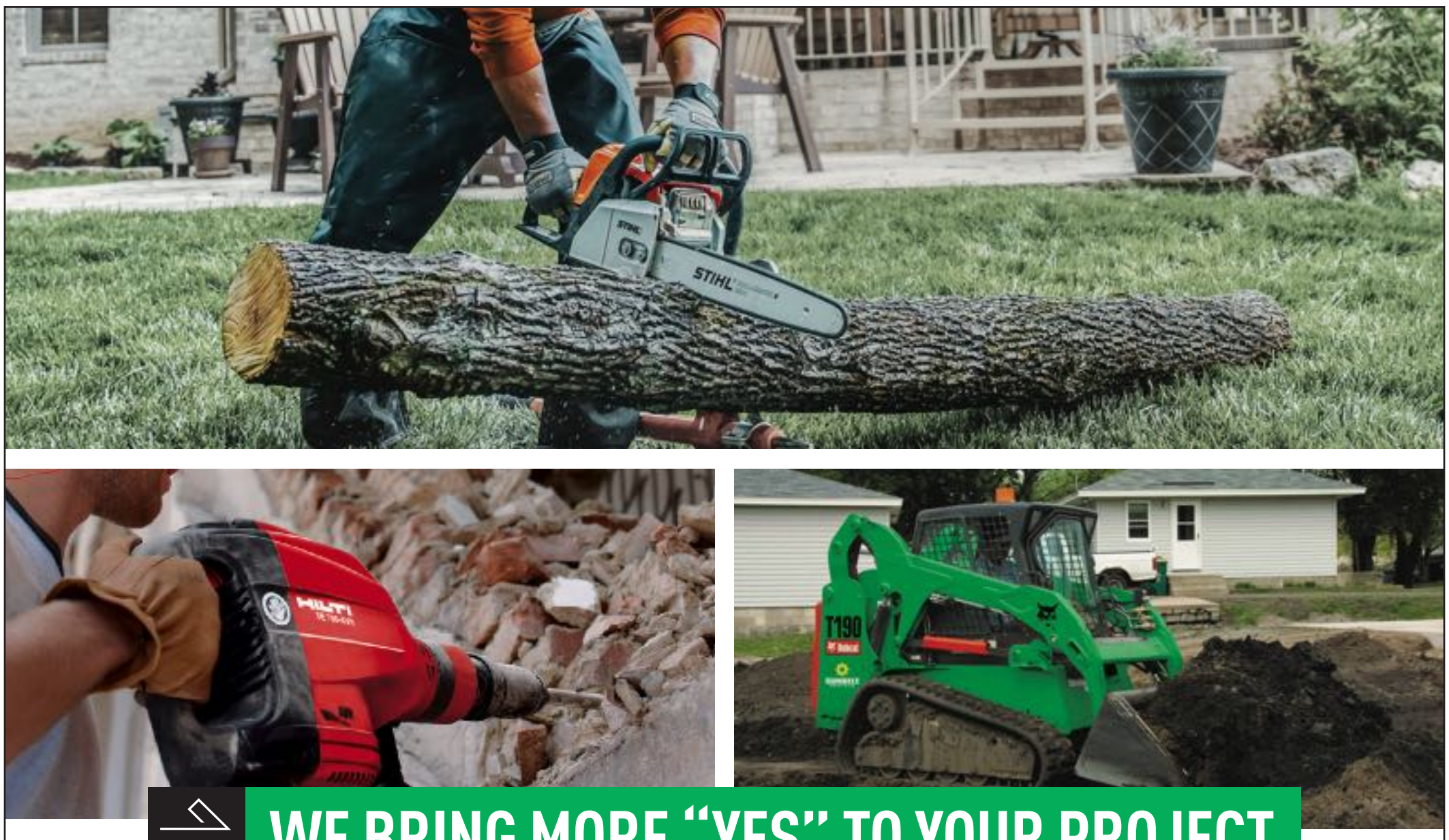
New community safety zones will be implemented in Terra Cotta, and in community safety zones, all traffic offences are met with an increased fine. The following two community safety zones will be in effect: King Street between 215 metres east of High Street and Winston Churchill Boulevard/Side Road 27; and Winston Churchill Boulevard between 480 metres south of King Street and 2,390 metres north of King Street.

Dedman's report notes the Ontario Provincial Police support the implementation of the new community safety zones.

A parking prohibition that exists on both sides of King Street, east and west of Isabella Street, is going to remain in effect and will be extended.

"The recommendations of this report will improve safety in the Hamlet and for pedestrians and other road users, reducing the risk of future collisions," wrote Dedman, who noted signage for the changes can be accommodated within the Region's existing operating budget.





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SUDDEN DEATH INVESTIGATED

The Caledon Detachment of the Ontario Provincial Police (OPP) is investigating a sudden death in Bolton.

"Officers were called to a residence on True Blue Crescent shortly after 6:00 p.m. on May 9, 2023, for a report of a sudden death," said Police in a May 10 statement. "While the cause of death cannot yet be confirmed, investigators believe there is no imminent threat to public safety, although the OPP reminds all members of the public to be aware of their personal safety at all times.

"The Caledon Major Crime Unit is investigating. The investigation is in its early stages and no further details can be released at this time."

If anyone has any information that may assist the investigation, they should contact the Caledon OPP at 1-888-310-1122 or Crime Stoppers at 1-800-222-8477.

FATAL COLLISION

Officers from the Caledon Detachment of the Ontario Provincial Police (OPP) are currently investigating a fatal collision in Bolton.

"On May 6, 2023, shortly after 2:00 a.m., Caledon OPP and emergency crews responded to a two-vehicle head-on collision at the intersection of Queen Street and King Street," say Police. "Both drivers were transported to hospital. Sadly, a 21-year-old female from Bolton has since succumbed to her injuries.

"Queen Street between Willow Street and Sterne Street was closed for several hours while the OPP Technical Collision Investigators and Reconstructionists assisted with the investigation."

The investigation is ongoing. Anyone who may have witnessed the collision or has dashcam footage is asked to contact Caledon OPP at 905-584-2241 or 1-888-310-1122.

If you are affected by this incident or witnessed the collision and wish to speak to victim services, Caledon/Dufferin Victim Services can be reached at 905-951-3838.

PHARMACY ROBBERY

Officers from the Caledon Detachment of the Ontario Provincial Police (OPP) have responded to an armed robbery in the community of Southfields Village and are now requesting the public's assistance to identify two suspects.

"On May 2, 2023, shortly after 1:00 p.m., Caledon OPP responded to a report of a robbery at a pharmacy on Kennedy Road in the Town of Caledon," say Police. "The investigation revealed that two males entered the establishment and demanded access to the safe. It was reported that both suspects had handguns. They were unsuccessful in gaining access to the safe and left with a quantity of medication from the counter.

"They were last seen entering a stolen 2012 black Toyota Venza with Ontario marker 906PSW. The vehicle was last seen driving southbound towards Mayfield Road. No injuries were sustained as a result of this incident.

Suspect descriptions:

- Suspect 1: Young thin black male, 5'8"-5'10", possibly black Jordans with bright green soul as footwear, black adidas jogging pants with dark grey logo and stripes up the side, Navy blue sweater with white globe and red writing on left upper chest area, hood up with black mask and blue medical gloves.
- Suspect 2: Young thin white male, 5'8"-5'10", black/white Nike high top shoes, black jogging pants with solid white line up the side, black sweater with hood up, black mask, white gloves and carrying an umbrella used to prevent door from closing.

The investigation is ongoing with the assistance from the OPP Forensic Identification Unit (FIS). If you have any information in relation to this incident, please contact the Caledon Major Crime Unit at 1-888-310-1122. You can also provide information anonymously by contacting Peel Crime Stoppers at 1-800-222-TIPS (8477) or online at www.peelcrimestoppers.ca. When you contact Crime Stoppers you stay anonymous, you never have to testify.

IMPAIRED CHARGES

Officers from the Caledon Detachment of the Ontario Provincial Police (OPP) have recently charged a total of six drivers with impaired operation.

"Between May 3, 2023, and May 8, 2023, a total of six drivers have been charged with impaired operation in the Town of Caledon," say Police. "All incidents involved a motor vehicle collision where a driver was arrested since officers had formed grounds that their ability to operate a motor vehicle was impaired by alcohol. All investigations led to criminal charges and included a 14-day vehicle impoundment and a 90-day licence suspension."

On March 3, 2023, shortly after 6:30 p.m., Caledon OPP was dispatched to a vehicle into the ditch on Centreville Creek Road, near King Street. The vehicle was found on its roof. No injuries were reported.

Joshua Taylor, 24, of Brampton, was changed with:

- Operation while impaired - blood alcohol concentration (80 plus)

The accused is scheduled to appear at the Ontario Court of Justice in Orangeville on May 18, 2023, to answer to the charge. The charge has not been proven.

On May 6, 2023, shortly after 1:00 a.m., Caledon OPP responded to a single motor vehicle collision on Old School Road, near Kennedy Road. Officers located a vehicle that had hit a hydro pole. No injuries were reported.

Ajmer Singh, 31, of Caledon, was charged with:

- Operation while impaired - blood alcohol concentration (80 plus)
- Operation while impaired - alcohol

The accused is scheduled to appear at the Ontario Court of Justice in Orangeville on May 25, 2023, to answer to the charges. The charges have not been proven.

On May 6, 2023, shortly after 6:00 p.m., officers responded to a two-vehicle collision on County Road 109, near Porterfield Road. Minor injuries were reported.

Yash Talati, 29, of Scarborough, was charged with:

- Operation while impaired - blood alcohol concentration (80 plus)
- Operation while impaired – alcohol

The accused is scheduled to appear at the Ontario Court of Justice in Orangeville on May 25, 2023, to answer to the charges. The charges have not been proven.

On May 7, 2023, shortly after 4:00 a.m., officers responded to a single motor vehicle on Creditview Road, near Mill Street. The vehicle had run off the road and hit a residence and a tree. The driver who had fled the scene was later located. Minor injuries were reported.

Harpreet Brar, 22, of Mono, was charged with:

- Operation while impaired - blood alcohol concentration (80 plus)
- Operation while impaired – alcohol
- Fail to remain

The accused is scheduled to appear at the Ontario Court of Justice in Orangeville on May 25, 2023, to answer to the charges. The charges have not been proven.

Later that same morning on May 7, 2023, shortly before 6:00 a.m., officers attended the area of Chinguacousy Road, near Mayfield Road, for a two-vehicle collision. One driver was transported to hospital for serious injuries. Two occupants from one vehicle were charged:

Mohit Dahiya, 24, of Brampton, was charged with:

- Operation while impaired - blood alcohol concentration (80 plus)
- Operation while impaired - alcohol

Shiv Sharma, 26, of Brampton, was charged with:

- Obstruct Peace Officer
- Being intoxicated in a public place

Both accused are scheduled to appear at the Ontario Court of Justice in Orangeville on May 25, 2023, to answer to the charges. The driver's licence for Dahiya was suspended for 90 days. The charges have not been proven.

On May 8, 2023, at approximately midnight, Caledon OPP responded to a vehicle in the ditch on Old School Road, near Hurontario Street. The driver who had left the scene prior to police arrival was later located.

Stavros-Adam Badunas, 35, of Caledon, was charged with:

- Operation while impaired
- Failure or refusal to comply with demand
- Fail to remain
- Fail to report

The accused is scheduled to appear at the Ontario Court of Justice in Orangeville on June 1, 2023, to answer to the charges. The charges have not been proven.

"While the OPP and its traffic safety partners remain committed to saving lives on our roads, drivers and other road users can significantly contribute to safer roads by avoiding taking unnecessary risks and complying with all traffic laws," say Police. "Motorists are also reminded that no amount of alcohol or drugs in your system is safe when driving. If you plan on drinking or consuming drugs, plan to not drive. Instead, arrange for a designated driver, take a taxi or public transit, or come up with another plan that takes impaired driving out of the picture. If you suspect that someone is driving while impaired by alcohol or drugs, it is important to call 9-1-1 to report it."

You can also provide information anonymously by contacting Peel Crime Stoppers at 1-800-222-TIPS (8477) or online at www.peelcrimestoppers.ca. When you contact Crime Stoppers, you stay anonymous, and you never have to testify.

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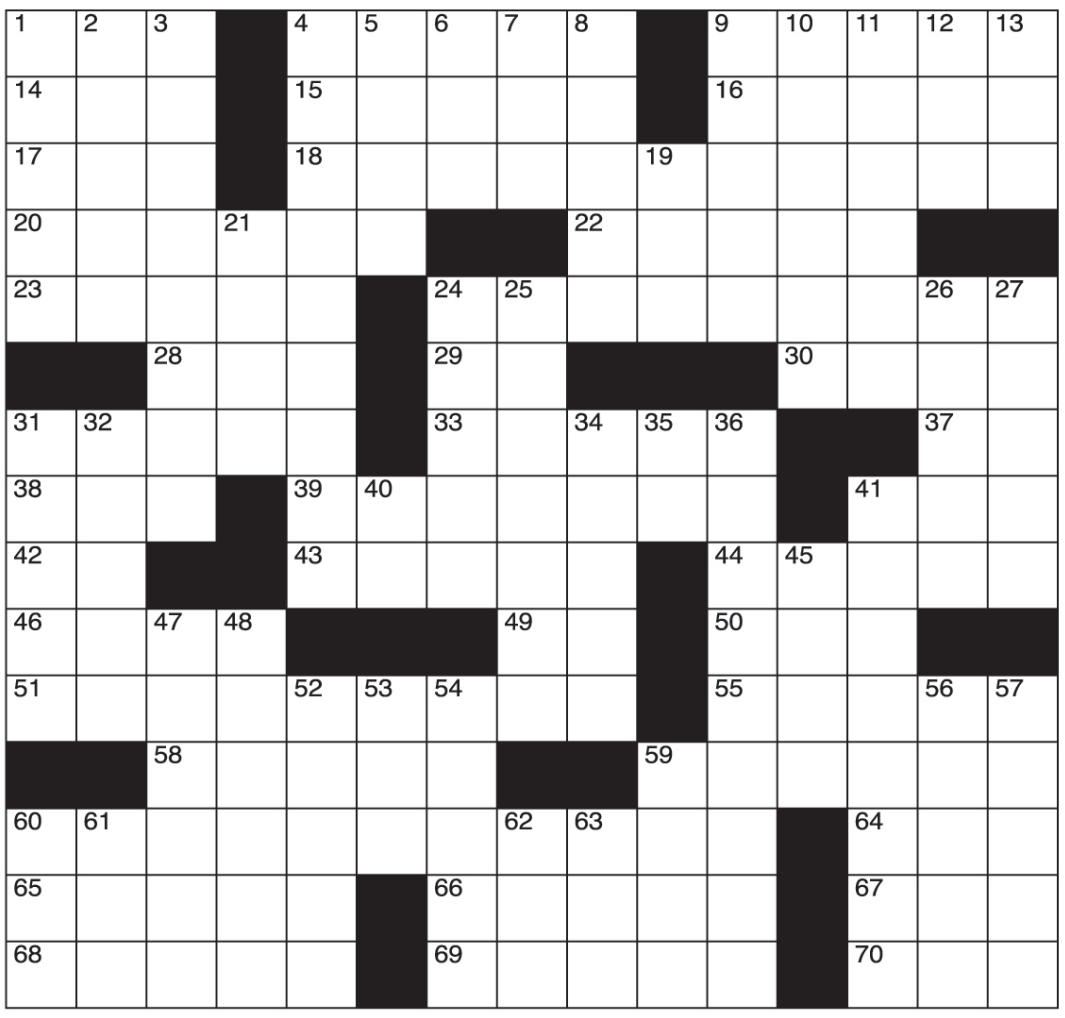
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4. Fathers
9. Wine grape
14. Al Bundy's wife
15. Organic compound
16. Venezuelan state
17. Interest term
18. Experts
20. Central cores of stems
22. Smooth and glossy
23. One-time S. Korean city
24. One from Damascus
28. Short message at the end of an email
29. It cools your home
30. Oh, God!
31. Intestinal pouches
33. Men
37. Popular English soccer team (abbr.)
38. Former CIA
39. Arrange in steps
41. A baglike structure in a plant or animal
42. The Great Lake State
43. Dog-__: to mark a page
44. Stop moving
46. Ancient Dead Sea region
49. Of I
50. Clerical vestment
51. Songs sung to a lover
55. Charges
58. Popular design program manufacturer
59. Where to park a boat
60. One who values reason
64. Slang for cigarette
65. Sailboats
66. Actress Zellweger
67. Screen material
68. Country music legend Haggard
69. Puts together in time
70. When you hope to arrive

CLUES DOWN

1. An involuntary and abnormal muscular contraction
2. Philly's rail service
3. Leaves a place
4. No longer be a part in
5. Guitar players use them
6. Cease to exist
7. General's assistant (abbr.)
8. Shaking of the earth
9. Strong winds
10. For each one
11. A bog
12. The creation of beautiful or significant things
13. Affirmative
19. Pie _ __ mode
21. Nonclerical
24. Inspirational football player Hamlin
25. Learning environment
26. Khoikhoi peoples
27. Bring out or develop
31. Shows up
32. Theatrical device
34. Loads
35. Popular Hollywood alien
36. Distinguishes
40. College dorm worker
41. Secondary or explanatory title
45. Resembling wings
47. One who delivers a speech
48. In the middle
52. Loop with a running knot
53. Airborne (abbr.)
54. Beloveds
56. Ordain
57. Breed of small cattle
59. Very small period of time (abbr.)
60. Revolutions per minute
61. They __
62. Longtime ESPN anchor Bob
63. A place to stay

No one has more self-confidence than the person who does a crossword puzzle with a pen.



Giovanni Dametto and Clancy Bailey opened their new business, Viva Earth Refillery, on May 6 in Bolton. **PHOTO BY ZACHARY ROMAN**

Viva Earth Refillery opens up shop in Bolton

Sustainable household and personal care items take centre stage at new store

BY ZACHARY ROMAN

Two young, local entrepreneurs are aiming to make a difference with their new business.

Clancy Bailey and Giovanni Dametto — who are both 26 — are the proud owners of Viva Earth Refillery, an environmentally-conscious business that just opened in Bolton.

On May 6, a grand opening ceremony was held at Viva Earth where family, friends, Caledon Council, and the Caledon Chamber of Commerce were in attendance.

Bailey said she was feeling really excited after the grand opening, and said she's very honoured to be a part of the Caledon community. She said she felt very welcomed by the turnout at her business opening.

It was a fun process to open up Viva Earth Refillery, said Bailey, and lots of work too. She said seeing the store built and designed from the ground up was a beautiful process.

Over the years, Dametto and Bailey watched environmental documentaries together and did lots of research about plastic waste in Canada.

"We were truly inspired to make a difference in the environment," said Dametto. "It was either buy a house, or try to save the environment. We chose save the environment and we're running hard at it. We're not letting anything slow us down."

Bailey and Dametto are thinking towards the future with their business.

"Our world is in shambles with regards to the climate and how we treat it," said Bailey. "We wanted to be that change… to help better our world that we live in because we want to enjoy it, we want our children to enjoy it, we want future generations to enjoy it."

Bailey said Viva Earth Refillery is a one-stop shop for all household and personal care needs.

Refillery businesses eliminate single-use plastics by refilling items used daily, like hand soap and shampoo, in the same containers. Viva Earth Refillery also sells a wide variety of zero-waste and sustainable items.

"You are saving the world every time you come into our store," said Bailey.

Dametto said all the products in Viva Earth Refillery are Canadian, and it's something he and Bailey are proud of.

"You keep a lot of savings by not having to cross the border with products, and we feel great about supporting our country," said Dametto.

Caledon Mayor Annette Groves was at the grand opening of Viva Earth Refillery and said in her remarks how important the environment is to her.

"Thank you Giovanni and Clancy for doing this wonderful initiative," said Groves. "On behalf of myself and members of Council we would like to congratulate Viva Earth Refillery… we wish you great success."

COMMUNITY events

This column is provided as a free public service to non-profit organizations to announce up-coming events. Please contact the Caledon Citizen by calling ***(905) 857-6626*** *or emailing* ***admin@caledoncitizen.com*** *if you wish to have an announcement published.*

TOPS (Take Off Pounds Sensibly) ON 1344 Bolton – Real People, Real Weight Loss is a non-profit group. We meet weekly on Wed. evenings in the basement of Bolton United Church. Weigh-ins are 6:00-6:30 followed by a meeting. The initial annual fee incl. a bi-monthly magazine and starter kit is $59, and monthly dues are $20. Today is the best day to make changes to your lifestyle! If you have weight to lose and/or want to improve your health, we can help! We promote healthy eating and support the efforts of all our members, and your first meeting is free. Come join us. For more information call Marion at 905-857-5191 or see www.tops.org. Online memberships are also available.

The Bolton Al-Anon Group has recently moved the regular meeting location to the Bolton United Church at 8 Nancy Street (across from Bolton Post Office). We still meet every Thursday at 8:30 pm. We welcome anyone who is/or has been affected by someone who has problem with alcohol. If you have any questions please come any Thursday evening or email: boltonalanon@gmail.com.

Caledon Church of Canada. Every Sunday morning @ 10 am. Monday prayer meeting @ 7 pm. Resources: Prayer counselling, Baby/child dedication, Visit the sick, Wedding Services, Food bank and more!
For all your pastoral services:
Call – 647-891-9400
Email: caledoncoc@gmail.com
Location: 34 Nixon Rd., Bolton

The Peel Regional Aquarium Club (PRAC) welcomes new members! Do you have a fish tank or are interested in keeping fish, shrimp, snails or live plants? Join us monthly to learn more about the hobby, get tips from other hobbyists and participate in our mini monthly auctions! We meet in person on the third Wednesday of every month at 7pm. Please see our website for more details on speakers and location. www.peelaquariumclub.org
We encourage those attending to bring items to sell in our mini monthly auctions and a fish/plant or other aquatic species to show in our monthly bowl shows. This is great practise in learning how to show fish and practise judging as is done in the larger competitions.
Join us in person!
May 17th 7-9pm
Speaker: Jessica Bullock
Jessica studies at the University of Toronto in the Department of Ecology and Evolutionary Biology and works as a lab manger maintaining multiple fish rooms of Trinidadian guppies. Her first love in the fish world was cichlids and this is what she will speak to our club about in this monthly meeting - please join us!
Location: Save Max Sports Centre (Youth Room) 1495 Sandalwood Pkwy E, Brampton, L6R 0K2
Email: peelaquariumexec@gmail.com

Saturday May 13 at 6 pm
FREE Bingo Night - Everyone Welcome!
Join us for Bingo, Prizes, Pizza and Fun
To reserve a table, call ahead or email us at office@boltonunitedchurch.com
Or just drop in.
8 Nancy Street, Bolton (905- 857-2615)

Knox United Church Caledon Village presents:
Alex Burnett & Friends - Country Gospel & Music
Friday May 26th @ 7 pm
Alton Legion, 1267 Queen St. W
Alton, Ont.
Wheel Chair Accessible
Tickets $25.00
416-475-5063 – Doug
905-703-1647 – Michael
519-938-8605 – Marie
Or by bank e-transfer to:
knoxunitedcaledon@gmail.com
Proceeds to the United Church in Caledon Village, Ont.

Thursday May 25 2023
Free Community Event
Let's Talk … Birds and Blooms
In Person with Plant Exchange
Also, online via zoom (see website for link)
6:30 pm Plant Exchange
7 pm Guest Speaker Taya Kehler, The Riverwood Conservancy via Zoom
Followed by discussion
Bolton United Church, 8 Nancy Street, Bolton, L7E 1C7
For more information call 905-857-2615 or e-mail: office@boltonunitedchurch.com



Councillor motions to establish lobbyist registry for Caledon

Dark sky by-law also explored

BY ZACHARY ROMAN

A Caledon Councillor would like to see more transparency around individuals and groups who lobby those in municipal office in Caledon.

At Caledon Council's May 9 General Committee meeting, Ward 3 Councillor Doug Maskell brought forward a motion requesting that the Town of Caledon establish a lobbyist registry and appoint a lobbyist registrar.

In his motion, Maskell noted the Region of Peel established a lobbyist registry in March 2017.

He added that the City of Brampton established a lobbyist and gift registry in January 2016, as well as a new online tool to view the registry in October 2022.

Maskell's motion requested that Town of Caledon staff investigate what it would take to establish a lobbyist registry then report back to the Town's Governance Review Committee.

A lobbyist registry would record and regulate communication between public office holders and those who engage in lobbying activities, said the motion, by tracking correspondence and making it available to the public.

Maskell's motion said lobbying is a legitimate and legal activity that's part of an individual's, group's, or company's right to communicate with elected officials and government staff. It also said the purpose of creating a lobbyist registry would be to "enhance the transparency and integrity of business conducted at the Town of Caledon."

At the same May 9 Council meeting, Maskell also motioned to create a dark sky by-law for the Town of Caledon.

He said unnecessary and improperly designed light fixtures can cause glare, light pollution, and wasted resources. Maskell said glare and light pollution can result in hazardous conditions for all modes of transportation and diminish Caledon residents' ability to view the night sky.

Adding to his motion, Maskell said darkness is natural for humans and animals and that a lack of it can have negative effects. His motion went on to say Caledon residents, and visitors to Caledon, value maintaining the beauty and high quality of the night sky here.

Ontario's Municipal Act permits municipalities to regulate illumination; Caledon does not currently have a by-law regulating illumination.

Maskell's motion asked that Town staff investigate the matter and report back to Council at a future meeting.

The request to investigate implementing a lobbyist registry was approved on consent. The request to investigate implementing a dark sky by-law was approved after being amended to mention how it could be done through the Town's Official Plan process.



Cassie's Place was one of the local non-profits highlighted at Mayor Annette Groves' Spring Business Lunch. The organization has a fundraising golf tournament coming up and is looking for sponsors.

PHOTO BY ZACHARY ROMAN

Mayor tells business community she's committed to strengthening local economy

Continued from FRONT

Groves said it was an absolute pleasure to be hosting her first business lunch as Mayor and thanked everyone in attendance for their support. She said small businesses drive the economy in Caledon and that we should be proud of our small local businesses.

Groves noted the local charities in attendance and thanked the business community for always supporting non-profits in Caledon.

With major growth coming to Caledon, Groves said she and her team are working towards building a vibrant town where residents and businesses alike can thrive and flourish. She said this can only be done through collaboration, which is why the Town is working closely with the Region of Peel and Provincial Government.

Groves said she recently had a meeting with Premier Doug Ford where she discussed the needs of Caledon residents and businesses with him. She said she's confident the Town of Caledon has a partner in Ford, and said the fact Ford has municipal government experience means he understands what municipalities need in order to thrive.

"I am committed to strengthening our local economy," said Groves. "We will continue to advance our Love Local campaign and find creative ways to promote and support our local business community."

Groves explained she recognized there have been some concerns with regard to timeline and service delivery for businesses from the Town and made a firm commitment to address the concerns.

"I am very excited about the future of Caledon and the opportunities that lie ahead," said Groves. "I am confident with your help we can build a green, prosperous and successful Caledon for generations to come."

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"Lift one another up"
Peel CAS hosting fundraiser for Trailblazers Youth Centre

BY ZACHARY ROMAN

There's an upcoming fundraiser for Peel Child and Youth Services (Peel CAS).

On May 25, Peel CAS will host a dinner fundraiser from 7 to 9:30 p.m. at Milestones Grill & Bar: Heartland Centre in Mississauga.

Courtney Charles, vice-president of basketball and franchise operations at Raptors 905, the Toronto Raptors' NBA G League affiliate, will serve as special guest emcee. The Raptors 905 mascot, Stripes, will be in attendance too.

The fundraiser is being held in support of Peel CAS' new Trailblazers Youth Centre. The Centre was launched on August 31, 2022 and is located in Mississauga.

According to Peel CAS, it developed the Trailblazers Youth Centre to "create an innovative and equitable service delivery model — developed and led by youth — for children and youth to access exceptional services and supports to thrive, belong, build life-long connections, and position themselves as leaders."

Programs and services offered at the Centre align with Ontario's child welfare redesign strategy. It offers opportunities for fun and recreation while also offering opportunities to learn life skills and access well-being support services.

Some key areas of focus at the Centre include: health and wellness, employment and education, cultural identity, physical literacy, life skills, financial literacy, youth justice, anti-human trafficking education, housing, relationship building, and leadership.

Mallory Antonello, Communications Consultant for Peel CAS, said Milestones Heartland has gone above and beyond for the upcoming fundraiser. The restaurant is offering complimentary appetizers and soft drinks, as well as the event space and wait staff.

"They have such big hearts and they wanted to give back and get involved," said Antonello. 'We're really grateful to them."

Trailblazers was chosen as the name for the Youth Centre because it was the winning submission from over 90 name suggestions contributed by youth who were, or are currently, involved with Peel CAS.

The contributor, who was not named, said "a trailblazer is someone that is not afraid to try something new. They pioneer their own path, even if it means taking the path less beaten. They're brave, innovative and don't back down. As a crown ward, I know all kids in care will appreciate this centre, not just because of what they can do there — but because this centre represents the bright, trailblazing future ahead of each and every youth."

The Centre was built thanks to fundraising efforts by the Peel Children's Aid Foundation which raised over $500,000 for it. Major donors included Maple Leaf Sports and Entertainment (MLSE), the Jays Care Foundation, and Raptors 905.

Antonello said programming at the Centre was developed by hearing from youth served by CAS directly.

"We want to be able to provide supports that give them the opportunity to connect with others and position themselves as leaders," said Antonello.

Peel CAS is hoping to raise $25,000 at its May 25 fundraiser to support the programs and services offered at the Trailblazers Youth Centre. To reserve a spot at the fundraising dinner, those interested can visit tinyurl.com/pcasdinner. Donations will be accepted prior to or at the event and tax receipts will be issued.

"The event will feature influential speakers who have helped develop the Centre itself and all of the programs and services it provides," said Antonello. "It does really take a village to help raise… children and youth. It's just amazing to see what we can accomplish when we can all come together and support one another… really, that's what the event is all about: community coming together to make a difference in the lives of people who need it."

"It's just a celebration of community connectivity and what we can do to help lift one another up," she added.

Residents campaigning for Greenbelt protection in Bolton this weekend

BY ZACHARY ROMAN

A group of Caledon residents are meeting this weekend to spread awareness about protecting the Greenbelt.

Dan O'Reilly and Betty de Groot are organizing a "Save the Greenbelt" leaflet handout in Bolton this Saturday. Anyone interested in participating is asked to meet at the gazebo in Downtown Bolton at 10 a.m. on Saturday, May 11.

O'Reilly is collaborating with a group called The Greenbelt Promise for the handout.

The Greenbelt Promise is a group dedicated to protecting the Greenbelt, specifically by calling out Ontario Premier Doug Ford's 2018 promise when he said "we won't touch the Greenbelt."

On December 8, 2022, the Ford Conservatives voted for legislation that removed protections from parts of the Greenbelt. This opened up 7,400 acres of the Greenbelt for development and added 9,400 acres to it elsewhere.

Protecting the Greenbelt for future generations is a priority for de Groot, and she said she doesn't want to see any of it touched.

Through the Greenbelt Promise campaign, O'Reilly and de Groot hope to get people emailing, phoning, or visiting Dufferin-Caledon MPP Sylvia Jones to ask her to restore protection of the Greenbelt.

Continued on Page 17

TOWN OF CALEDON | NEWS | Subscribe: caledon.ca/enews

Bridge Replacement and Rehabilitation on King Street East, Bolton



Peel Region will be working in Wards 5 and 6 to complete:

- The replacement of the bridge on King Street East, east of Humber Lea Road.
- Maintenance work on the bridge on King Street East, east of Old King Road.

CONSTRUCTION SCHEDULE:

Construction is planned to begin the first week of May 2023, and to be completed by the end of December 2023, weather permitting.

CONTRACTOR AND WORKING HOURS:

The work will be completed by contractor Alliance Verdi Civil Inc. and supported by Ainley and Associates Limited (Ainley Group), both under contract to Peel Region. The contractor's working hours are from 7 a.m. to 7 p.m., Monday to Friday. These hours are consistent with the local municipality's bylaws. We understand this may cause some inconvenience, but shorter working days would require your area to be under construction for a longer period of time.

TRAFFIC IMPACTS:

A full road closure will be required to replace the bridge on King Street East, just east of Humber Lea Road. As a result, King Street East will be closed to all through traffic, including pedestrians, from John Street to Humber Lea Road. This temporary road closure is expected to take place from May 15, 2023, until December 1, 2023, weather permitting. During this time, detours will be clearly marked with road signs. This road closure and construction may cause traffic delays. We thank you for your patience and apologize for the inconvenience.

SIGN UP FOR EMAIL NOTICES:

Weather and other unpredictable events may change the timing of this construction and the associated traffic impacts. To receive project updates, sign up for email notices at **peelregion.ca/construction**

2023 Employment Survey

The Town of Caledon, in partnership with the Region of Peel, is conducting a survey of local businesses.

The survey gathers business and employment information for a variety of purposes, including:

- monitoring local economic trends;
- forecasting infrastructure and service requirements;
- analyzing and marketing local business sectors;
- creating business attraction and retention strategies;
- attracting skilled workforces; and
- enabling collaboration with Town of Caledon Economic Development & Tourism staff

To participate in this voluntary survey, please take the time to speak with the survey associate who will be visiting your business or take the survey online by scanning the QR code below or visiting **arcg.is/1vvXme**.

Upcoming Event



A re-creation of the 1970 opening show that Elvis performed at the Las Vegas Hilton and full-scale concert of Aloha from Hawaii will be presented by Dreamers Entertainment and Stage Academy Theatre Association, in support of Caledon Public Library.

June 2, 2023 from 7:30 – 10 p.m.

Seating outside (weather permitting) in the Fairgrounds parking lot.

Tickets can be purchased at CPL's Albion Bolton branch or online at **caledon.library.on.ca/elvis**

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BROCK WEIR
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Still beyond "Sick and Tired"

It's often said an ounce of prevention is worth more than a pound of cure.

While we might collectively roll our eyes at a cliché that is almost threadbare at this point, I think we can all agree that there is a lot of truth in the statement.

If we hadn't already a few short years ago, most of us would certainly subscribe to that now, having spent the bulk of the last three of those years masking up and using more hand sanitizer in that window than we already had in our lives up to that point.

It may have been inconvenient, and, if you're still following these common-sense preventatives, they still are, but is it effective?

Well, that's been the debate for the entirety of this journey – but I'll say out of personal experience that since face masks found new life outside a dentist's office, much like the renaissance of the nearly-forgotten and disused QR code, I've experienced a significant drop in the number of colds and bouts of flu I'd get with each passing year.

Of course, nothing is foolproof – that was clear from the get-go – and, being up to date on what needs to be up to date, I've gone through two very minor bouts with COVID myself that I have been fortunate enough to bounce back from pretty quickly.

But I'm all too aware that others haven't been as lucky.

As the world seems to be moving past COVID, thanks in no small part to the World Health Organization declaring last week that the virus is no longer a global emergency, there are many others in our communities for whom "moving past" is simply not an option.

Long COVID is a very real concern and one that has been put under increased focus as of late.

There are still many unanswered questions and treatment options being explored, but this exploration isn't limited strictly to the causes and effects of Long COVID; research has shown that it shares similarities with other diseases that have, until quite recently, been largely dismissed or forgotten.

This Friday, May 12, marks Myalgic Encephalomyelitis (ME) Awareness Day.

Also known as Chronic Fatigue Syndrom (CFS), this early definition of ME has presented something of a challenge, suggesting that it is simply a matter of being tired, a condition solved by a good night's sleep.

That is far from the case.

"It's not just fatigue," says the United States' Centres for Disease Control and Prevention. "ME/CFS is a serious, long-term illness. Those affected are unable to perform their usual activities and suffer from profound fatigue that is not relieved by rest. A distinguishing feature is post-exertional malaise (PEM), which is the worsening of symptoms after physical or mental activity. Other symptoms include unrefreshing sleep, dizziness, problems thinking and concentrating, worsened memory, and pain."

Almost seven years ago in this space, I shared a little about a Toronto-based friend who has lived with ME for more than a decade. Having witnessed first-hand the aforementioned symptoms and a gradual decline in what he feels able to accomplish, ME – and CFS – has become a cause close to my heart and one that I have followed with great interest.

But I've also followed it with a degree of frustration as the powers-that-be have been, well, frustratingly slow in taking on the challenge of addressing this very important need.

On a fall afternoon, members of the MillionsMissing movement held a "lie-in" to drive their point home to the federal Health Minister of the day. At the time, the MillionsMissing organization said there were nearly half-a-million ME patients in Canada, over a quarter of whom are housebound or bedbound. There were no Health Canada-approved drugs to manage the disease, adversely affecting each individual's quality of life compared to others living with chronic illness who have the benefit of approved drugs to alleviate their symptoms.

"Between the harmful treatment, the near-zero research funding, and stigma from physicians which leads to a denial of treatments, Canadian ME patients truly are the healthcare system's victims," said Elizabeth Sanchez, the mother of a daughter living with ME, in a statement following the demonstration.

A recent article in The Atlantic stated that "many cases of long COVID are effectively ME/CFS by another name. The exact number is hard to define, but past studies have shown that five to 27 per cent of people infected by various pathogens, including Epstein-Barr virus and the original SARS develop ME/CFS. Even if that proportion is 10 times lower for SARS-CoV-2, the number of Americans with ME/CFS would still have doubled in the past three years."

Now that there are clear parallels being drawn between ME and Long COVID, parallels that are, most importantly, being recognized, I'm hopeful that momentum is now in favour of both making existing treatments more accessible and getting new treatments to market.

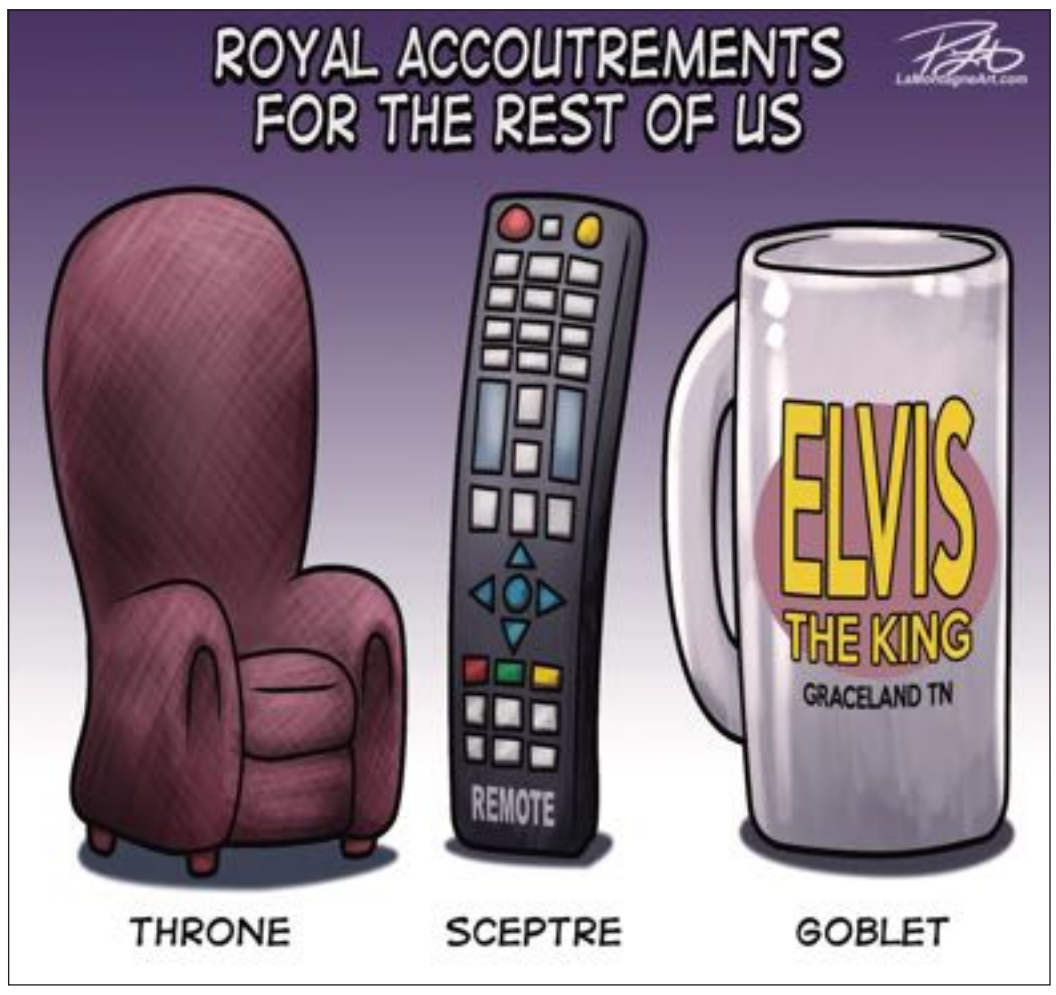
This Friday will be illuminating as the MillionsMissing organization hosts an event in Washington DC to continue to highlight the similarities between the two diseases.

"We are telling the story of ME and Long COVID: the connection between, that the neglect of ME led to this moment, that we know we need: patient inclusion, treatments, urgent action and support services," said the American branch of MillionsMissing ahead of the event.

I know I will be watching, and I hope the powers-that-be on both sides of the border do as well.

At the height of COVID we all complained about being "sick and tired of being sick and tired," but as so many of us continue the shift back to normalcy, millions don't have that luxury. At the height of the pandemic, we also looked for silver linings anywhere we could when hope seemed dim. While long COVID is an unfortunate reality, if the interest in finding treatments and cures for it results in benefits for other diseases, those that have been dismissed for far too long, I think we can all put that in the win column.

But only time – and action – will tell.



An ordinary or extraordinary life?

by Mark Pavilons



Roman emperor Augustus once said everyone wants to lead an extraordinary life.

It seems humankind has been obsessed with the extraordinary. We're afraid to be typical, normal or even humdrum.

There is a Zen saying: "Before enlightenment, chop wood and carry water; after enlightenment, chop wood and carry water."

This simple statement is packed with meaning. The consensus is that after all is said and done, the every-day things we do are still there. It can also mean that how we do every-day things is also how we do everything, big or small; and that what we encounter in life isn't nearly as important as how we meet those things that we encounter.

Perhaps it means that living an "ordinary" life can be just as fulfilling and worthwhile as living a life filled with adventure.

Most of us have a rather narrow focus on our lives – the tasks directly in front of us, and those around the corner. I occasionally chop wood for the fire pit in the back yard, but is it meaningful?

I find the boring tasks to be somewhat elating – they allow me to be free with my thoughts as the mundane, almost automatic, movements take over.

When mowing the lawn, I envision the final product, a uniform, green backyard. Like most homeowners, we also come to realize that such typical tasks never go away. They seem to multiply, like rabbits.

While accomplishing many tasks brings a sense of joy and achievement, it's by no means a path to "enlightenment."

Apparently, being stuck in time is the key.

Many say that when we shed our skins and are able to be truly in the moment, we feel free. We don't feel compelled to watch the seconds tick by.

I get these on occasion, usually after some Valerian root. In that time and space, I am at ease, unfazed by the world around me. Yes, there are nagging chores to do, but I wish them out of existence with a simple thought.

In such a state, I choose to just be, think and feel. Chopping wood is out of the question.

"I sit there thinking about how much courage it takes to live an ordinary life," Colum McCann once observed. I can see this sentiment emerge while looking out large glass windows facing the lake at some serene cottage.

We are all students in the school of life. In my particular classroom, I may have spent more time in the corner or in the principal's office, but hey, I did it my way. I simply couldn't contain myself.

There is a lot to be said for being ordinary. As long as we do our work honestly, diligently, and conscientiously, it's a good way to live.

Many of us Boomers, and even our young ones, have felt lost in recent years. You aren't lost if you lack a dream or passion. Eventually, you'll be wiser and everything will fall in place. Most of us have been waiting for just that event to happen, for the mic to drop.

Some of us feel a bit jealous when one of our peers posts pictures on social media of the Caribbean beach they're on; or the new car parked in their driveway.

These are nice, but they're surely not the criteria for happiness or success, are they?

These things are really not that extraordinary.

While I'd love to have a car with the engine poking out of the hood, it's not necessary to bolster my self-esteem. My belief in myself is more than enough.

Many of us feel powerless from time to time, maybe even more often than not. While vocal citizens in a country like ours have quite the power, we feel deflated at the grocery store, gas pumps, or doing our income tax.

Powerful yes, but all powerful? No.

A lot of us store our past failures in a diary of sorts, somewhere tucked away in our brains. They're not far, just within reach. We should leave the book closed, but we're tempted to open it, read a few passages, and feel blah.

But that author, at that time, was not the award-winning scribe you are today!

Who defines a great life?

Perhaps we need some more defining terms. What's a practical life? Does an average life have room for love and excitement? Can a typical life that includes children be any less enchanting than one that does not?

I think we can truly consider ourselves decent and "ok," as long as we're being honest with ourselves. Working hard and even achieving small things, all add up.

We're all messed up! But we're all capable of fixing ourselves.

The manual for this particular model, created in 1963, is tattered and torn, with some pages missing. To heck with it, the warranty ran out long ago.

We all pretend to be "okay," especially when we're not.

From an online post:

"You ever ask a man how he's doing and he says 'I'm alright.'"

"I'm here to tell you that man is not alright.

"That man is battling demons that you can't possibly imagine. That man is struggling every single day to find a reason to keep going. The reason we say we're alright is because as a man nobody really ... cares what you're going through."

"I feel you brother, because I'm alright too."

Likely, men don't want to reveal their vulnerable sides and there's simply so much to do to ensure everyone in the family is "alright."

The next time you feel incomplete, unsuccessful, insecure, or vulnerable, just remember that you're normal, like everyone else on earth. Go, be your best.

Robin Sharma said "an extraordinary life is all about daily, continuous improvements in the areas that matter most."

"No day is an ordinary day; all days are extraordinary, because life itself is extraordinary," said Mehmet Murat Ildan.

We have to ask ourselves, just what are our pleasures of an ordinary life.

For me, it's the smell of my wife's hair as we embrace. The perplexed look on my kids' faces. Laughter heard bouncing off the walls in our home, like that crazy, bouncy ball of the 1970s that never stops!

I suppose, when I stop and look around, this life is pretty amazing, stupendous, fantastic, incredible and surprising!

Our Readers Write

Keep kids safe during lawnmower season

When I was two years old, I ran into the path of a riding lawn mower and lost my right leg below the knee. It all happened so fast: one moment I was playing outside, and the next I was too close to the mower

Having grown up as part of The War Amps Child Amputee (CHAMP) Program, I am now committed to spreading the Association's PLAYSAFE message. With lawn cutting season upon us, I want everyone to know that kids should not ride, operate or play near lawn mowers.

Though I've learned to accept and appreciate who I am today, I want to use my experience to help prevent others from going through what I did. Please make sure children are always at a safe distance from lawn mowers. And don't underestimate the importance of safety when operating any machinery. I urge you to take the necessary precautions to protect yourself and those around you.

If you would like to learn more about how to play safely and hear stories from other young amputees like me who have lost limbs in accidents, visit waramps.ca/playsafe.

JAROD MURRAY, 21
VANESSA, ON

SHARE YOUR VIEWS WITH US

CONTACT BROCK@LPCMEDIA.CA

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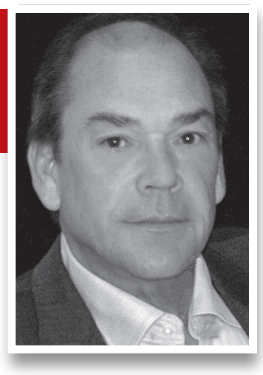
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Let's ban the news

BRIAN LOCKHART
FROM THE SECOND ROW



Try getting the news in North Korea.

You won't get much news. You will get a lot of propaganda determined by the government, about how great your life is, what a great country you live in, and how the dear leader is the greatest leader in the world.

It won't give any bad news, especially anything about government errors or corruption.

Media is highly controlled, internet access is highly restricted, and no media person in their right mind would write anything negative about the government because they would probably disappear pretty quickly.

North Koreans cannot access international news via the internet, it's strictly controlled, because they might be able to figure out what a screwed up country they are living in - that's not good for a government who wants to control everything its citizens do.

This is censorship in its extreme form.

Censorship is practiced in a lot of countries around the world to various degrees. You should be wary of, or dismiss, any news that is reported by an agency in which government has an interest.

I used to listen to Voice of America and Radio Free Europe, which broadcast on short-wave radio into Eastern Bloc countries. Even though it was state sponsored radio, the reports were accurate about world affairs and designed to provide people in media-controlled countries with news of the world.

You can't block radio waves at the border. It was indeed anti-communist propaganda however.

The Canadian Radio-television and Telecommunications Commission, known as the CRTC, is considering banning Fox News from the U.S., from Canadian cable packages. The CRTC received a complaint that one of the Fox News broadcasters made comments that could be considered "hate speech."

They are considering banning, in other words censoring, an entire network because of comments made by one person.

A lot of people don't like the FOX Network and News to begin with. Apparently, they are considered biased. Well, yeah, you think? So is CNN, so is CBC, so are a lot of news outlets.

I've never agreed with the "hate speech" laws to begin with. The law is vague and open to wildly varying interpretation. The truth is, if hate speech laws were really enforced all the time, half the country would be in jail.

I hear hate speech in some form all the time. I still haven't called the police to report it. Even if I did, do you think some police officer is going to arrest your bowling buddy because he made a derogatory comment about some other group bowling on another lane?

The CRTC describes itself as "an administrative tribunal that regulates and supervises broadcasting and telecommunications in the public interest." It goes on to say that it ensures Canadians have access to world-class communication that "promotes innovation and enriches their lives."

I don't think there's much innovation on television unless you're watching a documentary that requests viewers to call in with ways to improve widget manufacturing.

I also question how it can "enrich" your life all that much, other that providing something to watch on a screen rather than doing something productive.

I like Seinfeld, and still enjoy watching it and it is a wildly popular show, but no one's life would have been any different if the show was never produced.

If they are going to start censoring TV for hate speech, you're going to a see a lot of TV shows pulled from the airwaves.

TV is filled with derogatory statements made in the guise of comedy or as opinion on various talk shows, news shows, or any other show where a group of people opine about the events of the week.

If you're easily offended, you probably shouldn't be watching The Big Bang Theory or The View, or a lot of other programs.

For now, I'm going to assume the CRTC will do the right thing. I hope they are considering a ban on FOX News only because as an institution, they are bound to investigate all complaints that cross their desk. It doesn't mean they have to follow through and eliminate programming based on the comments of one person.

As for censorship, I have devised a new way of eliminating offensive programming and avoiding hearing derogatory comments.

I turn the channel.

Musings on Moving

SHERALYN ROMAN
TALK CALEDON



Moving is a word fraught with tension and challenge, but also positivity and joy. Moving might mean anything from one's ability to walk at will, or dance with abandon, (no matter how silly we might look) to moving from your first apartment to a starter home (poor kids these days, perchance to dream) to a big, family home or back to a condo or downsizing into an apartment again. In the workplace, problems are referred to as having "many moving parts" and in a demonstration of strength we might commit to "moving heaven and earth" to make something we really want to happen, happen. Moving at all, for someone injured or living with a disability is both a challenge and a victory. When we hear tragic news, we are "moved to tears," or we might refer to a winner's speech at the Oscars as "moving." In short, the word moving is one for which the very definition seems to be a moving target!

Right now, when I think of moving, I think of packing up a lifetime of memories, tossing out a lifetime of clutter, and making list, after list, after list of what's staying, what's going and "what the heck is that and where did it come from?" We're in the process of moving which means for the next little while we will always be "on the move" because when you've been in one place for 25+ years every time you move from one room to another you spy yet another object that must be dealt with. Moving, as I am discovering, also involves a whole lot of moving things from one room to another while you decide whether to move them or not. I've a feeling there's a message in there somewhere – that if I am simply moving things around while I decide whether to move them or not - the answer is I probably should not be moving them!

Moving, as I am discovering, is also very moving. As in, emotional. I'm not overly tied to certain objects and "keepsakes" have always been more my mother's thing than mine but, I am having a harder time than I thought I would with disposing of certain items. You know, things like the 432 craft projects (per kid!) that they made between the ages of 2-12, and my inexplicable attachment to my band uniform from the high school years. Yes, I was a band nerd but I got to travel widely on a "get out of school free pass" at least once or twice a year, playing everywhere from New York City, to Florida, to just up the road in Muskoka so I don't regret being a nerd one bit!

While I can easily toss, sell or donate my wedding china (sorry Mum, it's already gone) the thought of getting rid of my Bumpa's pair of sunglasses had me reaching back into the garbage bag to pull them out again. Where on earth I'll store said glasses in a home that is significantly smaller than the one we're in now I have no idea. We're going to have three or four times the property but the house is small and leaves little room for sentimentality. I've a feeling I'll be moving twice. That is, moving soon and then moving a whole bunch of stuff back out, soon after we move in. I anticipate Evolve, Goodwill or the Salvation Army may soon be in for a donation because one thing I absolutely refuse to do is pay for my "stuff" to be stored. After all, it's taking me a while to get there but at the end of the day - it really is just "stuff."

Moving is a lot of work. Moving is hard. But when I compare this kind of "downsizing by choice" move to the other kinds of moves it could have been, I really have nothing to complain about at all. I can move my own body at will and on command. I can move because I am healthy. I'm moving because luckily I have the choice and the opportunity to do something we hope is better for our family right now and not because I'm being evicted, or can't afford to make my payments. In good news for some and perhaps a sigh of resignation for others, I'm moving but staying in the Caledon area because we love the Town, even if half of it is being paved over and the other half potentially blasted away! I'm moving just far enough that one Ward Councillor will be glad to see me gone especially with certain traffic woes about to escalate, and another one may or may not be happy to see me coming! A certain Regional Councillor, however, can't ditch me that easily, nor I hope, will this paper who graciously plays host to my regular random musings, on moving or otherwise!



"Beer, it's the best damn drink in the world."

Cheers to Jack Nicholson

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Annual hospice hike has raised over $211,000 as of May 8

Continued from FRONT

"There's a purpose to our rambling along the trail this poignant day…" said Schenk. "For those whose lives are waning and for those whose grief lies bare, we will walk towards sustaining the fullness of hospice care."

May 7 was Hospice Palliative Care Day and Ward 1 Councillor Lynn Kiernan made a special proclamation from the Town of Caledon to mark the day.

"Awareness will be raised in communities across Caledon about supporting the quality of life for the living and dying through hospice palliative care services," said Kiernan. "I… do commend (hospice palliative care day's) thoughtful observance."

Margaret Paan, executive director of Bethell Hospice, said it was an honour to be recognized with a proclamation. She explained this year, 44 teams signed up for the hike, and she was appreciative of every single one.

"You are each making a difference by being here with us today," said Paan, who then read the names of some top fundraisers.

The top community fundraising team was Parade of Perseverance, which raised nearly $6,400. The top Bethell Hospice staff or volunteer team was the Boardwalkers, who raised over $45,000. The top individual fundraiser was Adrian Horwood, who raised over $10,500.

Of the $255,000 goal for this year's hike, just over $211,000 has been raised so far. These totals are all as of May 8, however fundraising remains live online at bhf.akaraisin.com/ui/Hike2023 until the end of the month.

The BHF has to raise $1.5 million each year so that Bethell Hospice can provide free hospice and palliative care services to the community.

Nicole Hand, Executive Director of the BHF and said she was so thankful for all the local businesses that stepped up to support the hike this year. She explained over 40 volunteers were involved in setting up for and cleaning up after the hike.

"It takes a village and our village showed up today," said Hand.

Kelly Stronach, Manager of Marketing and Communications for the BHF, said the student Hike for Bethell Hospice held on May 5 was a success. There were five schools, and hundreds of students, participating. The hikes raised $6,500.

"It was a really successful day," said Stronach. "We're hoping next year that it will grow a little bigger; have a few more schools involved."

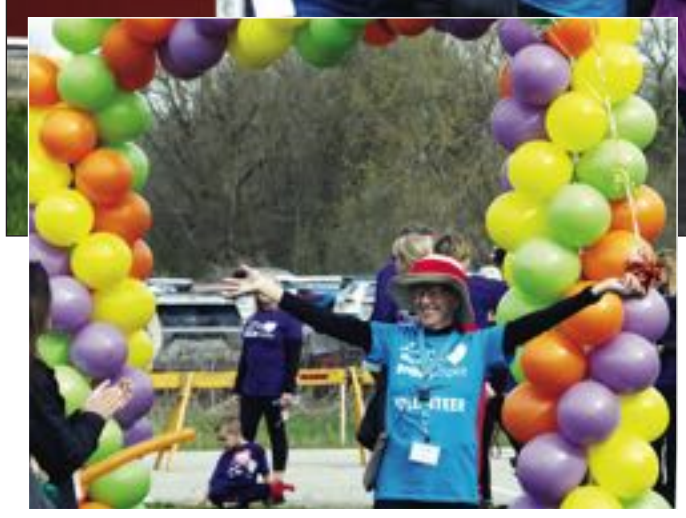
Stronach said it's important for kids to know there is somewhere in the community they can go for grief and bereavement support.



Participation was strong at this year's Hike. .

CONTRIBUTED PHOTO





(LEFT) As the hike began, hikers followed a Bethell Hospice volunteer to the Caledon Trailway. Photo by Zachary Roman (ABOVE) Ward 1 Councillor Lynn Kiernan, centre, proclaimed May 7 as hospice palliative care day in Caledon.

PHOTOS BY ZACHARY ROMAN

Sanderson has been on the Bethell Hospice Board for ten years and is in his last year as board chair. His older brother was a resident at Bethell Hospice when he passed away. While it's not the only reason Sanderson joined the Board, it showed him the amazing work done at Bethell Hospice.

"I got to see exactly what it's all about and I've been on the board ever since," said Sanderson.

He said it's been great to see the hike grow over the years, recalling at the first hike there might have been only 25 to 50 people. Now, hundreds show up to support it each year.

"[The hike] brings people together," said Sanderson.



Explore Island Lake at 2023 Walk for Alzheimer's

BY SAM ODROWSKI

There's a great opportunity for area residents to enjoy the beauty of Island Lake, exercise, and support people living with dementia locally.

The 2023 IG Wealth Management Walk for Alzheimer's is returning to the Island Lake Conservation Area May 27, with warm-ups starting at 8 a.m. and the walk happening from 9 a.m. to 2 p.m. The goal is to raise $60,000 for the Alzheimer's Society of Dufferin County.

"it's going to be a fun morning," said Carmelina Cicuto, Alzheimer's Society of Dufferin County Executive Director. "It is in-person, so we're encouraging people to come out and walk with us. Even if they don't register online, they can pick up a pledge form here in our office [at 25 Centennial Rd] and raise some funds for us."

To honour the 1,069 people living with dementia in Dufferin, the Society encourages participants to pledge 10,690 steps for their walk. All the money raised through the event will be used to support the Alzheimer's Society of Dufferin County's programs, which focus on caregiver and behavioural support, case management, and education.

"The money that's raised will be used towards expanding our current programs and reaching more people," said Cicuto.

Approximately 100 people are expected to attend the annual event.

"At the end of the day, everyone knows someone who's touched by dementia or Alzheimer's, so this is a good opportunity to come out and support them or even get some education on what we do," Cicuto told the Citizen. "Our team will be there on site."

The need for awareness and support for people with Alzheimer's and dementia is increasingly important, according to Cicuto. Studies show that the number of people living with the disease will rise rapidly over the next few years.

The Alzheimer Society of Canada launched the Landmark Study in 2022, which shows almost 1 million Canadians will have dementia by 2030.

They also launched a study that projects 1.7 million Canadians will live with dementia by 2050.

With the numbers only rising, Cicuto noted the importance of making sure people connect with the Alzheimer's Society of Dufferin County when needed.

"Post-pandemic, there's a need for people to connect with resources in the community, because they've been kind of semi-shut down for the past two and a half years," she explained. "So I think it's important to kind of make those connections."

Cicuto said a decline in the number of isolated seniors her organization supports is concerning, and she fears they may need help but aren't receiving it.

"It's important for us to be out there, and do home visits, and connect with the caregivers, and be here in the office where people can walk in and expect to receive service," she noted.

To register as a team or individual for the Alzheimer's Walk, visit: tinyurl.com/yefkhf8k

"Come out and spend a beautiful Saturday morning at Island Lake," Cicuto said. "Hopefully, the weather will cooperate with us."



Jesse Fiore, third from left, cuts the ribbon to officially open his new business, Tilt Skateboard Shop, in Bolton. PHOTO BY ZACHARY ROMAN

Tilt Skateboard Shop wants to be hub for Caledon skateboarding community

BY ZACHARY ROMAN

Jesse Fiore has wanted to own his own skateboard shop since he was 13.

Now, 30 years later, he's made his dreams a reality.

On May 6, a grand opening ceremony was held for Tilt Skateboard Shop in Downtown Bolton. Surrounded by family, friends, Caledon Council, and the Caledon Chamber of Commerce, Fiore cut the ceremonial ribbon just after noon. He said he was nervously excited leading up to the grand opening and that it was great to finally be open.

Fiore said he's bringing quality skateboard products to Caledon and Peel Region. He's hoping to not only provide service to experienced skaters, but introduce new people to the sport as well.

"Kids that may not understand skateboarding, or even know about skateboarding, can walk by (the shop) and walk in and they can get excited about it," said Fiore. "Maybe they'll fall in love like I did when I was that age."

Growing up in Toronto, Newmarket, and Richmond Hill, Fiore has been skateboarding since he was 10 years old. Now, he's been in Bolton for many years and loves the community.

Fiore says he had the name Tilt in mind for his skateboard shop for many years.

"Usually when you're on a board and you're doing tricks, you're kind of tilted in all different ways," said Fiore. "Tilt, I think it's a cool, easy, simple name."

Looking forward to the future, Fiore said he wants to host an annual skateboarding contest in Caledon. He wants to bring together the community for a day of food, music and skating, possibly even bringing in some professional skaters.

"Just make it a huge thing that the community can get excited about every year," said Fiore. "We've never had anything like that… it'll be something brand new."

Tilt Skateboard Shop has everything from pro-level decks to quality complete skateboards for beginners. There's also a variety of apparel like hats, hoodies, t-shirts, shoes, jeans and crewnecks. Tilt offers skateboard repair and setup services and sells each individual part of a skateboard as well. Fiore said whether you're into skateboarding or just want to learn more, stop by his shop and he'd be happy to chat.

"I'd love to talk to you… I want to meet everybody in the community," said Fiore.

Ward 6 Councillor Cosimo Napoli spoke on behalf of Mayor Annette Groves and Caledon Council at the grand opening of Tilt.

"Welcome to the Caledon business community," said Napoli. "We wish you great success as your business continues to grow."

Tilt Skateboard Shop is located at the Royal Courtyards in Bolton and can be found online at tiltskateboardshop.com.

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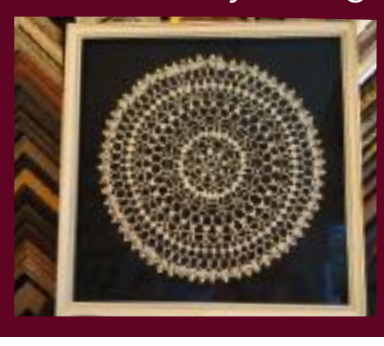
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Caledon Citizen's Spring Sports Preview

Caledon Cavaliers Rugby Club is revved up for its 2023 season

BY JIM STEWART



CONTRIBUTED PHOTO

Caledon Cavaliers President Mike Iacovelli is reveling in the strides his young rugby organization has made in the last year.

Iacovelli credits many of the improvements and the promise of the 2023 Caledon Cavaliers Rugby teams to the club's Junior Rugby Director, Jordan Higdon.

It's Iacovelli's belief that Higdon is "the main reason the players have performed outstandingly well and were all looking forward to what the new season brings."

In a selfless gesture that extolled the value of his fellow administrator and coach, President Iacovelli asked us to interview Coach Higdon whose influence is felt throughout the organization from its grassroots program to its upper rep teams. Coach Higdon took some time from the rugby pitch at Humberview Secondary School to reply to our questions.

Caledon Citizen: How does your rugby club look heading into the 2023 season? Have you been doing any winter training to prep for the upcoming season? If so, where does the Caledon Cavaliers Rugby Club conduct their winter workouts?

Jordan Higdon: "The Cavaliers are looking strong this year. Since we've started training outside a few weeks ago, the players have been able to develop and refocus their skills a lot sooner than most. We were lucky to run our rookie rugby program over the winter months for 10 weeks which made the last program our fourth installment which has attracted over 60 new young Rookie players to the sport and that has also helped become a grassroots feeder program into the club. The program was run in partnership with the Town of Caledon at the Caledon Recreation & Wellness Centre. We also had an adult touch rugby team entered in a league which played from January to April which was successful. They had a strong defensive core that allowed the fewest number of tries scored against over the season."

Caledon Citizen: How did the Caledon Cavaliers Rugby Club do last season?

Jordan Higdon: "Well, I believe all of last season was a highlight reel. Our Mini/Jr programs were extremely confident in their playing abilities from the very beginning of the year. Our U12 group was so committed to playing more, we actually extended our season with four extra events in September 2022. Our U14 group ended on an incredible run not losing a match in their final event in October. As it showed at the events we attended, we did even win some provincial hardware for Minor Rugby Club of the Year. It was our first year competing which speaks about all of the effort every single person put in, from administrative to the players to volunteers that made it all possible and that keep pushing for that excellence."

Caledon Citizen: Who are the teams we should watch for this upcoming season?

Jordan Higdon: "A team to watch out for would be our U14 boys team. We have some exceptional players in the group that played last year and some U12 players moving up this year that I'm excited to be coaching."

Caledon Citizen: How long have you been coaching the Caledon Cavaliers Rugby Club and what's the most satisfying aspect of leading this sports organization?

Jordan Higdon: "This is my second season coaching with the Caledon Cavaliers. The most satisfying aspect of leading has to be the 'never-give-up' mentality that the players develop throughout the season. The drive for them to be successful – that they find within themselves in disparaging moments of the game. Like missing a tackle, getting back up chasing that player down and actually tackling them. Yes, they could have relied on teammates to tackle the player but it's getting up off the floor when you're down and continuing until that very last whistle."

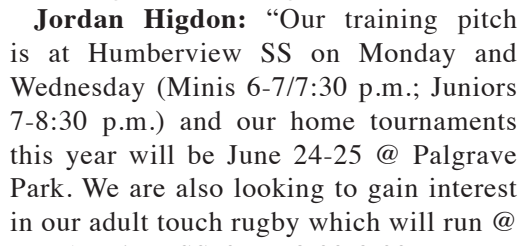
Caledon Citizen: For someone who is new to the community and would like to see the Caledon Cavaliers play, where is your home pitch and when are your traditional nights for home games?

Jordan Higdon: "Our training pitch is at Humberview SS on Monday and Wednesday (Minis 6-7/7:30 p.m.; Juniors 7-8:30 p.m.) and our home tournaments this year will be June 24-25 @ Palgrave Park. We are also looking to gain interest in our adult touch rugby which will run @ Humberview SS from 8:30-9:30 p.m. on Wednesdays. It's a great, fun way to get active and it's a simpler version of the game with no contact that can make it enjoyable for even more people."

Caledon Citizen: Please comment on your upcoming Try Rugby event.

Jordan Higdon: "'Try Rugby' is a free event for anyone that wants to test the waters that has interest in rugby, but isn't quite sure what to expect. As many people haven't seen rugby, it's an amazing opportunity to learn something new, expose the sport to the community, and continue growing it locally. The event is held at Humberview SS from 6-7:30 p.m. on Monday, May 8."







Happy MOTHER'S DAY!





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Live Auction Sale

Equipment Consignment

Saturday May 20th, 9:30am

554447 Mono-Amaranth TLine, Mono, ON Go west through Orangeville on Hwy 9 to County Rd 16 (Veterans Way at Greenwood Cemetery), turn north 5 miles to farm on East side. OR From Shelburne go east on Hwy 89 for 2 miles to Mono-Amaranth Townline, turn south & go 5 miles to farm on East side.

Tractors/Skidsteer: Ford/NH 8670 4WD tractor, cab, 4 remotes, 7100hrs, 7100hrs; Case SV300 Skidsteer, material bucket, 2750hrs; Case 2290 4WD tractor, cab, 5700hrs; McCormick W4; JD LA145 lawn tractor, 48" cut

ATV, Gator, Livestock Trailer: 2001 Honda Rubicon 4x4, new brakes, 6900kms; JD 825i 4x4 gator, hyd dump, 2330hrs, recent tuneup, new seats; 2012 Sundowner Pro-Stock Super Series, 32ft gooseneck livestock trailer, ball/pin hitch, 1 divider; **Mach & Equip:** Int 4600 cultivator, 26.5'w; Skidsteer attachments(3 prong bale spear, gravel bucket, 1 prong bale spear, manure bucket); NH hayliner 273 baler; MF 33 seed drill, 15 run; NH side rake; NH 472 haybine, 7ft; NI 362 manure spreader, good floor; Danauser post hole auger; Farm King 8' grader blade; Allied 22' bale elev; old JD manure spreader; set of duals 18.4-38; set of duals 20.8-38; frame for tote hopper; 3pth bale spear; Vermeer BC600XL wood chipper, gas; 12ft Int Vibrashank cultivator-older; MF 124 sq baler, hyd swing thrower; Int 14, 4 bar hay rake; (2)gravity bins, 200bu on JD running gear; 8"x41' Farm King grain auger on wheels; 13' Int cultivator; 12'cultivator with rolling harrows; **Farm Rel:** (2)goat feeders; heat lamps; chicken waterers & feeders; Lee Valley 1-row potato planter/digger; 3pth log splitter; corner stall horse feeder; Mar-Weld calf creep feeder; **Shop/Misc:** 3 in 1 machine (shear, brake & roll); 5gal air comp; (3)wire dog crates(med/lg); 34x80" wood/glass door-new; sm tools; (2)17" alum Chev rims; Dusk-Dawn yard light, tire rack, router table, 10spd bike; Husqvarna weed eater & harness, motor block jack; (2)480-8 NHS tires-new on rims; (3)culverts (3'x23', 20"x16.5', 20"x 12.5'); **HH / Antiques:** Round table; 14" fan; camp stove; (2)night stands; 2 shelf stand; (A)chamber pail & pot; 3 tier end table; 4 shelves on dolly-pie rack; hutch 7'x3'x20";

Note: **Please contact auctioneer if you are wanting to consign any equipment/items**

****Watch the website as items will be added regularly****
Lunch Booth • Washroom Available
Preview: Friday May 19, 1-6pm

Terms & Conditions: Cash or Cheque with proper I.D. on day of sale. Owner and/or Auctioneer will not be held responsible for accident or loss on day of sale. All items are sold "As Is". All verbal announcements on day of sale take precedence over written ads.

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Trailers & Misc Great Dane 48' aluminum storage van w/aluminum floor, no undercarriage; Mond 48' storage van w/wood floor & undercarriage; 2 steel frame TA trailers; Power Hacksaw 110; Vulcan tire changer; Hahn Maxi Pro sprayer w/boom; Windmill 710 3 ph broadcaster; Hasqvarna chain saws; garage doors 8' & 10'; 8' & 6 1/2' truck caps; Lucknow 7 1/2 snowblower; steel racks; some 2" lumber;
Antiques Barns are full & 2 storage vans are full when the Century home was renovated (note still unpacking). Horse cutter mfg by Harry Grego Stroud Ont.; Horse drawn sprayer wood barrel & wheels, Bateman Mfg N.J.; Ant. Grain cleaner; 8' wooden ant gate; ant. potato cutter; ant. grain cleaner; fanning mill; 4 wooden high wheels; milk carrier; separators; cast stoves; approx 40 plus calendars from the 30's; B.A., Ford, Buick, General Merchant, Bank of Commerce etc.; old toy guns; honey tins; crocks; home-made toys; number of named boxes; # of Something To Read 1885 & Union Jack mags 1916 & boxes of early magazines; milk bottles Smith's Farm Dairy Barrie, butter bowl; St Lawrence sugar box plus others; Shoe harness box, lge wood doors; plexiglass; granite ware; named boxes; beds; wicker; round table; wash tubs; ice box; pump organ; ant. chairs; piano stool; # of trunks some are full of old paper work; weight clocks, steeple & Gingerbread; cream & milk cans; cast stoves; Schwinn Bicycles w/motors; windows; trunks; wood wheel barrel; old school bell; old licence plates; old sleighs, etc.
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OBITUARIES

COWAN, CECIL JOHN WESLEY



Peacefully at home on Wednesday, May 3rd, 2023 at the age of 101. Beloved husband of the late Freeda Turney and Winnifred MacKnight. Dear father of Everett (Janet) of Shelburne, Larry (Theresa) of Arthur, Dianne Ryder (Gordon-2022) of Orangeville, Elaine of New Brunswick, Murray of Bolton, Ralph of Durham, Bill (Faith) of Grand Valley and Blanche (Steven) of Newmarket. Cherished grandfather of 20 grandchildren, 31 great-grandchildren and 2 great-great grandchildren. Loving brother of Mary. Predeceased by his siblings Grace, Gordon, Florence, Geraldine, Jeanette, Vera. Cecil will also be greatly missed by other relatives and many friends.

Visitation will be held at the *Dods & McNair Funeral Home, Chapel & Reception Centre*, 21 First St., Orangeville on Monday May 8th, 2023 from 5:00 pm - 8:00 pm. Funeral Service will be held in the chapel on Tuesday May 9th, 2023 at 2:30 pm. Memorial donations to Tweedsmuir Presbyterian Church or the Orangeville Seniors Centre or a charity of your choice would be appreciated by the family.

Condolences may be offered to the family at www.dodsandmcnair.com

BELFORD, HAROLD



Peacefully at home with his loving wife Pat by his side on Tuesday, May 2nd, 2023 at the age of 60. Dear step-father of Dawn, Heidi (Glenn), Beth (Doug) and Michael Sewell (Jill). Cherished grandfather of Jeremy, Carson, Tyler, Joshua, Matthew and Quorra. Great-grandfather to Heather. Loving brother of Judy Leonard (Don), Penny Patterson (Scott) and Bonnie Belford (Joe). Predeceased by his parents Harold & Phyllis Belford, sister Linda Penner (2019) and brothers Terry (2022) and Wayne (1996). Harold will also be greatly missed by his nieces, nephews other relatives and many friends.

Memorial Reception will be held at the *Dods & McNair Funeral Home, Chapel & Reception Centre*, 21 First St., Orangeville on Sunday, May 7, 2023 from 6:00 p.m. to 8:00 p.m. Memorial donations to the Stronach Cancer Center would be appreciated by the family.

Condolences may be offered to the family at www.dodsandmcnair.com

IN MEMORIAM

Steve Caines

October 26, 1956 - May 13, 2022



My Sweet Cowboy,
You're forever on my mind
and forever in my heart.
I miss you so much Babe,
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Love, K xoxo ♥



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FOR INFORMATION regarding **HEART and STROKE**, call Dori Ebel (519)941-1865 or 1-800-360-1557.

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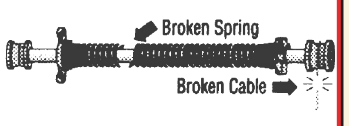
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Residents campaigning for Greenbelt protection in Bolton this weekend

Continued from Page 7

According to the province, the reason it changed the Greenbelt Plan was to accommodate growth and support the building of housing. However, a February 2022 report from the Ontario Housing Affordability Task Force said a shortage of land isn't the reason for Ontario's housing issues. The report states land is available in existing developed land outside of the Greenbelt.

At Region of Peel Council's February 9 meeting, Council sent a letter to the Ministry of Municipal Affairs and Housing "communicating the importance of permanently protecting the Greenbelt."

In the Region's letter, Regional Council Chair Nando Iannicca said Peel has "significant concern with the Province's recent decision to amend the Greenbelt Plan." Iannicca's letter said that removing previously protected lands undermines the integrity and permanence that was intended for the Greenbelt.

Mike Balkwill of the Greenbelt Promise group said many people were shocked when Premier Ford broke his promise to not touch the Greenbelt. He said he attended many protests about it where he met people attending a protest for the first time in their life.

"More sprawl is the exact opposite direction of what we need to be doing," said Balkwill. "The Greenbelt promise was the real revealing moment about the Ford government's agenda."

Balkwill said it's important to know the Greenbelt land can still be saved before it gets developed and that's why it is so important to fight back right now.

"It's really important for the public to know that this is not a done deal," said Balkwill. "Their actions, and their speaking up, makes a difference."



PAINTING



PAVING SERVICES









PLUMBING







ROOFING



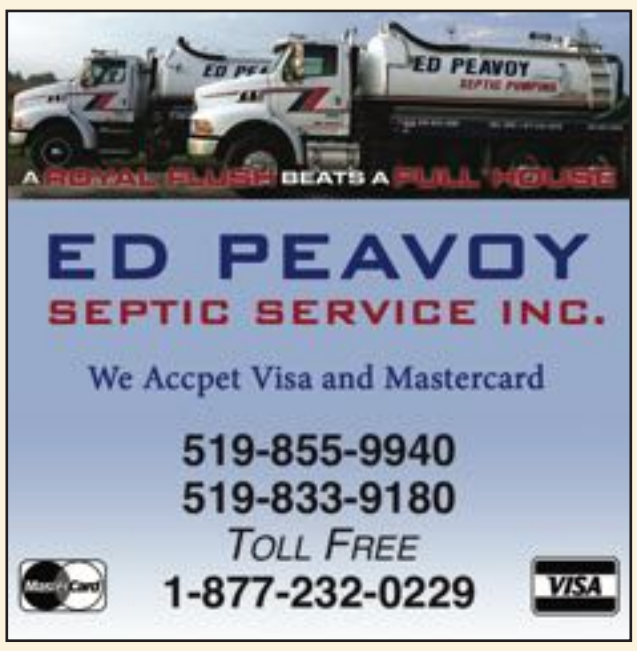
SECURITY



SENIOR SERVICES



SEPTIC



SKYLIGHTS



TRANSPORTATION



TREE SERVICES

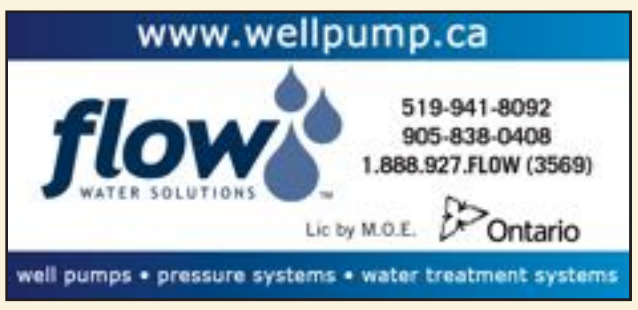








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