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FREE | Thursday, May 6, 2021 | Volume 41, Issue 18



Courtney Halkett and Janice Snow are two employees of Bolton's Family Transition Place. Family Transition Place is just one of several area congregate care settings to issue an impassioned plea to residents to stay vigilant while sharing some of the stark realities they have faced since the start of the global pandemic.
PHOTO BY ROB PAUL

A moment of fun is not worth "ripple effect," say congregate care groups

BY ROB PAUL
LOCAL JOURNALISM
INITIATIVE REPORTER

The Congregate Care Settings Group of Dufferin and Caledon, like all members of the community, have felt the draining impacts of the COVID-19 pandemic for the last 13 months.

They know it's been the hardest year of everybody's lives, but they want to encourage people to continue to do their party to keep the community safe.

The group is made up of Abbeyfield Caledon, Bethell Hospice, Boston Mills Retirement Community, Caledon Community Services, Choices Youth Shelter, Community Living Dufferin, Dufferin Area Family Health Team, Dufferin Child and Family Services, Dufferin Oaks Long Term Care Home, Family Transition Place, Hospice Dufferin, Kerry's Place, Lord Dufferin Centre, Oliver House, Pine River Institute, Shelburne Long Term Care Home and Retirement Community, SHIP, and South Bridges Care Community.

Seeing firsthand how difficult it has been, together the Congregate Care Settings Group of Dufferin and Caledon penned an open letter to residents pleading that despite pandemic fatigue, the third wave is no time to stop doing what must be done to save lives.

"We have all heard the tragic stories of the front lines of health care—we know of the unprecedented exhaustion, pressure and trauma that nurses, doctors, paramedics, environmental services staff and allied health professionals are coping with," the letter reads. "The pressures on the health care system are enormous. What may not be as obvious, is the crisis unfolding within congregate (communal living) settings. Congregate care settings are organizations that house some of our community's most vulnerable peo-

Continued on Page A3

Feds step in for assessment of GTA West corridor

BY ROB PAUL
LOCAL JOURNALISM
INITIATIVE REPORTER

The federal government announced Monday that they will be getting involved and leading the environmental assessment of the proposed GTA West Corridor, a.k.a. Highway 413.

One of the most polarizing actions by Ontario Premier Doug Ford was the decision to revive and move forward with Highway 413.

The highway, if built, is set to run through Caledon, Vaughan, Brampton, and Halton Hills.

Originally proposed in 2003, but cancelled by the Liberal government in February 2018, the Ford government brought it back in November 2018 and have since received criticism from environmental groups and opposition from municipalities along the route.

Highway 413 would be an approximately 52-kilometre four-to-six lane highway built between the 401 and 407 at the Halton-Peel boundary and the 400 north of Vaughan with two extensions to connect the 410 and 427 with it.

Continued on Page A5

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TOWN OF CALEDON
TOWN NEWS

See Page 7



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COVID-19 vaccinations now open in Peel to everyone 18+

BY BROCK WEIR

All Peel Region residents aged 18+ are now eligible to book their COVID-19 vaccine appointment.

The decision to ramp up vaccination efforts was announced by Dr. Lawrence Loh, Peel's Medical Officer of Health, on Wednesday afternoon.

As of 8 a.m. on May 6, 11 mass vaccination clinics across the Region will be equipped to welcome residents with pre-booked appointments and the Region says this expansion of eligibility will impact 50,000 residents who do not live in designated hotspots.

"Now is the time for every adult Peel resident to access vaccine," said Dr. Loh. "We are thrilled to have vaccine supply to enhance our mass vaccination efforts and offer protection to everyone over 18 who lives in Peel Region. This is a very important step in our fight against COVID-19, as we work towards vaccinating our community as quickly as possible."

Added Nancy Polsinelli, Commissioner of Health Services: "Opening eligibility to all 18+ Peel residents allows us to expand our overall Mass Vaccination Plan that includes a variety of options for vaccination at fixed clinics, primary care providers, hospital clinics, pharmacies and mobile community outreach clinics. We are continuing to work closely with the province to ensure additional vaccine supply for Peel. All residents who are eligible are urged to book their appointment and get vaccinated as soon as possible – the best vaccine is the first one that is available to you."

Residents of Peel who are between the ages of 18 and 49 but do not live in a provincially-identified hot spot must book an appointment using Peel's booking system at peelregion.ca/coronavirus/vaccine/bookappointment. Residents living in hot spots should continue to use the Province's booking system at covid-19.ontario.ca/book-vaccine or by calling 1-833-943-3900.

Peel's eligibility expansion came less than a week after the Province revised its own eligibility requirements.

Last Thursday, the Province announced all Ontarians 18+ would be eligible to book their vaccinations by May 24.

The acceleration of the vaccine rollout is due to an expected increase in vaccine supply from the Federal Government.

By the start of this month, it was expected that 800,000 doses of the Pfizer vaccine would begin arriving per week, ramping up to 940,000 doses per week by the end of May

"Ontario's vaccine rollout is continuing to focus on getting vaccines to those most at risk," said Health Minister Christine Elliott. "With a stable and reliable supply of vaccines on the way, we will continue expanding access to the vaccine in communities across the Province, especially those areas that continue to be hit hardest by COVID-19. The best vaccine remains the first one you're offered and I strongly encourage everyone to sign up as soon as it is their turn."

During the weeks of May 3 and May 10, 50 per cent of the vaccines are expected to be designated for hot spots, with an emphasis on mobile teams, pop-up clinics, mass immunization clinics, hospitals, primary care and pharmacies.

Additionally, Peel Public Health has expanded the mass vaccination clinic at the Caledon East Community Complex to 650 appointments per day.

Future Caledon plan will serve as blueprint beyond 2051

BY ROB PAUL
LOCAL JOURNALISM
INITIATIVE REPORTER

Council has been provided an update on the Future Caledon Official Plan, one which looks at various aspects of how Caledon can prepare for what's to come with an Official Plan set to be finalized in 2022.

The official plan review commenced on March of 2019 with a statutory open house and the presentation was an update on progress made since September 2021.

The speakers included Sylvia Kirkwood, Marisa Williams, Adrian Smith from the Region of Peel, Jamie Cook of Watson & Associates Economists Ltd., Ray Bacquie of R.J. Burnside & Associates Ltd., and Bobby Gauthier of WSP Canada.

The project began in 2019 with a five-year timeline. 2019 was spent building the project work plan and 2020 focused on data collection while 2021 has been policy formulation to set 2022 up for policy formulation and council approval for implementation in 2023.

Kirkwood first provided an update on the Town of Caledon land use plan. The original plan was written in 1979 and the plan's current boundary takes the Town to 2031 for development opportunities.

"It's focusing most growth between Mayfield West, Bolton, and Caledon East," said Kirkwood. "The new official plan we're working on is a comprehensive update to the document and it will also be a provincial conformity review as well as conformity review with our Region's official plan. The new document will prepare us for growth to 2051 and beyond."

The original plan from 1979 was focused on those three areas for growth specifically. But with discussion from the community they've expanded growth focus and have specifically looked at Caledon East to play a role in the business sector because it lacks the viable land for expansion. While the other areas of the Town will be better utilized for expansion.

"We wanted to create a town centre utilizing Caledon East because of its limited opportunities for expansion due to the location of it within the Oak Ridges Moraine and Greenbelt area," said Kirkwood. "As part of that, we looked at two business areas to be focused on and we focused on Victoria and Sandhill. And we focused a tourism and recreational highlight to our communities in the northwest area of the municipality."

Needing to have the Town's official plan aligned with the Region of Peel's, Williams explained to the Council how that should look going forward.

There are five focus areas for the Town official plan: natural resources and agriculture; climate change; tourism, heritage, healthy communities, and culture; transportation, technology, and infrastructure; and growth, settlement, housing, and employment.

"When we started the official plan review project and we were developing the project charter and work plan, we knew we needed to conduct a policy conformity exercise that would align itself with not only the provincial work, but the Region of Peel's official plan work that they were undertaking," Williams said. "There's five key focus areas that align with Peel's 2041+ 13 topic areas."

Each of Caledon's key focuses connects to Peel's to ensure there's continuity between the Town and the Region.

Peel's 13 areas of focus are aggregate resources, Greenbelt plans, greenlands system planning, agriculture, climate change, water resources, age-friendly planning, health and the built environment, transportation, major transit station areas, settlement boundary expansion, housing, and growth management.

The Region of Peel is required to carry out a comprehensive review of its plan every five years and it stays consistent and conforms with the provincial plans and the regional plan sets the context for local municipality plans.

The Peel 2041+ plan review began in 2013 with it set for provincial conformity by July 1, 2022.

The Region of Peel provided a preliminary growth forecast for the municipalities within the region. With Caledon's current population estimate at 81,000 and employment estimate at 26,700, those numbers are estimated to rise to 300,000 and 125,000, respectively, by 2051.

Cook broke down the employment strategy for the Town plan with it looking at five different areas. The first being growth allocation to Caledon with employment growth, location and land expansion, and overall employment area density.

From there, the employment sectoral analysis will anticipate the types of employment sectors which will inflate the local target sectors and site requirements—to inform what key target sectors. Based on anticipated employment growth by sector, the employment demand by area will be formulated and the town will then need to consider policies to attract target sectors and the amount of employment growth allocated to the Town.

With the expected growth of Caledon, Bacquie is focused on developing the multi-modal transportation master plan. The objective is to identify transportation needs and solutions for the year 2041 and 2051 to acclimate the population and employment growth.

The plan needs to integrate the Caledon Transit Strategy and improve active transportation to support the Town's broader objectives such as climate changes and healthy communities.

Currently they are developing alternative strategies and analyzing their impacts from a transportation, environmental, and natural heritage perspective in regard to transportation.

Finally, Gauthier walked Council through what's next with the Future Caledon Official Plan. Regional and provincial inputs as well as Town studies will guide the plan with background review and gap analysis reports for May and June 2021, policy options and directions reports for Fall 2021, and a draft of the Town of Caledon plan by late 2021.

There will be a detailed engagement plan presented to Council later in May to showcase events and consultation tools to receive community input.

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"Ripple effect is not worth moment of fun," say groups

Continued from FRONT

-ple. This letter is being sent on behalf of a group of leaders of our community's congregate settings on behalf of those we serve.

"The pandemic has demonstrated once again that those most at risk in our community for contracting the virus are often the same people who are most at risk for—everything else. They are the marginalized, the disenfranchised, the homeless, the disabled, the elderly and ill. They are children and youth in transition or living with neglect or abuse. They are individuals who are differently abled or struggling with mental health, and those using substances to cope. They are women at risk, locked down in their own homes with an abusive partner. They are essential workers in grocery stores, warehouses and manufacturing facilities who don't have sick benefits and don't have the social capital or support to refuse unsafe work during this pandemic. These are the people we serve and care for. They are the reason that we are awake in the middle of the night—hoping we can keep our respective facilities and services free from an outbreak—while we track daily case counts and trends, which can make us feel anything but hopeful.

"For the past year, at a minimum of twice per week, this group of leaders from our community's congregate care settings have been meeting—virtually, of course—as the pandemic has unfolded and evolved. The organizations represented at this virtual table shoulder a unique burden. We continue to work to keep the people we support safe from the risks they face in their everyday lives. We are now also working to mitigate the added risk of contracting the virus while living communally within the walls of our organizations. Over the past year, our work has changed. It had to. Not only have we had to learn, develop and implement new infection, prevention, and control protocols and to work together while wearing face masks and eye protection, but in order to effectively protect the people we support as well as our staff, we have had to adapt our facilities and service delivery. We can't give up or relax our steadfast vigilance. We are responsible for the safety and well-being of too many.

"Our fears are many, but one of the greatest is that our staff will get sick and be unable to care for people living in our organizations and accessing our services. We fear that if even one of the people we support becomes infected, the virus may spread, infecting other residents as well as our staff. We fear that if that happens, we won't have the resources we need to care for people in the way they need to be cared for. However, the biggest fear we have right now is that the more tired, frustrated, and angry we all become, the less willing any of us are to follow the rules. We know, however, that in not doing so, we will be condemning ourselves to a fourth wave and maybe a fifth of this pandemic. We want our work to be all about caring for the people we support and their families. We want to be able to do this in the way we know they need it—face-to-face, in-person and with unreserved compassion. We know the demand for our services isn't going anywhere but up—even when the pandemic is long behind us—so we are holding out hope. We have to. It was Mahatma Ghandi who said, 'a nation's greatness is measured by how it treats its weakest members.' We believe in the greatness of our community, which is why we are asking for your help.

"We are asking you to dig in. To dig deeper. Despite being tired and frustrated, please consider your actions and the impact they may have on people who may not have the same resources and privileges that you do. Please help us protect the most vulnerable people in our community. Stay home as much as you can. Wear a mask. When it's your turn, get vaccinated. By doing so you are helping us save lives."

Norah Kennedy, a member of the group and the Executive Director of Family Transition Place—a shelter for women who experience abuse and unhealthy relationship—said she drafted the letter on behalf of the group with the goal of helping people understand how critical the situation is for these organizations.

"We've been meeting since the beginning of the pandemic a couple times a week because we're representatives of different organizations that are being referred to as congregate settings," she said. "We've been effected by the pandemic in a really specific and different way because though we're very different organizations and settings—everything from long-term care to shelters for abuse—but the thing that we really share in common is the fact that we're housing and sheltering really vulnerable people in close proximity. We know what happened back in the first wave with long-term care and retirement homes and how the virus swept through those facilities. We know what the risk can be and so, on our calls, we talk about what the issues are, what the trends are, what our concerns are, and how to mitigate them."

The restrictions and directives in place for congregated setting on how to keep people safe are extremely detailed and that has caused these organizations to shift from dealing only with the issues involving their clients to how to serve them in the safest possible way, says Kennedy.

"We're changing how our facilities operate and how our services operate so we're still giving them the support that they need, but trying to keep them safe from another danger," she said. "In my situation, safety has always been our number one concern at the shelter, but now we're adding the…increase of safety with health."

With all the effort put forth by these organizations to keep their clients safe, Kennedy says they were motivated to let the community know that their help is still needed to protect those who need it the most.

"What triggered the letter was a conversation we had a couple of weeks ago around how tired our staff are, how hard this has been for all of us, and yet we keep stepping up and trying to remain optimistic," she said. "We're really proud of the fact that the outbreaks in congregate settings—especially in our region—are actually really low. But we just wanted the opportunity to let the community know that everybody's actions, everybody's individual choices, have an impact on other people.

"Our point is that the people we're sheltering, and housing are some of the most vulnerable people in our community. These are the people that are going to be the most at risk in so many other things in normal times. As we've seen across the globe, the pandemic is hitting those communities that have been marginalized the hardest. It was an opportunity to ask the people of the community to look at the better side of their nature because we all know how tired and fed up we are and we all want to be out there with people again, but we need people to recognize the most vulnerable don't have the same opportunities that many of us do. We believe as a group that it's part of our responsibility to protect and care for those people in any way we can."

Kennedy says she worries people forget how poor choices in the community can lead to major impacts, especially on those without the same privileges that are more vulnerable, when relaxing around COVID restrictions.

"Most of the time people want to contribute to the common good and we're right there with everybody, we're tired and tired of having to be screened and putting on the masks and goggles," she said. "We all want to get back to barbecues with our families as the weather gets nice, but every time we take that risk, we convince ourselves that it's not us that it's going to happen to, it's somebody else and we'll be fine.

"Every time we take that risk, on the off chance we're not fine, that has a huge ripple effect. If one of my staff or a client comes in contact with somebody spreading it, that's just not one person, that's them, their family, all the clients they're in contact with, the whole staff, and their families. The ripple effect is not worth it for the brief moment of fun."



Dufferin–Caledon MP Kyle Seeback handed out warm iftar meals in a drive-thru style Ramadan event at Shelburne's Mosque on Friday, before breaking his own fast at sunset. **PHOTO BY SAM ODROWSKI**

MP Kyle Seeback fasts for Ramadan

BY SAM ODROWSKI

Dufferin–Caledon MP Kyle Seeback participated in this year's Ramadan celebrations with the local Muslim community.

He fasted all day on Friday, May 4, and handed out warm iftar meals outside of the Mosque in Shelburne (506195 Hwy 89), provided by the Muslims of Shelburne, before later breaking his fast with the meal at sunset.

For the holy month of Ramadan, which takes place from April 12 to May 12 this year, Muslims' fast from sunrise to sunset.

"I think it's an incredible sacrifice to fast for almost an entire month. One day is tough enough, so I think it's really quite remarkable," said Seeback.

He told The Citizen the most difficult part of the fast was getting through the afternoon.

"The afternoon was really tough because I guess that's when we're all hungry, I find. You want some kind of a snack or something," Seeback said.

However, at 5:30 p.m., when speaking with the Citizen, Seeback said he was feeling much better, since getting over the afternoon hunger.

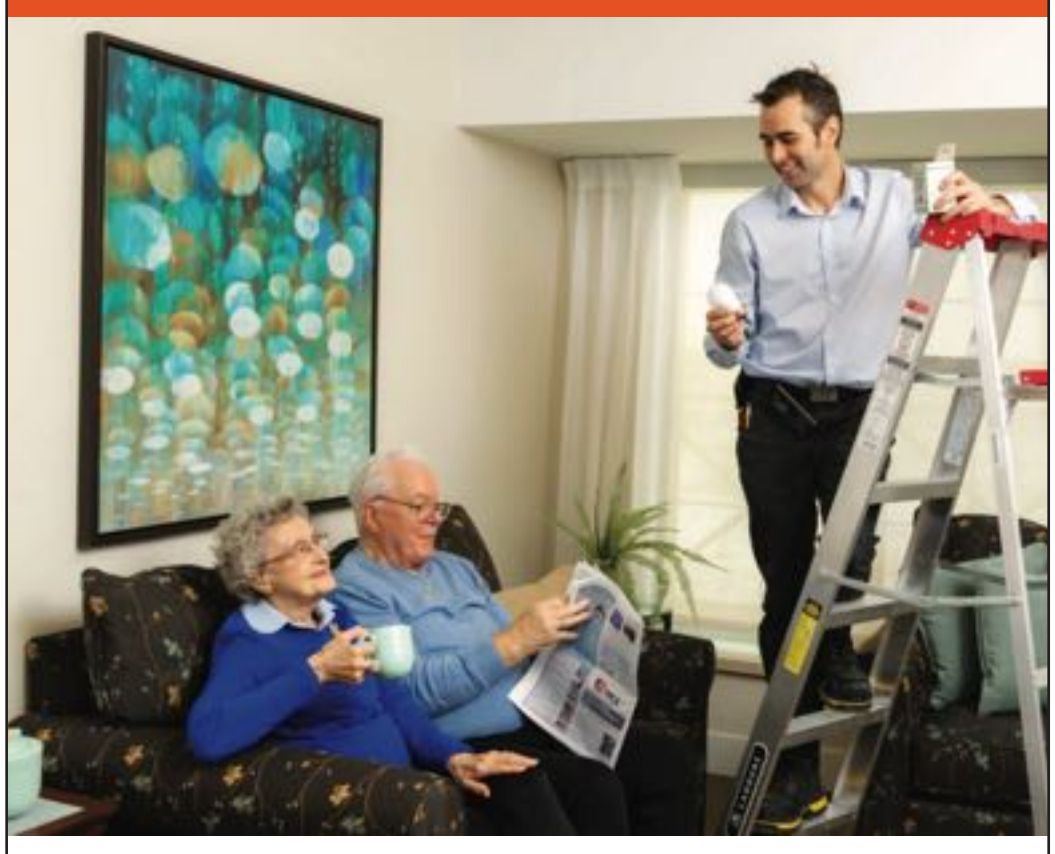
He said he felt inclined to participate in the fast because of Ramadan's significance to Muslims in the community.

"I just think we love to share religious celebrations in this country, whether it's celebrating Christmas or whether it's celebrating Vaisakhi, and Ramadan is a very important religious month for Muslims, so I wanted to take part in it," Seeback explained.

The Muslims of Dufferin and Muslims of Shelburne have both hosted multiple drive-thru events during the holy month of Ramadan and collected donations for Islamic Relief, which is providing food to those in need who live in Yemen.

"I just want to say happy Ramadan to the Muslim community and hope that it goes very well," said Seeback.

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FATAL INDUSTRIAL ACCIDENT

On Saturday, May 1, at approximately 6:45 p.m., officers from the Caledon OPP, along with Caledon Fire and Emergency Services, responded to an industrial accident at a truck yard in the area of King Street and Airport Road in the Town of Caledon.

"A worker was pronounced deceased at the scene of the industrial accident after becoming trapped underneath a truck," say Police.

The victim has been identified as Jaswant Sandhu, 35, of Toronto.

"Caledon OPP with the assistance of the Central Region Forensic Identification Unit and the Ministry of Labour continue to investigate the circumstances surrounding this incident."

Any person with information regarding this investigation should immediately contact the Caledon OPP at (905) 584-2241 or toll-free at 1-888-310-1122.

Should you wish to remain anonymous, you may call Crime Stoppers at 1-800-222- 8477 (TIPS). You can also submit information online at www.peelcrimestoppers.ca. Being anonymous, you will not be required to testify in court and information you provide may lead to a cash reward of up to $2,000.

SERIOUS COLLISION

On Saturday, May 1, at approximately 1:15 p.m., officers from the Caledon OPP responded to a motor vehicle collision that occurred at the intersection of Innis Lake Road and Old Church Road in the Town of Caledon.

"The collision involved two motor vehicles - a white pickup truck and silver sedan," say Police. "Initial investigation indicates that the pickup truck was travelling northbound on Innis Lake Road, while the sedan was going westbound on Old Church Road. The vehicles entered the intersection and collided. The driver of the grey sedan sustained non-life-threatening injuries; the passenger of the sedan sustained life-threatening injuries in the collision, and was transported to a hospital.

"Caledon OPP is continuing to investigate the collision and is appealing to the public for additional witnesses of this crash. Anyone with information or dash camera footage involving this incident is asked to contact Caledon OPP Detachment at (905) 584-2241 or toll-free at 1-888-310-1122."

You can also provide information anonymously by contacting Peel Crime Stoppers at 1-800-222-TIPS (8477) or online at www.peelcrimestoppers.ca. When you contact Crime Stoppers you stay anonymous, you never have to testify, and you could receive a cash reward of up to $2,000.

DRIVER "CAUGHT RED-HANDED" FOR ILLEGALLY DUMPING TRUCKLOADS OF WASTE

Caledon OPP's Community Response Unit (CRU), along with the Town of Caledon municipal law enforcement officers, have jointly stepped up patrols and enforcement targeting illegal dumping in Caledon.

"On the evening of May 1, 2021, police were called to a dump truck rollover on Mayfield Road near McLaughlin Rd," say Police. "Police investigation revealed that the truck had been dumping construction waste, including dirt, bricks, shrubs and patio stones without permission in the construction site nearby. Once the waste was discarded illegally, the truck had exited onto Mayfield Road with its box still raised, hit overhead utility cables, and rolled onto its side.

Hydro One, Region of Peel Roads and Hazardous Spills, Brampton Fire Department and a heavy tow truck attended the scene to assist with the truck rollover and cleanup."

As a result, a 57-year-old driver from Brampton, who is also the truck and business owner, had been charged by the OPP with:

- Careless driving
- Fail to ensure daily inspection is conducted properly
- Fail to ensure under-vehicle inspection report is completed accurately
- Fail to accurately complete daily inspection report
- Drive commercial motor vehicle without required inspection
- Entering premises when prohibited

In addition to the charges laid by the OPP, the Municipal Law Enforcement Officer has charged the same individual with charges under the Town's Dumping By-law.

"The following night, on May 2, the same driver was caught inside the same property in the act of dumping dirt from a different dump truck. The driver was charged again by the OPP and the Town of Caledon Municipal Law Enforcement."

The driver is expected to appear at the Caledon East Provincial Offences Court on a later date to answer to the charges.

The charges have not been proven.

Caledon OPP and Town of Caledon Municipal Law Enforcement takes illegal waste dumping very seriously. Dumping garbage bags, bins or waste of any kind on Town roads is illegal. Dumping poses environmental threats, and in some instances also causes public safety concerns. Clean up efforts to remove illegal dumping can be very costly to the Town.

If you witness suspicious vehicles dumping unknown materials in the act, immediately report it to OPP at 1-888-310-1122. Please note vehicle description, licence plate number, occupant description and direction of travel.

To report illegal dumping after the fact, please contact Service Caledon at 905-584-2272 ext.7750.

THEFT INVESTIGATION

Officers from the Caledon OPP responded to three reported incidents of theft from motor vehicles that occurred in the early hours on Tuesday, April 27, in the Southfields Village neighbourhood in Caledon.

"It was reported that sometime overnight an unknown suspect(s) rummaged through vehicles parked in residential driveways," say Police. "The suspect(s) removed garage door remotes left in vehicles and gained entry to the garages. It is unknown at this time if anything was stolen from the garages.

"The residences that were affected by these thefts are located on Wishing Well Crescent and Icefall Road. The suspect(s) stole a wallet, identification and bank cards, a lottery ticket and garage door remotes. Some of the vehicles were reported to be unlocked at the time.

"Caledon OPP is asking the residents of the above neighbourhoods to check their security cameras for suspicious people, vehicles or activity. If you have any information or video surveillance footage in relation to these thefts, please call the Caledon OPP Detachment at (905) 584-2241 or 1-888-310-1122."

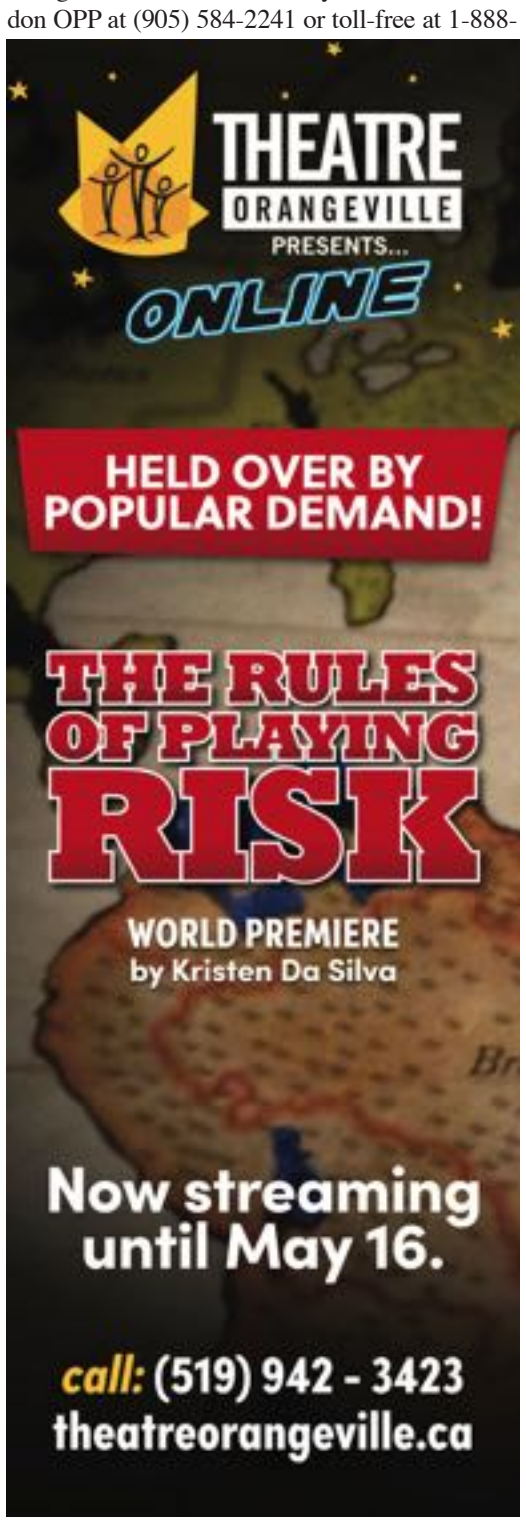
You can also provide information anonymously by contacting Peel Crime Stoppers at 1-800-222-TIPS (8477) or online at www.peelcrimestoppers.ca. When you contact Crime Stoppers you stay anonymous, you never have to testify, and you could receive a cash reward of up to $2,000 upon an arrest.

Caledon OPP reminds local residents to:

- Always lock your vehicles and close the windows;
- Remove everything from sight leaving nothing in your vehicle to steal;
- Remove garage door openers from your car, and
- Never leave the car running and unattended

What to do if someone steals your garage door opener?

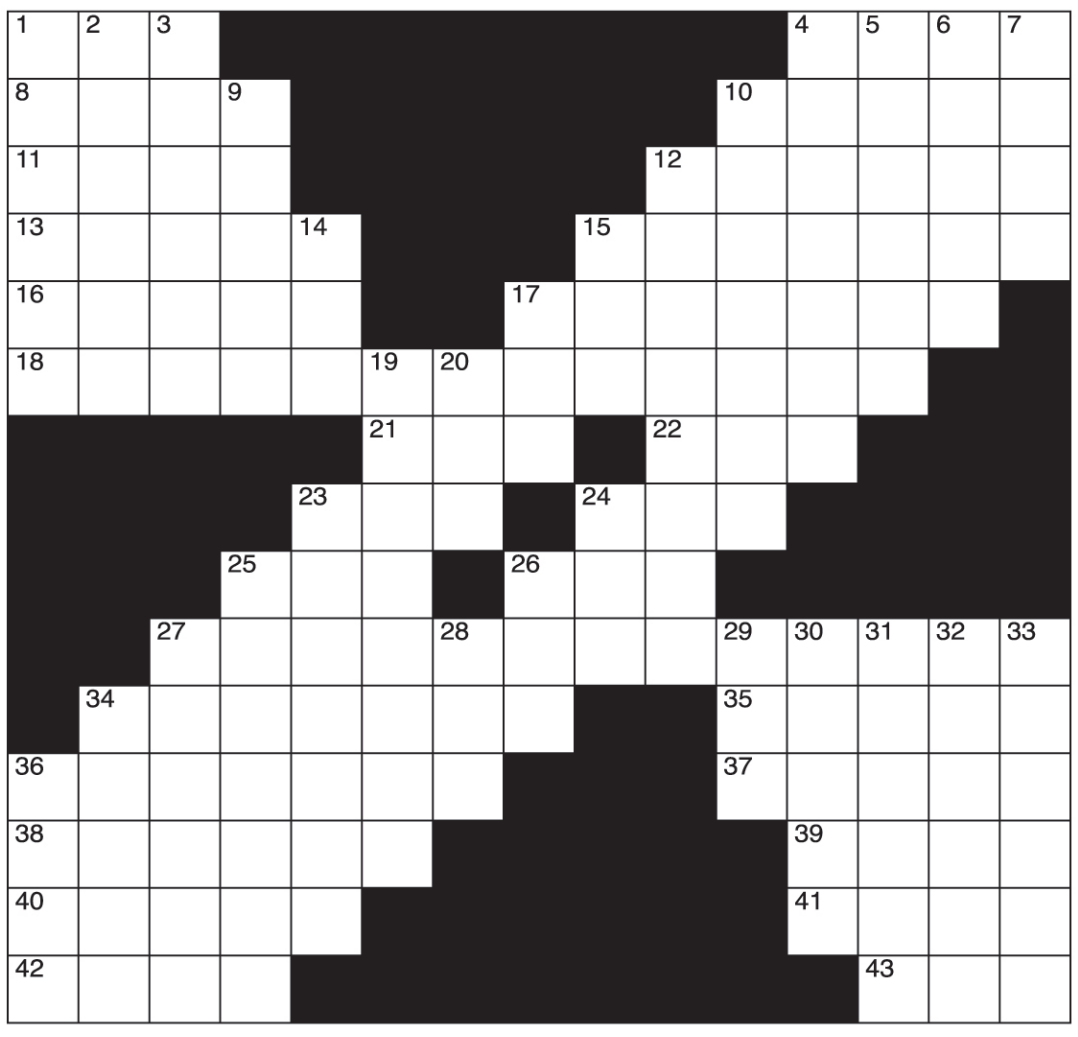
- Immediately disable the remote and reprogram the unit;
- Get a deadbolt lock for the door between your garage and the inside of your house and always keep it locked;
- Keep the garage door remote with you at all times - look into getting a mini-remote that fits on your key chain, or a smartphone App;
- Hide your vehicle registration showing your home address.



3 APARTMENTS FOR RENT
2 One Bedrooms and 1 Bachelor
Downtown Bolton
Occupancy Date: June 1st
CALL 416-938-7771 FOR DETAILS

The Citizen CROSSWORD

Solution on page B1



CLUES ACROSS

1. Engine additive
4. A hearty laugh
8. Restrain
10. Dried coconut kernels
11. Nefarious
12. Elderly
13. Central part of a church building
15. Throw into confusion
16. Intestinal
17. Qualities of being religious
18. Live up to a standard
21. Seize
22. Go quickly
23. Automated teller machine
24. Bowling necessity
25. One point east of due south
26. Japanese honorific
27. A way to induce sleep
34. Makes cash register rolls
35. A city in S Louisiana
36. Make more cheerful
37. Manicurist
38. Consents
39. Network of nerves
40. Mocking smile
41. It covers the body
42. Partner to pans
43. Perform in a play

CLUES DOWN

1. Beautiful
2. Polynesian island country
3. Shrub of the olive family
4. Self-governing Netherlands territory
5. Shared one's view
6. Tailless amphibians
7. Charge passengers must pay
9. Sound sheep make
10. Known for sure
12. Filled with unexpressed anger
14. Student (abbr.)
15. Criticize
17. Gathering place
19. Informal alliances
20. One's mother (British)
23. Landholder
24. Peter's last name
25. Parties
26. Title of respect
27. Red wine
28. Pearl Jam's debut
29. Shaft horsepower (abbr.)
30. Frosts
31. Cry of joy
32. Induces vomiting
33. Mother or father
34. Dal __: Musical navigation marker
36. Door fastener part

No one has more self-confidence than the person who does a crossword puzzle with a pen.

Feds step in for assessment of Province's Highway 413 proposal

Continued from FRONT

In a statement on Monday, Minister of Environment and Climate Change Jonathan Wilkinson explained the decision for the federal government to step in.

"Canadian expect their governments to make decision based on science and evidence that support environmental protection and economic growth," said Wilkinson. "After careful consideration of the available science, evidence, and other relevant information gathered by the Impact Assessment Agency of Canada, as well as the Agency's recommendation to designate the GTA West project, I have decided to designate this project under the federal impact assessment process.

"The Impact Assessment Agency of Canada and other federal departments have identified clear areas of federal concern related to this project. My decision is based on their finding that this project may cause adverse direct or incidental effects on federally-listed species at risk, and the uncertainty that officials have brought to my attention around whether those effects can be mitigated through project design or existing mechanisms."

With the federal government carrying out the environmental assessment, the Ontario government has to submit a project description. Upon submitting a project description, the Agency makes a determination in a two-to-three-month timeframe from when they receive the documents.

"Now that I have agreed with the advice of the Agency to designate this project, the proponent is required to submit an initial project description that, once accepted, will begin the planning phase of the impact assessment process through which the Agency will be able to decide whether a full federal impact assessment is required," he said. "The impact assessment process is grounded in science, evidence, and Indigenous knowledge, and our government firmly believes in the principle of 'one project-one assessment.' Should the Agency decide that areas of federal concern cannot be addressed and that a federal impact assessment is warranted, we will endeavour to work with Ontario to carry out a coordinated and predicable assessment that Canadians can have confidence in."

The province's main argument pushing for the highway to go forward is the worry over population growth and how that will impact travel with the current infrastructure.

The Ontario government says the Greater Golden Horseshoe's population will nearly double over the next 30 years with it currently at around 7.8 million and projected to be 14.8 million by 2051. They believe by 2031 highways in York and Peel will be overcapacity.

Ontario's Transportation Minister, Caroline Mulroney, said the provincial government has already begun an environmental assessment and put out a statement Monday in response to the federal impact assessment for Highway 413.

"At this point, it is unclear what the scope of a federal impact assessment would be, or whether a full impact assessment would be warranted, especially given the fact that the Impact Assessment Agency of Canada has concluded that concerns surrounding environmental impacts 'are expected to be addressed through the federal and provincial regulatory processes that already exist," she stated. "Further, as recently as March 2020, the experts at the Impact Assessment Agency of Canada reviewed the evidence and declined to take further action on the GTA West project."

Concerns related to endangered species in the area that will be affected by the highway have been a driving factor in the federal government carrying out its own environmental assessment.

"The GTA West project is already subject to a robust provincial Individual Environmental Assessment, which is among the most stringent assessment processes on record. This project is intended to address the congestion and forecasted population growth for the people of Ontario. That said, we also believe in the principle of the 'one project-one assessment' and will work with the federal government to address their newly-founded concerns around the potential adverse effects on the Western Chorus Frog, Red-Head Woodpecker and Rapids Clubtail."

The key concerns with the highway are the environmental impact it will have with it paving over 2,000 acres of Class 1 and Class 2 farmland, as well as the effects it will have on the Credit River and Humber River, the billions of dollars it will cost taxpayers, and an expert panel saying it will only save commuters approximately 30 to 60 seconds per trip.

In response to the news that the federal government has designated Highway 413 for a federal environmental assessment, Environmental Defence—an agency dedicated to defending clean water, safe climate, and healthy communities who has long opposed the GTA West Corridor—released a statement.

"Environmental Defence applauds the federal government for stepping in to perform a thorough environmental assessment of the proposed Highway 413. This action is necessary due to the Ontario government's dangerous plan to undermine the environmental reviews of this highway and race to its construction," the statement read.

"If built, Highway 413 will destroy critical farmland, portions of the Greenbelt, wetlands, forests, and endangered species. It would add millions of tonnes of carbon pollution and endanger the health of nearby communities with increased air pollution. The decision to build this highway cannot proceed without thoroughly considering and addressing these impacts, which a federal environmental assessment can provide."

Environmental Defence has been a leading activist group against the highway and over the last few weeks had been holding webinars with members of the communities that the highway would impact to provide information, answer questions, and empower local leaders to help make a difference.

"Minister Wilkinson listened to the concerns of local citizens along the proposed path of Highway 413, and the unanimous voice of local governments who supported this request for a federal environmental assessment," said Sarah Buchanan, Ontario Climate Program Manager at Environmental Defence. "Impacted people and governments don't want to see the province spend billions to destroy critical farmland, portions of the Greenbelt, wetlands, forests, and endangered species, when experts have told us it will only save an average of 30-60 seconds per trip."

Ecojustice is a non-profit environmental law charity that provides funding to lawyers to use litigation to defend and protect the environment and they've been supporting environmental groups—like Environmental Defence—throughout the process of protesting the 413.

"The federal environmental assessment will ensure a robust process for identifying and mitigating, where possible, any environmental impacts from Highway 413, and will ensure that climate change is adequately considered," said Ecojustice lawyer Laura Bowman. "We are confident that this added scrutiny will ultimately reveal that this highway is not in the public interest."

Province appoints Sterling as Chair of Greenbelt Council

BY ROB PAUL
LOCAL JOURNALISM
INITIATIVE REPORTER

The Ontario government has appointed Norm Sterling as Chair of the Greenbelt Council.

The former Minister of Environment, and founding member of the Niagara Escarpment Commission, will focus on helping the province as it undertakes what could result in the largest expansion of the Greenbelt since its creation in 2005.

"Mr. Sterling brings important experience to the Greenbelt Council, and I am confident that under his leadership there will be incredible work done to support growing the Greenbelt," said Steve Clark, Minister of Municipal Affairs and Housing. "As a fellow grandparent, we understand the importance of leaving all of our grandchildren, and great grandchildren, with an enhanced version of the gem that is the Greater Golden Horseshoe."

Sterling replaces David Crombie, who stepped down as chair in December—along with six other members of the Council—to protest potential government rules that would negatively impact protection of the environment in Ontario.

Continued on Page B3



Rob Payne
Financial Advisor

18 King Street
Unit K7
Bolton, ON L7E 1E8
905-857-0874

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Your turn is coming soon.



Ontario's COVID-19 vaccine plan is helping to stop the spread and save lives. Thousands of people across the province are getting vaccinated every day.

As vaccinations continue, we need to stay the course to protect those we love. Wear a mask. Wash your hands. Keep your distance.

Find out when, where and how to get vaccinated at **ontario.ca/covidvaccineplan** or call 1-888-999-6488 for assistance in more than 300 languages.

Paid for by the Government of Ontario

Ontario

PUBLIC NOTICE

HAVE YOUR SAY

NOTICE OF PUBLIC MEETING

Town-wide Development Charges By-law and Background Study Update

On Wednesday May 26, 2021 the Council of the municipality of the Town of Caledon will hold a public meeting pursuant to Section 12 of the Development Charges Act, 1997, as amended to present and obtain public input on the municipality's proposed amendment to the Town-wide Development Charges By-law and underlying background study. The by-law is an amendment of Town of Caledon By-law 2019-31 and applies to all lands within the Town of Caledon.

Due to the continuing efforts to contain the spread of COVID-19 and to protect individuals, Town Hall will not be open to the public to attend Public Meetings until further notice. These meetings will be held electronically.

DATE AND TIME: Wednesday May 26, 2021, 5 p.m.

HOW TO LISTEN: To listen by phone call 1-833-311-4101
Meeting Access Code: 132 784 3421#

HOW TO PARTICIPATE:

Members of the public are welcome to participate via phone or Webex Meeting upon request. Please call 905.584.2272 x. 4026 or email finance@caledon.ca. Please note deadlines apply.

HOW TO SUBMIT QUESTIONS OR COMMENTS:

- By email: agenda@caledon.ca and finance@caledon.ca
- By phone: 905.584.2272 x.4026

In order that sufficient information is made available to the public, the background study is being made available online at **caledon.ca/dc** as of April 30, 2021.

Copies of the proposed by-law and the background study are available from the Municipal Clerk at the above location or by calling 905.584.2272.

Interested persons may express their comments at the public meeting or in writing, addressed to the Municipal Clerk, at the above address prior to May 17, 2021.

TOWN OF CALEDON

6311 Old Church Road
Caledon, ON L7C 1J6
www.caledon.ca
T. 905.584.2272 | 1.888.225.3366 | F. 905.584.4325

PUBLIC NOTICE

HAVE YOUR SAY

NOTICE OF APPLICATION

9229 5th Sideroad, Ward 5

Proposed Draft Plan of Subdivision and Zoning By-law Amendment

FILE NUMBER(S): 21T-21001C and RZ 2021-0005

This is to inform you that the Town of Caledon has received Draft Plan of Subdivision and Zoning By-law Amendment Applications. Your input and insight will inform and shape plans that meet the needs of our community.

APPLICANT:
KLM Planning Partners Inc. on behalf of Carantania Investments (BT) Inc.

WARD 5 LOCATION:
9229 5th Sideroad
Part Lot 5, Concession 7 (ALB),
Designated as Part of Part 1 of Plan 43R-23827

South side of 5th Sideroad, south of Queensgate Boulevard, between Autumn Oak Court and Ernest Biason Boulevard, Bolton

PROPOSED CHANGES:

The applicant has applied for a Draft Plan of Subdivision and Zoning By-law Amendment to facilitate the development of 84 single detached dwelling units, a park block, and internal streets. The proposed Zoning By-law Amendment seeks to rezone the subject property from Open Space (OS) and Residential One Exception 69, 97, 103, 104, 107 (R1- 69, R1-97, R1-103, R1-104, R1-107), to Open Space (OS) and Residential One – Exception XXX (R1-XXX) with site specific permissions.



*The illustration is a conceptual plan for information purposes and it is subject to change.
The application is currently under review by the Town of Caledon.

LEAD PLANNER:
Aleah Clarke, MHBC On Behalf of Development Review Services, Planning Department, Town of Caledon
905-584-2272 x.7338
aclarke@mhbcplan.com

ADDITIONAL INFORMATION:
For more information about this matter, including information about appeal rights, a copy of the proposed Draft Plan of Subdivision or Zoning By-law Amendment, additional information and material, please visit **caledon.ca/notices** or contact the Lead Planner at Town Hall from Monday to Friday, 8:30 a.m. to 4:30 p.m.

ACCESSIBILITY:
If you require an accessibility accommodation to access any materials related to this item in an alternate format please contact Records and Information Services by phone at 905-584-2272 x.2366 or via email at accessibility@caledon.ca.

Multi-Tenant Landowners: Please post this notice in a visible location to all residents of the land.

Notice Date: May 6, 2021

TOWN OF CALEDON

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Caledon, ON L7C 1J6
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T. 905.584.2272 | 1.888.225.3366 | F. 905.584.4325

PUBLIC NOTICE

HAVE YOUR SAY

NOTICE OF PUBLIC MEETING

6939 King Street, Ward 4

Proposed Official Plan Amendment and Zoning By-law Amendment

FILE NUMBER(S): POPA 2020-0003 and RZ 2020-0011

A Public Meeting will be held to consider proposed Official Plan Amendment and Zoning By-law Amendment applications. Your input and insight will inform and shape plans that meet the needs of our community.

Due to continuing efforts to contain the spread of COVID-19 and to protect individuals, Town Hall will not be open to the public to attend Public Meetings until further notice. These meetings will be held electronically.

MEETING DATE: **JUNE 1, 2021**
PUBLIC MEETING START TIME: **7 P.M.**

To listen to the Meeting (but not participate), you may call 1-833-311-4101, Meeting Access Code: 132 290 0434#.

Members of the public are welcome to participate via phone or WebEx Meeting upon request. For more information on how to participate, please visit **caledon.ca/notices** or contact the Planning Department. Please note that there are deadlines by which the request to participate need to be made.

You can also ask questions or provide comments by:

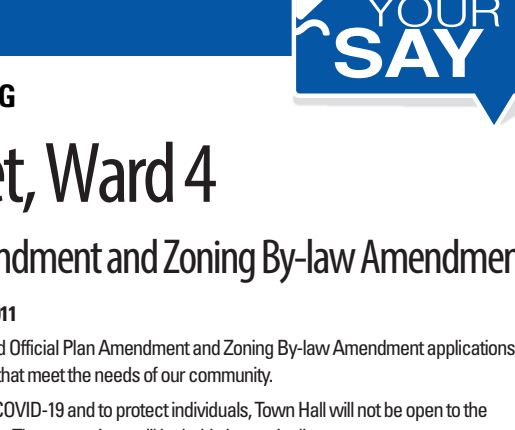
- Submitting written correspondence to agenda@caledon.ca and planning@caledon.ca for consideration during the Public Meeting. Please note that written comments will form part of the public record.
- Contacting Planning staff or the Lead Planner during office hours by phone or email.
- Booking an appointment to visit Town Hall to speak with Planning staff. Visit **caledon.ca/development** for more information.

APPLICANT:
Weston Consulting on behalf of Swaminarayan Mandir Vasna Sanstha Canada

WARD 5 LOCATION:
6939 King Street.
Part Lot 10, Concession 2 (Albion)
South-West Corner of King Street and Centreville Creek Road

PROPOSED CHANGES:

The Official Plan Amendment proposes to redesignate the lands from Prime Agricultural Area to Rural Lands. The Zoning By-law Amendment proposes to rezone the lands from Small Agricultural Holdings (A3) to Institutional Exception XXX (I-XXX) to permit various institutional uses and site specific standards to permit the construction of a place of worship.



*The illustration is a conceptual plan for information purposes and it is subject to change.
The application is currently under review by the Town of Caledon.

LEAD PLANNER:
Jessica Krushnisky, Meridian Planning Consultants
On behalf of Development Review Services, Planning Department, Town of Caledon 416.975.1556 x. 244
jkrushnisky@planpart.ca

ADDITIONAL INFORMATION:
For more information about this matter, including information about appeal rights, a copy of the proposed Official Plan Amendment or Zoning By-law Amendment, additional information and material, please visit **caledon.ca/notices** or contact the Lead Planner at Town Hall from Monday to Friday, 8:30 a.m. to 4:30 p.m.

ACCESSIBILITY:
If you require an accessibility accommodation to attend or participate in this Public Meeting, or to access any materials related to this item in an alternate format please contact Records and Information Services by phone at 905-584-2272 x.2366 or via email at accessibility@caledon.ca. Requests should be submitted at least 10 days before the Public Meeting.

Multi-Tenant Landowners: Please post this notice in a visible location to all residents of the land.

Notice Date: May 6, 2021

TOWN OF CALEDON

6311 Old Church Road
Caledon, ON L7C 1J6
www.caledon.ca
T. 905.584.2272 | 1.888.225.3366 | F. 905.584.4325

PUBLIC NOTICE

HAVE YOUR SAY

NOTICE OF APPLICATION

12599, 12563 and 12585 Highway 50, and 2 Industrial Road, Ward 5

Proposed Official Plan Amendment and Zoning By-law Amendment

FILE NUMBER(S): POPA 2021-0003 and RZ 2021-0008

This is to inform you that the Town of Caledon has received Official Plan Amendment and Zoning By-law Amendment Applications. Your input and insight will inform and shape plans that meet the needs of our community.

APPLICANT:
Evans Planning Inc. on behalf of 12599 Hwy 50 Ltd.

WARD 5 LOCATION:
12599, 12563 and 12585 Highway 50, and 2 Industrial Road
Part of Lot 3, Concession 7 (ALB), designated as Part of Parts 2 and 4 of Plan 43R-17671 and Part 2 of Plan 43R-25908 and, Parts 1 and 3 of Plan 43R-14841

East Side of Highway 50 and North of Industrial Road

PROPOSED CHANGES:

The applicant has applied for an Official Plan Amendment and Zoning By-law Amendment to facilitate the development of the subject lands with a mixed use development consisting of five apartment buildings ranging in height from 18-32 storeys with associated ground floor commercial uses. The proposed Official Plan Amendment seeks to redesignate the subject lands from Bolton Highway 50 Commercial Area to Special Residential Area. The Zoning By-law Amendment seeks to rezone the subject lands from Bolton Highway Commercial (CHB) Zone, Bolton Highway Commercial Exception 389 (CHB-389) Zone and Unserviced Industrial (MU) Zone to the Multiple Residential (RM-XXX) Zone with site specific permissions.



*The illustration is a conceptual plan for information purposes and it is subject to change.
The application is currently under review by the Town of Caledon.

LEAD PLANNER:
Aleah Clarke, MHBC On Behalf of Development Review Services, Planning Department, Town of Caledon
905-584-2272 x.7338
aclarke@mhbcplan.com

ADDITIONAL INFORMATION:
For more information about this matter, including information about appeal rights, a copy of the proposed Official Plan Amendment and/or Zoning By-law Amendment, additional information and material, please visit **caledon.ca/notices** or contact the Lead Planner at Town Hall from Monday to Friday, 8:30 a.m. to 4:30 p.m.

ACCESSIBILITY:
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Notice Date: May 6, 2021

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T. 905.584.2272 | 1.888.225.3366 | F. 905.584.4325

PUBLIC NOTICE

HAVE YOUR SAY

NOTICE OF PUBLIC MEETING

Emil Kolb Parkway, Glasgow Road and Chickadee Lane, Wards 4 and 5

Proposed Official Plan Amendment, Draft Plan of Subdivision and Zoning By-law Amendment

FILE NUMBER(S): POPA 2020-0001, 21T-20001C and RZ 2020-0004

A Public Meeting will be held to consider proposed Official Plan Amendment, Draft Plan of Subdivision and Zoning By-law Amendment applications. Your input and insight will inform and shape plans that meet the needs of our community.

Due to continuing efforts to contain the spread of COVID-19 and to protect individuals, Town Hall will not be open to the public to attend Public Meetings until further notice. These meetings will be held electronically.

MEETING DATE: **JUNE 1, 2021**
PUBLIC MEETING START TIME: **7 P.M.**

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You can also ask questions or provide comments by:

- Submitting written correspondence to agenda@caledon.ca and planning@caledon.ca for consideration during the Public Meeting. Please note that written comments will form part of the public record.
- Contacting Planning staff or the Lead Planner during office hours by phone or email.
- Booking an appointment to visit Town Hall to speak with Planning staff. Visit caledon.ca/development for more information.

APPLICANT:
Humphries Planning Group Inc. on behalf of Zancor Homes (Bolton) Ltd.

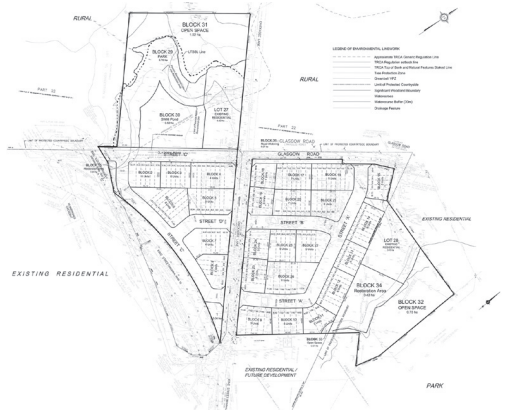
WARD 4 AND 5 LOCATION:
0 Emil Kolb Parkway, 550 Glasgow Road, 600 Glasgow Road, 615 Glasgow Road, 13935 Chickadee Lane, 13951 Chickadee Lane, 13977 Chickadee Lane, 13999 Chickadee Lane

Part Lot 10, Concessions 5 and 6 (Albion)

East Side of Emil Kolb Parkway, Adjacent to Chickadee Lane and Glasgow Road

PROPOSED CHANGES:

The Official Plan Amendment proposes to redesignate the lands from Prime Agricultural Area and Environmental Policy Area to a Residential Policy Area to permit the development of single detached, semi-detached and various forms of townhouse units with a site specific density. The Draft Plan of Subdivision proposes to create 154 dwellings consisting of 3 single detached dwellings, 151 townhouse dwellings, a stormwater management pond, environmental and park blocks. The Zoning By-law Amendment proposes to rezone the lands from Agricultural (A1), Rural Residential (RR), Open Space (OS) and Environmental Policy Area 2 Zone (EPA2) to Mixed Density Residential – Exception XXX (RMD-XXX), Rural Residential (RR), Open Space (OS) and Environmental Policy Area 2 Zone (EPA2) to permit site specific uses and standards to implement the development.



*The illustration is a conceptual plan for information purposes and it is subject to change. The application is currently under review by the Town of Caledon.

LEAD PLANNER:
Aleah Clarke, MHBC
On behalf of Development Review Services, Planning Department, Town of Caledon 905.584.2272 x.7338
aclarke@mhbcplan.com

ADDITIONAL INFORMATION:
For more information about this matter, including information about appeal rights, a copy of the proposed Official Plan Amendment, Draft Plan of Subdivision and Zoning By-law Amendment applications, additional information and material, please visit wwww.caledon.ca/notices or contact the Lead Planner at Town Hall from Monday to Friday, 8:30 a.m. to 4:30 p.m.

ACCESSIBILITY:
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Notice Date: May 6, 2021

TOWN OF CALEDON | 6311 Old Church Road, Caledon, ON L7C 1J6, www.caledon.ca, T. 905.584.2272 | 1.888.225.3366 | F. 905.584.4325

PUBLIC NOTICE

HAVE YOUR SAY

NOTICE OF COMMUNITY OUTREACH MEETING

Mill Street Class Environmental Assessment Study Mississauga Road To Creditview Road

THE STUDY

In October 2020, as part of the 2022 Growth Related Roads project, the Town of Caledon initiated a Schedule "B" Municipal Class Environmental Assessment (Class EA) for improvements to Mill Street between Mississauga Road and Creditview Road. The purpose of the study is to identify the required improvements to the roadway including considerations for pedestrians, cyclist activities and drainage. Since initiating the study, the Project Team has collected information on the existing physical and environmental conditions and received comments from residents within the study area.



COMMUNITY OUTREACH MEETING

As part of the alternative solutions development for the Mill Street corridor, the Town wishes to consult with area residents through a Community Outreach Meeting, to be held electronically on May 27, 2021 at 6 p.m.

To listen to the Meeting, you may call **1-416-216-5643**, Meeting Access Code: **132 248 0812**. You can also watch live from the Town's website. For more information on how to access the meeting details, including background on the project, please visit **caledon.ca/notices**.

The development and evaluation of alternative solutions for the Mill Street corridor will be completed in consideration of comments received at the Community Outreach Meeting and will be presented to the public for input at an upcoming Public Information Center (PIC), tentatively scheduled for Summer 2021.

CONTACT

To be added to the project mailing list, and for any questions, comments or concerns, please contact:

Town of Caledon
Shun H. Cheung, P.Eng., PMP
Project Manager, Engineering Services
905.584.2272 x 4040
shun.cheung@caledon.ca

R.V. Anderson Associates Limited
Winnie Wong, P.Eng., PMP., M.Eng.
Project Manager
416.497.8600 x 1471
winnie.wong@rvanderson.com

This notice was first issued May 6, 2021.

TOWN OF CALEDON | 6311 Old Church Road, Caledon, ON L7C 1J6, www.caledon.ca, T. 905.584.2272 | 1.888.225.3366 | F. 905.584.4325

TOWN OF CALEDON | News | Subscribe: caledon.ca/enews



COVID-19 Serving you, safely

To keep our frontline workers safe and to follow COVID-19 health and safety guidelines, some Town of Caledon services have been temporarily affected.

It may take us a little longer to attend to regular duties such as collecting garbage in parks and trails and grass cutting but it will get done. Let's continue to work together.

Details: **caledon.ca/COVID**

For the latest information on vaccinations, visit **peelregion.ca/covid19vaccine.**

If you have symptoms or have been exposed to someone with COVID-19, get tested! Find a testing location near you at **peelregion.ca/coronavirus/testing**.

It's tax time!

Pay by May 6 to avoid fees and charges

Still going through financial hardship because of COVID-19? Apply for one of the COVID-19 property tax relief programs.

caledon.ca/tax

PUBLIC NOTICE

HAVE YOUR SAY

NOTICE OF PUBLIC MEETING

Coleraine Drive Stormsewer

Area-Specific Development Charges By-law and Background Study

On Wednesday May 26, 2021 the Council of the municipality of the Town of Caledon will hold a public meeting pursuant to Section 12 of the Development Charges Act, 1997, as amended to present and obtain public input on the municipality's proposed area-specific development charges by-law and underlying background study. The by-law is a renewal of Town of Caledon By-law 2016-065 area for an area of stormsewer on Coleraine Drive.

Due to the continuing efforts to contain the spread of COVID-19 and to protect individuals, Town Hall will not be open to the public to attend Public Meetings until further notice. These meetings will be held electronically.

DATE AND TIME: Wednesday May 26, 2021, 5 p.m.

HOW TO LISTEN: To listen by phone call 1-833-311-4101
Meeting Access Code: 132 784 3421#

HOW TO PARTICIPATE:

Members of the public are welcome to participate via phone or Webex Meeting upon request. Please call 905.584.2272 x. 4026 or email finance@caledon.ca. Please note deadlines apply.

HOW TO SUBMIT QUESTIONS OR COMMENTS:

- By email: agenda@caledon.ca and finance@caledon.ca
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In order that sufficient information is made available to the public, the background study is being made available online at **caledon.ca/dc.**

Copies of the proposed by-law and the background study are available from the Municipal Clerk at the above location or by calling 905.584.2272.

Interested persons may express their comments at the public meeting or in writing, addressed to the Municipal Clerk, at the above address prior to May 17, 2021.

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UPCOMING MEETINGS

MAY 11
Audit Committee, 3 p.m.
Planning and Development Committee - Public Meeting, 7 p.m.

MAY 18
General Committee, 2:30 p.m.
Planning and Development Committee, 7 p.m.

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Brock's Banter

Anger to laughter and back again

BY BROCK WEIR

We couldn't help but laugh when it came on the car radio.

Sitting in an underground parking garage in 2009 or so, it seemed unlikely that the 1934 instrumental version of the 1934 hit "Love in Bloom", written by the less-than-marquee names of Ralph Rainger and Leo Robin, would take up valuable broadcasting space on a prominent radio station at what I can only imagine was a prime slot during the end-of-day rush hour drive time.

But there it was.

The tune itself didn't immediately register until a familiar string of eight notes came in a few bars in, the simple notes that became the theme music for comedian Jack Benny throughout his venerable career – played off-key, of course, on his prized violin.

After hearing the Benny version of the song for so many years, it was almost as if our brains were attuned to his deliberately massacred rendition and, despite the song playing beautifully on the speakers, a couple of mild chuckles quickly rode a crescendo to laughter – a welcome release near the end of a particularly challenging day.

After a hospital stay of several months, it was time to help move my grandmother into long-term care.

Given her health circumstances at the time, it was an unfortunately inevitable step that had to be taken, but it was difficult nonetheless.

It is not to say that she was ill during the entirety of her hospital stay – don't get me wrong, the health challenges were real – but it was, for several weeks, the only option for her to receive the care she needed, albeit in a less-than-ideal location.

Finding a spot in long-term care was, as so many of you can appreciate, as Herculean a task as it is now, so we – and she – had to wait. A few options came and went, but luckily, at the eleventh hour, a space opened up not too far away – and then it was crunch time: figuring out how to condense more than 80 years of life into the small but thankfully cheerful room she was about to occupy.

It was a difficult process, but when you're under the proverbial gun you do the best you can at the time and hope there's enough time to edit later when they're all settled in and a few objects you thought were simply nice-to-haves turned out to be anything but.

Then, the day came: one which was greeted with fear and trepidation on all sides, fear and trepidation which manifested itself in occasionally unexpected ways. Needless to say, it was a stressful time for all: my grandmother moving on to what she undoubtedly knew would be her final chapter, us making sure everything was as in place as it possibly could, and collectively managing our respective fears for what lay ahead.

The consensus among our family, when all was said and done, was if we had the opportunity to do it again there isn't anything we would necessarily change, but we'd try to avoid it at all costs, such was the stress and emotional toll it took on us all.

But now, particularly in light of COVID-19, I look back on this day with nothing but gratitude, not just the post-mortem laugh Jack Benny sent us, but the fact that we lucked out in the care she received.

She quickly made friends with her new neighbours. It didn't take too long for her to win over the staff, to the extent where one evening a week she had a "girls' night" with one of the staff members where they would munch cashews while watching "The Bachelor" and "The Bachelorette". And when the time came for end-of-life care, they were on hand to make the transition as easy as possible.

The trials faced by long-term care in recent years, particularly over the last 16 months of the global pandemic, have only magnified to us the gratitude we should feel, but also question how we would have handled the situation if our loved one was in long-term care during this time of extreme challenge.

Or, in the words of advocacy organization CanAge, following the Auditor General's report into long-term care, a time of "horror."

"This report is heartbreaking," said CanAge's Laura Tamblyn Watts. "It painstakingly details residents abandoned by the government and health care system, the unnecessary loss of thousands of residents' lives and staff left without basic PPE protections using garbage bags as IPAC (Infection Prevention and Control). It is the story of a government's failures to protect our most vulnerable. Of administrative finger-pointing and an abandonment of a desperate long-term care sector. This is both a call to action and a horror. It is not, however, a surprise.

"Between the Auditor General's findings and now this final report from the Province's own independent commission into long-term care, it's certainly been an eye-opening week for Ontario's Ministry of Long-Term Care. I wish we could say we were shocked by the findings, but they simply pour more fuel on the fire of what we've been saying all along: this is a severely broken senior's care system, and it has to change now."

With my grandparents, we saw both sides of the coin: a thankfully temporary stay long-term care home for my paternal grandfather that was chronically under-staffed, and my maternal grandmother in a residence that went the extra mile to make her last chapter a positive experience.

But we had our experiences in a very different time.

The thought of the women and men who did their utmost to become a part of my grandmother's life, rather than nurses and caregivers simply moving from patient to patient, forced to use garbage bags to protect themselves in literal life-or-death situations, sure in their commitment to the men and women under their care is heartbreaking.

As it has been since we first heard of these problems 16 long months ago and, in some terrible instances, years before COVID made its first appearance on our horizon.

To see it laid out independently, in black and white, and in no uncertain terms, is not only heartbreaking but sobering.

It will now be telling to see what comes from it, from the concrete recommendations in its pages, to our collective resolve to never let this happen again.



Our Readers Write

Time to mandate masks outdoors: reader

(Re: Talk Caledon, April 15, 2021)

When you think about it, when someone contracts the virus, how many other people have they infected before they find out they have it?

A large company that recently closed down in Brampton, had over 200 employees that were working and had COVID. 12 bus drivers working on the route that took them to and from work somehow contracted the virus and one of them recently passed away. So, how many others did these workers infect as well?

I have personally seen people walking in parks, passing many others along the way and very few are wearing a mask. I have also seen groups of teens and adults out walking on the streets and at plazas, none wearing a mask and also not practicing social distancing.

I live in a seniors apartment building, the same one as Sheralyn's mom, and if a small group sits outside, everyone is wearing a mask and sitting 6' apart. We have lost the use of our courtyard, our common areas, and the use of our multi-purpose room. As a matter of fact, the last time we got to use the room was in February of 2020.

When you think about all the very large homes that have been built over the years and the fact that they most often house 2, 3 or 4 families, how many others are visiting in these homes and probably none are wearing a mask?

It is known that there have been large gatherings at some homes. Last spring after COVID started, a family nearby had a birthday party for their child. Well over 50 people were there and only one wore a mask. If you are wearing protection, such as a good mask and gloves, when you need them, and practice social distancing, how are you spreading the virus?

I believe those that are selfish and who do not and will not wear a mask and/or gloves, or practice social distancing are responsible for the problem we are now facing. I believe it is past time that it is made mandatory for all those who are outdoors to wear a mask until everyone has been vaccinated. I have been vaccinated but do not intend to go out without my mask - not taking any chances. I won't feel safe until after I get the second shot and then I wonder.

Continued on Page A9

Pinch me to prove that I'm real!

by Mark Pavilons



"Since we cannot change reality, let us change the eyes which see reality."
– Nikos Kazantzakis

Humans have pondered their existence since our brains grew large enough to, well, ponder.

Why are we here? Ay, there's the rub as Willy Shakespeare once put it. He was talking about dreams and their relationship with reality.

Reality, according to Merriam-Webster, is "the quality or state of being real; a real event, entity, or state of affairs; the totality of real things and events."

While somewhat helpful, don't you hate it when definitions of words contain those very words? You can't say something is "real" simply by using the word "real."

Try to explain that one to a visitor from another planet.

Most believe that reality is a matter of perception, a sort of "seeing is believing" concept. If we can see it, touch it, maybe even smell it or taste it, it has to be real, right?

Richard Wagner once said imagination creates reality.

We often talk about turning dreams into reality. Does that mean then, that reality is spawned from our imagination, which is conceptual and not tangible?

Bryan Singer said that "we don't live in the world of reality, we live in the world of how we perceive reality."

But isn't everyone's perception different and unique? How then, can there be any consensus?

John Lennon espoused that "reality leaves a lot to the imagination."

I'm with Shakespeare – "to sleep, perchance to dream ..."

My son, the 20-year-old songwriter and armchair philosopher, said we cannot be certain that other people exist. We only know that we do.

When I was 20, the deepest thought I had was getting another beer after last call.

But essentially, Liam is right. I know that I exist because I have senses. I can see and touch my limbs. I get hungry. I laugh and cry. But, I don't see myself as others do. Being on "my side" of the lens, I can't see myself as I walk along like Jar Jar Binks.

Again, if my reality isn't everyone else's reality, is it real, or my interpretation of real?

Feeling dizzy?

Physics also tells us that we can't actually touch anything – the electrons in our bodies repel the electrons in any object. We hover above, or away from everything, albeit at an infinitesimal distance.

Right now, there are roughly 7 billion people wandering around Earth, each with their own concept of what's real. Wow!

T.S. Eliot said we humans cannot bear very much reality.

It all comes down to that three-pound gooey mass in our heads. Our brains hold everything that we are – our thoughts, feelings, beliefs, memories, stories, concepts, pain, suffering, delight and of course, pizza. Can't forget pizza.

My brain is very much different than your brain (hold the snide comments).

Ok, so what can we consider a solid fact, or truth?

Some say it's mathematics. The old adage is that 1 +1 = 2, no matter who you are, where you are. Math is cool because it's pretty water tight, logical and definitive. In math, there's no opinion or conjecture, it's just plain, verifiable proof.

Like science, once something is proven, and adopted by the wider community, it becomes fact.

With math, there are assumptions, however. Someone came up with the concept that if we "add" things together, we get more of them. But one apple plus one orange isn't two apples. It's two different fruits!

The binary system is made up of only two numbers – 0 and 1. This system is used in well, everything today. It's the basis of all computing, processing, digital language, etc. So, my friends, all we need is zero and one, forget about apples, oranges and all the other fruits and digits.

Are numbers real? That brings up pi – an "irrational," endless number that starts as 3.14159 and carries on until the end of time. A number without end? What? Why do we need it? Apparently, it's quite useful in everything we humans do or build. It's basically the mathematical constant – the ratio of a circle's circumference to its diameter.

Okay, numbers are cool, but Bitcoin, well that's just made up entirely.

But didn't Einstein say that "reality is merely an illusion, albeit a very persistent one?"

We also often criticize those for living in their own little bubbles of their own realities. But wait, isn't that what we all do? We all live in our own heads, so that's where our reality floats and bobs and squishes around.

I'm with Tim Burton in believing that one person's craziness is another person's reality. And Lily Tomlin was spot-on when she observed that reality is the leading cause of stress.

Back to reality, or a form thereof.

Our experiences in life are our own interpretation of a set of electrical impulses in our brains. Our blobs turn these signals into things that make sense, and allow us to then make sense of the world around us.

Some, like physics professor Sean Carroll, said we can never prove that we're not all hallucinating, or living in a some massive computer simulation.

What we see, he says, isn't the fundamental world. Our senses can't detect wave functions, atomic particles floating around or even the oxygen we breathe.

"The smart thing to do is to take reality as basically real, and work hard to develop the best scientific theories we can muster in order to describe it," he said.

Maybe I will just "row, row, row" my boat, since life is "but a dream." You can bet my boat will have a cooler filled with perfectly aged beverages! Real or not, I'm drinking them!

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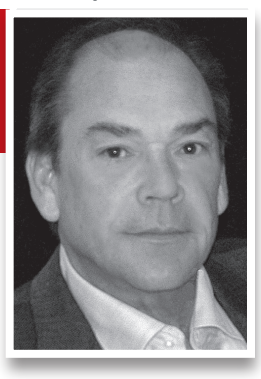
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Grounding our own air force

BRIAN LOCKHART
FROM THE SECOND ROW



There is an old movie (1983) called Under Fire, that stars Joanna Cassidy, Gene Hackman, Nick Nolte, and Ed Harris, about war correspondents covering some of the hot-spots around the world.

It's a good movie with a stellar cast and a great story.

Early in the movie, journalist Nick Nolte hooks up with mercenary Ed Harris in an African county that is experiencing a revolution.

Harris is fighting for either the government or the rebels – even he doesn't seem to be sure, but as long as he's getting paid, he's in the field.

At one point Nolte's character finds a leaflet that was dropped by the thousands from an aircraft.

The leaflet states that any government pilot that defects, and flies his MIG fighter into hostile territory and surrenders, will be paid $500,000 and given refuge and a large house in the U.S.A.

He shows the leaflet to Harris's character and says there's no truth in that reward at all.

Harris laughs and explains.

Since the African country has no trained pilots, they hire Cuban pilots to fly their planes. When the government sees the leaflets, they will be afraid to let the Cuban pilots fly, fearing that the pilots will defect for the money and they will lose an aircraft.

The government forbids the Cubans to fly – thereby grounding their own air force and giving the other side air superiority without firing a single shot.

It's a genius move, he says, by the CIA, who knew what would happen.

Over the past few weeks, pretty much everything in the province has been shut down or heavily restricted.

A trip into the local dollar store reveals some aisles open, other roped off, and other partially closed. You can purchase something from one shelf, but six inches away, there is a sign telling you those items aren't for sale.

I don't know how much these types of stores are losing daily by not being able to sell the stock that is on their shelves, but I'm sure it's a lot.

After a disastrous ski season that cost the industry around $80 million in Ontario when the ski hills were closed, the golf industry is going through the same thing.

Golf season is already here and the industry is, or was, gearing up for the summer – which is, of course, when they make all their money. Except there are no golfers. The courses are closed.

We all know that the current situation means we all have to be careful, but what is the final cost going to be if commerce is stopped?

With a golf course, you can't just close the doors and turn off the lights until you can reopen. That course has to be maintained and that's pretty expensive when no one is paying greens fees.

It has been reported that some golf courses will be forced to close for good if the ban remains through June. That mean some people are going to be out a lot of money and others will be out of a job.

How many of those unemployed people will be shopping in your appliance store this summer?

Or eating in your restaurant, or buying a new car?

It's a tricky situation but, at the same time, is there a point where it has gone too far?

No doubt you've noticed the prices of many items have gone up and some continue to rise. This situation is now putting a lot of pressure on other areas like the construction industry which has seen the cost of building supplies go through the roof.

Guess who will be paying for that? You think a new home is expensive now, wait for a year and see what happens.

Yes, it is a difficult situation, but it's going to be a lot more difficult if the economy is crippled, especially when it doesn't have to be.

Many activities are safe and yet the full on shut-down is tying the hands of business owners and forcing them to stop operating.

Golfing inherently has physical distancing and the industry points out there is not one case of transmission of the virus at any golf course. That goes for a lot of other activities as well.

By putting the slam dunk on everything and grinding the economy into the ground, we really are grounding our own air force, and we won't be able to fly any time soon because no one will be able to afford the cost of a ticket.

Now for something completely different

SHERALYN ROMAN
TALK CALEDON



There are so many things going on in the world other than COVID, did you know that?

Of course you did. It's just hard to focus on anything else when we're beaten over the head repeatedly with Covid numbers too overwhelming to comprehend. Particularly so when we live in what appears to be the very epicentre of the crisis here in Canada.

That said, there is news happening today (and every day) around the world that is not COVID-related. That's why, despite a COVID tragedy of truly numbing proportions currently unfolding in India, I'd like to focus today on what else we're not hearing about and why? As I write this, it's World Press Freedom Day. Yet knowing that a volcano erupted in St. Vincent, or that protestors were being killed in the streets of Myanmar simply hasn't lingered in international headlines for longer than a day or two at most. Why not? Who is in charge of the news we receive and how it is received? We need to talk. Is anything more important than freedom of the press?

The theme for this year's World Press Freedom Day (as defined by the United Nations) is, "Information as a Public Good." The very existence of a day devoted to declaring the press must be free to report the news is a "call to affirm the importance of cherishing information as a public good." It asks and encourages us all to explore "what can be done in the production, distribution and reception of content to strengthen journalism, and to advance transparency and empowerment while leaving no one behind."

First proclaimed in 1993 by the UN General Assembly, the "Declaration of Windhoek" is now celebrated as Word Press Freedom Day and also designated as a day to honour those journalists who have lost their lives in the line of duty simply for trying to report truth to the world.

Governments, editors, large newspaper institutions, even "we the people," all play a role in upholding the value of a free and unbiased press. The press plays the role of holding governments to account; of monitoring hate speech, of questioning the evidence (or lack of) when banks, institutions or universities engage in questionable activities, or when big manufacturers try to convince us our water is safe or that a vaccine won't cause a blood clot – it's the media who help to separate fact from fiction and to expose the truth.

But inextricably tied to this issue of media freedom is what kind of media you are consuming?

Transparency of social media powerhouses like Facebook, Google and Twitter are increasingly of concern. The information shared on some social media is rarely vetted, easily spread and often specifically designed to exclusively serve paid advertisers.

Where and how you obtain the news will almost certainly impact the news you are receiving. Factor in the ability of the average reader to discern fact from fiction and we have a lot to be worried about.

According to the United Nations, World Press Freedom Day and May 3 must continue to "act as a reminder to governments of the need to respect their commitment to press freedom." It is also "a day of reflection among media professionals about issues of press freedom and professional ethics."

It should be seen as an opportunity to celebrate the basic principle of freedom of the press and to assess "the state of press freedom" throughout the world. We need such a day – ironically perhaps now more than ever. That's because despite free and easy access to news, we have to ask whether it's actually "news" we're accessing and if so, whether it's real?

In an excerpt published in The Toronto Star several years ago, I stated: "A free press helps guarantee a free society. It is the single most effective way to preserve and protect democracy. Journalists question, they investigate, they both incite and encourage debate, and they educate and empower through words."

Frankly, the ability to discern fact from "fake news," to question and call attention to both global and local issues, and to dig behind the COVID mask to uncover what else is actually happening in the world, has never been more important. COVID is and has been overwhelming but when I have trouble accessing information across a variety of platforms about any other news impacting our world, both globally and locally, that's a problem.

Our Readers Write

Time to mandate masks outdoors: reader

Continued from Page A8

I sent an e-mail to Mayor Patrick Brown expressing my concerns and telling him that I believe wearing a mask outdoors should be mandatory until all have been vaccinated and that it would help to bring the numbers down.

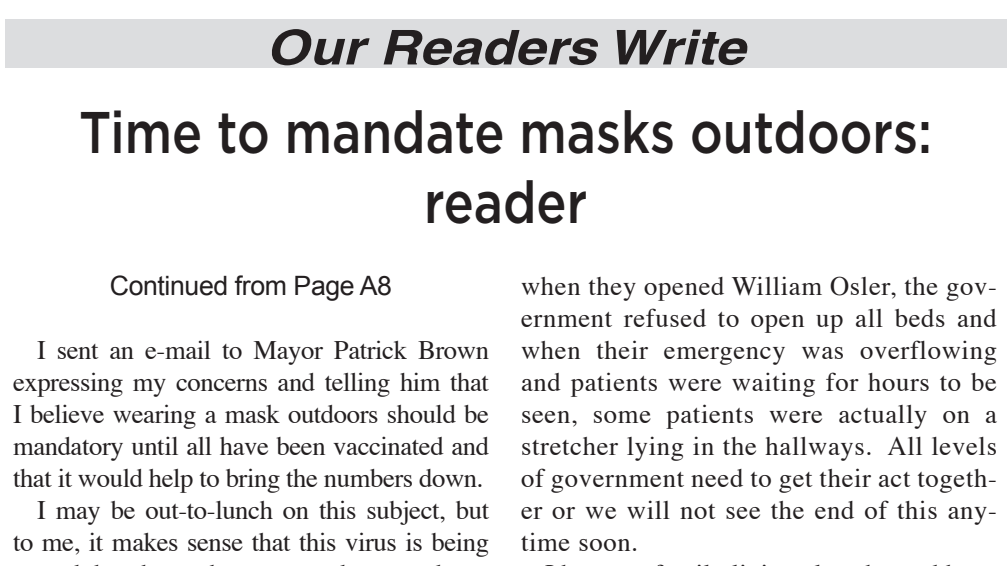
I may be out-to-lunch on this subject, but to me, it makes sense that this virus is being spread by those that are outdoors and not wearing any protection. I saw this in downtown Toronto two weeks ago when I had to go there. Toronto is a very busy city and I was shocked to see so many not wearing any protection whatsoever.

I feel that both the provincial and federal government have not done a very good job at all. They did not act as fast as they should have, and they have not taken the proper action to ensure that our hospitals were set up quickly enough to respond, that there was enough equipment and staff to handle the numbers, and that all the beds were being used. I know when they opened William Osler, the government refused to open up all beds and when their emergency was overflowing and patients were waiting for hours to be seen, some patients were actually on a stretcher lying in the hallways. All levels of government need to get their act together or we will not see the end of this anytime soon.

I have no family living close by and have to rely on myself, so I go to the grocery store when I have to and to the drug store. I may go out for a walk wearing a mask and other than that I stay in, a place I don't want to be over such long periods of time.

I really hope that everyone will be more responsible, will take the time to think about what they are doing, and think about the harm they could cause to themselves and their family as well as others.

MARJORIE CULVER
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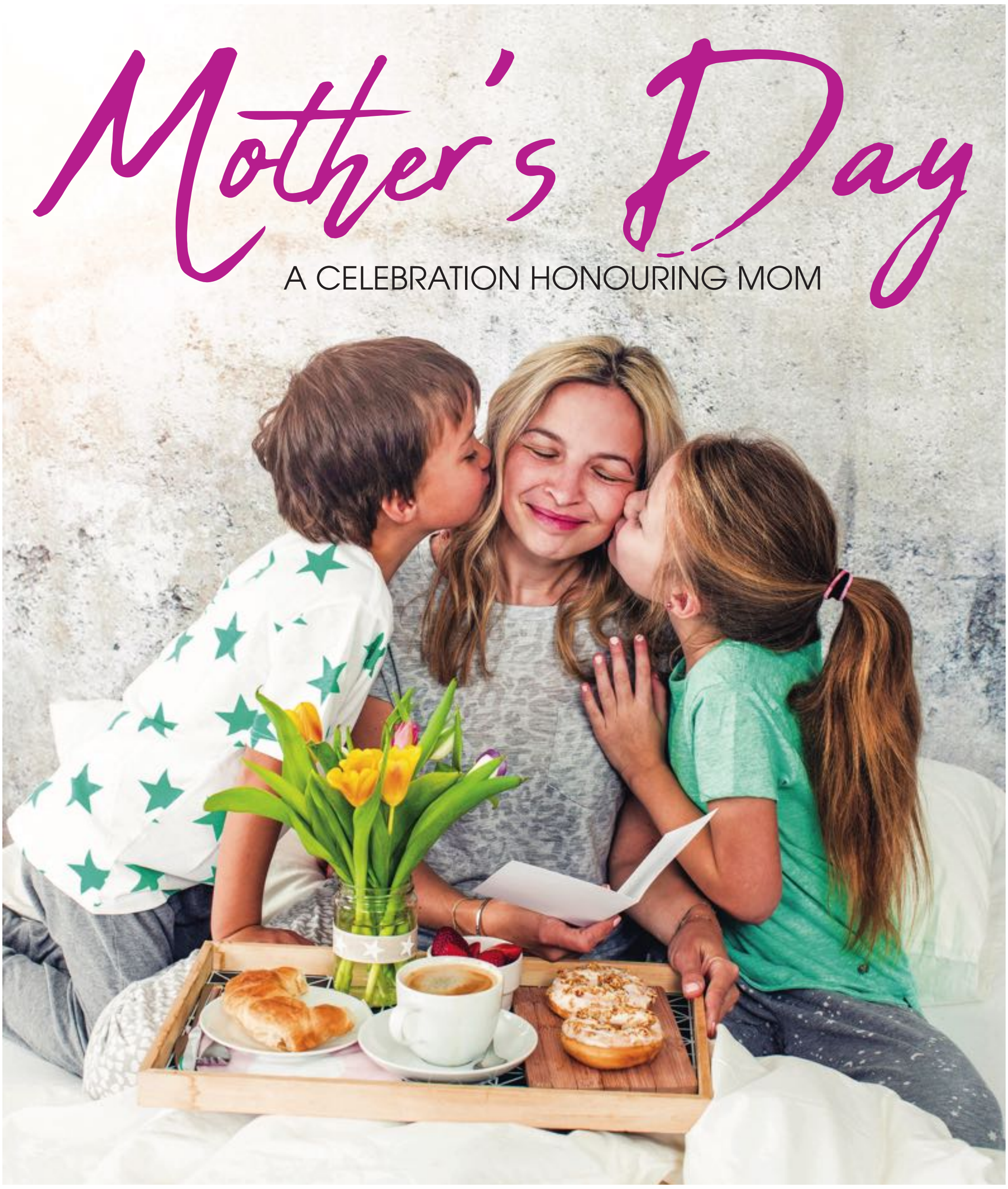
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Mother's Day

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In honour of the extraordinary women of Caledon

Happy Mother's Day

Mayor Allan Thompson

TOWN OF CALEDON

Happy Mother's Day



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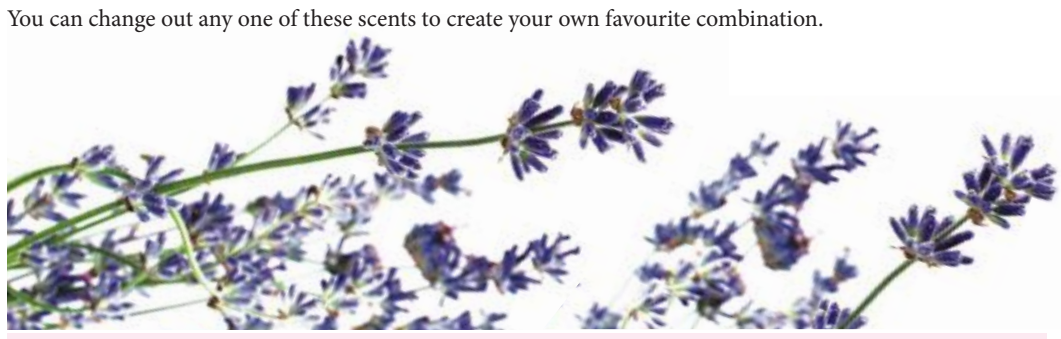
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1/2 cup coconut oil
1 tsp of dried lavender flowers (optional)
7-10 drops pure lavender essential oil
7-10 drops pure lemon essential oil

Hand mix the sugar and coconut oil in a bowl until well combined. Fold in lavender flowers and essential oils. Ensure you start will a few drops of oil and build up to your desired scent.

Once all ingredients have been incorporated, place them into a mason jar or container with a lid. Add some ribbon and a label.

NOTE: Make sure to use pure essential oils. These can be found at your local health store.

You can change out any one of these scents to create your own favourite combination.



SCENT BLEND COMBINATIONS

LAVENDER & VANILLA
1 tsp of dried lavender flowers (optional)
7-10 drops pure lavender essential oil
1/2 tsp pure vanilla extract

LAVENDER & PEPPERMINT
1 tsp of dried lavender flowers (optional)
7-10 drops pure lavender essential oil
5-7 drops pure peppermint essential oil

ROSE & VANILLA
2 tbsp of dried rose petals flowers (optional)
7-10 drops pure rose absolute essential oil
1/2 tsp pure vanilla extract

LEMONGRASS & GINGER
7-10 drops pure lemongrass essential oil
7-10 drops pure ginger essential oil

ORANGE SPICE
1 tsp pumpkin pie spice blend
7-10 drops pure orange essential oil
NOTE: instead of 1 cup of white sugar, make it 50% white sugar and 50% brown sugar.



Mother's Day

ideas for moms from all walks of life

Mother's Day is a celebration of women who devote so much of their effort and energy to their families. Celebrating Mom on Mother's Day lets her know all of her efforts haven't gone unnoticed.

Mothers may perform similar tasks, but no two moms are the same. Finding ways to celebrate Mom's uniqueness can make the day that much more meaningful and memorable.

The Crafter

Mothers who are avid crafters may enjoy a craft-themed Mother's Day. A family crafting project can make for a fun afternoon and produce mementos that Mom will cherish for years to come. Dads and kids can plan the project in advance without Mom's knowledge, arranging all of the materials ahead of time and setting up the crafting station the night before or while Mom is relaxing on Mother's Day morning. Kids can even get a head start on the day by making their own craft for Mom and giving it to her as a Mother's Day present. Dads can keep the craft theme going at dinner and get a laugh out of Mom by pouring her a craft beer when dinner is served.

The Reader

Mother's Day focused on Mom's love of books, an ideal and unique way to spend the day. Kids can write Mom their own books, and Dad can help put them together. Dads can visit rare bookstores and look for original copies of Moms favourite books that she might not find elsewhere.

The Nature Lover

If Mom is a nature enthusiast, families can plan a Mother's Day enjoying the great outdoors, even giving Mom a new fishing pole, hiking gear or other items that align with her favourite nature activity.

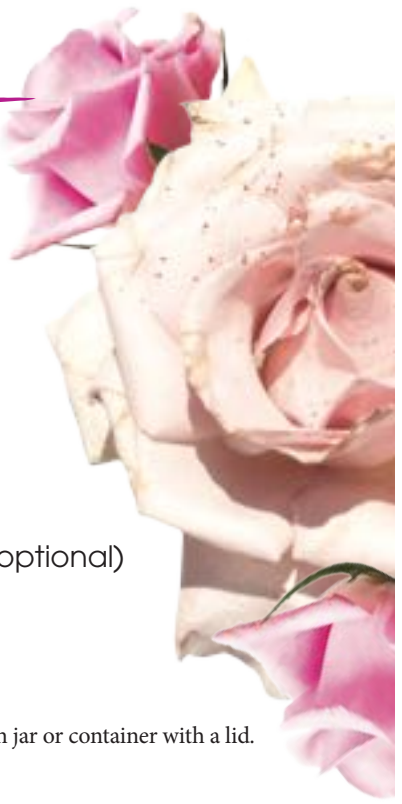
The Relaxation Specialist

Of course, some mothers may want to simply unwind, with a relaxing morning on Mother's Day. Show your Mom love by creating a DIY spa package by including your mom's favourite scented bath bombs, facial masks, scrubs, lotions, candles, music, book/magazine and most importantly a quiet space. Creating a relaxing spa experience at home can be the perfect way for moms to begin Mother's Day before enjoying a brunch or dinner with their families. Mother's Day celebrations can be as unique as the women being celebrated.

Give mom an at-home spa experience that she will never forget. Create a quiet space with candles, a book or magazine and relaxing music. Blend up one or more of these recipes for your mom to soak away the day.



Rose Epsom Salt & Oatmeal Soak



1/2 cup rolled oats (quick oats will work too)
1 cup Epsom salts
1/4 cup of dried rose petals
7-10 drops of pure rose absolute essential oil (optional)

Place oats in a food processor and pulse until finely ground.

Place all ingredients into a bowl and gently combine.

Once all ingredients have been incorporated, place them into a mason jar or container with a lid. Add some ribbon and a label.

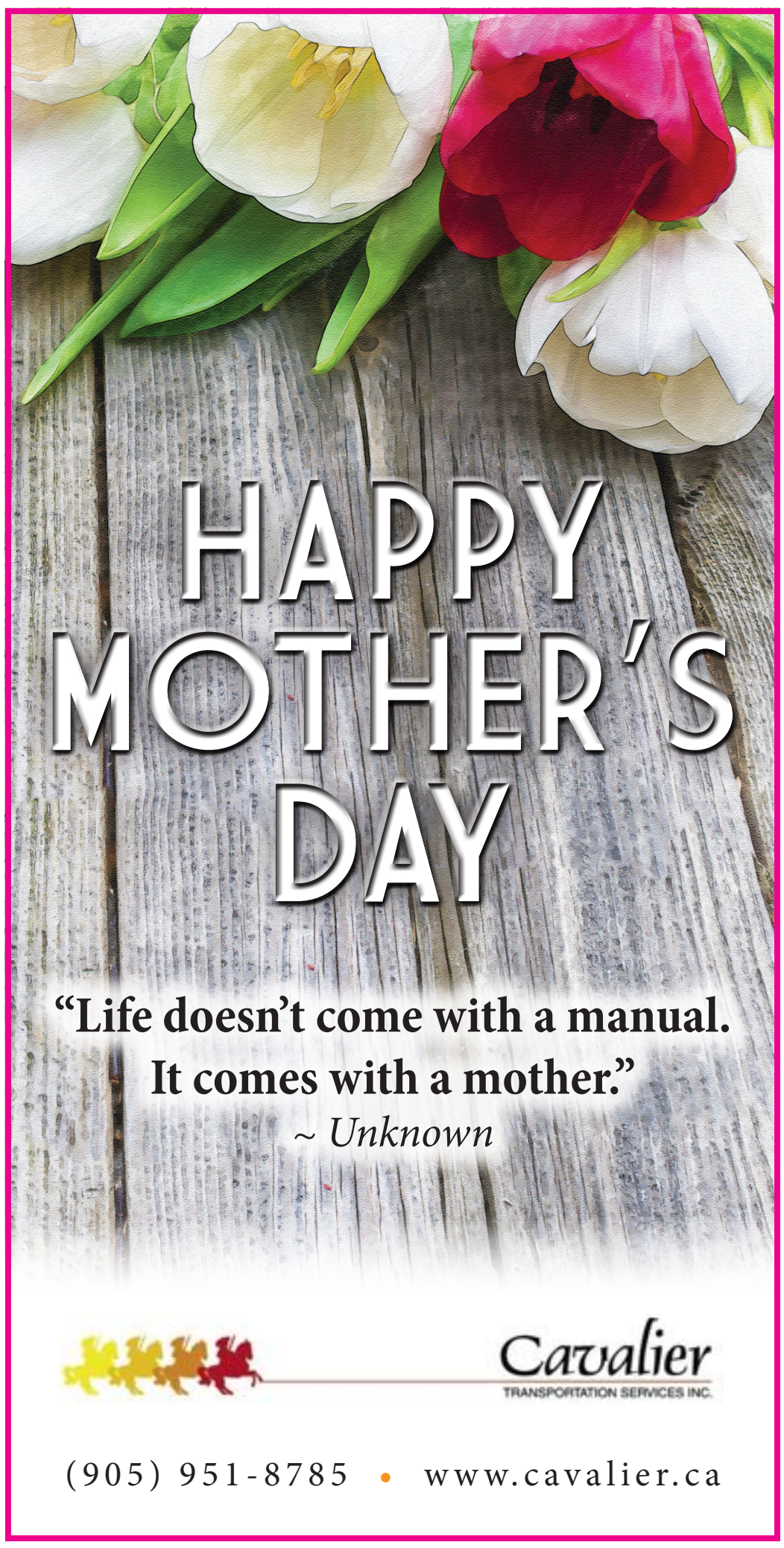
NOTE: Make sure to use pure essential oils. These can be found at your local health store.

You can change out any one of these scents to create your own favourite combination.









Skewered chicken goes great on the grill

Grilling chicken is an easy way to transform this versatile food into something even more delicious. Various cultures serve chicken in kebab form after grilling it over an open flame, and taste is a big reason this particular method of cooking chicken is so beloved.

Spiedini of Chicken and Zucchini with Almond Salsa Verde

Makes 6 servings



SALSA:

1 cup chopped flat parsley
2 tablespoons chopped almonds, toasted
2 tablespoons chopped fresh chives
3 tablespoons capers, chopped
12 teaspoon grated lemon rind
3 tablespoons fresh lemon juice
1 tablespoon extra-virgin olive oil
12 teaspoon chopped fresh thyme
12 teaspoon chopped fresh oregano
14 teaspoon kosher salt
18 teaspoon freshly ground black pepper
1 garlic clove, minced

SPIEDINI:

112 pounds skinless, boneless chicken breast, cut into 1-inch pieces
6 small zucchini, cut into 1-inch slices (about 114 pounds)
Cooking spray
14 teaspoon kosher salt
18 teaspoon freshly ground black pepper

Soak 12 (10-inch) wooden skewers in water for 30 minutes to prevent burning.

Bring the grill to medium-high heat

To prepare the salsa, combine the first 12 ingredients; set aside.

To prepare the spiedini, thread the chicken and zucchini alternately on each of the 12 skewers. Coat the spiedini with cooking spray; sprinkle evenly with 14 teaspoon salt and 18 teaspoon pepper. Place on a grill rack; grill 6 minutes or until done, turning once. Serve with salsa.

TIP: Prepare the salsa up to a day ahead, and assemble the skewers earlier in the day. Coat with the seasonings just before grilling.

Recipe from Cooking Light: Dinners Ready (Oxmoor House) by The Cooking Light Editors



Cold Mango Soufflés Topped with Toasted Coconut

(Makes 4)

4 small mangoes, peeled, pitted and chopped
2 tablespoons water
1 tablespoon powdered gelatine
2 egg yolks
12 cup superfine sugar
12 cup milk
114 cups heavy cream
Grated rind of one orange
Toasted flaked or coarsely shredded coconut, to decorate

Place a few pieces of mango in the base of each of four 23-cup ramekins. Wrap a creased collar of nonstick parchment paper around the outside of each dish, extending well above the rim. Secure with adhesive tape, then tie tightly with string.

Pour the water into a small heatproof bowl and sprinkle the gelatine over the surface. Leave for 5 minutes or until spongy. Place the bowl in a pan of hot water, stirring occasionally, until the gelatine has dissolved.

Meanwhile, whisk the egg yolks with the superfine sugar and milk in another heatproof bowl. Place the bowl over a pan of simmering water and continue to whisk until the mixture is thick and frothy. Remove from the heat and continue whisking until the mixture cools. Whisk in the liquid gelatine.

Puree the remaining mango pieces in a food processor or blender, then fold the puree into the egg yolk mixture with the orange rind. Set the mixture aside until starting to thicken.

Whip the heavy cream to soft peaks. Reserve 4 tablespoons and fold the rest into the mango mixture. Spoon into the ramekins until the mixture is 1 inch above the rim of each dish. Chill for 3 to 4 hours, or until set.

Carefully remove the paper collars from the soufflés. Spoon a little of the reserved cream on top of each soufflé and decorate with some toasted flaked or coarsely shredded coconut.

Recipe from The Complete Mexican, South American & Caribbean Cookbook (Metro Books) by Jane Milton, Jenni Fleetwood and Marina Filippelli



Bright, bold and refreshing summer salad with unexpected ingredients

(NC) Trade in your "meh" greens for avocado, fennel and orange in this salad with a crunchy and zingy dressing that guarantees excitement to counter palate fatigue. The lean dressing will complement this refreshing and salad seamlessly, making it perfect for a lunch on the go or with summer barbecues.

Fennel, Orange and Avocado Salad

Prep time: 30 minutes Cook time: 5 minutes Serves: 4

INGREDIENTS:

1 fennel bulb, thinly sliced
2 oranges, peeled with a knife and sliced
2 avocados from Mexico, peeled, pitted and sliced
60 mL (¼ cup) basil leaves, chopped
60 mL (¼ cup) chives, minced
60 mL (¼ cup) toasted pumpkin seeds, chopped
30 mL (2 tbsp) olive oil
Zest of 1 lemon
Salt and pepper
Labneh or thick yogurt (for garnish)

LEMON AND GRAINY MUSTARD VINAIGRETTE

60 mL (¼ cup) olive oil
15 mL (1 tbsp) grainy mustard
Zest and juice of 1 lemon
Salt and pepper

PREPARATION

1. For the vinaigrette, mix ingredients and season with salt and pepper.
2. Mix basil, chives, pumpkin seeds, olive oil and lemon zest and season with salt and pepper.
3. Arrange oranges, fennel and avocado slices on a serving plate. Drizzle with lemon and grainy mustard vinaigrette, garnish with dollops of labneh or strained yogurt and top with herbs and toasted pumpkin seeds.

Tip: You can also grill the fennel drizzled with olive oil in the oven. Seasoned salt and pepper.

www.newscanada.com



Can't find the perfect gift for mom? Consider "adopting" a mom in need

BY BROCK WEIR

Mother's Day arrives on Sunday, a perfect time to shower moms with gifts and flowers – as much as stay-at-home orders allow. But however much moms enjoy these treats on their special day, there are plenty of mothers who don't want any gifts at all; they just want a helping hand.

That is a message being driven home this season by the Shine Through the Rain Foundation, an organization supporting families through life-threatening illnesses.

The group encourages you to consider "adopting" a mom this Mother's Day to help ease some of the pressures they are facing as they address life's greatest challenges.

"When Sophia (not her real name) was on maternity leave, she learned she had breast cancer," says Shine Through the Rain on the experience of a recent patient. "Instead of worrying about how to juggle life with the new baby and two other young children when she returned to work, she wondered how to hold it all together financially shortly before the COVID-19 pandemic hit. Unable to work because of treatments and side effects, it has been hard to keep up with the bills. Diagnosis was incredibly overwhelming and difficult or the entire family, but the treatments and side effects have taken the hardest toll. Since her diagnosis, Sophia has undergone surgery, chemotherapy and radiation. This has been life over the past year.

"Without a second income, there is very little money left at the end of the month to purchase groceries, let alone other necessities like Mother's Day gifts. The family is falling behind and have accumulated significant debt. Like many others diagnosed with a life-threatening illness, they fell behind on their basic utility bills and have had a hard time affording groceries. With Mother's Day just around the corner, for Sophia and other moms like her, she just wants to wake up in her own bed for Mother's Day in her own home, knowing she can turn on the shower that day and water will flow out. She would also like to know there is food in the fridge. For many mothers in the community, this is the reality of being diagnosed with a life-threatening illness. No matter the occasion, that means there is no money to buy gifts because of the financial hardship illness has caused."

"Adopting" a mom for the occasion is a great way to honour your mother "with the most beautiful gift – making it possible for an ill mother to remain in her own home with her children, without the usual worries of how to pay for rent, utilities, groceries or hospital parking."

"This is the first year we launched this for Mother's Day," explains Laurie Docimo of Shine Through the Rain, noting that previous "adoption" programs, particularly around the holiday season, have been particularly successful. "The gifts they want, rather than a tangible gift, is just to help pay hospital parking costs and that would be the best gift they could possibly have. A lot of times, people who are very well-meaning have their individual pre-conceived notions that everybody likes a gift. Yes, they do, but when you're about to be evicted or you don't know how you're going to afford groceries… that is what they are concerned about.

"These needs have always been there. However, with COVID, it changed the patients' needs in more than one way. When COVID first hit, we noticed a lot of donors often came to a screeching halt. They slammed the brakes on their donations and a lot of the usual funders like individuals, corporate donors, and a lot of the foundations that exist out there [hit the brakes] but what we were starting to hear from the patients, social workers, and child life specialists referring to their patients is not everybody can go to a food bank because sometimes when you're ill and diagnosed with a life-threatening illness, you need to be able to have a control over what kinds of foods they receive. Our grocery gift cards make it possible for our patients to control what they receive for food.

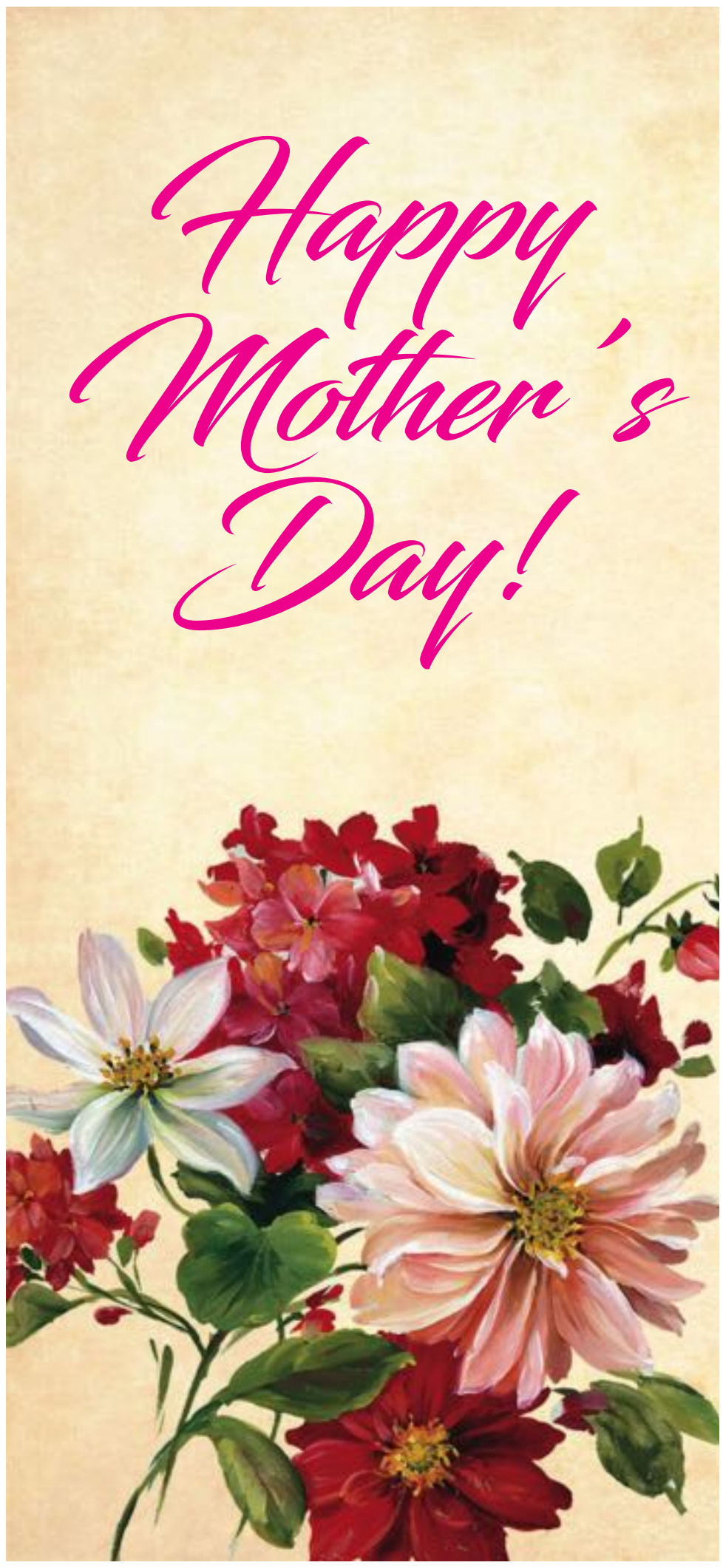
"Some people when they are diagnosed with a life-threatening illness lose their income, they don't have extended health benefits, or they have exceeded their maximum ceiling spend. Other costs like hospital and medical office parking, mileage, especially if they have to go to a large urban centre like downtown Toronto… It is real costly and not only do you have the every day cost of living, but you're dealing with reduced income, significantly higher expenses, and most people unless they have been in that situation, are not aware how financially devastating it can be. "

For more information on how to "adopt" a mom, learn more about the organization, and how to help beyond Mother's Day, visit shinethroughtherain.ca.

Shine Through the Rain Foundation
Supporting families through life threatening illnesses.

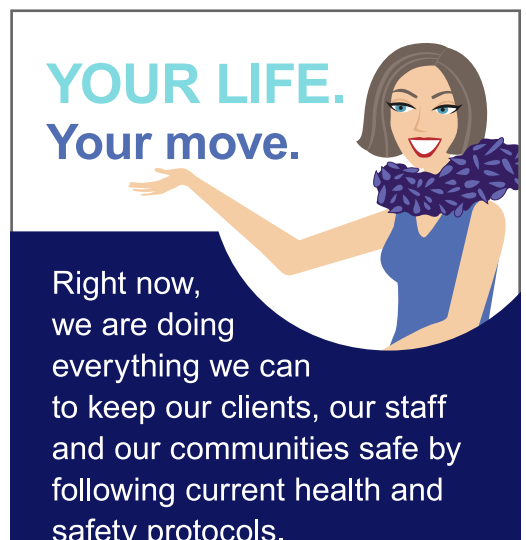
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– Ali and Vanessa '19
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– Ken Whitmell
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Caledon Basketball Academy graduate Abby Bodden (left) is heading off to the University of Windsor this year and fellow grad Oluwatito Akinnusi (right) is off to the University of Saskatchewan to continue to pursue their basketball careers and educations.

CONTRIBUTED PHOTOS

Caledon Basketball Academy: Who's Coming and Going

BY ROBERT BELARDI

It's been quite the interesting year for the Caledon Basketball Academy. Heck, it's almost as if the word interesting follows any kind of sports team these days.

For the club this offseason, the Academy has seen two of its players commit to universities in Canada on scholarships. We already saw Caledon's very own Izabella Zingaro play in the women's NCAA March Madness with the Iowa State Cyclones. That's a testament to how good the program is and how it sets up its players.

So, without further ado, let's meet two of your graduates from the academy this year and see where they are heading off to!

Abby Bodden

Age: 17
Birthday: May 14 2003
Favourite Basketball Team: Seattle Storm
Favourite Player: Arike Ogunbowale
Height: 5'9
Position: Shooting Guard

Like most kids, Abby Bodden began to love basketball due to her parents. A local park in her home province of British Columbia is where she began playing the sport at the age of seven. She eventually pursued an organized recreational league in Grade Six while attending Homma Elementary School.

Beginning her young basketball career as a guard, Bodden has played the position ever since. With noticeable talent all the way into high school, the University of Windsor had their eyes on Bodden since Grade 11 at McMath Secondary School. It was also during this time Bodden and her mother made a tough decision.

"My whole family lives in Vancouver. My mother and I drove to Ontario from BC and lived in a rental house in Caledon. I was nervous moving to Ontario because I'd never gone to a new school or played on a different team. My teammates and coaches were very welcoming and the nerves went away quickly after I arrived," Bodden said.

Attending the academy meant that Bodden would be attending Humberview Secondary School for her final year. She would be going to school with her teammates and her mother became friends with the other parents on the team. It was her desire to come to the Caledon Basketball Academy because the club competes in the Ontario Scholastic Basketball Association (OSBA).

She came into Ontario showcasing her three-point shooting prowess. She continued to make the case for herself as to why she's a top-notch guard.

In October of last year, Bodden committed to the University of Windsor.

This upcoming year, Bodden will be heading to Windsor to study Criminology and, for fun, she might be bringing something along with her.

"I love sneakers! I have a lot of different sneakers and I love learning about the history about them! My favourite sneakers are Jordan 1s!"

Oluwatito "Tito" Akinnusi

From: Kleinburg, ON
Height: 5'10
Position: Guard
Age: 17
Birthday: August 28, 2003
Favourite basketball team: Toronto Raptors
Favourite player: Arike Ogunbowale

Oluwatito "Tito" Akinnusi was a late bloomer in the game of basketball.

"I started playing basketball at age 12 when my family moved to Vaughan from Brampton in 2014. I tried out for the grades 4-6 girls' basketball team at the Pierre Berton Public School and made the team even though it was my first tryout and I had never played competitive basketball before then," Akinnusi said.

She was the best player. She thrived in the program and was scouted to join the Vaughan Panthers by the late Lionel Howell.

Akinnusi took her basketball talents to Vaughan Secondary School where she played on the high school team part of YRAA (York Region Athletic Association) and the prep team involved in the OSBA.

Midway through, she switched schools to Royal Crown Academic School in Scarborough and near the tail end she transferred one final time to Humberview Secondary School, joining the Caledon Basketball Academy in the process.

"The best part of my game is my versatility. I can play and guard any position. I am very comfortable with bringing up the basketball as the guard, playing both the high and low post and also being a spot up shooter."

Last year, the University of Saskatchewan began scouting Akinnusi and ultimately, she committed to join the Huskies back in November.

"I am looking forward to playing for Coach Lisa Thomaidis as she is the head coach of the Canadian women's national basketball team and she has won two USPORTS National championships with the team."

Akinnusi will arrive with four championships, five tournament championships and five finalist medals over the course of her career. She will be looking forward to majoring in Psychology.

Akinnusi loves to travel to new places and loves to play Mario games as her hobbies.

With the academy's graduates preparing for basketball life elsewhere, head coach Gord Everett would like to thank the club's sponsors for all of their efforts.

"Caledon Basketball Academy is grateful to T.Litzen/NIKE TEAM, Bolton Physiotherapy Clinic, Rel-EASE Therapy Clinic, Humberview Secondary School, the Peel District School Board, Scott Skimming of 310 Running and Scott Goodfellow for their continued support and sponsorship of the program," Everett said.

The program will be looking to Bolton natives Maya Chocano and Kate White, Brampton's Samantha Zoffranieri and Newmarket's Brittyn Graves to lead the club into next year.

Stay tuned for next week's profile headlining the newcomers to the program for this upcoming season.

PUZZLE SOLUTION

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Youth Soccer reporting adverse mental health impacts due to shutdown

BY ROBERT BELARDI

If the government can be the benefactor and the saviour for many local clubs itching to play they should know it's far beyond sport. At this point, it is about justifying the health of all young athletes. It's about understanding that physical health is not only of the utmost importance. Mental health is not far away either.

In response to the COVID-19 lockdowns, a WhatsApp group with 17 youth soccer clubs was comprised.

Initially designed to discuss the sharing of resources, Executive Director of FC Durham Academy Elizabeth McCaw addressed another important topic of the group.

"The government isn't really asking our athletes what's happening to them," McCaw stated.

"The school lockdowns and the lack of structure, social connections and routine is how we build our programs. So, when we took that away from our athletes, the question just came up."

Riding into Mental Health week with CamH (May 3-9), McCaw wanted to share the voice of our athletes. Almost instantly, all groups agreed to comply and two questions were sent out to over 30,000 athletes.

"We got 3,500 [responses] within a five-, six-day period. It showed us instantly how bad the problem is. It was difficult to hear our kids speaking to us and our families."

In the absence of physical joy and outdoor fun on to the soccer pitch, the first question was, "Over the last year of navigating the pandemic, has your player's mental health been affected in any of the following ways? (Anxiety, Worry, Depression, Lack of Structure, Loss of Social Connection, Loss of Routine, Stress, other)."

The second question asked, "What would your player say is the thing they miss most about participating with their club/academy team in a regular in-person environment?"

After scrounging through the numbers and organizing the responses, the data was troubling.

According to their numbers, "86 per cent lack social connection, 82 per cent loss of routine, 67 per cent lack structure, 2 in 5 identified experiencing anxiety, stress and worry, 1 in 5 noted depression, 40 per cent referenced exercise and lack of physical activity as the thing they miss the most, and 32 per cent miss their teammates and friends."

Since the beginning of this recent lockdown, soccer clubs were gearing up for a return to the pitch and the hope was to get back to playing competitive matches. According to the survey, most players were a part of competitive teams. And now there is a risk of not even being able to get back to soccer as we knew it anytime soon.

"I know I can say this on behalf of every club. We have sat back and sat back. We've believed in our government with confidence they'll take us through this and they have failed us," said President of Whitecaps London and match referee Abbi Lezizidis.

An article released by CBC's Muriel Draaisma written on April 14, said that Toronto's SickKids ER visits have grown by 25 per cent for children thinking about suicide. McCaw had heard that SickKids was up by 12 per cent in youth mental health visits in general from professor and holder of the Canada Research Chair in School-Based Mental health and Violence Prevention Tracy Vaillancourt via email.

These alarming numbers have many parents with younger children and teenagers worried.

"There's another pandemic that's going to come as a result of COVID. If the government doesn't pay attention at the health table to say as we're dealing with one crisis, we're creating another, that's where we want to sit in the space," McCaw said.

Continued on Page B5





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Province appoints Sterling to Greenbelt Council

Continued from Page A5

The Greenbelt Council was created to provide advice to the Minister of Municipal Affairs and Housing on land use matters related to the Greenbelt, including education and outreach to promote the goals of the Greenbelt Plan.

"It is an honour to serve as Chair of the Council as we work towards growing the Greenbelt," said Sterling. "I will leverage my experience to work collaboratively with our council to ensure that we are working toward protecting and growing the Greenbelt."

Sterling served as a PC MPP from 1977 to 2011, but voted against the creation of the Greenbelt in 2005.

"Ontario's Greenbelt protects farmland, communities, forests, wetlands and watersheds," said the Province in a statement. "It also preserves cultural heritage and supports recreation and tourism in Ontario's Greater Golden Horseshoe. The province is currently considering how best to protect and grow the Greenbelt through consultations on protecting the Paris Galt Moraine and adding, expanding and further protecting urban river valleys, and increasing the Greenbelt's footprint in urban areas."

The first round of public consultations on growing the Greenbelt concluded on April 19, 2021, and the input is being reviewed. Further engagement and consultation will continue through the summer.

The Credit Valley Conservation is based out of Mississauga and hope to see with Sterling elected Chair that the continued work of the Greenbelt council remains on preserving and protecting the land.

"The Greenbelt Council plays an important role in land use planning matters," said Credit Valley Conservation. "It is our hope that the Council continues to champion the natural and cultural heritage value of the Greenbelt for a thriving environment and healthy communities in Southern Ontario.

Though the appointment of Sterling has seen some praise, Hamilton West-Ancaster-Dundas NDP MPP Sandy Shaw criticized the Premier for appointing Sterling despite his past protest of the Greenbelt.

Environmental groups worry if his appointment was influenced by Ford wanting to pave over the Greenbelt and wonder whether or not Sterling understands the importance of protecting the environment.

"Given the quality of the people who resigned and the scores of people who might have filled this role in a creative manner, it appears that the province has chosen an insider who may help manage risks rather than someone who might embrace the needs expressed in our April 19 submission—that the Greenbelt needs to be expanded," said Ontario Headwaters Institute Executive Director Andrew McCammon.

The submission from Ontario Headwaters Institute detailed how much the Greenbelt means to the province and why it must be protected at all costs.

"The Greenbelt extends beyond these significant landforms to protect natural heritage systems, water systems and agricultural systems within the Greater Toronto Hamilton Area. A Place to Grow: Growth Plan for the Greater Golden Horseshoe (Growth Plan) directs urbanization to settlement areas and designated greenfield areas, to support managed growth throughout the Greater Golden Horseshoe," said McCammon. "Together, the Greenbelt and Growth Plan provide a framework to support population and employment growth while protecting natural assets essential for sustainable prosperity. The Greenbelt protects valuable ecosystem services including clean water, contributes to the $49B provincial agriculture and agri-food sector, supports nature and biodiversity, and encourages complete communities."

With the current boundaries of the Greenbelt, not enough prime and important land is being protected and Sterling needs to change that, according to Ontario Headwaters Institute.

"Currently, however, the Greenbelt covers only 21 per cent of the lands in the Greater Golden Horseshoe. Growing the Greenbelt throughout the region will add resilience to the broader local ecosystem while helping to safeguard its ecological integrity, social vitality, and economic prosperity. While Ontario has a proud history of wise land-use planning and world-class leadership in watershed management, recent reductions in environmental protection are creating uncertainty and skepticism."

Ontario Headwaters Institute urges the province to grow the Greenbelt in six key areas: the Paris-Galt Moraine; urban river valleys; natural heritage system across the Greater Golden Horseshoe; agricultural system in the Greater Golden Horseshoe; lands and waters in the Bluebelt; key headwater areas.

McCammon is adamant that these recommendations are needed now and looks forward to Sterling proving he's done his homework on the Greenbelt.

Headwaters gets boost for National Nursing Week

BY PAULA BROWN

The Royal Bank of Canada (RBC) in honour of National Nursing Week (May 10-16) is donating funds to help support local nurses.

Headwaters Healthcare Foundation has received $10,000 in funding to go towards support for the education and training of nurses.

Headwaters is among 13 local hospital foundations, which includes those in the regions of Halton, Grey, Bruce, Guelph-Wellington, Huron-Perth, and Oxford, to receive the donation. RBC donated a total of $120,000.

"Hospitals are critically important to the health and wellbeing of our communities. We're so proud to present $10,000 to Headwaters Healthcare Foundation as part of our overall commitment this year of $120,000 to nursing in local communities across Southwestern Ontario," said Melanie Renon, Regional Vice President of Central Shores, RBC.

The RBC Foundation started the charitable initiative in 2009, and has since donated over $1 million to support nurses.

In addition to the funding the foundation has also created mental health workshops specifically curated for nurses. The free session includes morning, afternoon, and evening editions to provide flexibility for nurses working shifts, and will be focused on topics such as burnout, self-care, and de-escalation in crisis. The sessions are also designed and run by nurses including those from Headwaters.

The COVID-19 pandemic has put extra strain on Ontario's rural nurses. According to a Statistics Canada survey from January of this year, more than 70 per cent of nurses said they experienced a "breaking point" throughout the pandemic. Another Statistics Canada survey of 18,000 healthcare workers across Canada showed that nurses reported worse mental health than other healthcare workers, with 37 percent saying they had poor mental health compared to 27 per cent of physicians.

"Thank you, RBC, for your ongoing commitment to support nursing education at Headwaters Health Care Centre. The nursing staff are grateful to participate in virtual mental health and wellness webinars and invest in their own well-being. Our nurses and their colleague have been working especially hard during the pandemic to support the health care needs of our community," said Kim Delahunt, President and CEO of Headwaters Health Care Centre.

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Art: RCMP anniversary hooked rug; African handcrafts; soapstone carvings; glass buoys;
Household: sewing machine; garden decor; microwave; toaster oven; patio set; Cricut electronic card cutter; coolers; luggage; elec meat grinder; leather couch;
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OBITUARIES

COULTER, Laura Irene (Ellis)
1916-2021



Laura Irene Coulter (Ellis) passed away peacefully on Monday, April 26, 2021 at the age of 105. Laura was born on the Ellis farm near Holstein, Ontario on February 23, 1916. She was pre-deceased by her father Thomas Ellis and her mother Anne (Reid); her brother James and her sisters Effie Aitken, Ella Neal and Ada Ellis. She was also predeceased by the love of her life, husband Robert Hartman (Hart) in 1998.
Laura was devoted to all of her family. She is survived by her sons Glenn Hartman (Ghislaina), Thomas Lawrence (Lorainne), Robert Scott (Pam) and her special "daughter" Carmel Preyra; her six grandchildren Nikki Raquel Hrustich (John), Kelly Sue Gardner (Christopher), Chara Dawn Coulter (Paul), Shawna Lorainne Coulter, Brandon Scott Coulter and Robert Benjamin Coulter (Julie); and five great-grandchildren Jack and Noah Hrustich, Gracie, Makana and Carter Gardner.
Laura was warm, wise, and a trailblazer, a people magnet that caused so many to call her "a very special lady." Laura had a zest for life whether it was having a quiet tea with friends, or out exploring the back roads. She was steadfast in her respect and affection for all people championing their rights and shattering any notion of society's limitations with a gentle ferocity. Laura will best be remembered for her remarkably kind heart, her inner confidence, and her ability to make you feel important and at ease. She brought a ray of sunshine to everything she did and everyone she touched. Laura was tenacious accomplishing anything she set her mind to, never taking anything for granted, or demanding anything from anyone. Laura knew how to delight in each moment, and very simply, knew how to enjoy her life.
Laura's life experiences were vast over her 105 years encountering untold changes in life style and technology head on. She enjoyed travelling with Hart, and sometimes friends, to Australia, Europe, the UK, Hawaii, Florida, and across Canada. One thing remained constant throughout was her love of Hart and her family. She was definitely happiest surrounded by family. Laura beamed and excelled when it came to flowers and gardening. She was renowned for her flower gardens at the family home in Cataract. It was not uncommon for passers by to stop and ask if they could walk through her gardens. Laura was a Garden Club of Ontario certified judge of flower arrangements, and routinely won many prizes for her arrangements in local competitions. Laura was awarded a Life Membership in both the Orangeville and Ontario Horticultural Societies. Not only did she excel at flowers, but also baking, particularly all kinds of pies and butter tarts.
Laura was interred in Alton Cemetery on April 29, 2021 following a ceremony conducted by Reverend Emma Pipes of Knox United Church, Caledon. A "Celebration of Laura's Life" will be scheduled at a later date when the challenges and limitations of Covid 19 are behind us.
Rest in peace Mum, Grandma, Great Grandma, Laura, we all love you!
A tree will be planted in memory of Laura in the Dods & McNair Memorial Forest at the Island Lake Conservation Area, Orangeville. The next annual dedication service will be held on Sunday, September 12, 2021 at 2:30 p.m. Condolences may be offered to the family at www.dodsandmcnair.com

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IF YOU or a **FAMILY MEMBER** are struggling with gambling, Gamblers Anonymous is there to HELP. Call: 1(855) 222-5542 or visit www.gatoronto.ca.

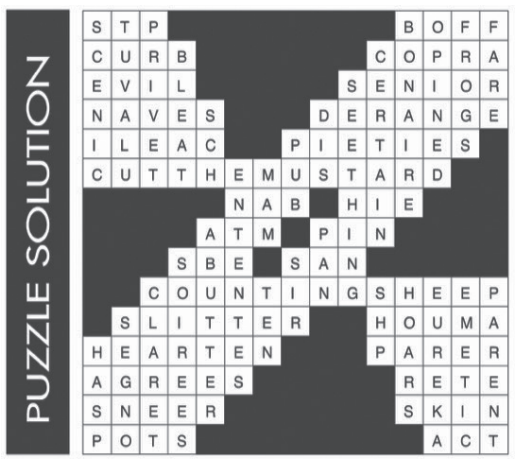
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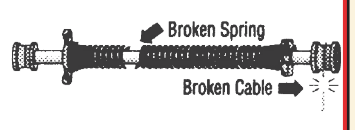
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Youth Soccer speak out on COVID impacts

Continued on Page B5

What this exposed for all clubs is to generate a document of resources to help parents with children experiencing these adverse mental affects, reminding them of what options their children have to continue to get better.

What began as an advocacy campaign has now turned into a movement.

"What is important to note is we're not talking about soccer only, we're talking about youth sports," Lezizidis said.

"Basketball was approved to play outside last summer yet soccer wasn't approved. We couldn't touch the ball with our hands. We're looking for consistency. Some common sense here."

Lezizidis touched on multiple studies that proved transmission of any illness outdoors in the summer time is minimal. He also runs a men's soccer league in London and says seven different health units will dictate whether or not he will be able to play this season.

Both McCaw and Lezizidis plan to send a candid and open email to Premier Doug Ford, with the hopes of an Interview Opportunity to discuss what COVID-19 health measures are doing to children.

Explore Caledon during cycling season: Mayor

BY ROB PAUL
LOCAL JOURNALISM
INITIATIVE REPORTER

With spring well underway and summer just around the corner, cycling season is now open with even more trails, cycling routes and infrastructure in Caledon.

The Town of Caledon is one of the most popular cycling areas in the vicinity with recreational trails and road routes to explore.

Locations and details on cycling in Caledon are available online (caledon.ca/cycle) and cyclists are able to fill out an online feedback form to provide input on how the cycling experience in Caledon can be improved.

With over 260 kilometres of publicly accessible trails and paths, Mayor Allan Thompson says he is thrilled to see residents take advantage of the opportunity to get outside and enjoy the diverse cycling setting.

"Cycling season is here and I couldn't be more excited," said Thompson. "Staff have worked extremely hard to add more routes and infrastructure for residents and visitors to enjoy. Cycling is a great way to enjoy the outdoors, spend time with family and explore Caledon."

To continue to add to the bronze level designation as a Bicycle Friendly Community (BFC), further investment has been made to introduce, update and upgrade cycling infrastructure around Caledon.

These measures are also recommended in the Caledon Transportation Master Plan and supported by the Active Transportation Task Force. These include increasing the amount of cycling routes available from 80-kilometres to 200-kilometres; identifying specific roads for cycling (check out all on-road and off-road routes in the Caledon area at maps.caledon.ca/h5/index.html?viewer=Trails.Trails); installing of three new bike repair stands, now totalling four.

Caledon is home to various cycling clubs and community groups that residents can get involved with to expanded on their experience. The groups are Town of Caledon Active Transportation Task Force; CAA- Bike Safety; Caledon Bike Hub; Caledon Cycling Club; Caledon Hills Cycling (Inglewood); and North Hub Bike Shop (Bolton).

With the ongoing COVID-19 pandemic, safety measures should be considered when cycling on a road or trail. Maintain a physical distance of at least two metres from anyone not in your immediate household, avoid riding in groups and wear a mask when necessary.

When cycling on a road, the Town of Caledon wants to remind residents of some safety tips. Cyclists should keep to the right side of the lane; ride in a straight line, at least one metre away from parked or travelling vehicles; limit group size; and maintain space for vehicles in between different groups.

When cycling on a trail, cyclists need to remember to respect other trail and road users; keep right and pass on the left; give audible warning and use caution when passing; hikers and cyclists should yield to horseback riders; stop and look before crossing roads; and stay on the trail, and not ride on the grass.

Learn more about cycling routes and trails, cycling safety, cycling clubs and organizations, and the outdoor bike repair stands by visiting caledon.ca/cycle.

PLUMBING







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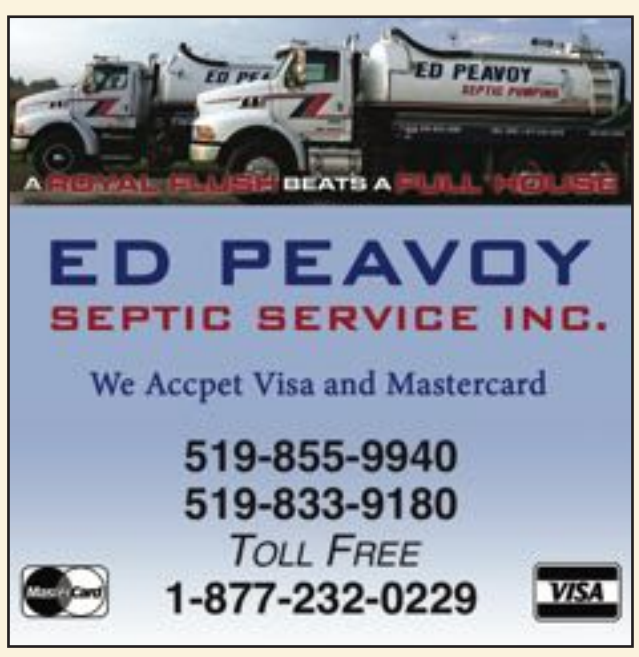


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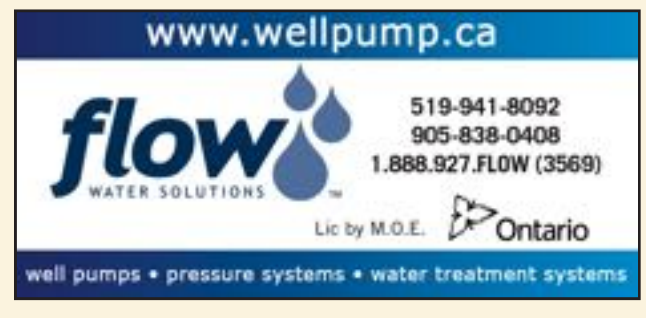




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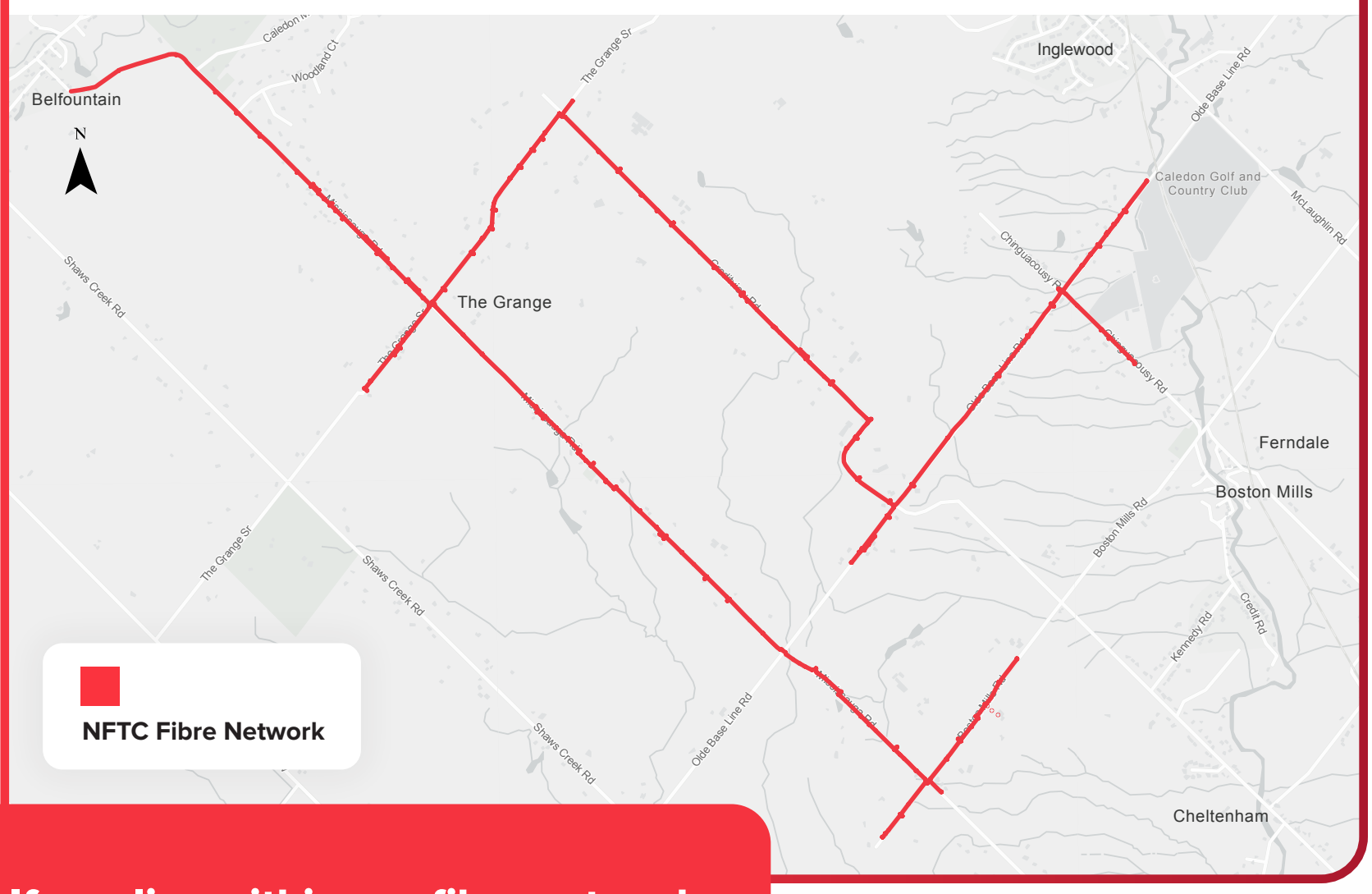


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