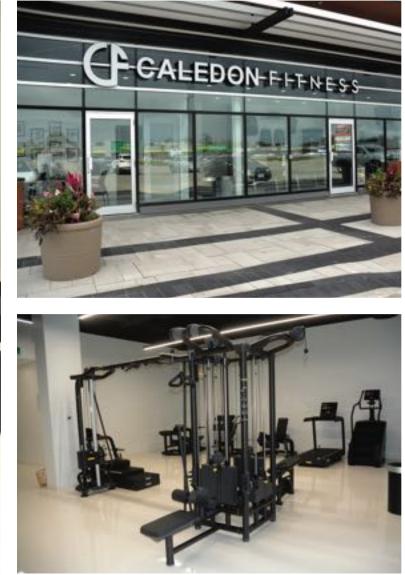
FOR BUSINESS Caledon Citizen **PROGRESS** EDITIONZ

An annual report highlighting local businesses in Caledon.





Caledon Fitness Science based personal fitness training at Caledon's newest gym

by Brian Lockhart

wanted it to be the exact opposite of a typical big box fitness location.

Tristan focuses on personal client training to create the best fitness experience that is tailored to the individual needs of a person based on their goals and a scientific examination of things like muscle mass, body fat mass, and current overall body fitness.

With a history of athleticism and fitness, entering into the world of training was a natural transition for Tristan. He was a high level soccer player in Canada before being scouted and moving to Germany as a teenager to play on a Bundesliga Youth Team. During that time he learned all about cardiovascular endurance, strength training, and advanced training systems used by top athletes to stay in shape.

After working at some large gyms as a training director, he realized the training programs did not focus on individuals, but rather on the bottom line.

"I noticed a pattern," Tristan explained. "The pattern was, in the large gyms they don't focus on client care, they focus on making money. I tried to explain some of the theories I learned in Germany – and that was not well received. I realized there was something missing in the fitness industry - people who wanted personal training couldn't get it in the larger gyms. I focus on the clients. From the moment a client comes into the gym, I want them to have the best experience, from service to the aesthetic of the gym – I wanted the fitness area to be open and vibrant and clean."

A visit to Caledon Fitness always starts with a personal consultation with Tristan, where he will discuss what a client is hoping to achieve in terms of fitness and physical training.

"I talk to the client to see what they would like to achieve, and they will give me a rundown of their life story and goals," he explained. "I try to see what might be missing in their routine. With a good understanding of how to reach goals quickly, I see what's missing and fill that void with our services."

The fitness centre has an InBody body scanner which, in only a few minutes, can take a reading and determine a person's muscle, body fat, water level, and where it's located, and if a person has any inflammation. The readings are based on a person's age, height, and weight, and it provides information to determine a person's fitness level in several categories based on the data provided. This allows Tristan to determine a proper program for a client based on their current physical fitness.

"I debunk many fitness myths and trends," Tristan explained. "Everything I do here is science based."

The Caledon Fitness gym is designed to be bright and clean and well lit. They have a full range of fitness machines that are created for different functions and to work on different body movements and muscle groups, as well as free weights.

The change rooms are modern, well designed and bright, with shower facilities, and accommodate men and women's areas separately.

You can visit Caledon Fitness on-line at www. caledon-fitness.ca, or on their Facebook page.

To call and make an appointment to learn how Tristan and his team can guide you to better fitness and a healthier lifestyle, call them at 905-783-1599.

B2 PROGRESS SECTION CALEDON CITIZEN NOVEMBER 10, 2022



If you drive a car, SUV, or a truck, sooner or later, you will need new tires to keep you safe on the road and make sure your vehicle is performing at an optimum level – especially during the winter and on wet roads.

ire Junction in Bolton has a huge selection of tires for all makes and models, and the expertise to help guide you to making the right decision for your vehicle. If they don't have a particular tire in stock, they can get it with very little delay.

The shop features quality well known brand name tires as well as other lesser known brands that have a niche in the market and produce quality products.

Tire Junction owner, Amar Uppal, has been in the tire industry for four decades, and knows just about everything there is to know about tires. He understands how each tire performs, and which brand and style will be most appropriate for a vehicle and a driver.

Mr. Uppal opened the Bolton store in 2008 and has been outfitting drivers in Bolton and the surrounding area ever since.

"We ask where the customer lives and where they will be driving and what type of terrain they will be driving on," Mr. Uppal explained of how he assists customers in determining the right type of tire for their vehicle. "From there, we recommend the right tread pattern and the right type of tire for them. There will be a difference for people who do mostly rural driving and those that are commuting. Commuters don't need quite as an aggressive tire and those are a little quieter for the highway. A person who spends more time in a rural setting and on gravel roads may require a different tread design to safely navigate those type of roads."

Now that winter is approaching, motorists should be switching to cold weather tires to make sure they have the right rubber to tackle a different type of driving. Winter tires have different treads and have a rubber compound that is softer than summer or all season tires that allows them to grip the road more efficiently.

"Winter tires are best suited for when the temperature drops to ten degrees or lower," Mr. Uppal explained. "Winter tires also work better in the rain. The rubber compound is different than with a summer tire - they have a better grip. When you change your tires, you should have all your fluids and belts checked as well. The wipers should be checked and your oil change done as well as a general winter inspection on your vehicle. It's better to have it done sooner than later."

In addition to tires, the location features a full-service auto shop that handles all types of repairs in its well appointed service bays and is staffed by qualified service technicians.

You can have your winter tires installed and receive a cold weather vehicle inspection all in one stop.

Getting your vehicle ready for the winter weather ensures you will be travelling in the safest manner possible and will help you avoid getting stuck when you're on the road in inclement weather.

Visit Tire Junction at 11221 Highway 50, at the intersection of the Mayfield Rd., and Albion Vaughan Rd., in Bolton for all your winter needs.

You can visit on-line at www.tirejunction.ca, or call them at 905-893-9908 or 905-794-5642.



AyA Kitchens of Orangeville is the newest location for the AyA brand of cabinetry. We're proud to offer a Canadian-made line of products, manufactured in Mississauga for over 20 years. Whether you're a builder, a designer or first-time buyer, we're here to help. Our cabinetry is built-to-order, customized for your space and we offer kitchens, bathrooms, mudrooms, laundry rooms, pantries, closets, window nooks, fireplace surrounds and more.

Our speciality is finding solutions and eliminating problem areas to create a functional and enjoyable space. Our recommendations are tailored to each project because we take the time necessary at the beginning, to understand

Where do you start? To design your ultimate space it is helpful to create a wish list that will be used to start a dialogue between you and your kitchen designer. At Aya, we work with you to help make the best choices in designing your new kitchen. Do you need a more functional space or are you simply looking to spruce things up? Maybe it's both! Think about how you move around the space, how you cook, where you like to store things and then decide what you'd like to keep and what you'd like to change. Check out the "design guide"

CANADIAN MADE & CUSTOMIZED CABINETRY

What's trending? Bringing an airy, studio feel to the kitchen with wood cabinetry in light shades such as Aya's proprietary "Cashew Oak". Slab doors and slim shakers are bringing a contemporary mix of European and North American door styles into our homes. The kitchen remains the center of the home, so try adding focal points that give balance and stability to the design,

Ask questions! Budget and design are important and don't forget about service and installation. Incomplete installations and surprise fees, can cost you so much more in the long run, so go that one step further in the process

Here are a few suggestions: What happens during an installation? What type of inspection do they perform to ensure everything is as agreed? How do they follow-up on deficiencies? Do they have a warranty and what is it? Are they available to answer questions, provide samples and collaborate with the other relevant trades like electricians and plumbers? And finally, will they provide a

We know kitchens are a substantial investment so it's well worth your time to do the research. Whether you're ready to start or you're just kitchen-curious we're happy to chat with you! Give us a call, send an email, or set up a time to come by our showroom and ask for Dan or Cori; we're the owners and the employees and we enjoy working with our clients to bring their whole home projects to life.

AYA KITCHENS OF ORANGEVILLE • 18371 Hurontario St. Unit 9 • Caledon Village, ON. • 519.927.5788 • AYAORANGEVILLE.COM

PROGRESS SECTION CALEDON CITIZEN NOVEMBER 10, 2022 B3

Dolce hits sweet spot in Italian fare in the heart of Caledon Village

There's nothing quite like sitting down to a warming Italian meal and Caledon Village's Dolce Family Ristorante has hit the "**sweet spot**" in bringing authentic fare close to home.

L ocated on Hurontario Street, just south of Highway 24, Dolce, which means "sweetness", has been tantalizing local tastebuds for more than five years.

The eatery is the result of the culinary passion of Suthan Rasa, a Sri Lanka-born chef who learned the secrets of Italian flavour working alongside seasoned chefs at some of Toronto's best-known restuarants.

Having developed a love for the fresh and rich flavours that are a hallmark of the cuisine, Rasa set out on his own and eventually found the perfect spot to showcase his culinary flare.

That place was Caledon Village, where the food created by Rasa and his growing team was an immediate hit with local foodies.

by Brock Weir

"I worked with Italian chefs for 20 years and that's how I learned. I do a little bit of French, but mostly Italian, just by watching how they made it. It's all about how you handle the spices, how you use the seasonings, how you cook your food – you have to know your flavours," says Rasa.

And there's no shortage of flavour on the Dolce menu.

Since they first opened their doors, customers have fallen in love with many of their signature menu items, including Linguine al Pescatore, a pasta dish featuring shrimp, squid and mussels in a tomato broth, Rigatone Calabrese, which features a nice, spicy kick, and the ever-popular Meat Lover's pizza, all of which have become signature menu items at Dolce.

WHAT DO WE DO NOW?

Another particular favourite with chef and customers alike is their Gorgonzola Gnocchi. "It's not too rich and not too mild, and I just love that pasta with mushrooms," says Rasa. Another "sweet" feature at Dolce is an everchanging menu.

Chef Rasa revises the menu up to six times a year, with permanent fixtures on the menu bolstered by seasonal favourites like Ossobuco, Beef Tenderloin, and Penne Arrabiata.

As the festive season approaches, so too is the return of prix fixe menus for Christmas and New Year's, where patrons – groups or individuals – can look forward to set menus in addition to popular stand-alone menu favourites. "We always have new recipes and we change our pizza menu every day so customers can always come in and try them," says Chef Rasa. "I'm proud to be supported by the people of Caledon and proud to support the people of Caledon. They are great people and we have regulars who come in to dine every weekend and on weekdays they sometimes order takeout three times a week.

"By the time [we celebrate our tenth year] we still want to be here in the same place. I love the area and I love the people – the neighbourhood is so friendly."

For more on Dolce Family Ristorante, including the most up-to-date menu, please visit dolcecaledon.ca.



WORD OF MOUTH: SATISFIED CLIENTS KEY TO SIMONA DENTAL STUDIO'S SUCCESS

Dr. Terinder Chahal had a dream to open a dental practice in Caledon. Over two successful years in business later, **she's living her dream**.

by Zachary Roman

S imona Dental Studio is a full-service dental studio located on Simona Drive in Bolton, in a plaza that Dr. Chahal noted features almost entirely women-owned businesses. "It's brilliant, amazing. It makes me feel so happy and energetic," said Dr. Chahal, adding some of the women have become her clients.

It was a dream for Dr. Chahal to open a business in Caledon because her father is a farmer, and she grew up on a farm in India because of this, Caledon's beautiful scenery and nature had always drawn her to the area. "And, people are very humble and very loving here," said Dr. Chahal. "It's been a super good experience owning a business here so far." Dr. Chahal, the founder and lead practitioner at Simona Dental, had a wealth of education and experience behind her before opening her own practice. She obtained her Bachelor's in Dental Surgery in India, then completed her Masters of Dental Science (specializing in Oral Biology and Periodontology) at Boston University Goldman School of Dentistry. Finally, she went on to teach and complete her Doctor of Dental Sciences degree from the University of Detroit. That's just the beginning of her educational experience, the rest of which can be viewed on Simona Dental's website.

Important to note is that Dr. Chahal is also a gum specialist from the USA. She explained

she loves to work plastic surgeries like receding gum lines, gummy smiles, deep pockets between teeth, also dental implants (fixed teeth).

A high client retention rate is something Simona Dental is proud of. Dr. Chahal said 99 percent of the time, once somebody comes in for an appointment they decide to become a regular. Word of mouth is a great marketing tool, said Dr. Chahal, and her business uses old-school advertising like flyers and newschool methods like Google Ads.

Simona Dental's beautiful, spa-like atmosphere was entirely designed by Dr. Chahal and her husband, and it's something she's immensely proud of. It's a space that's welcoming, modern, and helps eliminate the fears some people have about going to the dentist.

Dr. Chahal said if you want to be successful in life, you have to just try. "If you never try anything, how will you make a mistake and improve? I always wanted my own space so I could provide great service and do the things I like to do," said Dr. Chahal. "I do lots of charity work and lots of pro bono cases. When you share, you get it back tenfold." As Simona Dental grows into one of Bolton's

foremost dental clinics, Dr. Chahal wanted to thank all of her amazing staff, loyal customers, and supportive family for their help in her success. "I love dentistry," said Dr. Chahal. B4 PROGRESS SECTION CALEDON CITIZEN NOVEMBER 10, 2022









A taste of Greece in Caledon by Brian Lockhart

"I would like to bring a little bit of Europe here and introduce some Greek baking and foods to the area," explained El Greco Bakery & Specialty Coffee owner, Chrisa Gaitanis, who along with her business partner, Dimitrios Logothetis, offer local residents the opportunity to try something different from their bakery and food truck.

Both Chrisa and Dimitrios have a long history of preparing Greek cuisine.

"I'm am Canadian Greek, I was born here and a very proud Canadian, but growing up I was brought up with Greek traditions," Chrisa said. "I'd like to introduce some of it to this community. Everyone here has really embraced us and they love it."

El Greco is the second location of this popular place for traditional Greek food. There is an El Greco location in 'Greek Town' in Toronto in the Pape and Danforth area, which serves a slightly different, but traditional menu.



The bakery offers a wide variety of delicious and unique deserts along with Greek beverages you won't find in your typical variety store. There are cookies, biscuits, pastries, croissants, and other deserts that offer something unique for a mid-day treat or after dinner delight. Traditional Greek foods like spinach feta cheese pie, are available and bring a true taste of the Balkans. For those that enjoy a morning meal, breakfast sandwiches are available, and there is a convenient drivethru service.

The coffee bar specializes in different European style beverages that are a real draw for customers who want something different with a variety to choose from.

"These are specialty coffees to go with our Greek deserts," Chrisa explained. "The Fredo Cappuccino is one of signature coffees here and it is very popular. We also have Espresso, Latte, Cappuccino, Mochas, and every kind of coffee you can think of."



Customers appreciate the variety of different coffees, and if it is your first time at El Greco, it may take you a while to make a choice. The cold drinks, like Fred Cappuccino, offer a delicious coffee with a twist as the extra ingredients are added and eventually mixed together for a delicious and satisfying experience.

The El Greco food truck is highly visible on the hill overlooking Highway 50, and surrounded by a grass covered seating area in the warm months.

The food truck is Dimitrios' domain at El Greco and he greets visitors with a smile and a welcome greeting. He has been preparing Greek food for over 30 years and operated restaurants in Greece. He managed the popular, That Freakin Greek Restaurant, in Toronto as well as other restaurants.

The meat prepared for the food truck is marinated for two days to create its unique flavour. The food truck offers a variety



of Greek and traditional fare, including Souvlaki Wraps, Pork Wraps, Lamb Wraps, Souvlaki Chicken Dinners, Greek salads, sausages, fries, and poutine.

El Greco Bakery & Specialty Coffee has catering services for when you are hosting that special occasion and you want your guests to be treated to an outstanding meal or special deserts.

The future looks bright for El Greco, as there are plans to renovate the building next door on the same property to create a market place and restaurant. The market will feature products that local residents now have to travel a considerable distance to find.

El Greco Bakery & Specialty Coffee is conveniently located at the northwest side at the intersection of Highway 50, and Highway 9, in Adjala-Tosorontio.

You can follow along on their Facebook page, and see some examples of what this outstanding new bakery has to offer.



Yournesta Financial Dominion Lending Centre

A professional Mortgage Brokerage that helps clients find the right lender.

B uying a home can be a daunting and time consuming process, especially for those who are first time buyers. When you finally decide to buy a home, more than likely you are going to need a long-term mortgage to finance your investment.

At Yournesta Financial Dominion Lending in Bolton, Johnny Suppa, and Danny Cardoso, lead a team of mortgage brokers who have access to a large number of lenders and work to find their clients a suitable solution for their borrowing needs.

As everyone's situation is different, depending on their financial situation, credit rating, job status, and even family dynamic, finding a mortgage that will be affordable and suitable is an important part of the home buying process.

"We are a mortgage brokerage, we facilitate mortgages," Johnny explained. "We do everything with secured loans against residential and commercial properties. Anyone that needs lending regarding a mortgage, a line of credit, mortgage renewals, purchasing, refinancing, and reverse mortgages, we are here for them."

If an individual goes to a lending institution on their own, they will be limited to what that bank has to offer. A mortgage broker has the ability to research and find different options that are more suitable to a person's needs.

"A typical brick and mortar bank has one product that they lend or offer to their clientele. We have various options to offer our clients," explained Johnny. "We are going to save you from going branch to branch, putting in multiple applications to get an approval, while seeing only one bank product."

Their ability to see the big picture and help guide you to a lender suitable for your situation is critical for your financial success. "We shop for the best rate, and find you the best product," Danny explained. "Some people think you have to walk into a bank and speak to a bank representative and only one person. If you don't like the product, you have to leave that facility and go to the next one and start all over again. We're saving you hours of research, multiple branch visits, and we also do only one credit check. We can now shop your application to other lenders and find the best product."

Johnny and Danny are experts at what they do and passing on valuable advice and information to their clients helps them achieve success. Having the best rate, they say, is not always the best thing for a client. Quite often, a client will benefit from other features offered in a mortgage that may not be apparent to a person who is not familiar with the entire process. They can explain how mortgages differ and which opportunities may be best for you

by Brian Lockhart

depending on your situation.

Johnny explained that he became interested in working in finance and mortgages specifically, after a less than stellar experience at his bank several years ago. The lender he was dealing with did not provide enough information for Johnny to make the best decision at the time.

The experience led him down a path to learn all he could about mortgages and finance.

Yournesta Financial Dominion Lending Centre in Bolton has a welcoming and friendly staff dedicated to serving their client's needs.

You can call for an appointment and speak to Johnny or Danny, or if you are in the neighbourhood, they welcome clients who choose to visit the office in person.

Yournesta Financial Dominion Lending Centre is located at 12 Parr Blvd., Unit 2, in Bolton.



It is hard to place a **Canadian Tire** store into a category.

anadian Tire locations are unlike any O other store in the country. It offers products for the home, leisure fun, outdoor activities, seasonal items, and of course, your car. For many people, Canadian Tire is their 'go-to' store where they take advantage of the huge variety of products and services.

In the automotive service department, Canadian Tire is the first choice for aftermarket auto products when you need to replace windshield wipers, batteries, auto lights, or stock up on products for clean car maintenance and auto enhancements. The service department at your local Bolton Canadian Tire provides full automotive service for all makes and models of cars and trucks, including both foreign and domestic models.

With the cold weather approaching it is time to think about making the switch to winter tires. Winter tires are an important part of cold weather driving. When the temperature reaches 7 degrees and below, winter tires are designed to improve traction on snow and ice with treads specifically designed to tackle slippery conditions. The rubber compound in winter tires is softer than in other seasonal tires and engineered to grip the road surface to make for safe steering, traction, braking, and cornering. Many insurance companies offer a rebate to customers who use winter tires and practice safe driving.

"We have a large in-stock availability of tires and rims," explained Bolton Canadian Tire Service Manager, Steve Martin. "We have a good special order tire and rim program for those people who don't want a standard black wheel for the winter. We have nice option of alloy wheels. If you want a nicer looking winterrated alloy wheel, we can order them for you."

Quite often winter tires are mounted on standard black wheels for convenience. Some motorist prefer to keep their car's original appearance and appreciate custom rims even during the winter season.

"We stock rims and we also have some outside suppliers that can provide custom rims," Mr. Martin explained. "When it comes to changing your tires, you don't want to wait too long or wait for the first snowfall because when that happens there will be a line-up in front of you. You can book by appointment, and appointments are available on-line at www.CanadianTire.ca."

Booking an appointment to have your tires changed, allows service department staff to block the time and schedule you in at your arrival time. It is a good way to have your tires changed without the inconvenience of Highway 50, for your winter driving needs.

by Brian Lockhart

waiting for others who arrived before you did. Mr. Martin and his team of service technicians are qualified to offer expert advice when it comes to choosing the right tires for your vehicle.

The Bolton Canadian Tire Service Centre offers outstanding service, expert advice, and a huge variety of after-market parts for your vehicle. From simple parts you can replace yourself, like wider blades and light bulbs, to full service auto repair in the shop, Canadian Tire is the number one automotive service facility in the country. The service area is fully equipped with a modern shop and does everything from brakes and mufflers to wheel alignments and parts replacement.

Visit the Bolton Canadian Tire at 99 McEwan Drive East, in Bolton, just off





Whether it's helping those in war-torn Ukraine, or helping those in their own backyard, the Bolton Rotary club and its supporters are always ready to serve.

DURING PANDEMIC AND BEYOND, **BOLTON ROTARY CLUB** ACCOMPLISHES GREAT THINGS FOR COMMUNITY

Recently, Bolton Rotary has been proud to match nearly \$15,000 in donations for Ukraine crisis response and to get critical medical supplies to the front lines of the war in Ukraine. The club's communications manager, Karen Fast, explained they did this entirely as an online donation initiative, and it was part of a larger Rotary campaign to help those suffering from the Russian invasion.

On October 30, Bolton Rotary hosted the Haunted Hill Run and Walk in support of local youth programs. The annual event featured one and five-kilometre distances people could choose from, and costumes were of course welcome.

Fast said Bolton Rotary's Caledon Kids First program is something the club is ramping back up. "Before the pandemic, we were giving out probably \$20,000 a year to kids who couldn't afford sports/arts programs," said Fast. But the pandemic caused programs to stop. Now that most programs for kids are running as usual, Bolton Rotary wants families to know they can reach out for help if they need it to get their kids signed up for things like music lessons, karate, art classes, sports and more.

When the pandemic hit, Fast said Bolton Rotary reached out to see where they could best help in the community. In the beginning, providing masks was one of the biggest things they could do, as masks weren't so easy to come by in the early stages of the pandemic. Bolton Rotary ended up distributing over 18,000 masks to Caledon residents. Also during the pandemic, the club was able to contribute \$17,500 towards grocery gift cards and \$2,000 to Caledon Meals on Wheels.

Here are some more recent ways the Bolton Rotary Club has been active in your community: By cleaning up Peace Park; holding their Spring Charity Golf Tournament; creating a scavenger hunt for Bolton's Bicentennial; donating to Girl Guides, Alphadogs Robotics and Caledon Girls Hockey; and implementing planters on Highway 50.

During the pandemic, Bolton Rotary also sponsored 260 Caledon Seniors Centre meals; sponsored 400 egg decorating kits for local kids, fundraised \$20,000 for an Indigenous water operator certification; distributed plants to essential workers and first responders as a show of thanks; and volunteered at the TRCA Holiday Forgetful Elf Drive-Thru.

To learn more about Bolton Rotary or to get involved, visit boltonrotary.ca.

by Zachary Roman

B6 PROGRESS SECTION CALEDON CITIZEN NOVEMBER 10, 2022

CALEDON SENIORS CENTRE IS EXPANDING TO SERVE OUR COMMUNITY BETTER.





The Caledon Seniors Centre is more than doubling in size.

by Zachary Roman

Thanks to the hard work of many fundraisers, grants, and help from the Town of Caledon, the Caledon Seniors Centre expansion project is nearly complete. When finished, the centre will be 13,800 square feet in size compared to the 6,000 it is now.

Among the many improvements at the Seniors Centre, which is located at 7 Rotarian Place in Bolton, is a brand-new state of the art kitchen. It will allow Seniors Centre staff, volunteers and clients to host even bigger events, store more food, and have a great place to cook and bake.

The Bob Smith Room at the Centre has been and even educational health programs.

completely redone and features a larger storage area and a service counter to a new servery kitchen. A laundry room has been added to the Centre, to make it much more convenient to wash commonly-used items like tea towels. The Egan Room is also being redone and will be a hub space where people can sit and chat, get coffee, and read books from the library.

A unique and interesting addition that's been included in the expansion is a therapy room. Seniors Centre manager Beverley Nurden explained the carpeted therapy room will be used for all kinds of wellness programs,

Tentatively, the folks responsible for completing the Seniors Centre expansion said they'll be able to hand the keys over on December 1. At present, only the new areas of the Seniors Centre are open, while the old areas finish getting renovated.

Nurden explained a big grand opening party is planned for December 20, where there will be room dedications, thank yous to sponsors and grant-givers, attending dignitaries, food and drinks and more.

Part of the expansion to the Seniors Centre is a massive party room. It can be divided into three separate rooms or be opened up into one massive room for a big event. Nurden said in the past, at big events like the Christmas lunch, people have had to sit in separate rooms. But no more! The expansion will ensure that everyone can be together and enjoy each other's company, even during the biggest of events.

Fundraising for the Seniors Centre expansion is ongoing, and Nurden explained despite the big upgrades the Centre is still true to its roots as a grassroots organization with lots of volunteers. For more information about the expansion project and the Caledon Seniors Centre, visit caledonseniors.ca.

The Caputo Group Real Estate treats clients like family. by Zachary Roman



When you buy or sell with the Caputo Group, you can be sure they genuinely have your best interests at heart.

wner Anthony Caputo explains that's how he's built his successful business, which has recently moved into a beautifully-renovated space in Bolton's historic Downtown Core. Caputo said he believes in the revitalization of Downtown Bolton, and wanted to put his own signature touch on the area. The response to the Caputo Group's new office building has been great, and an official grand opening ceremony for it was well-attended.

With lots of windows, bright paint, and comfortable furniture, it's an inviting new office that welcomes potential buyers and sellers to drop in off the street and see what's happening in the local real estate market.

"It's a cycle. What goes up must come down and what goes down must go up. And we always rebound stronger than the last peak," said Caputo. "My advice is move because you need to, not because you're trying to time the market and get rich fast, because it never works."

Caputo said he's very excited about all the housing developments that are coming to Bolton. He explained Bolton businesses have been craving a population increase in order to help them survive. He thinks developers will be willing to listen to the needs of the community with what they are building, and that Bolton's small businesses will thrive on the growth that's coming. He hopes more housing inventory coming to Bolton means house prices will come down. Bolton's problem has always been supply as it's such a desirable place to live, said Caputo.

A large part of Caputo's job is educating people about real estate, as despite the topic's popularity, there's a lot of nuance and details that only professionals know from their years of experience and training.

In a way, Caputo said he and his team are the new kids in town. He said they don't believe in changing the wheel, and they respect the way things are done. However, a critical goal for Caputo and his team is to ensure the level of customer service their clients get is top notch.

"My goal is to transform everyone's opinion on real estate agents, because we're right up there with politicians and lawyers and used car salesmen," said Caputo. "My team and I can show that we actually genuinely care about our clients and their well being. This transaction isn't just a transaction. It's more than that. We're dealing with people's lives, their inheritance, we're dealing with years of equity built. And we need to do our part in protecting them."

PROGRESS SECTION CALEDON CITIZEN NOVEMBER 10, 2022



THE VISTA

It is an elegant dining room with an outstanding view overlooking the rolling hills of Caledon and a beautifully created menu that will impress any true food lover.

The Vista, at the Mount Alverno Luxury Resorts in Caledon, is one of the region's newest fine dining restaurants. Well appointed with a comfortable feel and tastefully designed in jewel tones, the tables are spaced to give each party a feeling of intimacy even when the dining room is busy. During the warmer months, a large patio area offers a spectacular view for open air dining.

Executive chef Denis Jaricot, was classically trained in the culinary arts in France before moving to North America and working at some of the most prestigious restaurants on the continent and around the world. Chef Denis creates a menu that has been described as traditional Canadian cuisine with a French twist. He likes to use locally sourced ingredients whenever possible for the freshest approach to creating his specialty dishes. "The two most popular dishes on our menu are the cornmeal-fried Ontario Pickerel fillet and the Ontario double lamb chops with pumpkin seed crumble – it's spectacular," explained resort owner / Executive Director Chris Belaousoff, adding that he wants customers to enjoy their entire stay at the restaurant. "Once you are seated, it's your seat for the entire evening, whether you stay for an hour and a-half or four hours. We want our customers to enjoy themselves. You're coming here for the experience – the view, to sit down with friends or as a couple – and we want you to enjoy that experience."

The menu features outstanding appetizers like Seared Tuna Sashimi, and Avocado, Quinoa-Farro, Beluga Lentil Caviar salad. Main courses include such tantalizing offers as Canadian Prime Beef Short Rib, Bradford Traditional Canadian cuisine with a delicious French twist.

by Brian Lockhart

Bay Organic Chicken Supreme, and Grilled Octopus & wild Red Shrimp Chimichurri.

The dining experience is complete with something from the dessert menu.

"All of our deserts are made in-house and we have a pastry chef that makes them," explained Paula Greoenendyk, Director of Food and Beverages. "They are really delicious. One of the favourites is 'sweet endings for two.' It's a little bit of each dessert and it's a great taster for people who want to try all of our desserts."

There is a full wine cellar with a variety of vintages. With cocktails once again having a resurgence in popularity, The Vista prides itself on its beverages and takes great pride in making cocktails with an expert bar staff, who know when a drink should be "stirred, and not shaken." The Vista has received





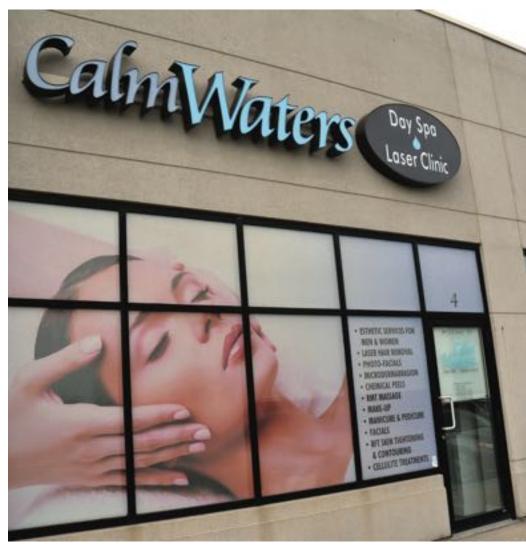


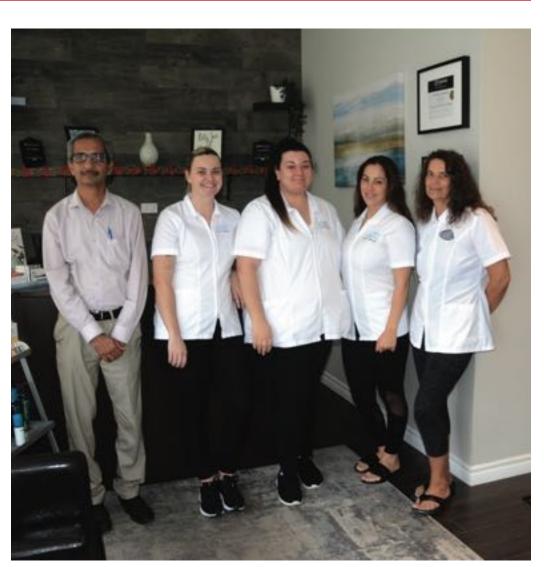
visitors from a considerable distance who arrived just for a cocktail and an experience they can't get anywhere else.

"People come here for the experience," Chris explained. "They want to experience something that can't typically find. It's the same thing with our menu. People come here because they've seen our good reviews or heard about us from friends. Many people come her just for a day trip – they have something to eat and enjoy the day."

Lunch is served from noon to 3:00 p.m., and dinner is served from 4:00 p.m. to 10:00 p.m. every day. Reservations are recommended.

The Vista is located at Mount Alverno Luxury Resorts at 20706 Heart Lake Rd., in Caledon. You can visit and make reservations on-line at www.thevistarestaurant.com, or call at 365-200-2031.





CALM WATERS DAY SPA & LASER CLINIC

by Brian Lockhart

A place to feel good

about yourself



It is a place for relaxing, being pampered, feeling good about yourself and looking your best when you leave and go back out into the world.

The Calm Waters Day Spa & Laser Clinic in Bolton offers a variety of services to both women and men in a calming, soothing, and clean environment staffed by trained professionals who care about their clients and treat each person like family.

"Our staff are experts in what they do," explained Spa owner, Maqsood Tajbhai. "Our spa is very well organized and clean, and we offer a variety of services and really take care of our clients. We have a variety of products that no one else in this area has. We have a plan where you have ten services, and you get the eleventh service free – we are the only spa in Bolton that offers that incentive. Many of our clients that have been coming here for as long as 15 years and come in on a regular basis and would never go anywhere else. The services we offer are the best in the region and we have reasonable prices. Our staff are very good at what they do and are well trained and they look after our clients -

we treat them like they are family."

The Calm Waters Day Spa & Laser Clinic provides many services from manicures and pedicures to laser hair removal, acne treatment and anti-aging solutions.

"We've been involved in the community through the previous owners for 20 years," said Alyssa Ulisse, one of the trained Medical Aestheticians at the Spa. "We offer beauty services and skin care treatments for teens, women, and men. We do acne treatments and anti-aging. We offer chemical peels and we have an OxyGeneo machine, which provides the number one facial in Canada. Everyone here is Medical Aesthetician - that makes us different from other spas. When it comes to nails, we're not just a walk-in nail place - we're very keen on hygiene. A tool will never touch another client. Everything is fully sterilized, and it's for the customer's safety and our safety."

The spa offers a treatment called a photo-facial which helps correct sun damage on your skin. They offer many standard spa treatments like waxing, facial treatments, and a body treatment that will address acne in different areas on the skin. Facial treatments include chemical peels, dermaplaning, microdermabrasion, and microneedling. They also offer massages, including massage therapy, and reflexology. If you want improve your appearance permanently, eyebrow tattoos are available. Make-up services are also available by a professional makeup artist. Many customers want a special makeup session before attending a wedding or going to prom. The Spa uses Jane Iredale makeup. They also have Skin Ceuticals products on site.

The Calm Waters Day Spa & Laser Clinic is designed to be a calm and relaxing place where you will enjoy your stay and receive the best treatment from qualified professionals. Clients are treated with respect by a friendly and welcoming staff who really enjoy their work.

The Calm Waters Day Spa & Laser Clinic is located at 12 Parr Blvd., Unit 4 in Bolton.

You can find out more by visiting the website at: www.calmwatersdayspa.com, or call for an appointment at 905-857-6466.

B8 PROGRESS SECTION CALEDON CITIZEN NOVEMBER 10, 2022



BOLTON OPTOMETRY PROFESSIONAL EYE-CARE AND VISION THERAPY CENTRE

by Brian Lockhart





How you see the world impacts every part of your life, from daily activities to enjoying your work, pastimes and hobbies.

T he Bolton Optometry Clinic is the region's premier optometry clinic that focuses on eye care as well as therapy that can improve your ability to see the world around you. The clinic provides all primary care services relating to vision such as vision testing, eye exams, prescriptions, and even emergency services.

"We get a lot of referrals from walk-in clinics and primary care doctors," explained Optometrist Dr. Virginia Donati. "A lot of those services we can take on, and keep them out of the emergency room."

There is an Optician on site who can help you with prescriptions and there is a full selection of fashionable eye frames you can chose to help you look your best.

In addition to all Optical services, the clinic also has a Vision Therapy Centre. Vision Therapy helps people who have a variety

of vision problems including those that are from disease or heredity to those that have been caused by trauma such as car accidents or head injuries. This includes vision loss or impairment due to binocular vision issues, eye turns and / or lazy eye. Vision Therapy is a specialty that examines vision problems on a deeper level and provides solutions to help correct vision difficulties that may be misdiagnosed or can't be improved by the use of corrective lenses alone.

"The Vision Therapy Centre offers rehabilitation services," explained Dr. Donati. "For example, we work with patients who have had acquired brain injury, and we also offer help and assistance for patients with a crossed or 'lazy eye' as well as vision and learning problems."

The doctors can use techniques when working with patients to correct 'lazy eye'

that avoid the use of surgery and correct the vision through exercises and activities that teach the brain a new way to use vision.

"It really is a re-train of the brain itself," explained Optometrist, Dr. Michelle McKenzie. "The eyes aren't just there on their own, it's a whole body thing. The brain is getting information from movement and other senses for how it's going to treat those visual components. There are also kids who have an inability to keep the eyes working together as a team - their eyes are jittery. Sometimes when they are learning to read, the words are jumping around the page. In those cases, those kids may be labeled with a learning disability, an attention problem or dyslexia. If we can have a look at them we can see if there is an eye-tracking problem, or a visual memory problem, or something in the visual system that is contributing to the issue.

Often the first step is just to get them in here to get their vision checked."

The team at the Vision Therapy Centre have helped many patients improve or correct vision problems caused by trauma or other medical issues through their specialized and personalized treatments and therapy to help people get back their independence and enjoyment of daily activities.

Bolton Optometry Clinic has a full complement of staff including five Doctors, Opticians, technicians, and administrative staff, who are friendly, welcoming, professional, and have their patient's best interests at heart.

Bolton Optometry Clinic is located at 12 Parr Blvd., Unit 12, in Bolton.

You can visit on line and schedule an appointment at: www.boltonoptometry.ca, or call them at 905-857-2020.



which benefits the local economy.

Since first expanding the Plumbing Expert, Mr. Yaacoub says they've tripled in size, which can be attributed to their customer satisfaction and quality of service. apprentices, which is building the future of our small town," said Mr. Yaacoub. "A lot of other companies, they don't hire unless you have a licensed plumber, but they're not giving an opportunity to the young people, per se."

The Plumbing Expert is also hiring. Those

MECHANICAL SERVICES INC.

The Plumbing Expert can cover all your HVAC and plumbing needs

by Sam Odrowski



re you in need of local affordable plumbing or HVAC services? Look no further than The Plumbing Expert, who's been providing quality service to the area for over a decade.

The company is a one-stop-shop for everything from drain cleaning, new construction plumbing and water filtration to top of the line heating and cooling services.

The Plumbing Expert has been recognized for its incredible customer satisfaction, receiving the Diamond Readers' Choice Award and Homestars Company of the Year Award for the last three years running.

"We're one of the three best rated plumbers in Dufferin so we have super high standards," said the company's owner, Elie Yaacoub.

The Plumbing Expert has brought in new top of the line products, such as the Mixed Bed Water Clack WS1 softener systems, which are fully digital with a backup battery and bypass. There are also new German-made 6 Stage Reverse Osmosis Systems available.

"Big or small we do it all and we do more than others," said Mr. Yaacoub.

The Plumbing Expert is one of the largest plumbing businesses in the area, and moved into a new shop in summer of 2020.

The Plumbing Expert sponsors local sports teams, such as ice hockey, ball hockey, and baseball. Mr. Yaacoub, who lives in Mono, even coaches in his spare time and likes to keep his business very community minded.

"We're community oriented, we're local, and very present in the Region," he noted.

Mr. Yaacoub told the Citizen, it's a family environment at The Plumbing Expert and all of the employees are local to the region.

Materials and tools are purchased locally and company events are held in the area, Another important aspect of the company is its "pay it forward" approach, where they're providing younger generations with training opportunities in plumbing and HVAC.

The Plumbing Expert is one of the few companies that takes on co-op students from Westside Secondary School and ODSS.

Mr. Yaacoub says he was able to get into the business because of co-op opportunities as a high school student himself, so it's important to keep those programs going locally.

"We're turning our co-op students into

interested in a role with the company can email Mr. Yaacoub at elie@theplumbingexpert. com and express their interest.

Going forward The Plumbing Expert plans to continue expanding and growing in size.

It's important to note, The Plumbing Expert does specialize in HVAC services and operates 24/7 in the event of a heating or air conditioning emergency.

Call 1-800-659-1879 to reach the company or visit www.theplumbingexpert.com to learn more about everything they offer.





PROGRESS SECTION CALEDON CITIZEN NOVEMBER 10, 2022





Enjoy pristine lands and elegant architecture at the **Royal Ambassador and Consulate**



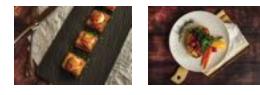
FINE DINING AND BEAUTIFUL ARCHITECTURE PAIRED WITH BREATHTAKING VIEWS IS RIGHT HERE IN CALEDON'S BACKYARD.

by Sam Odrowski









The Royal Ambassador Event Centre, located on Innis Lake, is the perfect venue for any occasion. It has everything you need to celebrate all of life's moments in style, including weddings, sacraments, and other milestones. Their banquet facilities also host corporate functions, so you can treat your team to a luxurious retreat and other networking opportunities. Plus, it's in-house restaurant, The Consulate Dining Lounge, boasts a warm and ambient setting for a romantic date night or night out with friends.

The Consulate Dining Lounge offers a seasonal menu, with a focus on its roots being traditional Italian cuisine, and experimentation with other international influences. Their award-winning wine list features 200+ wines from around the world, as well as a selection of finely curated cocktails.

"If you just want to come for a fine dining experience in the restaurant or if you're looking for an elevated wedding experience – one you're going to remember for the rest of your life – come to the Royal Ambassador," said Nicolas Giancola, sales consultant of the Royal Ambassador and

Consulate Restaurant.

With an expansive outdoor garden, many of the ingredients used at the restaurant are grown on-site during the summer months.

The venue's elegantly decorated rooms can accommodate anywhere from 25 to 500 people and have access to patios overlooking lush gardens and a 20-acre, all-natural lake.

"The chandeliers in all of our rooms are big and beautiful... our restaurant has the old-style bar in it, a mix of wood and black marble countertops," said Giancola. "There's definitely a lot of character in the facility, and it's all brought together by the food that we serve."

The history of the Royal Ambassador and Consulate Restaurant grounds go as far back as 1902. Operating under many different iterations, the present-day event centre's main building was originally constructed in the 1970s. In 2004, the building was extensively renovated to become the perfect backdrop for high-style events. At this time, the famous 55-acre gardens also started to take shape as the owners cultivated and manicured the gardens to add a romantic

ATO & COMPANY

charm to the already picturesque setting.

"Everything is just very serene here and it's not too far from the city. You don't have to travel up to Muskoka or anything to get here... it's an oasis that's close to home. Like a destination wedding but you don't have to travel for it.

"We've got a lot of rolling hills, beautifully aged trees, and rather extensive gardens," said Giancola. "The lake we have here is a full natural lake, there's fish and everything in it. As I understand it, it's about 60 feet deep, and it is a kettle lake, which means it was created by an iceberg years and years ago."

The property's mature trees and forested areas line Innis Lake, making for gorgeous views.

"We've got two very beautiful weeping willow trees that are very large and very popular in terms of people taking photos in front of them just because of their beauty," Giancola noted.

"There's a lot of diversity in what we've planted in terms of the landscaping. So, we've got, various boxwoods, lilac bushes, and a number of different hydrangeas."

The Royal Ambassador gardens contain two gazebos for outdoor wedding ceremonies, one engulfed by grand maple trees planted long ago and one located directly on the shore of Innis Lake.

A waterfall is located on the property as well, made with armour stone, creating a natural feel.

Giancola said while the grounds are gorgeous during the warmer seasons of the year, weddings are offered year-round when the property isn't in full bloom.

"With snow on the ground it looks absolutely beautiful," he said. "Our dining room [The Consulate] does have a beautiful fireplace so, in the wintertime, it's a very cozy atmosphere."

Being a family-run business, Giancola noted that their staff provides a family experience to everyone who walks through their doors.

To learn more about this longstanding Caledon businesses, visit their website at theroyalambassador.com or check out consulaterestaurant.com to reserve your table in their dining lounge today!



The best of two worlds in one location in Bolton.

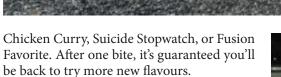
As one of Bolton's newest restaurants, Fusion Kitchen has taken the best of two worlds and combined them into an outstanding menu that features both Tamil foods and western fare.

by Brian Lockhart

ecause of the varied menu, Fusion Kitchen has already gained a following with many people travelling from other areas just to enjoy the Tamil food, while others come to take advantage of the entire menu.

The menu encompasses a large selection of food items for every category. On the menu, there are a variety Tamil dishes like Mutton Rolls, Somosa, Chicken/Goat Briyani, and Goat Roti Chop as well as fusion dishes like Mutton Curry Wrap, Chilli Onion Fries, and Goat Curry Tacos. There are a variety of delicious and savoury apps, platters, entrees and even desserts that will definitely satisfy your taste buds. Not to mention, there is also a kids menu for a special night out with the family.

Most customers that come to Fusion Kitchen don't leave without ordering the wings. But, it may take you a minute or two to land on a decision. Fusion Kitchen offers 127 flavours from mild to wild; there is a wing flavour for every pallet. You can go mild with Honey Garlic, Dill Pickle, BBQ, or medium with Tex Mex, Spicy Masala, and Medium Thai. For those that want that extra kick of spicy, a must try would be the



The Fusion Kitchen dining atmosphere is bright and spacious with plenty of seating and comfortable booths. It is designed in a contemporary style, and is suitable for lunch, dinner, or a special night out with friends or family. The staff are welcoming and friendly and want to make each visit for their customers a special one.

If you are craving Tamil food or a platter of chicken wings to have at home, you can take advantage of delivery services that Fusion Kitchen is officially available on like Uberats, SkipTheDishes, or DoorDash.

Fusion Kitchen is located in Bolton at 22 Simona Drive, just off of Highway 50, in the south end of town. The restaurant hours are 11:00 a.m. to 10:00 p.m., from Monday to Thursday and 11:00 a.m. to 12:00 p.m., on Friday and Saturday. You may call the restaurant's business number 905-951-3327 for any orders, bookings or inquiries.

Be sure to check out this gem of a restaurant and experience their carefully curated menu and mouthwatering cuisine for yourselves!







Turnbull Financial - The Mortgage Centre

Educating consumers and providing the solution for the right mortgage for you.

by Brian Lockhart

Buying your first home can be a very stressful time with many decisions to make and a lot of variables to take into consideration when choosing a location, the style and size of home you need, and most importantly, financing.

A typical home buyer will have a down payment, but they will need to find a lender to finance the purchase. You can try visiting banks and credit unions, however, it takes a lot of time and legwork and you will be limited to their selection of products only.

Shannon Turnbull, Broker of Record, at Turnbull Financial – The Mortgage Centre in Bolton is an expert in her field and she helps home buyers find the right mortgage based on their financial situation. Shannon got her start in the financial industry when she became a part-time teller in a bank while still in high school at age 15.

"I worked every Thursday and Friday after school, and all day Saturday," Shannon



explained of her start in finance. "I worked at the bank part-time, all the way through university. I learned finance from the ground up."

Shannon moved into the mortgage department of the bank and learned that side of the business, eventually becoming a mortgage specialist. Her experience led to opening her own brokerage where she helps clients find the right mortgage for them.

Working with a mortgage broker instead of trying to do it on your own has considerable advantages. You do not have to pay a mortgage broker for their services for the most part – they receive a fee from the lending institution for bringing you, to them. There are some fees for service mortgages when the general credit guidelines cannot be met by the applicant. A mortgage broker has access to many different lenders including banks, credit unions, trust companies, and private lenders. This means they can 'shop around' for you and find the most suitable lender for your situation. A mortgage broker has the experience and knowledge to guide you to finding a suitable lender based on your financial situation, what you can afford, and provide valuable information that will help you make a sound financial decision.

"The best thing a mortgage broker does, is to educate," Shannon explained. "You're educating your client from beginning to end. You can explain the variety of products that are out there. When you are dealing with one major bank, you are only discussing the products that are available with that particular bank."

Shannon explains all the nuances of mortgage products to customers and how each mortgage can be different. Some may have features that will be desirable to a client's financial situation, while others may be missing something that could be a benefit to them. Some people may have been turned down by a bank and are seeking a different way to get a mortgage. Shannon can advise you on other options that will provide a solution. For example, many private lenders may be interest in working out a solution with you.

There are 12 licensed Mortgage Agents or Brokers at Turnbull Financial – The Mortgage Centre who can help find the right mortgage for you. A mortgage broker will save you time, advise you on the best mortgage for your financial situation, and make the entire process of buying a home less stressful while ensuring your lifestyle and resources are secure by offering the right solution for your needs.

Turnbull Financial – The Mortgage Centre is located at 308C Queen St. S., in Bolton.

You can visit on-line at: www. shannonturnbull.com, call at 905-951-0234, or drop-in to speak to a broker and find the solution to your mortgage needs.

Tony Rosa grateful to

volunteers and voters as he gears up for second term in office

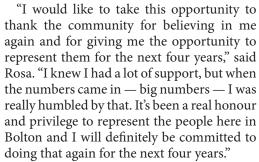
It takes a village to run an election campaign.

by Zachary Roman

T hat's what Ward 5 Councillor-elect Tony Rosa told The Citizen after he was elected to represent the constituents of his ward for a second time on October 24.

Rosa received 2,414 votes in the election, and said he was humbled and thankful that Bolton residents were putting their faith in him to represent them again.

Rosa explained that 45 members of the Caledon community stepped up to be a part of his re-election campaign, a number so large it was hard to believe when he went through the list of people to invite to his election night social event.



Rosa is proud of what was accomplished in his first term, and is happy to be re-elected so he can continue to do things like work with the Downtown Bolton Revitalization Committee, and expand his Love Local Caledon initiative.

The upcoming Humber River Centre in Downtown Bolton will be an anchor for the community, and Rosa is especially excited for the community engagement a space such as that will bring.

Rosa said he's committed to continuing and improving Bolton's amazing community events like Midnight Madness, Taste of Bolton, Cinco de Mayo and more.

He explained while they're great for community members to get together and connect, they're also a boon for small businesses who thrive on the extra support.

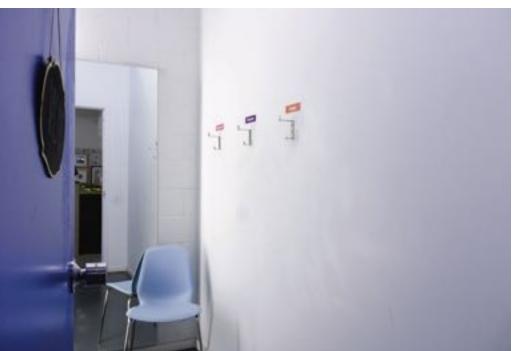
"It's really important to profile the businesses that are in our backyards. As a local Councillor, I've received so much positive feedback — we've championed bringing awareness to the businesses we have in our community," said Rosa. "I'm going to challenge the rest of the members of council for us to expand Love Local across Caledon."

As we head into the holiday season, Rosa said he's going to focus on profiling places where Caledon residents can get their holiday shopping done locally, as well as places they can gather to be social.









SHIFT TO THRFT Evolve Caledon is the new number one thrift destination

by Zachary Roman

There's a place in Caledon that offers the "thrill of the find", where you can thrift shop for clothes, housewares, decor and more — with all the proceeds supporting a great cause: our own community! Every dollar raised in this place is invested in community services that help thousands of people in Caledon!

Evolve Caledon is the "Shift to Thrift" place, and it's just received a number of amazing upgrades — although for some it still remains a hidden gem. What's now known as Evolve Caledon was launched by volunteers back in 1982 as Chez Thrift, in the bottom of a barber shop. It expanded and moved first to 55 Healey Rd., then again to 130 Queen St. South. In 1998 Caledon Community Services (CCS) entered into a partnership with the Region of Peel at and a second location opened at the Caledon Community Recycling Centre (CCRC) in Bolton as the ReUstore. Fast forward to 2017, and Chez Thrift and ReUstore were rebranded to Evolve Clothing and Evolve Lifestyle respectively with clothing moved and expanded to a close to 8000 sq. ft. retail store at 4 Industrial Rd. and the complementary sister store at 109 Industrial Rd. changed to Evolve Lifestyle.

The stores known as Evolve have now undergone one final evolution, combining into a one-stop shopping destination renamed Evolve Caledon at 4 Industrial Rd. featuring all clothing and lifestyle items under one roof — and simplifying the donation process with all donations now easily dropped off at the

Evolve Caledon Donation Centre located at 109 Industrial Rd — the Bolton CCRC. With the donation centre conveniently located right across the street from Evolve Caledon shopping it's easy to drop off and then shop for all your thrifting needs. New signage announcing Evolve Caledon is atop the bulkhead at the front of 4 Industrial Rd. and a number of eye-catching and exciting interior design changes have enhanced the inside of the store as well. Coming soon is the launch of Evolve Caledon's exciting online shopping site, where you will find items that you can't find in store and where you will be able to once again access the auctions Evolve stores are famous for — but this time online!

Every dollar spent at Evolve Caledon goes right back into the community through Caledon Community Services' (CCS) wide range of programs and initiatives. Evolve Caledon is unique because it's a not-forprofit store, so you not only save money while finding great items, but know that your purchases are helping put food on a table for someone in need or sign a kid up for swimming lessons.

Catherine Adair is CCS' Manager of Retail Operations, and she's very excited to be welcoming people from Caledon and beyond into the new Evolve Caledon space. From an operational standpoint, having one combined store allows Adair and her team to be more efficient and even be able to manage better when short-staffed adapting to the new post COVID reality. "We have already seen the benefits and the feedback from the public is positive," said Adair. "We were able to do it all through really fantastic funding from the Ontario Trillium Foundation."

Adair explained Evolve Caledon is seeing a trend of younger people coming out to shop at the store. She said word of mouth has been great in getting younger people to check out the store, and that a lot of time groups of friends will come in to shop together. The store's new tagline, "Shift to Thrift" encourages people to consider all the amazing benefits of thrift shopping, especially in today's challenging economic and environmental times.

When you donate to Evolve Caledon, you're doing a good thing, and when you shop there, you're also doing a good thing, said Adair. "The net proceeds of everything donated and sold here 100 percent goes back to the community," said Adair. "I think it's also important to note that we also make a difference by helping clients of CCS who require assistance with clothing and household goods - they are able to come here and get the things that they need through the services that we provide. So although Evolve Caledon is supporting other programs financially, it also allows us to be able to help clients who are in need of those things."

CCS Director of Communications and Marketing, Donna Cragg, said throughout Evolve's history, volunteers have played a

crucial part in its success. She said without volunteers, it would not have been sustainable throughout the years, and would not be the thriving thrift store location it is today. Cragg said Caledon residents' willingness to step up to the plate and volunteer is phenomenal, and is one of the greatest assets an organization like CCS can have.

The big shift to consolidating into one Evolve Caledon retail store and launching an online site will go down in the CCS history books as a big milestone, according to CCS' CEO Monty Laskin. It's a project that Adair and many others put a great deal of time and effort into, even throughout the global pandemic, to make it a reality.

Michelle Veinot is CCS' Director of Community Resources. She explained the profits and revenues gained from Evolve Caledon typically fund programs that are most vital to the most vulnerable in our community.

"The purpose of the store is really to appeal to a very wide market. So it could be someone who's searching for that really unique find. It could be a teenager who's trying to make a really cool TikTok video and wants to find a neat outfit," said Veinot. "And then it might be a family who is struggling to make ends meet and is trying to find really reasonably priced clothing for their kids, even toys and bicycles, all those kinds of things."

Donations of clothing and lifestyle items to Evolve Caledon are welcome and encouraged at this time and you're invited to stop in and shop! To find out more, visit evolvecaledon.com.





B12 PROGRESS SECTION | CALEDON CITIZEN | NOVEMBER 10, 2022





CAIRNS ROOFING SERVICES LTD.

Forty-eight years of expertise in the roofing businesses

by Brian Lockhart

In the business world, keeping a company running for ten years is a big accomplishment, while 20 years is a huge milestone.

At Cairns Roofing Services Ltd., in Palgrave, they are approaching the half century mark of uninterrupted service to the community.

They are the roofing professionals who deliver the highest standards, a quality product, and excellent customer satisfaction to customers all across the Greater Toronto and surrounding areas.

Sean Cairns is a third generation roofer and keeps the same standards of quality founded by his grandfather who started the roofing company.

Sean spent a few years trying other jobs, but was drawn back to roofing as it was something he knew well.

"I've been on the roof since I was a kid," Sean explained. "I've been around it my entire life. My dad suggested I see other things so I did some other kinds of work. I came back to the roofing industry in 2004."

Roofing is a commitment Sean takes seriously and devotes his energy to not only satisfying his many clients, but also creating a work atmosphere for his employees that encourages them to do their best.

He provides training and resources to employees to expand their skill development so they can provide the highest quality workmanship and be provided opportunities for professional growth and advancement.

Although based in Palgrave, Cairns Roofing Services covers a wide region across Ontario. Many customers who have used their services will request they go to other areas and do the same quality work on other properties they own.

"I go out to all these different areas because

we are referred out there," Sean said. "I would say 80 per cent of our work is all referral work. We go out of town to service other properties for clients that we have already completed work for."

The fact that they have so many referrals is a testament to the quality work Cairns does.

Sean puts out an extra effort no longer seen by many roofing companies. While some roofers do estimates over the telephone and never even meet their customers, Sean makes the effort to meet his clients and do a visual observation of the home to see if any additional work will be needed to complete the job properly. When it's time for a new roof, there are often other things that should be repaired at the same time like flashing or other components that have been damaged over time by the elements. Sean provides an accurate estimate of what is needed to be done so you don't have any surprises.

"I still like to get to the job site and meet our customers," Sean explained. "If there is damage to the eaves trough or anything else, you can't see that from a satellite image. I like to build relationships with our customers."

Cairns Roofing Services provides quality work to both residential and commercial properties. Whether you have a standard asphalt shingled home roof or a flat roof installation on a commercial business, they have the expertise to get the job done right.

You can find out more about Cairns Roofing Services by visiting the website at: www.cairnsroofing.com, or call 905-880-4771 to learn more and get an estimate for your quality roof replacement.



Egan Funeral Home A tradition of caring and service in Bolton since 1913.

Following the death of a loved one, there will be a period of grief and disbelief that can descend on a family and it can be an overwhelming experience. *by Brian Lockhart*

During this time, many decisions need to be made for final disposition of the deceased person. You will have to decide how you want to say goodbye, what type of service you would like to have, and plan all the details that go along with a funeral service. Making those decisions on your own after the death of a loved one will be a very daunting and stressful experience. The team at Egan Funeral Home will provide the support, advice, and professional services to ensure you are not alone during such a difficult time.

Egan Funeral Home in Bolton, is one of Canada's oldest family run funeral homes. For 109 years, they have served the region with dedication and compassion and have provided the services that help families through difficult times. Upon the passing of their father Paul, in January 2022, Elaine and Kimberley Egan intend to continue the high standard of service maintained by their father Paul which was started by his grandfather, William R. Egan in 1913.

"We strive to provide the highest level of service," Kimberley Egan explained of the funeral home's philosophy. "Beautiful funerals do not need to be expensive funerals and some of the most interesting ways we personalize funerals cost nothing. We respect the needs of the families and always try to have one funeral director follow through with arrangements, visitation and on the day of the funeral service.

The team at Egan Funeral Home honour and respect all faiths and cultural backgrounds and can personalize a service according to a family's wishes. "It is very rewarding to help people during a difficult time and try to make it a little easier for them," Kimberly explained. "We offer full traditional funerals, cremation, memorial services, and receptions. We dedicate ourselves to comforting families at a time when they need guidance and direction. Each funeral should be as unique as the person who lived."

A funeral service or memorial service can be planned to honour a loved one in a specific way. Some people choose to honour a person based on things like their personality, hobbies, club affiliation, or a life long passion or hobby. Egan Funeral Home can help you chose a fitting tribute tailored to an individual.

Egan Funeral Home offers pre-planning for a pre-arranged funeral. This a practical way of

determining your wishes for your own funeral or for a person for whom you are responsible. By pre-planning now, you can ensure your final farewell reflects your personal lifestyle, customs, and beliefs, while removing the sudden financial burden from close family.

It should be noted traditional funeral services are again being held with family and friends in attendance after the long period of restrictions during the pandemic.

"We now have visitations again and receptions after funerals," Kim explained. "There are no longer any restrictions. We are very happy for the families that things are now getting back to normal."

Egan Funeral Home is located at 203 Queen Street South, in Bolton. You can visit the website at: eganfuneralhome.com, or call at 905-857-2213.



Annette Groves wants Caledon residents to know their voice matters. CALEDON'S MAYOR-ELECT, ANNETTE GROVES, IS READY TO BUILD TRUST WITH CALEDON RESIDENTS.

S he said being Mayor is all about addressing the needs of the community. During the election campaign, Groves said she heard from thousands of residents from all across Caledon.

"We need to make sure that what we heard from these residents is what we're going to deliver," said Groves, who wanted to give a huge thank you to all the residents who supported her in the election.

She said it was very humbling that the people of Caledon put their confidence in her to be their Mayor, and she's really excited to get to work with the new Caledon Council.

by Zachary Roman

Groves also wanted to thank everyone that helped out with her campaign, and her son for going through the journey with her.

"From the ladies that came in and managed the office everyday and the people that knocked on doors during the sweltering hot days of the summer, to the people that simply had a chat with their neighbours about me - so many people came together to make this election victory possible," said Groves.

Groves said the support she received tells her that her message of change and doing things differently really connected with the people of Caledon.

"Residents want a Council working with them, and for them, to make this Town better and protect their quality of life, while preparing for future growth in a responsible and well-planned out manner," said Groves.

Groves said an amazing group of Councillors was elected that's going to work together to get things done and deliver on campaign commitments made to Caledon residents. Moving forward, Groves said transparency at Council will be a focus and one of the first things she said she'll do is table a motion to bring back question periods for residents at Council meetings.

Making Town Hall feel welcoming to same way she does.

residents is a priority for Groves.

"As Mayor, the same work ethic that I've had for the last 20-plus years is the work ethic that I will take forward, because I feel strongly that people need to be listened to, heard, and most importantly, know they matter," said Groves. "Being an elected official, we should be able to answer questions at any time and any place."

Groves said she is dedicated to doing a great job for the people of Caledon, and never wants to let anyone down. She has a strong belief in those elected to sit at the Council table with her and said they feel the



Ultrastor – The bright, clean, and convenient solution 'For the Things you Love' by Brian Lockhart

There are many reasons you may need some extra space to store your personal possessions, and when you do, you will want a storage facility that is secure, clean, well maintained, and provides a climate controlled space to protect your belongings.

Ultrastor is Caledon's newest and most modern storage facility and it provides a secure location with 24hour video surveillance, individually alarmed units, and well-lit premises for 24 / 7 access. Whether you need a short term rental for just a few possessions or a long-term rental to store your vintage automobile, there are units of various sizes to accommodate your needs.

From small 5x5 units up to a full size 12x30 space, Ultrastor provides the solution for people who need extra space.

If you are between moves and need a place to store household items, Ultrastor staff can guide you to selecting a unit that will accommodate everything from a small bachelor apartment to a full size threebedroom house.

For many business owners, finding a location to store documents, tools, or in Caledon and we thought this was a great

equipment, can be a challenge. Many companies take advantage of Ultrastor units and use them as a warehouse facility that provides a convenient location for much less than they would pay for a regular warehouse location. With internet-based businesses thriving in today's economy, many customers use the Ultrastor location as a storage place for their products when selling products online. If you are a car or truck owner with a special vintage automobile or just need a place to store your summer-only sports car, Ultrastor has units that accommodate fullsize vehicles and provides electric outlets if you need to keep your battery charged over the winter.

Ultrastor owner, Matt Buck, said he discovered a need for a modern storage facility in Caledon with close proximity to Brampton.

"There is a lot of residential development

area," he explained. "We have many different sized units, they're not for just one single use. There is a real need for this in the area. People who are moving and downsizing or upsizing their homes use our units, and there are many other reasons people need storage space."

The on-location management staff are friendly and helpful and greet visitors in a modern and bright office space.

"We're 100 per cent Canadian family owned," explained Ultrastor Director of Operations, Michelle Ducharme. "There's heating in every unit which is a big thing for many people, especially car owners. We have the drive up outside units and they are great for cars. Many of our business customers have multiple units and are getting more because their business is growing and they need the storage space. We excel in customer service and top the industry in terms of



service, security, and cleanliness."

Ms. Ducharme said they have been welcomed in the Caledon community and they are proud supporters of community centres and Caledon Community Services efforts, food and toy drives.

Ultrastor Caledon will be running a special promo for car owners beginning in October and running through to April.

Ultrastor has another location in Burlington with plans to expand to Mississauga, Markham, Barrie and Ajax, to satisfy customers around the province.

The same great service in a clean, safe and inviting setting will be available at all the new locations.

Ultrastor Caledon is conveniently located at 101 Abbotside Way.

You can view the facility on-line at www. ultrastor.ca, or call at 905-846-STOR (7867).

Northview helps clients steer the right course of action

Wading through the complexities of the legal world doesn't have to be stressful.

and competent guidance for the journey ahead.

That's where Bolton's Northview Law comes in.

Owner and lawyer Danny McMullen notes Northview offers a wide range of legal services while maintaining a friendly and communal culture. While they specialize in commercial real estate transactions, they have an extensive track record in residential real estate, corporate and business law, as well as wills and estates.

"We're confident our team can solve any problem our clients face! I believe our boutique is unique in that we are able to bridge the professionalism and results you can expect from large firms with the friendly and welcoming atmosphere you see at smaller firms," he says.

Locating in Bolton was a natural choice to set up shop as the McMullens fell in love with the community.

With an emphasis on "togetherness," opening the practice here really was a "no-brainer."

"I think Caledon is a nice microcosm for our firm. Around the region you can truly see and experience everything. Whether it's a nice day outdoors at Albion Hills Conservation Park or a great dinner at the many lovely restaurants in Bolton, Caledon has everything to offer that you could possibly need."

McMullen said the most pressing issue in general that we face these days goes beyond the legal world – it's money management.

"With inflation raising prices across the board, it's now more important than ever to be conscientious with your funds. That has always been a philosophy at Northview, where we strive to provide professional

by Mark Pavilons

hat people need is a solid plan results at a fraction of the cost of other larger law firms. At the end of the day, we built this firm to help people and will continue to do that whether it's with their wills and estate, sale of their home, or a new business venture."

> McMullen and his team love providing legal services to clients, because the process is rooted in working closely with them to reach their goals.

> "Too often the legal world can appear as this unintelligible cloud of information that is impossible to parse. By providing legal services to whoever is in need, we can cut through the confusion to help our clients understand the best course of action. It might be cliché, but helping someone in need is truly all the reason I needed to open up Northview," he said.

> McMullen went to law school in lovely Fredericton, New Brunswick at the University of New Brunswick where he was awarded the prestigious Lord Beaverbrook Scholarship. He started at McCarthy Tétrault LLP in Toronto. There, he worked in the Real Property and Planning Group before he transitioned to an in-house role at one of the GTA's largest property managers.

> "Over time, I knew that I wanted to start something for myself and thus Northview Law was born. We have just opened a second office in Vaughan and our family continues to grow!"

> Danny and his team are ready to help you achieve your financial goals, and provide you with any legal game plans you need.

Contact Northview Law:

Main Office - 905-857-4890 Direct - 905-857-0462 Website: www.northviewlaw.com Email: info@northviewlaw.com











Christine's Jewellery by Brian Lockhart

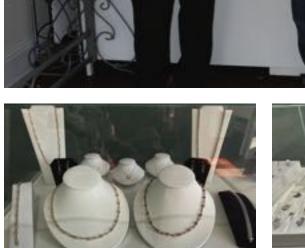
A BOUTIQUE STYLE JEWELLERY STORE IN DOWNTOWN BOLTON.

It is bright, and clean, located in an historic house in downtown Bolton and combines the charm of a boutique style store with the services and quality jewellery many local residents are used to travelling a considerable distance to find.

Christine's Jewellery is one of Caledon's newest businesses and it offers everything from jewellery for those that are budget conscious to high-end gems.

Owner Christine Samuel has been around the jewellery business since she was a child. Her mother has her own long-standing jewellery store in Toronto, and her father is also a jeweller and a watchmaker.

She gained a lot of experience in the business and went on to achieve a formal education in the industry and is a professional gemmologist and appraiser, having studied with the Gemological Institute of America and the Canadian



Gemmological Association. Christine is also a Registered Master Valuer.

"My aim is to provide the best possible customer experience by adapting to the ever-evolving product needs of my clients," Christine said. "I do this through educational programs and by staying upto-date on industry and market trends. I truly love jewellery, business, and working with clients."

Christine is proud to say her store offers "something for everyone."

"We have jewellery for both the young, and the young at heart! We really do have something for everyone, what ever your price point is."

A glance at the beautiful layout in the glass covered display counters reveals everything from stainless steel jewellery to gold and silver jewellery, and of course, diamonds. There is a full selection of traditional gem stones,



as well as birth stones. As trends change, many people prefer gem stones of different varieties, and Christine can accommodate any request.

The store offers quality men's jewellery and wristwatches, as well as expert jewellery and watch repair. Among the selection available at the boutique are bridal jewellery, engagement rings and wedding bands, baby jewellery, jewellery for religious occasions, birthstone jewellery, name necklaces and family jewellery.

In addition, the store has a gift section with items suitable for special occasions such as weddings, engagements, baptisms, birthdays, and business recognition. They can engrave items to personalize them and make a gift a special memento that will be cherished for years. If you are looking for something unique, Christine's Jewellery



can fashion a piece for you.

"We can do anything and customize it," Christine explained. "We can source any type of gem."

Christine's Jewellery is Caledon's new location for quality jewellery, with superior service and an expert staff who can help you find or create something you will treasure for a lifetime.

Christine's Jewellery is located at 12 King Street W., in downtown Bolton.

Follow Christine's Jewellery for promotions, contests and draws and for updates on the newest jewellery styles and trends on Facebook: @ christinesjewellerybolton and Instagram: @christinesjewellery.

Christine plans to have a grand opening event before the end of the year! Follow along and stay tuned for more details and to take part in fun contests along the way.



RELIABLE AND REPUTABLE -ROADSIDE AUTO SERVICE

There is probably no sound you dread more, than turning the key in your car and hearing only a 'click.'

by Brian Lockhart

Most of us have had that experience at one time or another. A flat tire when you are a considerable distance from home can also ruin your day.

It is at those times you are glad that you are a member of CAA and know that its roadside assistance services will help you when you are stranded or even if your car or truck calls it quits in your own driveway.

Frank Scarfo, President of the Scarfo & Son Group Inc., along with his son Carmelo Scarfo, Vice President, have a mission. As an Authorized Agent of the CAA, their fleet of service vehicles and tow trucks are dedicated to helping stranded motorists and getting you on your way as soon as possible. They have a fleet of trucks that serve an area from Chatham to the GTA. While his personal life certainly benefited from taking the job, Frank also realized the potential of the industry and the need for roadside service in Ontario.

road doing service calls, so he knows the entire industry from the ground up.

"I went out on the road as a driver, and wanted to experience everything," he said. "I couldn't really relate to a driver today, if I didn't know what he is going through."

Keeping up with modern technology and service techniques, the Scarfo & Son Group made a bold step forward this year and started electrifying their fleet of light service vehicles. The rising cost of traditional fuel as well as a desire to help the environment made it an easy decision for Frank and Carmelo. Going green means lower costs for their drivers on the road and less emissions placed into the atmosphere. The newer technology that gives electric vehicles a longer range means drivers can easily adapt to completing their service calls during a given day without stopping for gasoline. The Scarfo & Son Group is dedicated to being an environmentally conscience company that cares about the earth as much as they care about their customers.

his schooling and spent three years on the to your home and change your seasonal tires. For those times when your battery finally gives out, and eventually it will, they can provide a new battery and install it on-site, saving you the trip and anxiety of driving to a dealership with a faulty battery and at a lower cost than you will occur at a dealership or battery shop.

The business model at Scarfo & Son is progressive in nature as they are always expanding on new ways to do things. While he has the decades of experience in the business, Frank credits Carmelo with bringing in innovation and a new of thinking to help move the business forward. They are exclusively a CAA Authorized Agent and they maintain the high level of service expected and uphold the CAA reputation at all times. There are many positive reviews on social media praising the service, professionalism, and knowledge of their service people and drivers.





For Carmelo, the industry has been a life long passion, beginning when he was just a kid and going on calls with his dad.

"I grew up around it and have always been involved. I would go out with my dad on service calls," Carmelo explained. "I loved it as a kid. I got involved with the business right out of college."

Carmelo started driving after completing

Scarfo & Son Group provides all the CAA roadside services you would expect. This includes towing, tire changes, keys locked in a car, fuel delivery, battery boosts, and diagnostics. They also have a tire changing service where they will come

Frank summed up their business philosophy as "We do anything to make you safely mobile - that's the key - to make you mobile."

The new Scarfo & Son Group Inc., office is located at 21 Parr Boulevard, Unit 4, in Bolton.

They can be reached at: 905-789-8108.



B16 PROGRESS SECTION CALEDON CITIZEN NOVEMBER 10, 2022



Leading the way to a **new era** of electrified automotive technology.

The automotive world has been continually changing and evolving ever since the first Ford Model T debuted in 1908 as auto manufacturers strive to build a better product with innovative engineering and new designs.

uring the course of a century of automotive design, each new generation of cars and trucks has seen something new with improvements in safety, convenience features, engineering, and performance. From the first time a radio was installed, to seat belts, safety glass, and fuel injection, auto manufacturers have continuously tried to improve their products. Over the past few years, computer chips and software design have provided the biggest change with the introduction of driver assist functions and new innovative features to accommodate modern life on the road.

by Brian Lockhart

blistering four seconds. It has the equivalent of 563 horsepower with 775 lb.-ft. of torque.

All that power means the Lightning has the capability to tow up to 10,000 lbs, with a payload capacity of 2,000 lbs. The electric batteries provide a range of 370 km, and up to 480 km, if you choose the optional extendedrange battery. You won't ever experience range anxiety in a Lightning.

"The future is exciting when we look at what Ford is doing," said Carlos Martins, Fines Ford Lincoln General Manager. "The future for Ford is really about electrification. The F-150 Lightning is the most important vehicle in the history of Ford. Ford has said it is the most significant introduction by the auto maker in 124 years, and compares it to the time when Ford introduced the Model T and changed transportation forever," Carlos said, of the ground-breaking technology and Ford's dedication to moving forward into a new era of auto manufacturing. Fines Ford Lincoln, Dealer Principal, Bob Fines, said the Lightning may be electric, however it maintains the same great features and style that F-150 lovers have always appreciated.

better for the environment and it gives you more power."

The Lightning has the capability to receive vehicle software updates as they become available which can provide brand new features that you didn't have previously.

The all new 2022 Ford Mustang Mach-E is a Mustang inspired electric crossover that has been attracting a lot attention from both muscle car fans and zero-emission enthusiasts. The Mach-E is available with a standard 70 kWh battery or a 91 kWh extended range battery. The sport GT and GT Performance models offer extra power – up to 480 horsepower and 634 lb.-ft. of torque. The Mustang Mach-E can accelerate from zero to 100 kph in 3.7 seconds. The extended-range and rear-wheel-drive Premium trim version can now travel 488 km on a full charge. On the inside, the Mach-E has a beautifully designed interior that is packed with latest in automotive technology, including the SYNC4 – the newest version of the multimedia system. The interior centre console screen is easy to read and a second screen directly in front of the driver displays essential driving information.

explained. "There are no emissions so it's fully electric version. For those that use and need a van for commercial purposes, the Ford Transit Van provides the capability, space, and utility of a van designed for work, with the convenience of electric power for daily use.

> While many dealerships are struggling to keep inventory in stock, Fines Ford Lincoln has all their vehicles on site including the Ford F-150 Lightning and the Mustang Mach-E.

> "That's the value that we add to residents of Caledon and the area," Carlos explained. "They can come here, talk with one of our product experts, and they can touch, feel, and drive a vehicle.

The Ford Motor Company has always been at the forefront of innovation and design. With the automotive world now moving towards electrification, Ford has introduced new vehicles that take advantage of the benefits of electric power while maintaining the beautiful contours of traditional gas powered vehicles.

The Ford F-150 Lightning is the fully electric version of the Ford F-150 – the best selling pickup truck in Canada for 56 years. The Lightning offer the same beautiful style but without the gasoline engine. The Lighting has the absolute power of electric motors and is capable of accelerating to 100 km/h in a

"The Lighting looks like an F-150 as we've always known it, but it is fully electric," Bob

Ford is now offering the Transit Van in a

Fines Ford Lincoln's slogan, 'Friendly, Familiar, Fair, and Not Far,' sums up the dealership's philosophy of how they interact with customers and provide outstanding service.

Eventually the plan is to offer every Ford vehicle in an electric version as the company strives to move into the future and meet the demands of consumers and embrace a new era of automotive technology and excellence.

Fines Ford Lincoln is located at 10 Simona Drive, in Bolton.

You can visit the website at: finesford.ca, or call at 905-857-1252.

