



Caledon Citizen PROGRESS EDITION 2024

An annual report highlighting local businesses in Caledon.



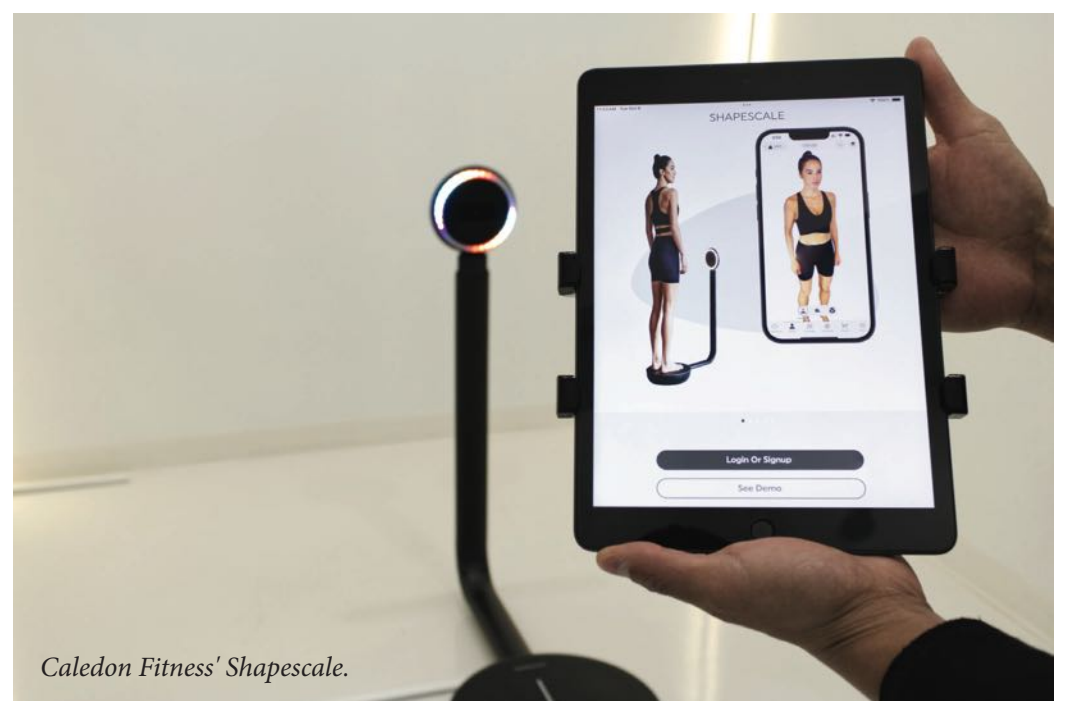
PROVIDING THE **HIGHEST-LEVEL** OF PERSONAL TRAINING

CALEDON FITNESS MASTER TRAINER WALTER HUYNH RECENTLY OBTAINED HIS PRO TRAINER CERTIFICATE.

by Caledon Citizen Staff



Caledon Fitness team members Tristan von Langsdorff, Walter Huynh, and Lauren Peet.



Caledon Fitness' Shapescale.

If you want the best of the best when it comes to personal training, look no further than Caledon Fitness.

Walter Huynh, master trainer at the gym, recently obtained his Pro Trainer Certificate. It's the highest level of personal training certificate in the world.

Tristan von Langsdorff, founder of Caledon Fitness, is immensely proud of Huynh for his achievement.

Caledon Fitness was founded in 2022 and has seen great success as word of the results people get from the gym spreads.

"The vision is to get people the fastest results with the best quality service," said von Langsdorff.

Huynh noted that Caledon Fitness' personal approach is key to its success.

"You get to know your clients, you learn about their lives, families, and personal struggles," he said. "People come in, put in the work, and come out with a brand new identity."

Caledon Fitness does not use any aggressive sales tactics like big-box gyms. Interested clients are welcome to come

check out the space, no strings attached, and see what Caledon Fitness can do for them. Clients can purchase as many sessions as they like at the gym, and they are never locked into a contract.

"We really just want to help people," said von Langsdorff.

Huynh said many people in the fitness industry lose sight of that fact and just care about money. He said at its core, fitness is about helping people make positive changes in their lives.

Caledon Fitness has a coffee/protein bar in its gym to provide its clients with a boost before their sessions and the highest quality protein for after. They're even launching their own protein line soon, made using only the finest ingredients. Huynh and von Langsdorff said they wanted to know everything that was in the protein powder so they can offer the best to their clients.

To learn more about Caledon Fitness, visit their website, caledon-fitness.ca, give them a call at 905-783-1599, or email info@caledon-fitness.ca.



New renovations add to timeless elegance of
Royal Ambassador
 EVENT CENTRE

by Zachary Roman

Caledon's premier event centre has recently had some beautiful renovations done.

Completed in April this year, renovations to the Royal Ambassador Event Centre have elevated the already-elegant look and feel of the centre.

Nicolas Giancola, a sales representative with the Ambassador, said the centre's main hall has been completely redone with new white flooring and marble features throughout.

"It's still got a classic elegance to it, but it's been modernized quite a bit as well," said Giancola.

Other rooms in the Royal Ambassador, such as the conservatory, main foyer, and bridal suites have been renovated to match the stunning main hall.

Giancola said most people in Caledon have attended an event at the Ambassador at some point, and the Ambassador wants to spread the word about its amazing new renovations.

The Royal Ambassador is known for its community events like Mother's Day and Easter brunches and New Year's Eve galas.

With large and small capacity event spaces, the Royal Ambassador is truly capable of hosting nearly any kind of event imaginable.

The Royal Ambassador has expanded its menu to include South Asian cuisine in addition to the delicious European food it's known around town for. Potential clients can choose a menu to their liking, featuring all of one style or a mix of both.

The storied event centre is located in the heart of Caledon at 15430 Innis Lake Road. On its property are rolling hills, manicured gardens and a 20-acre natural lake. It's a true country oasis close to the city, a property with a long history in Caledon and one that will be hosting so many amazing events in the years to come.

To stay updated with all the latest from the Royal Ambassador Event Centre, you can follow them on Facebook, Instagram and TikTok. For more information about hosting your next event at the Ambassador, check out its website: www.theroyalambassador.com.



**CALEDON'S SWEETEST NEW BUSINESS:
 BLISSFULLY BAKED X THE LITTLE ALMOND**

YOUNG ENTREPRENEURS TAYLOR ARROWSMITH AND SHAINA LINDEYER ARE EXCITED TO SHARE THEIR PASSION FOR BAKING WITH CALEDON.

by Zachary Roman

If you're looking for delicious baked goods and a cozy place to spend the afternoon, look no further than Blissfully Baked x The Little Almond.

The new cafe and bakery is conveniently located in Downtown Bolton at 25 Queen Street North. It's run by two young entrepreneurs from small towns, Taylor Arrowsmith and Shaina Lindeyer, who met when they were in the baking and pastry arts program at Humber College.

At school they were lab partners and interned together. They became fast friends and never looked back.

Arrowsmith explained she always dreamed of owning her own business and has always loved baking. This led her to start The Little Almond, her own baking business. It wasn't long before she partnered with established Bolton business Bake Shoppe. Lindeyer was the baker and cake decorator for Bake Shoppe at the time.

Arrowsmith, who's also always loved baking and founded The Little Almond, happily accepted Lindeyer's request to start a business with her when the opportunity arose.

Bake Shoppe was run by Angela Scarinci, who is now taking a step back and letting the dynamic duo of Arrowsmith and Lindeyer run the show under the new name Blissfully Baked x The Little Almond.

The business officially opened under the new name in mid-October and already there are tons of regulars there. Arrowsmith and Lindeyer love seeing their cafe filled with people chatting and enjoying treats.

"Even if I don't remember your name, I know your order," said Arrowsmith with a laugh.

In addition to a delightful assortment of new baked goods, Blissfully Baked x The Little Almond will soon offer baking classes and children's birthday parties.

Arrowsmith and Lindeyer are very excited to work with children and adults in fun baking classes and parties.

Lindeyer said she and Arrowsmith are a great team and play off each other's strengths. They both commented on how it's been absolutely amazing to have Scarinci as a mentor and guiding light as they embark on the journey of running their own business.

It's not just Scarinci who's been supporting them; they said the Bolton business community as a whole has been incredibly receptive.

"Bolton feels like community over competition," said Arrowsmith. "Everyone is out to see everyone succeed."

Blissfully Baked x The Little Almond offers custom cakes, focaccia sandwiches, cookies, pastas, brownies, brownies, cookies, focaccia sandwiches, coffees and teas, and an ever-expanding rotation of custom dessert creations.

"I'm obsessed with our new peanut butter chocolate swirl cookie," said Arrowsmith, sharing one example of a tasty treat.

"I love our Nutella-swirled cheesecake bars," said Lindeyer, sharing another, a recipe she and her mom invented.

Blissfully Baked x The Little Almond gets its coffee from Mochaberry in Orangeville, and is proud to serve delicious locally-roasted coffee from another small business.

Arrowsmith and Lindeyer said it's the most rewarding feeling in the world to hear people enjoying their creations. Even after being in business a while, it never gets old to overhear someone complimenting one of their baked goods from the kitchen.

Blissfully Baked x The Little Almond has free wifi, comfortable seating areas, and is a spot where people are encouraged to stay and hang out.

For more information about Caledon's newest bakery and cafe, visit its website: bakedxlittlealmond.com



SYNERGY EXTERIORS



SYNERGY EXTERIORS HAS YOU COVERED, ALL UNDER ONE ROOF.

by James Matthews



Synergy Exteriors is a one-stop shop for homeowners who want to update their home's exterior and increase their homes curb appeal and overall value.

Synergy is a locally owned full-service company, offering windows, doors, roofing, siding, and eavestroughs to customers in Orangeville, Caledon and surrounding areas. And they've been doing that for more than 10 years.

"We only sell and install the brands we trust, and you can be guaranteed we will do the job right," said Synergy's owner Nick Facciolo.

"Our dedicated sales team, service representatives, installers and fully insured

contractors are specialized in providing our customers with the best solutions for their needs, both big and small. As members of our community, we are committed to excellence in every job we do."

Synergy has several divisions, which allows for specific installers for each, making them experts in that division, be it window and door installations, roofing, eavestroughs or siding.

Synergy Exteriors' Roofing Division, for instance, is made up of GAF master elite certified contractors. That means they've been trained to install particularly high-end roofing products. It also means Synergy Exteriors and its crew went through a higher

screening process and training to be able to meet GAF standards, which the industry touts as the highest in North America.

Synergy has a wide variety of accent and decorative trim products from vinyl and composite product lines. Their siding materials are available in a myriad of colours and styles to suit any taste or pre-existing work. Each panel has solid colour throughout so it won't chip, flake or peel and never needs to be painted.

This spring they added a retail space called Synergy Supply that houses the high-quality materials they use on the job every day. Some items include GAF Feltbuster synthetic roofing felt and Timberline ultra

high definition charcoal shingles. As well they offer Stage and KV Custom windows and doors, soffit, fascia, nails, screws, trim coil, custom fabrications, caulking, roofing shingles & accessories. They are the local authorized distributor of Mitten Siding who have the largest colour pallet in the industry, huge selection of styles and designs to bring home exteriors to life. Local contractors and DIYers alike now have access to these quality materials in Orangeville.

Stop by the business at 42 Green St., Orangeville or call (519) 939-6007 to inquire about your project. You can also visit their website synergyexteriors.ca to learn more.



Caledon Mountain Wildlife Supplies



SUPERIOR SERVICE AND EXPERT KNOWLEDGE OF BIRDSEED AND BIRDING SUPPLIES.

by Brian Lockhart

Many people enjoy nature by attracting wildlife to their backyards or rural area by placing bird feeders around their property and having the fun of seeing which species of birds arrive to have their favourite meal.

If you want to attract different species, you need to know which seed mix will attract different birds.

Brett Lagerquist, of Caledon Mountain Wildlife Supplies in Caledon, is the local expert who knows which type of feed is preferred by different birds and the ingredients that are a healthy supplement to a bird's diet.

Brett creates custom mixed bird feed at his store based on his knowledge, trusted recipes, as well as his own method of experimentation when deciding on a new mix. He uses high quality seed and maintains a competitive price-point for his customers.

Mixes contain seeds and grain that will attract the types of birds people want to see at their feeders.

"We are a backyard birding specialty retailing store," Brett explained. "We manufacture our own birdseed and we sell it to backyard birding customers. We have different grades of bird seed and we are always improving on that. When I first took over here, we only had five or six mixes. Now we have around 12. Customers will come in and say they don't want a specific ingredient in their birdseed. If I get enough requests for that, I will manufacture a specific bird seed for those customers."

The seed mix contains several different seeds and grains depending on the mix. Black oil sunflower seeds are a big part of most mixes as they attract birds and are a nutritious diet a high fat and mineral content. "Black oil sunflower is the number one

birding ingredient," Brett explained. "Most large scale manufacturers of bird seed don't use an abundance of it, because they don't understand how efficient it is at attracting birds, and also there's a higher cost associated with it."

The difference between Caledon Mountain Wildlife Supplies seed mix, and those from large commercial stores, is the quality.

"Some people don't like corn," Brett said. "Corn is a good ingredient, but some people are used to buying from a big box store where there's an abundance of corn, sometimes up to 40 per cent, and wheat, which are very cheap ingredients, and they overload it."

Brett pointed out that one of his mixes contains only one to two percent of cracked corn, with the rest of the ingredients being other nutritional seeds.

It is this attention to detail and knowledge

of birding as well as the evolution of creating new mixes that makes Caledon Mountain Wildlife Supplies the number one source for bird feed and supplies in the region.

In addition to feed, the store has a large assortment of bird feeders and bird houses including nesting boxes, pole systems, and special feeders that will attract unique species like woodpeckers and hummingbirds.

If you are new to bird feeding, Brett has a wealth of knowledge and can advise you on the right mix to attract various bird species to your property.

There is a second location, Dufferin Wildlife Supplies, located in Orangeville at 287A Broadway, with the same quality products and accessories.

Caledon Mountain Wildlife Supplies is located at 18371 Hurontario Street, in Caledon Village.



zero20kids

DESIGNER CLOTHING & SHOES ■ BABY ■ CHILDREN ■ TWEEN

LIKE SHOPPING IN EUROPE

Beautiful, well-crafted clothing makes everyone feel good, regardless of age – and Zero 20 kids offers endless options for fashion-forward babies, children and pre-teens.

The store name says it all: fun and stylish threads for boys and girls from size Zero (newborn) to 20 (pre-teen)

For the last 41 years, Vaughan's Zero 20 Kids, led by company founder Santina Mariani and sister Anna Turrin, has been the go-to boutique for families to find designer labels for their kids at price points to please every wallet.

Top quality fashion lines featured at the popular boutique include Hugo Boss, Lacoste, Diesel, Le Chic, Michael Kors, and Mayoral, a Spanish brand which is a favorite.

"Our suppliers stand behind their brands,

they come up with fresh new designs, source great fabrics, and manufacture with great skill to give us the best the world has to offer," says Mariani. "We're not play-in-the-playground clothes, we're dressy-casual."

And there is no shortage of options. Choose from co-ordinated outfits or mix-and-match pieces, at reasonable price points, or visit the clearance area and find incredible bargains, there's something for everyone, every taste and every occasion.

Mariani started the business as a young mother, fresh out of studying retail at Humber College.

She realized there was a lack European-quality children's clothes in the Greater Toronto Area and opened a small boutique in a unit at the southwest corner of Highway 7 and Pine Valley Drive, in

the McDonald's Plaza. Over the years, Zero 20 has expanded to five side by side storefronts in the same plaza.

This huge space is a shopping wonderland – for girls, the dress or outfit is easily found, but the fun is completing the look: shoes, socks, tights, hair accessories, and purse finish and personalize her look.

For boy – joggers, jeans, or pants can be co-ordinated with t-shirts, hoodies, shirts, sweaters and finished with caps, sneakers, or shoes, ready to be worn anywhere.

"We grew a lot bigger than what we expected," says Mariani with a laugh. "That's because you need a lot of selection, so customers don't have to go to 10 different stores to find what they need; it's all here in one location.

"They call us 'the one-stop-shop' because

you can literally dress the kids up in-store from head to toe and go straight to the party."

Gift-giving for that precious new baby, birthdays or holidays is made easy, and wrapping is available in-store. Make sure to visit www.Zero20Kids.com to view the thousands of items available 24/7 for pickup in-store or delivery.

Don't forget to follow on Facebook and Instagram.

"We are proud and humbled by so many customers who say, 'I shopped here for my children and now I am back here with my grandkids.' It's the satisfaction that we've lasted so long and helped so many clients, that makes it all worthwhile."

Zero 20 Kids is located at 7700 Pine Valley Drive, Vaughan. For more, call 905-851-6041 or visit zero20kids.com.



SOUTH HILL DENTAL

FULL FAMILY DENTAL CARE TO KEEP YOUR SMILE BEAUTIFUL.

by Brian Lockhart

A beautiful smile will always create an impression, make those around you feel welcome, win you new friends, or just light up someone's day.

If your teeth aren't looking their best, it can hinder your confidence and social life. Missing or damaged teeth can make eating difficult. Good dental hygiene will affect your entire body in many ways while promoting over-all good health.

At South Hill Dental in Bolton, Dr. Martin Reiss, Dr. Samson So, and Dr. Christopher Chan provide expert dental care to keep your smile looking its best while maintaining the health of your teeth and gums through routine check-ups.

During your first visit, the dentist will do a general examination and check-up to look for any problems or potential areas that may need further treatment to repair or maintain.

"We're a general dental practice, and we do most procedures," explained Dr. Reiss. "We do wisdom teeth and sedation dentistry

in the clinic. Dr. Chan is doing Invisalign braces – they're invisible braces and they are very popular now, especially for patients who have braces in the past when they were a kid. It's really good when things have slightly shifted but you don't want to do a full set of braces again."

Dr. So specializes in removing wisdom teeth. Patients can be sedated and the Doctors make sure patients are comfortable during the procedure, as each patient has different levels of anxiety.

When wisdom teeth become a problem, they can remove those teeth at the dental clinic with a minimally invasive procedure.

The clinic also offers general maintenance and fillings as well as other areas of dentistry including root canals and oral surgery.

Experts in dental care, South Hill Dental provides services that include a wide range of procedures for both those that are medically necessary as well as for cosmetic reasons.

When a person loses a tooth, there are

several methods that can be used to replace that gap in your smile. Dental implants allow a person to have a tooth replaced with a more permanent type of procedure rather than a crown or denture.

"We have implants for dentures," Dr. Chan explained. "With regular dentures, they fit to the gum but there's nothing to support it. With implant supported dentures, they become more solid and you can chew and function better."

The staff at South Hill Dental can advise you on how to maintain your smile and achieve better dental health through preventative dentistry by offering procedures that will eliminate future problems.

There are times when a sick or injured tooth can be an emergency. This includes things like an infection of abscess.

Sports injuries or accidents can result in damaged or loosened teeth, or even having a tooth knocked out.

In these cases, emergency care may be needed.

South Hill Dental provides emergency care for those times when a patient is suffering from a medical condition or sudden impact type of injury.

At South Hill Dental, they use the latest imaging technology to assist with a diagnosis. It is a painless way of examining your teeth and it gives the Doctors the ability to answer your questions with a visual image. They also use the latest technology that replaces the old type of syringe when a shot is necessary.

South Hill Dental provides a welcoming and calming environment when you visit. The Doctors and staff are pleasant and friendly and will make your appointment easy and stress-free as possible.

South Hill Dental is located at 334 Queen Street South, Unit 1 in Bolton.

You can contact them by telephone at: 905-533-4000, or visit on-line at www.southhilldental.ca, to learn more and to book an appointment.



ZERO 20 KIDS IS THE GO-TO BOUTIQUE FOR RELIGIOUS AND SPECIAL OCCASION CLOTHING.

Zero 20 Kids prides themselves on offering clothing, shoes and accessories for all boys and girls attending special occasions, but what sets the popular Vaughan boutique apart is their dedication to dressing the “stars of the show.”

Located at Pine Valley Drive and Highway 7, Zero 20 Kids offers a one-stop shop for holidays and religious events: think baptism/christening communion, confirmation, bar/bat mitzvahs, milestone birthdays, graduation, weddings, pageants, concerts, and performances to name a few.

Suitable clothing and accessories are sometimes specific and hard to find elsewhere, but Zero 20 has an abundance of styles and an extremely large inventory ready to buy.

Santina and Anna, who founded the boutique 41 years ago, pride themselves on the array of beautiful dresses in white, ivory

and pastel shades. From simple and angelic to elaborate and regal, there is a look for everyone at every price point. Perfect for Christening, flower girls, and First Holy Communion, dresses and gowns start at \$49 and go up based on brand, fabric, laces, and jewelled embellishments.

Many ethnic baptism traditions, include the Godmother, in dressing the precious baby girl or boy for the day. Rest assured, Zero 20 can help with the main outfit or gown and all the accessories needed: undergarments, socks, shoes, bib, towelette, sleeper, blanket, sweater, coat, hat, bonnet, hairband, candle, rosary, protection pin, keepsake box, bible, etc.

Many of these items can be personalized or embroidered with names, date, and personal messages.

There is a lot for girls, but they don't ignore the boys; their expansive range of suits can

make every boy stand out individually or match a bridal party, or even a “mini me” version of dad. The suit or tuxedo is important, but accessories make it personal.

Shirts come in a rainbow of colors, and an enormous wall display of bow ties, long ties, belts and socks and shoes pull the whole look together.

“We have just about every brand of suit that exists, and we also have husky sizes, which are usually about four inches bigger in the waist,” says Santina. “If a boy is a little rounder in the waist, a husky suit might fit much better overall. We find that’s one of the reasons people will come to a boutique rather than a department store – the personalized fit, and that seamstresses who are able to create much needed accessories to complete the look.”

“Our seamstresses will make a lot of the products I can't find,” Santina explains.

“Sometimes you can't find boys' ties, so if a groomsman has a certain tie, they can bring me the tie and we can cut the tie down to make it the right size for smaller boys, or we can even make bowties.”

Their ingenuity is such they make their own special kind of pocket squares which stay nicely in place and looking neat, no matter how much the boy might want to fiddle with them.

“It's a very sensory experience,” says Santina of the shopping journey, noting that although they have a successful online retail portal, there's no greater testament to quality than being able to touch, feel, and try it on before you buy it. Zero 20 Kids has in abundance for every occasion. Just one visit will open your eyes to all the possibilities.

Zero 20 Kids is located at 7700 Pine Valley Drive, Vaughan. For more, call 905-851-6041 or visit zero20kids.com.

WOMEN in AGRICULTURE

VAL BROOKSBANK & QUEENSMERE FARMS

Queensmere offers farm-to-table beef and chicken, eggs, homemade apothecary products, delicious honey and much more.

QUALITY COMES NATURALLY AT QUEENSMERE FARMS.

by Zachary Roman



Located on Centreville Creek Road near Caledon East, the farm and its associated farm store are run by Val Brooksbank. Brooksbank, whose family has farmed in the adjoining townships since the 1840's, is proud to be a female farmer, noting that there is a small shift in agriculture where women are actually running the family farm. The farm includes a beautiful retail space where shoppers can get farm to table products that have been raised on the farm or crafted from Queensmere's kitchens.

Queensmere Farms sells grass fed Galloway beef, chicken, freshly-laid brown eggs, raw unpasteurized honey and infused

honey, maple syrup and preserves. They also offer a wide variety of beeswax products and homemade apothecary items, including creams, tinctures, oils, soaps and hand made candles. There are always new offerings at the farm store, including Queensmere's new for 2024 cold-pressed sunflower oil made from locally-sourced sunflower seeds

“A few of our most popular products right now are our tallow creams and ginger/turmeric infused honey,” said Brooksbank. “Our customers want homemade products that have pure natural ingredients.”

Queensmere Farms started small, first selling eggs. A herd of Belted Galloways came

next. The farm has been growing steadily ever since. Eight years ago Brooksbank became a registered beekeeper. The three Queensmere apiaries now produce sufficient honey, which can be purchased directly from the farm and at numerous local stores.

“Our customers are wanting a local product that they can trust. They want to know where their food is coming from and how it's being raised and looked after,” said Brooksbank. “Queensmere Farms' goal is to have farm-to-table products that we are proud and confident to serve not only to our own family, but to our friends and community too.”

Queensmere Farms, with its environmental farm plan, has always ensured that the number one priority is the health and happiness of its livestock. All the animals there live a stress-free lifestyle and are hormone and antibiotic free.

Queensmere Farms is open from 9 a.m. to 6 p.m. Tuesday to Friday, 9 a.m. to 5 p.m. on Saturday, and 10 a.m. to 5 p.m. on Sunday.

You can contact Queensmere Farms through their website, queensmerefarms.ca, and they can also be found on Facebook and Instagram. Be sure to follow them to keep up with all the latest offerings at the farm store.

Automotive Maintenance



After 32 years serving Caledon and the surrounding region, Automotive Maintenance has become the trusted place for many residents when it comes to car and truck maintenance and repairs.

by Brian Lockhart

Their Airport Road shop in Caledon East is a local landmark and the bays are always full because so many people rely on their expertise and quality work to keep their vehicles in top shape and on the road.

Expert service technicians are trained and knowledgeable of maintenance and repairs on all makes and models including foreign cars.

"We do complete automotive service," explained shop owner, John Tomasone. "We do everything related to the automotive industry from alignments, brakes, and tires, to the maintenance schedule for cars."

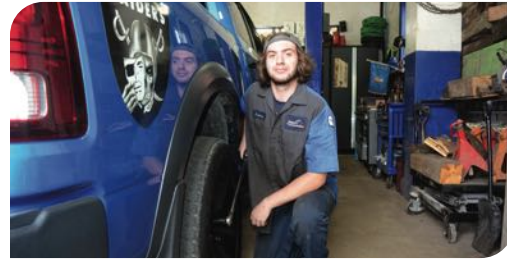
A unique feature of the shop is their ability to complete work on vehicles within the realm of a manufacturer's warranty. This means you can have work completed at Automotive Maintenance that is covered

under the warranty of your newer car or truck.

"Our work here does not default any of your manufacturer's warranty," John explained. "As long as you have a proper bill from us, you can bring it back to your dealership and show them and tell them you had the work done at a professional shop and they will honour the warranty on your vehicle. We're part of the TechNet service, so we follow a code of conduct. We are a qualified shop to do that."

Regular vehicle maintenance is important to keep your vehicle running with maximum efficiency. Ignoring minor repairs can mean a larger, more expensive repair at a later date. The team at Automotive Maintenance will service your vehicle according to the manufacturer's recommendations.

"Your maintenance package all goes by



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TIRE STORAGE AVAILABLE.

the number of kilometres and months," John explained. "The manufacturer will tell you how often you should change your spark plugs or transmission fluid. It depends on what it says in your service manual – that's what you go by. Oil for example, it's such a big thing for a car. You have to change it at the right time. After a while, oil loses its viscosity and it starts creating problems."

The shop can service all makes and models of automobiles. This includes domestic and foreign cars.

A chip in a windshield is a real concern, especially for people who live in a rural area with gravel roads. Automotive Maintenance can repair those chips and stop them from spreading.

John and his team have gained a solid reputation for the quality of their work.

Many of their regular customers travel to Caledon from other towns in the region because they trust the Automotive Maintenance team to repair and maintain their vehicle. They know their reputation is built on quality work and service.

"You have to experience it for yourself," John said. "Once you do, and you like us, we gain another client."

John is proud of the reputation Automotive Maintenance has achieved in the community. They were honoured with the Readers Choice awards for excellence through a local newspaper for four years in a row.

Automotive Maintenance is conveniently located at 16040 Airport Road, in Caledon East.

They can be reached by telephone at: 905-584-0454.



A CONTEMPORARY CLASSIC IN CALEDON

by Brock Weir

A true classic never really goes out of style, and that's something that holds true for Bolton's Music 21, which has been serving the community for 41 years.

Founded by Kent Oakley in 1982, Music 21 has been the community's one-stop shop for everything one needs to get a garage band off the ground to, as discovered by Beatles icon Ringo Starr, the perfect place to find last-minute equipment needed to put on a world-class show.

Renowned for its retail arm, which carries many popular guitar, keyboard and drum brands like Yamaha, Gibson and Roland, and an expansive selection of vinyl, as well as its music education programs which have honed the talents of generations of Caledon residents, Music21 also provides top notch

production services within and well-beyond the community.

Their talents in this field have been enjoyed locally and internationally, from Caledon Day audiences to, after Music 21 was tapped by the Government of Canada to produce a gala dinner at the Royal York Hotel in 2010 in their honour, Queen Elizabeth II and Prince Philip, Duke of Edinburgh.

"We've grown from a small teaching operation of maybe three guitars on sale to now over 400 guitars in stock, including guitars autographed by the Rolling Stones, Jimmie Page and Miranda Lambert," says Oakley, offering just a few examples from their well-stocked showroom. "We started as a music store carrying tapes, CDs and vinyl back in 1982 and now it has come

full circle where we have over 10,000 vinyl copies in our store. Strangely enough, the same top titles we had back in 1982 are the top selling now – Abbey Road by the Beatles, Pink Floyd's Dark Side of the Moon – they're our top-selling titles along with the likes of Taylor Swift, Miley Cyrus, and King Lizard and the Gizzard Wizard."

Classics, indeed! Since they opened their doors, Oakley has gone on to work with the likes of Drake, The Weeknd, and Eminem, but he and his team have never lost sight of their hometown roots.

"Our business has grown from a music teaching operation, which we still do, and segued into a lot of production work," he says.

"One of the things we've really grown into is video work – livestreaming events, putting up

LED walls for concerts as videos are becoming a more dominant part of our concerts in the last few years," he notes, adding that they've unrolled these services at local Diwali events, to well beyond Caledon where they have come to work with some of the most popular and engaging Indian and Persian artists on the musical scene. "We really enjoy the pace and what we're working with – it's energizing to go from event to event."

But its beating heart remains at 301 Queen Street South, Bolton, where they pride themselves on being the Town's "most trusted" music shop, offering music lessons to students of all ages, guitar repairs, and a dazzling array of products.

For more, visit music21.ca or call 905-857-2121.



At The Fireplace Stop, people are the key to success.

Owner Andy Leonard wants to highlight his amazing staff.

by Zachary Roman



Dave Baker has been with The Fireplace Stop for over 30 years. Now over 80 years old, he attributes his long tenure to owner Andy Leonard. Dave tells us that a very pleasant work environment and the company's commitment to customer satisfaction has resulted in a very fulfilling life experience for him. (Contributed photo)



The Fireplace Stop's courteous and professional installation team, composed of Alexander Lord, Bobby Worth, Daniel Newton, Aaron Hwang, Eric Newton, Scott Leonard, Lucas Dowdle, Richard McAnsh, Corey Hillier and Mateusz Welna, will complete your dream project to your satisfaction. (Photo by Zachary Roman)

You can't build a great business without great people.

At The Fireplace Stop, a one-stop home comfort centre based out of Schomberg, great people are at the heart of the business.

The Fireplace Stop was founded by Andy Leonard in 1987. It opened its location at Highway 9 and 27 in Schomberg in 1990, and that's where it is to this day.

"As you progress and get bigger and better, it's because of your supporting team, whether it's your installers, salespeople, drivers, or people in the office... it's a bumper to bumper, front door to back door effort in our business," said Leonard. "Everyone has their part in the process."

Leonard said The Fireplace Stop, and

its sister business ABL Air Heating & Air Conditioning, have grown because they've always been willing to do challenging jobs. Whether it's a fireplace of any kind, a high-quality barbeque, or any kind of HVAC work, The Fireplace Stop has you covered.

"Anything you can think of to comfort the home, we're involved in it," said Leonard. "We're used to doing challenging jobs."

Leonard said The Fireplace Stop team is like one big family. Many of its employees have been there for decades.

The Fireplace Stop serves a large part of Ontario, including Toronto and all of cottage country. They've done jobs all over, including jobs on properties with snowmobile or boat access only.

The Fireplace Stop offers personalized service and makes customer satisfaction the top priority on any project.

Scott Leonard and Eric Newton are the head installers for the company and are the best of the best, and they're supported by an incredibly strong installer team. Eric's brother Daniel also works for The Fireplace Stop and they make a great team.

Corey Hillier is the amazing head of service for The Fireplace Stop, and Richard McAnsh is known as "Tricky Ricky" because he can do all the tricky jobs.

Mateusz Welna runs shipping and receiving for the company and helps out on challenging installs too.

Leonard said installer Lucas Dowdle, and co-op students Alexander Lord, Bobby Worth, and Aaron Hwang have amazing careers ahead of them.

Glen Rueda does custom cabinetry for The Fireplace Stop.

Leonard's son Andrew runs sales for the company with his exceptional colleagues Ron Rice, Cristina Ventresca and Leonard himself. Kelsey Leonard is the head of administration with her supporting group of Kevin Snell, Renee Noble and Jennifer Russell. Jody Koerssen leads the accounting.

All of these wonderful employees and associates, and more, are at the core of The Fireplace Stop, where it truly is the people that make the difference.



Andrew Leonard, Ron Rice, Cristina Ventresca and Andy Leonard make up The Fireplace Stop's dedicated sales team. (Contributed photo)



The Fireplace Stop's admin team of Kelsey Leonard, Kevin Snell, Renee Noble, Jody Koerssen and Jennifer Russell keeps the business running smoothly and clients happy. (Contributed photo)

FAMILY OWNED BUSINESS • ESTABLISHED IN 1987



6048 Highway 9, Schomberg
800-843-1732





ADVANCING CALEDON TOGETHER.

TOWN OF CALEDON LOOKS BACK ON A SUCCESSFUL YEAR.

The Town of Caledon is hard at work preparing for the future ensuring sustainable, safe and thriving communities.

by Caledon Citizen Staff

Over the past year, there's been a number of Town-led initiatives that are advancing Caledon to the next level.

In March, Caledon was proud to receive \$2.8 million through the Province of Ontario's Building Faster Fund. It was able to receive the funding because of the progress it made on its pledge to the Province to build 13,000 new housing units.

"Housing is the foundation of socio-economic resilience, providing individuals and families with stability and security. Prioritizing a range of housing choices is essential for fostering inclusive communities and promoting equitable growth," said Mayor Annette Groves. "As we embark on the journey to construct new homes, the allocation of this funding demonstrates our unwavering dedication to this cause. It signifies our readiness to tackle the housing challenge head-on and reaffirms our commitment to building a better, more accessible future for all."

In May, the Town announced it had partnered with Brampton Transit to run bus service in Bolton. Brampton Transit Route 41 now runs along Highway 50 between Queen Street and Highway 7 in Brampton to Columbia Way/Bolton Heights in Caledon. The route also services employment lands

along Coleraine Drive.

Brampton Transit has also partnered with the Town of Caledon to provide transit service in Mayfield West, Southfields Village, Tullamore, and on Dixie Road.

Groves said the partnership is a testament to Caledon's commitment to expanding town-wide transit.

"The Town of Caledon will continue to explore additional public transit for Caledon that is cost-effective and environmentally sustainable for residents. Thank you to Brampton Transit for their continued partnership and I look forward to continuing to achieve our transit goals together," said Groves.

Also in May, the Town of Caledon approved a new set of Green Development Standards to ensure new development in Caledon is environmentally conscious.

Groves said adopting the standards makes Caledon a leading municipality.

"This program is a critical tool to ensure new development is green and clean so we can grow sustainably and meet our ambitious environmental targets outlined in our strategic plan," said Groves.

Caledon's Green Development Standards outline climate-friendly design standards for new residential, commercial and industrial

development. The program focuses on minimizing energy use and greenhouse gas emissions, protecting and enhancing the natural climate, and creating walkable communities.

In July, Caledon Council took steps to prioritize advocacy for a GO Train station on Highway 50 in Bolton.

"Caledon needs more transit options, and the time to plan a new GO Train route to Bolton is now. Caledon must grow to 300,000 by 2051, and residents want and need access to the transit infrastructure already enjoyed by communities of similar size. The recent rezoning of parcels along Highway 50 means we will finally have the population density needed to support a GO Train," said Groves.

The proposed GO Train line to Caledon would have two stops, one in South Bolton at Highway 50 and one in Macville.

In August, the Town of Caledon brought its concerns about illegal land use to the Province's Standing Committee on Heritage, Infrastructure and Cultural Policy, advocating for more tools to deal with the issue.

The two main types of illegal land use in Caledon are illegal event centres and illegal trucking yards. The two types of illegal land use create similar negative impacts like

long-term environmental and infrastructure damage, risks to public safety, and disruption to residential communities.

"We asked that the Province consider amending the Planning Act and Municipal Act to strengthen municipal enforcement powers, including enabling municipalities to physically bar entry to properties; increase maximum penalty amounts for individuals and corporations; and include all charges, orders, notices, prohibitions, injunctions and imposed fines on the title of a property. We need to do more together. Our residents are counting on us," said Groves.

Groves said the Town of Caledon really wants the ability to be able to barricade illegal trucking yards so that trucks cannot drive in and out of them. An increase in fines for illegal land uses is badly-needed.

The Town of Caledon is continuing to work on road safety.

"Caledon has seen a startling increase in the number and severity of collisions and near misses between personal and commercial vehicles, some resulting in fatalities," said Mayor Annette Groves. "Caledon will do everything in our power to stop more collisions from happening while we continue to advocate to the Province for what Caledon needs to help protect residents."



BOLTON CHEVROLET CADILLAC BUICK GMC

**FROM SEDANS TO HIGH
PERFORMANCE CARS**

**A LOCAL AUTOMOTIVE
DEALERSHIP YOU CAN TRUST**

by Brian Lockhart

As a company, General Motors has been around for 126 years, ever since founder William C. Durant, made a bold move to purchase the Buick Motor Company, then acquired Cadillac, Elmore, Welch, Cartercar, Oakland, the Rapid Motor Vehicle Company, and the Reliance Motor Company, to create a new super manufacturer to bring transportation to the masses.

By total sales, it has continuously been the largest automaker in the U.S. and was the largest in the world for 77 years.

It is this history, excellent quality, superior engineering, and auto design, that has kept GM going with generations of repeat customers who appreciate General Motors vehicles.

At Bolton Chevrolet Cadillac Buick GMC, the tradition continues with a full line-up of quality vehicles, excellent service by knowledgeable sales staff, and a service department that repairs everything they sell with quality GM parts and know-how.

Bolton GM General Manager, Craig Watson, took over the Bolton dealership in 2009 and created Bolton Motor Products. The dealership underwent a facelift and an expansion to modernize the building and Bolton GM became the new presence for GM products in the region.

"We sell new GM vehicles as well as used vehicles, and we offer parts and service," Craig summed up. "Our service department is a full-service shop with genuine GM parts for optimum performance for your vehicle. We were the first dealership in Bolton to have eight EV chargers."

General Motors offers a variety of vehicles which provide everything from basic transportation to luxury vehicles and heavy duty trucks. No matter what type of vehicle you want or require, there is one to meet your needs at Bolton GM.

GM vehicles are not only engineered to be reliable, they are designed to be stylish and look good on any street or highway.

The iconic Chevrolet family of vehicles is a brand that has been on the road since 1911 and is one of the most well known and most driven automobiles in history. From classic sedans like the Malibu, to the high-performance Corvette and ultra-modern SUVs, Chevrolet offers a vehicle for any budget and lifestyle.

The Buick brand is known world-wide as a premier automobile that offers a superior ride and outstanding features. Known for its stylish appearance, the Buick line-up offers everything from the compact Encore to the full-size Enclave.

When you hear the name Cadillac, most likely you think of a top-of-the-line automobile – and it is. The name Cadillac has become synonymous with a luxury vehicle.

Cadillac vehicles offer outstanding features, beautifully sculpted designs, and superior engineering that creates the ultimate ride on any street or highway.

The GMC line-up of vehicles include the rough and ready truck series that are built to take on the tough jobs.

From the GMC Sierra with an outstanding payload and huge towing

capacity, to the GMC Hummer which is the ultimate off-road vehicle, GMC trucks have the power, reliability, and rugged capability for any job.

"I think when you look at our heavy-duty trucks, which we have a lot of here, there are many businesses around us as well as the local farmers, that need 3/4 and one-ton trucks," Craig explained. "They need it to pull equipment, horse trailers, cow trailers – they need Diesel trucks, for the power and available torque. They also love them for the fuel efficiency."

Bolton GM serves Caledon and the surrounding region and some customers drive a considerable distance because they appreciate the service at Bolton GM and the products they sell.

The service department specializes in working on, maintaining, and repairing GM vehicles with quality GM parts.

"We specialize in GM vehicles," Craig said. "Our technicians are fully trained with up-to-date training and service equipment. We have specially trained EV technicians. Training for EVs is highly advanced."

Looking to the future, GM has introduced a new line-up of fully electric vehicles. These include sedans, SUVs and full-size pickup trucks that produce instant torque and the convenience of gas-free driving. Bolton GM recently installed eight new electric vehicle charging stations.

While there has been some concern from EV drivers about finding chargers

when on the road, that is all changing as automotive companies work together to solve the problem.

"We have an adapter coming that we can use on our vehicles to use Tesla chargers," Craig explained. "We have started ordering them and this will make life much easier for EV drivers."

Improved technology has increased the distance you can travel on a full charge to reduce range anxiety.

Commuters and those who don't travel long distance are most appreciative of the electric technology that makes EVs convenient and reliable.

The staff at Bolton GM are friendly and accommodating and are experts in the GM line-up of vehicles.

They can help you decide which vehicle is best for you and provide the information you need to make a good decision when purchasing your new vehicle.

The dealership also has a full complement of used vehicles.

The showroom is bright and modern and the service area provides full-service to vehicles in a well equipped high-tec shop.

Craig and his staff welcome customers from Bolton and surrounding towns and beyond, to enjoy a good experience when shopping for a new vehicle.

Bolton Chevrolet Cadillac Buick GMC is located at 12420 Highway 50, in Bolton.

You can visit on-line at www.boltongm.ca, or call sales at: 905-857-3677 or the parts department at: 905-857-0755.



Bolton www.boltongm.ca

12420 HWY 50 South **905.857.3677**



SGN INVESTMENTS

IF YOU'RE LOOKING TO PURCHASE A GIC, SGN INVESTMENTS CAN GET YOU THE BEST RATES.

by Adam Martin-Robbins



Shane Nixon
CFP, CIM, CLU,
BBA(Hons)
President
SGN Investments Ltd.

That's the message company president Shane Nixon hopes to spread far and wide in the coming months.

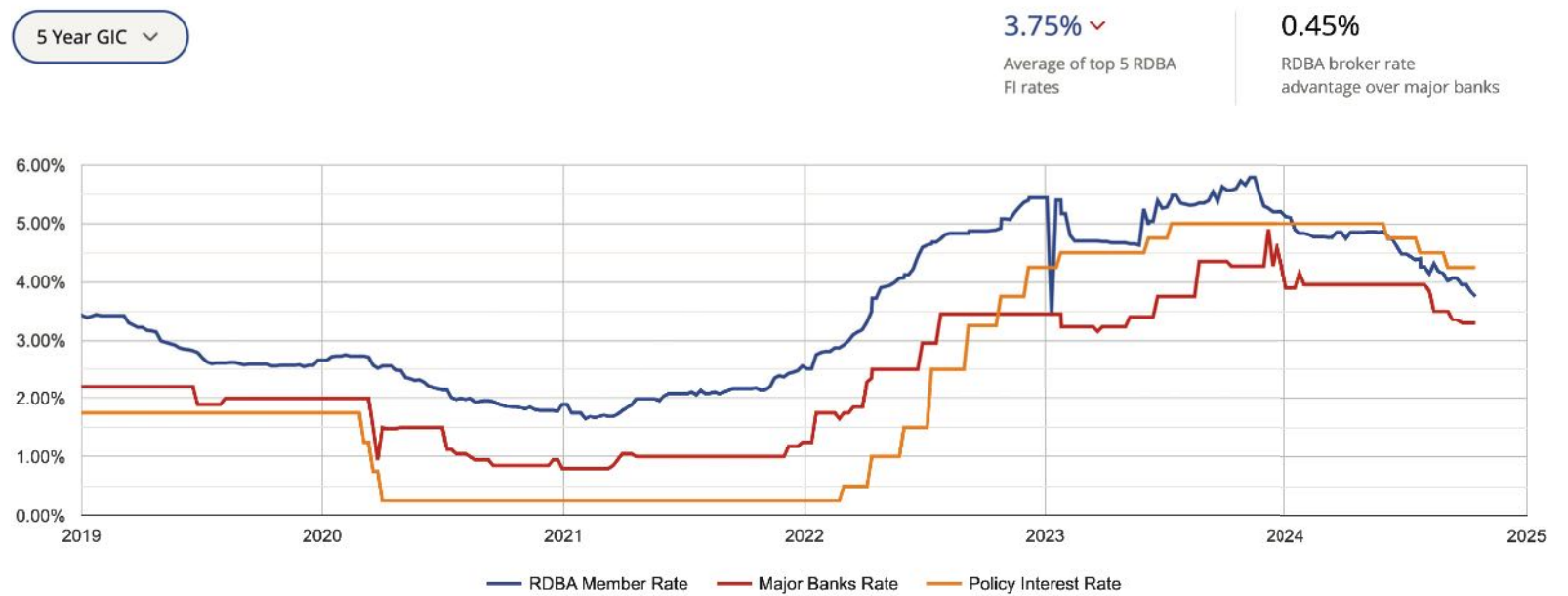
"We're a terrific alternative to the banks," he said. "With access to over 30 institutions, including trusts, banks, and credit unions, we can offer better GIC (Guaranteed Investment Certificate) rates. We look forward to getting out there and letting people know what we can do for them."

All GICs sold by SGN are insured by the Canada Deposit Insurance Corp (CDIC) or FSRA (Financial Services Regulatory Authority of Ontario), ensuring your investment is protected.

Nixon, who also owns Caledon Hills Private Wealth, has 25 years of experience in

RDBA Broker Advantage Index

RDBA member GIC rates vs major bank's GIC rates



Major Bank Rates and Policy Interest Rate obtained from The Bank of Canada

Chart Source: rdba.ca

the financial sector. He's a Certified Financial Planner, Charter Investment Manager and portfolio manager, and holds licenses for securities, life, and disability insurance.

He and his wife, Gail, founded SGN Investments in 2021 as a vehicle to carry on the legacy of Jack D. Stewart Investments, a highly regarded local GIC broker.

Jack Stewart wrote his first GIC in 1964. In the years that followed, he and his son, Peter, grew the business with an unwavering commitment to top-notch customer service.

"They prided themselves on providing excellent service to their clients," said Shane, who was born and raised in the Caledon area. "We've maintained that and continue to build on that legacy."

When Peter retired in 2022, he sold the business to Shane and Gail who transitioned the firm into SGN Investments, which offers GICs with terms between 30 days and five years along with GICs in registered accounts including TFSA, RRSPs and RRIFs.

"When he sold to us, he recognized that my licensing and background really complements the business and its clients," said Shane, a father of two young sons and an active community volunteer. "We can provide a lot of additional value to clients with the comprehensive financial planning services we offer including retirement, tax, estate, insurance and education planning."

Since its inception, SGN Investments has been focused on ensuring a seamless

transition for its existing clients while expanding its customer base.

"The transition has gone very well," Shane said. "We've grown the business, adding more clients. So, we're very happy about the trajectory the business is on. Everything is looking great."

Margaret May-Rutter and Tracy Hellquist, SGN's administrative team, plays a pivotal role in the company's success.

Together they manage client account opening and updating, deposits, account inquiries and ensuring clients enjoy a well-organized, professional experience. "They have been an integral part of the success of the business and we are fortunate to have such a great team," Shane said. For more information, visit sgninvestments.ca.



21 Parr Blvd. Unit 5 • Bolton, ON • L7E 4G3

P: (905) 857-1711 • E: shane@sgninvestments.ca • www.sgninvestments.ca



When Albion Hills Auto Collision CSN in Palgrave re-opened its doors in July, it revealed a spectacular new state-of-the-art facility that will lead the way in collision repair in the region.

John and Sandra Barbaro, have successfully operated Albion Hills Collision for 20 years at the Highway 50, location, however, they made the decision to modernize the entire operation and went forward with a huge project that transformed an already thriving enterprise into an ultra-modern multi-million dollar collision repair centre.

The transformation saw the addition of a new building, service bays, paint shop, and a new high-tech way of getting it all done.

When a car or truck arrives at the facility, the first stop is the triage bay. This is where an automobile is assessed for the degree of damage and which steps will be taken for needed repairs.

The triage area includes a Spanesi Touch unit which is a high-tech piece of equipment

that can determine within a millimetre, the proper shape that a vehicle should be.

"It has an arm that will measure down to the millimetre, the vehicle tolerance after an accident," John explained. "When a vehicle is an accident, it has been moved – we have the technology that will tell us how much it has been moved, and what needs to be done. We do this in the triage area when we first look at the vehicle. It will produce an actual report that shows if the vehicle has changed."

Every vehicle that arrives is first taken to the wash bay and washed before inspection.

The bay area has a unique finely balanced trolley system that allows vehicles to be moved to the next work station with very little effort. A vehicle can be moved to different stations without having to be driven

out of the bay, and into the next one.

The entire shop has been designed to be clean and bright with an air filter system that removes unwanted particles.

In the paint shop, a computerized system mixes the paint that will be applied to vehicles.

"It mixes it down to a tenth of a gram, for an absolute match – you could never do that by doing it yourself, the way it used to be," John explained. "It's very rare that we paint an entire car, because they have been in accident. This unit blends everything exactly for a perfect match to the vehicle. What we are doing here is far beyond what we ever imagined we could do just a few years ago."

The entire shop is designed to be a welcoming place for visitors, as well as a

pleasant atmosphere for the employees who work there.

John and Sandra have created a work area where employees feel appreciated, enjoy their work, and take pride in what they do.

This year, Albion Hills Auto Collision brought back a Halloween tradition when they hosted a haunted house at the shop.

This has been a very popular event in the past with as many as 500 local residents turning out to enjoy the fun.

The haunted house took place on Halloween, October 31.

Albion Hills Auto Collision CSN is located at 17063 Highway 50, in Caledon, in the community of Palgrave.

To learn more, you can visit on-line at www.albionhillsautocollision.com.

HELPING THE COMMUNITY IS ALL IN A DAY'S WORK AT FINES FORD LINCOLN.

by Zachary Roman

The longstanding Bolton dealership has a proud history of supporting non-profits in Caledon. A family-run business, Fines Ford Lincoln was started by Robert (Bob) Fines 37 years ago. His daughter Katie, and son-in-law Carlos, now both work at the dealership — Katie manages human resources and Carlos is the General Manager.

One of the charities Fines Ford Lincoln has always been proud to support is Brightstart Caledon (formerly the Caledon Parent-Child Centre).

It does this by co-hosting the “Touch-A-Truck Caledon” event, a family-friendly event where kids can come out and see — and climb into — all kinds of different trucks and machines. Funds raised from the event, which has been held three times so far, are now in excess of \$32,000.

Fines Ford Lincoln brings some of its own vehicles to the event too, such as the all-electric Ford F-150 Lightning. Kids are always amazed that it has a trunk in the front.

Plans are already underway to host the event again next year.

Brightstart Caledon recently nominated Fines Ford Lincoln for an award from Volunteer MBC, an organization that supports volunteer efforts in Mississauga, Brampton, and Caledon.

The award was the Business Vitality Award, and Fines Ford Lincoln won it. The award recognizes a business that demonstrates how much it cares about the community by giving back.

Another local non-profit Fines Ford Lincoln is proud to support is Caledon Community Services (CCS). For the last five years, Carlos has personally picked up and

delivered food donations from local schools to The Exchange.

Since 2021, each pound of food Carlos delivers is matched by a \$1 donation from Fines Ford Lincoln to CCS. In January, \$10,000 was donated to the non-profit. This campaign is already underway again with the dealership delivering 3,702lbs of food to The Exchange!

Caledon Meals on Wheels (CMOW) is another charity that Fines Ford Lincoln supports. It's a partnership that makes a whole lot of sense — Fines Ford Lincoln donated a Bronco Sport to the non-profit that it uses to deliver meals.

“They make the meals and we provide the wheels. It makes me happy to provide a vehicle so that volunteers can deliver these much needed meals to seniors in Caledon. We are in the transportation business so it's a perfect fit,” said Carlos.

Fines Ford Lincoln has also been a longtime supporter of Bethell Hospice. On October 17 at the annual Giving Thanks event, Bob Fines was awarded the Lorna Bethell Legacy Award for his contributions to the ongoing development and sustainability of Bethell Hospice.

Katie said Fines Ford Lincoln is proud to support organizations that help Caledon families at all stages of life.

“Although selling vehicles is gratifying, the real joy comes from helping the community. When my Dad started the business 37 years ago, he committed to also being an active community member. Running a business is very hectic, but Fines Ford Lincoln has continued to be active in the community and support Caledon charitable causes,” said Katie.





JAMES DICK CONSTRUCTION: HELPING CALEDON BUILD CALEDON

In its 60th year, James Dick Construction is celebrating its past and planning for the future.

by Caledon Citizen Staff



A giant of Caledon's business community is looking eagerly to the future.

James Dick Construction Limited, which is celebrating its 60th anniversary this year, is set to provide the aggregate needed to drive Caledon's growth over the next decades.

Greg Sweetnam, Executive Vice-President of the company, explained that for the last 60 years, James Dick Construction's aggregate has played a key role in building Toronto, Brampton, Vaughan, Mississauga and more.

Now, with Caledon set to grow to 300,000 people by 2051, James Dick Construction's aggregates will be used to build Caledon. Sweetnam said it's a rare but wonderful thing for a community to have the ability to use its own resources to build itself. He said it reduces greenhouse gases as trucks don't have to travel nearly as far to transport material.

"Houses, roads, sidewalks, sewage treatment systems, storm water systems,

hospitals, schools... it all needs aggregate," said Sweetnam.

He estimates in the next 25 years there will be one or two hospitals built in Caledon, and 20 to 30 schools.

"The beauty of building Caledon from Caledon is Caledon will get all the employment, aggregate resources levies and community benefits that are generated from the production of aggregates," said Sweetnam. "Normally the host municipality of development doesn't get that as the aggregate is shipped in from a long way away."

Sweetnam said James Dick Construction believes strongly in rehabilitating pits when they are finished mining them — and even before. The C3 quarry in Caledon Village is one great example; it's been transformed into a beautiful beach and training area for local athletes.

"We're proud of what we've accomplished in Caledon and what we continue to do," said Sweetnam.

Something James Dick Construction is looking forward to in the future is using electric trucks to transport aggregate. He said using regenerative braking, they'll be able to charge as they leave the pit in Caledon Village and head down the mountain to market. He said it will be an extremely efficient use of power — the trucks will be coming back up the hill empty.

"We can eventually get to the point where we'll be able to deliver with zero greenhouse gas footprint," said Sweetnam. "We want to be the lowest-energy consuming gravel company in our industry, a goal enshrined in the Company's Mission Statement."

James Dick Construction is proud of its partnerships with charities in Caledon such as, but certainly not limited to, Caledon

Community Services, Caledon Meals on Wheels, and Bethell Hospice. It's also an avid supporter of local fairs, sports teams and the Albion Bolton Historical Society.

The company would like to thank its many staff members for their hard work and valued contributions to James Dick Construction's success.

"We're celebrating our past and looking forward to the future," said Sweetnam.

An innovator in low impact mining methods and subaqueous extraction, James Dick recently unveiled a new grab dredge at the company's Caledon Sand & Gravel location on Highway 10. The machine was designed and built by Assinck Limited, James Dick's manufacturing business.

"With innovative machinery and low impact quarrying methods, James Dick is poised to maintain our leadership position into the future," said Sweetnam.

Renata Wojcik builds amazing relationships with Pure Productions' clients based on exceptional service. (Photo by Zachary Roman)



PROFESSIONAL, SECURE, AND PRISTINE:

PURE PRODUCTIONS CLEANING CO.

LOCAL COMPANY IS YOUR ONE-STOP SHOP FOR CLEANING SOLUTIONS.

by Zachary Roman

Pure Productions Cleaning Co. is the business passion of two Palgrave residents.

Renata and Rafal Wojcik own and operate the company, which was founded in 1987 by Rafal's mother.

She immigrated to Calgary in 1983 and started work as a cleaning lady to build a better life for her family. She started her company when she moved to Ontario in 1987 and it has since grown into a thriving operation.

The company has a wide range of services to suit the needs of any client. Here's a list of just some of their services: office cleaning, film and theatre set cleaning, house and condo cleaning, window cleaning, post-construction cleanup, move-in/out cleaning, carpet cleaning, grout cleaning, and stripping and waxing.

Rafal said when it comes down to it, it's really quite simple: if it's a cleaning project, Pure Productions can get it done.

Cleaning services are customized and precisely-tailored to each client's needs. The company's goal is complete client satisfaction from first contact to finished project.

Renata said cleaning has always been her passion, and she loves working with clients that she's had for a long time. Some clients have been using Pure Clean's services for over 20 years — Renata said she's really gotten to know her clients well.

Rafal explained the business is looking to take on more commercial and residential clients. It's especially looking to take on more commercial clients in the Bolton industrial area which is seeing lots of growth.

"We're on-site and all the inspections are done by us... we are used to high-security projects, for example we have a high-end cyber security company in Toronto that we do work for," said Rafal. "As a cleaner you have access to everything so it's important we make clients feel safe. We are constantly involved."

Because Pure Productions is a small operation, clients benefit from a more personal approach and lots of attention.

To get in touch with Renata and Rafal, potential clients can call 416-340-7400. They can also visit Pure Productions' website, pureclean.ca.

PURE PRODUCTIONS CLEANING CO.
www.pureclean.ca • 416-340-7400

Quality Cleaning Services For Your Home and Office.



After 47 years in the tire business, Amar Uppal knows pretty much **everything there is to know about tires.** *by Brian Lockhart*

Amar has had a lifelong education of learning about cars ever since becoming an apprentice mechanic in the U.K. when he was 16-years-old. He opened Tire Junction in Bolton in 2008 and has been serving drivers in the region and surrounding area with expert advice, a huge selection of tires, and automotive service.

Amar understands how each tire performs and which brand and style will be the most appropriate for a vehicle based on the model, the driving style, and even where the driver lives. A person who lives out of town and drives mostly on gravel roads, will need a different tire than a person who mainly uses their vehicle for commuting on a highway.

Tire Junction has tires for all makes and models and can help guide you to making the right decision for your vehicle. If they

don't have a particular tire in stock, they can get it for you with very little delay.

"We ask where the customer lives and where they will be driving and what type of terrain they will be driving on," Amar explained of how he helps customers determine the right type of tire for their car or truck. "We recommend the right tread pattern and the right type of tire for them."

With winter approaching, it is time to start thinking about cold weather tires. Winter tires have different treads and a softer rubber compound designed to help them grip the road more efficiently.

Tire Junction has a full selection of winter tires that will improve your driving experience during the cold weather months and allow you to travel safely in winter conditions.

All-weather tires are now becoming a popular choice with many motorists. Unlike all-season tires, all-weather tires are made to take on all types of driving conditions, and have the certified 'snowflake' logo indicating they can be driven in snowy conditions with confidence.

"All-weather tires are getting more popular every year," Amar said. "People buy all-weather tires because it's rated as a snow tire and you can use one tire all year around."

In addition to tires, the Tire Junction has a full-service auto shop that handles all types of repairs in its well appointed service bays that are staffed by qualified service technicians.

"I'm a licensed mechanic myself," Amar said. "We do tires, and we also do tune-ups, brakes, and replace transmissions. We do

shocks, and wheel alignment."

The shop is now also doing safety certifications for vehicles. A new system being introduced by the Ministry of Transportation will allow direct contact between the Ministry and automotive shops to provide superior communication and make sure a vehicle is in the proper roadworthy condition needed for certification.

Tire Junction provides expert service for tires and all your automotive needs at a convenient Bolton location.

Visit Tire Junction at 11221 Highway 50, at the intersection of Mayfield Rd., and Albion Vaughan Rd., in Bolton for all your tire and automotive needs.

You can visit on-line at www.tirejunction.ca, or call them at 905-893-9908 or 905-794-5642.

JASON CURRIE

A trusted and knowledgeable realtor with a proven record of success.

by Brian Lockhart



"My goal is to help you make the best decision when purchasing a place to call home. A home that you will love and want to stay in. My job, knowledge and passion are to help you make this an informed, positive and exciting experience," said Real Estate Broker, Jason Currie. "This is my philosophy when dealing with clients".

Working from RE/MAX West in Bolton, Jason has almost two decades of experience buying and selling residential and commercial properties in the region and surrounding areas.

Jason feels fortunate to have had careers in his life that involved his passions - people, real estate and vehicles. Jason began his sales career in the car industry at a local dealership selling cars and trucks and was very successful at putting many people behind the wheel of their new vehicle.

With his growing experience and passion in sales, he found the calling of the real estate industry; one that would satisfy his professional career as well as combine a

personal interest in that field.

"I loved selling vehicles," Jason said. "but it was time for a change. I've always been interested in homes and real estate. When I was kid, I loved collecting brochures, information on architecture and drawing floor plans. I was interested in everything from construction to the final build. What I love about this job, is that no day is the same."

As a realtor, Jason's passion is to help clients buy and sell residential, commercial, industrial and investment land properties where he can use his extensive experience in negotiating and successfully completing the sale.

On the commercial side, Jason helps clients find industrial buildings and land investments. His education as a real-estate Broker ensures he is up to date with all the new bylaws, rules and regulations.

For residential clients, Jason provides all the information a potential buyer needs to make an informed decision, and he has the experience and vast knowledge to guide them

through the entire process. Jason executes purchases and sales over an extensive area including Caledon, the surrounding GTA region, and into cottage country.

His reputation is based on honesty, transparency, and knowledge. His clients trust him to guide them through the process of buying a home which can be a stressful experience. Jason will educate his clients and provide extensive information about the local neighbourhood, nearby services as well as possible undesirable properties to avoid.

"My job is not to pressure you to purchase" Jason explained. "I want to help educate you and find the perfect place you're going to love - and live in."

It is this dedication to helping clients achieve their goals that makes Jason one of the most successful realtors in the region.

Many of his satisfied clients have referred Jason to family and friends after having an exceptional experience.

Jason's family has been part of the Caledon community since the mid 1800's. His children

are the sixth generation on their family farm, and he grew up in the hospitality industry while his grandparents and parents owned and operated Innis Lake Hall for decades.

He worked with his family until he embarked on his own sales career. His passion for local residence has rooted him in Caledon where he concentrates much of his real-estate work.

Continuing to work in his hometown and beyond, with a diverse group of clients is what keeps his passion for this industry alive.

"I would love the opportunity to help you during your journey of buying or selling your home or investment property. I will utilize my knowledge in this ever changing industry to help you find the perfect fit for you and your family."

Jason can be reached at the RE/MAX West office a 1 Queensgate Blvd, Unit 9, at 905-857-7653 or on his cell phone at: 416-200-9735.



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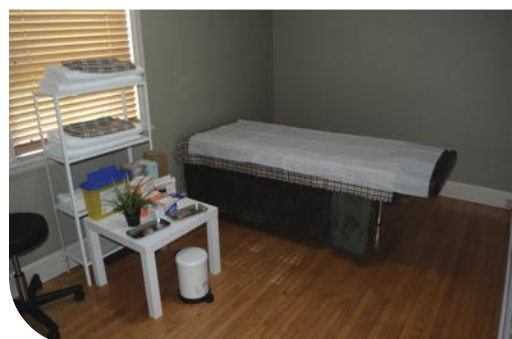
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Ancient Traditional Chinese Medicine for health and prevention of illness

by Brian Lockhart

It is an ancient practice that is a system of health and wellness that uses techniques to prevent disease while promoting good health and over-all wellness.

Traditional Chinese Medicine uses several skills as well as herbs to cure, prevent, and maintain health.

At TCM Bolton, Joe Zhang, is a Traditional Chinese Medicine Practitioner with a long history of being involved in the practice as his parents are also practitioners. Joe has also studied western medicine and has a degree in respiratory therapy.

“Traditional Chinese Medicine was brought to Canada from the U.S.,” Joe explained. “It arrived with the Asian immigration – it’s old, it’s ancient, over 4,000 years old. My parents have always been in the profession. It was passed on through the generations.”

TCM uses time-honoured practices

including acupuncture, acupressure, Tuina massage, cupping, and herbal medications to help with current issues and prevent future illness.

“With acupuncture, there are around 365 points through ten meridians that make a map of sorts in your body,” Joe explained. “Your body will show signs and symptoms depending on which parts of the body is having a problem. This gives us an avenue of inserting needles or applying pressure to affect that pathway so everything goes back to normal.”

This can help with sleeping issues, menopause, and digestive issues.

Tuina massage focuses on pressure points in the body that can help with a variety of issues.

Traditional Chinese Herbal medicine is used to prevent issues and maintain health.

“Chinese medicine is not reactionary

health care,” Joe said of the herbal medicine that is used. “It is a maintenance type of therapy. We look at the body to see if it is leaning toward disease. If it is, we can adjust your diet. In China, it is more of a day to day routine, rather than a medicine. In a typical tea formula that we use here, there’s around 15 or up to 20 herbs in that tea.”

Some of the ingredients are well known herbs you may have in your kitchen, while others you may have not heard of.

Cupping is a form of treatment where glass cups are heated then applied to the body. As the heat dissipates, the pressure creates a sucking force on the skin and creates blood flow.

“It moves blood and brings heat to that area,” Joe explained. “We’re starting to use it more for sports medicine. It promotes muscle healing and brings more blood flow

to the area. We use it to move blood to certain parts of the body.”

Cupping produces circular red marks on the body, but those marks go away in a few days.

The philosophy behind Traditional Chinese Medicine is to treat health issues before they happen, rather than to wait for something, then react. A part of this philosophy is staying active.

“In Chinese medicine you have to move, we call that Chi. That energy is important. If it stays in one place, you develop problems. Movement helps – it’s how you get the blood and energy to move.”

TCM in Bolton is open Monday, Wednesday, and Friday, from 3:00 p.m. to 6:00 p.m., and all day Thursday.

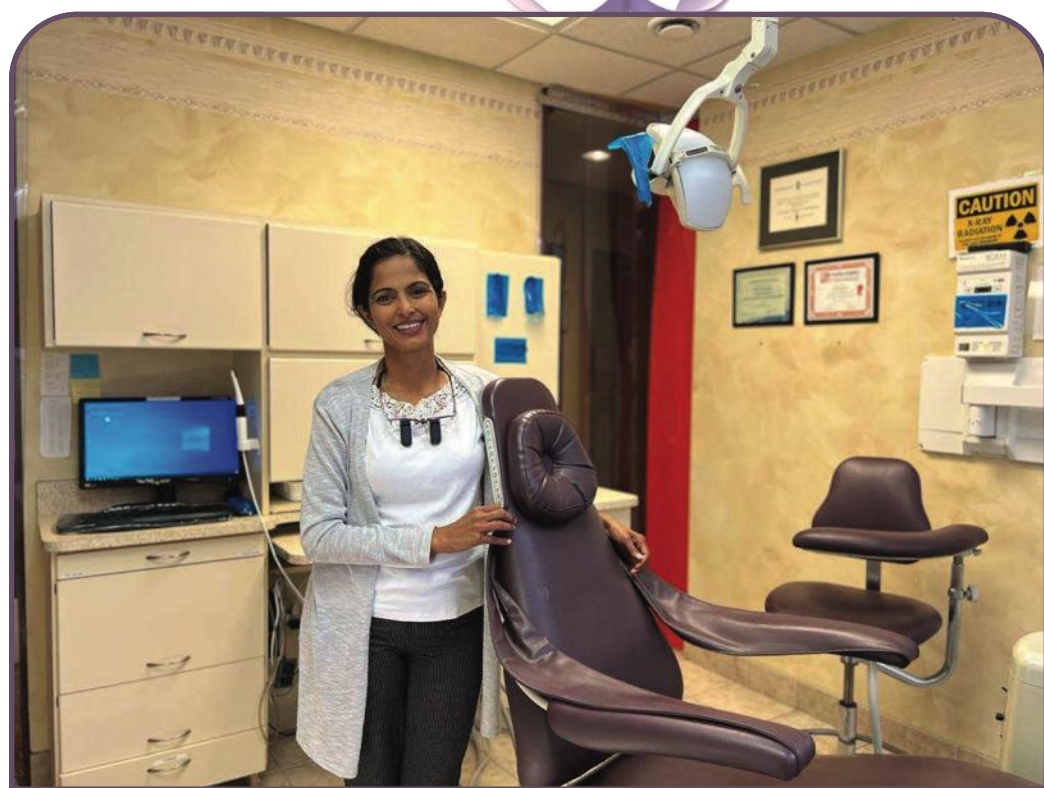
Please call for an appointment and to discuss your current health needs.

You may reach Joe at 647-620-7889.



Humber Valley Dental

HUMBER VALLEY DENTAL COMBINES EXPERIENCE WITH LEADING-EDGE TECHNOLOGY.



FEW THINGS SPEAK LOUDER THAN A **BRIGHT SMILE**, AND HUMBER VALLEY DENTAL OFFERS DECADES OF EXPERIENCE AND LEADING-EDGE TECHNOLOGY TO MAKE SURE YOUR SMILE IS THE BEST IT CAN BE.



Dr. Geeta Gautam Dr. David Ma

by Brock Weir

Located at 25 Queen Street North, Bolton, Humber Valley Dental is led by owner Dr. Geeta Gautham, who took ownership of the practice in 2006.

Taking pride in her innovative approach and commitment to the community, over the years she has expanded and curated the clinic to an 18-member multidisciplinary team, including a team of experienced dental hygienists whose focus is on preventive care and dentists Dr. David Ma, who specialises in Family, Implant and Cosmetic dentistry and Oral Surgeon Dr. Ammar Taimish, who brings more than

25 years of clinical experience to serve the complex dental needs of their patients.

Drs. Gautham, Taimish, and David Ma are proponents of holistic dental care and are dedicated to building a foundation of trust with each patient through personalized care.

They achieve this by combining time-tested techniques with advanced diagnostic tools, including digital x-rays, CT scans, and an upgraded intraoral scanner, which provides precise imaging that enhances the fit and reduces adjustments for oral appliances.

“Our advanced technology allows us to offer comprehensive dental services,” they say.

“We believe that preventative care and patient education are essential to long-term dental health. We emphasize this thorough complete oral exams, oral cancer screenings, and necessary x-rays to ensure overall well-being.

“Routine cleanings, flossing, sealants, and fluoride are all crucial for preventing dental disease. Beyond focusing on a beautiful smile, we care deeply about your health. Reviewing your medical history helps us monitor any conditions that may affect your dental wellness.

“As dental health professionals, we are committed to continual learning to provide

the highest quality care, staying up-to-date on new techniques and innovations in modern dentistry.”

Reviews from patients speak to the success of Humber Valley Dental and the team they have brought together for you.

“Humber Dental make me feel so at ease and comfortable going to the dentist,” said patient Wayne. “I am the biggest chicken when it comes to this. They are amazing.”

Added patient Shalina: “When you have a painless – pun intended – experience at the dentist, you know you’re at the right place.”



A portal to Caledon's **community stories**



CALEDON COMMUNITY SERVICES

Caledon Community Services' new Stories Portal tells tales of hope, compassion, and success.

by Zachary Roman

There are so many amazing stories being written in Caledon, even as you read this.

Stories of compassion, of people helping people. Stories of hope, of people making it through tough times. Stories of success, of new careers, rebounding from life's struggles and of dreams coming true.

Stories like these, and more, can all be found on Caledon Community Services' (CCS) new Stories Portal.

The link to the portal is as follows: <https://ccs4u.org/our-stories>.

Jessica Abdalla, project coordinator with CCS, began her journey at CCS as a client — the impact on her life has been profound and her full story can be found in the portal.

Abdalla said many people don't realize just how much CCS has touched their lives, directly or indirectly.

"There's always support out there, people who genuinely care about you, people who are always in your corner," she said.

One of the goals of the Stories Portal, a dynamic and interactive feature on CCS' website, is to spotlight the amazing

CCS clients, volunteers, staff members, community partners, and business supporters from its beginning in 1971 to today. The portal celebrates stories across the decades of lives changed, and the amazing people who helped CCS become what it is today.

The story portal features six categories: Pioneer, Cultivator, Harvester, Pathfinder, Trailblazer, Pinnacle and ChangeMaker. Over a dozen stories are currently available and new stories will be added regularly.

Stories are also featured under the health, jobs and life buckets that align with the many services CCS provides in Caledon.

One memorable story from the portal is that of Father Larry Leger. At a time when people thought poverty didn't exist in Caledon, he walked alongside CCS as it researched poverty in Caledon and his efforts identified countless homeless teens, some displaced by family conflict, and seniors needing to choose between eating and heating their homes. This moved him to be a champion for the opening of The

Exchange, Caledon's home for dignified food and social support.

Charlotte Chummar at age eight became a ChangeMaker when her family received a Kidz in Caledon appeal letter with a photo of Marco — a kid about her age that caught her eye. The realization that there could be kids in her class without a warm home or enough to eat was an eye opener. She was moved to action and inspired her whole family — out came the baking sheets. Read about how cookies changed lives in the stories portal.

Betty Burgoyne, as one of the first Seniors Helping Seniors volunteers helped alleviate isolation and loneliness for numerous ladies through Glam Girls bringing a touch of sparkle to participant's lives. The lasting impact on those she touched still resonates today - while Betty herself describes the experience simply as 'having fun with friends!'

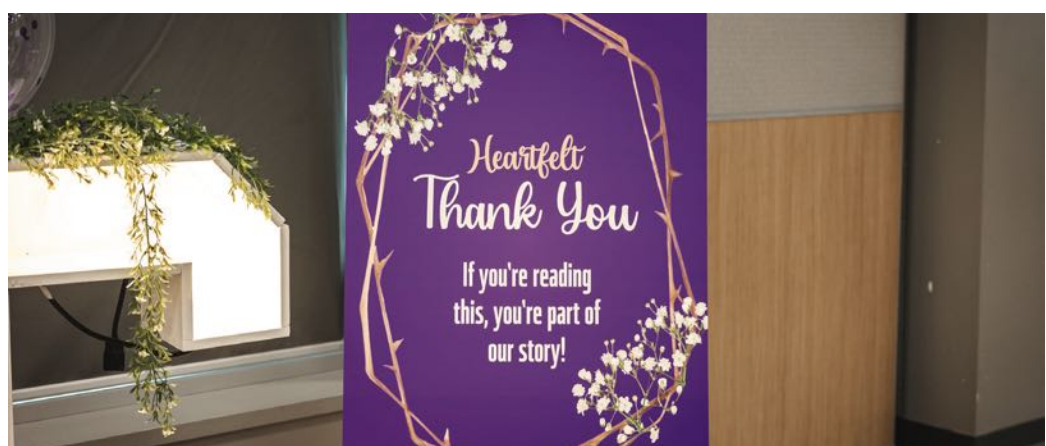
Read the complete stories in the portal. CCS Director of Communications and Marketing Donna Cragg said this project has

been more than a year in development.

"Telling our story through the story of others was the guide. When we launched at our AGM on June 26, it realized a new direction," said Cragg. "CCS is in the very fabric of Caledon, how we impact lives and in turn CCS is shaped by the stories is a true celebration of our community's journey of history to hope." Cragg said she hopes people will be touched by the stories and inspired to share how CCS touched them.

CCS CEO Geraldine Aguiar said storytelling is a powerful age-old method of passing down truths and teaching young children and that every culture uses stories to unite and inspire the human spirit.

"The community social services sector does so many good things and the impact of those efforts are best illustrated through the stories of the lives that are lived everyday," said Aguiar. "In Caledon, CCS has been serving the community for more than 50 years and yet is still the 'best kept secret' in town for so many. Storytelling is at the very core of the impact we have."





John Brown

Desjardins Insurance delivers friendly, personal service every time.



Caledon business owner John Brown knows exactly what it takes to build a successful, community oriented business.

Since launching Desjardins Insurance in Bolton back in 2012, John has worked hard to build his clientele, and establish himself as one of the region's top insurance providers. Reflecting on over a decade serving the local area, John shared the secret to his success.

"The key is making sure our customers are happy, and feel valued. Offering a personal touch to the services we provide is important to myself, and my team," he explained. "We like getting to know our clients and their families."

Located on Parr Blvd., Desjardins specializes in providing auto insurance, business insurance, home and property insurance, life insurance, living benefits, mutual funds and vehicle loans to local residents. While John has been running his own business for the past eleven years, he got his start in the industry more than 30 years ago.

While working towards his Business degree at Memorial University of Newfoundland, John took a summer position working in a warehouse facility for State Farm Insurance. While he didn't know it at the time, it was a job that would, essentially, transform into a fully-fledged career.

"We took care of supplies and claim records. The print shop was also located there," Brown said. "I worked there while I continued with my post-secondary education. Eventually I became the lead hand, and soon after that a supervisor. In the end, those positions helped me jump into various management jobs at the head office level."

"Following years of upper-level management experience, John felt the natural step was to go into business for himself. He opened his own agency under the State Farm umbrella in 2012, transitioning to Desjardins Insurance in 2015 after the Canadian-owned corporation completed its acquisition of State Farm.

Since then, John and his team, who together boast more than 100 years of experience working in the insurance industry, have worked tirelessly to serve the Caledon area "in the right way". This has led to the local Desjardins branch supporting several local

events and fundraising initiatives over the years, while also regularly donating to charitable organizations, such as The Exchange at Caledon Community Services.

Getting down to discussing his bread and butter, however, John says the one thing that sets his insurance firm apart from competitors in the area is the individual, tailor-made service he offers to each and every customer.

"We don't just tell our clients what they need, we engage them in meaningful conversations to figure out what is most important to them, and what their goals are. From there, we recommend them a plan that meets their very particular needs," John said.

He added, "There is a lot of information that people need to digest when deciding on the best coverage for them. They trust us to provide them with the best possible advice that is tailored to their unique needs. I enjoy being involved in helping them choose exactly what is right for them."

Desjardins Insurance in Bolton offers services in three languages – English, Italian and Greek. They also offer a free re-usable shopping bag and Tim Horton's gift card to anyone who stops by for a quote. Again, it all goes back to that personal touch that, John believes, makes all the difference.

"We are available to connect any time. If you are a client, or not, come in to say hi. We are here for our community," John said. "We would be happy to look over your current portfolio, and show you why doing business locally is your best option. The personal touch we bring means our staff are always available and willing to help."

"We really do pride ourselves on the relationships we build. Time and again our clients express how great an experience it is talking to, and working with an insurance agent face-to-face. It helps to take the stress away," he concluded.

John and his team at Desjardins Insurance strive to meet the needs of all their clients whenever they are needed. Their office, located at 21 Parr Blvd. is open Monday to Friday, from 9 a.m. to 5 p.m. For more information, visit www.insurancewithjohn.ca, or call directly at 905-857-8018.





Aspira Bolton Mills Retirement Living

Luxury independent living and assisted living for active seniors

by Brian Lockhart



There is no set time when you should make a decision to change your life and move to a retirement home.

Everyone has different needs, concerns, abilities, and lifestyles, so there is a lot to consider when choosing where to live. Most of all, you should be comfortable and happy and in a place where you can enjoy life and engage in hobbies and social functions.

Aspira Bolton Mills Retirement Living in Bolton provides luxury independent living and assisted living for seniors who want to be actively engaged in a congregate setting that offers many amenities, activities, companionship, and an enjoyable lifestyle.

There are many reasons a person may consider moving to a retirement residence or senior's apartment.

There are people who prefer this lifestyle due to health and safety concerns, while others just want convenience and the ability to enjoy doing the things they love.

Others have just decided it's a time in their life when they don't want to spend time cooking, doing chores, or completing home maintenance tasks.

For some, the loss of a spouse means they are lonely, or staying in touch with friends can be a challenge.

At Aspira Bolton Mills Retirement Living, there are like-minded people who are also looking to share a cup of coffee, a game of cards, or enjoy entertainment with friends.

At a retirement residence, you can choose to have all of the cooking and housekeeping done for you.

"We offer independent living and assisted living services," explained Aspira Bolton Mills Retirement Living, General Manager, Natalie Palladini. "If you're an active senior, but need a little support with bathing or dressing, that would be assisted living. We have a very vibrant community here. We have a lot of walkers that enjoy walking around the area. Many people come here for safety. A lot of family members want their parent to be more engaged with others and enjoy life. They may be sitting at home alone. When they arrive here, they find there are many activities and recreation. With the community setting, there is always someone around, and it gives people a sense of safety and community."

There are non-stop activities planned so seniors can choose those that they would enjoy and take part in. It's easy to make new friends who enjoy similar activities.

"We have everything from bus outings to musical entertainment," Natalie explained. "We have baking programs, cooking programs, and we have a bocce court outside. We have a theatre and a pool table, and a wide range of activities."

The facility has a wide range of amenities like a salon, as well as regular visits from doctors, foot doctors, eye doctors, and hearing specialists. However, that doesn't mean you have to stay on the property all the time.

There is a bus that has regular trips to places in town as well as out-of-town excursions.

If a resident would like to visit a local shopping centre to purchase items, they can easily do so by taking the bus. The bus is also

used for fun days when taking a number of people to a special event like a concert or a night at a casino.

"We have things like appointment days," Natalie explained. "On those days, any resident that needs to go to an appointment like the bank, a hair salon, or the doctor can ride on the bus. We also do trips to the casino and we go to Toronto for events, as well as go to a lot of the local stores."

Meal time is always a special experience at Aspira Bolton Mills Retirement Living. Planned by executive chefs, meals focus on culinary excellence and a wide selection.

Meals are always fresh, delicious and healthy.

Lunch and dinner offer three-course meals with daily homemade soups, familiar comforting classics, market-inspired fresh and season options, and freshly baked bread served at dinner.

There are several different living spaces to choose from at Aspira Bolton Mills Retirement Living depending on your lifestyle and if there are one or two people in a suite.

Two versions of studio style suites offer cozy living in a bright and well appointed space.

If you require a little more room, there are two different plans for one bedroom units and two bedroom units.

There is also the option of a full-size apartment unit type suite with a kitchen for convenience.

Making the decision to move to a retirement home can be a challenge, however, if approached in the right way, quite often a person will see the benefits of living in a congregate setting.

It is important to make sure the senior is part of the decision – after all, they will be the one that is living there.

Emphasizing the benefits of senior living including the social aspect, planned activities, access to medical care, and reduced cooking responsibilities will be a welcome change for many seniors.

Moving to a retirement living space doesn't have to happen over night. Allow time for a person to consider the advantages of such a move.

The best way to make a sound decision is to actually visit Aspira Bolton Mills Retirement Living and see what it is all about. You can speak to staff, see the available suites, and even have a meal.

If a person is attached to a special pet, no problem – pets are very welcome.

Aspira Bolton Mills Retirement Living also offers respite stays and care. This is ideal for someone recovering from surgery or illness who may require temporary assistance in day-to-day living.

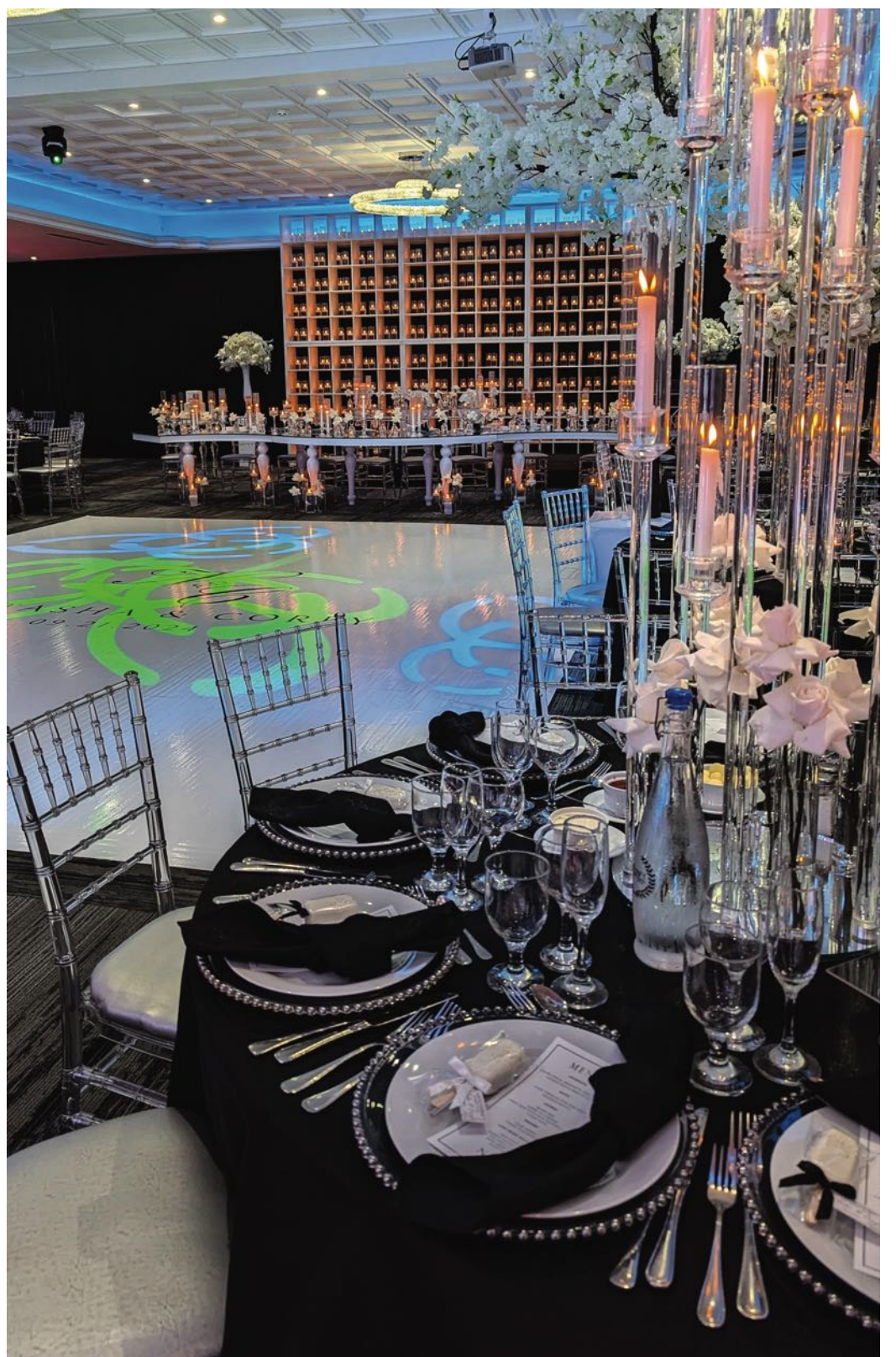
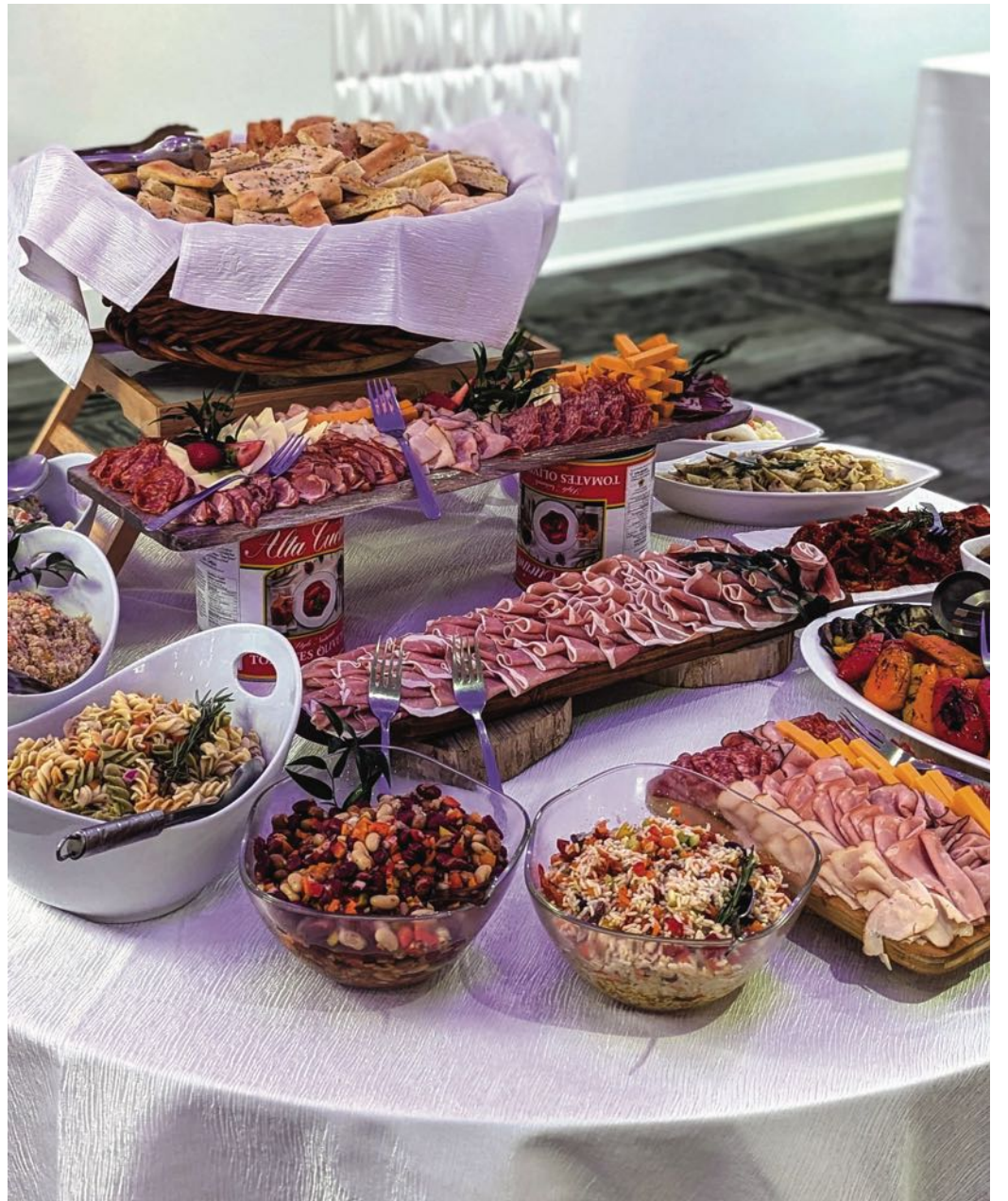
Retirement living offers a safe, inviting, and active place where a person can spend time enjoying hobbies, socializing, meeting new friends, and trying new things, while not having to worry about every day challenges like chores and raking leaves.

Aspira Bolton Mills Retirement Living is located at 100 Morra Avenue in Bolton.

You can visit on-line at www.aspiralife.ca,

You can call at: 289-206-0775 to learn more or to arrange a tour.





Caesar's Centre has the flexibility to meet all your event and catering needs.

Newly-renovated Bolton event centre is ready to host your next event.

by Zachary Roman

Bolton's Caesar's Centre is newly-renovated and prepared to host your next event.

Laura Avola, Sales Manager for Caesar's, said she's encouraging local businesses to come to Caesar's for their next corporate event.

Caesar's is very experienced with hosting corporate events and has recently hosted well-received events like the Mayor's Breakfast and safety meetings for construction companies. It's also catered many off-site corporate events.

Weddings are another mainstay for Caesar's, and Laura said she's noticed a trend towards smaller weddings.

"This year alone, we've done 15 weddings with under 100 people, it's become much more popular. We can do the ceremony on site, and everything is customizable," she said.

An exciting event is happening at Caesar's soon: a corporate luncheon. Avola said many small businesses can't rent an entire hall, but at the luncheon they can come and have their own section that's part of a larger event.

"Even if you don't have a large staff, you can still come and do something special

for them," said Avola.

The luncheon is taking place on Wednesday, November 28.

Renovations to Caesar's Centre, which is located at 12495 Highway 50, were completed in May. The renovations were extensive and Caesar's has been rebuilt from the ground up to provide a stunning space for clients.

Caesar's offers hot and cold catered food and recently had a very successful thanksgiving with 40 orders. It will be catering for Christmas too and is offering delicious fish trays, full turkeys and more. Caesar's can even cater off-site weddings with fully-customizable menus.

"We're very flexible and I always do my best to accommodate. I put myself in the client's shoes," said Avola. "I love the community in Bolton."

To support local businesses, Caesar's Centre is hosting a Christmas market from 11 a.m. to 4 p.m. on December 14 and 15.

To book your next event or catered meal, visit www.caesarscentre.com. You can also find Caesar's Centre on Instagram and Facebook. Feel free to contact Caesar's directly at 905-857-7779 or email them at info@caesarscentre.com.