WEIGHT LIFTING TOURNAMENT IN ORANGEVILLE

There was plenty of strain and effort put into the performances, but plenty of accomplishments too at the Orangeville Open Powerlifting Championships, hosted Saturday at the Highland Powerlifting Club. Competitors were competing in a number of events and classifications. Linda Rousseau of Binbrook set a provincial squat record and unofficial world record with this lift of 120 kilograms in the 84-kilogram class.Photo by Bill Rea