Sunday breakfast at St. James?

The public is invited March 6 and the first Sunday of every month to a special Sunday breakfast, like the ones people used to have when they had time to prepare it at St. James' Anglican Church in Caledon East.

It will start at 10 a.m., and will be complete with bacon, sausage, eggs, hash browns, toast and fruit.

This is seen as a chance to escape from the busy schedules that families are faced with in today's hectic world, to have a hearty family breakfast served, and then take part in a beautiful, relaxing Sabbath Rest Service at 11 a.m., leaving an opportunity to have the rest of Sunday open for family time. If you only have time for breakfast that's fine.

Those who plan to attend are asked to RSVP at St. James' Office at 905-584-9635, or by email at stjamesoffice6025@gmail.com