

## Sorrento, Bolton's new luxury retirement living facility

Written By JULIA LLOYD

A new building for retirement living is expected to open in early 2020, in the heart of downtown Bolton.

"I want to do seniors' living right, with an emphasis on ending ageism, valuing seniors and making them an integral part of our society and every day life," said Deena Linehan, VP of Retirement Operations at Sorrento Retirement Residence.

A presentation centre will be officially open to the public on mid-August, and will give people an idea of what to expect when construction is finished.

There will be floor plans available for people to look at; as well they will have an actual suite built in the centre, identical to one of the suites available for rent once Sorrento retirement is officially open.

The development company, King Station, chose to develop in the area because they feel Bolton is underserved when it comes to senior living. When Sorrento first introduced the idea of a new retirement residence downtown, a lot of people in the town showed interest, stated Linehan.

Construction for the project began in October 2017, shortly after the developers received approval from the Region of Peel.

The location of the development is 10 Station Rd. in Bolton. The facility is expected to have 140 suites available for rent.

Suites can be claimed once the presentation centre is open, according to Linehan, and right now, people are registering their interest.

The president of the development company ? Raymond Nicolini ? wanted to build Sorrento so that his parents could live the rest of their lives in luxury.

"Raymond's father, Vittorio Nicolini, moved to Canada from Italy many years ago and was a skilled craftsman. He passed along his passion for quality building on to his family and was instrumental in the planning and vision for Sorrento," ? said Linehan. "You can see his influence in the building's fine millwork, attention to detail and the outdoor dining terraces."

A majority of suites are one bedroom, and there are also studios, one bedroom plus den and two bedrooms available. Cost of the units will differ depending on the number of bedrooms, the square footage and location.

One of the really cool aspects Sorrento offers that many retirement living residences don't, are programs to stay active in your local community. Sorrento will offer a lifelong learning plan lecture series as one of the developers' new approaches to senior living. A new wellness program will be offered, with a focus on healthy living ? which includes, fitness, learning, social and volunteer programs designed for the senior who wants to live a full life filled with purpose.

"The idea behind the volunteer program is to hook seniors up with volunteering on a regular basis so that they have the option of a regular plan of activities, rather than that one or two time a year volunteer activity,"? said Linehan.

Some of the other amenities offered are a full-service restaurant for lunch and dinner, as well as a pub that will open before and after scheduled dining hours. There will also be a bistro for breakfast. The food offered is mainly Mediterranean and Italian.

There will be a swimming pool with aquatics programs offered as a part of the wellness program, as well, an in-house physician, and registered staff available at all times.

The residence will have beautiful landscaping. There is a full-service salon, and pet-friendly pet services, including a pet wash station, which is a rare feature since many retirement residences frown on pets. However, Sorrento is committed to keeping seniors and their pets together.

Sorrento will run a shuttle bus service for seniors to travel to local stores, attractions, or appointments. As well, Linehan says, the Residence will plan trips to downtown Toronto, the casino and other fun locations.

?Retirement is lovely but you need to have purpose in life and we want to make sure our seniors continue to live life to the fullest. If you have purpose, Sorrento is designed to help you continue with that. But if you aren't certain, we can help you find it.? stated Linehan.