

Snowshoe and fat bike races coming to Albion Hills

It promises to be a fun morning out in the snow Feb. 11 when Personal Best Health and Performance Inc. and Caledon Hills Cycling host winter snowshoe and fat bike races at Albion Hills Conservation Area.

The event will include the Ontario snowshoe Championships.

It will begin at 9:30 a.m., and will involve runs, as well as races involving snowshoes and fat bikes. There will be events for people of all ages and skill levels.

There will be a four-kilometre snowshoe event for novices, and an eight-kilometre race for more experienced competitors.

The cost to take part will be \$30, and that will include park entrance, taking part in the races and access to draw prizes.

There will also be free practice days in Palgrave Park Jan. 28 and Feb. 4 from 2 to 3:30 p.m.

Registration is at www.personalbest.ca or by contacting Barrie Shepley at barrie@personalbest.ca