

Routliffe represents the Dorado Stars Swim Club in the U.S.

Tess Routliffe has been swimming full throttle since the season began in September.

The Dorado Stars swimmer qualified for Provincials in February and got her ticket for CAN-AM. This swim meet is held at the University of Minnesota, where the best Canadian and American paralympic swimmers compete to earn their spot on their respective national teams in order to participate in the World Championships this summer.

Routliffe took part in seven different races, which is the maximum allowed per athlete. She reached the finals for her races six times and won the 50-metre breaststroke.

Tess was competing for the very first time in a long-course pool. She observed her coach Pierre-Étienne Lambert. That was a brand new experience for her. Being able to travel to the meet, deal with a lot of novelties, race against some paralympic medallists and win the 50m breaststroke is simply fantastic.

Routliffe and the Stars will be competing in Hamilton to launch the long-course season.

Those who are interested in information about the club can contact team manager Carmen Desjardins at carmdesja@hotmail.com or 905-846-6213.