

## Rotary Club of Palgrave?s Weekly Rotary Minute

By Krysta Cadden

There are so many reasons to love Rotary right now!

For Rotarians, we know it inherently ? for those of you that aren't (yet) Rotarians, let us share with you some of the reasons why:

1. We're ?this close? to eradicating polio . . . and each of us wants to be part of it when we do.
2. We are connected to people ? around the world ? who take action and make wonderful things happen.
3. Rotary Foundation turns 100-years-strong next year with more than \$3 billion spent on programs and projects around the world in that time.
4. Membership is evolving and becoming more flexible as lives change and time becomes a precious commodity.
5. Science says Rotarians (aka those who volunteer) are healthier and happier (Gallup-Healthways Well-Being Index).
6. Our work to support peace and end conflict is making the world a better place ? one person at a time.
7. Locally, in Caledon, we support our community organizations including (but not limited to) Caledon Parent-Child Centre, Caledon Meals on Wheels, Scouts and Girl Guides, Family Transition Place, Bethell Hospice, the Vera Davis Centre, White Birch Adult Day Program, Caledon Community Kitchen . . .

And we could go on and on . . .

Please visit [www.rotaryclubofpalgrave.com](http://www.rotaryclubofpalgrave.com) for more information on our Club and all the wonderful ways you could get involved!