

## Rotary Club of Palgrave's Weekly Rotary Minute

By Janet Clark

I just returned from Mexico where I had the privilege of administering the polio vaccine to a number of children in a remote village in the Sonora District.

The Mexican government organizes two vaccination campaigns per year so that all children under five maintain up-to-date vaccinations, even though their parents may move frequently around the country to obtain farm work. All in all, the volunteer Rotarians who participated in this year's campaign administered 250 vaccines (two drops by mouth).

As part of this year's trip, we also toured the Caborca Hospital Family Kitchen. Six Clubs in our District 7080, including the Rotary Clubs of Palgrave and Bolton, raised funds to purchase all the equipment for an industrial kitchen in the Caborca Hospital for families who would otherwise not be able to afford to eat when visiting in-patients. These families must travel great distances to visit patients and economically, they are simply not in a position to purchase prepared food on these visits. Through the efforts of the Caborca Rotary Club, the kitchen equipment was installed. The hospital pays for the staff and the Auxiliary donates the food so that the families can have healthy food at no cost far from home.

The Rotary Club of Palgrave is actively supporting a number of international initiatives like the Caborca kitchen, such as the Guatemala Schools Project, and a fresh Water Project in Africa. These projects are jointly run with local Rotary clubs on site to oversee everything. This way, we can be assured that every dollar we donate to our international project gets spent on the project itself.

To find out more about how Rotary makes a difference in the lives of people around the world and how you can help, please look us up at [www.rotaryclubofpalgrave.com](http://www.rotaryclubofpalgrave.com) or check out [Rotary.org](http://Rotary.org)