

Police have safety tips for cyclists in Caledon

Now that summer is here, it's a great time for bike riding in Caledon.

Caledon OPP are reminding all cyclists that a bicycle is a vehicle under the Highway Traffic Act. That means cyclists are expected to obey all traffic laws, and understand that they have the same rights and responsibilities as drivers.

If the bike is designed for one person, cyclists cannot carry passengers.

Keep in mind that the Ministry of Transportation recommends that children under the age of 10 should not ride on the road.

Police have tips for people who are riding on the road.

? Ride one meter from the curb or from parked cars to have enough space to avoid hazards.

? Be visible to motorists by riding in a straight line on the right hand side of the road.

? Look for drivers changing lanes, exiting from driveways and parking lots to avoid being struck.

? Ride in the direction of traffic.

? Never share a lane with a large vehicle such as a truck or bus.

? When changing lanes, remember that vehicles in the other lane of traffic have the right-of-way; this means that the person moving into the new lane must wait for an opening.

? Cross railway tracks so that the tires are at a 90-degree angle to the railway track. This will prevent the wheel from catching in the track, which could make the rider fall or damage the bicycle wheels.

Lastly, avoid all distractions while cycling, like listening to music with headphones or ear buds, or using a cellular phone. Be attentive, keep eyes on the road, and ride with the wind ? open and free!