

## Paramedic promotion at Town Hall Tuesday

Peel paramedics responded to 1,657 cardiac arrests alone in the last year.

Immediate and effective cardiopulmonary resuscitation (CPR), even hands-only CPR, means a better chance at survival and full recovery.

Paramedic Week is May 19 to 25 and Peel Paramedics will be in the community promoting effective hands-only CPR and the use of an AED. Every second counts and each one of us can play a critical role in saving a life when least expected.

They will be at Caledon Town Hall in Caledon East this coming Tuesday (May 28) from 10 a.m. to 2 p.m.

Just last week, Peel paramedics went to a call where bystanders began CPR immediately and used an automatic external defibrillator (AED) on someone who suffered a cardiac arrest. When paramedics arrived, they continued CPR and shocked the patient three times with a defibrillator before his pulse returned. Thanks to bystanders, fire and paramedics, the man was able to speak moments after a cardiac arrest ? something that is rare and shows what early and effective CPR can do.