## OPEN HOUSE AT NATUROPATHIC WELLNESS CENTRE



There are many services to be offered at the Naturopathic Wellness Centre in Caledon East. The people who run the centre took time out recently to welcome the community in for an open house. The services include naturopathy chiropractic care, acupuncture, hypnotherapy, detox programs. They also offer pain-free laser hair removal and hydra facials. ?We're a one-stop shop here,? commented Barbara Blonska, manager of the medical spa. She added renovations have been on-going at the facility for about the last year. Seen here are Violet Mohabir, accountant; Blonska; Jacek Sztuba, massage therapist; Rita Ishak, medical esthetician and laser technician; and Serge Grandbois, certified hypnotherapist, life coach and Nuro Linguistic programming practitioner.Photo by Bill Rea