

## Olympic champion to address Parkinson's group

April is Parkinson's Education Month, and members of the Bolton Parkinson's Support Group will welcome former Olympic weightlifting champion and author Nelson Sleno, who will share his story of life with Parkinson's disease.

It will be April 27 at 6:30 p.m. Rotary Place Seniors Centre, 7 Rotary Way in Bolton.

He will be launching his second book titled Beyond Shaking Hands.

For further information contact Karen Dowell, community development coordinator at Parkinson Canada at 519-763-0366 or [Karen.dowell@parkinson.ca](mailto:Karen.dowell@parkinson.ca)