

Meals on Wheels program for seniors

Caledon Meals on Wheels is starting a new program for seniors every Friday.

It will run from 10 a.m. to noon at Palgrave United Church, 34 Pine St., Palgrave.

The first session is March 28. The guest speaker will be a local pharmacist, who will talk about seniors' health issues. Light refreshments will be served. Everyone is welcomed.

Call 905-857-7651 for more information.