

?Make the Connection? with your baby at CPCC

The parent-child relationship is at the heart of healthy child development.

It is an important connection that affects secure attachment, brain and language development, social and emotional well-being, and general success in school. This fall, Caledon Parent-Child Centre (CPCC) is once again presenting Make The Connection: Birth to One, a parenting program designed to help strengthen the parent-infant relationship.

Make the Connection is an experiential, strength based, nine-session education series for parents with infants from birth to 12 months of age. The program focuses uniquely on the parent-child attachment relationship. Through interactive group participation, parents will learn the skills necessary to establish loving relationships, foster two-way communication and nurture the curiosity behind a baby's drive to explore and learn. Parent Educators will guide parents using hands-on practice with reflection, videotaping and group discussion to help parents connect and communicate with their baby.

The sessions will take place Friday mornings from 10 to 11:30 a.m. beginning Oct. 23 at The Caledon Parent-Child Centre in the Albion-Bolton Community Centre. Babies accompany parents. Child care is not available. Advance registration is required on a first come, first served basis at a cost of \$12 per registrant. For more information, call CPCC at 905-857-0090 or visit www.cp-cc.org