

Local athletic therapist to attend Rio 2016 Summer Olympics

Caledon East athletic therapist Andrea Prieur was nominated to the Core Health team for the upcoming Olympic Games in Rio. The owner of Core Solutions Physiotherapy and Wellness in Caledon East is excited to volunteer her skills as athletic therapist to take care of Canadian Olympians.

It is an honor amongst ourselves as health care providers to be nominated to attend and work with our Canadian Olympians, she said. It is a greater surprise to be able to do it once again at back-to-back Summer Olympics.

This will be Prieur's second Olympics for which she has been nominated, and she has volunteered in many other major Games, including the 2015 Pan American Games Health Care Team; the 2014 Commonwealth Games in Glasgow, Scotland; 2012 London Olympic Games Health Care Team; 2011 World University Games in Erzurum, Turkey; 2009 World University Games in Belgrade, Serbia; 2007 World University Games in Turino, Italy; and the 2003 Pan American Games Health Care Team in Santo Domingo, Dominican Republic. Between 2010 and 2015, she made multiple trips to London, Florida, Italy, Spain and Germany working with Diving Canada.

Typically, to be able to volunteer at a Games at this level, the nominated therapist has to commit to more than three weeks. Prieur has done this time and time again. She will be heading to the Olympic village early July 25 and will leave right before closing ceremonies, therefore being in Brazil for almost a month. Her role is as one of six therapists attending will be to work alongside physicians to ensure the Canadian team is in top shape for performance. She will be attending practices and games, providing on-field coverage and support to Canadian Olympians and will otherwise be available in clinic to treat any sort of aches, pains or ongoing issues. At this time, Prieur will be focusing on providing consistent therapy support to diving, shooting, archery and beach volleyball athletes.

Prieur is a member of the Canadian Athletic Therapists Association and was nominated to the Canadian Core Health team due to her skills as an athletic therapist, continued education and past experiences with high performance sport. She has been practising athletic therapy for 18 years.

Andrea lives in Caledon East with her husband and three young sons and is very active with the community co-chairing the Caledon East Revitalization Committee.

The Games will run from Aug. 5 to 21 and will have 10,500 athletes from 206 countries attending.