

Liz Ruegg announces her retirement from Headwaters Health Care Centre

After a remarkable 40-year career helping patients and serving her community, Headwaters Health Care Centre President and CEO Liz Ruegg has announced she will be retiring this fall.

“Liz is a passionate advocate for safe, quality health care that puts patients and families first and to that end, has been tireless in her commitment to ensuring this community has the services they need, close to home,” said Headwaters Board Chair Rob Hamilton.

“We thank Liz for her many years of dedicated service to Headwaters Health Care Centre and to the community, and we wish her all the very best as she embarks on this exciting new chapter in her life.”

During her 10 years at Headwaters, of which the last five were spent as President and CEO, Ruegg helped to build innovative strategic partnerships across the region to enhance cancer care, dialysis, mental health and other much-needed specialty services like orthopaedics and plastics at the hospital. Her strategic leadership with the Central West Local Health Integration Network (LHIN) also helped transform health care services in Shelburne by bringing together local health care providers and community organizations to form the Shelburne Centre for Health to ensure area residents continue to receive the vital care they need in the community.

With Ruegg's leadership, Headwaters received approval from the Ministry of Health and Long-Term Care to expand and redevelop the existing hospital space to increase access to care in the community. This is the first hospital expansion since Headwaters opened in 1997.

“I have been fortunate to have spent my career in health care, and to work alongside people who use their time, talents and energy every day to make an extraordinary difference in the lives of patients and families,” Ruegg commented. “With the outstanding dedication of our staff, physicians and volunteers and with the support of our loyal community, Headwaters is poised for success and in continuing to deliver on its vision of an Exceptional Experience Every Time.”

Ruegg will continue to serve in her role until the fall. Headwaters Board of Directors has struck a search committee to lead a recruitment process to find a new President and CEO.