

Learn truth about sugar at Café Caledon

Café Caledon will host an evening to discuss The Truth About Sugar March 16.

It will run from 7:30 to 9 p.m. at St. James' Anglican Church in Caledon East.

All are invited to attend this informative event and to share their thoughts.

Café Caledon takes place in a casual coffeehouse setting with free admission, and snacks and beverages are available.

The church is at 6025 Old Church Rd. and there's lots of parking at the back of the building.

Questions about Café Caledon may be directed to Mark Tiller at 905-

584-9635 or mark.cafecaledon@gmail.com