

Learn ?How to live before you die? at Lifetree

How to experience a full and satisfying life will be explored at Lifetree Café this coming Wednesday (May 22) from 7 to 8 p.m. The program, entitled How to Live Before You Die: Embracing Life to the Fullest, will feature an exclusive filmed interview with Sasha Vukelja, who as a young girl escaped from communist Yugoslavia and emigrated to the United States. Vukelja, now an oncologist, tells how she works with patients facing an uncertain future to find hope and a positive attitude. ?We can all use a dose of encouragement,? Lifetree representative Craig Cable commented. ?This program provides practical tips for having a happy, fulfilled life.?

Admission to this event is free. Snacks and beverages are available. Lifetree Café is at 6025 Old Church Rd. in Caledon East, in the café space in St James Church.

Lifetree Café is a place where people gather for conversation about life and faith in a casual coffeehouse-type setting. Questions about Lifetree may be directed to Bruce Neville at 416-579-9977 or Desiree Neville at 416-579-6748.