

King Nursing Home residents go camping

By Katie Hutchins
Director of Resident
and Family Services
King Nursing Home

King Nursing Home staff and 14 residents packed their bags Aug. 9 and loaded up for the first ever overnight camping trip in the history of the home.

Months of planning took place prior to this new adventure, and all hands were on deck to make this a meaningful and flawless experience for our residents.

A huge shout-out and thank you to the staff at Albion Hills Conservation Area, who were more than kind and accommodating to our group. They assisted with our every need and unique request.

Staff at King Nursing Home were excited and eager to get involved in this outing. A special thank you goes out to Baljit U., Jaspreet M., Jennifer R., Jamie W. and Katie H. for going above and beyond, and voluntarily donating their time to make this outing an incredible experience for all involved. Recreation staff members; Meghan C., Sydon C. and Michelle C., along with our amazing volunteer Ross P., also took an active role in the day and evening as they facilitated various therapeutic programs. Residents took part in a water balloon toss, a parachute game, an evening dance off, preparing their own supper and making s'mores at the evening campfire before retiring to the stationary trailers provided by Albion Hills.

Due to the outstanding success of this trip, King Nursing Home is excitedly planning to make camping at Albion Hills an annual excursion.

There were numerous testimonials from residents, including "The best vacation I've ever had," (Irene P.), "I give it a 10 of 10," (Kamaljit G.), "Can we do this every day?" (Michael D.) and "Can we live here forever?" (Ebenezer M.)

A true example of Therapeutic Recreation and what it does for the soul.

