

# Helix Hearing Care Bolton provides many services

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Helix Hearing Care Bolton offers a wide range of audiology services for you and your family.

These include full hearing assessments, hearing aid fittings, swim plugs, noise protection earplugs, and batteries among many other accessories.

Audiologist and Regional Manager, Rachel Liu said it takes, on average, seven years before people start looking for help after they realize they have hearing loss.

“At Helix Hearing Care, we specialize in guiding patients to optimal hearing health, wherever they're at in that process,” said Liu. “We do that through a variety of ways. We help them gain a better understanding of how hearing works, how hearing loss affects their quality of life, and what they can do to improve their hearing. If they're ready to use hearing aids, we help them find the most suitable solutions and we help them get the most out of their hearing aids.”

During your hearing assessment, the audiologist will walk you through the entire process and discuss the issues you've been experiencing with your hearing.

“The appointment will take approximately 75 minutes,” said Liu. A series of sounds will be played through earphones and you'll be asked to respond by pressing a button, indicating you have heard the sounds. The results are then plotted on an audiogram, and the audiologist will discuss your results with you. If you have hearing loss, the audiologist will go through the hearing solutions available for you.

Adults with an untreated hearing loss are five times more likely to develop dementia, according to John Hopkins Medicine. Further, they are more likely to report depression, according to the National Council on Aging, and those with untreated mild hearing loss are three times more likely to suffer falls, according to John Hopkins Medicine.

Helix Hearing Care is the only hearing clinic in Bolton staffed by an audiologist – Heather Deighton, MCI Aud. They are committed to providing the absolute best hearing aids and customer service through your journey to better hearing.

“At Helix, we make living with hearing loss more comfortable by empowering our patients to make the right decisions about their hearing solutions,” said Liu.

Helix Hearing Care offers a person-centered care approach where “our audiologists take time to review and understand your hearing needs to provide the right solutions,” said Liu. “We are dedicated to supporting you on your journey to better hearing for the long term. We value the relationships that we build with our patients and their loved ones.”

Helix Hearing Care provides many technologically advanced products, including the Widex Evoke and Beyond Z. Evoke is the newest generation of hearing aids by Widex, whereas Beyond Z is the generation preceding Evoke.

“Modern hearing aids are medical devices powered by advanced, digital technology,” said Liu. “There is a microprocessor, similar to a computer chip in each hearing aid. This microprocessor determines how well the hearing aid performs complex tasks such as regulating volume of sounds, and amplifying speech while simultaneously dampening background noise. The more recent the technology, the better a hearing aid performs in helping people hear, particularly in noisier environments. New hearing aids also have other helpful features such as streaming sounds directly from a smartphone and being rechargeable.”

An audiologist will provide the most suitable choice for your hearing needs after an assessment.

If you or someone you know suspects they have hearing loss, please visit the Helix Bolton office at 18 King St. E, or call 905-533-1170 to book your complimentary hearing evaluation and demo the latest in hearing aid technology.