Hawks4Hunger Massive Food Drive Nov. 8 and 9

The Hawks4Hunger Program is back again for its third year.

The program is working, and people in the community a asked to contribute what they can.

This homegrown initiative of the Caledon Hawks Rep Hockey Association is very simple? minor hockey teams raise food and funds to help support the local area food bank. A surprise to most, but Caledon does need a well stocked food distribution centre, despite the relative affluence of the area. The Exchange on Healey Road in Bolton will act as a facility where food security will be integrated into a broader curriculum of nutrition and wellness promotion.

For the 2014-15 season, the Hawks are once again partnering with the Mississauga Steelheads and Caledon Community Services to help alleviate poverty.

All Hawk Rep teams have been challenged to collect more food and/or cash donations for the newly designed Exchange for 2014. The Hawks' drive will be at the Don Sheardown Memorial Arena in Bolton Nov. 8 and 9. Items in high demand are canned chicken, ham, turkey and fish; canned fruits and vegetables; sauces for pasta; cereal; oatmeal; peanut butter and jams; juice boxes; coffee and tea; toiletries; shampoo; conditioner; dental floss; saran; ziploc bags; aluminum foil and bathroom tissue, and cash is always appreciated as are grocery gift cards.

Any contributions (with receipts) of more than \$20 will be allocated a tax slip.

The association's goal is to surpass past figures of 42,000 pounds in 2012 and 51,000 pounds in 2013.

For more information about the event, contact Maria Ellis at ellis-ellis@sympatico.ca