

## Good week to thank volunteers

From April 6 to 12, Volunteer MBC is pleased to be celebrating National Volunteer Week.

It is a time to recognize, celebrate and thank Canada's 13.3 million volunteers. At Volunteer MBC, the local volunteer centre serving Peel Region, we truly believe that "volunteers grow communities."

Volunteers of all ages bring considerable value to Caledon when they give their time and talents to make a collective contribution to community service organizations, which cannot function without them. Besides delivering services that are integral to the quality of life in communities, volunteer participation also builds trust and reciprocity among people, encourages social solidarity and enhances citizens' sense that they live in a caring community.

So, please join me, our entire team at Volunteer MBC, and over 180 community service organization members, partners and supporters in saying "Thanks" to volunteers for all that they do to make our community a better place to work and live.

We encourage all residents of Caledon to join your neighbours and become a volunteer. We are here to help! Volunteer MBC offers a referral and matching service for volunteer placement within the community for all ages through one-on-one consultation at any one of our three convenient locations (Mississauga, Brampton and Caledon), and through our online volunteer opportunities database. For more information and to access our online database, visit us at [www.volunteermbc.org](http://www.volunteermbc.org), or call us at 905-238-2622.

As Winston Churchill once said, "We make a living by what we get, but we make a life by what we give."

Carine Strong,  
Executive Director,  
Volunteer MBC