

## Experience culinary adventure this weekend at Alton Mill

Alton will be the place for people to bring their appetites this weekend, as they will be able to taste their way through Cuisine-Art 2013 at Alton Mill.

Organizers have cooked up a sumptuous showcase, featuring local chefs, flavourful beverages, artisanal food producers, farmers and Alton Mill artists to create an epicurean event.

Two dozen Alton Mill artists, 18 area chefs and local wine experts, cider and beer masters will be the guides to fine art, tastings, demos and cook-offs. Watch chefs in action; watch artists in action. Sample the region's best artisanal food and drink, and browse original art in the galleries and studios.

The Main Stage action will include hourly chef demonstrations on the barbecue with celebrity hosts Ali Hassan and nutritionist Theresa Albert. Things will really heat up during the daily cook-offs, when two chefs face off to create an original dish using a mystery box of local ingredients. The assembled audience will decide whose ingenuity wins. Owen Vulpe from What's Cookin' catering will be the colour commentator for the cook-offs. Saturday's match will feature Thorton Macdonald from the Belfountain Inn and Adam Ryan from One99. Sunday, Gilles Roche of Gourmandissimo catering will face Philip Dewar from Soulyve Caribbean Foods, which was recently featured on the Food Network's You Gotta Eat Here.

Throughout the Mill's studios and galleries, there will be tasting stations full of cool drinks and fresh fare. Sip & Savour passes are \$30 at the gate (\$20 advance at [www.altonmill.ca](http://www.altonmill.ca))

Artists will demonstrate their technique and even offer to share their expertise. Wander through the Good Things Marketplace to purchase foodstuffs, condiments and baked goods to take home.

And to cap it off, enjoy dinner al fresco Friday and Saturday, beginning at 5:30 p.m. Choose from the menu of a participating chef, enjoy music and a cash bar, followed by a live theatre production.

Humber River Shakespeare Co. performs As You Like It under the tent Friday and Saturday evenings. Theatre tickets are \$20 at [humberrivershakespeare.ca](http://humberrivershakespeare.ca)

In the past four years, Cuisine-Art has become a regional favourite, and last year won the Best Culinary Experience Award by Hills of Headwaters Tourism. Visitors love the combination of art, food and drink in a festive and beautiful environment. Many make it a weekend getaway.

For full information and details visit [www.altonmill.ca](http://www.altonmill.ca) or contact [julie@altonmill.ca](mailto:julie@altonmill.ca) or phone 519-760-2404.