

Empowering women event Monday in Mississauga

Healthy Aging for Women will be the theme of an event aimed at empowerment planned for this coming Monday (May 13). It will be held at the Mississauga Convention Centre, Monday May 13 from 7 to 9 p.m. and is being presented by Women of Wonder (WOW) Money Club - Promoting Financial Literacy for Women.

Nine out of 10 women are going to be on their own at some point. This is one of the driving forces that led Debbie Bullock of Deborah Bullock and Associates in Caledon East and her partners Denise Vitellaro Turner and Barbara Fuller to create a venue for women to learn about financial literacy in a way that they learn best; sharing with other women.

WOW is dedicated to educating women on all aspects of their lives and believe that ?health is your wealth.?

One is never too young or too old to start thinking about how to preserve and improve physical and mental well-being. Healthy aging is a lifelong process.

Dr. Vivien Brown, an international and national speaker on health prevention, wellness and women's health, will be speaking at this evening of empowerment, shopping and networking.

WOW has been running for more than a year. The club is totally confidential and no personal details are shared with the group.

Everyone is there to learn in an environment in which they feel comfortable to ask questions regarding their financial lives, but didn't know where to go to find the answers.

To register for the event visit <http://wowhealthyagingforwomen.eventbrite.ca>