

## Editorial ? Get out Sunday in support of Terry Fox

Canada is regarded highly for playing a leadership role when it comes to research in fighting cancer, and it's pretty clear that a lot of the credit for that goes to an unassuming young man from British Columbia who caught the imagination of a whole country many years ago.

He will be recognized yet again this coming Sunday (Sept. 15) with annual Terry Fox Runs, that will be taking place all over Canada and beyond.

It all started because a young man who lost part of his right leg to cancer refused to take it lying down. He resolved to run across Canada to raise money and awareness of cancer research. History records that the cancer returned to his lungs before he was able to complete that trek, and he was gone less than a year later. But millions were inspired by his courage, and there will be plenty of evidence of that Sunday.

Taking part in and supporting your local Terry Fox Run is a good and convenient way to honour a hero, but there are other good reasons. One of the best is the effort goes toward the fight against a hideous disease; a disease that impacts on us all.

Few, if any, of us can say we have not been touched by cancer in some way. In some cases, someone close to us has been diagnosed. And some of us have been told we have cancer. But in all that bad news, there is lots of room for hope.

And it is true that there is progress being made in the fight against cancer. In fact, it's been reported that if today's scientific knowledge had been around when Terry was diagnosed, he might have kept his leg and lived many more years.

Yes, things are looking better than they once did, but there's still a lot more to do.

While Terry Fox Runs will be held all over the country, there will be two in this area Sunday

The Kinsmen Club of Bolton had close to 100 runners last year, raising \$15,000, and they are hoping to improve on that this year.

The run will start from the Bolton Kinsmen Centre at 35 Chapel St. at 9 a.m., after an opening ceremony.

As well, the Rotary Club of Palgrave will be hosting their annual Terry Fox Run. It will be held at Stationlands Park, on Brawton Drive at Highway 50, starting at 9 a.m. There will be a free pancake breakfast (starting at 8 a.m.) served by the Rotarians.

There could be few better ways to back a hero and support a great cause.