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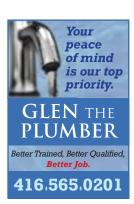
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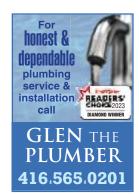
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CYCLING INTO CELEBRATION - Cheltenham kids kicked off Cheltenham Day celebrations with a bike parade. For more on this full day of family fun, see Page 16. PHOTO BY ZACHARY ROMAN

Agricultural Society Turidraising to build new community centre

\$3 million capital campaign launched on July 9

BY ZACHARY ROMAN

LOCAL JOURNALISM INITIATIVE REPORTER

A campaign to bring a community centre to

Caledon Village was launched this week.

On July 9, the Caledon Agricultural Society (CAS) announced it had begun a \$3 million capital fundraising campaign to build a community centre at the Caledon Fairgrounds.

CAS president Ed Taccone said the CAS is planning for the next generations of people who will use the Caledon Fairgrounds and that the CAS wants to ensure it has the facilities required to meet the demands of a growing community.

It has long been a dream of many CAS

volunteers to have a community centre at the Caledon Fairgrounds.

"I have relentlessly maintained a vision to have a building on the Caledon Fairgrounds - not only for our Caledon Agricultural Society use — but as a much-needed community centre in northwest Caledon," said Taccone.

He said the building will be a functional space and serve as a true community hub.

Continued on Page 3



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Speed reductions, new parking rules among changes in Traffic Bylaw

BY ZACHARY ROMAN

LOCAL JOURNALISM INITIATIVE REPORTER

Caledon's roads have some new rules. On June 25, Caledon Council approved a new traffic bylaw with a goal of increasing

road safety and addressing mobility needs.

Domenica D'Amico, Caledon's Commissioner of Engineering, Public Works, and Transportation, said the bylaw will enhance the safety and efficiency of Caledon's transportation network.

"It provides a modern and clear framework for managing traffic flow, providing a safer environment for bicyclists and pedestrians and improves enforcement capabilities to provide an overall better level of service for residents," said D'Amico.

The new bylaw introduces speed reductions of up to 20 kilometres per hour on 34 road segments across Caledon.

Continued on Page 5





Trilogy: New exhibition brings together wood turner, glass artist and painter

Show on now until August 5

BY ZACHARY ROMAN

LOCAL JOURNALISM INITIATIVE REPORTER

A dynamic new art exhibition is on now in Alton.

On July 6, an opening reception for Headwaters Arts' new show, "Trilogy", was held in the Headwaters Arts Gallery at the Alton Mill Arts Centre.

The show features painter Marnie Cooke, glass artist Kathryn Thompson, and wood turner Lawrence Kristan.

Over 90 works of art are on display in the exhibition, which will run until August

Kristan explained he uses fallen and

found wood as the starting point for almost every piece of art he makes. He used to have a wood shop as a business, and picked up the art of wood turning after re-

Kristan said he loves his new hobby, and, since he started, he's been slowly seeing his work featured in more and more galleries. He's also sold many items.

Being a wood turner, Kristan is always on the hunt for his next piece. He said he gets a lot of satisfaction out of making art from something that would normally just be left to rot or be tossed in a fire.

"I really enjoy when people appreciate what I do," said Kristan.

Wood turning has become a family affair for Kristan, as his daughter Lucy now wood turns with him.

Kristan said Lucy tries all kinds of experimental and time-consuming wood

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Father-daughter wood turning duo Lawrence and Lucy Kristan have their work on display at the Headwaters Arts Gallery as part of the new exhibition, Trilogy. **PHOTO BY ZACHARY ROMAN**

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turning projects that are very impressive. Lucy said planning is a very important

part of wood turning, and that oftentimes it will take longer to talk about a piece of art than it will to turn it.

"It's so fun to work together," said Lucy. The Headwaters Arts gallery is open from 10 a.m. to 5 p.m. Wednesday to Sunday at the Alton Mill Arts Centre, which is located at 1402 Queen Street West.



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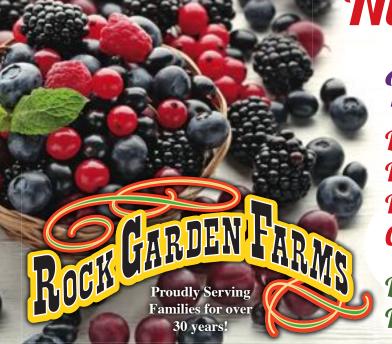
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Agricultural Society launches \$3 million capital campaign



ty to support this exciting initiative," said Early. "Together, we can create a space that will enhance our quality of life, strengthen our community bonds, and contribute to the long-term vitality of Caledon."

Anyone interested in learning more about the proposed community centre or supporting the capital campaign can visit caledonfair.ca.

Caledon MPP Sylvia Jones, Deputy Premier and Minister of Health, joined the Caledon Agricultural Society and event organizers for the capital campaign launch. Pictured, left to right, are Allan Thompson, Barrie Shepley, Councillor Lynn Kiernan, Ed Taccone, MPP Jones, and Steve

CONTRIBUTED PHOTO

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Continued from FRONT

Taccone added that the community centre's design is specifically chosen to complement the existing heritage hall on the Caledon Fairgrounds and maintain the fairgrounds' rural character. It will be located in the north portion of the existing fairgrounds, near the gazebo.

The building is planned to be 15,000 square feet in size and is set to feature a 6,000-square foot banquet hall and multipurpose space. There will be a commercial kitchen with walk-in storage, refrigeration, and a bar area; accessible washrooms; two large garage-style doors for equipment access; and office space for the CAS' administration team.

The CAS hopes the new facility will attract outside event organizers and benefit Caledon's economy.

Taccone said he's confident the CAS and Caledon community can make the community centre a reality. He said the CAS is looking for donations from residents, local businesses, and philanthropic organizations to contribute to making the centre

centre could begin in 2026.

Dufferin-Caledon MPP Sylvia Jones said she wanted to congratulate the CAS on the start of its fundraising campaign and wished the society luck with its plan to expand offerings in Caledon Village.

Ward 1 Councillor Lynn Kiernan said the CAS has always been at the heart and soul of Ward 1. She said the all-volunteer society's mandate is to serve the community and this latest campaign is a furtherance of their dedication.

"It's very exciting, I'm behind them 150 per cent," said Kiernan. "I think it's an amazing initiative."

Regional Councillor for Wards 1, 2 and 3 Christina Early said she's excited about the CAS' plans to build a community centre and called them visionary.

"This proposed facility will serve as a vital hub for our residents, hosting a diverse range of events and activities that celebrate our rich agricultural heritage and foster community connections," said

Early said the grassroots funding approach for the new community centre underscores the project's significance and

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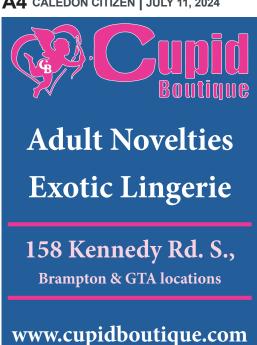
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IMPAIRED CHARGES

Officers from the Caledon Detachment of the Ontario Provincial Police (OPP) have charged two drivers with impaired operation in a single

"On July 8, 2024, just before 9:00 a.m., Caledon OPP responded to a two-vehicle collision on Valley Grove Court, in the Town of Caledon," say Police. "No injuries were reported. During the investigation, officers formed grounds that one of the drivers' ability to operate a motor vehicle was impaired by alcohol and was subsequently arrested."

As a result, Desmond Francis, 48, of Kitchener, was charged with:

Operation while impaired - blood alcohol concentration (80 plus)

The accused is scheduled to appears at the Ontario Court of Justice in Orangeville on July 25, 2024, to answer to the charge.

The charge has not been proven.

The driver's licence was also suspended for a period of 90 days, and the vehicle impounded for

"On the same day, just before 7:30 p.m., officers were conducting a R.I.D.E (Reduce Impaired Driving Everywhere) spot check on McLaughlin Road, near Tim Manley Avenue. At that time, a vehicle entered the area. During the interactions officers had with the driver, grounds were formed that their ability to operate a motor vehicle was impaired by alcohol. The driver was arrested."

As a result of the investigation, Harpreet Singh, 25, of Brampton, was charged with:

- Operation while impaired blood alcohol concentration (80 plus);
- Drive while under suspension.

The accused was held for a Bail Hearing. The charges have not been proven.

"Although the OPP runs its annual Festive R.I.D.E campaign, R.I.D.E spot checks are conducted throughout the year, 24/7. The OPP is committed to reducing traffic-related fatalities and injuries and ensuring all road users - drivers, pedestrians, and passengers alike - make it safely to their destination. If you suspect that someone is driving while impaired by alcohol or drugs, it is important to call 9-1-1 to report it.

You can also provide information anonymously by contacting Peel Crime Stoppers at 1-800-222-TIPS (8477) or online at www.peelcrimestoppers. ca. When you contact Crime Stoppers, you stay anonymous, and you never have to testify.

For more information about the penalties of driving impaired, visit: www.ontario.ca/page/impaired-driving.

THREE VEHICLE COLLISION

Officers from the Caledon Detachment of the Ontario Provincial Police (OPP) have charged a driver involved in a three-vehicle collision with impaired operation.

"On July 7, 2024, shortly after 4:00 p.m., Caledon OPP responded to a three-vehicle collision on Mount Hope Road, near Dr. Reynar Road, in the Town of Caledon," say Police. "No injuries were reported. During the investigation, officers formed grounds that one of the drivers' ability to operate a motor vehicle was impaired by alcohol and was subsequently arrested."

As a result of the investigation, Gopinder Sohi, 31, of Brampton, was charged with:

- Operation while impaired alcohol;
- Failure or refusal to comply with de-
- Failure to stop after accident.

The accused is scheduled to attend the Ontario Court of Justice in Orangeville on July 25, 2024, to answer to the charges. The driver's licence was also suspended for 90 days, and the vehicle impounded for seven.

The charges have not been proven.

CANADA DAY TRAFFIC ENFORCEMENT

Officers from the Caledon Detachment of the Ontario Provincial Police (OPP) have laid a total of 884 charges over the Canada Day week.

"Between June 21 and July 2, 2024, Caledon OPP have laid a total of 884 charges, including 265 speeding, 140 improper use of seat belts, 10 distracted driving, 9 stunt driving, and 15 impaired driving," say Police. "Of those 15, seven were this past long weekend when officers formed grounds that the drivers had abilities that were impaired by alcohol, leading to arrests and charges"

They include:

June 28, 2024, just before 6:00 p.m.:

- Three-vehicle collision on Mississauga Road, near The Grange Sideroad
- Jeyakavin Jeyaranjan, 24, of Brampton, was charged with: Operation while impaired - blood alcohol concentration (80 plus);
- The charge has not been proven.

June 28, 2024, just after 8:30 p.m.:

- Traffic complaint on Mayfield Road, near Chinguacousy Road;
- David Nithiyapalan, 48, of Brampton, was charged with: Operation while impaired - blood alcohol concentration (80 plus)
- The charges have not been proven.

June 29, 2024, just after 6:00 p.m.:

• Five-vehicle collision on Highway 50,

near McEwan Drive;

- No injuries;
- Stephanie Mohammed, 25, of Brampton, was changed with: Operation while impaired - alcohol; Operation while impaired - blood alcohol concentration (80 plus); Drive vehicle with cannabis readily available;
- The charges have not been proven.

June 29, 2024, just before 11:00 p.m.:

- Traffic stop on Bramalea Road, near Old School Road;
- Virpartap PUNIA, 28, of Brampton, was charged with: Operation while impaired - blood alcohol concentration (80 plus); Disobey stop sign - fail to stop;
- The charges have not been proven.

June 30, 2024, just after 1:00 a.m.:

- Single motor-vehicle collision on Airport Road, near Healey Road;
- No injuries;
- David Bishop, 69, of Caledon, was charged with: Operation while impaired; Operation while impaired blood alcohol concentration (80 plus).
- The charges have not been proven. June 30, 2024, just before 7:00 p.m.:
- Traffic stop on Highway 10, near Old School Road;
- Shivdath Mohabir, 27, of Brampton, was charged with: Operation while impaired - blood alcohol concentration (80 plus); Operation while prohibited under the Criminal Code; Driving while under suspension;
- The charges have not been proven.

June 30, 2024, just before 10:00 p.m.:

- Two-vehicle collision on Airport Road and Mayfield Road;
- No injuries;
- Joshua Roopdial, 27, of Brampton, was charged with: Operation while impaired - blood alcohol concentration (80 plus);
- The charge has not been proven.

All seven accused are scheduled to attend the Ontario Court of Justice in Orangeville on July 18, 2024, to answer to their charges. For more information, visit: https://www. ontario.ca/page/impaired-driving

If you plan on drinking or consuming drugs, plan to not drive. Instead, arrange for a designated driver, take a taxi or public transit, or come up with another plan that takes impaired driving out of the picture. If you suspect that someone is driving while impaired by alcohol or drugs, it is important to call 9-1-1 to report it. You can also provide information anonymously by contacting Peel Crime Stoppers at 1-800-222-TIPS (8477) or online at www.peelcrimestoppers.ca. When you contact Crime Stoppers, you stay anonymous, and you never have to testify.

OPERATION SAFE DRIVER

The Dufferin OPP will conduct Operation Safe Driver Campaign, from July 7 -14,

Dufferin County roadways continue to see a considerable presence of commercial motor vehicles (CMVs). Due to the size, weight and loads, these vehicles have increased potential of causing serious collisions due to vehicle mechanical fitness, driver fatigue, improper licencing and/or driver behaviours.

What is Operation Safe Driver and its

The Commercial Vehicle Safety Alliance's (CVSA) Operation Safe Driver program was created in 2007 to help reduce the number of crashes, deaths, and injuries involving large trucks, buses, and passenger vehicles due to unsafe driving behaviors. The initiative aims to help improve the behavior of all drivers operating in an unsafe manner, either in or around commercial motor vehicles, through educational and traffic enforcement strategies to address individuals exhibiting high-risk driving behaviours.

"Officers will be conducting pop-up inspections all week to ensure identified CMVs meet the required safety standards to operate on our roadways," say Police. "Drivers will be checked for compliance with proper licencing, registration, documentation, pre-check inspections and hours of work. Officers will also focus on vehicles traveling around these large trucks as well as high-risk driving behaviour.

"It is our mission to promote the safety of all road users throughout the Dufferin Detachment area and reduce the frequency and severity of incidents involving CMVs, including a reduction in fatalities, injuries and property damage resulting from these

Road safety is a shared responsibility, and we all have a role to play. Commercial vehicles are heavy and require greater stopping distance. Motorists are reminded to leave plenty of space for these large vehicles to slow and stop safely.

5 Quick Tips:

- No Phones While Driving
- Leave Room and Move Over
- Stop the Tailgating
- Don't Forget the Signal
- Get Organized with All of Your Paperwork (License, Registration, Logbook, etc.)

29. Frosts

unit of Guinea

species

32. Female animal

34. School terms

35. Written law

36. Unpleasant aroma

38. One who challenges

37. Nuclear weapon

40. Opposite of first

42. Less interesting

43. Implants

45. Canister

48. Gestures

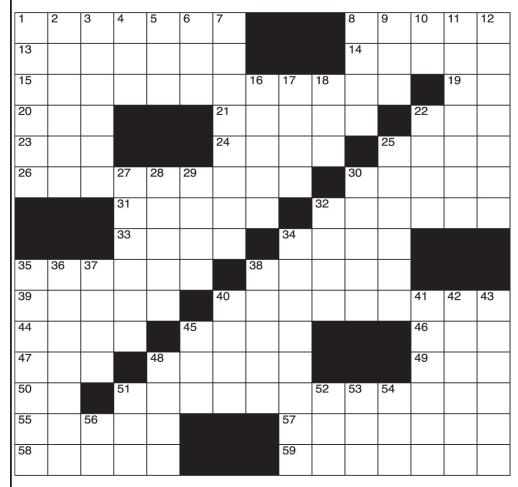
51. After B

52. Romanian

41. Able to be utilized

30. Defunct monetary

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CLUES ACROSS

- 1. Book size
- 8. Indonesian Island
- 13. "The Sopranos" character
- 14. Plants often found
- in stews
- 15. Stern 19. Atomic #52
- 20. Often seen after a
- company name
- 21. Silk garments
- 22. Inhibiting hormone
- (abbr.) 23. Type of beer
- 24. Margarine
- 25. Throw lightly
- 26. Explains again 30. Raccoon-like
- animal
- 31. Sneaker parts
- 32. Platforms
- 33. Scored perfectly 34. One's essence

38. Makes tractors

blow

- 39. Music term
 - 40. Lack of energy

35. Strikes with a firm

- 44. Vestments
- 45. __ and feathers
- 46. Total 47. Gobbler
- 48. One with Japanese immigrant parents
- 49. Type of braking
- system (abbr.) 50. Home of Rudy
- Flyer 51. Manageable
- 55. Lugged
- 57. Irritated
- 58. Sea eagles
- 59. Warm seasons **CLUES DOWN**
- 1.About visual sense 2. Part of a horse's

- 3. In a way, interchanged
- 4. Rocker's accessory
- 5. Very important
- person 6. It precedes two
- 7. Flavored
- 8. Musical notes 9. String instrument
- (slang)

10. Mister

- 11. Fine, light linen
- fabric 12. Absence of bacteria
- 16. Discounts
- 17. Area units 18. A description of
- one's life 22. Gazelles
- 25. Plumbing fixture
- 27. Makes especially
- happy
- 28. One side of something many-sided
- monetary unit 53. Long-term memory
- 54. Cash machine
- 56. The Volunteer State
- No one has more self-confidence than the person who does a crossword puzzle with a pen.

Peel District School Board approves 2024-2025 budget

BY ZACHARY ROMAN LOCAL JOURNALISM

INITIATIVE REPORTER

The local public school board has its financial plan ready for the next year.

On July 3, the Peel District School Board (PDSB) announced its 2024-2025 budget the classroom," said Swarup. had been approved. The budget was approved at a July 2 board meeting.

In a media release, PDSB communications staff said the budget was made with the input of school council members, parents, staff, trustees, students and community members.

"Together, their input set priorities like boosting support for vulnerable students, promoting equity initiatives, and ensuring schools are safe and productive places to learn, even with rising costs," they said.

The release said in its next fiscal year, the PDSB will be investing in student technology and educational innovation projects to in Peel classrooms.

It also notes the PDSB will be hiring additional staff for special education, allocating more funding for mental health and social workers, and hiring extra resource teachers to support students' needs, health, and well-being.

The PDSB's release said funding in the 2024-2025 budget has been allocated for instructional and graduation coaches to support all students, including Black and Indigenous students, to boost graduation rates.

"With all these measures in place, PDSB is gearing up for a successful new school year, focusing on student achievement release reads.

PDSB chair David Green said he's excited about the 2024-2025 budget and called on the Province to prioritize public education.

"Let's persist in creating impactful programs and partnerships that offer real-world experiences for students in Peel," said Green. "Adequate funding is crucial for student confidence and success, and addressing chronic underfunding is imperative... the Ministry of Education needs to act decisively to bridge these gaps."

PDSB Director of Education Rashmi Swarup said the 2024-205 budget is a responsible one that promotes student success.

"The Board's student-focused budget for 2024-2025 not only reaffirms our dedication to fostering positive and inclusive learning environments but also underscores our commitment to fiscal responsibility while prioritizing student achievement and excellence in

Council approves new traffic bylaw

Continued from FRONT

It's also introducing new special enforcement areas on scenic routes where there are existing "No Parking" and "No Stopping" signs — fines for these infractions will now be higher.

The new bylaw will prohibit overhanging support and enhance teaching and learning parking on sidewalks, crosswalks, and curb lines.

> Caledon's previous traffic bylaw was enacted in 2015 and established specific parking restrictions, traffic controls on Town-owned roads, and offences for the enforcement of the bylaw.

> In a statement, Town of Caledon communications staff said industry knowledge, best practices, and mobility options have all evolved since 2015. Combining these factors with the significant urban development in Caledon, staff felt it was necessary to update Caledon's traffic bylaw to address the needs of a mixed rural and urban community — so that the bylaw will still be an effective tool for enforcement.

Staff said it will take a while to start enforcewhile managing finances responsibly," the ment of the new bylaw; it will begin in the coming months once fines are set and available for Caledon's bylaw officers to use. Communications staff said more updates will be provided to residents as Caledon works to implement the new traffic bylaw approved by Caledon Council

> In the media release, staff said the new bylaw includes accommodations for many forms of active and eco-friendly transport like e-bikes, e-scooters, roller skates, cargo bikes and skateboards.

> The bylaw includes provisions to regulate pedestrian and cyclist traffic on sidewalks, bicycle paths, and multi-use paths. Staff said provisions to make bike lanes safer are also in the bylaw.



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Runners had the chance to race around the Lafarge Caledon Pit on July 6.

PHOTO BY ZACHARY ROMAN

Caledon Pit Run raises money for MRI machine at Headwaters Health Care Centre

BY ZACHARY ROMAN LOCAL JOURNALISM

INITIATIVE REPORTER

Runners had the chance to race through a local pit last weekend.

On July 6, Lafarge and Aecon hosted the Caledon Pit Run, a fundraising event for the Headwaters Health Care Foundation.

The foundation is currently in the midst of a major fundraising campaign as it's looking to buy an MRI machine for the Headwaters Health Care Centre.

Brad Holman, Manager of the Lafarge Caledon Pit, said in past years the run has raised a total of over \$200,000 for local charities and this year, the goal was to raise \$30,000.

"It's also an open house, we showcase what we do here," said Holman. "We do rock truck rides — it's not just a run/walk, it's a community event."

Holman was happy with the great weather for the run on Saturday morning and said it was a good day to be out raising money for a good cause.

K.C. Carruthers, CEO of the Headwaters Health Care Foundation, which raises

funds for almost every piece of equipment the Headwaters Health Care Centre has, said events like these help make the hospital all it can be.

"Whether it's a bed or a new CT scanner it's all funded by donations from the community," said Carruthers. "Events like this are a big help."

Carruthers explained that getting an MRI machine at the Headwaters Health Care Centre would be amazing as each year around 4,000 patients have to be sent elsewhere to get an MRI done.

"We really need that in our own community to keep people close to home," said Carruthers.

Carruthers said he was honoured that the Headwaters Health Care Foundation was the charity chosen to be supported by this year's Caledon Pit Run.

"This will help every patient that walks through the doors of the hospital," said Carruthors

Orangeville Mayor Lisa Post spoke at the run.

"I want to thank you all for supporting our amazing local hospital... thank you all for being here and run safely," said Post.



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A petition has been started to rename the old baseball diamond at Caledon East Park after Karen Hamilton.

PHOTO COURTESY OF CHANGE.ORG/KELLY MCCAFFREY

Residents petition to rename old Caledon East baseball diamond after Karen Hamilton

Town staff to review policy on naming municipal assets

BY ZACHARY ROMAN LOCAL JOURNALISM

LOCAL JOURNALISM
INITIATIVE REPORTER

To many people, Karen Hamilton was Caledon East baseball.

Hamilton was a lifelong Caledon East resident and died in 2022 after a difficult battle with Alzheimer's.

Her family and members of the Caledon

Her family and members of the Caledon community are now rallying to rename the "old" baseball diamond at Caledon East Park after her.

A petition has been started to rename the diamond to "Karen Hamilton Memorial Ball Diamond". It currently has 339 signatures.

Kelly McCaffrey is Hamilton's daughter and explained Hamilton became involved with baseball early on and worked closely with Hartley Davis, for whom the other baseball diamond at Caledon East Park is named after.

"Anytime there was a need for something, (mom) did it, whether it was coaching youngsters, getting her umpire's license...

she would even chauffeur girls that didn't have a ride," said McCaffrey.

Hamilton started a mixed three-pitch league that once had as many as 12 teams, and brought together a tournament team from its players called "Hamilton's Hooligans" that would travel around. She even organized winter tournaments for the league using orange balls.

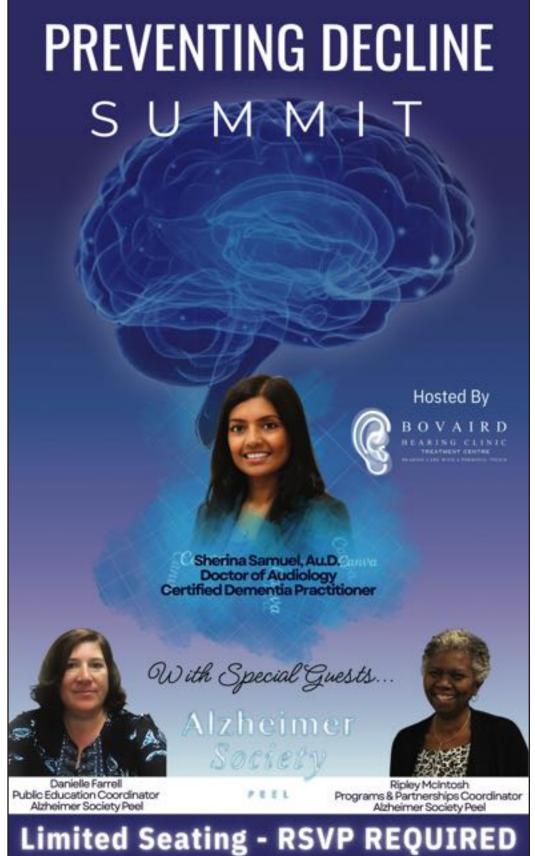
Growing up, Hamilton wasn't allowed to play baseball and only started playing in her 40s — long after she started volunteering to support local baseball.

Hamilton's contributions to baseball in Caledon East were many. She organized banquets, created and organized teams and leagues, and ran a snack bar, always helping where help was needed.

"Anybody growing up in Caledon East that played ball knows my mom; they knew her personally or they knew of her," said McCaffrey. "I've heard people say she was Caledon East baseball."

At Caledon Council's July 9 General Committee meeting, Ward 4 Councillor Nick de Boer motioned to rename the old diamond at Caledon East Park after Hamilton and waive the town's policy that prevents naming assets after people to do so.

His motion was referred back to staff for the purposes of reviewing Caledon's policy on naming assets and is set to come back to council in October.



Club of Palgrave

AGENDA

September 25th, 2024

10:00am - 1:30pm



Follow the Leader

were a tree, what kind of tree would you be?" much we haven't already seen before.

Actually, those questions reveal little, but

This is not, I hasten to add, an attempt to pit one woman against another. Rather, given that two actresses remain wildly famous, even decades after their death, for very different bodies of work and approaches to life, which one you gravitate towards says a lot all of Mr. Biden's personal and political inabout what makes you tick. And, I also hasten to add, there is no wrong answer.

Another revelatory question has been, "How do you cast your vote when you're at the polling station?"

Taking municipal politics out of the equation, as there are no official party lines, it's often telling to learn whether they're a party voter, a leader voter, or a local representative kind of voter. Given the continued rise of personality politics, I fear the local rep kind of voter is becoming an endangered species, and that's a phenomenon that, in my view, doesn't do us any favours, but I digress.

If you are a local rep voter, chances are you're more likely to be engaged in your town or city at the community level and feel the real vested interest you have in the place you call home.

If you're a leader voter, you're either looking for someone who shares your worldview and vision for the province or country (although, it has to be said, there's a newer subset of voters who are voting for an individual because of who they're not) or the best person to get you closer to that ideal.

If you're a party voter, it can mean one or both of two things- you've either taken the time to delve deep into a party and/or an individual's platform, or you're voting for a party because you've always aligned with them.

Again, there really isn't a wrong approach, but if you're casting your ballot for someone or something out of nothing more than habit, then that's not the best sign of our collective democratic health.

Which brings me to the United States, a country for whom democratic health appears to be on life support.

Vying to either continue in or resume the 81-year-old man who will be 86 by the end of the next term, and a 78-year-old man who will be 83 at the end of the same time period.

One appears to ramble at rallies, sometimes incoherently, other times in misstatements that require a decoder ring, and sentences that seem to have neither a beginning

The other appears to ramble at debates, sometimes incoherently or stumbling over words, and uttering sentences that too seem going to make a world of difference. to be in search of a start and end point.

and detractors.

Both want to get back into that prime piece of Washington real estate....

And there, really, end the similarities which begs the question, in my view, why the sudden huge pile-on of politicos and pundits

the race due to his poor performance in his

first debate against Donald Trump?

In this job, you come to realize that there Since the floodgates opened within minare a few simple questions that can reveal a utes of the debate, scores of media outlets lot about a person. What's your favourite co- across the United States and abroad have lour? What's your favourite band? Or, to bor-called for Biden to throw in the towel, even row a question from the late broadcast jour- though there was nothing particularly surnalist Barbara Walters, as she so infamously prising about this particular piece of political asked actress Katharine Hepburn, "If you theatre. Alarming, yes. But surprising? Not

One such call came from the editorial board one question that more often accurately hits of the New York Times, which said, if the a bull's eye, speaking of Katharine Hepburn, race came down to just the two candidates, is "Katharine Hepburn or Audrey Hepburn? they would endorse Biden, but a "stronger opponent" was needed to combat what they describe as "the scale and seriousness of Mr. Trump's challenge to the values and institutions of this country and the inadequacy of Mr. Biden to confront him."

> "Ending his candidacy would be against stincts.... Supporters of the president are already explaining away [the debate] as one data point compared with three years of accomplishments. But the president's performance cannot be written off as a bad night or blamed on a supposed cold, because it affirmed concerns that have been mounting for months or even years. Even when Mr. Biden tried to lay out his policy proposals, he stumbled. It cannot be outweighed by other public appearances because he has limited and carefully controlled his public appearances.

> "It should be remembered that Mr. Biden challenged Mr. Trump to this verbal duel. He set the rules, and he insisted on a date months earlier than any previous general election debate. He understood that he needed to address longstanding public concerns about his mental acuity and that he needed to do so as soon as possible. The truth Mr. Biden needs to confront now is that he failed

> That last sentence might indeed be true, but through all of this there is a small sense of

> Two elections ago, when Hillary Clinton was the Democrat candidate for the States' top job, questions about the former Secretary of State's health and fitness for office were raised when she was caught on camera stumbling while getting into a vehicle – and she, at that point, was approximately a decade younger than the two men in the race today.

> When it comes to fitness for the job, the incumbent appears held to a much higher standard than his strongest rival - and while it's not a bad thing to hold an incumbent to such a standard, neither is a newbie here.

Throughout the race, Biden's closest comrole of President of the United States are an petitor has had more than their fair share of rally, interview, and social media flubs, and uttered tangents that would make that aforementioned decoder ring give up and hit the golf course. Then there's that pesky thing about felony convictions, which in a different day and age likely would have rendered this entire conversation moot.

> At the end of the day, I don't think Biden's debate performance, Trump's legal woes, or the ongoing pile-on against the incumbent is

With such diametrically opposed men run-Both have strong following of supporters ning for the office on such diametrically opposed platforms (such as they are), I find it hard to believe there are any voters who were "undecided" before either guy stepped onto the CNN stage.

Chances are, eligible Americans have already locked in their decisions, whether who are calling for Joe Biden to drop out of they're a party voter or a leader voter. Whether that's a good thing or a bad thing – well, only time will tell.





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I'm Feeling Thirsty

Practice does much more than "make perfect"



"To practice five things under all circumstances constitutes perfect virtue; these five things are gravity, generosity of soul, sinceri- - brain chemistry, eagerness, and of course, pracearnestness, and kindness." - Confucious tice.

we get at everything. Whether it's athletic competition, mental agility or composing music, more is always better.

So much so that "an ounce of practice is worth more than tons of preaching," according to Gandhi. And Deepak Chopra noted "to think is to practice

brain chemistry." He's right.

Our thoughts are chemical and even electrical. Thoughts and emotions are transmitted via neurotransmitters and neurochemicals in our brain. Substances like dopamine and oxytocin flow freely, impacting our feelings, love of music or closeness with others.

Neurons group together and connect and these fire, almost like a car's combustion engine, creating electrical impulses. We have upwards of 100 billion neurons in our heads. The more they fire and connect, the more information and memories we store.

Practice, like learning to ride a bike, make these connections stronger. These unseen magical things then tell our bodies – muscles – how to react.

We're only aware of a small portion of the information our brain processes, every second of every day. Our senses take in a ton of input and our brains file them away. That's how the smell of coffee may make you think of that special, romantic time at the

It's all quite fascinating, but even brain scientists admit there's so much left to uncover. Why have humans been given such a supercomputer, when we can't even remember phone numbers?

It's important to constantly challenge our brains, not by watching reality TV, but by reading, doing puzzles and making art. Positive thinking keeps those pleasant connections bursting with joy.

We don't have to be fully versed in neuroscience to understand the nuances of brain health.

Emotional wellbeing is hugely important and our brains know this. Apparently, we can regulate our brain chemistry by practicing mindfulness - focusing our attention on the present, without distraction.

We can also shift thoughts around, and sideline the bad ones. Negative thoughts, like doom and gloom, don't do any good at all. Replacing them healthy. with even a bit of positivity makes our brain smile.

I read that practicing gratitude has a positive impact on the brain, by producing serotonin and dopamine, which regulate mood.

by Mark Pavilons

I never thought that being positive and optimistic are actually good for you, and keep that gray matter well oiled.

There are likely dozens, if not hundreds, of things to do to help our brains think happy thoughts.

Not only that, but our true selves are resting in there, perhaps in the recesses of our minds. The best that we can be is there, waiting to be tapped into, uncovered and unveiled.

This is part of the equation, maybe the most important part.

As George Eliot put it: "It's never too late to be what you might have been."

So, how do we become the amazing person we truly are? How do we show the world our inner

Well, it combines all of the things I mentioned

If we want to be more compassionate, we have We all know that the more we practice, the better to practice compassion. We become gracious when we decide to be gracious.

> Those amazing synapses are the key to our personality and great qualities we have in abundance.

Perhaps, along with practice, we need to share these things with others. Keeping it to ourselves may make our brains function better, but we have to let it out. We need to spread these things around, just like fertilizer in our gardens. I have encountered literally thousands of people

over the years in my line of work. I try to learn from them as I pick their brains on the subject at hand. I study them and their mannerisms.

I have found those who are generous, kind and non-judgmental have the best dispositions.

Their outlook is amazing and it shows – on their face, in their speech, and in their actions. They have a certain calmness and focus.

I wish I could take samples from all of these people and create the ultimate concoction of human pleasantness.

We humans have a great capacity to love and learn – it's pretty much endless. Maybe part of our journey here on Earth is one of constant self-improvement. Yes, the self-help industry has spawned a lot of charlatans and greedy gurus. But the bottom line is we need to do better and be better.

Nourishing our minds and bodies seems to be the way to go. It's personal, so we all choose our own method of evolving. And some of those may involve things like med-

itation, journaling, spending more time outside, and practicing the best qualities or virtue, as Confucious mentioned.

Having a clear and open mind are necessary and you have to look inward to really know yourself. I think most of us refrain from deep self-examination out of fear and apprehension.

What's to be afraid of?

A few people I know have said they simply sit quietly and listen to their inner voice. This may be easier said than done, but again, practice is the key.

I'm not saying all the answers to life will come flooding into our brains, but reflection is always

Just as we're feeding our bodies, we need to take the time to feed our minds, too. What comes out is tied directly to what goes in, so do yourself a favour - treat yourself with kindness and sincerity.

The CALEDON CITIZEN is a member of the Ontario Press

Distributed throughout the Town of Caledon, the Citizen is published Thursdays by Caledon publishing Ltd.

Council, an independent body set up by the newspapers of the province to uphold freedom of expression and deal with complaints from readers. The Press Council encourages complainants to first give the newspaper an opportunity to redress their grievances. If not satisfied, they may then write to the Council, enclosing a copy of material that is subject of the complaint, at 80 Gould St., Suit 206, Toronto, ON M5A 4L8.

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Shaken, not stirred

"I'll have a martini, shaken, not stirred."

Yes, that's the famous line from Bond, James Bond. Although I'm pretty sure even Bond couldn't tell the difference in how his drink was created.

I'm not a martini guy, at all.

If I'm going to imbibe liquor, which isn't very often, I prefer the corn mash variety – Jack Daniels, mixed with Coke. Somehow those two beverages begin with? Why is there a government monopoly good for a year, to be able to buy liquor. seem to create, at least for me, the perfect drink.

I also like the All-Canadian Caesar cocktail, with its snazzy red appearance and liberal sprinkling of celery salt on the rim of the glass.

Although the "secret ingredient" – clam juice – is sort of questionable. Exactly what is "clam juice?"

Employees of the LCBO in Ontario have gone on strike - their first strike in Ontario history, apparently.

LCBO representatives say the strike is not about money. Of course it isn't. Whoever heard of any kind of public union going on strike for higher wages? It's always some kind of "principle" involved.

That sounds nice. I guess as long as the principle is met, they won't need any raises.

Is that the way it works?

is the sale of pre-mixed drinks at corner stores and of it.

grocery stores.

Why would you buy a pre-mixed cocktail in a can in the first place? A cocktail is something that should be mixed, and enjoyed – not swigged from an aluminum can which is then tossed out of your items aren't sold and taxed at ridiculous levels. vehicle into a ditch on a rural concession.

on a legal product?

when it was established in Ontario in 1927 after the alcoholics or something similar.

Other provinces have their own version of the of wine?

to drink, and the temperance movement was a fail-

With the return of legal alcohol in the province, the government decided the public couldn't be trusted when it came to drinking. So, they established a Crown Corporation to make sure the public couldn't enjoy a drink without paying through the

They decided that liquor was not something that According to reports, the strike's sticking point was a "need", so they taxed the living daylights out

BRIAN LOCKHART FROM THE SECOND ROW

You also don't "need" paintings on your walls, lot less expensive and curtains on your windows, an electric can opener, competitively priced. or an air freshener in your car.

They aren't needs, they are wants, but those LCBO representatives

Between the years 1927 and 1962, people in On- ernment is "allowing In the bigger picture, why is there an LCBO to tario had to acquire an Individual Liquor Permit, public profits from the

Given the LCBO's history, no doubt people who The LCBO was born out of the prohibition days, obtained a permit, were looked down as shameful business as a public service. They operate to make

The LCBO gouges the public every time it opens Government finally figured out that people liked its doors. No other product is allowed to be sold as LCBO are in the business of producing any kind ala monopolized item, and price fixing between rival cohol product, yet they want the profits from somecompanies is not allowed.

> A check with the LCBO website reveals, regarding their pricing: "Our suppliers set their own pricing (subject to minimum retail prices) and have the option to adjust their retail pricing up or down ful, and they have a large selection of products. through the year in response to currency fluctua-

Note, it says "subject to minimum retail prices." Who sets the minimum? It's certainly not the win-keep up with the times, and stop trying to be the eries and distilleries or their products would be a monopoly that controls alcohol in the province.

The complaint by is that the Ontario gov-

LCBO to be given to other, private interests."

Well, yeah! Distilleries and wineries aren't in money – just like every other business in the prov-Can you imagine needing a permit to buy a bottle ince. How about the profits go to the private companies that produce the product?

> The last I checked, neither the province or the one else's hard work.

I like the LCBO. You go in, you find what you want, and you buy it.

The staff are generally knowledgeable and help-

However, this is the 21st century and times are

If the LCBO wants to stay viable, they need to

I can't help but wonder...

With so many things of importance happening in care about the world around them and I believe this guidance by stressed out and overworked parents, wonder why you would Caledon; in Canada, to the south of us, and around the world, you might be right in asking me why I'm choosing to write today about what you might consider a relatively unimportant topic. Yet for me, I've long thought of this subject matter as a prime example of all that is wrong with society. What's on my mind this week? Littering, vandalism and graffiti.

It seems our town has been hit hard by this troublesome trifecta recently and I can't help but wonder why some people seem to have no problem whatsoever with defacing public or private property, whether blatantly or through active dereliction of their civic duty. For me, it implies a slippery slope toward all manner of other issues, many of which some might consider more pressing concerns.

Perhaps in a world where it's increasingly possible enough people don't care that a lying, cheating, swindler of a man might soon become the President of the United States, it's also possible that enough people just don't care enough to pick up after themselves, or think nothing of destroying property. I believe it's a reflection of a certain level of apathy amongst those folks who litter, vandalize, or cover plaques or artwork with tags or graffiti. It might be generous to assume they are acting out; making some sort of statement based on the dismal state of world politics, climate change, wars or famine, but a sign of hyper-stimulated youth raised on a steady that would also assume they have a modicum of diet of TikTok, reels and Instagram who, lacking

is simply not the case.

Instead, such actions likely stem from a "me first," attitude; a belief that what one chooses to do – or not damned. Consider those who can't be bothered to bend over and pick up dog poop. I doubt they give a flying fig about the environment, polar bears on dwindling ice floes, or whether Mayor Groves just handed Caledon to developers on a silver platter. I can't help but wonder why bigger world problems don't concern some people, but perhaps it makes sense when you consider that some of those same people think it's perfectly ok not to "poop and scoop." By the way, to those who don't - what exactly do you think is going to happen to all that poop, that it will get up and walk itself to the trash?

Perhaps in a world where corporate greed is endemic, the rich do indeed seem to be getting richer, and social media continues to feed us lies and misinformation (or glorify influencers at the expense of the influenced) random acts of vandalism mean little. Is it the disenfranchised who destroy soccer equipment on local fields or simply the disengaged? One rather thinks it is the latter. Random acts of vandalism aren't about standing up for the marginalized or oppressed in a meaningful way, but rather, likely

SHERALYN ROMAN TALK CALEDON

go on a rampage out of frustration or worse, simply to post and get "likes." Whatever the reason, bagging said garbage, the not-for-profit soccer clubs who are "staffed" by do – is at their sole discretion and consequences be hard-working volunteers trying to provide a more meaningful outlet for pent up energy are left paying the price of repairs to vandalized equipment, as are the children who just want to play soccer.

As for the most recent graffiti damaging the Cardwell Junction murals, only recently unveiled, the plaques describing the reasons for the murals existence have been "tagged." Ironically, while some might consider graffiti to be an art form, in this recent example the graffiti "artist" has painted over the Artist Statement of the mural's designer Blaze Wiradharma, thereby rendering mute any "respect" for a fellow artist. Whether or not you admire Banksy, who started life as a graffiti artist, or approve of graffiti as art in the concrete spaces like under bridges or in the laneways and alleyways that dot cities, tagging is not art. Tagging is someone who simply wants to leave their mark on this world regardless of any damage done along the way, marking their "territory" much like a dog who urinates on the fire hydrant marks his.

Finally, as happens far more often than you would think, for those who apparently think nothing of tossing trash bags on the side of our country roads, there public property - what else don't you care about and is an especially malodorous place in "H.E. Double hockey sticks" with your name on it. I can't help but

go to all the trouble of stuffing it into your car or truck, and then taking it out for a Sunday drive.



Are you offering your trash one last little glimpse of the life it could have had before disposing of it on the side of the road? If you've gone to all the trouble of bagging it, there are much easier options than driving to the country to toss it. It's a novel suggestion but how about you simply carry it down to the end of your driveway, or dispose of it in your condo or apartment building's provided trash receptacles. If you insist on taking it for a drive first, then head directly to the dump.

One can only assume you are a special kind of degenerate who refuses to pay for extra trash bags, but surely the cost of gas for that long, last goodbye, negates any trash bag savings? I can't help but wonder that if you're the kind of person who thinks nothing of leaving your dog's poop behind, dropping your coffee cup wherever you are after taking your last sip, or worse - one who actively destroys or dumps on

No wonder this world is in trouble.

Iran's Rapidly Eroding Theocracy

is higher than in the first round [of Iran's presidential election]," Supreme Leader Ayatollah Ali Khamenei told Iranian TV just before the second round of voting on Sunday. "It is wrong to as- vets the list of candidates and often only extreme out. But five million extra voters decided Pezeshsume those who abstained in the first round are supporters of the theocracy make it through. But opposed to Islamic rule."

would be at the end of a second term (85), so it's understandable that he might misspeak from time to time, but that was a doozy. Five million extra people voted in the second round of the Iranian election, and they voted for Masoud Pezeshkian, election was being held to replace Ebrahim Raisi, the guy who opposes Islamic rule.

Well, not exactly opposes it. Actually, calling entire entourage in a helicopter crash in May.) for an end to "Islamic rule" - that is, total control that.

Pezeshkian. He's a "reformer" who pledges surprise, was in the lead. loyalty to the theocratic system but manages to

dictatorial aspects of the system if elected.

elections, because the Supreme Leader always once in a while some moderate reformer gets onto Khamenei is about as old now as Joe Biden the list of candidates, and then the "democrats" (let's call them that) face a choice.

That's what happened this time, perhaps because the managers of the system didn't have time to rig it as well as usual. (This presidential a harshly repressive president who died with his

Only one of the four candidates, Masoud of the country by a self-chosen group of Islamic Pezeshkian, could be described as a "reformer" scholars - will get you a long time in prison or and a lot of unimpressed democrats abstained as even a death sentence, so people tend not to do usual. Nobody got more than 50% of the votes, so the two leading candidates went through to a Instead, they vote for people like Masoud run-off round - but Pezeshkin, to most people's

He was still doomed to lose in the second round course, but he wants changes in Iran's politics and end than its beginning.

"I have heard that people's zeal and interest signal to the voters that he would ease up on the unless a lot more voters showed up, because his its economy. surviving opponent in the second round, hard-line It's normal for half the voters or more to boycott conservative Saeed Jalili, would inherit most of tive relations" with the the pro-regime votes from the ones who dropped

> carried him to victory. What does all this mean? In a 45-year-old system in which the Supreme Leader always has the last word, can it really make a difference?

> kian had a chance, showed up at the polls, and

What makes Iran so hard to read is that it is an oligarchy, based not on wealth but on religious knowledge, which at the point of delivery turns into a kind of democracy. The candidates are vetted for religious orthodoxy, the media do what they are told to - but nobody knows who is going to win the elections. This may be the regime's saving grace.

Assuming Pezeshkian is allowed to take ofpledged his loyalty to the Supreme Leader, of

OUR WORLD TODAY

GWYNNE DYER

He calls for "construc-West. He wants to revive the no-nukes deal with the United States (which

Donald Trump cancelled in 2018) in order to end the crippling sanctions and salvage the Iranian economy. He opposes the use of force to make women cover their hair. He promises to try to ease internet censorship by the state.

Nothing too radical, then. Just more evidence that the majority of Iranians dislike the existing system. No indication of when that dislike will again erupt into outright defiance (although it does so fairly regularly), or of when that defiance might finally succeed.

But if you can plausibly say that "this cannot fice, it might even extend the theocracy's survival go on forever", you are also saying "some day for another term or two. The president-elect has this will come to an end." This cannot go on forever, and it is probably a great deal closer to its





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Inaugural Ontario Junior Girls' "She Plays Golf" festival hosted by TPC Toronto at Osprey Valley

BY JIM STEWART

Eighteen Junior Girls took part in the "She Plays Golf" Festival at TPC Toronto at Osprey Valley on Saturday morning.

Friday's session with 24 participants was rained out so the radiant sunshine and ideal breezy conditions were welcomed by organizers of the RBC-sponsored event.

The initiative expanded to British Columbia and Ontario this year—building upon the Calgary-based pilot festival launched in 2023. In addition to Osprey Valley, "She Plays Golf" events were held simultaneously this week at Lionhead Golf Club and Humber Valley Golf Course.

The festivals feature inclusive programming for women and girls, addressing gaps in golf's participation pathway.

Katherine Hale, Manager of Women's Participation for Golf Canada, noted that "this weekend's event attracted Junior Girl golfers aged six to nine from across the GTA."

Hale explained the stations used by the event's instructors.

"We have three stations set up for putting, chipping, and full swings."

It was evident that the young golfers enjoyed the personal and upbeat instruction at the stations set up across Osprey Valley's practice range. Two youthful instructors encouraged, taught, and positively reinforced the six juniors at each station.

Hale's on-course colleague, Laura Wilson, cast a supervisory eye over the proceedings at each of the stations and said she liked what

"I love creating a safe, fun, and judgement-free environment for our new golfers with women-only leaders and instructors for the women-only participants."

Wilson, in her fourth year as Director of Inclusion Programs and Safe Sport for Golf Canada, praised the partnership that Golf Canada and "She Plays Golf" has struck with Toronto TPC at Osprey Valley.

vironment. They're such great partners who Plays Golf" participants embracing the game are behind the 'She Plays Golf' program this weekend at Osprey Valley.

100%. This is our first year in Ontario following up on the program's success in our inaugural event in Calgary last year. Osprey Valley has supported the First Tee program, too, since it started in 2022 for young boys and girls ages five to eighteen. These junior golf programs really promote the sport. We couldn't ask for a better partner."

TPC Toronto at Osprey Valley is one of 35 sites across Canada providing access to the First Tee and Youth on Course programs, engaging more than 20,000 young golfers since its launch two years ago.

The course's perfectly-manicured fairways and greens make it an ideal setting to induce young golfers, as is their engaging and welcoming clubhouse. It's filled with museum exhibits including a glass case featuring Adam Hadwin's famous green hoodie that he wore when he was tackled by a security guard while celebrating Nick Taylor's historical victory at the Canadian Open. Even the cork from the champagne bottle with which Hadwin christened Taylor is preserved for posterity. Also included in the clubhouse's exhibits are memorabilia connected to Brooke Henderson-Canada's winningest professional golfer with thirteen LPGA championships.

Henderson's influence on "She Plays Golf" and Junior Girls golfers was acknowledged by Wilson.

"It's huge to have Brooke and Alena Sharpe representing Canada at the Olympics this month and winning LPGA events. Having role models is so important for young women. Brooke and Alena are both lovely ambassadors for the game and provide a pathway and inspiration for Canadian women internationally."

Henderson and Sharpe will represent Canada at the Paris Olympics from August 7-10 at Le Golf National.

The dynamic duo from Smiths Falls and Ancaster, respectively, will appear in their "The club provides such a welcoming en- ers for an entire nation, including the "She



PHOTO BY JIM STEWART

Knuckleballer Hodgson leads New Lowell Knights to 5-0 upset win over Bolton Brewers

BY JIM STEWART

It was an old-fashioned pitcher's duel between NDBL archrivals on Thursday night at North Hill Park –until it wasn't.

The sixth-place New Lowell Knights (7-3-4) nursed a precarious 1-0 lead into the top of the seventh, but broke the ballgame wide open with four timely runs in their final at-bats to earn an improbable 5-0 shutout over the high-scoring, first-place Brewers (11-3-0).

For six innings, the Brewers and Knights were third consecutive Olympics as standard-bear- locked in a classic baseball game that featured masterful performances on the mound. The Brewers sent their animated sidewinder Victor Moguel to the bump to match pitches with the Knights' crafty knuckleballer Nick Hodgson. Moguel provided a quality start for the Brewers—he pitched 6+ innings and surrendered just 1 earned run.

> That would be good enough to earn a W on most nights for the offensive juggernaut from Bolton, but not on Thursday.

> Hodgson was just that much better than his mound counterpart at North Hill and frustrated the living daylights out of Brewers' hitters including veteran Bolton outfielder Chris Fafalios who saw his fair share of knucklers, sneaky wellplaced fastballs, and an array of splitters from the Knights' hurler.

> "We know what he has, so it's frustrating that we couldn't hit him. He threw his splitter to our power hitters and we were just ahead of it the whole time. We were definitely just missing. I mashed one, but the third baseman made a great

> Not only did Hodgson keep steady hitters like Fafalios in check for all seven innings, but his pinch-hit appearance at the top of the seventh contributed to a four-spot by the visiting Knights. Hodgson's timely double provided a cushion for the bottom of the seventh during which he dispatched a trio of Brewers' pinch hitters in a tidy 1-2-3 manner, including the final two by strikeouts. In short, Hodgson was a one-man wrecking crew for the Brewers' nemesis from New Lowell.

> The crafty righthander's final pitching line and hitting line were impressive.

> His 6K CG 4-hitter against the hard-hitting Brewers was complemented by a hit, RBI, and

run scored in one at-bat against Bolton reliever Nick Fiorucci who struggled with command in the decisive seventh.

Fiorucci yielded three earned runs in an inning of work—inheriting a runner on first with no outs and the Brewers trailing 1-0 when Head Coach Mike Wallace hooked Moguel after 84 pitches.

Hodgson's stellar work on Thursday night for the sixth-place Knights was reminiscent of how the defending 2023 North Dufferin Baseball League champions won the Strother Cup last September at North Hill - much to the chagrin of the favored Brewers and their loyal fans. Good pitching and timely hitting were the keys to victory on that September afternoon and the champs replicated the recipe to stay in the middle of the pack in the tightly-contested NDBL Senior Division.

However, as championship-calibre teams do, the Brewers atoned for their power outage on Thursday night. Bolton defeated the Barrie Angels 7-2 at Dana Field in Midhurst on Saturday. Less than 24 hours later, Bolton scored thirty-two runs to sweep a doubleheader – 17-7 and 15-4 – from the Clarksburg Blues at North Hill on Sunday.

In Midhurst, Bolton starter Mateo Stothers went the distance to earn the W by scattering nine hits, yielding zero earned runs, and striking out three Angels over the five innings he worked.

NCAA Genesee Community College Cougars' pitcher Saunders Mireault absorbed the loss for Barrie by yielding six earned runs and eight hits over the five innings he worked for the Angels.

Carter Burnside led the Brewers' attack at Dana Field with three hits, an RBI, and a run scored. Ben Sterritt and Josh Hickey each collected two hits and an RBI versus Barrie.

On Sunday morning and afternoon, the Brewers brought out the big bats against Clarksburg.

In Game 1, Bolton fell behind 7-0 to the 10thplace Blues squad, but rallied for a dramatic 17-7 morning victory. In Game 2, the Brewers carried their momentum into the afternoon and defeated the Blues 15-4.

With the three consecutive victories on the weekend, the Brewers improved their ND-BL-leading record to 14-3-0.

Bolton hosts the Barrie Angels on Thursday night at North Hill Park. First pitch will be thrown by the Brewers at 7:30 p.m.



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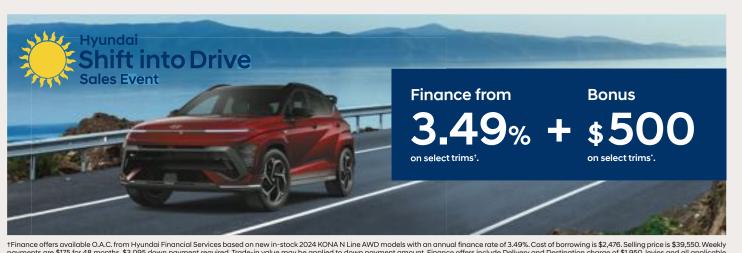
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ARTS & CULTURE







(LEFT) The Hogfather and Dinosaur Smokehouse teams work together. (RIGHT) The Ribs Royale team was happy to return to Caledon Ribfest.

PHOTOS BY ZACHARY ROMAN

Caledon Music Festival returning this August at various venues

Shows to be held between August 4 and 18

BY ZACHARY ROMAN LOCAL JOURNALISM

INITIATIVE REPORTER

A celebration of classical music is coming back to Caledon.

Between August 4 and August 18, the Caledon Music Festival will be held. Concerts take place at a number of different locations across

Festival organizer Terry Lim said some of the world's finest musicians will be playing in

"This year, the festival becomes an amazing, colourful canvas, bringing to life stories, emotions, and the experiences that make us human, all through the power of music," said Lim. "With an incredible lineup of artists, we're diving straight into the stories that cover everything life throws at us."

year's Caledon Music Festival will have its own unique impact on residents' ears, hearts and minds.

The first show of this year's festival will be held at 2 p.m. on August 4 at the Alton Mill

Arts Centre. Titled "Friends of Chamber Music", the show will feature everything from operatic arias to electronic music.

"It's going to be an incredible afternoon of chamber music-making," said Lim.

"Tasting Notes", a signature event that pairs drinks, beautiful views, and jazz-influenced classical music, will be held at 7:30 p.m. on August 7 at Davis Family Farm.

"Located in the hills of Caledon East, Davis Family Farm grows on average 60 acres of sunflowers," said Lim.

He said the combination of the views and music will make for a magical experience and bright atmosphere.

At 7:30 p.m. on August 14, there will be a "Cello Recital" at Caledon East United Church. This will be no normal recital however, because performing will be cello virtuoso Daniel Hamin Go and pianist Ben Smith.

Lim said both artists are truly remarkable and will showcase the mysteries of their respective instruments.

The grand finale of this year's Caledon Music Festival will be held at 2 p.m. on August 18 at the Alton Mill Arts Centre. It will be a concert called "Passions and Storms" and bring Lim said each concert held as part of this together the combined musical talents of all who will be performing as part of this year's Caledon Music Festival.

> To learn more about the Caledon Music Festival or purchase tickets for a show, those interested can visit caledonmusicfest.ca.



The Caledon Music Festival returns this year with shows being held between August 4 and 18 at locations across town. **FILE PHOTO**

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Residents enjoy Ribfest at new location

BY ZACHARY ROMAN

LOCAL JOURNALISM INITIATIVE REPORTER

Caledon residents enjoyed award-winning ribs last weekend.

From July 5 to 7, Caledon Ribfest was held in the parking lot outside the Caledon East Community Complex.

The event's main draw was its three award-winning rib vendors: Dinosaur Smokehouse, Ribs Royale, and The Hogfather.

The event ran from 11 a.m. to 10 p.m. on

July 5 and 6, and from 11 a.m. to 5 p.m. on July 7.

In addition to the ribs, attendees enjoyed live music, beer gardens, and other food and drink vendors. There were activities for kids, and donations were collected at the event for Bethell Hospice and Meaghan's Music Room.

Caledon Ribfest was a partnership between The Caputo Group and the Town of Caledon.

Regional Councillor Mario Russo said the vendors and ribbers were phenomenal and that the entertainment was "out of this world" in a social media post.

Edward Jones



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COMMUNITY

This column is provided as a free public service to non-profit organizations to announce up-coming events. Please contact the Caledon Citizen by calling (905) 857-6626 or emailing admin@caledoncitizen.com if you wish to have an announcement published.

TOPS (Take Off Pounds Sensibly) ON 1344 Bolton - Real People, Real Weight Loss is a non-profit group. We meet weekly on Wed. evenings in the basement of Bolton United Church. Weigh-ins are 6:00-6:30 followed by a meeting. The initial annual fee incl. a bi-monthly magazine and starter kit is \$59, and monthly dues are \$20. Today is the best day to make changes to your lifestyle! If you have weight to lose and/or want to improve your health, we can help! We promote healthy eating and support the efforts of all our members, and your first meeting is free. Come join us. For more information call Marion at 905-857-5191 or see www.tops. org. Online memberships are also available.

The Bolton Al-Anon Group has recently moved the regular meeting location to the Bolton United Church at 8 Nancy Street (across from Bolton Post Office). We still meet every Thursday at 8:30 pm. We welcome anyone who is/or has been affected by someone who has problem with alcohol. If you have any questions please come any Thursday evening or email: boltonalanon@gmail.com.

Caledon Church of Canada. Every Sunday morning @ 10 am. Monday prayer meeting @ 7 pm. Resources: Prayer counselling, Baby/ child dedication, Visit the sick, Wedding Services, Food bank and more! For all your pastoral services: 647-891-9400 • caledoncoc@gmail.com

Friday, July 19 - BBQ Steak Dinner Join us at the Caledon Seniors Centre at Rotary Place on Friday, July 19th at our BBQ Steak Dinner featuring the melodic calypso of Joe Cullen on his steel drum! Arrival time starts at 6:30 pm with the meal

Location: 34 Nixon Rd., Bolton

served at 7:00 pm.

Menu: BBQ steak, potatoes, peppers, zucchini, mushrooms & onions, Caesar salad and ice-cream sandwich dessert.

Cost: \$40 - must be purchased in advance! Limited tickets available.

Call the Centre at 905-951-6114 to purchase your tickets!

Wednesday, July 24 - Special Lunch The Caledon Seniors Centre at Rotary Place will be their Special Lunch on Wednesday, July 24.

Menu: Peameal Bacon on a Bun, Fried Onions, Coleslaw & Pineapple Sunshine Cake for dessert.

Order deadline: Monday, July 22 at 3:30 pm. Call the Centre at 905-951-6114 to register!

Thursday, August 8 - Paint Night on the Patio The Caledon Seniors Centre at Rotary Place in Bolton is hosting a Paint Night on the Patio on Thursday, August 8 from 7:00 to 10:00 pm! Tickets: \$30 which includes hors d'oeuvres, wine, cheese, paints and supplies.

They will be on the patio painting Dot Mandalas. Call the Centre at 905-951-6114 to purchase your tickets!

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Att: Manager, Caledon Seniors Centre

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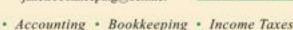
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This year's Cheltenham Day event had a Hawaiian theme.

PHOTO BY HOLLY MONKMAN



Cheltenham firefighters were grilling up food all day for hungry residents.

PHOTO BY ZACHARY ROMAN

Cheltenham Day brings community together for a full day of fun

BY ZACHARY ROMAN LOCAL JOURNALISM

Cheltenham residents know how to have a good time. On July 6, Cheltenham residents and firefighters came together to host Cheltenham Day, an annual community celebration

There was a bike parade, tube race, rubber duck race, street hockey, bouncy castles, firefighters' barbeque, vendor's market, live music, beer gardens, and much more.

The event was made possible thanks to the efforts of many dedicated volunteers and generous sponsors.



The annual tube race always draws a crowd.

PHOTO BY HOLLY MONKMAN

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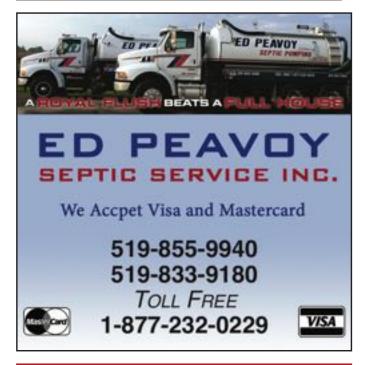
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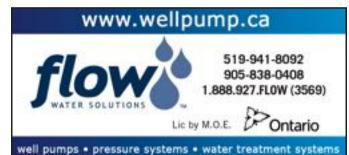


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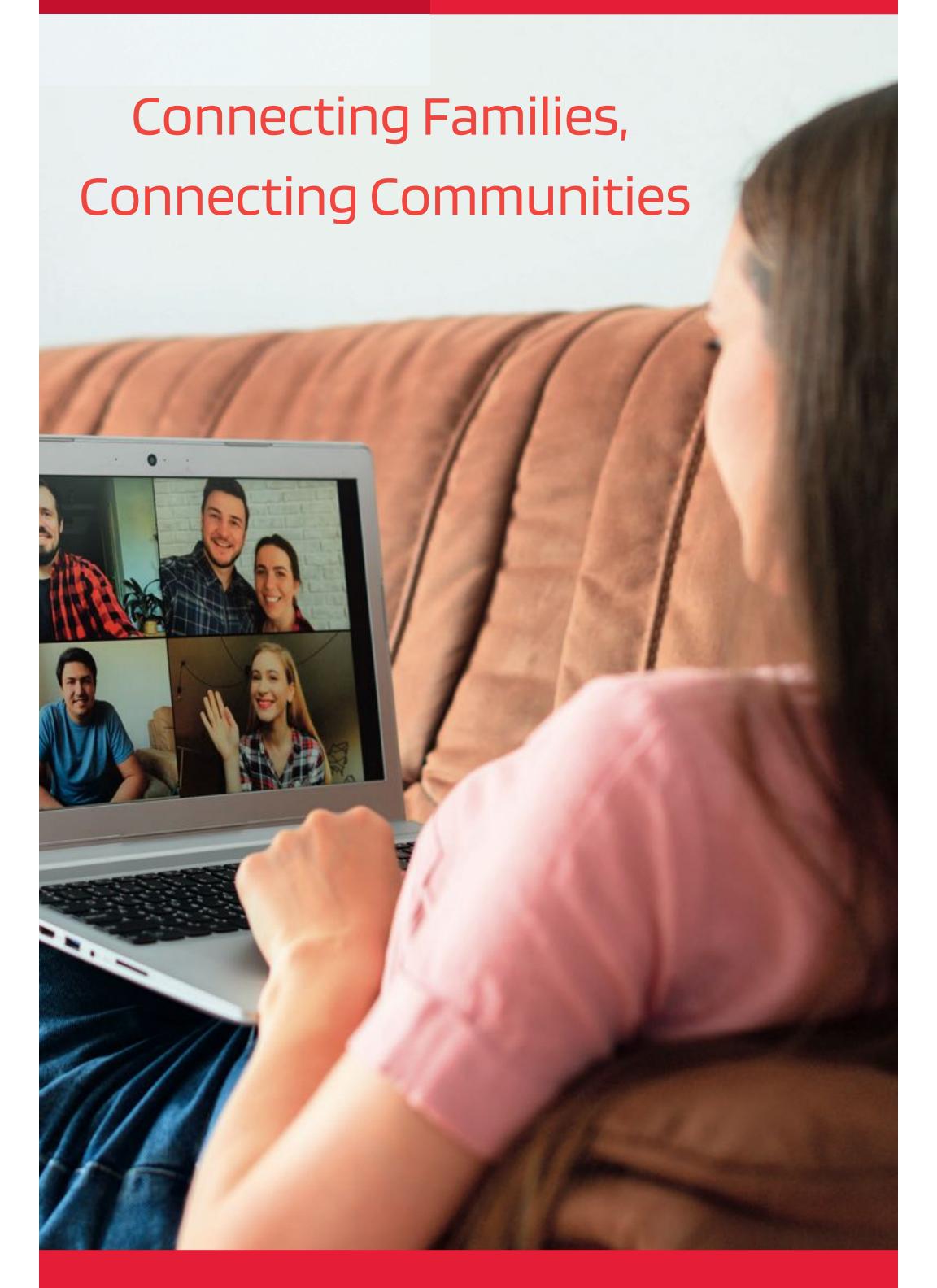
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