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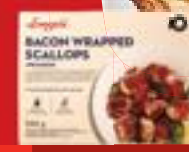


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IN THE PINK — Over 175 people attended the inaugural Headwaters Hike to Fight Breast Cancer on October 10. Held at Monora Park in Mono, the event raised 68,000 for breast cancer care equipment for local health care. For more, see Page A3.

HEADWATERS HEALTH CARE FOUNDATION PHOTO

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Advocates hail new, "overdue" aggregate policies in Caledon

Policies adopted at Special Council meeting

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

Caledon has adopted new aggregate policies.

After a lengthy supplementary aggregate policy study process, Caledon Councillors voted to adopt new aggregate policies at an October 7 Special Council meeting.

As a result, Caledon's official plan will be updated to prioritize environmental stewardship, infrastructure development and community well-being when it comes to aggregate extraction.

The new policies are two years in the making.

In 2022, a study found Caledon's aggregate policies were the weakest out of all of Ontario's top ten aggregate producing municipalities. Caledon implemented a year-long Interim Control Bylaw to prevent new pits and quarries, which it renewed for a second year, so it could update its aggregate policies.

Continued on Page B15

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New partnership will engage youth in protecting Greenbelt

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

Local youth will contribute to the health of the Greenbelt thanks to a new partnership.

On October 7, the Credit Valley Conservation Foundation (CVCF) announced a new partnership with the Greenbelt Foundation to support Credit Valley Conservation's (CVC) community outreach youth stewardship programs.

Over the next year-and-a-half, the Greenbelt Foundation has committed nearly \$20,000 to support stewardship and educational activities that will help restore and protect habitat near urban areas for freshwater species at risk within the Greenbelt.

Continued on Page A6

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Caledon residents age 40 and above can now book referral-free breast cancer screening

October is breast cancer awareness month

BY ZACHARY ROMAN
LOCAL JOURNALISM INITIATIVE REPORTER

Eligible residents of Caledon and Dufferin can now book referral-free breast cancer screening.

On October 8, the Hills of Headwaters Collaborative Ontario Health Team (HOHC OHT) and Headwaters Health Care Centre announced that women, Two-Spirit, trans and non-binary people in Ontario aged 40 to 49 can now be screened for breast cancer without a referral. Prior to October 8, referral-free screening was only available for people aged 50 to 74.

The change comes as an expansion to the Ontario Breast Screening Program (OBSP).

“The expansion will provide greater access and allow more people to take action for their breast health,” reads an HOHC OHT news release.

According to 2023 Canadian Cancer Statistics, breast cancer cases in the 40 to 49 age bracket represent 13 per cent of all projected breast cancer cases in Canada.

The Headwaters Health Care Centre, one of three OBSP locations in Dufferin and Caledon, is offering more screening mammograms in October for breast cancer awareness month. A mammogram is a highly-effective screening test for breast cancer, notes the HOHC OHT news release.

Dr. Grace Wang, Chief of Staff, and a general surgeon at Headwaters Health Care Centre, said getting a mammogram is one of the best ways to detect abnormalities in the breast.

“Mammograms can see even the smallest lesions that need treatment, which can lower the risk of dying from breast cancer thanks to early diagnosis. Mammograms are safe and they save lives,” said Wang.

“In addition to being a certified centre for the Ontario Breast Screening Program, Headwaters Health Care Centre runs a Breast Diagnostic Assessment Program which helps expedite diagnosis and referral to a breast surgeon.”

For Canadian women, breast cancer is the most common cancer. It’s estimated that one in eight women will develop breast cancer in their lifetime. The disease is treatable and curable, and the earlier one is diagnosed, the better one’s chances for survival.

Dave Pearson, Executive Director of the HOHC OHT, said early detection helps to save lives.

“According to 2023 data, only 62 per cent of eligible individuals in our community are up to date with mammogram screenings. In collaboration with community partners and physicians, our goal is to increase that number and decrease the risk of breast cancer in Dufferin and Caledon,” said Pearson. “The OBSP expansion will allow more people in our community to self-refer for a mammogram earlier in their life, increasing access to care for those who may not have otherwise been able to receive a referral.”

On October 10, the Headwaters Health Care Foundation held its first-ever Hike-2Fight to raise funds for cancer prevention and treatment equipment at the Headwaters Health Care Centre.

The OBSP recommends getting screened for breast cancer every two years. Those looking to learn more about where to get screened and what to expect can visit the following website: preventingcancer.ca.

To book a mammogram breast screening appointment, eligible individuals can call the Headwaters Health Care Centre at 519-941-2410 extension 2842 Monday to Friday from 8 a.m. to 4 p.m.

The Dufferin/Caledon Community Help Line, 1-844-806-3093, can also be called. An operator on the line will help navigate callers to the nearest OBSP site.

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Inaugural Headwaters Hike to Fight Breast Cancer raises \$68,000

Hike held at Monora Park in Mono

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

A recent charity hike was a massive success.

On October 15, the Headwaters Health Care Foundation (HHCF) announced that its inaugural Hike to Fight Breast Cancer, held on October 10 at Monora Park in Mono, raised \$68,000 for breast cancer care equipment.

Over 175 people participated in the hike, choosing between one-, three- and five-kilometre routes. After the hike, there was a barbeque dinner and games.

The top fundraising individual for the hike was Julie Daley, who raised \$2,845. The top fundraising team was Stride for Strength; they raised \$4,615.

A major contribution to the event's fundraising total was a \$30,000 gift on behalf of the estate of Karl Edelbrock.

Edelbrock's daughters, Teresa Pope and Erica Edelbrock, said they were happy to know their father's gift is supporting breast cancer care at the Headwaters Health Care Centre as their mother passed away from breast cancer.

HHCF CEO K.C. Carruthers said he

wanted to thank all the sponsors, participants and donors that made the hike a great success.

"Together, we're not just hiking but we are building on the promise of exceptional care close to home for those touched by breast cancer in our community. The Headwaters Hike to Fight Breast Cancer is a testament to the power of our community when we come together to support such an impactful cause," said Carruthers. "I am eager to see what this event will bring in the future and I look forward to watching it grow year after year."

Breast cancer is the most common cancer for women all over the world — someone receives a diagnosis every two minutes.

Almost every piece of equipment used to provide cancer care at Headwaters Health Care Centre is purchased thanks to donations from individuals and organizations in the community.

"Events like the inaugural Headwaters Hike to Fight Breast Cancer are critical to ensuring Headwaters Health Care Centre can continue to provide cancer care treatment for our community, close to home," said the HHCF in a news release.

The HHCF is already preparing for next year's hike. Individuals or businesses looking to get involved can contact Christine Patterson at cpatterson@headwatershealth.ca or 519-941-2702, ext. 2309.

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HOME INVASION INVESTIGATION

Officers from the Caledon OPP are investigating a home invasion and attempt robbery in Bolton.

“On October 15, 2024, shortly before 6:00 a.m., officers were dispatched to a residence on Crestridge Drive for a home invasion in progress,” say Police. “Suspects fled the scene prior to police arrival. The preliminary investigation revealed that three males forcefully entered the residence. The suspects are described as two being black, and one white. They all wore dark-colored hoodies and face coverings. They demanded keys of the victim’s vehicle, which did they not obtain. No injuries were sustained as a result of the incident and no property was taken. They left in a navy blue or dark-colored hatchback.”

The investigation is ongoing by the Caledon OPP Major Crime Unit with the assistance from the OPP Forensic Identification Unit (FIS). If you have any infor-

mation in relation to this incident, please contact the Caledon Major Crime Unit at 1-888-310-1122. You can also provide information anonymously by contacting Peel Crime Stoppers at 1-800-222-TIPS (8477) or online at www.peelcrimestoppers.ca. When you contact Crime Stoppers you stay anonymous, and you never have to testify.

Caledon OPP reminds everyone to be aware of their home and personal safety. Always ensure that doors and windows are locked and be aware of your surroundings.

FATAL COLLISION

Officers from the Caledon OPP are investigating a fatal collision on Highway 10, in the Town of Caledon.

“On October 12, 2024, just after 2:30 a.m., Caledon OPP and emergency crews responded to a single motor-vehicle collision on Highway 10, near Old School Road,” say Police. “One driver, a 48-year-old of Erin, was airlifted to hospital and later pronounced as deceased.”

Highway 10 Between King Street and

Old School Road was closed for several hours while the OPP Technical Collision Investigators and Reconstructionists assisted with the investigation. Anyone who may have witnessed the collision or has dashcam footage is asked to contact Caledon OPP at 1-888-310-1122. You can also provide information anonymously by contacting Peel Crime Stoppers at 1-800-222-TIPS (8477) or online at www.peelcrimestoppers.ca. When you contact Crime Stoppers, you stay anonymous, and you never have to testify.

If you are affected by this incident or witnessed the collision and wish to speak to victim services, Caledon/Dufferin Victim Services can be reached at 905-951-3838.

IMPAIRED CHARGES

Members of the Dufferin Detachment of the Ontario Provincial Police (OPP) have charged a Brampton resident with impaired operation related offences as the result of a traffic stop.

“On October 13, 2024, at approximately 9:30 p.m., Dufferin OPP officers were conducting traffic enforcement on Highway 10 in the Town of Mono,” say Police. “Officers noted a traffic violation and conducted a traffic stop. During their interaction officers were quickly led to an impaired driving investigation.”

Sunil Bhatta, a 33-year-old male, from Brampton has been charged with:

- Operation while impaired - alcohol and drugs;
- Operation while impaired - blood alcohol concentration (80 plus);
- Drive motor vehicle - not equipped with ignition interlock device;
- Driving motor vehicle with open container of liquor;
- Drive vehicle or boat with cannabis readily available;
- Entire plate not plainly visible;
- Fail to surrender permit for motor vehicle;
- Fail to surrender insurance card.

The accused individual is scheduled to appear before the Ontario Court of Justice in Orangeville. Their driver’s licence was suspended 90 days, and their vehicle impounded for 7 days.

The charges have not been proven. “The Dufferin OPP reminds motorists

to plan ahead when consuming alcohol or drugs. Use a designated driver, cab, ride-share, public transit or stay overnight. Any amount of alcohol or drugs can impact your ability to make sound judgements. In a split second you could ruin your future, injure or kill others, and tear a hole in the heart of everyone who loves you.

“Members of the Dufferin OPP are committed to public safety, delivering proactive and innovative policing in partnership with our communities. Officers value your contribution to building safe communities.”

If you suspect someone is driving while under the influence of drugs or alcohol call 9-1-1. If you have information about suspected unlawful activity, please contact the OPP at 1-888-310-1122 or Crime Stoppers to remain anonymous at 1-800-222-8477 (TIPS) or www.crimestoppersdm.com.

Caledon OPP present quarterly report to Council

Statistics from April to June showcased at October 8 general committee meeting

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

Highway Traffic Act charges have increased by nearly 70 per cent year-over-year in Caledon.

On October 8, Caledon OPP detachment commander Natalie Majer presented the police’s quarterly report for the months of April to June.

One notable statistic from the report is the number of Highway Traffic Act charges laid by police.

From January to June in 2023, 6,683 charges were laid. From January to June this year, 11,252 were laid. That represents a nearly 70 per cent increase.

Majer said police have been able to patrol the roads more through overtime shifts, leading to the increase in charges laid.

“Our detachment has participated in a number of provincially-driven traffic campaigns and local ones,” said Majer.

The Caledon OPP’s Easter long weekend campaign saw 676 offence notices written. During Canada Road Safety Week in May, 795 were written. During the week of Canada Day, 884 offence notices were written.

In May, Caledon OPP collaborated with police airplane services and laid 26 charges, towing three vehicles in which drivers were stunt driving.

Also in May, police did a joint blitz with the Ministry of Transportation (MTO) on Highway 10. Police laid 107 charges and the MTO laid 24. From 34 commercial motor vehicle inspections, the MTO took eight vehicles out of service.

From January to June this year, there were seven fatalities from motor vehicle collisions in Caledon, four of which took place between April and June.

Between April and June, police caught 67 impaired drivers in Caledon and 903 drivers not using their seatbelts. Police also caught 73 distracted drivers.

In her presentation, Majer provided an overview of other crime statistics and police initiatives in Caledon, and answered questions from Councillors.

Mayor Annette Groves thanked Majer for her presentation and said she always finds the OPP’s presentations helpful.

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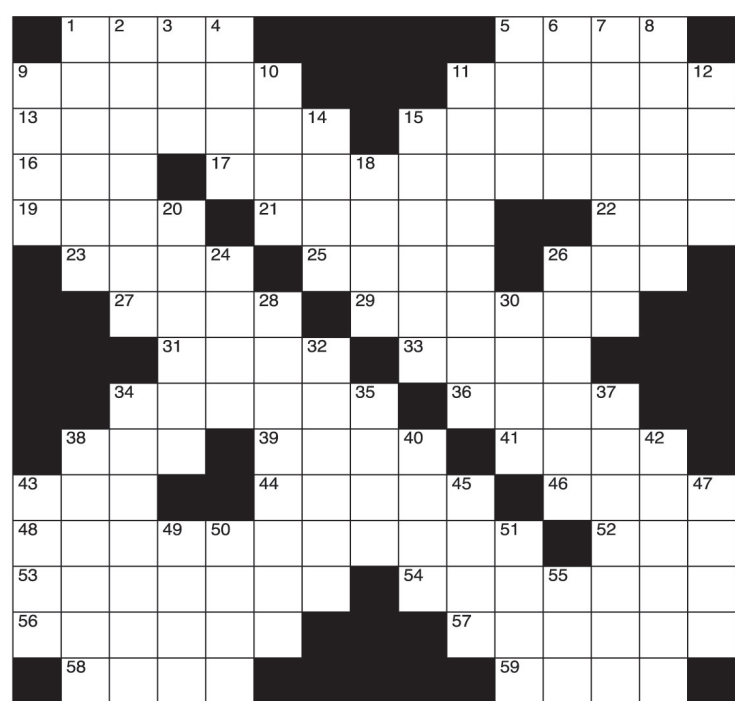
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CLUES ACROSS

1. Tall, upright post on a boat
5. Basics
9. Used to refer to cited works
11. Folds
13. Former UK PM May
15. Cold region of Russia
16. Standard operating procedure
17. Separating
19. Particles
21. A way to map out
22. Referee declares
23. Beginner
25. Water (Spanish)
26. Gov’t lawyers
27. Non-reproductive parts of an organism
29. Spanish friends
31. A type of tree
33. Walk heavily

CLUES DOWN

1. One who rides an
36. Free-swimming marine invertebrate
38. Political action committee
39. SB19 hit song
41. Scorch the surface of
43. Moved quickly on foot
44. Sacred state for a Muslim
46. Growl
48. Pearl Jam frontman
52. Irritating person
53. Something requiring a solution
54. Firing
56. Hazards
57. Taiwan capital
58. Impudence
59. Rock frontman

- elephant
2. Absence of bacteria
3. Soviet Socialist Republic
4. Men’s fashion accessories
5. “Honey” actress Jessica
6. Round red root vegetable
7. Latin term for “charity”
8. Doesn’t smell good
9. Mental health issue
10. Millisecond
11. Hairstyle
12. Edible starch
14. Middle Eastern military title
15. Protein-rich liquids
18. Indian musical pattern
20. Cancer and Capricorn
24. Country along the Arabian peninsula
26. A bend
28. Fishes of the herring family
30. Antelopes
32. Chaos
34. Popular music app
35. Cooking material
37. Musical instrument
38. San Diego ballplayers
40. Small amounts
42. Poured
43. Fabric
45. Food option
47. Finger millet
49. The U. of Miami mascot is one
50. Alberta, Canada river
51. Canadian flyers
55. Dry white wine drink

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Orangeville councillor Tess Prendergast to be Ontario Liberal Party's Dufferin—Caledon candidate

BY SAM ODROWSKI

The Dufferin—Caledon Provincial Liberal Association recently announced Tess Prendergast will officially be nominated as the Ontario Liberal Party's candidate for the upcoming provincial election in Dufferin—Caledon.

She will be nominated at an Ontario Liberal Party meeting on Sunday, October 20, at 1 p.m. at Caledon Village Place (18313 Hurontario St., Caledon Village).

"Tess Prendergast is a dedicated community leader, currently serving as a Councillor for the Town of Orangeville. A passionate advocate for public services and environmental sustainability, Prendergast brings her extensive experience in education, social justice, and municipal governance to the provincial stage," said the Ontario Liberal Party in a statement.

"She previously ran as a candidate in the 2022 provincial election and has long been engaged in local politics and community development, focusing on affordable housing, healthcare, and accessible public transit."

Prendergast ran as the NDP candidate in Ontario's 2022 provincial election.

She's been a resident of Orangeville since 2011, and her priorities are focused on strong public services, promoting economic opportunities, and ensuring that government decisions are transparent and accountable.

As a French teacher and librarian, her work has been committed to improving education, public health care, and the environment.

"She aims to bring these values into the provincial legislature," said the Ontario Liberal Party's press release.

The nomination event on October 20



TESS PRENDERGAST

CONTRIBUTED PHOTO

is open to all, and those interested in supporting Tess's campaign are encouraged to attend.

Anyone interested in attending the event can contact Josh Loeffler, President of the Dufferin—Caledon Provincial Liberal Association, for more information at president@depla.ca or 519-216-1549.

PUBLIC NOTICE

SALE OF LAND BY PUBLIC TENDER

THE CORPORATION OF THE TOWN OF CALEDON

Take Notice that tenders are invited for the purchase of the lands described below and will be received until 3:00 p.m. local time on November 7, 2024, at the Town of Caledon Municipal Office, 6311 Old Church Road, Caledon Ontario.

The tenders will then be opened in public on the same day as soon as possible after 3:00 p.m. at the Town of Caledon Municipal Office, 6311 Old Church Road, Caledon.

This meeting will be held virtually and in-person. Visit caledon.ca/taxsale to click on the meeting link or call into the meeting to listen to the proceedings at: Phone Number: 1-416-216-5643, Meeting Access Code: 2634 174 6952 # or attend in-person at the Town of Caledon Municipal Office, 6311 Old Church Road, Caledon Ontario. Please advise us if you require an accessibility accommodation to participate.

DESCRIPTION OF LANDS:

1. Roll No. 21 24 010 006 25214 0000; 3 ATCHISON DR., CALEDON; PIN 14336-1031 (LT) File No. 22-10; **Minimum Tender Amount: \$64,302.25**
2. Roll No. 21 24 010 007 05806 0000; MAYFIELD RD.; PIN 14348-0556 (LT); File No. 22-11; **Minimum Tender Amount: \$9,576.36**
3. Roll No. 21 24 030 005 18801 0000; MCKENZIE ST.; PIN 14265-0151 (LT); File No. 22-18; **Minimum Tender Amount: \$36,764.80**

Except as follows, the municipality makes no representation regarding the title to, crown interests, or any other matters relating to the lands to be sold. Responsibility for ascertaining these matters rests with the potential purchasers. Any interests of the Federal or Provincial Crown encumbering the land at the time of the tax sale will continue to encumber the land after the registration of the tax deed. This sale is governed by the Municipal Act, 2001 and the Municipal Tax Sales Rules made under that Act. A full copy of the tax sale advertisement and further information about this matter is available on line at www.OntarioTaxSales.ca and/or caledon.ca/taxsale or you may contact Tanya Baird, Senior Clerk, Revenue Finance Department, The Corporation of the Town of Caledon, Caledon ON L7C 1J6, Telephone: (905) 584-2272 Ext. 4110, Email: finance@caledon.ca.



6311 Old Church Road
Caledon, ON L7C 1J6
caledon.ca
T. 905.584.2272 | 1.888.225.3366 | F. 905.584.4325



NEWS

Subscribe: caledon.ca/enews

Animal Shelter Donations

It's the season of giving! Looking for a way to give back? Consider donating to Caledon's Animal Shelter.

Donation Options:

- Online - Visit caledon.ca/donations – new!
- In-person - Visit us at 12889 Coleraine Drive, Bolton
- Mail - Send a cheque payable to the Town of Caledon to 12889 Coleraine Drive, Bolton, L7E 3B5.

When you donate to the Caledon Animal Shelter, we use the funds to care for shelter animals who need help. All donations of \$20 or more receive a tax receipt.

Learn more: caledon.ca/donations



Municipal, Agricultural and Community Grants

Is your not-for-profit planning an event or project to benefit Caledon residents between December 2024 and May 2025? Apply today for our Municipal, Agricultural, and Community Grant!



Visit caledon.ca/communityactionfund to apply!

Explore Volunteer Opportunities in Caledon



Join us at our Voluntour Caledon showcase! Explore volunteer opportunities and discover the benefits of community involvement.

November 6 | 4:30 - 7:30 p.m. | Southfields Community Centre
Registration is encouraged by November 5 but walk-ins are welcome.

Need a ride? Call 905-584-2272 x4106 or email adult55@caledon.ca

For complete details, visit caledon.ca/adult55.

Residents 65+ Windrow Removal Assistance



Residents 65+ may be eligible for the Windrow Removal Assistance Pilot Program.

Windrows are piles of snow created at the foot of a driveway after a snow plow clears the road.

The first 200 qualified residents will receive windrow removal assistance from December 2024 – March 2025 for a fee of \$200. This program cannot be combined with the Outdoor Maintenance Assistance Program.

Apply by November 22 at caledon.ca/adult55



Movies in the Park

Join us at sunset for the last movie of the Movies in the Park 2024 season. Bring your friends, family and anyone else that makes the perfect movie date!

This month's movie is Kung Fu Panda 4.
Caledon Fairgrounds, October 25, 2024 at 6:15 p.m.
Visit caledon.ca/movies for complete details.

Community Recognition Task Force

The Town of Caledon is looking to recruit residents to be part of the new Community Recognition Task Force. The task force will consist of five community volunteers (four members and one chair) with experience supporting various initiatives within Caledon and will be responsible for recommending award winners to Council for the Caledon Civic Awards Program and Caledon's Walk of Fame.

Interested? Apply today at caledon.ca/committees



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Caledon, ON L7C 1J6
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Credit Valley Conservation Foundation and Greenbelt Foundation announce new partnership

Continued from FRONT

Holly Nadalin, Manager of Community Outreach and Education for the CVC, said she's excited for the partnership and that it will inspire youth to take action in the Credit River Watershed.

"This project gives youth volunteers the opportunity to tackle environmental stewardship work that supports the long-term protection of Ontario's Greenbelt and enhancement of freshwater habitat for species at risk," said Nadalin.

The stewardship work for this project will take place at Silver Creek in Halton Hills, a conservation area that's just outside Caledon's western boundary.

A CVC news release notes the project will "improve the biodiversity and protection of over 10 hectares of critical habitat... as youth volunteers engage in actions outlined in CVC's Hungry Hollow Sustainable Neighbourhood Action Plan. Through 20



Three youth volunteers took part in the Youth in Silver Creek Stewardship and Education project this past summer during CVC's Conservation Youth Corps program. **CVC PHOTO**

PUBLIC NOTICE

Notice to Residents of Construction

Kingsview Drive Emergency Culvert Repair/Replacement Works From Hathaway Court to Longwood Drive

WHAT ARE WE DOING?

- Erosion and sediment control measures
- Emergency culvert repair/replacement works
- Sewer repair works
- Temporary utility relocation works
- Paving and installation of new guide railing
- Traffic line painting

WHY?

Existing culvert is in poor structural condition and there is a potential for immediate risk of failure/collapse creating a significant public safety concern.

WHEN?

The construction work is anticipated to start in October 2024 and anticipate being completed by early winter (first quarter of 2025), weather permitting.

WHO CAN YOU CALL?

Town of Caledon		
Contact Person	Responsibilities	Telephone Number
1st – Amber Leal, CET 2nd – George Golding, P.Eng. 3rd – Service Caledon	Project Manager	905-584-2272, ext. 4141 905-584-2272, ext. 4523 905-584-2272, ext. 7750
Engineering Consultant – R.J. Burnside and Associates Ltd.		
Contact Person	Responsibilities	Telephone Number
Mack Chiasson	Project Manager	1 800-265-9662
Contractor – To Be Determined		

BELL/ROGERS

Unfortunately, the Town has historically discovered communications cables installed closer to the ground surface than specified. If these lines are closer to the surface than the Bell/Rogers specification a line may inadvertently be cut by the construction crew. It is Bells/Rogers responsibility to provide you with a service that is buried to a sufficient depth and they will need to address any line outages.

In the event you find your line is cut please contact them directly at: Bell outside Service Wire: 1-866-310-2355 Rogers Communications: 1-888-764-3771

TRAFFIC AND PARKING CONTROL

Following a recent culvert inspection, a portion of Kingsview Drive from Hathaway Court to Longwood Drive will be temporarily closed until further notice for emergency culvert repairs. Local traffic will be permitted, however, traveling over the existing culvert will not be permitted until the culvert is replaced and the road is reopened.

TOWN CONSTRUCTION MAP

The Town of Caledon has created a new interactive construction map for 2024 where residents can check the status of construction projects within the Town. Below is a link to the Town's roads webpage where the map is located.

caledon.ca/en/townhall/constructionprojects.aspx

WORKING HOURS

Contractor's normal working hours are from 7 a.m. to 7 p.m. We apologize for any inconvenience this may cause, but a shorter working day would mean the project would take longer to complete.

Should you have any questions, please do not hesitate to contact Service Caledon at 905-584-2272 ext. 7750.

Amber Leal, BSc., C.E.T., PMP

Senior Project Manager, Engineering Capital Design & Construction Engineering Services Department

TOWN OF CALEDON

George Golding, P.Eng.

Senior Project Manager, Engineering Capital Design & Construction Engineering Services Department

TOWN OF CALEDON



events, CVC aims to engage and train 200 youth participants, educating them about local environmental issues in the Greenbelt and empowering them to protect nature."

Financial support from the Greenbelt Foundation will allow youth to plant 100 native trees and shrubs along Silver Creek, take care of 125 newly-planted plants, and remove invasive species and debris jams to improve stream health.

CVC staff will be on hand to monitor and protect the riparian habitat the work is taking place in.

The project is a great match for the Green-

belt Foundation, as it supports the planting of native plants to increase natural cover in the Greenbelt. The foundation notes this contributes to biodiversity and creates greater climate resilience for Ontario residents.

According to the CVC, the Greenbelt's natural areas provide essential climate resilience for Ontario residents in the Greater Golden Horseshoe, Canada's most rapidly-urbanizing region.

"Greenbelt natural features, like forests, wetlands and healthy soils, help to prevent flooding, protect freshwater and offset the urban heat-island effect, helping to keep the air feeling cool during heat waves," they said.

Edward McDonnell, CEO of the Greenbelt Foundation, said the foundation is very excited to be partnering with the CVC to enable the upcoming planting events to increase native plants and natural tree cover in the Greenbelt.

"As Ontario grows and climate change exerts increasing pressure on communities, identifying and understanding the value of natural corridors and increased tree covering have never been more important," said McDonnell.

PLEASE RECYCLE THIS NEWSPAPER!

WELCOME TO 71 Rolling Hills Lane, Bolton

OPEN HOUSE - SAT. OCT.19-2:00-4:00PM



Welcome to 71 Rolling Hills Lane, Bolton. Resort style living in this 2700+ sq.ft family sized home on a peaceful court with beautiful views. Formal living & dining rooms, 4+1 bedrooms, 2 storey family room, huge entertaining kitchen, finished basement, amazing saltwater pool, waterfall, hot tub & gazebo! Offered at \$1399000. Come take a look!

WELCOME TO 33 Wakely Blvd., Bolton

OPEN HOUSE - SAT. OCT. 19- 2:00-4:00PM



Welcome to 33 Wakely Blvd., Bolton. Charming spacious semi-detached with family-sized sunny kitchen, cosy living room, 3 bedrooms and great option for 4th bedroom in the large upper level family room, part-finished basement with full bathroom and rough in kitchenette. New backyard deck, close to park and so much more. Offered at \$924,900. Come take a look!

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11AM-6PM

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Consumers like yourself are continuously searching for more choice options when it comes to your health routines. If you have any questions about probiotics, digestive enzymes, IBS, constipation, trouble sleeping, anxiety or depression, or any other health questions, come join us on October 24 & 25. Meet the experts from leading manufacturing brands to help educate and inform you on which vitamin or supplement maybe right for you. Learn how to use this knowledge to modify and reshape your approach to staying healthy and keeping fit. This two-day event will feature industry experts who will be on hand to answer your questions between 11:00-6:00pm.

Don't miss: New Products • Demos • Free Samples • Draws For Gift Baskets

CHECK OUT THESE GREAT DEALS GOING ON THIS MONTH

<p>ST FRANCIS HERB FARM Deep Immune For adults or kids</p> <p>Receive a FREE Vitamin D Liquid 15ml</p>  <p>\$29.99 / 100ml</p>	<p>NATURAL FACTORS Oil of Oregano</p>  <p>\$19.99 / 30ml</p>	<p>CANPREV Magnesium Bis-Glycinate 200 Gentle</p>  <p>\$22.99 / 120 veg cap</p>	<p>SALUS BONUS PACK Calcium Magnesium, Floradix, Floravit or Kindervital</p>  <p>DUAL PACK \$49.99 / ea</p>	<p>PERFERRED NUTRITION Ashwagandha Gummies Reduces Stress, Suitable for Vegans</p>  <p>\$22.99 / 45 gummies</p>
<p>GOLI NUTRITION Apple Cider Vinegar Gummies</p>  <p>\$21.99 / 60 gummies</p>	<p>DR. SQUATCH Men's Natural Soap Assorted Varieties</p>  <p>\$9.99 / 141gr</p>	<p>HERBAL SELECT Essential Oil Diffuser</p> <p>Receive a FREE Essential Oil with purchase</p>  <p>\$39.99</p>	<p>ALLERGY SMART Cookies Gluten, Nut & Dairy Free Assorted Flavours</p>  <p>2/\$10 / 140gr</p>	<p>YUMI Morning Oats Instant Oatmeal Non GMO, High Source of Fibre</p>  <p>\$5.49 / 304gr</p>
<p>TRUELY High Protein Cereal Assorted Varieties</p>  <p>\$13.99 / 200gr</p>	<p>SCHAR Bread Assorted Varieties</p>  <p>\$6.49 / 400gr</p>	<p>INCA'S GOLD Organic Quinoa</p>  <p>\$7.49 / 454gr</p>	<p>MANITOBA HARVEST Organic Hemp Hearts</p>  <p>\$16.99 / 340gr</p>	<p>LESSER EVIL Organic Popcorn Assorted Flavours, Non-GMO</p>  <p>2/\$10 / 142gr</p>
<p>JACKSON'S Sweet Potato Chips Kettle Cooked, Avocado Oil, Vegan, Gluten Free</p>  <p>\$5.99 / 147gr</p>	<p>EDEN Organic Beans Assorted Varieties</p>  <p>2/\$7 / 398ml</p>	<p>MUMM'S Sprouting Seed Kits</p> <p>Also Available ORGANIC SPROUTING SEEDS</p>  <p>\$29.99</p>	<p>CELTIC Sea Salt</p>  <p>Now Available</p>	<p>MAS+ BY MESSI Hydration Drink Assorted Flavours</p>  <p>\$3.99 / 500ml</p>

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**Saturday,
October 19th
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27 Montebello
Terr.**

Designed with an open concept, this Raphael model boasts a spacious eat-in kitchen with ample counter space, plenty of cabinetry, and a convenient breakfast bar. Elegant hardwood floors and crown molding add a touch of sophistication to the expansive dining area and the inviting living room. Step through the garden doors to a private deck — ideal for savoring your morning coffee. The primary bedroom is your personal retreat, complete with a four-piece ensuite and walk-in closet. Just a few steps off the main floor is a charming alcove, perfect for a home office or cozy den. There is also direct entry to the home from the garage on the main level. Head downstairs to the professionally finished lower level, where a generous family room with a cozy fireplace awaits. Whether you're winding down after a round of golf or activities at the community center, this space offers a tranquil setting. The walk-out leads to a secluded patio, perfect for relaxing or hosting gatherings. Visiting guests will appreciate the bright additional bedroom and full bathroom, ensuring their stay is as comfortable as possible. There's even extra room for that hobby space you've always wanted. Remember - in Briar Hill it's not just a home - it's a lifestyle!



**Sunday,
October 20th
1:30 - 3:30pm
13 Briar Gate
Way**

This beautifully appointed bungalow offers an excellent open concept floor plan with many upgrades. You will love that this home offers you 'main floor living' — a spacious primary with ensuite and walk-in closet, main floor laundry and an additional space to use as a home office or den. The professionally finished lower level features a large, inviting family room with a fireplace, and a guest bedroom that your guests will be more than comfortable in. Add in another 3 piece bath and lots of storage space — perfection! The deck off the living room is an ideal setting to entertain, relax or BBQ on. You can also enjoy 36 holes of golf, 2 scenic trails, along with a 16,000 sq ft community centre filled with tons of activities & events. Come tour this lovely home and see for yourself what the community is like. Remember - in Briar Hill it's not just a home - it's a lifestyle! Shows 10++



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Town to complete eco-friendly projects thanks to Energy Revolving Fund

Lighting, heater retrofits among projects

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

The Town of Caledon will soon undertake some energy and greenhouse gas-saving projects.

Caledon has a Corporate Energy Revolving Fund (CER) that is self-sustaining. Money is added to the fund from revenue generated by three town-owned solar projects, energy incentives received by the town, and repayments from CER-funded projects by the energy savings realized on utility operating budgets.

At Caledon Council's October 15 planning and development committee meeting, Councillors approved the use of \$207,711.20 from the fund to complete five projects.

The projects include a lighting retrofit at the Caledon Centre for Recreation and Wellness; retrofitting end-of-life gas heaters to electric serving arena stands in Pad 2 at the Caledon East Community Complex;

retrofitting end-of-life gas furnaces and a water heater at the Albion Bolton Community Centre to air source heat pumps and an electric water heater; and changing a failed gas water heater to an electric one at the Lloyd Wilson Centennial Arena.

Ward 4 Councillor Nick de Boer said the CER is great for Caledon as it continues to save taxpayers money and contributes to Caledon reducing its greenhouse gas emissions.

A Town of Caledon staff report notes that projects funded by the CER contribute to Caledon's energy and emissions goals as set out in the council-approved Corporate Greenhouse Gas Reduction Framework.

Staff estimate that the projects that will be completed will save 700,478 equivalent kilowatt hours of energy, remove 120.71 tonnes of carbon dioxide equivalent, and lower operating costs by \$37,069.23 annually.

Staff said the amount of energy saved is enough to power 25 Canadian homes for an entire year, and that the emissions reduction is equivalent to removing 37 passenger vehicles from the road permanently.

The 5th Annual Golf 4 Bethell Hospice Tournament Raised Over \$90,000

IN SUPPORT OF BETHELL HOSPICE FOUNDATION

Thank you to all the golfers, sponsors, donors and volunteers who helped make the tournament such a memorable event.

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Special thanks to Lionhead Golf Club for their amazing hospitality.

Here when you need us



Udderly awesome: Annual charity hockey tournament coming soon

The Udder Tournament will be held next month in Caledon East

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

An amazing women's hockey tournament will be held in Caledon next month.

From November 8 to 10, the 10th-annual Udder Tournament will be held in Caledon East on the ice rinks at the Caledon East Community Complex. It will be raising money for Bethell Hospice.

The tournament was founded to recognize Caledon Women's Hockey League (CWHL) founding member Donna de Boer, who made remarkable contributions to the league and Caledon community. Sadly, de Boer passed away from brain cancer in 2011.

The Udder Tournament is named as such because de Boer was a proud, hard-working lifelong dairy farmer. She was a friend and teammate to many, and the tournament brings people together for good old-fashioned Canadian fun each year while raising money for great local causes.

Last year's tournament also raised money for Bethell Hospice, and over \$50,000 was donated. Over the years, the tournament has raised nearly \$275,000 for charity.

Another great aspect of this year's tournament is that three local female athletes attending post-secondary education will receive a scholarship. Throughout the tournament's history, 20

scholarships have been given out.

The tournament is extremely popular — registration filled up for it in just one day, and 30 teams will be competing in it across eight divisions.

The first game will be played at 4 p.m. on November 8 and the puck drops for the last game at 12:30 p.m. on November 10.

Fun and sportsmanship are always the focus at the tournament, which will feature players ranging from 19 to 70 years old. Many teams feature mother-daughter combos.

Players in the tournament will exude the positive values that de Boer and the tournament represent: good sportsmanship, kindness, respect for others, and cooperation on and off the ice.

The CWHL facilitates the tournament each year along with the help of over 75 volunteers. As one could imagine, a tournament of this magnitude takes a lot of work. Anyone interested in helping out can email Kathy Stranks at kstranks@sympatico.ca.

The tournament is able to give so much back to the community thanks to the support of residents and businesses who donate items to be raffled off or placed in a silent auction; and from cash donations.

Anyone interested in donating to the tournament can contact Angela Webster by email at UdderTournamentSponsorship@gmail.com.

The Caledon community is invited to attend any and all games on November 8, 9 and 10. There will be food served in the country kitchen, drinks, a silent auction, raffle, and photo opportunities with a life-sized model cow.

To stay updated on this year's Udder Tournament, interested parties can look it up on Facebook.



CONTRIBUTED PHOTO



Sometimes Canadians forget that 'Small Towns' can be the home of 'Big Ideas'

Join the team at 'Small Town Big Ideas' as we welcome some of Canada's most provocative and innovative thinkers to Dufferin County! Don't miss out as the 2024-25 Season begins with TWO enlightening evenings this Fall!

Tickets are on-sale NOW at BookLore & available on-line at canhist.ca

In Conversation with
ELIZABETH RENZETTI

Acclaimed Journalist and author of "What She Said"

Oct 30th
7:00 - 9:00 PM

Tickets \$20. Available at BookLore & www.canhist.ca/small-town-big-ideas

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www.dufferinmuseum.com



An Evening with
DR. TIM COOK

Canada's Leading Military Historian & Acclaimed Author of "The Good Allies"

Nov 28th
7:00 - 9:00 PM

Tickets \$30. Available at BookLore & www.canhist.ca/small-town-big-ideas

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Invention, Innovation, and Back to the Starting Line

It's often said that necessity is the mother of invention.

There is a lot of truth in that statement. However, maybe "invention" just has a better public relations team behind it to push this idea.

It's more accurately the case, in my observation, that necessity doesn't always give birth to invention, but rather innovation.

We don't have to look very hard to find a few examples of weird and wonderful – and, indeed, not-so-wonderful – brainstorming that have given way to equally weird and wonderful ideas reinventing the proverbial wheel. More often than not, though, the most useful "inventions" are innovations on something that already exists in a bid to make whatever it is sturdier, easier to use, streamlined, more user-friendly for people of various abilities, more automated than its predecessors, or even more equipped to pick up your household or workplace wifi signal – although, at this moment, I'm unconvinced on why one would ever need a standing mixer that is wifi equipped, but maybe those who spend more time in the kitchen than I do can shed light on that particular conundrum.

This week I had the pleasure of interviewing a gentleman with a particularly practical innovation.

Having embarked on a cancer journey at a very young age, the resident, who thankfully now has a clean bill of health, used his lived experience and his academic know-how to take an already-existing product, the humble boxer-brief, in an entirely new and helpful direction – specially engineered underwear to provide additional, near-tailored support for individuals who are living with or recovering from pelvic injuries ranging from orchiectomies to hernia procedures.

His is not a product created from whole cloth, if you pardon the pun. Instead, it's a clear improvement on a garment that has supported its wearers in one way or another since the early 1990s. Still, the new spin opens up the door to new users, customers, and the opportunity for partnership with companies that make cooling packs and other support products.

Yet not all innovations are created equal.

When I got to the office on Tuesday morning and washed my hands before settling into a full day of writing, somehow the soap in the bathroom, the label for which trumpeted the viscous liquid inside as "2x Ultra" without going into further details on just what exactly had been multiplied, ultra-fied, or turbo-ized didn't exactly impart the idea that the soap, cleanser and detergent market had been upended by apparently "new and improved" super-sudzer.

As a kid, when staying up way past one's prescribed bedtime seemed like an exciting and daring prospect, it was game over once I got a small TV of my very own around my eighth or ninth Christmas. Once it was installed in my bedroom – well, it seemed like the world was my oyster when I wanted to be particularly rebellious and stay awake until 1 or 2 in the morning just on principle.

Maybe I was weird, but try as I might, I'd often get sucked into infomercials while whiling away those hours – again, on principle.

As much as all those "set it and forget it" appliances introduced by Ron Popeil found their way onto my wish list for my ninth or tenth Christmas, I questioned other innovations and inventions that were also peppered in. I didn't,

for instance, see the practical use in those odd little gizmos that would pierce one end of your egg and beat the whites and the yolks before you even needed to crack open the shell – after all, cracking an egg and beating it with a fork isn't exactly labour intensive and has done the trick ever since the Renaissance made forks a go-to eating and cooking utensil.

But, then again, the 90s were prime time for unusual products and innovations. Who, for instance, asked for clear colas? Don't get me wrong, for the brief period it was on the market, Crystal Pepsi was my go-to bevvy, but other than being the colour of Sprite or club soda, what else did it really have going for it? The same can be said of the also-clear drink, Orbitz, which, for some reason, had colourful globs of nothingness floating in it, apparently just for kicks – but, unlike clear cola, I guess the argument could be made that Orbitz walked for a brief period of time so Boba could fly and crack the North American market, but that's not always the case!

As much as we innovate, there are also plenty of examples of everything old being new again.

Over the weekend, I couldn't help but chuckle when turned from an evening newscast just before bed, turned the channel, and settled in with a head-clearing game show on a channel dedicated to just that. Almost as soon as I landed on the network, I was greeted with a commercial for a "party line" in which the GTA's apparently "hottest" singles were congregating for a night of yakking. Not having seen a commercial such as that since the days when the Ronco Food Dehydrator was the hottest, driest new appliance on the market, I was astounded that in the age of dating apps and other venues that these phone lines have been rolling on under the radar.

Then again, you might be reading this and finding equal astonishment I haven't "cut the cord" on my regular cable service – let's be truthful with ourselves there, too. Another example of everything old being new again.

When streaming services such as Netflix first hit the market, what set them apart from other "corded" services was they were cheaper, accessible from anywhere with an internet connection, and commercial free. Given their tremendous initial success, dozens of similar competitors came up, as did streaming services by big networks to recapture some of their market share.

But, as the market flood slowed, and people had to be more conscious about which subscriptions they could afford and handle, Netflix and its imitators began to limit where their content could be viewed, raised their prices, and reintroduced humble commercials to their fare – unless you wanted to pay an ever-rising extra fee for the privilege of viewing what you subscribed for in the first place.

The cord grew back – and is more innovative now than ever before!

In this role, it's always a pleasure to see how members of the community are stepping up with their ideas on how to innovate, whether for their community or the wider world. Some ideas might fizzle, some might go the distance, some might draw upon old ideas, or offer a new use for a venerable product – and as much as the end result is important, so too is the journey.

Let's keep 'em coming!



Someone should do something about this!

by Mark Pavilons



Someone should really do something about this! I've heard this phrase so often throughout my life that it's almost synonymous with the human condition.

Yes, they should. But just who is this "someone?" Is it our provincial government, federal government, NATO, the United Nations? Is it the big banks, big oil or big conglomerates?

Or is it us – you and I? "It is easy to sit up and take notice, What is difficult is getting up and taking action," said Honore de Balzac.

Thomas Jefferson once said action delineates and defines us all. It's only when we are engaged that we understand who we are.

Greta Thunberg said we should look for action, not hope. "Then, and only then, hope will come."

In our daily lives, we likely come across dozens of instances where my opening phrase comes into play.

Whether it's the price of gas at the pumps; shortage of doctors and nurses; rising cost of groceries; and instances of violent crime, someone should do something.

Yes, but who? We rely on our elected officials and various levels of government (municipal, regional, provincial and federal) to look after our needs. We place our faith in them that they will fix what needs fixing. We hope they use our tax dollars wisely, to address all of society's needs.

There's a cute analogy that many of us have heard. It's the story about four people named Everybody, Somebody, Anybody, and Nobody.

There was an important job to be done and Everybody was sure that Somebody would do it.

Anybody could have done it, but Nobody did it. Somebody got angry about that because it was Everybody's job.

Everybody thought that Anybody could do it, but Nobody realized that Everybody wouldn't do it.

It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.

Sometimes called the "bystander effect," this simple story is kind of typical buck-passing that occurs at the office, in government and throughout society.

It also reminds me of too-often-used phrase "it's not my job." Being a bit old school, I don't think I've uttered that phrase, and have always tried to pitch in and help out where I could. It only seems natural to me to try to help solve a problem if I can.

Of course, if something is out of my field of expertise and I have no skills in that area, then I can't help, but maybe I can find someone, anyone, who

can. We can also whine about our situation in life and complain about life's frustrating moments. There are countless trivial things that raise our eyebrows on a daily basis. Many are annoying and some can be quite humorous.

Yes, resealable bags don't seal themselves. With all the kitchen technology available today, why can't I properly prepare pulled pork? Who do I talk to about perfecting sliced cheese wrappers?

And why are some things recyclable, and others not?

Someone should really look into this, eh? I think in our desperation, we often look for someone to blame or point the finger at. It's easy to say "they" are responsible. Corporate greed has led to high food prices. The government should lower taxes to help average citizens. In an oil-producing country like Canada, why aren't our gas prices cheaper?

Why do banks continue to make record profits while our chequing accounts dwindle and we're burdened with service charges?

My curious son is constantly asking me why things are the way they are. I offer one explanation after another, but they don't seem to satisfy him. Why have we let the banks get so powerful and who watches over them?

Why have builders set the market value for new homes and why can't anyone force them to provide affordable housing?

Why are there so many rules and regulations for small, home-based businesses?

Why can't I operate a still in my basement? These questions and many more come flying at me, usually at the end of a long day at work.

While I can help my son navigate through the world of "Big Brother," I can't make him feel any better that our lives are well, ultimately controlled by others.

I can see where Everybody blamed Somebody and Nobody did anything!

But knowledge and an understanding of how things work is the first step in taking action or trying to change things for the better.

Michael J. Fox encourages people to realize any action is "good action if it's proactive and there is positive intent behind it."

Concern, according to Pythagoras, should drive us into action and not into despair.

He's right of course.

We may get bogged down in our inability to change the big picture, but that shouldn't stop us from trying. Chances are there are many like-minded individuals and groups out there who share our concerns, desires and wants.

"We are not sent into this world mainly to enjoy the loveliness therein, nor to sit us down in passive ease; no, we were sent here for action," said Dorothea Dix.

Unfortunately, countless souls are so overburdened by the limitations of their worlds, they can't see the forest for the trees.

We've created our own little boxes, or spheres and that's where we live out our lives. Sometimes, through great strength and opportunity, we can escape, and step out beyond our own borders. But that takes means, and a desire to take action.

Anybody can't help. It's all up to us. With a little help from Somebody.

Our Readers Write

Sharing The Road (& Costs)

In 1969 I moved from Montreal to Georgetown where there was no public transit to Caledon to get to the Mayfield Rec Centre at Bramalea Road and Mayfield Road and no one ever thought of driving a bicycle along unlit Highway 7 or Mayfield Road – way too dangerous.

Fast forward to now where we see everything on the roads, electric scooters, electric bikes, mopeds, gas scooters, and so much more. So, now we are seeing bike lanes everywhere, which isn't a bad idea but it doesn't stop there; now many have pylons to keep them and cars apart.

All of this makes road maintenance as well as snow clearing a lot more difficult and perhaps very costly. So, who pays to use these roads? Recently the Ontario Government stopped charging passenger vehicles for license stickers. Well, not exactly

true. A year before the passenger vehicle charges stopped, I paid approximately \$16,000. for the annual stickers for my commercial vehicles. After the passenger vehicle charges stopped, my bill for my commercial vehicles jumped to over \$30,000. So, some of us are still paying to use and maintain the roads.

But what about all these other vehicles, scooters etc. that appear to be costing a lot more to maintain these same roads as they are now very divided? They are not licensed and no money collected to use these roads.

I am fine sharing the road, so long as the costs to maintain and repair them are also shared.

BRIAN PERRAS
CALEDON

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Caledon Citizen

Keep the momentum going...

Is that the sound of momentum building? Just lately, if you lean in and listen, we seem to be hearing more and more about the state of illegal truck yards, ongoing traffic woes and even truck and vehicle driver training school scams. These are all issues significantly impacting driving conditions particularly around Caledon, but also those of our neighbours to the north, south and east of us. Indeed it seems according to a recent CBC marketplace investigation, the entire province is feeling the impact. While it seems to have taken a long, long, time to get here, perhaps we're finally at a tipping point and the momentum for meaningful change is growing?

Momentum looks like this: certain of our elected, local municipal representatives are working hard - both in the forefront and behind the scenes - quietly making things happen when it comes to road safety. It looks like the continued advocacy we've already seen, plus hosting meetings with the kind of people who can actually make key decisions impacting our local roadways. It also looks like elected officials voting in favour at Council meetings, specifically to support recent motions that will help to direct more resources towards the fight against illegal trucking yards by declaring a road safety emergency. The hope is in doing so, our municipal government will begin to see more support from our provincial partners.

Within some of the many small communities that comprise Caledon, momentum also looks like this: the installation of speed bumps to slow traffic down; flashing lights

atop certain stop signs in an effort to enhance visibility and safety, and future promises of pedestrian crosswalks or new full sets of traffic lights at dangerous intersections, along with installing advanced green lights at others. These efforts are not going unnoticed and while a fatal collision occurred just this past week at one of these "enhanced" intersections, it's important we continue to do all we can to prevent them.

Momentum looks like community involvement: including the vocal, well-organized and persistent new community group that decided, after the tragic passing of a young Bolton resident, enough was enough and that advocacy for change needed the cumulative voice of a united community behind it in order to be heard. It seems to be working because momentum also looks like major news outlets picking up (or revisiting) some of the stories of what's going on in our town, putting Caledon squarely in the public eye. Hopefully such actions will draw more attention from those at the provincial level of government who could fast-track the kinds of decision-making that needs to happen now, not over the next 3-5 years, in order to make our roads safer for everyone.

Speaking of the uptick in Caledon's "newsworthiness," I'd encourage everyone to take a look at the CBC Marketplace investigations available on YouTube. It's pretty scary stuff and one that requires the immediate attention of our Minister of Transportation Prabmeet Sarkaria. The investigation uncovered truck driver training schools effectively "selling" licenses, often after far fewer hours of "man-

datory" driver training than is legally required, and in many cases with NO in-class or theoretical instruction, you know, like understanding weight and distribution of loads and the corresponding distances required to safely stop. Some are also apparently "teaching to the test," identifying ahead of time which provincial testing locations demand which type of testing (i.e.; specific forms of reversing skills) and then teaching only that version to ensure a passing grade is issued. It further identified, thanks to a whistle-blower, that some employees of the private company overseeing licensing on the province's behalf have been caught taking bribes. The same was shown to be true in a previous expose on passenger vehicle licensing, with driver training schools submitting paperwork "verifying" a mandatory number of both in-class and in-car training hours had taken place, (allowing for a reduced insurance premium) when in fact they had not.

When questioned by the CBC, and also while appearing on a talk show called "The Truth Pill," Minister Sarkaria acknowledged there "are some bad actors," out there and that when the legislature opens on October 21 (reminder - it's been closed for four months!) "we are going to come with a legislative package" to address concerns. One hopes it's a legislative package that will meaningfully address the trucking and traffic chaos happening now, but I'm not convinced.

As evidence of skepticism, while the Minister specifically mentioned hiring more enforcement officers and the government's building of a \$30 million facility in Thun-

der Bay to monitor trucks along a key transportation corridor, Lise Vaugeois, MPP for Thunder Bay-Superior North has pointed out the facility seems to be closed more often than it's open. That's not a good sign.

Some in the trucking industry are advocating for truck driving to be considered a skilled trade, taught through vocational schools and with apprenticeship style mandated hours of on the job training. Indeed, technically speaking, driver training schools fall under the mandate of the Ministry of Colleges and Universities, not the Ministry of Transportation so perhaps there's an opportunity here to regulate the industry differently, with more "teeth" behind any new legislation.

Reputable truck driver training schools are using tools like driving simulators and a variety of new technologies to train, monitor drivers and enhance road safety and these are good things. But - and it's a big one - continued forward momentum means we need more action by our provincial partners to help get rid of these so-called "bad actors," because the bad driving and life-altering consequences of accidents caused by these "actors" is not an act.

With illegal trucking yards (and their resultant increase in truck traffic) springing up all over our community, Caledon residents are at risk every, single, day. Momentum is building, let's make sure it continues.

SHERALYN ROMAN TALK CALEDON



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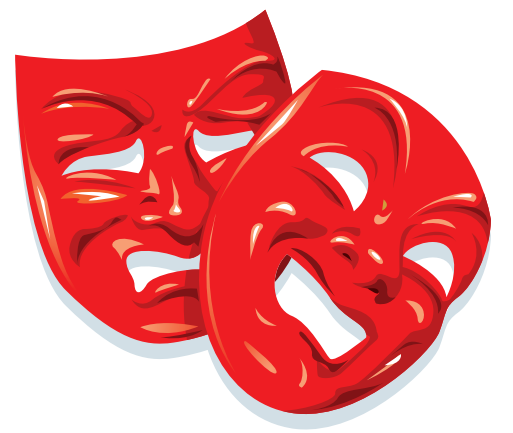
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ARTS & CULTURE



Run for Caledon held by Ahmadiyya Muslim Youth Association

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

A recent charity run raised funds for a Caledon non-profit.

On October 12, the Ahmadiyya Muslim Youth Association hosted the “Run for Caledon” in support of Cassie’s Place, a home away from home for individuals with developmental disabilities.

The run was held on the track at Humberview Secondary School in Bolton. Over 70 people attended the run, including Regional Councillor Mario Russo.

The Ahmadiyya Muslim Youth Association is the largest Muslim youth association in Canada; it has thousands of members. It hosts charity runs all across Canada to support the communities its association members live in.

Hassaan Shahid is a proud member of the Ahmadiyya Muslim Youth Association and underscored the importance of serving community.

“The Ahmadiyya Muslim Youth Association, we’re engaged in these charitable activities based on the teachings of Islam,” said Shahid. “This is what was taught to us by the Prophet Muhammad, peace be upon him, to serve humanity and to give back to those who are less fortunate, to do all these humanitarian initiatives to serve the community.”

The Ahmadiyya Muslim Youth Association heard about the great work Cassie’s Place does in the Caledon community and that is why it chose to support Cassie’s Place with this year’s run.



Muslim youth from Caledon held a charity run to support local non-profit Cassie’s Place on October 12.

AHMADIYYA MUSLIM YOUTH ASSOCIATION PHOTO



58 Harvest Moon Drive in Bolton has once again been transformed into an epic haunted house. All are welcome to attend and bring a food or monetary donation for The Exchange.

CONTRIBUTED PHOTO

Epic Bolton haunted house up and running, collecting donations for The Exchange

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

An awesome haunted house is ready to scare visitors — and it’s all for a good cause.

Rino Ferrante and his sons, Matteo and Luca, have once again transformed their home at 58 Harvest Moon Drive in Bolton to an amazing haunted house.

Caledon residents are encouraged to come out and enjoy the spooky display and bring food or monetary donations for The Exchange, Caledon’s food bank, which is run by Caledon Community Services.

The haunted house features a plethora of inflatable, animatronic and traditional Halloween decorations that all come together to make a jaw-dropping spectacle.

Each year, well over a thousand people come through the haunted house and Ferrante hopes this year a record amount of food and money can be raised for The Exchange.

As food prices are high, the family believes it’s critical to support Caledon neighbours in need.

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by Chris Rait,
Mark Williams, & Jeannine Bouw


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OPP celebrates 50 years of women recruits for Women's History Month

BY BROCK WEIR

50 years ago, women with a passion for policing shattered a glass ceiling when the Ontario Provincial Police welcomed its first female recruit class – and, at their Aurora detachment last week, trailblazers came together to celebrate a half-century of excellence.

“Today we not only celebrate the achievements of all past and current women in the OPP, but also the history of women and leaders everywhere,” said OPP’s Nicola Morris. “We each have women leaders in our lives who inspire us each day, whether they are a loved one, a colleague, a friend, or maybe even someone we do not know well.”

The event brought together what Morris described as “an inspiring group of women” who have travelled journeys of “perseverance, aspiration, leadership and excellence.” It not only trained the spotlight on women of policing; it also celebrated trailblazers in the Canadian Armed Forces and the Central York Fire Services.

“As a member of the OPP’s Commissioner’s Command Team, and as a police officer, and as a woman, I am proud of the Women in Uniform members who serve in the OPP today and who have served over the past 50 years in all ranks and positions. We have come such a long way over the past five decades,” said OPP Acting Deputy Commissioner Karen Meyer, noting women are now fully integrated into all uniform roles across the Province. “This is truly an incredible accomplishment and a complete shift in our culture.”

Meyer currently leads OPP Corporate Services and said with each new class that comes through, she sees a talented group who will “contribute to public safety, serve with excellence, and help change lives in our communities.”

“When I began my career many, many years ago there was a lot of pressure to conform to being ‘one of the guys,’ ‘one of the boys.’ There were very few women constables; there was often only myself as the one woman on platoon. There were very few women in leadership or even senior leadership roles, and there were very



Speakers at the OPP anniversary celebration included Acting Deputy Commissioner Karen Meyer, Inspector Jennifer Neatz, Constable Elizabeth Newton, Central York Fire Captain Tamara Roitman, Military Medic Captain Shannon Tyrrell, Noa Oirik, and Officer Nicki Morris. PHOTO BY GLENN RODGER

few women to look up to as mentors. The culture of policing was very male-dominated.... Fast forward, we know things have improved, we know things are better. Women are regarded as equal partners. The policing culture has evolved into one where women are welcomed and respected.”

A self-described tomboy while growing up, Police Constable Elizabeth Newton, who serves the OPP in the Protective Services Unit, assigned to Ontario Lieutenant-Governor Edith Dumont, the King’s representative in the Province, said she “considered myself one of the guys” when she began her career.

“I was once asked what challenges I faced over the years,” said Newton. “I almost felt insulted by the question because I never really thought about it, because I am one of the guys – that’s how I perceived myself, that it made no difference to me. Then I had a lot of time to think about it and I would say

that truthfully, to me and my experiences, the more challenging and difficult times that I have had in my career have been with other women.

“I don’t know why that is and I’ll probably never figure it out, but my advice to everybody would be to be kind and bring other women up with you; help them, it’s our job to mentor those who are coming behind us. That is our responsibility and we need to take it seriously.”

Powerful messages were also delivered by Inspector Jennifer Neatz, Central York Fire Services Captain Tamara Roitman, Military Medic Captain Shannon Tyrrell (Argyll and Sutherland Highlanders of Canada), Noa Oirik, a previous OPP Youth in Policing Initiative Student, and Canine Officer Melissa Pirie with Tytan. Live music was offered by students from Richmond Hill’s Alexander Mackenzie High School.

Meyer is now one of two Deputy Commissioners within the OPP, serving as members of the Commissioner’s Command Team, which “makes decisions affecting police services across the Province on a daily basis.”

“The OPP now has female members serving in roles where only a few decades ago it would be unthinkable to appoint anyone other than a male officer. For today’s uniformed members, having women serving in every role is the norm, not the exception. We have truly come a long way. While we have made amazing strides, it’s still critical that we continue to expand diversity in our workforce.... Our community needs to see itself reflected in its police department.

“Thanks to the bravery of those first pioneering women... and to those who serve today. In the decades since, women today can look forward to a successful policing career in which no doors are closed to them.”

Public Notice



NOTICE OF ONLINE PUBLIC INFORMATION CENTRE Watermain Replacement from Highway 50 to Hardwick Road, Town of Caledon

Background:

Peel Region has initiated a Schedule B Municipal Class Environmental Assessment (MCEA) study for the watermain replacement from Highway 50 to Hardwick Road, in the Town of Caledon.

The existing 300mm diameter watermain is aging and requires replacement to improve water quality and reliability. The MCEA Study has developed and evaluated a variety of watermain alignment alternatives that consider the existing environment as well as stakeholder input.

Process:

The MCEA Study is being conducted in compliance with Schedule B of the *Municipal Class Environmental Assessment* (October 2000, amended 2007, 2011, 2015 and 2023), which is approved under the *Ontario Environmental Assessment Act*.

Online Public Information Centre:

An online Public Information Centre has been arranged to provide details regarding the MCEA Study, including project background, developed alternatives, evaluation of alternatives, proposed mitigation measures and next steps. Electronic display boards and video will be available to the public on peelregion.ca/public-works/environmental-assessments/caledon/Hwy50.asp starting **October 7, 2024**.

Online public engagement provides an opportunity for residents, businesses, and interested members of the public to review and comment on the evaluation of alternatives, including selection of the recommended alternative.

How to get involved:

Please submit any comments, questions, or concerns by **October 21, 2024**. Any input received by that date will be incorporated into the Project File Report, which will be available for public review when the study is completed.

Please contact the Project Manager listed below for further information and to provide your comments:

Leo Chen
Project Manager
Region of Peel
Tel: 905.791.7800 x4611
Email: leo.chen@peelregion.ca

Peel Region is committed to ensuring that all its services, programs, and facilities are inclusive and accessible. Please contact the Project Manager if you need any accommodations to provide comments and/or feedback for this study.



The Notice of Completion was first issued on October 10, 2024.



Diwali

DRONE SHOW




Experience the Magic of Diwali with a Spectacular Drone Show!

Join us at the Diwali Drone Show in the Town of Caledon for a dazzling display of over 200 drones, lighting up the night sky in celebration of the Festival of Lights! With more than 2,500 attendees every year, this event promises to be a night to remember for the entire community.



Event Details:

Saturday, November 2

7:30 p.m. (Weather dependent)

Southfields Community Centre

Don't miss this stunning celebration of light, culture, and community! In case of bad weather, the drone show will be rescheduled to Sunday, November 3 at the same time.

For more information, visit caledon.ca/diwalidroneshow.

Sponsored by

DorahaHomes



Garden foods

SAVE UP TO \$5/LB

Maple Leaf Prime Raised Without Antibiotics Boneless, Skinless Chicken Breasts or Thighs 15.41/kg VALUE PACK

6⁹⁹ /LB



SAVE \$10/LB

24⁹⁹ /LB

Cut from Canada Prime Grade Longo's Certified Angus Beef Striploin Steak 55.09/kg



SAVE \$4/LB

9⁹⁹ /LB

Fresh Ontario Rainbow Trout Fillet 22.02/kg VALUE PACK



SAVE \$2.98 ON 2

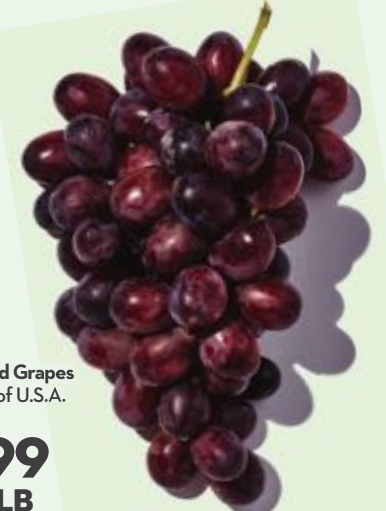
Fresh Arte Salad Kit 322-373g pkg Individual \$3.99 selected varieties

2 FOR \$5



Fresh Red Grapes Product of U.S.A. 6.59/kg

2⁹⁹ /LB



SAVE \$1.00

5⁹⁹

Fresh Canadian Atlantic Salmon Portion 113g SKINLESS



SAVE \$1.00

7⁴⁹

Maple Leaf Prime Ground Turkey or Raised Without Antibiotics Ground Chicken 454g pkg selected varieties



1⁹⁹ /LB

Fresh Eggplant or Fresh Zucchini Product of Ontario or Mexico 4.39/kg



2 FOR \$5

Fresh Mangoes Product of Brazil



SAVE \$1/LB

17⁹⁹ /LB

Fresh Wild Caught Cod Fillet Product of Iceland 39.66/kg



FRESH DELI SERVED

2²⁹ /100G

Chicago 58 Roast Beef, Pastrami or All Beef Salami



SAVE \$2.00

9⁹⁹

Longo's Natural Almonds 600g pkg



3 FOR \$5

Fresh Fuyu Persimmon Product of Spain

CASE \$9.99



Balderson Cheddar Cheese selected varieties

40% OFF FROM \$2.39/100G

SAVE \$1.50

8⁹⁹

Canadian Oka or Saint-Paulin Cheese 190g pkg



SAVE \$1.00

4⁹⁹

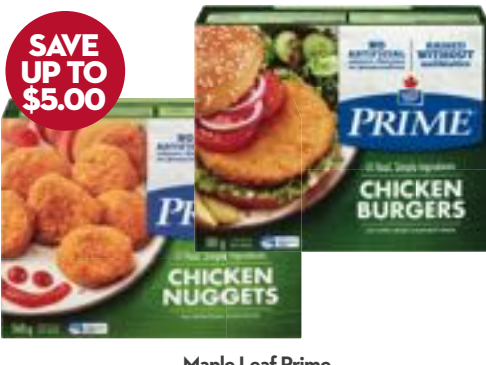
Ontario Ravioli 454g pkg selected varieties



SAVE UP TO \$5.00

11⁹⁹

Maple Leaf Prime Raised Without Antibiotics Breaded Chicken 568-695g pkg selected varieties



SAVE \$1.00

4⁹⁹

Longo's Fresh Apple Cider Product of Ontario 2L jug



SAVE \$1.50

5⁹⁹

Oikos Greek Yogourt 650-750g tub selected varieties



SAVE UP TO \$4.00

4⁹⁹

Nescafé Instant Coffee 100-396g jar selected varieties



SAVE \$4.00

8⁹⁹

Carbone Pasta Sauce 660mL jar selected varieties



SAVE \$10.00

11⁹⁹

Selected Scotties Facial Tissue 4x12, 100ct or Sponge Towels Ultra or Ultra Pro 4-6 rolls or 6-12 rolls selected varieties



SAVE \$4.00

10⁹⁹

Longo's Frozen Chicken Wings 900g pkg selected varieties



French Eclairs

2 FOR \$8



6⁹⁹

Longo's Chocolate Chip Mini Cookies 40 pack, 600g pkg



LET US DO THE COOKING.

Try one of our delicious restaurant-quality meals. Recipes developed by Longo's Chefs with fresh, flavourful ingredients. We spend time in the kitchen so you don't have to.

9⁹⁹ Oven-Ready Single Meals

LONGO'S STUFFED CHICKEN WITH LINGUINI ALFREDO



LONGO'S EGGPLANT PARMIGIANA





How seniors can engage with their communities

Though a significant percentage of individuals report desiring to retire later in life, many people stop working around the age of 62. The desire for a later retirement may stem from financial concerns or because some people wonder just what they will do when they're no longer working.

In a 2021 survey Retirement is a time for hard-working individuals to enjoy themselves and their newfound free time. Interacting with the community can keep the brain engaged and foster beneficial social connections. In recognition of the value of staying engaged, the following are a few ways for seniors to become more involved in their communities.

• JOIN A CLUB OR GROUP

Identify an activity you find interesting and determine if there is a way to get involved with it in your community. Senior centres or adult activity providers may sponsor local programs.

• PARTICIPATE IN WORSHIP

Many older adults find they want to reconnect with their faith at this point in their lives, even if attending services hadn't been a top priority earlier in life. Reach out to your local house of worship and find out when services take place and which activities they offer.

• READ TO CHILDREN

Volunteer your services at the library by reading to youngsters. Interacting with other generations can be inspiring.

• VOLUNTEER AT A SOUP KITCHEN OR FOOD PANTRY

Times continue to be challenging for many people who may find it hard to cover their expenses. Soup kitchens and food pantries can be a saving grace for



those who might otherwise miss meals. Volunteering some hours at these organizations can do worlds of good and help you make a difference.

• BEFRIEND NEIGHBOURS

A passing "hi and bye" wave may have been the norm when you were busy working a job. Now that you have free time, you can get to know neighbours better and even take turns hosting get-togethers. Moving to a retirement or active adult community with others in similar positions may facilitate such friendships.



• VOLUNTEER WITH LOCAL GOVERNMENT

Find out ways you can become involved civically. Perhaps you can run in a local school board election or try to become a member of the town council?

• BECOME A SUBSTITUTE TEACHER OR PARAPROFESSIONAL

Many schools are experiencing shortages of qualified staff. You may find your place helping to shape the minds of youngsters by volunteering at schools or taking on part-time jobs in the classroom.

Seniors can be more engaged in their communities, thus strengthening their "social capital," the term scientists often use to describe the strength of their social relationships, and the extent to which people feel physically and emotionally supported by their communities.



Have a soup-erb time at our National Open House Saturday, October 19th | 1pm-4pm

Cozy up with a bowl of comfort and enjoy our delicious butternut squash soup, soft, chewy focaccia bread and a maple bread pudding. Mingle with like-minded peers and explore our stylish suites. Come and experience the warmth of our vibrant community.

Call 1-289-206-0775 for more information or scan the QR code.



aspiralife.ca

Celebrating SENIORS

CALEDON COMMUNITY SERVICE (CCS)

has focused on the health and well-being of Caledon residents since 1971

No other organization covers as many areas addressing the social determinants of health of the Caledon community and its residents as CCS does.

BUILDING 'a healthy and engaged community' has profound and beneficial effects on people's lives. For instance, today CCS offers extensive opportunities to combat the 'loneliness' epidemic disproportionately affecting the health of seniors everywhere.

The National Institute on Aging notes that 41% of Canadian seniors 50+ are at risk of social isolation and 58% of the same cohort have experienced loneliness. What is becoming clearer is the negative health effects of these factors on not only mental, but also physical, long-term health.

"Social isolation and loneliness are as bad for your health as smoking 15 cigarettes a day," Jacques Lee, a Toronto-based emergency physician told Global News.

Something must be done or as the population ages, Canada will find itself on a collision course with disaster.

CCS has been doing our part in Caledon for decades, offering specialized and community transportation as well as providing Seniors Health and Wellness (SHW) activities at seven different sites around Caledon.

Have you heard of Seniors Helping Seniors (SHS)? It's a unique opportunity for seniors available through CCS to step up and make a meaningful difference in combatting this trend. It's a unique volunteering opportunity to share an interest, passion or activity that you already enjoy with other seniors. Consider Gordon who has been offering Cyber Seniors for more than a decade. Other interests seniors are sharing through SHS include UNO Pack, BINGO Frank and Carpet Bowling. What interests can you share? If you have an interest to share and want to discuss your idea, please contact Silvana Ferrari at sferrari@ccs4u.org or 905-584-2300 ext. 273.

Don't struggle alone; to discover more opportunities and support through CCS and the Exchange for you and your family visit www.ccs4u.org.



A savoury soup suitable for lunch, dinner or a hearty snack



(NC) This is a deliciously rich and creamy mushroom soup that you make in one pot. It makes a hearty supper served with a warm buttered roll or rustic crusty bread for dipping.

Leftovers can be packed in a thermos for a homemade school lunch, or a heart-warming snack after a fall outing.

Classic Cream of Mushroom Soup

Prep time: 10 minutes Cook time: 25 minutes Makes: 6 servings

INGREDIENTS:

- 2 tbsp (30 ml) oil
- 1.5 lbs (680 grams) mixed mushrooms (crimini, shiitake, oyster), sliced
- 1 cup (250 ml) yellow onion, finely diced
- 3 cloves garlic, minced
- 1 tsp (5 ml) Italian seasoning
- 1/2 tsp (2 ml) each, salt and fresh ground pepper
- 4 tbsp (60 ml) butter
- 1/4 (60 ml) cup all-purpose flour
- 4 cups (1 L) chicken or vegetable broth
- 1 cup (250 ml) heavy cream
- Fresh thyme or chopped parsley for garnish



DIRECTIONS:

1. Heat oil in a large soup pot or Dutch oven on medium-high heat. Add mushrooms and onions; cook, stirring occasionally until the mushrooms are browned and the onions are translucent, about 8-10 minutes. Remove half of the mixture from the pot; set aside.
2. Add garlic, Italian seasoning, and salt and pepper to the pot; cook 30 seconds until fragrant.
3. Add butter, stirring until melted. Add flour, stirring to coat mushrooms, about 30 seconds.
4. Slowly add broth, stirring to combine. Allow soup to simmer, about 10 minutes.
5. Using an immersion blender, blend the soup until smooth. Return reserved mushrooms to the pot.
6. Add cream, stirring to combine. Allow the soup to simmer for about 5 minutes, until thickened and creamy.
7. Serve hot, garnished with fresh thyme or parsley.

Tips:

- Remove and discard the stems from shiitake mushrooms as they can be woody.
- Replace the heavy cream with half-and-half cream (10 per cent fat) to reduce the fat.

www.newscanada.com



If you're a senior in Caledon and want to live your best life



Check out the benefits for your

HEALTH

- Transportation
- Transitional Care
- Respite
- Companionship
- Health and Wellness Programs
- Local Specialist Clinic Services
- Volunteer Opportunities



HEALTH JOBS LIFE ccs4u.org 1-833-552-2748 | 905-584-2300



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In-home medical care, wound care, foot care, osteomy, medication mgmt.
- Personal Care**
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- Specialty Care**
Dementia, MVA care, respite, stroke recovery, palliative care



At Right at Home, we pride ourselves in offering a full range of exceptional care services for those with physical, medical, or memory impairment, at home, wherever home is to them.

Right at Home can supplement the support already provided by family members, government resources or retirement residences. From making a pot of soup to 24-hour nursing care and anything and everything in between, whatever kind of help is needed, we can assist with full flexibility to change as your family's care needs change.

Call us for a free, no commitment assessment
226.499.9967 | www.rightathomecanada.com/caledon



3 ways to help your grandchildren get ahead

(NC) Most grandparents will admit that being one is much easier than being a parent.

You get the joy of meeting a new person and watching them grow and thrive, but then you can hand them back to the parents when a diaper needs changing or a temper tantrum sets off. No matter how hands on or off you are as a grandparent, there are some simple things you can do to help them along the journey of life.

VOLUNTEER AS THE SITTER

Young parents face countless new expenses, from diapers, soothers and baby food to strollers. One or both parents may also have taken parental leave with little or no income coming in during some of that time. In short, they don't have a lot of disposable income. But it's important for young parents to maintain a semblance of a social life, whether on a date night or just meeting up with friends without the distraction of kids. If and when you can, volunteer to take your grandkids off your kids' hands. You'll get to spend quality time with the children, and their parents get a chance to recharge their batteries. All involved will benefit.

PASS ON YOUR TALENTS

Whether it's when you're babysitting or just visiting the little ones, share the wisdom you've accumulated

over the years every chance you get. If you speak another language, try to teach them some key words and phrases. Are you the chef in your family? Set the kids off on a lifetime of culinary exploration by teaching them your favourite dishes. Even the littlest ones can lend a hand by rinsing produce and, as they grow, they can graduate to stirring the pot or chopping veggies. Have a hobby? Get the grandkids involved when they're old enough to participate safely. Even just talking to them about when and where you grew up will open their eyes to a world beyond their doorstep.

CONTRIBUTE TO THEIR EDUCATION

If you think back to how much it cost you to get your post-secondary education, including tuition, accommodations, meal plans and books, the dollar value probably wouldn't even add up to a year's tuition today. The CST Foundation projects the cost of a four-year university program while staying at home would be \$78,000 in 2042 based on university websites and Statistics Canada data. One of the best ways to save for a child's future education is through a Registered Education Savings Plan (RESP). Anyone can open or contribute to a child's RESP, including their grandparents.

Learn more about RESP options at cst.org.

www.newscanada.com

The Caledon Seniors Centre offers something for everyone

IF YOU HAVE VISITED the Caledon Seniors Centre lately you will have noticed that they offer plenty of opportunities for seniors 55+ to be social, meet new friends, avoid isolation, stay active, learn new skills and have fun!

The Caledon Seniors Centre offers many amazing activities for seniors in the community including exercise classes, Tai Chi, Nordic Pole Walking, shuffleboard, Bridge, Euchre, carpet bowling, pool & darts, table tennis, woodworking, knitting, book clubs, singing, dancing, music jams, painting and much more!

The Centre also offers Lunch & Learns, plus opportunities to learn new skills and hobbies as well as amazing day trips to popular shows & destinations.

The Caledon Seniors Centre prepares and hosts homemade lunches Monday through Thursday along with monthly special lunches and dinners as well as special events for everyone in the community to attend.

The next community event at the Caledon Seniors Centre is their annual Craft & Bake Sale and Silent Auction on Saturday, November 2 from 8am to 1pm at 7 Rotarian Way in Bolton. This popular, must attend event, is a significant fundraiser for the Caledon Seniors Centre.

The Caledon Seniors Centre Craft & Bake Sale features 29 community craft vendors along with amazing homemade baked goods from members and volunteers of the Caledon Seniors Centre. The Centre's robust silent auction is a terrific opportunity to bid on a variety of items (great for holiday gift giving) in support of the Caledon Seniors Centre. And remember to stop by the nearly new room to purchase treasures you didn't know you needed.

During the Craft & Bake Sale, the Caledon Seniors Centre kitchen will also be serving up peameal bacon on a bun (with fried onions) for breakfast and a barbeque lunch for purchase. Or event-goers can relax with a tea and baked goods in the Centre's tearoom throughout the day.

The draw for the Caledon Seniors Centre semi-annual 50/50 draw will be held at the Craft & Bake Sale. Tickets are selling fast so get yours today by contacting the Centre.

The Caledon Seniors Centre is also currently taking orders for Macgregors Meats & Seafood, Krispy Kreme Doughnuts as well as Canada's favourite chocolatier, Purdy's Chocolates. Each of which are fundraisers in support of the Caledon Seniors Centre and will be available to order on November 2 at the Sale.

The Caledon Seniors Centre has been a beacon of activity, fun and friendships for Seniors 55+ in Caledon and surrounding communities for close to 30 years. As a not-for-profit, charitable organization, the Centre relies on government grants and fundraising initiatives to remain operational.

Membership at the Caledon Seniors Centre has been increasing annually and with the completion of a major expansion in 2022, the Centre's main space has now doubled in size. The Centre also operates Satellite Programs in Alton, Caledon East, Caledon Village, Inglewood, Southfields and Valleywood, offering extended programs to meet the needs of a growing senior population throughout Caledon.

With all that the Caledon Seniors Centre has to offer; the operating budget has also increased thus challenging the Centre to make up their funding shortfall through fundraising events and initiatives.

The Caledon Seniors Centre tries to host fun and exciting events every month for their members and all members of the community (young to young at heart) to enjoy while raising much needed funds for the Centre.

Donations and event sponsorship from generous individuals, corporations and community businesses allow the Caledon Seniors Centre to continue to offer programs and support for community seniors.

For more information about the Caledon Seniors Centre please visit their website at caledonseniors.ca or drop by the Centre anytime at 7 Rotarian Way, Bolton. Call 905-951-6114 or email caledonsenior@rogers.com or office@caledonseniors.ca

For information on donating to the Caledon Seniors Centre or event sponsorship opportunities contact fundraising@caledonseniors.ca
Facebook <https://www.facebook.com/caledonseniorscentre> Instagram or X @caledonseniors

SENDING A HUGE
THANK YOU
TO ALL OF THE LOCAL
SENIORS IN OUR
COMMUNITY FOR
ALL THAT YOU DO!



MAYOR GROVES

CALEDON SENIORS CENTRE
ANNUAL
CRAFT & BAKE SALE
SATURDAY, NOVEMBER 2, 2024
8:00AM - 1:00PM
CALEDON SENIORS CENTRE
7 ROTARIAN WAY ~ BOLTON

- 🌲 Silent Auction 🌲 Craft Vendors
- 🌲 Homemade Baked Goods
- 🌲 Nearly New Items
- 🌲 Macgregors Meats & Seafood
- 🌲 Krispy Kreme Doughnuts & Purdy's Chocolates Orders
- 🌲 Breakfast Peameal Bacon on a Bun
- 🌲 Lunch BBQ, Tea Room & Lots More!

IN SUPPORT OF THE CALEDON SENIORS CENTRE
DONATIONS WELCOME

The Caledon Seniors Centre for the 55+ offers many amazing activities for seniors in the community. We also offer fun and exciting events for our members and all members of the community to enjoy while raising much needed funds for the Centre. Fundraising events allow the Caledon Seniors Centre to continue to offer programs and support for our community seniors.

Charitable Registration # 89221 6375 RR0002

THE CALEDON SENIORS CENTRE
7 ROTARIAN WAY, BOLTON, ON
905-951-6114
CALEDONSENIORS.CA

Celebrating SENIORS

3 things that can affect vision as you age

(NC) We often think of vision loss as a byproduct of aging, but that thinking can cause us to miss a host of serious conditions.

That's why it's important to understand vision loss, not as an inevitable part of getting older, but as a possible sign of one of several specific health issues. Here are some examples:

DRY EYES

Did you know that many of us produce fewer tears as we age? It's not just an issue if you enjoy a good cry – tears help keep our eyes from drying out. But

as tear production falls off, our eyes can become red, dry and painful. Dry eyes can affect nighttime driving as well as reading.

Fortunately, there are treatment options available, from moisturizing eye drops to vitamin supplements and special tear duct plugs. If you find yourself blinking painfully often, or that your tears don't seem to help when they do come, reach out to your eyecare provider.

GLAUCOMA

This includes several conditions that all damage the optic nerve – the pathway between your eyes and brain – causing slow vision loss over years. It's sometimes called “the silent thief” because it progresses so slowly that sufferers often don't notice their vision loss until it has progressed significantly.



Many glaucoma patients are older adults, and it's one of the leading causes of vision loss in people over 60. The key to detecting it is regular eye exams that include a measurement of pressure in the eyeball. The condition is manageable but requires lifelong monitoring and treatment.

GEOGRAPHIC ATROPHY (GA)

A type of advanced dry macular degeneration, GA affects an estimated five million people worldwide. It's a condition most often seen in seniors where the

macula, the central part of the retina, starts to die off cell by cell. Vision loss begins in the middle of a person's field of vision, and progresses to make everyday tasks, and even recognizing faces, difficult.

GA causes irreversible damage and loss of independence, but it is detectable. Talk to your eye-care professional about getting checked regularly, as well as any factors that might put you at higher risk.

Learn more at livingwithga.ca.

www.newscanada.com

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Young @ Heart



Why choose Hunter Support services?

RESPITE CARE is a temporary form of support that relieves primary caregivers, giving them time to rest and recharge while ensuring that their loved ones continue to receive quality care. It can be a crucial resource for families caring for individuals with disabilities, chronic illnesses or the elderly.

Caregivers often experience physical, emotional, and mental fatigue, and respite care offers them a much-needed break from the demands of caregiving.

At Hunter Support Services, we offer private homecare and respite services in our home, as well as in your home, retirement home or nursing home. We offer customized stays, whether long or short-term support, depending on the caregiver's needs and the person receiving care.

We have a team of qualified PSWs, RPNs, developmental service workers and Autism Spectrum Disorder (ASD) workers who take pride in enhancing the quality of life of those facing health-related issues such as dementia/Alzheimer's, surgery recovery and other personal care.

Our in-home respite care services allow the care recipient to stay in our warm and inviting environment with their own fully

furnished bedroom and decorated personal space. We have security cameras around the house to offer peace of mind and ensure your loved one is safe. The residence is also fully accessible with a stairlift from the garage into the house, as well as a front entrance chair lift into the main living area.

The service also includes all meals and snacks. Meals are homemade on-site to suit an individual's tastes, requests and dietary restrictions.



BEV HUNTER
Owner of
Hunter Support

One of the key benefits of our respite care service is its ability to prevent caregiver burnout. Offering relief allows caregivers to focus on their own health and take a much-needed break, allowing them to recharge and maintain their well-being. It also ensures that the person receiving care continues to have their needs met by qualified professionals. Additionally, it can introduce them to new environments, experiences, and social interactions.

At Hunter Support Services, we are committed to empowering clients and enhancing their quality of life through integrity, compassion, and consistency within the community.

"You're in good hands" with Hunter Support Services.



The benefits of living in Abbeyfield Caledon's non-profit seniors residence:

Your golden years should be a time of joy, comfort and peace, a period to enjoy the fruits of your lifelong journey in a serene and welcoming environment.

- **Companionship and Community**
- **Home-like Setting**
- **Nutrition and Well-being**
- **Affordable Living**
- **Independence and Dignity**
- **Volunteer Support**

Living in a non-profit seniors residence like Abbeyfield Caledon offers the privilege of a supportive, caring community, nutritious meals, and a comfortable living space. It ensures a secure, dignified, and affordable lifestyle for seniors, helping them preserve their independence while living in a social, stimulating environment. This combination of benefits makes Abbeyfield Caledon an attractive choice for senior living in Ontario.

We can't wait for you to make Abbeyfield Caledon your new home. We are here, ready to welcome you with open arms into our family. Get in touch with us if you are interested in becoming a resident or if you want to join us as a volunteer serving the community. Call Lisa Chevalier, House Manager at: 905-860-0181 or visit us at: abbeyfieldcaledon.org.

AT ABBEYFIELD CALEDON, we've mastered the art of blending care, community, and comfort to create an unparalleled living experience for seniors. Set in the heart of Caledon East's tranquil neighborhood, our non-profit seniors residence promises more than just a place to stay - it offers a chance to thrive among peers in a family-like atmosphere. Let's talk about the myriad of benefits that life at Abbeyfield Caledon provides, highlighting why it stands out as an exceptional choice for seniors seeking companionship, independence, and a vibrant lifestyle in their later years: We offer...

Hunter Support Services Inc.



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Offering around the clock private homecare and respite services in our home, long and short-term care, as well as in your home, retirement home or nursing home.

Our qualified PSW's, RPN's, Developmental Service Workers / ASD Workers take pride in providing and committed to enhancing quality of life for those facing with health related issues such as dementia/Alzheimers, surgery recovery and other personal care. This allows our clients care giver's time to rejuvenate and ease their stress.

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FRIENDLY, AFFORDABLE LIVING FOR INDEPENDENT SENIORS



Abbeyfield Caledon is a non-profit home for independent seniors. Nestled in the beautiful town of Caledon East, our house is dedicated to providing good nutrition and companionship.

Interested in becoming a resident?
Contact us for more details.

905-860-0181
abbeyfieldcaledon.org

Lost your phone? Protect yourself from unauthorized transactions

(NC) Nowadays, losing your phone or tablet can feel like losing a vital part of your identity. With a significant amount of personal and financial information stored on these devices, unauthorized transactions can become a major concern. To safeguard yourself, it's crucial to follow these preventative and retroactive measures.

PREVENTATIVE MEASURES

1. Know where your data is stored: Wallets store payment information either in the cloud, on the device or on the SIM card. Knowing where the info is stored is helpful in the event a phone is lost or stolen.

2. Secure your data: Use strong, unique passwords or biometric locks, like fingerprints or facial recognition, to protect access to your device. Enabling two-factor authentication on your accounts adds an extra layer of security. Never share your PIN or password, and use different passwords for your device and payment approvals.

3. Keep devices updated: Regularly update your phone and tablet to ensure you have the latest security patches. These updates often address weaknesses that could be exploited by hackers.



4. Lock your devices: Always use a screen lock to prevent unauthorized access. Even a simple PIN or password can significantly reduce the risk of unauthorized transactions.

5. Monitor your devices: Keep an eye on your devices and be cautious about where and how you use them. Regularly review your mobile wallet and transaction history for any unusual activity.

RETROACTIVE MEASURES

1. Contact your service provider: If your device is lost or stolen, promptly contact your service provider. They can deactivate the device, restore it to factory settings and place it on a national list of stolen devices. This will prevent it from being used on any Canadian mobile network.

2. Report to local law enforcement: File a report with local law enforcement to document the loss. This could assist in the recovery of your device.

3. Notify financial institutions: If you suspect any unauthorized transactions, contact your bank and credit card companies immediately to block your accounts. This will prevent additional unauthorized transactions and minimize potential damage. They have processes in place to handle such issues and can guide you through recovery steps.

Learn more about how to protect yourself from fraud and unauthorized transactions at canada.ca/money.

www.newscanada.com

5 ways to protect yourself online

(NC) **BETWEEN WORK**, entertainment and staying in touch with friends and family, we spend many of our waking hours living in a digital world. While there are certainly many benefits of being connected to the online world, we're also increasingly at risk of cyber attacks. Here are five ways to protect yourself online.

USE PASSWORDS WISELY

By now, most people know that you shouldn't use easy-to-guess passwords for websites and apps, like your child's name or the word "password." Create a unique password for every site you register with. That way, your other accounts won't be at risk if the site is hacked. Each password should be at least 12 characters long and have a combination of uppercase and lowercase letters, numbers and symbols. If you're worried about remembering these, another more secure option is to use a passphrase. This is a mix of four or

more random words, using a minimum of 15 characters, that are strung together that you can remember but would be very hard for someone else to guess.

SIGN UP FOR MULTI-FACTOR AUTHENTICATION

Multi-factor authentication (MFA) adds an extra step to the login process and an extra layer of security to your accounts and devices. MFA can be something about you (like a fingerprint or facial recognition), something you know (like a PIN or security question) or something you own (like tokens or authenticators). MFA helps ensure it really is you trying to log into your account.

SHARE INFO SAFELY

Before entering your credit card number or other personal information on a site, make sure it's legitimate. Scammers have set up countless spoofed (fake) websites that pre-

tend to be the homepages of retailers and banks to try to steal from you. Make sure the URL is accurately spelled out, has HTTPS at the beginning (the S stands for secure) and has a locked padlock symbol beside it.

BE TECH SMART

Set up all your devices so that they require a password to open them. Be vigilant in installing software updates and patches as soon as they're available and set up automatic updates wherever possible.

Be cautious when using Wi-Fi outside of your private network. Avoid using public Wi-Fi if possible; but if necessary, use a virtual private network (VPN) to help protect your information while using.

When you're done working on a secure site, use the log-out function. You can also clear your browser's cache and history before and after you log onto a secure site like your bank.



MONITOR YOUR ACCOUNTS

Even if you take all these precautions, there are still chances a scammer could sneak past your defences. Use an anti-virus software and a firewall to help prevent and detect suspicious activity on your devices and network. You should also regularly review your banking and credit card statements for unusual charges. If you do see something suspicious, contact your bank immediately.

Find more cyber safety tips at getcybersafe.ca.

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(Above) Quarterback Tyler Ferlito (9) and Running Back Lucas Carson-Pedri (34) led the Wolfpack to its four-point win over Lorne Park. Carson-Pedri scored two touchdowns. (Above Right) Hall Wolfpack Head Coach Jonathan Beresford delivers a post-game victory speech to his players.

PHOTOS BY JIM STEWART



Hall Wolfpack stays undefeated with edgy 25-21 comeback win over Lorne Park Spartans

BY JIM STEWART

Robert F. Hall's Senior Football team kept its perfect record intact by defeating Lorne Park 25-21 in front of over 300 fans at the East Caledon high school on Wednesday afternoon.

The two gridiron squads offered an electrifying opening salvo for the fans assembled. Hall (3-0-0) scored a touchdown on its first play from scrimmage and Lorne Park (0-3-0) returned the ensuing kickoff for a major to knot the score at 7-7. However, the frenetic introductory pace transitioned to a grudging war of attrition in sunny, but very windy conditions.

In a sustained drive to open the second quarter, Hall quarterback Tyler Ferlito and running back Lucas Carson-Pedri spearheaded a four-play combo that restored the Wolfpack's lead.

Ferlito's keeper Carson-Pedri's bruising off-tackle rush, and Ferlito's gain off the end led to a one-yard pass to a wide-open Carson-Pedri in the end zone put Hall up 13-7. Liam Healey kicked the convert and the Wolfpack led by seven.

As Lorne Park's impressive ground game created yardage almost at will with a series of off-tackle rumblings, the Spartans tied the score at 14-14 on a recovered goal-line fumble and a convert with 3:15 left in the second quarter to cap off a 91-yard drive.

With 10.9 seconds on the clock, Healey hoofed a 35-yard field goal attempt into the wind and through the uprights to give the Wolfpack a 17-14 lead at half-time.

After a scoreless third quarter, Lorne Park took the lead on an entertaining 90-yard pass and run play.

With the conversion, the Spartans lead 21-17 with 7:13 left in the fourth quarter.

In a game featuring short kickoffs by both sides, the Spartans tried squibbing the ball to recover their own kick at centerfield but the strategy backfired when the kickoff didn't travel ten yards. With Joseph Ferlito taking the reins of the offence from his brother Tyler, the younger Hall quarterback threw an impressive series of strikes to Kymani Stanley and Nicholas Pagani.

Stanley's athleticism was on display with 4:25 remaining in the game. The talented wide receiver kept the Hall drive alive when he

caught a tipped pass in heavy traffic and was tackled on the 1-yard line. Quarterback Tyler Ferlito re-entered the game, handed off the ball to Carson-Pedri, and the burly running back rumbled into the end zone for the game-winning touchdown at 4:14. Healey's convert gave Hall a precarious 24-21 lead.

After Hall linebacker and co-captain Mason Burke sacked Lorne Park's quarterback at 2:59 to force a Spartan punt, the Wolfpack recovered a dribble kick. Healey provided insurance by kicking a booming 65-yard single that bounced through the end zone to give Hall a four-point lead at 1:48.

Wolfpack defender Aadis Archarya ended any hope of a Lorne Park comeback when he recovered a Spartan fumble on Lorne Park's 30-yard line. Carson-Pedri put the game away by grinding out his tenth first down of the contest and the Wolfpack ran out the clock to preserve its perfect record.

Carson-Pedri, who rushed for over 140 yards and scored two touchdowns against the Spartans, credited his offensive line for his remarkable numbers.

"They were working really hard and the holes they created were gigantic. I had lots of help this afternoon."

When asked how it felt to preserve the team's perfect record with his strong ground game, the affable running back remarked, "It feels amazing."

Carson-Pedri's backfield partner, Tyler Ferlito, credited the Wolfpack fans that assembled on the sidelines for the game.

"It was beautiful to play in front of our fans." He also offered kind words to his brother and quarterback partner Joseph.

"It's always fun to watch my younger brother carve up the other team's defence."

Ferlito was pleased with his offence's effectiveness.

"I thought we were on the same page this afternoon. Being in synch is the key to our success. We had some big plays out there today and Lucas ran the ball for big first downs."

A rematch of the 2023 ROPSSA Senior Football championship game will take place on Friday, October 18 when the Hall Wolfpack hosts the David Suzuki SS Grizzlies at high noon.

COMMUNITY events

This column is provided as a free public service to non-profit organizations to announce up-coming events. Please contact the Caledon Citizen by calling (905) 857-6626 or emailing admin@caledoncitizen.com if you wish to have an announcement published.

TOPS (Take Off Pounds Sensibly) ON 1344 Bolton - Real People, Real Weight Loss is a non-profit group. We meet weekly on Wed. evenings in the basement of Bolton United Church. Weigh-ins are 6:00-6:30 followed by a meeting. The initial annual fee incl. a bi-monthly magazine and starter kit is \$59, and monthly dues are \$20. Today is the best day to make changes to your lifestyle! If you have weight to lose and/or want to improve your health, we can help! We promote healthy eating and support the efforts of all our members, and your first meeting is free. Come join us. For more information call Marion at 905-857-5191 or see www.tops.org. Online memberships are also available.

The Bolton AI-Anon Group has recently moved the regular meeting location to the Bolton United Church at 8 Nancy Street (across from Bolton Post Office). We still meet every Thursday at 8:30 pm. We welcome anyone who is/ or has been affected by someone who has problem with alcohol. If you have any questions please come any Thursday evening or email: boltonalanon@gmail.com.

Caledon Church of Canada. Every Sunday morning @ 10 am. Monday prayer meeting @ 7 pm. Resources: Prayer counselling, Baby/child dedication, Visit the sick, Wedding Services, Food bank and more. For all your pastoral services: 647-891-9400 • caledoncoc@gmail.com Location: 34 Nixon Rd., Bolton

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The "Homemade Jam" is a weekly acoustic jam session and song circle at Rotary Place/ Caledon Seniors Centre, Bolton - Wednesdays from 1:30 pm - 4:30 pm. We welcome any acoustic music, including folk, old time, traditional, rock and roll, bluegrass, and original, but no recorded backup or electric instruments except electric bass or piano. Caledon Seniors Centre charges a \$4 drop-in fee that includes coffee and tea. It's a bargain! Listeners are also welcome.

2024 Rise Up Success Conference
Hosted by: Natalie Masucci
Where: Copper Creek Golf Group (Kleinburg)

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9 am - 1 pm
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This is a perfect opportunity to start your holiday shopping, enjoy tasty food, and celebrate our wonderful community. Bring your friends and family, and don't miss out on this joyful event! Remember to bring your own bags to carry home all your wonderful purchases.

Stitched Glass - The Knitting Pilgrim Sat Nov 2
Kirk Dunn combines storytelling, images, and three huge knitted panels to explore the connection among Judaism, Christianity and Islam. #BYOK (bring your own knitting) General admission tickets; \$40 adults - \$20 students cash concession. Doors open 6:30 pm. 7-9 pm Reserve seats now call 905 880 0303 or on website palgravekitchen.org
Palgrave United Church 34 Pine Ave

Bethell Hospice Celebrate Light & Love Tree Lighting
Bethell Hospice is a place where lives pass, stories are cherished, and legacies carry on forever.
As the holiday season approaches each year, friends of Bethell Hospice are encouraged to support the Celebration of Light & Love Tree Lighting event, to ensure Bethell Hospice care continues for all future families in need. The 2024 Tree Lighting event will be held outdoors at Bethell Hospice with the lighting of the trees and the reading of the names of those remembered starting at 7:00 p.m. The Tree Lighting Ceremony is a way to offer comfort, compassion, and healing during a time of reflection. As guests walk down the Bethell Hospice driveway holding a light of remembrance, and with the choir serenading in the background, it is a tranquil time to honour the memory of a loved one. Friends of Bethell Hospice are encouraged to make a donation to illuminate a light in memory of someone special, or in memory of someone they love. To make your donation online, please visit bethellhospicelightandlove.ca, or call the Fundraising office at 905-838-3534 ext. 2248. May Your Light Continue to Shine Brightly!

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Friday Night Lights: Humberview Secondary School invites community out for a night of football action

Tickets to the game are \$10 and support Humberview's football program

BY ZACHARY ROMAN
LOCAL JOURNALISM
INITIATIVE REPORTER

An exciting night of football action goes down tomorrow in Bolton.

At 7 p.m. on October 18, Humberview Secondary School will host Cardinal Ambrozic Catholic Secondary School for a Friday Night Lights football game at Humberview Field in Bolton (135 Kingsview Drive).

The game will be the fifth Friday Night

Lights game that Humberview has hosted in the last three years; two were held in 2022 and two more were held in 2023.

Due to scheduling, tomorrow's game will be the only Friday Night Lights game this year.

Humberview Huskies head coach Adrian Piscitelli said the game will be a must-see.

"When we first decided to have a Friday Night Lights game in the fall of 2022 it was right after COVID and we didn't know what to expect. We didn't know if Bolton was ready to get back to normal or if anyone would come. We never expected to have more than 1,500 people attending nor did we expect the positive outpouring of support we received from the community," said Piscitelli.

He explained that Friday Night Lights games are quickly becoming a much-looked-forward-to tradition for Caledon residents. For Humberview Secondary



Humberview Secondary School is hosting a Friday Night Lights football game on October 18. CONTRIBUTED PHOTO

School students, the game is like their Superbowl.

Piscitelli said for the players, running out on the field with so many people cheering them on is an absolutely amazing experience.

At this year's game, the Sea Cadets will perform a colour guard procession prior to the singing of O Canada. At halftime, Humberview's dance team will perform, and there will be food trucks and drink vendors at the field.

Piscitelli shared that two of Humberview's Grade 12 players, quarterback Ian McCausland and center Daniel Chmura, are actively being recruited by Ontario university football teams.

"Ian and Daniel are two very special players for us. Football came back to Bolton in the fall of 2021 after COVID and both Ian and Daniel were Grade 9s on that team. To see them grow and develop and now prepare for their last home game at

Humberview Field is going to be special," said Piscitelli. "It's really an opportunity for our young guys to see what leadership looks like. Daniel and Ian exemplify our four core values of hard work, dedication, responsibility, and collaboration and we are very proud of them, as we are proud of all of our players."

Piscitelli said he's proud that Humberview's football team is the most diverse club or team at the school. It has players from many different ethnicities and cultures, and players from all academic levels.

Tickets for this year's Friday Night Lights game are \$10 and all proceeds from ticket sales go to Humberview's football program.

Piscitelli said it's expensive to run a football program and that next year, Humberview would like to start a junior team for Grade 9 and 10 players to enhance their development.

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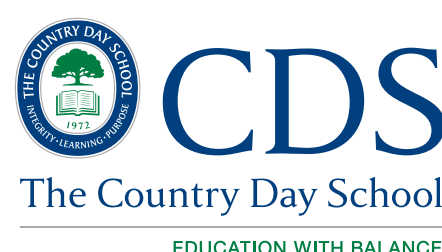
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Behind the Camera at Thanksgiving

The family unit has changed with surprising contradictions and complexity.

The rate of divorce is declining but more people are choosing not to get married, and the dissolution of those relationships is not noted in Canadian Statistics. A whopping 1 in 5 children witness their parents separate before they turn 18. Young adults living with parents is the new norm with over 50% of adults in their twenties living with a parent in Ontario and yet adult children are cutting their parents out of their lives on an unprecedented scale.

There is a rising tide of family estrangement with 1 in 4 adults acknowledging that they have terminated a relationship with a family member, contributing to a ubiquitous cloud of loneliness that has seeped into every corner of society.

The black and white statistics trickle down into holidays and translate into escalated conflict between partners, in-laws

banging on doors or refusing to pick up the phone, kids fought over and shuttled like sheep from one home to the next; raised voices, sobs, and silence. For most, Thanksgiving was an echo of Easter, a wash and repeat of family drama, seemingly inescapable and unchanging.

I sometimes ask my clients in distress, "If you knew this relationship wouldn't change, that it would look and feel the same in five years' time as it does today, would you stay?"

We walk away when we give up hope; and yet walking away can be as costly as staying. If you knew Christmas 2024 would look very much like Thanksgiving 2024, would you make any changes?

Many of us feel hopeless and helpless in the face of chronic family conflict. Our families are like tangled webs of wire twisted, welded, cut and scrap thrown away. It seems an impossible task to right

the wrongs, reunite son with father, wife with mother-in-law, and heal the rifts that divide us.

In many instances, we are correct; it is not possible to force an estranged child to the table, or turn the volume down on a toxic ex. There is no reverse button on time. We can only move forward from here; but we can move forward.

The old axiom holds true, we can't control what other people do, what they think, feel and how they behave, but we can choose what we do, what we think, and how we feel. As Einstein famously said, "insanity is doing the same thing over and over again and expecting different results." The challenge is in deciding what to change.

Christmas is 10 weeks away – now is the time to think about what you want to do differently.

It may be as simple as deciding where, when and who you will spend Christmas with,

now – to avoid the last-minute scramble and bitter battles of last weekend. Perhaps, it means setting a budget, and putting the money aside now, to steer clear of financial stress and debt. It may be a more complex decision, such as to say no to your mother when she tugs the umbilical cord and to align yourself unwaveringly with your partner.

There are common themes familiar to all families, yet each one is unique. The way forward may be obvious and obtainable, or it may feel insurmountable. You may need someone on the outside to talk to, someone who understands the complexities of family dynamics and can help you navigate your way through the maelstrom of emotions. You have time; you have two-and-a-half months to work through what you want to do differently this Christmas season.

TRISH McLEAN
THE STORY ISN'T OVER




Holiday Cookie Recipe CONTEST

DO YOU MAKE MAGICAL CHRISTMAS COOKIES?

Welcome to Our Routes Magazine's first annual Holiday Cookie Recipe Contest. Send us your original recipe along with all the ingredients, directions, a photo and brief description of why your holiday cookie is Santa's favourite. Also include name, city/town and phone number. Three winners will be selected from submissions entered. Winners will be featured in the winter edition of Our Routes magazine and win a gift basket of prizes.

Winners must be willing to make a batch of 12 cookies that can be used in photographs for the magazine. Submissions can be emailed to: contactus@ourroutes.com Deadline to enter is October 18, 2024 at 5p.m.



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This individual will be responsible for preparation of monthly financial statements of 6 legal entities including all applicable transactions and reporting. It will manage the billing process, accounts receivable and accounts payable cycles. It will also be responsible for processing payroll as well as the coordination and preparation of the year end accounting package and be the administrator of the accounting / billing software program.

Having a CPA designation is preferred along with 3-5 years of work experience managing an accounting team. They will need to be highly professional, an excellent communicator and have strong leadership abilities. In addition, they should have experience with full cycle accounting, have great attention to detail and data management skills.

All interested applicants are invited to **submit their resume and salary expectations** to smarks@carters.ca. Only candidates selected for an interview will be contacted.

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Email: dkholwell@lorddufferincentre.ca

Application Deadline: October 23, 2024.

(We thank all applicants, but only those selected for an interview will be contacted).

LEGAL NOTICE

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DOROTHY ALLEN MAZEAU
JUNE 1947 - OCTOBER 2024



Born in Winthrop, Massachusetts and raised in Weymouth, Dorothy moved to Toronto in 1974. There she worked as an architect while raising her son, Justin. She always had a positive outlook on life, a smile on her face and a silly streak a mile wide. She wouldn't always show it but if you were around her long enough, she couldn't always hide it either.

When Dorothy moved to Caledon she branched out into real estate, becoming a realtor and shortly thereafter began actively promoting home sharing in earnest, in what became a multi-decade passion project, having shared a home herself for most of her adult life. She gave seminars and launched her business Golden HomeSharing Connections to help older adults learn about the benefits of home-sharing and facilitate finding compatible housemates.



Dorothy always seemed to make friends quickly, and the energy she brought with her made a memorable impression on everyone she met. Living in Caledon for over 20 years, she was active in numerous organizations, including the Probus Club of Bolton, the Achill Choral Society, and the Caledon East United Church. She then moved to Lennoxville in December 2022 and did it all again, quickly joining the University Women's Club, the Lennoxville United Church choir, and the Bishops University Singers, singing being one of her many delights.

When cancer came for a visit in early 2023, she just kept moving forward, not one to let such trifling things slow her down. This year she began working full-time on a fellowship putting together a report with The Samuel Centre for Social Connectedness, Canada HomeShare, and HelpAge Canada on home sharing, furthering her advocacy for community living. That report was completed on Tuesday, September 24th, and with that her work was done.

After putting up with the many annoyances of cancer for 18 months, she gave the disease its comeuppance and took it down with her on October 5th, never giving it the satisfaction of removing the smile from her face, or silly from her heart.

Dorothy/Dottie/Dot is survived by her brother Ted, sisters Sue and Bev, and her son Justin. Please consider a donation to HelpAge Canada at <https://helpagecanada.ca/?form=donations> to support the work they do and honour Dorothy's memory.

WILHELM (WILLY) EDELBROCK

Wilhelm (Willy) Edelbrock, was born on July 16, 1930, on a farm near, Ennigerloh, North Rhine-Westphalia (German: Nordrhein-Westfalen) Germany, and passed away at age 94 on October 9, 2024 at Headwaters Health Care Centre, Orangeville. Willy was the beloved husband of the late Margarete Edelbrock, (nee Meier) of 60 years marriage. He is survived by his two children, Elisabeth (Victoria, BC) and Ralph (Madonna House, Combermere, ON); and siblings, Alfons (Eli), Hilde (+ Berni), and Hubert (+ Marina). His other siblings are predeceased, Gertrud (Theodor), Heinrich, Theodor, Klemens, Bernhard (Annemarie), Karl (Barbara), Maria (Josef), Paul (Marianne), Josef (Margret), Rudi and Mathilde (Georg). His parents, Theodor and Elisabeth (nee Schmitz) Edelbrock, are predeceased. Willy will be sadly missed by his numerous relatives and friends.



Born on a small farm, the 7th of 15 children, Willy made his apprenticeship in the Tönnishäuschen dairy and later furthered his studies in business in Dortmund after WWII. In 1953, he adventurously traveled to western Canada and stayed in Edmonton working at the Palm Dairy. Shortly, other brothers followed, one being Karl, a master carpenter. In 1955 they all moved first to Toronto doing construction sub-contract work and then to Orangeville. Soon afterwards Willy and Karl formed Edelbrock Bros Ltd in 1958, which included both a construction division and a lumber yard, Northway Lumber, later to become Mono Plaza. During the mid '50s through into the '70s numerous houses, cottages, offices, stores and factories, about 700 units, were built throughout Orangeville, Shelburne, Fergus, Aurora, Guelph, Owen Sound and Brampton to name a few locations.

With life on firmer foundations economically, Willy decided to return to Germany and married Margaret Meier, in Hamm, North Rhine-Westphalia, in April 1958. After returning to Orangeville, they had 2 children, Elisabeth and Ralph. Even though the business was all-consuming, Willy did set aside time for family.

In May 2013 for Willy's and Karl's contribution to the local community, they were presented with the President's Award Dufferin - Caledon which is presented to business pioneers who are recognized as individuals, who through volunteerism and business have made a substantial contribution over an extended period of time to the economic and social sustainability of Dufferin County. Willy's contribution included the W & M Edelbrock Center which opened in Autumn 2013.

Willy appreciated the support that enabled Edelbrock Bros to grow and to reciprocate he later supported a number of local establishments and programs including the W. & M. Edelbrock Fund & Bursaries through the Dufferin Community Foundation.

Those who wish, may donate on Willy's behalf to the Dufferin Community Foundation, St Timothy Catholic Church, Orangeville or Madonna House, Combermere, Ontario.

Friends and family can pay their respects at the visitation on Wednesday October 16, 2024 from 5:00 p.m. to 8:00 p.m. at Dods & McNair Funeral Home, Chapel & Reception Centre 21 First St. Orangeville.

The Funeral Mass will be held on Thursday October 17, 2024, 1:00 pm, at St Timothy's Catholic Church, 42 Dawson Rd. Orangeville followed by a reception at Dods & McNair Funeral Home. Internment at Forest Lawn Cemetery at 3:30 pm.

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CHARLOTTE PREUSS (NEE MACLEOD)

Peacefully on Thursday, October 10th, 2024 at the age of 83. Beloved wife of the late Paul Preuss (2016). Dear mother of Krista Goudreault and Cara Preuss. Cherished grandmother of Olivia, Emily and Matthew. Dear sister of Bill (Judy), Catherine (Don-deceased) and David (Deborah). Predeceased by her siblings Frank (Reta), Barbara, Anne. Charlotte will also be greatly missed by other relatives and many friends.



Funeral Service will be held at the Dods & McNair Funeral Home Chapel & Reception Centre 21 First St Orangeville on Monday October 21, 2024 at 11:00 am, with visitation beginning at 10:00 am. Internment - Greenwood Cemetery. Memorial donations to a charity of your choice would be appreciated by the family.

A tree will be planted in memory of Charlotte in the Dods & McNair Memorial Forest at the Island Lake Conservation Area, Orangeville. Condolences may be offered to the family at www.dodsandmcnair.com

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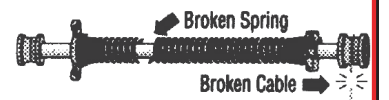
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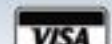
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Old Mill Hub spreads its wings with new Phoenix Gallery, providing unique space for local art

BY SAM ODROWSKI

A building in Orangeville that was devastated by a fire in the summer of 2022 has risen from the ashes.

The Old Mill Hub (28 Mill St.), formerly known as the Mill Street Mall, is in the process of converting its north hall into the Phoenix Gallery, featuring work from local artists.

“The reason we’re doing the Phoenix Gallery is because after the big fire and the devastation that we had, what I really want to do is bring the arts back, and rise from the ashes,” said Marshal Bobechko, Chief Property Manager of the Old Mill Hub.

“We had five people lose their homes, we had 19 businesses displaced, and at the end of the day, I decided to not allow a tragedy to define us. But instead, build upon that destruction and create something more beautiful than it ever was before. That’s the goal.”

By the end of the year, he said he’s hoping to complete the Phoenix Gallery with chocolate brown walls, vines, plants, and an earthy feel to surround the art hung there.

“It’s going to look like you’re walking into a forest with art everywhere,” said Bobechko. “That’s the vision I have in my head.”

It’s completely free for artists to be featured in the Phoenix Gallery – the only requirement is that they are local.

The gallery will also feature the building’s history, highlighting the beginning of its story in 2021 when it opened the Elspeth Art Gallery and was later rebranded from the Mill Street Mall to the Old Mill Hub. Its evolution over the years, the fire, and its comeback will also be shared.

“I’m really hoping that this will help heal the community after that travesty, es-



RISING FROM THE ASHES: The Old Mill Hub’s chief property manager Marshal Bobechko stands in front of the entrance to the Phoenix Gallery, which he hopes to have completed by the end of the year. The space already features some local art but will soon be fully converted into an art gallery with an earthy atmosphere. **PHOTO BY SAM ODROWSKI**

pecially the people that lost their homes and their pets in the fire, knowing that we didn’t just leave it as a scar, but we made it something beautiful out of it,” Bobechko remarked.

Before the 2022 fire, the Old Mill Hub was home to nearly 20 businesses. Since reopening at the start of the year, it has brought in several new and former businesses from a variety of industries. The businesses that now make up the hub include a pharmacy, crystal store, art studio, Jamaican cafe, denture clinic, and elec-

tronics repair store, among a few others.

Several newly renovated units located along the north hall, adjacent to the Phoenix Gallery, recently became available for lease.

The footprint of the building is a bit smaller than before the fire, but the parking lot has been expanded, and there are future plans to beautify a plot of land adjacent to the hub.

Bobechko plans to further freshen up the Old Mill Hub with an uplift at the front of the building.

While there are limited spots for art in the Phoenix Gallery, any local artists interested in having their work featured can reach out to Bobechko by email at marshalofthemill@gmail.com. That same email can be contacted for any business owners looking to take over one of the recently renovated units in the hub’s north hall.

“If you’re a local business and you want to thrive, come see Marshal,” he said with a smile.

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Advocates hail new, "overdue" aggregate policies in Caledon

Continued from FRONT

The Forks of the Credit Preservation Group (FCPG), a local non-profit advocacy group, followed the process closely and advocated for clear, prescriptive, science-based policies throughout.

In a statement, Caledon Mayor Annette Groves said Caledon's new policies are forward-thinking and take into account the needs of a growing community while protecting the environment for future generations.

"A lot of work has gone into this over the years, and I'd like to extend a sincere thank you to our Town of Caledon staff, stakeholders, environmental experts and community members for contributing to this comprehensive study," said Groves.

FCPG member David Sylvester said the group is thrilled Caledon Councillors responded to calls for stronger community protections when it comes to aggregate extraction.

"After enduring for years excessive dust, noise, and traffic from the aggregate industry, policies grounded in cutting-edge science to safeguard our families were long overdue," said Sylvester. "Most notably and in what is thought to be a Canadian first — Caledon adopted the World Health Organization's (WHO) 2021 global air quality guidelines for particulate matter associated with dust from aggregate operations. Many residents and health organizations have long questioned why Canada was sticking to the WHO 2005 limits for PM2.5 when it is a proven carcinogen."

A Town of Caledon news release states the municipality's new policies include provisions to ensure sustainable extraction practices in line with provincial regulations; address community concerns such as air quality, land rehabilitation and water

resource and natural heritage area protection; support infrastructure development that benefits the community, including road maintenance and transportation planning; and provide clear guidelines for the review of future aggregate extraction development applications, ensuring transparency and accountability.

Caledon's Commissioner of Planning and Economic Development Eric Lucic said the town has listened closely to the community.

"We believe this policy strikes the right balance between responsible resource use and protecting Caledon's environment, providing a stable framework for businesses while protecting natural landscapes and local ecosystems," he said in a statement.

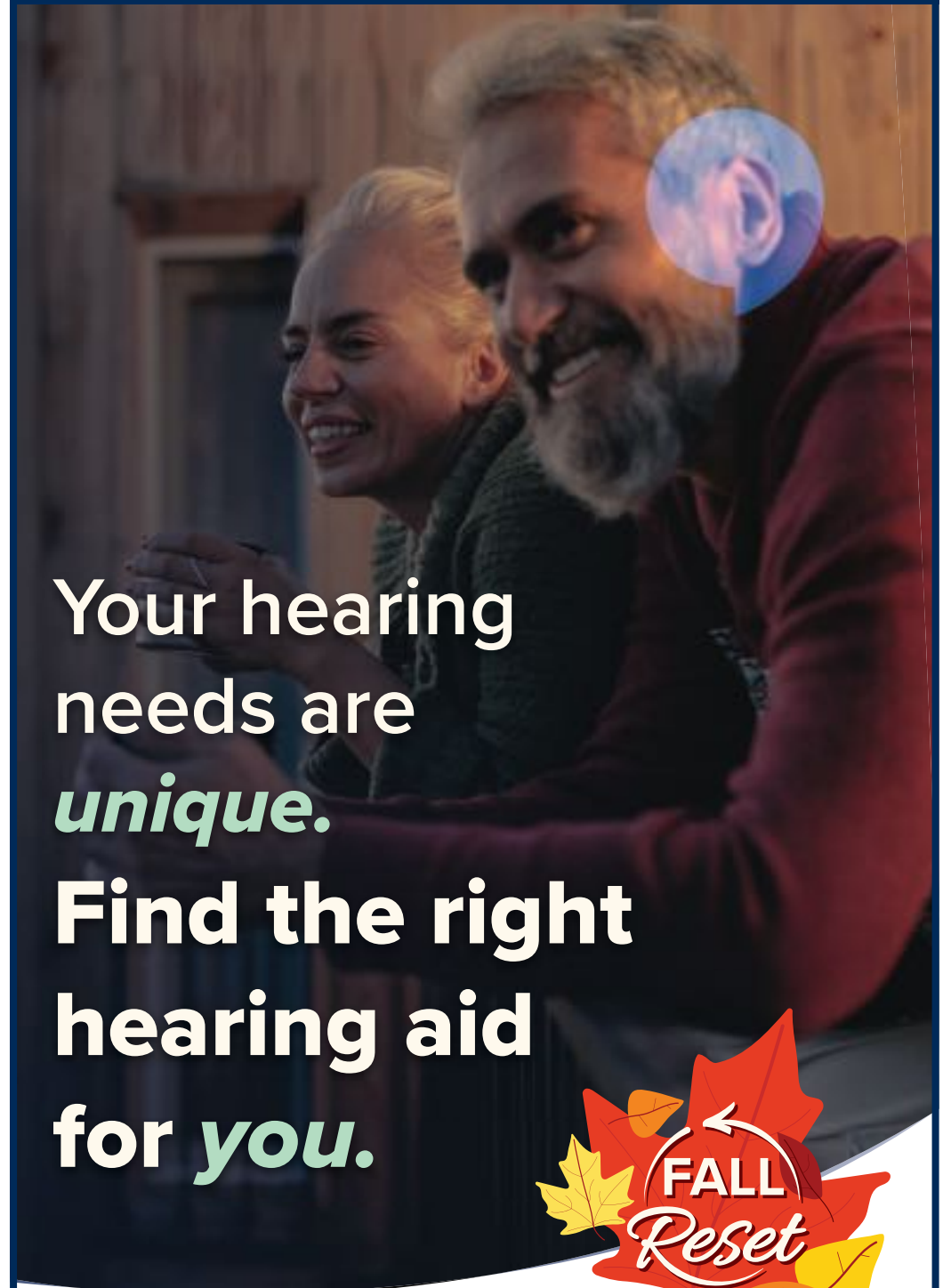
A news release from the FCPG states the new policies incorporate the latest scientific research in areas such as air quality standards and monitoring; dewatering and private wells; wetland and woodland protection; safeguarding environmentally sensitive groundwater recharge areas; and requirements for blasting and flyrock management.

The FCPG's legal counsel, David Donnelly, said in a statement that Caledon has become a leader in environmental action through its new policies.

"There's no justification for neglecting critical scientific issues like wetland preservation, climate change and human health. Caledon is setting an example for Ontario," he said.

The FCPG noted in its news release that the journey is not yet over — the group said Caledon residents and councillors must advocate to the Provincial Government to sign off on and approve the new policies.

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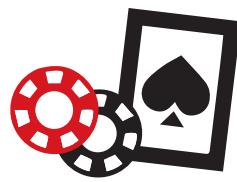
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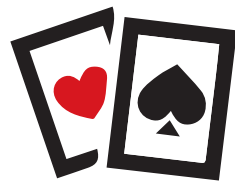
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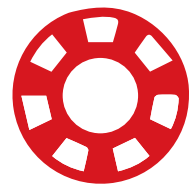
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