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FREE Thursday, April 18, 2024 Volume 44, Issue 17



Paula Oake (co-secretary, ecoCaledon), Laurie Dickson (home energy retrofit lead, Centre for Community Energy Transformation), and John MacRae (co-chair, ecoCaledon) promoted green living at the Caledon Home and Lifestyle Show. PHOTO BY ZACHARY ROMAN

## Green living takes centre stage at Home and Lifestyle Show

Event took place from April 12 to 14 at Albion Bolton Community Centre

BY ZACHARY ROMAN  
LOCAL JOURNALISM  
INITIATIVE REPORTER

Another successful Caledon Home and Lifestyle Show is in the books.

From April 12 to 14 at the Albion Bolton Community Centre, the show brought Caledon residents, businesses, and non-profits together to network and learn.

Show producer Liz Shaughnessy said she was happy to have Caledon Councillors come out to the show's opening ceremony on April 12.

"Mayor Groves delivered an exceptional speech," she said. "Then Caledon Meals on Wheels spoke about the importance of this event to them."

Each year, the Caledon Home and Lifestyle

Show raises money for Caledon Meals on Wheels, a local non-profit that provides meals and programs for seniors and individuals with disabilities.

A big focus of this year's show was green living.

"The very important new green living feature showed us how to lower our carbon footprint, saving money and saving energy," said Shaughnessy. "All those wonderful things."

Continued on Page A6

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## Educator Kaur's books bring strength to Sikh boys and their families

BY ZACHARY ROMAN  
LOCAL JOURNALISM  
INITIATIVE REPORTER

boys that's an important part of their faith, is at the heart of Kaur's new books.

"Knots of Identity: Patka Poems" and "Knots of Confidence: Patka Affirmations", Kaur's two new books, were celebrated at a special book launch on April 5 at the Indigo bookstore in Brampton.

After the success of The Patka Box, Kaur knew she wanted to do more.

Continued on Page A11

## TIRE JUNCTION

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# Council votes against proposed spiritual centre, says location not right

## SMVS Canada wanted to build centre near intersection of King Street and Centreville Creek Road

BY ZACHARY ROMAN  
LOCAL JOURNALISM  
INITIATIVE REPORTER

Planning staff and Caledon Council do not agree with the proposed location for a spiritual centre.

At Caledon Council's April 16 Planning and Development Committee meeting, Councillors unanimously voted to refuse official plan and zoning bylaw amendments for a

proposed spiritual centre near the intersection of King Street and Centreville Creek Road.

Council had previously deferred the matter at a February 13 Planning and Development Committee meeting.

Council's April 16 decision will come to a future Council meeting for final approval.

The spiritual centre was proposed by Swaminarayan Mandir Vasna Sanstha (SMVS) Canada, a Hindu faith organization.

A Town of Caledon staff report on the topic said the proposed centre was not consistent with the Region of Peel and Town of Caledon official plans.

"The proposal does not represent good planning nor is it in the public interest," reads the report. "It is recommended that Council refuse the applications."

The centre was proposed on lands that are

currently zoned agricultural, so the zoning would have had to be changed to permit the centre.

Kevin Bechard, a senior associate with IPS Consulting, which is managing SMVS' application, maintained throughout the process that the application for the centre represented good planning and that much work had gone into meeting necessary requirements.

At the April 16 meeting, Bechard said IPS Consulting's agricultural impact assessment determined the impact of the loss of agricultural lands would be "negligible in terms of the overall context."

Caledon resident Bhavesh Patel started a petition in support of the spiritual centre and it received over 1,300 signatures.

He told the Citizen he was inspired to start the petition as there's currently nowhere in Caledon for followers of the Hindu faith to gather. He said the proposed location for the centre was a beautiful one and that the centre would fill a much-needed gap in Caledon's cultural landscape.

Rushi Patel, a volunteer with SMVS and supporter of the petition and centre, noted the centre would be open to anyone of any faith, and shared that SMVS is a socio-spiritual and charitable organization that strives to give back to the communities it's in.

Regional Councillor Mario Russo said he sees the need for a spiritual centre in Caledon but said there's challenges because of the land use.

"With it not being in the urban boundary... with all the other land use restrictions and prohibitions, it makes it very challenging to support at this time," said Russo. "We're just not ready, the services aren't there."

Ward 3 Councillor Doug Maskell said he'd be supporting Town staff's recommendation to refuse the proposal because Caledon should be preserving agricultural land.

"I don't think it should be any surprise that that was going to be deemed to be prime agricultural land," said Maskell. "The farmland that we have in that prime agricultural must be preserved for future generations."

Regional Councillor Christina Early said the proposed centre is wonderful and does have a place somewhere in Caledon — just

not on the agricultural land that's not ready for it.

Ward 1 Councillor Lynn Kiernan agreed. "It's not about the what, it's the where," she said. "They're not making any more farmland and we're using it."

## Over \$85,000 up for grabs with Ontario SPCA's 50/50 Lottery

BY SAM ODROWSKI

More than \$85,000 could be won through the Ontario SPCA Spring Draws for Paws 50/50 Lottery.

There's only one week left until the Grand Pirze draw takes place on April 25.

Tickets for the draw can be purchased online at ontariospcalottery.ca.

The more tickets that are sold, the higher the jackpot grows.

The Ontario SPCA depends on generous supporters to change the lives of vulnerable animals as it does not receive annual government funding.

The purchase of a ticket in the Spring Draws for Paws 50/50 Lottery, helps to provide the gift of shelter and care to animals in need across the province.

"Our Draws for Paws 50/50 Lottery is an exciting way to help animals," says Stephanie Miller, vice-president of development for the Ontario SPCA and Humane Society. "This is the time of year when we see an influx of puppies and kittens, and your support allows us to give them a safe, comfortable place to grow until they are ready to find a loving home."

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# New sap-based beer from GoodLot to benefit Credit Valley Conservation Foundation



GoodLot's Gail Winters, Mike Brooks, and Phil Winters celebrate the launch of their new sap-based beer, Tree Hug. Proceeds from sales of the beer will be going to the Credit Valley Conservation Foundation. PHOTO BY ZACHARY ROMAN

corporate leadership award from the conservation authority in 2023.

Winters said GoodLot is not trying to corner the sustainable market; it wants to help other businesses become sustainable. He said GoodLot is open to sharing its strategies and sustainable practices and has already done so with several breweries.

Gail Winters, co-founder of GoodLot, said one of the great parts of being a community brewery is the ability to make amazing collaborations.

"You take opportunities like this and run with them," said Gail. "It creates hope that you can run a business with ethics in mind... it's about embracing that lifestyle and the culture of trying to do good."

Gail said she wanted to give a special shout out to Laura Wills, who does all of GoodLot's branding — including the naming of Tree Hug and the designing of the can for it.

## Beer created in partnership with Wilder Climate Solutions and Credit Valley Conservation

BY ZACHARY ROMAN  
LOCAL JOURNALISM  
INITIATIVE REPORTER

A Caledon brewery has launched a unique new beer that's made using locally-sourced maple sap instead of water.

On April 10, GoodLot Farmstead Brewing, in collaboration with Wilder Climate Solutions and Credit Valley Conservation, released "Tree Hug" to the world.

The new beer is created with maple sap sustainably sourced from the Terra Cotta Conservation Area, which is run by Credit Valley Conservation.

Phil Winters, co-founder of GoodLot, said the Terra Cotta Conservation Area protects natural systems which provide important ecosystem services such as capturing carbon, cleaning water, and providing habitat for wildlife. That's why GoodLot decided 100 per cent of the proceeds from sales of Tree Hug beer will go to the Credit Valley Conser-

vation Foundation.

"By partnering with Credit Valley Conservation and Wilder Climate Solutions, we are taking a significant step towards fostering a more eco-conscious brewing industry," said Winters.

Blaine Pearson, CEO of Wilder Climate Solutions, partnered with GoodLot on the Tree Hug beer project.

"By harnessing the power of nature, we are demonstrating the potential for sustainable solutions to combat climate change. 'Tree Hug' is not just a beer; it's a symbol of our collective interest in celebrating the environment, which we know is the first step in protecting it for future generations," said Pearson.

Winters said maple sap is a very unique ingredient that's very Canadian. Tree Hug isn't the first sap-based beer GoodLot has made, but it's by far the brewery's biggest sap-based beer project.

"We've always tapped into sap as an ingredient... it tastes so good coming out of the tree," he said.

In the past, GoodLot has made small runs of sap-based beer with sap harvested from their own property. This year, Credit Valley Conservation offered them a large amount of sap — enough to make 3,000 cans of beer.

GoodLot has a great relationship with Credit Valley Conservation and received a

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**DRUG TRAFFICKING CHARGES**

Members of the Community Street Crime Unit (CSCU) from the Caledon Detachment of the Ontario Provincial Police (OPP) have laid charges against four individuals in connection to a drug trafficking investigation.

"In February 2024, the Caledon CSCU entered into a drug trafficking investigation," say Police. "Investigators utilized a variety of investigative techniques and were assisted by multiple CSCU's, including City of Kawartha Lakes, Dufferin, Muskoka, Nottawasaga, Orillia, and Wellington County. Search warrants were executed at five locations and upon a motor vehicle.

- The following items were seized:
- 45 grams of Fentanyl (approximately);
  - 10 grams of Cocaine (approximately);
  - 1.5 grams of Methamphetamine (approximately);
  - 2,304 Codeine pills;
  - 177 Hydromorphone pills;
  - 60 Morphine pills;
  - 13 Diazepam pills;
  - Digital scales and cell phones;
  - \$2,345 of Canadian currency;
  - 2018 BMW M2 - seized as proceeds of crime.

As a result of the investigation, four individu-

als were arrested and charged.

A 22-year-old from Brampton, was charged with:

- Possession of a Schedule I Substance for the Purpose of Trafficking - three counts.

A 23-year-old from Mono, was charged with:

- Trafficking in a Schedule I Substance – Fentanyl;
- Possession of a Schedule I Substance for the Purpose of Trafficking - five counts;
- Failure to Comply with Release Order - two counts.

A 25-year-old from Mississauga, was charged with:

- Possession of a Schedule I Substance for the Purpose of Trafficking - four counts;
- Possession of Proceeds of Property Obtained by Crime under \$5000;
- Possession of a Schedule I Substance – Methamphetamine.

A 31-year-old from Caledon, was charged with:

- Possession of a Schedule I Substance for the Purpose of Trafficking.

The accused parties are scheduled to appear at the Ontario Court of Justice at a later date to answer to the charge(s).

The charges have not been proven.

If you suspect illegal activity in your neighbourhood, call 1-888-310-1122. You can also provide information anonymously by contacting

Peel Crime Stoppers at 1-800-222-TIPS (8477) or online at [www.peelcrimestoppers.ca](http://www.peelcrimestoppers.ca). When you contact Crime Stoppers you stay anonymous, and you never have to testify.

**IMPAIRED DRIVING**

Officers from the Caledon Detachment of the Ontario Provincial Police (OPP) have charged an individual involved in a collision with numerous offences.

"On April 13, 2024, shortly after 9:00 p.m., officers responded to a report of a motor vehicle collision involving a pedestrian on Kennedy Road, at Dougall Avenue, in the Town of Caledon," say Police. "The pedestrian sustained only minor injuries as a result of the collision. During the course of the investigation, officers formed grounds that the driver's ability to operate a motor vehicle was impaired by alcohol and was subsequently arrested."

As a result, Gurbakhshish Cheema, 66, of Caledon, was charged with:

- Failure to stop after accident;
- Operation while impaired – alcohol;
- Operation while impaired - blood alcohol concentration (80 plus).

The accused is scheduled to appear at the Ontario Court of Justice in Orangeville on May 2, 2024, to answer to the charges. Additionally, the driver's vehicle was impounded for a period of seven days, and their driver's licence suspended for a period of 90 days.

The charges have not been proven.

"The OPP remains committed to keeping our communities safe through enforcement and public education. Drivers who are impaired by drugs or alcohol continue to pose a significant threat on Ontario roads. Whether a driver is impaired by alcohol or drugs, impaired is impaired, and impaired driving is dangerous regardless of the source of impairment. If you suspect that someone is driving while impaired, it is important to call 9-1-1 to report it."

For more information about the penalties of driving impaired, visit: <https://www.ontario.ca/page/impaired-driving>.

**BEWARE OF PAVING SCAMS: POLICE**

The Ontario Provincial Police (OPP) would like to warn community members of a crime trend involving paving and construction fraud.

"With the warmer months approaching, residents inspecting their property from winter damage are reminded to be cognizant of repair deals," say Police. "Fraudsters are persistent, persuasive, and sometimes aggressive."

Here's some considerations:

- Examination of these "contractors" often reveals the absence of an official

online presence, registration with local chambers of commerce, the Better Business Bureau, or similar reputable organizations;

- Fraudsters often contact individuals directly at their homes or via telephone, employing persuasive tactics to convince homeowners of the necessity for a contract or service they neither requested nor require. It is advisable to exercise caution when opening your door to unexpected visitors or solicitors offering items or services;
- Fraudsters employ professionally designed flyers and websites that have a legitimate appearance;
- Most contractors will know how much material they need for a job, so if they show up at your door saying they have "leftover" from another job, be cautious;
- If there's no written contract with a quote written up front and the price changes mid-job due to "unforeseen problems," you're at their mercy;
- Fraudsters target vulnerable populations such as the elderly and request cash payments for "today only" deals;
- It's a red flag when a payment is asked for up front before the job is completed.

"If an offer seems too good to be true, chances are it is and it's someone trying to scam you out of your money."

For additional information on ongoing scams in Canada and to report fraud, contact the Canadian Anti-Fraud Centre at 1-888-495-8501 or [www.antifraudcentre-centreantifraude.ca](http://www.antifraudcentre-centreantifraude.ca).

**ARMED ROBBERY CHARGES**

The Nottawasaga Detachment of the Ontario Provincial Police (OPP) has arrested and charged an adult male from New Tecumseth in relation to an armed robbery investigation.

"On April 9, 2024, at approximately 8:55pm the Nottawasaga OPP responded to a call for an armed robbery at a local gas station in the area of Victoria St and King St in the Town of Alliston," say Police. "As a result of the investigation led by the Nottawasaga Crime Unit, Christopher Hives, 33 years of age, of New Tecumseth, was arrested and charged with several offences including, Robbery with a weapon, Fail to Comply with Probation order x 2 and Possession of a Schedule 1 Substance."

The accused was held pending a bail hearing. The charges have not been proven.

Anyone who has any information about this, or a similar incident, is asked to call Nottawasaga OPP at 1-888-310-1122. Should you wish to remain anonymous, you may call Crime Stoppers at 1-800-222-TIPS (8477).

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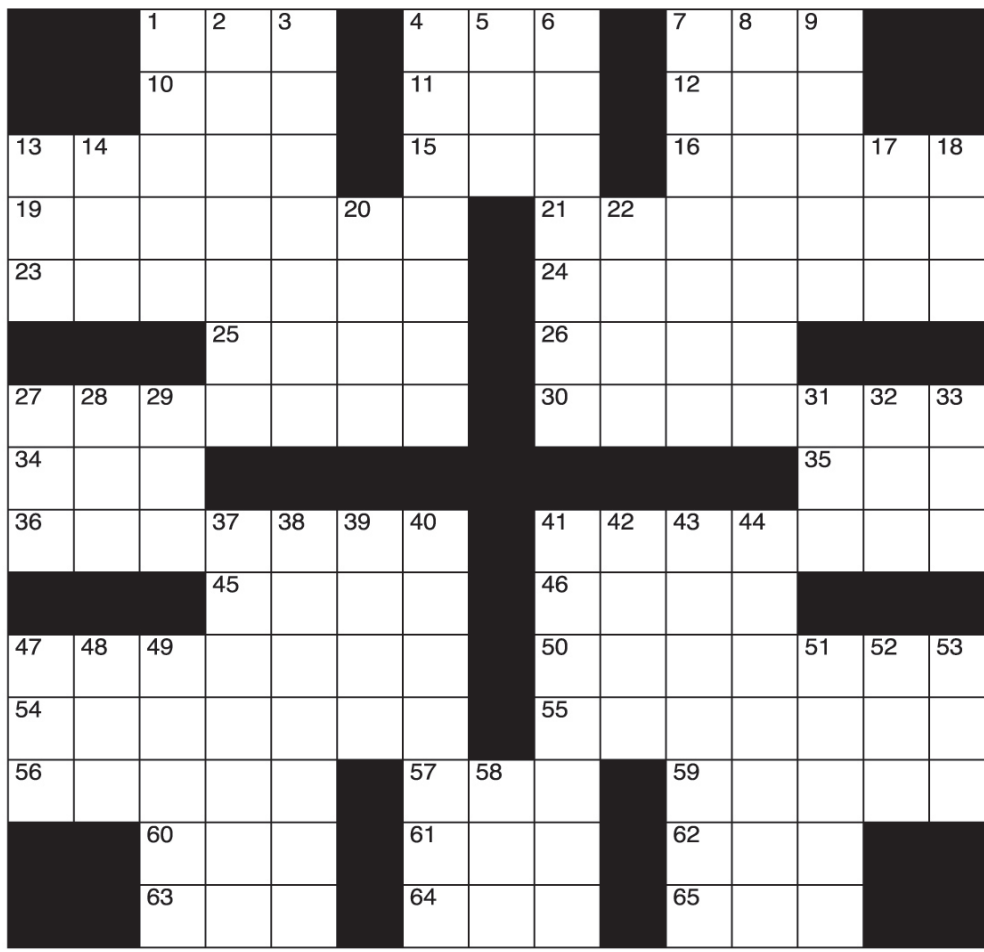
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The Citizen **CROSSWORD**



**CLUES ACROSS**

- Midway between south and southeast
- For each
- Airborne (abbr.)
- Photographs
- They \_\_
- It's important in respiration (abbr.)
- Monetary unit
- Cool!
- A son of Jacob
- Cut off
- Devour
- Agent of one's downfall
- Best
- Network of nerves
- Partner to "oohs"
- Origins
- Sewing utensil
- Alias
- Swiss river
- Greek mythological figure
- Type of whiskey

- Lay to rest
- "Rule, Britannia" composer
- Select jury
- Feeling
- Action regarded as morally wrong
- Makes angry
- Act incorrectly
- Defensive nuclear weapon
- Class of escort aircraft carrier
- To what degree
- Buzzing insect
- The human foot
- "The Leftovers" actress Dowd
- A place to stay
- Sun up in New York
- CLUES DOWN**
- An involuntary muscular contraction
- Earnest
- Cuts out surgically

Solution in **CLASSIFIEDS**

- Can't move
- Baseball stat
- British soldier
- Traditional medicine plants
- Political party controlled by managers
- Hebrew prophet
- Supporter
- Relative biological effectiveness (abbr.)
- Liberty Mutual mascot
- Georgia rockers
- A place where building is done
- Large, deep-bodied fish
- Clothing retailer
- Supplement with difficulty
- Annoy constantly
- Founder of Babism
- Indigenous person in parts of Asia
- Sea eagle
- Leave behind
- Time of day
- Colorless crystalline compound
- They lay out course requirements
- A diamond has three
- Algerian coastal city
- Remove cover
- Rechristened
- Distinctive practice
- Defunct phone company
- Turkish officer of high rank
- Eliminate from the body
- Witness
- Soviet Socialist Republic
- Founding Father Franklin

*No one has more self-confidence than the person who does a crossword puzzle with a pen.*



Mel Karpenko, the current Ontario Queen of the Furrow is joined by former Ontario Queen of the Furrows, Abbie Brander (2005), Darlene Downey (2004) and Irene Wilson (1967) at a reception in her honour held at the Orangeville Fairgrounds on April 17. Each of the women won the provincial crown as a representative of the Peel Dufferin Plowmen's Association or the former Peel Plowmen's Association. Mel is the eighth representative of the organization to bring home the provincial honours.

PHOTO BY ANNE HOWDEN THOMPSON

## Queen of the Furrow honoured at Orangeville Fairgrounds

BY BRIAN LOCKHART

Friends and family gathered at the Orangeville Fairgrounds on April 17 to honour Mel Karpenko – this year's Ontario Queen of the Furrow during the 2023 International Plowing Match and Rural Expo, held in Bowling Green, near Grand Valley in September.

"Mel did a fantastic job during her time as our local Queen of the Furrow and we couldn't have been happier to see her with the Ontario title, and it's a pleasure to honour her in this way today," said Colin French, president of the Peel Dufferin Plowman's Association.

Mel was crowned Ontario Queen of the Furrow in a celebratory eve-

ning finale as part of the Plowing Match on September 23, 2023, where the top plowmen from the five-day event were also named.

Mel was also named Miss Friendship by her fellow competitors and placed in the plowing competition.

Since being crowned, Mel has been travelling across the province as an ambassador for the Ontario Plowmen's Association (OPA) and Ontario Agriculture. She has been attending events to promote the International Plowing Match which is being held this fall in Lindsay, Kawartha Lakes from Tuesday, October 1, through to Saturday, October 5.

"The Ontario Queen of the Furrow program has been an import-

ant part of our IPM family for many years and Mel's genuine enthusiasm has made her an excellent ambassador this year," said OPA President Rochelle Deslippe. "I'm honoured to celebrate with her friends and family today."

Mel is a graduate of the University of Guelph with a degree in Human Kinetics. She has worked with Corteva Agriscience and BASF Canada and is currently in her final year at Western University in the nursing program. She plans to work locally as a Registered Nurse after graduating.

Raised in Caledon, Mel currently lives on a dairy goat farm in Dufferin County.

## Smile Cookie fundraiser for Caledon Meals on Wheels starting soon

Four Caledon Tim Hortons franchises to partner with local non-profit

BY ZACHARY ROMAN  
LOCAL JOURNALISM  
INITIATIVE REPORTER

Caledon residents can soon eat cookies for a cause. From April 29 to May 5, Caledon Meals on Wheels (CMOW) is partnering with four local Tim Hortons franchises for the Smile Cookie campaign.

During that week, Caledon residents can purchase a Smile Cookie at one of the two Bolton Tim Hortons locations, Caledon Village Tim Hortons, and Airport and Mayfield Road Tim Hortons. The entirety of proceeds from Smile Cookies sold at these locations will go to CMOW.

Kim Rodrigues, Executive Director of CMOW, said Smile Cookies bring joy to customers and contribute to the well-being of communities.

Jay MacDonald, the owner of the Caledon Village Tim Hortons, said CMOW is an integral part of the Caledon community.

"We are proud to support their important work through the Smile Cookie campaign. As a Tim Hortons owner, it's incredibly rewarding to see the impact we can make together with our guests in supporting local charities like Caledon Meals on Wheels," said MacDonald. "We invite everyone to join us in spreading smiles and making a difference in the lives of those in need."

Rodrigues said CMOW is a volunteer and community-driven non-profit organization that's dedicated to making a positive impact on the lives of seniors and vulnerable individuals in Caledon, Orangeville and surrounding communities.

"With a mission to provide more than just meals, Caledon Meals on Wheels delivers nourishment, companionship, and a sense of well-being to seniors, individuals with disabilities, and those recovering from illness," said Rodrigues.

She said CMOW's dedicated team of volunteers and staff work tirelessly to ensure no one in the community goes hungry. The non-profit also offers community programs to recognize the need for not only nutrition, but connection and support.



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## Collaboration to improve palliative care in Dufferin and Caledon

### New integrated palliative care model to be implemented by clinical coach

BY ZACHARY ROMAN  
LOCAL JOURNALISM  
INITIATIVE REPORTER

Local groups are working to improve access and quality of palliative care services in Caledon and Dufferin County.

The Hills of Headwaters Collaborative Ontario Health Team (HOHC OHT), in collaboration with Bethell Hospice and the HOHC OHT's palliative care working group, recently secured funding for a clinical coach through Ontario Health.

Bethell Hospice Executive Director Margaret Paan said the clinical coach will guide and support the implementation of a framework to improve access to, and quality of, hospice palliative care in Dufferin and Caledon.

The HOHC OHT's integrated palliative care model is focused on earlier identification and improved connection for those in need of palliative care.

"We are so proud of the work being done locally and are thrilled to receive funding to help further this work," said Paan. "The success of our application for funding from Ontario Health is a testament that by working collaboratively, we can accomplish more than the

sum of our parts."

Paan said with rapid population growth, Dufferin and Caledon have a great need to bolster current palliative care services to keep up with changing demographics.

The new clinical coach is going to lead implementation of the HOHC OHT's integrated palliative care model; create a single intake for palliative care services in collaboration with primary and acute care providers; provide support to community nurses and primary care providers focused on palliative care; and develop an interdisciplinary team for further coordination.

Tracy Coffin, Executive Director of the HOHC OHT, said the clinical coach will help improve access to palliative care services and increase the number of health care professionals who can provide those services.

"Our goal is to identify those who require palliative care services earlier in their care journey and provide them and their caregivers with quality care and support," said Coffin. "This work would not be possible without the financial support of the Ontario Palliative Care Network (OPCN), and the tireless efforts of HOHC OHT's palliative care working group. Their dedication and commitment to improving care in our community is truly inspiring."

In the coming months, Bethell Hospice, the OPCN, and HOHC OHT will work together to recruit the clinical coach.

## Green living takes centre stage at Home and Lifestyle Show

Continued from FRONT

Shaughnessy said the show was an amazing experience.

"There's nothing like doing a community show like this because people come together," she said. "I know this is the best show floor Caledon's ever had."

John MacRae, co-chair of ecoCaledon, which partnered with Shaughnessy on the green living feature, said it was great to have so many environmentally-focused non-profits and businesses gathered together in one place.

"When you see a whole bunch of things all in one spot, you get more engaged," he said.

Laurie Dickson, home energy retrofit lead at the Centre for Community Energy Transformation, a Peel non-profit that was at the show, said the Centre offers free coaching services for people looking to make energy-efficient upgrades to their home, whether it's a small or large one.

"We'll guide you in the right direction," said Dickson. "We just got some good news that the government is issuing a new grant for lower and middle-income families to do energy-efficient upgrades."

Kenneth Bokor, host of the EV Revolution Show and was at the Home Show chatting with residents about electric vehicles and local dealership Fines Ford Lincoln had two electric vehicles on the show floor.

"I'm here to help educate, create awareness, and take away some of the fear, uncertainty and doubt that surrounds the electric vehicle landscape," said Bokor. "I've talked to several people that are considering EVs and they're asking some really educated questions which is good to see."

Giovanni and Clancy Dametto, owners of Viva Earth Refillery, an environmentally-conscious one-stop shop for household and personal care products. They had a booth at the home show and were chatting with residents about their business, which opened last May.

"We're right at home here with ecoCaledon beside us...it's great to have eco-friendly alternatives and educational programs here (at the home show)," said Giovanni. "It's a great opportunity for us vendors to meet new people and introduce ourselves... meeting people face-to-face is one of the greatest ways to express our passion for our business."

Chris Hillert, owner of Sawmill Structures, a business that sells log cabin bunkie kits and more, was well-represented. A centrepiece of the show was one of the log cabin bunkies, which was assembled for viewing on the show floor.

"We're a modular stacking log company...

we make bunkies and auxiliary buildings that you can use for pretty much anything you want," said Hillert. "It's a really easy system to put together... there's no measuring or cutting required... all you need is a foundation and you can have a fully-functioning building in less than a day."

Hillert is a Bolton resident and started his company in 2016. He's always been a lover of the outdoors, and got the idea for his company when his son asked him to build a treehouse. Hillert had just finished some other projects and was feeling burnt out, so he thought to himself: what if there was a kit I could buy?

"I went down a rabbit hole... I designed a kit, figured out a lock system to use that was easy to build... we made a design and put it online and it absolutely blew up," said Hillert. "We started a whole company around the concept of easy, affordable extra space that you can use for anything."

Hillert said he was proud to showcase his business at the Caledon Home and Lifestyle Show.

"Being able to bring this here was really special because I am from Bolton," he said. "It's an engaging feature that people get excited about."



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# Home & Lifestyle Show is another community success



**CLOCKWISE FROM TOP LEFT** – Chris Hillert, owner of Sawmill Structures, wowed crowds with his display at the Caledon Home and Lifestyle Show. Caledon Home and Lifestyle Show producer Liz Shaughnessy stands with EV Revolution Show host Kenneth Bokor beside an electric vehicle from Fines Ford Lincoln. Forks of the Credit Preservation Group volunteers Victoria Sikora and Lynn Allan were gathering signatures for a petition against a proposed blasting quarry in Caledon. Viva Earth Refillery owners Giovanni and Clancy Dametto showcased their eco-friendly business on the show floor.

PHOTOS BY ZACHARY ROMAN



NEWS

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## Calling all Studios!



**CULTURE DAYS**

The Town of Caledon is launching their inaugural Culture Days Studio Tour on September 21 and 22, 2024. Applications are invited from Caledon artists and craftspeople with an established studio within the borders of Caledon. This is not a juried tour but an opportunity to showcase your studio and artwork as part of the Town's Culture Days programming.

There is no fee to apply.

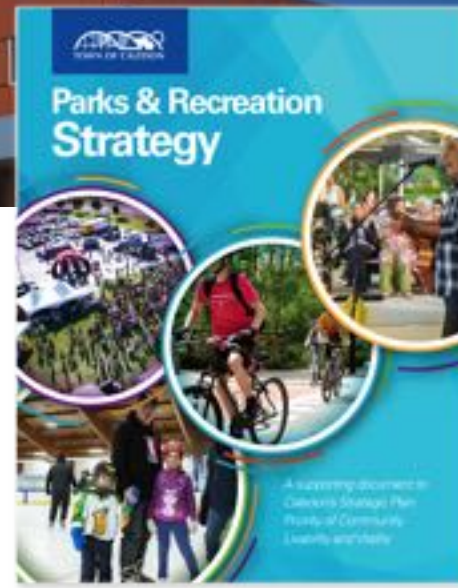
Studios must be available during the **Tour dates, September 21 & 22, 2024 from 11 a.m. – 6 p.m.**

Artists must be present in their studio for the duration of the tour and the artist must be prepared to demonstrate and/or discuss their work during the tour.

All mediums are acceptable.

For full requirements and to apply today, visit [caledon.ca/CultureDays](https://caledon.ca/CultureDays)

## Parks & Recreation Draft Strategy



The Town of Caledon has made the Parks and Recreation Draft Strategy available for public review.

Be sure to visit [HaveYourSayCaledon.ca/Parks-and-Recreation-Strategy](https://HaveYourSayCaledon.ca/Parks-and-Recreation-Strategy) and review the draft strategy.

Did we capture everything in this document to help enhance community and livability? Does this draft strategy set the right targets to support individual well-being through diverse, accessible and inclusive parks, recreation and culture services?

Let us know! Review the draft strategy and let us know if we got it right.

Visit [HaveYourSayCaledon.ca/Parks-and-Recreation-Strategy](https://HaveYourSayCaledon.ca/Parks-and-Recreation-Strategy) today and have your say!

## National Day of Mourning

Friday, April 26, 2024 -- 12:45 p.m.

Town Hall, Caledon East

You are invited to join Town of Caledon Council and staff for the Day of Mourning ceremony. Held in April each year to coincide with National events, this ceremony honours workers whose lives have been lost to, or forever changed by, a workplace injury or illness. Flags are also lowered to half-mast to pay respect to and remember those workers, their families and friends affected by these incidents.



## NOTICE OF INTENTION

## Firearms By-law Amendment

Date: May 7, 2024 General Committee Meeting at 2:30 p.m.

The purpose of this Town-initiated amendment is to enhance public safety and better manage the use of firearms within Caledon.

The proposed changes aim to: Prohibit the use of any property for the following activities unless otherwise exempted in the by-law:

- Shooting Range
- Shooting Club
- Shooting Meet
- Target Shooting
- Organized Hunt

Contact Policy Analyst Joel Assaly Analyst, Municipal Law Enforcement Community & Human Services 905.584.2272 x. 4164 [Joel.assaly@caledon.ca](mailto:Joel.assaly@caledon.ca)



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BROCK WEIR  
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# Creativity around the house (or home)

Spring is a time of renewal when it comes to our natural world, but most of us can agree that, as a result, it's also a time for renewal of our collective spirits.

As our days get longer, flowers begin their upward sprout, the grass gets greener, and the choir of birds that call our community home prepare for a big, extended musical number that lasts until the late fall, we're all imbued with a bit more energy than we had in the dark days of winter – and I say this as an unapologetic winter enthusiast!

Even though we're not gaining any further minutes as we get ever-closer to the summer, the extended daylight makes it feel like so much more is possible over the course of 24-hours. We budget them differently, make better use out of them, and want to maximize them because, when the workday wraps, the time between getting home and doing it all over again in the morning is to be savoured rather than weathered. That doesn't always feel the case when the snow is blowing.

Speaking only for myself, although I suspect most of you might find yourself in this same boat, I feel my creativity hit an upward trajectory around this time of year as well.

Words on the page come just a little bit easier, a boon for someone in this job.

Nature's near-blooming bounty offers a near-limitless backdrop for photos and other forms of visual art. The sunlight and the eagerness to get outside and make the most of it also re-charges off-the-clock hobbies as well.

As a voracious but leisurely-paced reader, colder months tend to push this love to the backburner in favour of some degree of hibernation and "comfort" shows and movies at night. Yet, there are few things better at this time of year than grabbing the reading material of choice at the end of the workday and going straight out again to your backyard, porch or nearest greenspace to both enjoy the golden hour light and make a dent in your library.

That, in turn, must go a long way in goosing up that mental creativity.

Although I am not a homeowner at present, one can see this springtime creativity in abundance as our communities host home and lifestyle shows, exhibitions that highlight scores of business and service providers close to home that can help make your living space the best it can be.

Visiting these shows, I always marvel at the ideas people have to improve and reimagine their spaces, indoors and/or outdoors, at various price points, of course – whether their properties echo our once-sprawling parcels of farmland or offer little more than a balcony or postage stamp-sized patio.

These shows open your eyes to what feels like a limitless number of possibilities and ways to make it happen.

A decade or two ago, who could have envisioned that the humble shipping container could not only be transformed into beautiful, functional homes, large and small, but also into prime exemplars of what's possible? Well, creative builders who have breathed new life into smaller-scale decommissioned Victorian churches into comfortable single-family homes, and factories and schools into modern lofts with a nod to the past, probably had an idea or two – but, with the housing crisis continuing unabated, others seem to be taking to this idea with renewed vigor.

After all, many of us these days have no alternative than to look at, well, alternatives to the traditional housing model.

As much as government supports and, most

importantly, action, are key to easing this crisis, if not solving it outright, creativity has to be on the table here as well.

I think we can all agree that the current housing model in this country needs a fair bit of help, so a healthy dose of thinking "outside the box" will be essential in re-thinking that aforementioned art of the possible.

Municipalities within the GTHA have a finite amount of space in which to live, move and develop. Many of our communities are running out of greenfield lands for new developments, so infill is and will be very much the name of the game.

Residents in well-established neighbourhoods across the area are rightly focused on maintaining the character of their existing neighbourhoods in the face of infill, but this needs a bit of a re-think as I fear this specific focus will not be sustainable in the long run.

Municipalities need to recognize that when parcels of land that could be subject to infill come on the market, they have to exercise some creative muscle in maximizing that space and opportunity – and that includes the approval of fourplexes. Making sure such builds maintain the look and feel of the neighbourhood in question will be a challenge at the municipal level, but they have the resources – human or otherwise – to rise to the challenge.

Yet, Premier Ford has nixed the very idea of fourplexes.

Speaking to reporters last month, he said: "I can assure you 1,000 per cent, you go into the middle of communities and start putting up four-storey, six-storey, eight-storey buildings right deep into the communities there is going to be a lot of shouting and screaming. That is a massive mistake. We're not going to go into communities and start building four-storey or six-storey buildings beside residences like this. It is off the table for us. We're going to build homes, single-dwelling homes, townhomes – that's what we're going to focus on."

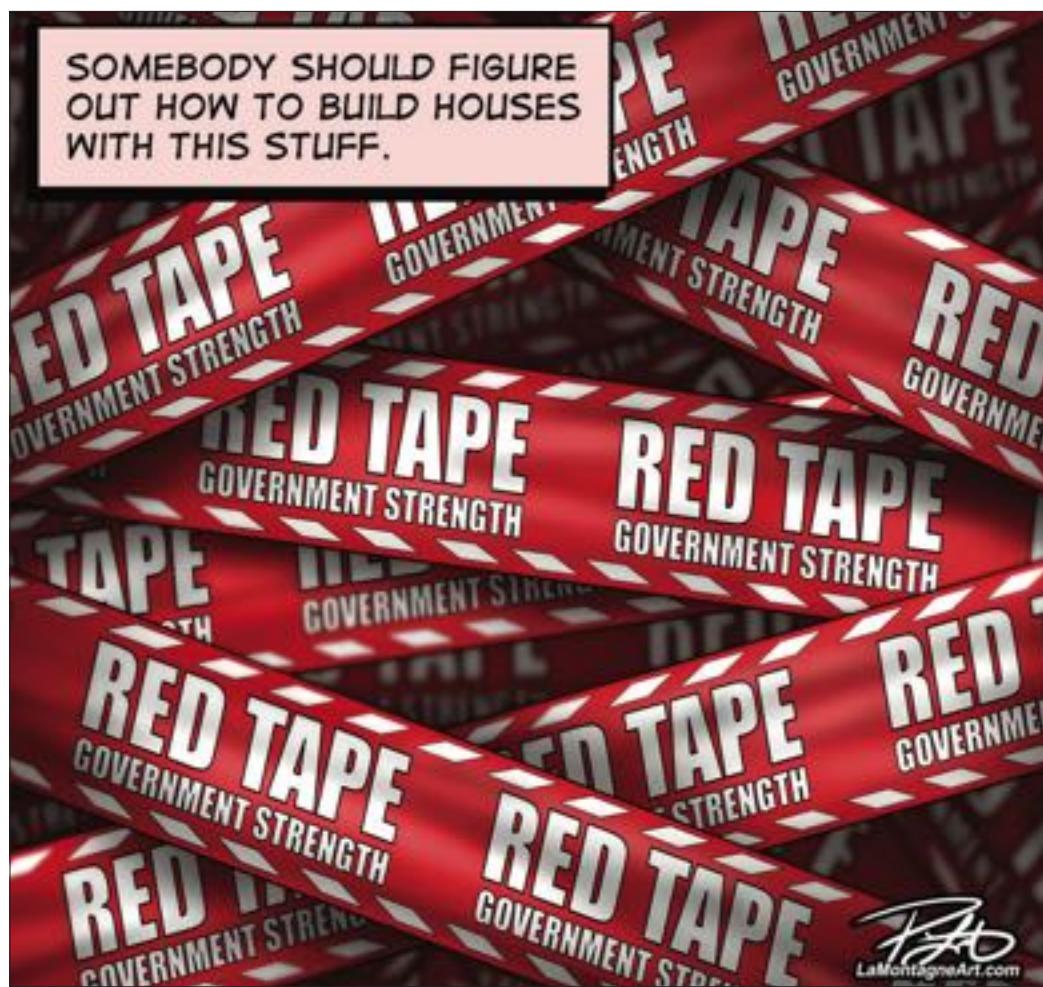
Yet, at the same time, his government, according to Minister of Municipal Affairs and Housing Paul Calandra, said what is very much on the table is potentially considering temporary lodgings, such as student housing, and rooms and suites in retirement settings as units towards Ontario's housing goals.

"We will continue to explore data sources for tracking the numbers of other institutional types of housing such as student residences and retirement types of housing such as student residences and retirement homes for future program years and commit to engaging municipalities on the same," said Calandra in a letter to the City of Mississauga, per a report from CP24.

Counting some of these types of housing units towards the overall goal prescribed to municipalities by the Province of Ontario is just a little too creative for my taste.

There is no debating that for seniors living in these residences it's very much a home. But, by and large, these are congregate living settings that do not dovetail with the Premier's commitment to the housing types above – no matter how creative you get – at the expense of fourplexes... which, with a little creativity, need not get anywhere close to four-, six-, or eight-storeys. Or stick out like sore thumbs, as some put it.

No matter the type, size, or configuration of your own home or living situation, I hope the spring and everything it has to offer inspires creativity – we're certainly going to need it!



# We must work together to forge a new mentality

by Mark Pavilons



*"And the men who hold high places  
Must be the ones who start  
To mold a new reality  
Closer to the heart."*

What Canadian band Rush was getting at here is that everyone – the blacksmith, artists, philosophers and ploughmen – all have to work together to forge and sow a new mentality.

We have to do better.

Yes, the politicians and government officials are indeed the ones in high places who can make a difference.

They can broker peace instead of funding conflict. They can end strife instead of fueling hunger.

There are two major conflicts that have been going on far too long and taking too large a toll to ignore. People are dying every day, in battles over land and borders.

The ploughmen sure didn't ask for this, nor did they deserve it. The artists, and works of art being destroyed in Ukraine, are indeed hindering our creativity.

We witnessed the destruction nightly on the TV newscasts but now it seems, the hard-hitting reality has been relegated to the backburner. These wonton acts of aggression, destruction and death are no longer front and centre of our worries.

And that, my friends, is sad. No, it's tragic.

Many newcomers to this great country of ours have horror stories to share – of conflict, pain and suffering, famine and yes, war.

We welcome them, and yet know so little about their circumstances, heritage, culture, history or current events. And that, too, is sad.

There's really no reason we can't all educate ourselves on the goings-on of other countries and their people. The world is so rich – a mosaic of people – that we must take it upon ourselves to learn and understand.

Yes, I get it. We Canadians are currently caught up in a sluggish economy. Some are struggling to make ends meet and record numbers are using food banks. Our young continue to work, with thoughts of home ownership slipping further out of reach. We try to make sense of the carbon tax and look for bargains in a world of rising costs of consumer goods.

We opt for KD instead of burgers.

I consider myself and my family lucky and blessed. And yet, I'm quite familiar with lines of credit, overdraft and credit card interest charges.

I try to make my family members smile and laugh, while wrestling with my own inner demons. I lose sleep but make up for it when one of my

puppies asks for a belly rub. I laugh until I cry, embracing those moments when the air is light.

Just like our families, our society and our entire world relies not on fossil fuels but on humanity.

The combustible material is love, joy and compassion.

We all know this. Yes, I understand that it's hard, sometimes, to keep a brave face but it's increasingly necessary. We have to constantly work at forging a new mentality.

And this work, this daily effort, spreads beyond the confines of our comfy homes. It filters through society and ideally, thoughts become actions and actions heal, save, feed and create hope.

A lot of people feel somewhat ineffective in our large bureaucracies and democratic labyrinth of ministries, agencies and on-the-ground aid forces.

We are deflated by red tape, time-consuming procedures and protocols. We are disheartened by a lack of political will and focus.

But that shouldn't change who we are at heart, and why we're here. It shouldn't alter our path, our search for justice, equality and inclusion. It shouldn't affect what's right.

There have been many occasions lately where my head is hanging low as I run my errands, take care of loose ends, and tend to the unpalatable. But I still open doors, greet people with a smile and extend my thanks. In the back of my head, I still hope that those in "high places" will see the light and make the right decisions.

I have dealt with a seller on eBay from the Ukraine for almost two years now. He's told me of his struggles and how his family had to move away to Poland for safety. He hasn't seen them at all during that time.

He does whatever he can to make a living and ensure his family's safety.

We have no idea of his predicament or what he's been through. I support him by buying his products when I can afford them. He's not alone and joined by thousands of his fellow citizens, living through this unprovoked conflict with Russia.

When I think of this conflict, and the one in the Middle East, images of crumbling cities come to mind. Entire city blocks are gone, leaving mountains of rubble behind. Market places and town squares have been replaced by dust, debris and death.

This is not how people should live. This isn't what the Almighty had in mind.

And yet, modern day philosophers and musicians go about their daily routines, redecorating the interiors of their bubbles.

We think of the colour trends for the summer of 2024; what to add to the cottage, and which backyard accessories to buy.

We clean our barbecues that will soon grill our steaks and sausages. We plan gatherings and outdoor events.

We should do these things with a bit of humility, and give thanks for what we enjoy. Those words of prayer around the Sunday dinner table should ring loud and clear.

As we embrace our family ties and have the opportunity to wine and dine, our thoughts could also turn to others. Our brothers and sisters, thousands of miles away, deserve no less.

Maybe, in between corn hole games, we can impress upon those in "high places" to be responsible and accountable. Not just to us, but to humankind.

Submit your **LETTERS TO THE EDITOR**

**Caledon Citizen**  
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## Stop a thief – go to jail

Several years ago, someone I know was woken up at about 3 a.m., by the unmistakable sound of someone in his house – who shouldn't have been there.

He picked up the baseball bat he always kept bedside for just an emergency and went to instigate.

Upon making his way to the first floor, he realized the sound was coming from the garage.

He opened the door to the garage and was confronted by an unknown male in the dark, who proceeded to approach him.

My friend swung the baseball bat and dropped the intruder to the floor, where he was held until police arrived and arrested the man for breaking and entering, or some similar charge.

Later, I asked him why he felt the need to clobber the guy with the bat.

His response was, "It was the middle of the night, it was dark and there was a stranger in my house. I wasn't going to wait until he shot me to find out if he had a gun."

That made perfect sense. In a threat type of situation, you shouldn't have to wait until you are hurt in order to stop an attack.

In Canada, the laws around self-defence aren't

very clear. In fact, if you're a home owner, you may end being charged with a crime if you try to stop someone from entering your home illegally and you crack them across the head with a nine-iron.

The law states that how you respond to a threat should be considered "reasonable under the circumstances." That is a wide definition considering the way you feel during a threat will be a lot different than how a judge feels about that same threat, hearing of it as third party and not experiencing the terror of a home invasion.

Being the victim of a robbery can be a terrifying experience. Many people who have experienced this have never returned to work at the same place or the same type of job because of the trauma involved.

During a robbery you are confronted by a stranger making demands. Mostly likely you can't even see who it is because they are wearing a mask or some kind of disguise. They are probably holding a weapon and threatening to harm you if you don't comply.

The experts say, remain calm and just hand over the money.

That's an easy solution when you are speaking from your desk in an office somewhere, offering advice. It's a different situation when someone is

pointing a gun at you.

What if you are being robbed by someone holding a knife or gun? Do you simply wait until that person stabs or shoots you? Then – it's too late.

You may remember Barbara Turnbull – an 18-year-old store clerk in Mississauga, who followed the advice of staying calm and handing over the money. She was shot in the throat, for no reason, and left a quadriplegic.

There is a case in Peterborough that will be going to the courts.

A store clerk was working the midnight shift at a convenience store. He was speaking to a customer when another man entered the store with a baseball bat.

A scuffle ensued and the clerk was struck by the bat. The clerk managed to get a hold of the bat and went after the suspect striking him with the bat.

The clerk has been charged with aggravated assault – for beating a robber who entered his store, threatened him, then struck him with a weapon.

I think the reaction of the clerk was "reasonable under the circumstances." He was probably scared, and worried the guy would come back.

It wouldn't be the first time a criminal returned

to the scene of a crime and killed someone in retaliation.

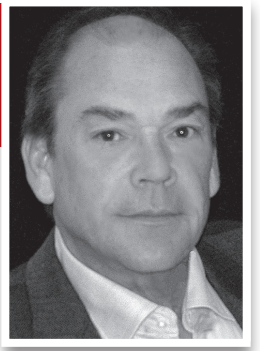
The man who tried to rob the store was charged with assault with a weapon, possession of a weapon and robbery. If convicted, he probably won't see more than a few months in jail.

The clerk, who was doing his job, is facing a charge that could net 14 years in prison if the maximum sentence is applied. Think about that for a moment.

"Reasonable under the circumstances" only applies to someone who wasn't there.

I don't believe in the "stand your ground" laws in some southern U.S. states, where you can pump a guy full of lead for trespassing, but you certainly should be allowed to defend yourself when threatened.

Police were just following the law in the Peterborough case, but I think it would have been better if they, and the City Council just gave the convenience store worker a pat on the back, and thanked him for stopping a crime in progress.



**BRIAN LOCKHART**  
FROM THE SECOND ROW

## How do we boost productivity? Give workers a piece of the action

As the former CEO of Magna International, one of Canada's largest manufacturing companies, my philosophy was always that employees don't work for you – they work with you.

At Magna, we backed that statement up by making every employee a partner in profitability. It was the secret to our success: giving workers a piece of the action to generate greater productivity and ingenuity.

However, overall productivity in Canada has been deteriorating for quite a while now, so much so that the Bank of Canada recently declared it a "national emergency." Carolyn Rogers, the Bank's Senior Deputy Governor, said productivity in Canada has essentially flatlined over the past few years. When a longer timeframe is considered, the productivity picture is much worse, showing signs of steady and significant decline over the past four decades.

So, if we truly are in the midst of a national emergency, then how do we go about boosting Canadian productivity?

Investing more in modern machinery, equip-

ment and new technology is one sure-fire method for spiking productivity, at least in the short-term. So too is training workers and upgrading job skills.

But for me, the best way is still one of the oldest and simplest: make employees partners in profitability and let them share in the success of the business.

The profit-sharing culture that we established at Magna gave everyone at the company a stake in the outcome and a share of the profits. After we started sharing profits with all of our employees, productivity went through the roof, and we began generating spectacular growth in sales and profits.

But Magna is just one of many companies that have shown that sharing profits with employees is a tried-and-true formula for increased productivity.

A landmark study from the National Bureau of Economic Research in the US published a number of years ago concluded that profit sharing can in fact boost productivity. What's more, the report showed that profit sharing programs lead to better pay, enhanced job security, and better employee/management relations.

Profit sharing carries a number of other benefits, as well – primarily for workers. For example, some studies have shown that profit sharing not only puts more cash in the pockets of employees, but it also can improve job satisfaction.

A survey conducted last month by recruitment firm Hays Canada showed that 71 percent of Canadian workers indicated a desire to leave their jobs in the next year due to rising dissatisfaction. One of the main reasons for wanting to leave, according to the study, is that workers feel "unmotivated."

Is it any wonder why Canada has a productivity crisis?

But if employees have a real and tangible financial stake in the company's success, they are more motivated because they know that their contributions will be rewarded, and they will be more driven to find ways to improve productivity and enhance quality.

It's just common sense: when workers get a percentage of the profits, when they feel they have something at stake, then they care more, they work harder, and they think about ways to make their

business more productive.

Profit sharing is one of the key economic principles in the national economic charter of rights that I've been advocating for the past year.

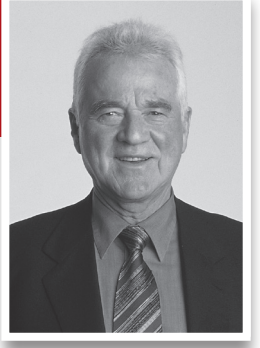
If we want to end the national productivity emergency dragging our living standards down, we need to start making Canadian employees partners profitability.

Profit sharing will make companies more productive. It will raise the incomes of employees. And it will lift Canada's sagging living standards.

To learn more about how we can improve Canada's economy and increase living standards, email me at [info@economiccharter.ca](mailto:info@economiccharter.ca).

**Author Bio**

Frank Stronach is the founder of Magna International Inc., one of Canada's largest global companies, and the Stronach Foundation for Economic Rights ([www.economiccharter.ca](http://www.economiccharter.ca)).



**FRANK STRONACH**  
PRINCIPLES OF AN ECONOMIC  
CHARTER OF RIGHTS

## There Really Are Rules

History is mostly a matter of dates, and the key date is always that of the last conquest. All previous conquests are then magically forgiven and forgotten.

This observation is prompted partly by the current wars in Ukraine and the Gaza Strip, but equally by the confused apology that a young student union official made on the website of a Canadian university where I spoke recently.

In Canada, the world capital of apologies, almost every public event begins with an acknowledgement that it is taking place on the "unceded territory" of one or more "First Nations" (although these statements never end with a promise that the "settlers" are going to give the territory back).

This assumption of collective historical blame even leads to declarations of personal guilt like that of the student union leader I mentioned above. "My name is [name withheld]," she wrote on the website. "I use she/they pronouns, and I am a settler and uninvited guest on the unceded territories of the Songhees, Esquimalt, and WSANEC First Nations."

It would be funny if it weren't so sad. She was born in Canada, as were her parents for several generations past, and she has no other home. She feels guilty only because she doesn't understand

how history works. The people she is apologising to were almost certainly once conquerors themselves.

There have been human beings in the Americas for at least fourteen thousand years. Unless the cycle of perpetual conquest and re-conquest worked differently there than it did everywhere else in the world, there can be no patch of ground that did not change hands violently several times during that long period. We just don't know the details.

The cycle was certainly still going strong when the Europeans arrived five centuries ago. The Aztec empire in what is now parts of Mexico and the Inca empire in the Andes, both founded on conquest, were less than 300 years old. Aztec rule was so brutal that most of that empire's subjects united with the Spanish conquistadors to overthrow it.

History always worked like that. The wars of the European great powers in the "modern" era were just variations on a theme, and nothing really changed until 1945. Then everything changed.

The politics of the Second World War were familiar, but the technologies had grown too powerful: the Second World War killed at least 40 million people and by the end they were using nuclear weapons. People were rightly frightened, and they collectively concluded that the endless wars and

the constant changing of borders by force had to stop.

A lot of borders were changed immediately after that war – Poland, for example, was moved more than a hundred km. west – but once the United Nations Charter went into effect in late 1945 the new rule was clear: force and even the threat of force between member states is prohibited, and above all borders may no longer be changed by force.

This involved the freezing of many historical injustices, because almost all borders were the result of past wars, not of free votes or legal decisions. However, allowing the borders to be changed by force again would open the door to future wars ad infinitum, so they would have to stay where they are – forever.

It made sense. Indeed, there were no good alternatives, and the new rule is still being observed in the vast majority of cases even eight decades later. All the colonial borders remained intact when the European empires collapsed, including the internal borders of the old Soviet Union. As a result, there have been no more great wars, only local ones.

Some of those wars were quite big, but none has killed even one percent of the people who died in the Second World War. Despite occasional excep-

tions like the Russian invasion of Ukraine and the various wars over the borders of Israel and Palestine, the new rule has been a huge success.

So why is it right to call Israelis who build Jewish settlements in the occupied West Bank "settlers", but wrong for the young Canadian woman to see herself as a "settler and uninvited guest" in her own country? It really is a question of dates.

Canada's borders, like those of the vast majority of countries, are older than the UN Charter and were fixed by the freeze. Those of Israel and Palestine were fixed by the UN partition of 1948 but were immediately changed by the war of that year. They can only be finally settled by mutual agreement, and seizing more land in the meantime is illegal.

Whereas the border between Russia and Ukraine already existed before 1945, was ratified by Moscow on several later occasions, and cannot legally be changed by force. There really are rules, although their enforcement is distinctly spotty.



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OUR WORLD TODAY

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# ARTS & CULTURE



## COMMUNITY events

This column is provided as a free public service to non-profit organizations to announce up-coming events. Please contact the Caledon Citizen by calling (905) 857-6626 or emailing [admin@caledoncitizen.com](mailto:admin@caledoncitizen.com) if you wish to have an announcement published.

**TOPS (Take Off Pounds Sensibly) ON 1344 Bolton** – Real People, Real Weight Loss is a non-profit group. We meet weekly on Wed. evenings in the basement of Bolton United Church. Weigh-ins are 6:00-6:30 followed by a meeting. The initial annual fee incl. a bi-monthly magazine and starter kit is \$59, and monthly dues are \$20. Today is the best day to make changes to your lifestyle! If you have weight to lose and/or want to improve your health, we can help! We promote healthy eating and support the efforts of all our members, and your first meeting is free. Come join us. For more information call Marion at 905-857-5191 or see [www.tops.org](http://www.tops.org). Online memberships are also available.

The Bolton Al-Anon Group has recently moved the regular meeting location to the Bolton United Church at 8 Nancy Street (across from Bolton Post Office). We still meet every Thursday at 8:30 pm. We welcome anyone who is/has been affected by someone who has problem with alcohol. If you have any questions please come any Thursday evening or email: [boltonalanon@gmail.com](mailto:boltonalanon@gmail.com).

**Caledon Church of Canada.** Every Sunday morning @ 10 am. Monday prayer meeting @ 7 pm. Resources: Prayer counselling, Baby/child dedication, Visit the sick, Wedding Services, Food bank and more! For all your pastoral services: 647-891-9400 • [caledoncoc@gmail.com](mailto:caledoncoc@gmail.com) Location: 34 Nixon Rd., Bolton

Open to all - Electric Vehicle Society Caledon Chapter meetings. Come out to learn from the expertise of electric vehicle owners and enthusiasts about helping Canadians transition to electric transportation through education and advocacy. Local meetings are held in the Southfields Community Centre - Community Room from 7pm-9pm. Meetings are free. For more info: <https://evsociety.ca/caledon/> or email Kenneth. [bokor@evsociety.ca](mailto:bokor@evsociety.ca)

**Free Chair Yoga Program at Bolton United Church.** Every Saturday at 8:30 am and Monday at 9:30 am starting on January 6, 2024. To reserve your spot call 905-857-2615 Mon to Thurs mornings or email us at [office@boltonunitedchurch.com](mailto:office@boltonunitedchurch.com). Taught by an experienced and qualified Yoga Instructor. Brought to you by an Ontario Trillium Fund grant.

**“SCHEHERAZADE” in the Sanctuary at St. James Anglican Church! WOW!** Friday April 19, 2024 at 7:30pm St James Anglican Church 6025 Old Church Road Caledon East, Ontario, L7C 1H8 Performed in the beautiful historic sanctuary of St James Anglican Church in Caledon East, Ontario, with limited seating capacity. Guaranteed seating tickets are available in advance by e-transfer to [gordonkmorton@gmail.com](mailto:gordonkmorton@gmail.com) and space permitting, by cash payment at the door. All tickets are general admission at \$40 each. Please stay after the concert and talk with the musicians and enjoy cookies and

treats!  
If you have any questions, please feel free to call me: Janice Reed 905-838-0888

**Saturday, April 20 – Income Tax Clinic**  
The Caledon Seniors Centre at Rotary Place will be hosting an Income Tax Clinic on Saturday, April 20 from 9:30 am to 3:30 pm. Volunteers will prepare your income tax and e-file the return for you if you have modest income and a simple tax situation. Single income up to \$45,000, couple income up to \$55,000, 3 people up to \$57,500. This is a free service for seniors!

These are by appointment only!!! Call the Centre at 905-951-6114 to book your time!  
**Friday, April 26 – Monthly Dinner & Entertainment**  
The Caledon Seniors Centre at Rotary Place in Bolton is hosting their Monthly Dinner on Friday, April 26th. This month there will be entertainment by the Sentimental Journey Band. Menu: Baked Pasta, Sausage, Caesar Salad, Garlic Bread, Bread Pudding for dessert

Cost: \$25  
P/U at 5:15 pm  
Dine-in served at 5:30 pm  
Local delivery available for \$2  
Pre-register by Wed. April 24. Call the Centre at 905-951-6114 to purchase your tickets!

**Saturday, April 27 – Antique Appraisal Event**

The Caledon Seniors Centre at Rotary Place in Bolton is hosting an Antique Appraisal Event on Saturday, April 27th from 10:00 AM to 1:00 PM. Come out, have some fun and find out if your items are valuable treasures! Appraisals will be done by Treasure Antique & Appraisals of Burlington from 10:30 am to 12:30 pm. Tickets are \$25 and include two items appraised as well as an enjoyable boxed lunch and refreshments. Additional items appraised at \$5.00 each. Limited number of tickets are available. Call the Centre at 905-951-6114 to purchase your tickets!

**Caledon Housing Workshop**  
Focus: Families with loved ones with Disabilities  
Sponsored by Ward 5 & 6 Local Concillors  
Saturday May 4th  
9:30 am – 2 pm  
Humber River Center  
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Please RSVP to [CAFFI.network@gmail.com](mailto:CAFFI.network@gmail.com) by April 19th, 2024

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Artist Robert Chisholm poses with Terry and Joy Griffin, who purchased his work of art in support of Headwaters Arts at last year's Tapestry of Art and Music event.

FILE PHOTO

## Open call to artists issued for “Tapestry of Art and Music” fundraiser

### Headwaters Arts hosting event at Alton Mill Arts Centre

BY ZACHARY ROMAN  
LOCAL JOURNALISM INITIATIVE REPORTER

An arts non-profit is looking for local artists to participate in an upcoming event.

On April 12, Headwaters Arts announced an open call to artists to participate in this year's "Tapestry of Art and Music" event.

The event will be held from 1 to 5 p.m. on May 25 at the Alton Mill Arts Centre.

Artists interested in participating in the event can register to receive a free six-by-eight-inch canvas, on which they're asked to complete a piece of art that depicts how music inspires them.

Headwaters Arts hopes to involve over 100 artists in the project — all of the canvases will be displayed together on May 25, forming one large tapestry, hence the event's name.

Sue Powell, marketing lead for Headwaters Arts, said artists are often deeply connected to music.

"Favourite songs, lyrics, musicians, instruments, scores, compositions of all genres and concert experiences have a prominent place in artists lives, minds and in their creative process," said Powell.

Nancy Kluger, chair of the Headwaters Arts Events Committee, said the organization is asking for artists to donate their talent and time to support the local art community. At the Tapestry of Art and Music event, all of the art created by artists will be for sale, with proceeds going to Headwaters Arts.

"We are just so grateful for their generosity and cannot wait for all to see this beautiful tapestry wall of artwork at the event," said Kluger.

Artists must register to participate at [headwatersarts.org](http://headwatersarts.org) by May 11, and can pick up their free canvas from the Alton Mill Arts Centre (1402 Queen Street West) any time.

At the Tapestry of Art and Music event on May 25, festivities will take place under the tented outdoor arts space. There will be a performance from the Achill Choral Society, the unveiling of the art, socializing and more.

At last year's event, all of the art sold and it was a great success for Headwaters Arts.

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# “Knots of Identity: Patka Poems” and “Knots of Confidence: Patka Affirmations” out now

Continued from FRONT

“Parents were calling me saying their children wanted to cut their hair... they felt their identity wasn't being heard,” said Kaur. “Imagine a seven-year-old sitting in a crowd, not fitting in... you just don't know how to voice your identity.”

Kaur said parents were asking if she had any literature about patkas available, and she was inspired to start writing poems. She began writing every day until she realized she had enough for a book. One of her first poems was about a mother tying a patka on her child, feeling the power within her, and blessing her child to be strong. Kaur said the poem really hit home with

her husband, which inspired her even more.

Kaur published her book of poems and it began to gain traction, with school libraries picking it up and great feedback coming in.

Not long after, another phone call came that drove Kaur to action.

“Another child was saying, ‘Mom, I don't want to wear my patka to school anymore... I want to cut my hair, I don't feel powerful anymore, I always get bullied’,” said Kaur. “I feel sorry for this child, I feel sorry this child has been put in this place.”

Kaur knew at that moment the theme of her next book, and shared it with her husband: knots of affirmation.

“I need to affirm the Sikh identity,” said Kaur.



Caledon educator and author Rosey Kaur was proud to launch her two new books at a special event on April 5. CONTRIBUTED PHOTO

“The first page says, ‘I wear my patka with pride’.”

Kaur said her books were made to affirm how strong Sikh boys are. She said it was special to have her book launch event in April as it is Sikh Heritage Month in Ontario.

Something that made her really happy was to see parents at the book launch share their stories of how her books helped them and their families be strong.

She also said it was amazing to have the support of Ward 2 Councillor Dave Sheen, Regional Councillor Mario Russo, and Brampton councillor Gurpartap Singh Toor at the event. Kaur said Regional Councillor Christina Early has also been an amazing supporter of her movement.

“If I can be an advocate during this movement for the Sikh boys to be strong and to love their faith just like anybody else who loves their faith... I'm here to help wherever I can,” said Kaur.

## “Pixie Properties” fundraiser for Bethell Hospice hits \$10,000 mark

BY ZACHARY ROMAN  
LOCAL JOURNALISM  
INITIATIVE REPORTER

A Caledon woman has reached a major milestone in her charitable efforts.

Peggy Dickey recently passed the \$10,000 mark in funds raised for Bethell Hospice through sales of her “Pixie Properties”.

The properties are one-of-a-kind pieces of art that look like doors into the magical worlds in fairy tales and fantasy novels. Dickey makes them using recycled and found materials, and it's become her favourite hobby.

Her Pixie Properties sell for \$20 each, though many people pay more since they know all of the money is going to Bethell Hospice, which provides free, compassionate, and respectful care for individuals facing a life-limiting illness and their families.

“This area has been so supportive,” said Dickey. “People in Inglewood really support Bethell Hospice... you see the facility and how nicely it's kept, and the people there are so friendly and nice. Anyone who's been touched by that place has so many good things to say about it.”

Dickey will be selling her art at the upcoming

Hike for Bethell Hospice on May 5. She also plans to be at the Caledon Fair and Canada Day Strawberry festival.

Dickey creates her art at her home studio. Since her project has become more well-known, she said people have started to drop off items at her house for her to use in her work. For example, someone recently dropped off a bag of old jewelry, which has many uses in Dickey's art.

“I find a bag on my front porch every once in a while... jewelry and things like that,” she said. Dickey even got a bundle of cedar shims to use in her art donated to her from the Rona in Brampton, which has since closed down.

“I only buy the necessities, but that's my contribution, and the time — but it's a hobby, I have fun with it,” said Dickey, who has no plans to stop any time soon. Since many generous people in her area have already purchased a Pixie Property, she's looking to expand her selling area and let new people know all about her charitable project.

Anyone who is interested in buying a Pixie Property, or inviting Dickey to sell at an event, can reach out to her via email at the following address: [pixiepropertiesbypeggy@gmail.com](mailto:pixiepropertiesbypeggy@gmail.com).

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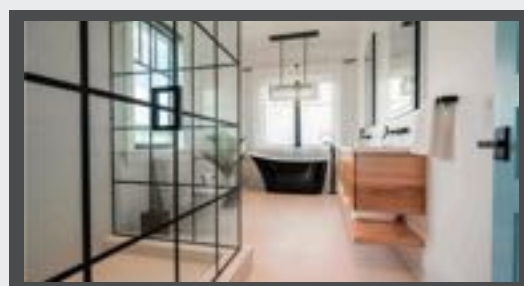
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Longo's or Black Diamond Cheese Bar or Shreds 300-400g pkg selected varieties

**4<sup>99</sup>**

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Liberté Greek Yogourt 4x100g pkg or Méditerranée Yogourt 500g tub selected varieties

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Rio Mare Tuna in Olive Oil, with Italian Chili or in Water 3x80g pkg selected varieties

**6<sup>99</sup>**

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Mutti Pasta Sauce 660mL jar selected varieties

**9<sup>99</sup>**

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Kimbo Nespresso Pods 40ct selected varieties

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# Caledon non-profits thank volunteers ahead of National Volunteer Week

## National Volunteer Week runs from April 14 to April 20



BY ZACHARY ROMAN  
LOCAL JOURNALISM  
INITIATIVE REPORTER

Volunteers are the heart and soul of Caledon.

Each year, Volunteer Canada recognizes National Volunteer Week as a way to cele-

brate the many volunteers across the country who make their communities a better place.

The theme for this year's National Volunteer Week is "Every Moment Matters", and Volunteer Canada has chosen this theme to highlight the importance of every volunteer and each contribution they make at a time when volunteers are more needed than ever.

In Caledon, many non-profits rely on the help of dedicated volunteers to serve the community.

Kim Rodrigues, Executive Director of Caledon Meals on Wheels, said volunteers play a crucial role in making Caledon a better place by offering their skills, compassion, and talent to those in need.

"They often fill gaps in services that organizations might not otherwise be able to provide due to limited resources. At Caledon Meals on Wheels, our volunteers serve as the unsung heroes, weaving compassion into every meal delivered, every smile and connection," said Rodrigues. "Their dedication is the lifeline of our community, nourishing not just bodies, but spirits, and fostering connections. Their selfless dedication and willingness to make a difference inspire us all to lend a helping hand and spread kindness wherever we can — our volunteers are truly the superheroes of our community."

Joe Sassine, a volunteer with Cassie's Place, a charity that serves individuals with differing abilities, said volunteers are the lifeblood of the organization and that none of the services Cassie's Place provides could be run without their help. He added that as Cassie's Place grows, it's always looking for new volunteers to lend a helping hand.

Kat Powell, the Volunteer Manager at Bethell Hospice in Inglewood, which offers free hospice and palliative care as well as community programs, said Bethell Hospice's amazing group of more than 135 volunteers is so generous for the time they devote to offering compassionate care to the hospice's residents, clients and family members.

"These volunteers create moments that matter through daily acts of kindness and selflessness, directly impacting hospice care," said Powell. "We would like to recognize and thank each volunteer for the huge difference they make at Bethell Hospice."

Caledon Seniors Centre Manager Beverley Nurden said the Centre is a thriving organization because of its amazing volunteers. She explained the Centre's volunteer Board of Directors is steadfast in its commitment to fostering a resilient centre.

"Their dedicated efforts encompass meticulous management of our organization's business aspects, ensuring the security of our funding, and the establishment of policies and procedures to maintain a safe and compliant environment as the centre continues to evolve," said Nurden.

Nurden said at the heart of the Caledon

Seniors Centre are various committees, each being a cornerstone in the Centre's operations.

"From the Executive Committee to the Program, Human Resources and Risk Management, Fundraising, and Organizational Review committees, these volunteer-driven initiatives form the backbone of our organization's effective management and growth," said Nurden. "Furthermore, our volunteers, through their selfless contributions of time and expertise, play an indispensable role in our success. Whether it's facilitating programs, assisting in kitchen duties, office tasks, reception work, or rallying support during fundraising and special events, their dedication remains unmatched. Without their unwavering commitment, the existence of our Centre would be inconceivable."

Nurden said anyone with a spare few hours each month is extended a heartfelt invitation to volunteer at the Centre. She said volunteering at the Centre is rewarding and impactful.

Lucrezia Chiappetta and John MacRae, co-chairs of ecoCaledon, said volunteers are essential to ecoCaledon's goal of promoting environmental sustainability and climate resilience in Caledon.

"We are incredibly grateful to our volunteers — they remind us every day of the profound power of collective action and the possibilities that arise when individuals come together," they said in a joint statement.

Chiappetta, Jason Scordia, and Rob Ricciardi are all volunteers with Motionball Caledon. In a joint statement, they said volunteers are the heart and soul of Motionball Caledon.

"Their dedication and passion are invaluable assets that enable us to make a meaningful difference in our community and beyond," they said. "Together, we are raising awareness, championing inclusivity and celebrating the extraordinary abilities of Special Olympic athletes."

Caledon Community Services' CEO Geraldine Aguiar said volunteers are crucial to so many aspects of society and make communities better.

"CCS volunteers are vital to our organization. Our capacity to serve is multiplied by their presence and contribution," said Aguiar. "CCS is grateful to our loyal volunteers who enhance the services that clients receive. With esteem and appreciation, we celebrate you on this National Volunteer Week. A healthy and engaged Caledon is what we are all striving for. We truly believe we are stronger because of our volunteers."

Sue Powell, Marketing Lead of local arts non-profit Headwaters Arts, said Headwaters Arts volunteers bring a tremendous amount of passion, dedication, and diversity of skills to the organization.

"From our volunteer board members and gallery committee members to our artist members, we all work together to keep the

organization vibrant, economically viable, and fun," said Powell. "We value their contributions and without them we would not see the brilliant outcomes and opportunities that materialize for our member artists and our communities in the Headwaters region."

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# 7 ways to be a good volunteer

Volunteering is a fun and rewarding endeavour. Millions of people across the globe serve as volunteers, which is a testament to just how rewarding being a volunteer can be. Understanding how to be a good volunteer is the first step toward making the experience enjoyable and effective.

opportunities that help you achieve those goals.

**Be dependable.**

As a volunteer, you should arrive when you say you will stay the duration of time you promised and perform the tasks you agreed to perform. People will be relying on you, so it's important to honour your commitment.

**Be prepared to be flexible.**

Volunteers often must take on many different roles, and a willingness to jump in on any task and help is a hallmark of great volunteers.

**Embrace your creativity.**

Thinking outside of the box is a strength in a volunteer. It means you can examine a situation from all sides and offer innovative solutions.

**Be selfless.**

Above all, giving time to a cause you believe in is all about putting others before yourself. Figure out what you can give rather than what you can get.

Volunteering is a rewarding endeavour and is even more so when volunteers approach their work with enthusiasm and energy.

**Educate yourself about an organization.**

Research volunteer organizations' missions and goals before you get involved. Understanding their process can make you more effective right out of the gate. Furthermore, directors will appreciate that you took the initiative to learn more about the organization before you signed up.

**Bring your enthusiasm and energy.**

Enthusiasm and energy for the cause may motivate others to take action. Being high energy also may make you more fun to be around, which your fellow volunteers will appreciate.

**Be honest about your interests.**

The more interested you are in an activity, the more likely you are to continue doing it. That goes for anything, including volunteering. Be honest about what you want to get out of volunteering and seek

**A great way to give back to our community.**

**Bolton Rotary wants to thank all the volunteers that help with our events.**

Rotarians are people of ACTION, but we can't do it alone! Our volunteers work at our annual charity golf tournament, family skate, Haunted Hill run, planting at Peace Park and hwy 50, community displays, Santa parade...keep in mind it's not all work, lots of play as well!

As you can see we are involved in many projects around town. Maybe it's time for you to find out how you can get involved too?

[BOLTONROTARY.CA](http://BOLTONROTARY.CA) FOR MORE PICS AND INFORMATION.

**CALEDON COMMUNITY SERVICES**

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April 14-20, 2024

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# Community service projects for kids

The importance of giving back to one's community is a value that parents can instill in their children at an early age. Learning about worthy causes in local communities can help develop empathy in children and give them insight into those who live outside of their social and economic spheres. In addition, encouraging children to take part in community service can teach them skills they would not necessarily learn in the classroom.

Getting involved in community service as a child may lead to a lifelong commitment to giving back. The following are some ways children can get involved in community service projects:

food and deliver it to food pantries so that no needy family has to go hungry.

**Improve school grounds**

Working with the principal of a local school, children can make plans to improve the grounds. Ideas include repairing play equipment, planting trees, adding a vegetable or flower garden, or installing buddy benches where friends can find each other and hang out.

**Donate eyeglasses**

Kids can gather used eyeglasses and donate to an organization that recycles them for the needy.

**Send care packages**

Kids can reward first responders and military personnel who live in their communities by putting together care packages for them and their families.

**Pick up litter**

Children can gather like-minded friends and participate in a beach or park cleanup. Service projects are great ways for kids to get involved and give back to their communities.

**Spend time with seniors**

Children can visit seniors in nursing homes or assisted living facilities, provided that the visits are cleared with the home's staff. Kids can work alongside seniors on craft projects or participate in games like bingo.

**Collect food for the needy**

Volunteering with a local soup kitchen can teach children about the plight of the less fortunate. Kids also can collect canned or boxed

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# Community giving starts at school

When people want to give back, many look to support national charities and other causes that they hold near and dear. Certainly, these are worthwhile causes. However, giving back on a local level is a great way to help the people you see every day.

Schools are the heart of many communities. School buildings may serve as gathering spaces for sports practices or meetings for various organizations. Even though schools are likely to receive municipal funding for certain operations, budgets are frequently being cut and schools may need all the help they can get. This year the boundaries of the budget may be pushed even further as schools revamp their spaces and implement certain safety protocols

to confront the pandemic. Now more than ever schools may need help. Here's how to do just that.

- Volunteer your time. Find out ways you can volunteer time at school. This may be helping teachers make copies of assignments, supervising children at recess or lunch hours, serving as a chaperone at school functions, or being a coach or mentor for after-school activities.

- Attend and participate in fundraisers. Fundraisers are essential to help offset costs for many special events and services for students. Whenever possible, give wisely through fundraisers.

- Provide supplies for classrooms. Teachers often have to supplement their classrooms with supplies bought out of pocket. Reach out to teachers to see which items they need and do your best to supply them.

- Join the PTA or a similar school-sanctioned organization. Many groups perform functions that facilitate strong connections between home and school. Joining and working with such organizations can improve the school experience for everyone.

- Buy "Box Tops"-affiliated products. The Box Tops for Education program donates \$0.10 per box top label collected and submitted by schools back to that school. More than

80,000 elementary schools have earned money through the program to buy equipment and supplies. Box Tops can be found on many different food packages.

- Treat the teacher. In addition to supporting Teacher Appreciation Days and other school events, send in an uplifting note, snack or another way of showing you appreciate his or her efforts.

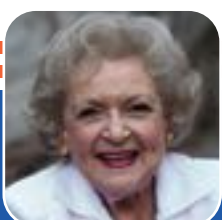
Schools play integral roles in many communities, and efforts to give back can begin on campus or through school-sponsored programs.

*"Abbeyfield Caledon salutes all community volunteers who give generously of their time. Sharing your life experiences and skills enhances the lives of seniors in our community."*



If you would like to volunteer to Abbeyfield Caledon we would love to hear from you. If you are interested please contact:

**[volunteer@abbeyfieldcaledon.org](mailto:volunteer@abbeyfieldcaledon.org)**  
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*Kindness and consideration of somebody besides yourself keeps you feeling young. ~ Betty White*

## Caledon MEALS ON WHEELS

... serving Caledon, Orangeville and Surrounding Communities

### Volunteer Week

Volunteers are the heartbeat of Caledon Meals on Wheels, and it is your passion and dedication that keep our mission alive and thriving. Your willingness to give your time and energy to support our cause is nothing short of remarkable, and we are immensely grateful for your continued support.

During National Volunteer Week and every week, we want you to know that you are appreciated, valued, and cherished. Your generosity and compassion inspire us all, and we feel honored to work alongside such incredible individuals who embody the true spirit of community.

Thank you, from the Caledon Meals on Wheels team, for all that you do.



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[www.cmow.org](http://www.cmow.org)



# Find the right volunteer opportunity for you

Giving back to one's community can provide a sense of purpose and improve an individual's overall well-being. Data from Volunteer Hub indicates that people who volunteer improve their health by strengthening their bodies, improving their moods and reducing stress. Volunteerism also produces additional benefits, including boosting one's positive perception of others. A study from CareerBuilder found that 60 percent of hiring managers see volunteerism as a valuable asset when making recruitment decisions. Furthermore, human resources executives attest that contributing to a nonprofit can improve leadership skills.

By understanding the value behind volunteer work — for the people or organization on the receiving end as well as the volunteer — more individuals may decide to donate their time and services. However, finding the right volunteer opportunity may take some trial and error. The following are some tips for finding the right fit.

- Consider skills and interests. Before choosing a volunteer opportunity, make a list of activities that you enjoy. This may help guide volunteer choices. For example, if you like hiking, you may volunteer to clean up a local park.

- Assess your skill levels. Is there something you are particularly adept at doing? For example, if you are a certified public accountant, you may be able to volunteer by mentor-

ing young accounting students or doing taxes or bookkeeping tasks for the elderly or less fortunate.

- Think about commitment level. Figure out how much time you can spend volunteering. Maybe you only have the weekends or a few hours in the evenings? Understanding how much free time you have can help you choose opportunities that fit within these parameters.

- Research potential organizations. Not all nonprofit groups are created equal. Utilize resources such as CreativeVolunteer that vet charitable groups to determine if they are trustworthy.

- Define your goals. Have goals in mind when selecting opportunities. Defining a goal can help you maintain the motivation to volunteer and see a project through to completion.

- Start small. Wade into a volunteer opportunity slowly to see if it is the right fit. This may include volunteering one day a week or a month. Increase the time you spend volunteering once you've found the right place for you.

Volunteering can bring joy to a person's life, especially when individuals find an inspiring opportunity.

## Thank You!

to all our special volunteers who pull together and lend a helping hand

Bramalea Bulldozers, 1967. (PAMA, Brampton Guardian fonds)

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As we celebrate national volunteer week 2024, we want to thank our volunteers -past and present- for your contribution to our work in supporting young families in Caledon.

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To acknowledge National Volunteer Week, Caledon Dufferin Victim Services would like to publicly express our gratitude to the exceptional team of Crisis Responders who have selected this organization in their quest to help others. The Caledon Dufferin Volunteers are shining examples of what constitutes genuine compassion in action; lending assistance 365 days a year to help their fellow community members cope with criminal acts and adverse situations. Our dedicated Crisis Responders are immensely valued for their professionalism, guidance and empathetic presence.

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## Dufferin-Peel Skating Club has successful competitive season on the ice

BY BRIAN LOCKHART



The Dufferin-Peel Skating Club had a successful competitive season for 2023-24. In the photo, in the back, are Sophia Thomas, Hailey Parker, Kristina Nilsson, Jillian Young, and Jordan Young. In front are Layla Fragapane, Sarah Hayden, Claudia Bennett, Melissa Simpson, Kaitlyn Hunt, and Ella Stamenkovic.

The Dufferin-Peel Skating Club had a successful season on the ice this year with many skaters achieving their goals and earning medals in competition.

The Club trains out of the Ice Corral at Teen Ranch in Caledon.

Layla, Sarah, Claudia and Melissa took home Silver and Gold assessments at STAR 2 events in Mississauga and Newmarket.

Hailey and Kristina earned silver and gold competing their first year at the STAR 4 level.

Sophia completed her second season competing with her team at the University level representing York University.

The Provincial Level team of Jillian, Jordan, Ella and Kaitlyn represented the club well and gained valuable experience at many qualifying events throughout Ontario. There were many personal best skates to their credit.

Ella and Kaitlyn advanced to the Provincial Championships at the Cassie Campbell Arena in Brampton on March 21-24.

Kaitlyn finished sixth in the STAR 9 Artistic event with a strong performance.

Ella improved on her fifth-place finish at last year's Provincials to take home the gold medal in STAR 5 Artistic with a personal best score.

The team will continue spring and summer training at the Teen Ranch Ice Corral to prepare for the new competitive season.

## Caledon Hills Bruce Trail Club celebrates 60th anniversary at AGM

### New board of directors elected at April 14 meeting

BY ZACHARY ROMAN  
LOCAL JOURNALISM  
INITIATIVE REPORTER

A local non-profit is preparing for another year of preserving and promoting Caledon's portion of the Bruce Trail.

On April 14, the Caledon Hills Bruce Trail Club held its annual general meeting at the Caledon Ski Club. It was a special day, as it was also a celebration of the Club's 60th anniversary.

Club president Sandra Green explained the Bruce Trail's motto is "preserving a ribbon of wilderness, for everyone, forever."

Green said the motto touches the hearts and souls of club members.

"We hope that it will touch other people and we want to get the word out," said Green. "We want people to be feeling like they're making a difference, that they're making the world more beautiful, that they can bring joy to their own lives."

Green said it's amazing that for six decades, Caledon Hills Bruce Trail Club members have been committed to land stewardship, conservation, and connecting people with nature.

In the past year, the club has undertaken many initiatives, such as restoring and caring for Niagara Escarpment Lands, mitigating impacts of invasive species, stewarding new nature reserves, and planning for a new bridge.

Club members also worked hard year-round to enhance the trail experience in Caledon, building side trails, reinforcing bridges, and



The Caledon Hills Bruce Trail Club's 2024-2025 board of directors.

PHOTO BY ZACHARY ROMAN

maintaining trails.

Numerous club fundraisers were held, such as one at Theatre Orangeville, a film screening, and another dubbed the Fall Colours End-to-End Hike Challenge.

Green said the Caledon Hills Bruce Trail Club has a truly amazing group of volunteers that has fun along the way.

"We have celebrated our past with flair and our characteristic enthusiasm," said Green. "There is no time like the present. This is our time to continue to connect people with nature... keep the momentum going — in fact, put the pedal to the metal and go, go, go."

Looking ahead to this year, the Caledon Hills Bruce Trail Club has many things planned. All are invited to visit the club's website, [caledonbruceclub.ca](http://caledonbruceclub.ca), to learn more

about and register for the following events:

On April 21, the club will undertake a habitat restoration project at Mathilda's Way Protected Natural Area.

On May 4, there will be another habitat restoration project, this time at the Whitetail Refuge Nature Reserve.

On May 11, there will be the club's 2024 Prediction Hike Challenge. At this challenge, hikers provide a to-the-second guess of how long they think it will take them to complete a specific section of the trail. Proceeds from the event go towards trail development, and event participants receive a collectable badge.

On June 23, the club will host a film screening fundraiser at the Bookshelf Cinema in Guelph.

The Caledon Hills Bruce Trail Club has

these and many more events throughout the year, with information and updates posted often on their website.

Michael McDonald, CEO of the Bruce Trail Conservancy, attended the April 14 Annual General Meeting and 60th anniversary celebration.

"Look at the community we have together here... hiking is so special," said McDonald. "Whether you're landowners, volunteers, members, donors... hikers from all walks of life and all professions find joy and connect with each other."

McDonald said it is impressive to see all that the Caledon Hills Bruce Trail Club has done.

"There's definitely something magical happening here," he said. "Look at what you have accomplished as a club together."

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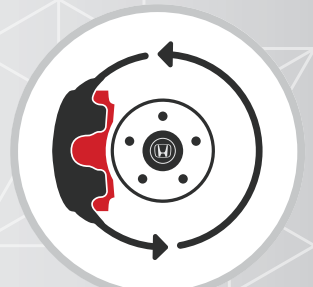
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# A Golf Adventure in Arizona: Cursin' Amid the Cacti



PHOTO BY JIM STEWART

BY JIM STEWART

If you're interested in embarking on an eight-day, seven-night Golf Adventure in Arizona, I have a tried and true itinerary for you.

Last week, I was invited as a journalist to join a slightly-grizzled "Group of Seven" Canadian golfers who know their way around the USA, its best bargain courses, and the kitchen!

My first golf vacation in Arizona with these seasoned veterans did not open as smoothly as a nice drive up the middle. In fact, it was a muddle. A series of almost-comedic logistical "calamities" challenged our intrepid lead travel party of two – courtesy of Air Canada's clusterf#@%\$ at Pearson. Three gate changes including direction to a mythic gate, a cancelled flight, and a rescheduled delayed flight kept us hopping through Terminal 1.

Consequently, we arrived at Sky Harbor Airport in Phoenix too late to pick up our rental van which was cancelled, despite our SOS call from Toronto. RG and I resembled the exasperated Steve Martin and hapless John Candy characters in a remake of Planes, Trains, and Automobiles, dragging our luggage and oversized golf bags off the carousel, lugging the unwieldy multi-sized luggage items across three Terminals and up escalators to board the Sky Train, spewing invective at an absent rental car rep who closed the rental store three minutes early, and ending up in an eerily-empty taxi zone with no taxis or Ubers.

When all looked lost at Sky Harbor, Earl the Good Samaritan Taxi Driver picked us up in a deserted corner of the airport before we became crime statistics in the desert, much like the fate of many extras in Breaking Bad. We stuffed Earl's Altima with suitcases in the trunk and two oversized golf bags in the back seat behind which RG reclined rather uncomfortably. The congenial cabbie carted us to La Quinta hotel in Phoenix at 2.30 a.m. (5.30 EDT).

However, the sun did come up the next day at La Quinta, a hot breakfast was enjoyed with delightful Babbs from Minnesota, and our first full day in Phoenix went off without a glitch. After a "kick save and a beauty" by RG and the CAA secured us a last-minute minivan, we collected the remaining six-pack of golfers arriving at Sky Harbour to round out our Octet.

We donned our cool glasses to witness the 64% totality of the Solar Eclipse at the airport, secured our second minivan, and it was off to a patio lunch and the pleasures of a covered, state of the art driving range at Dobson Ranch Golf Course in Mesa to warm up for a week of cursin' amid the cacti.

After the range work, we reveled in the amenities of The Oasis—the aptly-named 3345 square-foot home we rented for the week in Peoria. We picked fresh lemons off the backyard trees, chipped and putted on the artificial turf putting green, enjoyed a refreshing swim in the 72-degree F backyard pool; and gobbled down a great BBQ meal of RG's classic home-made burgers, fries, and a kale salad while watching the NCAA Purdue-UConn final on a 70" TV in a great viewing room.

Alas, Toronto's Zach Edey, the biggest Boilmaker, lost in the title game, but his brilliant play throughout March Madness raised his draft stock. The Raptors are picking 6th, 17th, and 31st in June. Fingers crossed.

This annual Arizona Golf Vacation in April is timed to coincide with March Madness's climactic game on Monday and the four rounds of the Masters on Thursday, Friday, Saturday, and Sunday.

Traveling with seven seasoned veterans of Arizona Golf adventures featured the fine cooking of RG, FG, DC, JK, and EH who prepared symphonies for the tastebuds; JS, JL, and TD served as cleaners. The cooks delivered a series of preplanned gustatory delights including lasagna with an array of grilled vegetables and garlic bread; chicken Marbella; grilled flank steak; grilled pork tenderloin; a smorgasbord of leftovers for Saturday; and the traditional Sunday meal to coincide with the final round of the Masters: Pizza and Wings from Ray's, the top-rated pizzeria in Peoria. It was the only take-out we ordered all week. All meals were washed down with the requisite amount of California red and white wine or a range of US beers.

A healthy breakfast – cereal, bananas, yogurt, orange juice, toast or bagels, coffee or tea – was consumed before our 6.30 departures. Our 7.30 tee-offs beat the early-April Arizona heat where afternoon highs climbed to 88-90 F. An allotment of Gatorade, water, and trail mix was placed on the kitchen table for each golfer to Grab and Go. This savvy group reminded me that it's incredibly important to stay hydrated when playing desert golf so this daily care package assured we could flourish on the fairways and play six rounds in six days.

We kicked off the Golf Adventure at idyllic Rancho Manana GC in Cave Creek, AZ on Tuesday and Wednesday. The course's sweeping vistas and abundant wildlife provided a perfect backdrop for fun in the Arizona sun. Great-tailed grackles and white-winged doves seemed to mock our efforts; wild boars and prairie dogs ambled across the fairways on the 5407-yard-high desert tract. The 6th is certainly the Club's signature hole with a spectacular view of thousands of Cacti and mesquite trees dispersed across Camelback Mountain, Mummy Mountain, Piestews Peak, and Lookout Mountain.

The scorecard even included helpful hints for each hole. For example: Hole 1: "The largest mound is your target. Andora Wash is on your left. DON'T GO LEFT OFF THE TEE!" Talk about Arizonian hospitality.

My playing partner, EH, put on a short game scramble clinic to card a 41 + 41. Your faithful scribe rolled out a 43 + 48 to improve Day 1's score by three strokes. Two great rounds featuring welcoming marshalls, friendly Pro Shop reception, and spectacular high desert vistas made the experience at Rancho Manara a steal of a deal. Cost of 18 holes and an electric cart: \$55 US.

Playing each of the three courses two times was a great feature of the itinerary.

On Thursday and Friday, the Octet took on Coyote Lakes GC in Surprise, AZ, a rabbit lover's haven (RG and I counted 47 rascally rabbits), but the landscape is a wee bit dangerous, too. Two seven-foot rattlesnakes were spotted in the waste bunkers of their signature hole "The Ridge". Your faithful scribe played two terrific rounds at CLGC, breaking 90 both days. Round 1 featured a Back 9 of 41 and Round 2 featured a Front 9 of 39. The early-morning tee-offs and heat of Arizona seemed to agree with me as did the cool swimming pool at "The Oasis". It was a great way

to refresh the aching cables after getting acclimated to dry, 30-degree heat. Cost of 18 Holes and an electric cart: \$75 US.

The Extraordinary League of Golfing Gentlemen concluded our six-round golf marathon on Sunday morning at The 500 Club in Phoenix. We enjoyed the course's signature Number 4 Island Green as well as its hills of black volcanic rock, mesquite tree-lined fairways, and lightning-fast greens. I was thrilled to birdie the elevated and charming 162-yard Par 3 13th by dropping a steep 25-foot downhill putt. It was our second weekend round at 500 and the greens were lightning fast compared to Rancho Manara and Coyote Lakes.

The 500 Club is surrounded by a Speedway, Water Park, and Conservation Park so there is a juxtaposition of the cacophony of car racing and the tranquility of the desert depending on which side of the course you're playing. Coyotes roam freely through the golf course and its adjacent

conservation area. Cost of 18 Holes and an electric cart: \$101.50 US.

Golf Vacation reading, you ask? As a nod to March Madness, I read "I Came as a Shadow" by John Thompson, a timely tribute to the towel-toting Georgetown U coach who won the NCAA championship forty years ago in 1984! It was compelling reading – at night in the rental as well as on the plane – about a legendary champion basketball coach who passed away in 2020. I read til midnight in a perfectly-quiet house sipping Earl Grey tea with fresh Arizona lemon. The golfers were in bed by 10 p.m. every night to respond to our "Wings Up" departure time of 6.30 every morning.

Staying with this theme of basketball within a golf vacation was meeting the iconic Steve Nash on and after our flight to Phoenix. I got a chance to thank him personally for setting such an MVP standard for Canadian NBA players. What a personable, modest, and approachable star! Nash took the time to make our day as big fans! The basketball star still looks like he could lace 'em up, even though he was coming off a connecting flight from Barcelona with his young family.

Meeting Steve Nash was our celebrity moment on the vacation and cheering Scottie Sheffler to an impressive Masters victory was the apex of our celebration of golf.

These seven seasoned travellers planned and executed this trip on budget. Securing the house as well as trips for food and booze at Costco made the trip very economical. It saved us a fortune in hotel and restaurant meals. In fact, our resident logistics expert TD budgeted \$2k for food, wine, and beer for 8 guys for 8 days. TD refunded us \$50 each at the airport for coming in under budget. Beer and wine are tremendously inexpensive in AZ and we secured chicken for 99c a pound at Costco. We ate and drank like kings of the links, as this esteemed group of semi-retired Canadians have been doing for over thirty years.

I hope I get an invitation to join them in April 2025 when they head to San Diego for more fun in the sun.

Enjoy the golf season in Ontario! It is upon us!



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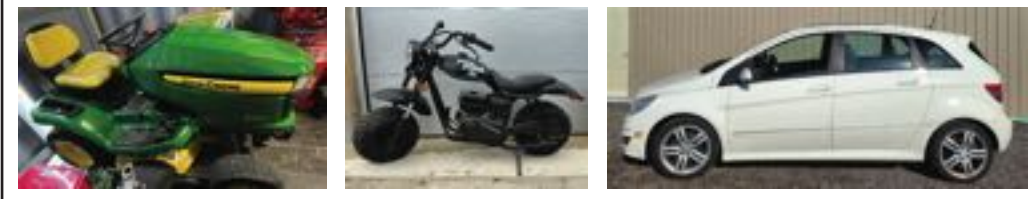
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OBITUARIES

**DAVID RINTOUL**

Suddenly on Monday, April 15th, 2024 at the age of 63. Beloved son of the late Arthur Rintoul (2002) & Evelyn Hamilton (2019). Dear brother of Robert Rintoul and the late John Rintoul (2020) (Sylvia Glazer). David will also be greatly missed by his nieces Laurie, Robin and Suzanne (Dan) other relatives and friends.

Memorial service will be held at **Dods & McNair Funeral Home, Chapel & Reception Centre** 21 First St Orangeville, Ontario on Saturday, April 27th, 2024 at 2:30 pm. with visitation beginning at 1:30 pm. Memorial donations to CAMH would be appreciated by the family.

A tree will be planted in memory of David in the Dods & McNair Memorial Forest at the Island Lake Conservation Area, Orangeville. 22nd Annual Dedication Service will be held on Sunday, September 8, 2024 at 2:00 p.m.

Condolences may be offered to the family at [www.dodsandmcnair.com](http://www.dodsandmcnair.com)



**GLENYS ELAINE MCCUAIG  
MARCH 2, 1941- APRIL 15, 2024**

Passed away peacefully on Monday, April 15, 2024 at Dufferin Oaks Long



Term Care Home where she had lived for almost five years. Predeceased by her parents John Ross McCuaig (1964) and Dorothy Ellen McCuaig (Reynolds) (1998) and Glens' older brother John William Leonard McCuaig (2016) and his wife Lotte McCuaig (Bachhoffer) (1996).

Glens is survived by a niece Chantal Evans and her son Ethan, two nephews Robert Erik McCuaig and Richard Bachhoffer. Glens will also be greatly missed by other relatives and friends.

Glens was a unique personality who knew what she wanted and let you know that. She worked for a number of years at York University, loved her gardens, her dogs and especially her cats when she lived in Mono Mills before moving to The Breaumont in Orangeville.

A service of remembrance will be held at St John's Anglican Church - East Orangeville 3907 Hwy 9, Caledon Ontario on April 26th, 2024 at 11:00 am, with visitation beginning at 10:00 am. Interment to follow reception at St. John's Cemetery 7th Line Mono.

In lieu of flowers donations may be made to St. John's Anglican Church

Special thanks to the loving care Glens received from her PSWs when she was still in her apartment and the staff at Dufferin Oaks LTC for the last five years.

A tree will be planted in memory of Glens in the Dods & McNair Memorial Forest at the Island Lake Conservation Area, Orangeville. 22nd Annual Dedication Service will be held on Sunday, September 8, 2024 at 2:00 p.m.

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**LODE YELLOW BRIAR MOTHER'S DAY SILENT AUCTION,** raising funds for the Orangeville Library. Children's Department, Mill Street Library. April 23 to May 4, 2024.



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Linda, you were and still are the one true love of my life.

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Love Jack

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**ST. JUDE NOVENA PRAYER:** "May the Scared Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus, please pray for me. Saint Jude, worker of miracles, please pray for me. Saint Jude, helper of the hopeless, please pray for me. Amen" Say this 9 times for 9 days and promise to publish and your prayers will be answered. A.S.

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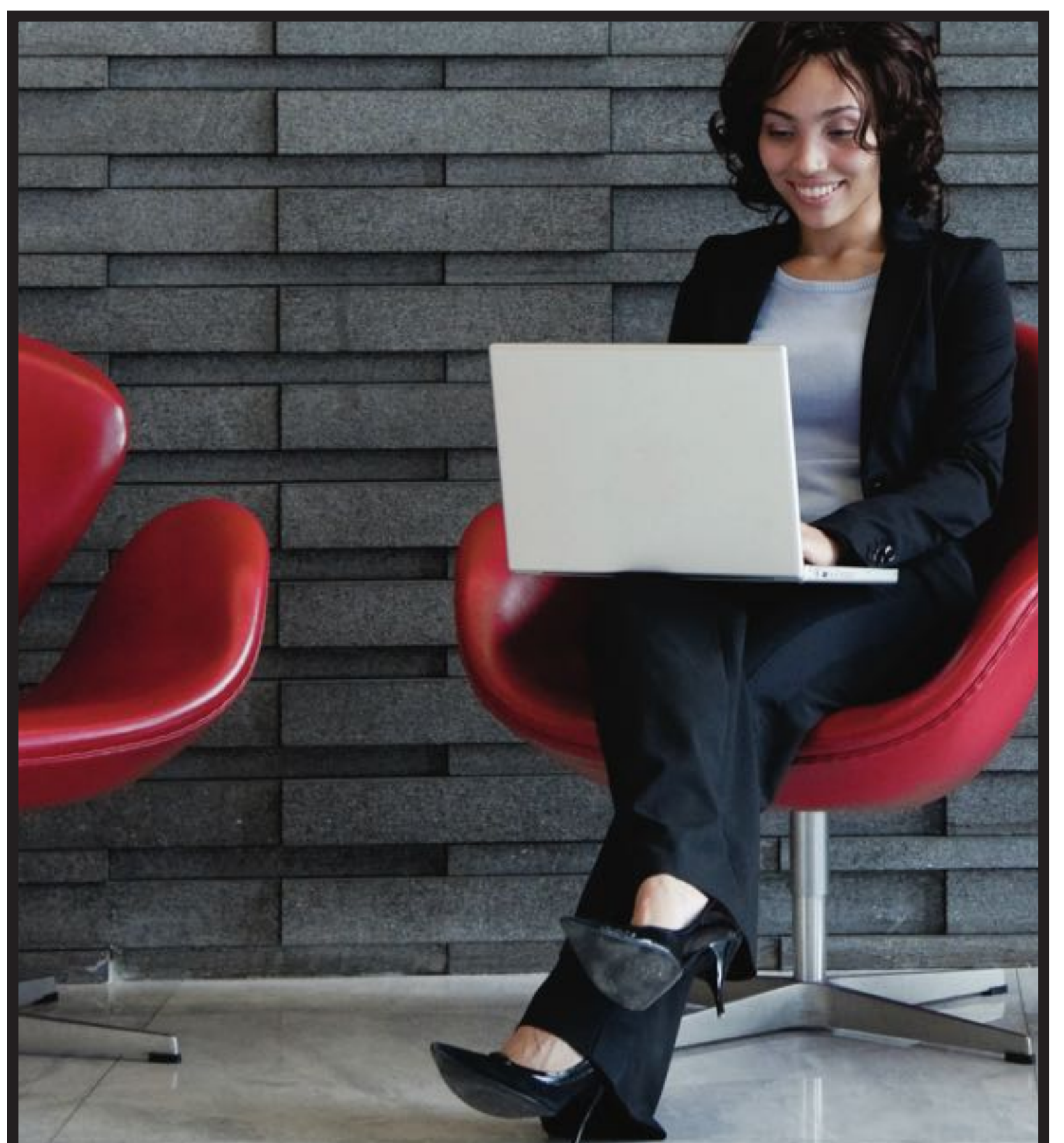
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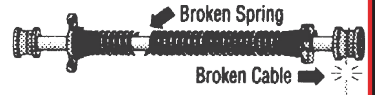
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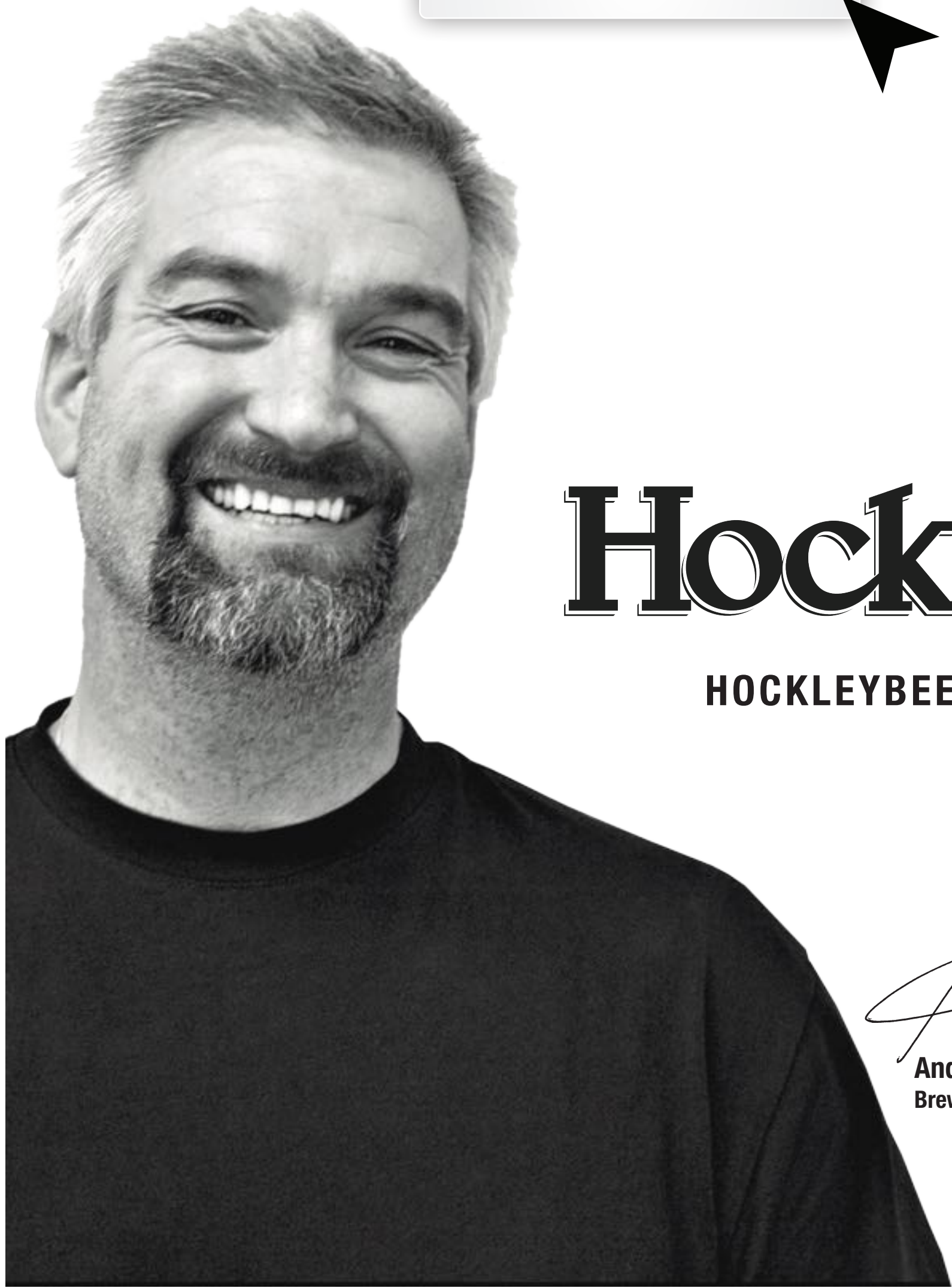
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