Domestic violence addressed at Lifetree Café

The cycle of domestic violence will be explored at the next Lifetree Café session May 15, from 7 to 8 p.m. at St. James' Church in Caledon East.

The program, entitled When Love Hurts: Ending the Cycle of Domestic Violence, will provide practical strategies for removing those suffering domestic violence from their abusive situations.

Lifetree representative Craig Cable said one in four women experiences domestic abuse, and one in nine men is a victim of abuse. ?There are help and hope,? he said. ?Both women and men can survive domestic violence.?

Admission to this event is free. Snacks and beverages will be available. The church is at 6025 Old Church Rd.

Lifetree Café is a place where people gather for conversation about life and faith in a casual coffeehouse-type setting. Questions about Lifetree may be directed to Bruce Neville at 416-579-9977 or Desiree Neville at 416-579-6748.