Discuss ?making the most of life? at Lifetree

The idea of making the most of life will be the topic at the next Lifetree Cafe session.

The program, entitled Make the Most of Your Life: A Perspective That Will Change Your Life? Forever, will run this coming Wednesday (Oct. 23) from 7 to 8 p.m.

It will feature the filmed story of professional guitarist Tony Melendez, who was born without arms. Melendez describes how his attitude has affected his ability to live a normal life, and make a career in performing music.

?The people who make my heart hurt are those who say, ?I can't,'? he said. ?I wish I could help them say, ?I'll try.'?

Admission to this 60-minute event is free. Snacks and beverages will be available. Lifetree Café is at 6025 Old Church Rd. in Caledon East, in the café space in St James Church.

Lifetree Café is a place where people gather for conversation about life and faith in a casual coffeehouse-type setting. Questions about Lifetree may be directed to Bruce Neville at 416-579-9977 or Desiree Neville at 416-579-6748.