

Come ?Make The Connection? with baby

The parent-child relationship is at the heart of healthy child development.

This important connection affects secure attachment, brain and language development, social and emotional well-being, and general success in school.

This fall, Caledon Parent-Child Centre (CPCC) will present Make The Connection: Birth to One, a parenting program designed to help strengthen the parent-infant relationship.

Make the Connection is a multi-session education series for parents with infants from birth to 12 months of age. Through interactive group participation, parents will learn the skills necessary to establish loving relationships, foster two-way communication and nurture the curiosity behind a baby's drive to explore and learn. Parent educators will guide parents using hands-on practice with reflection, videotaping, and group discussion to help parents connect and communicate with their baby.

The sessions will take place Thursday afternoons from 1:30 to 3 p.m. beginning Sept. 25 at The Caledon Parent-Child Centre in the Albion-Bolton Community Centre. Babies accompany parents. Child care is not available. Advance registration is required on a first come, first served basis at a cost of \$12 per registrant.

For more information, call CPCC at 905-857-0090 or visit www.cp-cc.org