Clocks go back this weekend

Sleepyheads out there have something to look forward to this coming weekend.

There's an extra hour of sleep coming this way.

Daylight time will be replaced with eastern standard time, so make sure to set all clocks and other timing devices back one hour before retiring Saturday night.

And while you're at it, the smoke detectors in the home require attention, and this is a good time to take care of that.

Caledon Fire and Emergency Services is recommending residents install new batteries in their smoke and carbon monoxide alarms when they change their clocks.

?In order for smoke and carbon monoxide alarms to do their job, they need to have working batteries,? explained Deputy Fire Chief Mark Wallace. ?Once a year, old batteries should be replaced with new batteries. When you change your clocks on November 6, Caledon Fire and Emergency Services wants everyone to take the time to install new batteries in all alarms.?

In order to survive a fire, people need to be provided with an early warning and know what to do when the smoke alarms sound. It's the law to have working smoke alarms on every storey of the home and outside all sleeping areas. For added protection, it is recommended to also install smoke alarms inside all bedrooms.

Carbon monoxide alarms must be installed outside all sleeping areas of a home has a fuel-burning appliance, fireplace or attached garage.

Tampering with or removing the batteries from a smoke and carbon monoxide alarms is against the law. Failure to comply with the Fire Code can result in a ticket for \$360 or a fine of up to \$50,000.