

## Church breakfast first Sunday of month

The first Sunday of every month, St. James' Anglican Church in Caledon East presents a Sabbath Rest Sunday.

This consists of a full, hearty breakfast at 10 a.m., featuring eggs, ham/bacon, home fries, toast, fruit, coffee/tea, etc. The Sabbath Rest Service takes place at 11 a.m. in a relaxed, serene atmosphere with beautiful music performed by talented musicians from the Caledon area. People leave feeling refreshed and rested to face the week ahead. They are encouraged to dress casually.

The next Sabbath Rest is Jan. 5 at 10 a.m. All are invited to come to share the breakfast and, if they wish, join the service to experience a different, relaxed way of fellowship and worship. All are welcome, including adults and children. There is lots of parking.

For information contact the church office at 905-584-9635 or email [church\\_office@stjamescaledoneast.ca](mailto:church_office@stjamescaledoneast.ca)