

## Central West LHIN working to keep seniors independent in their homes

The Central West Local Health Integration Network (LHIN) is investing \$332,629 to increase access to assisted living programs for seniors.

The funding will be allocated to Caledon Community Services (CCS) to provide services to frail seniors living in the community. Continuing to invest in seniors who live in our communities is a big priority for the Central West LHIN, LHIN Board Chair Maria Britto. Assisted Living is a cost-effective way to enable seniors to live independently, and helps keep them out of the hospital. This program falls directly in line with two of our strategic directions which are improving access to health-care services and ensuring better value for money.

Assisted Living enables frail seniors and people with special needs to live at home with a little support, such as personal care, homemaking, meal preparation, medication reminders, shopping and emergency response. Personal support workers visit clients and provide services, based on their needs.

Our partnership with the Central West LHIN continues to reap tremendous rewards for the Caledon community, observed CCS CEO Monty Laskin. Planning and delivering excellent community-based healthcare for seniors is in everyone's interests.

Our government makes it a priority to provide the care our seniors need to stay in their homes, said Brampton-Springdale MPP Linda Jeffrey. Increased access to these types of services allows our seniors the choice of living in their own homes as long as possible and supports their families and our communities.

The Central West LHIN plans, funds and integrates health care services in Caledon, Brampton, Dufferin County, Rexdale, Malton and Woodbridge.