

## CCS will help fight hunger Sept. 16

Young people will be at local grocery stores Sept. 16 collecting food donations.

Kelly Towsley, volunteer resource specialist with Caledon Community Services (CCS), reported the effort will be going on from 10 a.m. to 4 p.m. at Garden Foods, Giant Tiger, Walmart and Zehrs in Bolton, along with Foodland in Caledon East. It will be part of the observances of Hunger Awareness Week, which runs from Sept. 18 to 22.

"In a country as affluent as Canada, hunger is unacceptable," Towsley stated. "Yet, more than 850,000 Canadians will visit a food pantry for assistance this month alone. Of those, 36 per cent are children or youth. We are working to change the statistics on hunger with Hunger Awareness Week."

"Here in Caledon, the rise in need is represented by those turning to us for support, with more individuals in our community coming to the Exchange Food Pantry for assistance," she added. "In our last fiscal year there were 3,221 food pantry visits."

She also stated that by working together, people can make a difference for the individuals in Caledon who turn to the food bank for support each month.

"By learning about hunger, we can all change the way we think about hunger and activate the changes needed to reduce it," she added.

Visit [hungerawarenessweek.ca](http://hungerawarenessweek.ca) for more information or contact Kim D'Eri at [kderi@ccs4u.org](mailto:kderi@ccs4u.org) or 905-584-2300, ext. 202.