

## CBHA announces its First High Performance Camp in Caledon

The High Performance team of the Canadian Ball Hockey Association (CBHA) has announced that the Caledon Bulldogs Association of the Ontario Ball Hockey Federation (OBHF) will host the first of its official CBHA High Performance Camps for 2015.

Players from Ontario, and indeed, from all of Canada, who have a desire to learn what it takes to make Team Canada are all invited to participate from June 5 to 7 at Caledon East arena complex.

Junior ball hockey players between 14 and 17 years of age who are keen to start making in-roads toward earning a National Jersey and representing CBHA and Canada in Sheffield, United Kingdom at the ISBHF World Championships in 2016 can start that process at this camp.

CBHA High Performance Director, and five-time World Champion, George Gortsos will lead the camp, along with other World Champion-level coaches and staff. All coaches and staff are invested in teaching participants the skills that go toward making a better ball hockey player, and in guiding junior players toward their aspirations of one day wearing the National Jersey for Team Canada.

"These are the same camp structures that helped Canada to be world leaders in our sport," Gortsos observed. "I hope that many top young players enroll to learn what it takes to compete at the highest level of our sport, to challenge themselves and to learn."

"Further, I extended my appreciation to Dave Ecclestone of the Caledon Bulldogs Association, and the OBHF," he added. "We put out the call to all provinces about a week ago, asking for hosts for these camps. In volunteering themselves and their venue to host, it allows the CBHA to provide the opportunity of high performance coaching and training to junior ball hockey athletes from the local area, from the great Province of Ontario, and for young ball hockey hopefuls from across Canada."

The CBHA's High Performance Camps mirror Hockey Canada's highly successful Camp of Excellence. Participants will undergo fitness testing, a lecture on "What it takes" to be an elite-level player, practice sessions, dedicated coaching, post-camp feedback and play in exhibition games where new talent will be keenly watched for. Further, participants will walk away with a full Team Canada uniform and apparel kit from CBHA partner, LIKA Sports.

Stay tuned as the High Performance Camp initiative of the CBHA announces its host venues for July, August and beyond.

Opportunities to host a CBHA High Performance Camp are still available, but limited.

A link to register for the camp will be posted on the website of the Canadian Ball Hockey Association in the coming days. Visit [www.cbha.com](http://www.cbha.com), and subscribe to the Canadian Ball Hockey Associations social media feeds on Facebook and Twitter to receive updates.