

Caledon's Andrew Yorke on his way to Rio Games

Triathlete Andrew Yorke has made the team to compete for Canada in the upcoming Olympic Games in Rio. After being the Canadian National Champion in 2015, and top Canuck at the Pan Am Games and Commonwealth Games, the hard-working C3 athlete got the official call last week that he is headed to Games. Yorke, who made Canadian Junior, Canadian under 23 and Canadian Elite teams, will be going to his first Olympics in August. The men race Aug. 18 and the women's team Aug. 20.

"It's the achievement of a lifetime," the Caledon native declared. "I've worked for this day since I was 15 years old. It's been a long 13 years to get to this point, with a number of ups and downs, but I wouldn't change a thing. Wearing the Maple Leaf at the Olympics will be the proudest moment of my life and I know I couldn't have got there without the support from family and friends."

"Growing up in Caledon instilled a love of the outdoors," the Humberview Secondary School graduate added. "Playing soccer, basketball and riding my mountain bike gave me an opportunity to be outside everyday exploring the Town of Caledon. C3 introduced me to a group of motivated coaches and athletes who instilled a sense of high performance from a young age. I was able to train in the hills of Caledon with a number of talented athletes. They also exposed me to camps overseas and opportunities to get to races against the best athletes in the world."

"I'm extremely lucky to be associated with C3 and the many people who have believed in me," he added.

Joining Yorke on the Olympic Team will be Tyler Mislawchuck from Manitoba, Amelie Kretz from Quebec, Sarah Anne Brault from Quebec and Krsten Sweetland from British Columbia.

