

## Bolton native performing with Band of the Ceremonial Guard

With their scarlet tunics and bearskin headdress, the Ceremonial Guard of the Canadian Armed Forces, the Band of the Ceremonial Guard and its Pipes and Drums are the most recognizable military unit in Canada.

For more than 50 years, the Changing of the Guard has been a top Ottawa summer attraction, having thrilled thousands of visitors on Parliament Hill. They proudly provide sentries at the National War Memorial and Rideau Hall, the official residence of Gov. Gen. David Johnston.

This year, Bolton resident Corporal Dawn Rego has the opportunity to spend her summer as part of this tradition. She was also able to play in the Canada Day Ceremonies on Parliament Hill.

Rego is a military musician, playing the flute, who has fond memories of attending Humberview Secondary School in Bolton.

Having spent two years in the military she said, "It is incredible feeling to represent Canada through powerful and patriotic music."

"There is a tremendous amount of pride in wearing the uniform and playing the national anthem," she added.

Three weeks of intensive drill training, mastering precision movements while playing her instrument, maintaining a high standard of dress and deportment, and undergoing extensive physical fitness training are all part of the preparation process. Fitted and tailored in the scarlet tunic and bearskin hat she stands tall with other members of this prestigious band

