

Annual Caledon Pit Run goes this Saturday

Change up your regular jogging route with a route through the scenic trails of an active aggregate pit.

Whether you are a jogger, runner or walker, local construction partners Lafarge and Aecon invite the community to their fourth annual Caledon Pit Run this Saturday (Sept. 12).

The idea behind the annual run has continued to be the same year after year, to create a fun event that neighbours of the company can look forward to running together each year, and encourage families to stay active, while promoting and supporting a local charity.

The event will run from 9 a.m. to 1 p.m. The five-kilometre trail run and walk and the Kid's one-kilometre run allows participants of all ages and experience levels to enjoy the run.

Sign up today by registering online (www.caledonpitrun.ca) to run or walk the 5K or 1K routes, or just stop by to enjoy the open house featuring guided bus tours of the pit, a rock truck ride, plenty of kids activities (including the amazing Earth Rangers wild life demonstration) and a food truck. Other organizations in the community will be represented as well

This year, all of all proceeds collected will go directly to Caledon's Bethell Hospice Foundation (www.bethellhospice.org). In 2016, Bethell Hospice (originally Hospice Caledon) will celebrate its 25th year of providing community-based palliative care and compassionate support to families struggling with a life-changing illness. The Foundation must raise almost \$1,000,000 each year to cover operating costs and keep the doors of the Hospice open to serve the community.

The Caledon Main Pit is a property that spans over three concessions. It was originally owned by Conn Smythe, who began extracting gravel in the early 1950s. At that time, young Toronto Maple Leaf hockey players used to spend their summers working in the pit to earn extra income.

The products produced at the Caledon Main Pit include stone used for the production of asphalt for road paving, sand used to make concrete, granular products used in road base construction and sand fill. These products are used for road and building construction throughout the Greater Toronto Area.

The event will take place at 18000 Willoughby Rd. For more information on the 2015 Caledon Pit Run, visit www.caledonpitrun.ca