

Andrew Yorke places fourth in Commonwealth Games

It's been a long journey but Caledon's Andrew Yorke had the race of his life in his most important triathlon.

The 2014 Commonwealth Games had one of the most competitive races in history. The Caledon East resident placed fourth, behind the Olympic gold and bronze medalist.

"Things just really came together for me in Glasgow and I am so happy to have given Canada my best performance on the day it really mattered," Yorke said.

The race included a 1,500-metre swim, 40-kilometre bike ride and 10-kilometre run. Yorke was just 10 seconds back of the bronze medalist from South Africa.

He got started in the local C3 Kinetico Kids of Steel Triathlon more than a decade ago. Since then, he has raced at the World Junior Championships, the World Under 23 Championships and the Senior World Championships. This year, he has raced in Auckland, New Zealand; Yokohoma, Japan; Hamburg, Germany; and Clermont, Florida. Yorke will be racing later this summer in Stockholm, Sweden; Edmonton, Alberta; and Korea.

"Few people have worked harder or been more committed to world-class excellence," said Olympic coach Barrie Shepley.

Yorke wanted to thank Caledon Hills Bike Shop, Cervelo Bikes, Nineteen Wetsuits, Kinetico Water Systems, Benson Steel, Royal Containers and C3 for their great help on his journey.

The Town of Caledon will be officially recognizing Andrew Yorke in September (at a date to be confirmed). The Humberview Secondary School graduate and McMaster University running star, is hoping to race in next year's 2015 Pan American Games and ultimately the 2016 Rio Olympics.



Caledon's Andrew Yorke finished fourth in the triathlon in the Commonwealth Games in Glasgow. Submitted photo