

100 Women contribute to Girls Can Too

Girls Can Too is the latest charity chosen by 100 Women Who Care Caledon to receive their \$7,700 donation.

The Girls Can Too program provides young women with hands-on learning experiences in construction and ecology. The program is spearheaded and delivered by three female university students, and includes mentorship and training opportunities with females from a variety of professions.

An exciting program is lined up for summer 2018, in which girls will be working on several projects that will help contribute to the revitalization of Bolton Camp and improve the ecosystems that are vital to the health of the Great Lakes region, including tree planting, trail restoration, building habitat structures, restoring a ravine and building a trail kiosk.

All projects contain construction and ecology aspects that will enable participants to gain hands-on skills, learn about the natural environment and sustainability. Female mentors will provide practical instruction, positive leadership, host workshops and share first-hand experiences during 'lunch n' learn' sessions.

The 100 Women Who Care Caledon participants are delighted to help with the ongoing success of Girls Can Too as it continues to grow.

Past recipients of donations from the women are Caledon Meals on Wheels, Choices Youth Shelter, Family Transition Place and Bethell Hospice.

To find out more about 100 Women Who Care Caledon, see their impact on community, or to become a member, visit their website at www.100womenwhocarecaledon.com