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PHOTO: MARK PAVILONS

FIELD OF DREAMS: Taking part in the ribbon cutting for Humberview's new track and field were Trustee Balbir Sohi, Regional Councillor Jennifer Innis, Principal Sue Fried and Rob Beatty from the Town of Caledon. The brand new, state-of-the-art facility is one of a kind in Canada. The project included the installation of an artificial turf field, new walking/running track with a synthetic surface, LED lighting and fencing around the sports field. For the full story, see Page A11.

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Dufferin-Caledon candidates duke it out in pair of election forums across the riding

Written By MIKE BAKER

With the federal election now less than three weeks away, voters across Dufferin-Caledon had the opportunity to catch their candidates in action for the first time this past week.

All six candidates bidding to become the riding's next Member of Parliament were on hand at Orangeville District Secondary School (ODSS) on Tuesday evening (Oct. 1) to participate in an election forum organized by the Dufferin Board of Trade. It was the second such event held in the riding, with a

similar forum in Terra Cotta last Thursday (Sept. 26) having attracted all but one of the candidates seeking to become our next representative in Ottawa.

It would be fair to say that each of the six candidates made an impression on voters on Tuesday, with no clear and obvious winner on the night. All six took a stand on different issues over the course of the night, but perhaps the most important news to come out was the declaration that candidates had agreed to take the Better Ballot Pledge, something the Conservatives' Kyle Seeback addressed in his opening remarks.

"I'm proud of everyone up here, because we have all taken the Better Ballot Pledge," Mr. Seeback stated. "That means we're not going to engage in personal attacks, we're going to talk about our policies."

And that's exactly what they did. Mr. Seeback, Chad Ransom (People's Party), Russ Emo (Christian Heritage Party), Stefan Wi-

esen (Green Party), Allison Brown (NDP Party) and Michele Fisher (Liberal Party) each took turns explaining not only their party's stance and position on important issues, but their own personal beliefs, too.

Mr. Seeback kicked things off by discussing affordability in his opening speech, later touching on the importance of securing high-speed internet service for rural residents in the riding and, finally, committing to drive democratic reform should he be elected on Oct. 21.

"Everyone is working harder and harder now, yet finding at the end of the month they're not getting any further ahead. It's a big issue here in Dufferin-Caledon, it's a big issue in this country," Mr. Seeback stated.

Continued on Page A4

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Domestic abuse survivor wants to break cycle of violence against women

Written By MIKE BAKER

Editor's note: The following story contains content some readers will see as sensitive and disturbing.

When Lani Elliott met the man of her dreams, she felt like the luckiest woman on the planet. However, what she was sure was a wonderful, fairy tale beginning would soon descend into a nightmare of epic proportions.

The keynote speaker at Family Transition Place's 2019 HOPE Project event, held at Hockley Valley Resort last Friday (Sept. 27), Ms. Elliott shared details of her extremely disturbing recollections of beatings and attacks carried out by her now ex-husband over several years in the 1990s.

Growing up in small-town Saskatchewan, Lani, a product of the foster care system, admitted she wasn't the stereotypical girl who dreamed about a big, beautiful wedding and raising her children in a quiet country home. Instead, she grew up determined to break gender barriers and with ambitions to make her mark on society. Her ultimate goal was to become an RCMP officer. Then she met a man. And everything changed.

"When I met my husband, he was a master

corporal in the Canadian Armed Forces. He presented himself as everything I could have hoped for in a partner. He was charming, he was good looking and he had all the qualities I was looking for in a partner," Lani remembered. "Our relationship was perfect."

Within six months of meeting, the pair were engaged. They married within a year. Shortly after the wedding, Lani discovered she was pregnant with her first son. Her ambitions of becoming a police officer were put on hold as Lani instead focused on, first, bringing her son into the world, and, then, raising him.

After spending years in the foster care system, Lani said she had become a "people pleaser", in the sense that she would do whatever she thought was necessary to be accepted and loved by the people she cared about. In the case of her husband, that 'whatever' presented itself in the form of becoming a "traditional wife".

"All of a sudden, my career didn't matter. My husband convinced me that I didn't really need my career. The things that were supposed to matter to me, were no longer important to us. The things that were important to him became the central focus of our relationship," Lani said. "That didn't make sense to me, but he had me convinced



PHOTO: MIKE BAKER

TOUGH TO HEAR: Domestic abuse survivor Lani Elliott shared her story with more than 200 local residents at FTP's 2019 HOPE Project event.

we had this traditional relationship, and I wanted to be a traditional wife and please my husband, so I went along with it."

Soon, her husband was dictating how Lani was supposed to look. She wasn't allowed to cut her hair, and she wasn't allowed to wear makeup. Her husband would start picking out all of Lani's clothes, and would tell her what she was and wasn't allowed to eat. He would tell her exactly where, and for how long, she was allowed to run for while out exercising.

"Eventually, he controlled pretty much every aspect of my existence," Lani recalled.

Lani was six months pregnant when her husband, who can't be named for legal reasons, struck her for the first time.

"We were in the upstairs bedroom at his parent's house. It was Easter weekend and we were watching TV. I remember turning the channel, that's all I did. The next thing I knew, he was taking the remote out of my hands and he then struck me with it. Within a second, I was lying on the floor while he was on top of me, beating me with the remote control," Lani stated. "I was so stunned that I didn't even do anything. I didn't fight back. I just let him hit me."

When he was finished, Lani's husband calmly went back to watching TV. She left the room, knowing in her heart what she had to do.

"I thought to myself 'I need to leave'. I went to ask his mom to help me leave. I knew they could hear me screaming. It was Easter weekend, everyone was home, they could all hear me. When I found his mom, all she did was put her finger to her lips and shook her head. In that moment, I had never felt so alone," Lani said. "So, I didn't say anything and I just kept quiet."

Lani convinced herself that things were going to get better. She created this fantasy in her mind that, as soon as the baby arrived, her husband would see how amazing it is to be a father and change his ways. Only he didn't. Things didn't get better. In fact, they got much, much worse.

Her husband continued to beat her, with

increased regularity. The topper – with each beating, her husband became more and more violent. At times, Lani summoned the strength to leave, taking refuge at a women's shelter on four occasions within a period of a couple of years. It never lasted, though. She would always return to her husband, because she had this vision in her mind of how perfect things could be, if only he stopped with the beatings.

"The last time I stayed in the shelter was after my second son was born. I remember when I was in that shelter, a woman looked at me, and she had a cast on her leg that went from her toes all the way up to her hip. We were all in a circle, sharing our stories and she looked me right in the eyes and said 'someday, he's going to kill you'. I remember telling her 'no he won't, because he loves me. He would never take it that far', and in that moment I absolutely believed myself," Lani said.

She decided to go home three weeks after that conversation. A few months later, after her husband had beaten her again, Lani once more left to stay at the shelter. This time something that most would see as completely trivial and normal, would bring about grave consequences upon her return home.

Because her usual shelter in Regina was completely full, Lani and her two sons were bused to Saskatoon and put up in a hotel. She was given food vouchers to pay for groceries to feed herself and her children.

"We were living on my husband's First Nation reserve at the time. What I didn't know is when you use a food voucher in the city, it's considered social assistance. So, the Province took that food voucher and, because I lived on a reserve, asked for reimbursement through the reserve," Lani said. "They faxed that voucher through and someone at the band office took that voucher and gave it to my husband. Because he was working for the band office, they wanted him to pay it back."

She added, "In his mind, I had lied to him, because I didn't tell him where I was, or what I was doing, and that was something that was absolutely forbidden."

When Lani returned to Regina, she scheduled a visit between her husband and her two sons. She remembered, at that time, she had no intentions of going home. Her husband took their children out for ice cream, but, when it was time for them to go back, he brought only one son.

"He told me if I didn't come home, I would never see my kid again, so of course I went home," Lani said.

Things were normal for a few days upon her return. Then, one morning, her husband woke up and decided he wanted to go grocery shopping in the city.

But, first, he needed to make a pit stop at the band office. He was only inside for a few moments, before retreating holding a piece of paper. It was the invoice for Lani's stay at the hotel in Saskatchewan, with the food voucher attached.

Continued on Page A13

Cheltenham Badlands nominated for Ontario tourism award

Written By KIRA WRONSKA DORWARD

This may come as a surprise to few who have seen the majestic beauty of Caledon's Cheltenham Badlands, but the unique geographical formation has been announced as a finalist for this year's 2019 Ontario Tourism Industry & Tourism Marketing and Travel Media Awards of Excellence.

The Cheltenham Badlands Visitor Infrastructure Project has been nominated under the Sustainable Tourism category, with the winners being announced on Oct. 30 at a gala taking place at Blue Mountain Village Inn & Conference Centre.

According to the Awards Committee, the submissions for this category are judged by an independent committee of industry representatives on criteria that includes whether:

- The organization influences visitors to be more sustainable during their visits and beyond their visit when they go home
- The organization offers educational programming and/or information to the community
- The organization engages visitors in sustainable best practices
- The organization promotes protection & conservation while attracting visitors? i.e. through sustainable waste management,

energy consumption, respect for wildlife, etc.

Though Caledon is nominated in just one category, Caledon and especially Cheltenham should be proud, as the Ontario Tourism Awards of Excellence "showcase Ontario's best tourism events, innovations, marketing campaigns, partnerships, and more." Other finalists in the Sustainable Tourism category include Oxford County, OWL Rafting, and the Cowbell Brewing Co.

In a statement from the Mayor's Office and Town Hall, Mayor Allan Thompson commented, "I am pleased to see the Cheltenham Badlands Visitor Infrastructure Project has been nominated for this award. Finding the

proper balance between welcoming both local and international

tourist and protecting our natural environment is important to our community. The Badlands project has helped ensure that this Caledon treasure is here for generations to visit and enjoy."

If you have not seen the Badlands, they are at their most beautiful and popular in "leaf season", where many tourists and locals alike enjoy the beautiful array of colours outside of the GTA. Aside from Cheltenham, other towns located nearby catering to the needs of voyeurs include Terra Cotta and Belfountain.

Comedian Johnny Wayne inducted into Caledon Walk of Fame

Johnny Wayne, one half of the beloved comedic duo Wayne and Shuster was today inducted into the Caledon Walk of Fame.

Friends, family, dignitaries and members of the public honoured Wayne at a ceremony which included tributes, fond remembrances and the unveiling of a commemorative stone. Wayne joins the ranks of other distinguished Caledon inductees such as painter Cory Trépanier, filmmaker Normal Jewison, writer Farley Mowat, builder Conn Smythe and the founders of the McMichael Canadian Collection in nearby Kleinburg, Robert and Signe McMichael.

"Growing up I remember Wayne and Shuster as one of those things that made up who we are as Canadians," said Mayor Allan Thompson. "It's an honour to recognize in a small way the talent and the commitment and the legacy of Johnny Wayne, someone who has brightened the lives of generations of Canadians."

"It's so special for me and my family to be honoured in this beautiful way," said Brian Wayne. "Having my father's name alongside such great names here in Caledon would bring a smile to his face. Caledon was near and dear to both my mother and father."

Johnny Wayne is best known as half of the Wayne and Shuster comedy team, entertaining decades of Canadians through radio and television. The duo achieved tremendous success throughout Canada and the US, becoming the most frequently recurring guests on the Ed Sullivan Show. Wayne and Shuster have been honoured at the Gemini Awards, received the Margaret Collier Award and have been inducted into Canada's Walk of Fame.

Johnny and his wife Beatrice loved living in the picturesque community of Caledon, working with Caledon Community Services, the Albion Bolton Agricultural Society and

many other community groups to help bring smiles, joy and laughter to their friends and neighbours.

The Caledon Walk of Fame was initiated in 1999 for the purpose of honouring past and present Caledon residents who have made a significant contribution to the quality of life locally, nationally and internationally.

The Caledon Walk of Fame is situated in the Trans Canada Trail Pavilion Park on the west side of Airport Road in Caledon East. A stone is placed in honour of each recipient during a formal Walk of Fame ceremony, held annually when there is a qualifying nominee.

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Continued from FRONT

Dufferin-Caledon candidates duke it out in pair of election forums across the riding

He added, "A recent study released (stated) half of Canadian families are within \$300 a month of not making ends meet. Their largest costs are taxes."

In keeping with his new party's mantra, PPC candidate Chad Ransom said it's "time for change" in the Canadian political arena. He believes the upstart right-wing group, launched by one-time Conservative leadership candidate Maxime Bernier last year, has a little something for everyone in their platform.

"If you're a classic Liberal, you're going to love our stance on free speech. If you're a classic NDP, you're going to love our stance against crony capitalism," Mr. Ransom noted. "If you're a Conservative, you're going to love the way we're going to save money, and if you're Green Party, you know we're going to find a solution that saves the environment, not just the climate."

He too touched on affordability in today's society, noting too many people are caught in the "vicious circle" of borrowing on a monthly basis just to be able to pay their bills. Mr. Ransom promised the PPC was here to "give the people back their power, give the people back their money and give the people back their choice".

Russ Emo of the Christian Heritage Party spent much of his time discussing the importance of establishing a strong family unit at home. Describing himself, and his party, as



THE RIGHT FIGHT: All six Dufferin-Caledon candidates seeking election on Oct. 21 have vowed to take the 'Better Ballot Pledge' to leave personal attacks out of their campaign. Pictured above from left, Allison Brown (NDP), Michele Fisher (Liberal), Chad Ransom (PPC), Kyle Seeback (Conservatives), Russ Emo (CHP), Stefan Wiesen (Green).

"pro-family, pro-life", Mr. Emo expressed his belief that government needs to put more trust in the general public when it comes to deciding where tax dollars should be spent.

"Strength of family is everything in this country. I grew up in a strong unit. We had tough times, but we were there for each other. I feel we're losing that each and every day," Mr. Emo stated. "Families now not only have both parents working (full-time), but they're often working part-time jobs" just to make ends meet. "This cycle needs to stop."

He added, "We need to put money back into

everyone's pockets. It shouldn't be the government's choice of where they spend the money, it should be yours. It's your money, you work hard for that money, why not put it back into your pocket and you decide where it's spent? That's our platform."

There was big support for Green Party representative Stefan Wiesen on the night. Having grown up in Germany, Mr. Wiesen informed the crowd he always envisioned a career in politics. He went on to explain his "very simple" platform, which centred on the three P's – people, planet and prosperity.

"Some say the planet has to come first, I object to that, people have to come first. We people have failed, by and large, to save our planet for the next generation. We have runaway temperature rising, climate crisis, this is something we the people have caused. We have to start with people first," Mr. Wiesen stated. "Our democracy is almost broken. We need to fix the bickering, the cycle of one government coming in and doing something, then another government coming in, doing another, and changing things back. We have to get consensus."

Allison Brown, of the NDP Party, is the only candidate running in Dufferin-Caledon who does not live in the local riding. A registered nurse for the past 30 years, Ms. Brown spent much of her time discussing health care and affordability issues across the country. She pressed home her belief that the foundation of a national pharmacare program would benefit all Canadians moving forward.

"I feel like a soldier, a soldier being called to serve and I'm taking this opportunity to serve where I'm being called. I'm running for people who have sacrificed in their life to help someone do better," said Ms. Brown. "As our population ages and with us all living longer, to be truthful, a national pharmacare program will be one of the policies of the 21st century that will affect every Canadian across our nation. You may be blessed with good health right now and not have to rely on medication, but if you ever do need medication, and you're already working two jobs to make ends meet, you could find yourself in a precarious position where you can't afford medication. It's tough. It's not an easy thing."

Following discussions with residents throughout the riding in recent weeks, Ms. Brown admitted she met many people on low, or fixed incomes who had difficulty finding \$4 to pay for the dispensing fee on medications they need to survive.

Speaking last, Michele Fisher suggested she stands the best chance of breaking the near 20-year Conservative hold on Dufferin-Caledon. Sharing her familial ties with politics – Ms. Fisher's mother was a politician – Michele also reflected on last week's global climate strike, which saw hundreds of local youth walk out of class to protest issues surrounding climate change.

With 338Canada officially declaring the Dufferin-Caledon riding as a "toss up" between the Conservatives and the Liberals this week, Ms. Fisher attempted to drive home exactly why a vote for her would be a "positive move" in the upcoming election.

"I plan to be a very strong advocate for Dufferin-Caledon. A champion for you, a champion for our families and a champion for our community. I'm proud to be running on the Liberal platform. I feel we've done a lot of really good things over the past four years. The fact that Canada, right now, is rated number one in the world for quality of life, there's a reason for that," Ms. Fisher stated.

"There's still more work to be done, quite a lot of work to be done, as there always is with every government, but I would love dearly to represent you and be that person moving things forward in Ottawa. I truly believe that together, we win."

Candidates faced six questions on the night. The first centred on each party's plans to resolve trade issues with other countries and how they would go about compensating farmers for lost market opportunities outside of their control. Directly referencing what he described as Canada's "difficult" relationship with China, Mr. Seeback expressed his belief that the federal government needs to be stronger when it comes to foreign affairs.

"Disputes with China have severely impacted farmers. I had a great meeting with the Dufferin Federation of Agriculture, and they talked about how they're losing access to markets in China. The main problem with that is the way our government has been handling the relationship with China," Mr. Seeback said.

Continued on Page A5

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MUNICIPAL CLASS ENVIRONMENTAL ASSESSMENT STUDY FOR COLERAINE DRIVE GRADE SEPARATION

The Study

The Region of Peel has initiated a Municipal Class Environmental Assessment (EA) to consider a range of options for long term traffic improvements and a grade separation of the CP Rail line on Coleraine Drive south of Old Ellwood Drive in the Town of Caledon. A grade separation is the realignment of either the roadway or the rail line with one running over or under the other to improve traffic flow.

The Process

The study is being conducted in compliance with Schedule C of the *Municipal Class Environmental Assessment* process (October 2000, as amended in 2007, 2011 and 2015), which is approved under the *Ontario Environmental Assessment Act*. Consultation with the public is a key to the study.

You are invited to attend the first Public Information Centre (PIC), which is being held to review the study including information on alternative planning solutions, existing conditions, evaluation criteria, and the preliminary preferred solution. The PIC will be an opportunity for the public to review project information and ask questions or discuss comments with the project team.

Date: October 8th, 2019
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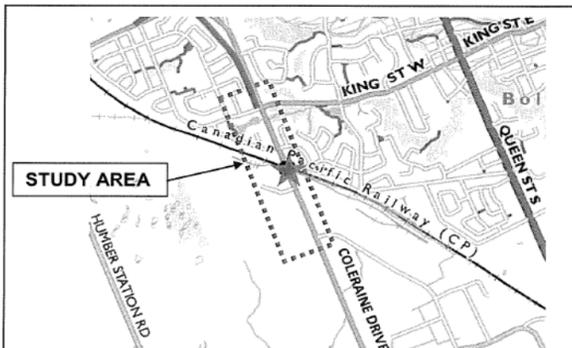
Contact

For information on the study progress and updates, visit:
www.peelregion.ca/pw/transportation/envirom-assess/index-cal.htm

If you have any comments regarding the study and cannot attend the PIC, please contact either project manager:

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Infrastructure Programming & Studies
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This Notice first issued on September 26, 2019.

The Region of Peel is committed to ensure that all Regional services, programs and facilities are inclusive and accessible for persons with disabilities. Please contact the Project Manager if you need any disability accommodation to participate in the study.

Information will be collected in accordance with the *Municipal Freedom of Information and Protection of Privacy Act*. With the exception of personal information, all comments will become part of the public record.

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Continued from Page A4

"It's time for us to stand up to China and say we're not going to be pushed around. We need access to markets. China is a country that respects strength. It doesn't respect people who continuously let them walk all of you. That's unfortunately what has happened for the past four years."

Mr. Seeback said the federal government should take "counter measures" against the Chinese government to better support Canadian farmers, going so far as to suggest that an annual commitment to the tune of \$250 million to the Asia Infrastructure Bank, largely controlled and run by the Chinese government, should stop immediately.

Candidates were asked how a basic income program could be supported across Canada. A three-year basic income pilot project, launched by the Wynne government in 2016 and made available to residents in Hamilton, Lindsay and Thunder Bay, was one of the initiatives cancelled by the Doug Ford Progressive Conservative government after it came into power in 2017. Allison Brown noted the NDP has a plan to make life more affordable for low-income families.

"We believe everyone deserves a living wage. The NDP will put in place a federal minimum wage of \$15 an hour. That would cover more than 900,000 workers. It would not only help hundreds of thousands of workers, but would also set the national standard for a fair living wage," Ms. Brown stated.

The lack of options for high speed internet for Dufferin-Caledon residents was discussed after candidates were asked what they would do to improve the service in the riding. It has now been more than four years since SWIFT (Southwestern Integrated Fibre Technology) announced plans to enable to expansion of high-speed broadband networks by lessening the financial burden on service providers that have determined it is too expensive to implement improved Internet infrastructure in rural areas. The organization has so far raised more than \$200 million from the provincial and federal governments and the private sector to move forward with its plans to develop that infrastructure, although plans for Dufferin-Caledon are still to be established.

Chad Ransom believes the solution to providing better high-speed internet service to rural residents is to promote competition in the ISP industry.

"When it comes down to it, both (the Conservative and Liberal) governments have had chances to find a solution on this issue and they haven't found one," Mr. Ransom stated. "I would like to deregulate the CRTC (Canadian Radio-television and Telecommunications Commission). I'd like to have an open market, and a free market."

He added, "It doesn't only come down to high speed internet. Canadians also pay the most for their cell phone bill in the world. The CRTC and government regulations have stopped Canadians from saving money. It's about time we went to a free market and allow competition to decide who is going to win."

In one of a few laughs on the night, Stefan Wiesen was afforded the opportunity to be the first candidate to answer a question regarding alternate energy sources available to Canada. He didn't pull any punches, condemning the current and previous governments for what he perceives as their failure to keep up with the rest of the world when it comes to utilizing renewable energy options.

"Canada is at the very bottom of the list of nations, not only industrialized, but also third world, when it comes to renewable energy. We have failed," Mr. Wiesen remarked, noting only 3.3 percent of Canada's power generation comes from renewable energy sources. "There is so much we can do on the renewable side, so many different sources not yet explored. We have bioreactors, fuels from renewable resources, but for us, the real power we're missing is infrastructure."

He added, "Our electrical grid does not go from east to west. Right now, Quebec produces more hydro than they can use, but it all goes down to the United States. I'm not suggesting we should cut supply contracts with the U.S., but I would like to build a grid (to transport hydro to western Canada). I can't say tomorrow that we will have clean energy, it will take time, but we have the ideas, we have the vision here to transition our economy away from fossil fuels to renewables. It's all highlighted under our Vision Green (plan)."

Homelessness is an issue across practically every community in Canada. Dufferin County and Caledon are no exception. Michele Fisher said a re-elected Liberal government would do its part to provide solutions for the country's most vulnerable residents.

"I hear the waiting list for social housing in

this community is 43 years long. One of the solutions for homelessness is providing more affordable housing, social housing and supportive housing for people with disabilities, mental health issues and addiction issues. The only thing we can do, is invest in it," Ms. Fisher stated. "The Liberals created Canada's first national housing strategy. We're building affordable housing across the country, but we need to do more. I would like to see us work more with the province and municipalities to get funding in place to create more affordable housing for homeless and low income people across the riding."

Something of a hot-button topic right now is the child-care crisis in most municipalities in southern Ontario. Candidates were asked what their party would do to address this issue. Taking turns to answer, Ms. Fisher noted the Liberals would provide an additional 250,000 spots for before- and after-school child care across the country, while reducing fees for those programs by 10 percent.

Mr. Seeback highlighted the Conservative Party's history in developing Canada's universal child-care benefit, which helped families offset some of the costs associated with childcare. He noted the Conservatives plan to implement

additional tax-free maternity benefits to lighten the load on young families across the country.

Stefan Wiesen noted the Green Party doesn't want to set up additional child-care centres across Canada, instead enabling parents to look after their children at home, something echoed by Christian Heritage Party's Russ Emo.

"The CHP believes, first and foremost, parents are the best and should be the primary caregivers of their children. We take our children from the beginning, they don't come with an owner's manual, and we teach them the basics of life. We believe that tax-funded child care is no substitute for that," Mr. Emo stated. "Children do best in their homes with their parents teaching them, watching over them and instilling their values into them."

In closing, Ms. Brown noted the NDP government would invest \$1 billion in 2020 and increase annual investments across all Canadian provinces and territories to ensure affordable and quality child-care options are available to all families.

"Nobody should be forced between having a family and having a career," she stated.

The federal election will take place on Oct. 21.

“Canada is at the very bottom of the list of nations, not only industrialized, but also third world, when it comes to renewable energy options

Stefan Wiesen
Green Party candidate

**NOTICE OF PUBLIC INFORMATION CENTRE
PROPOSED LANDSQUARED ON BEHALF OF ROGERS COMMUNICATIONS INC.
50M SHROUDED LATTICE TRI-POLE TELECOMMUNICATION TOWER**

PUBLIC INFORMATION CENTRE:
ANY PERSON may attend a Public Information Centre to be held on **November 4, 2019 from 6:00 pm to 8:00 pm** at the Caledon Centre For Recreation and Wellness (Training Room), 14111 Hwy 50, Bolton, ON.

SUBJECT:
Type: A 50m tall tri-pole telecommunications tower.

Location: 10054 Old Church Road, Caledon, ON. Facility: The facility will include a proposed fenced compound area with equipment cabinets.

Safety Code 6: All carriers placing their equipment on the tower must adhere to Health Canada's Safety Code 6 regarding radio-frequencies and maximum power input.

Site: The site will provide improved wireless voice and data services for the surrounding area.

APPLICANT CONTACT:
Further information may also be obtained through the following contact: LandSquared, Tracey Pilon-Abbs, 275 Macpherson Ave, Unit 103, Toronto, ON M4V 1A4, 226-340-1232, tracey@landsquared.com .

ISED CONTACT:
Innovation, Science and Economic Development Canada (ISED) is the governing body for installations of this type or telecommunication installation and can be contacted at: ISED, Toronto District Office, 151 Yonge Street, 4th Floor, Toronto, ON,

M5C 2W7, 1-855-465-6307, ic.spectrumtoronto-spectretoronto.ic@canada.ca

MUNICIPAL CONTACT:
Town of Caledon, Planning & Development, Cristina Di Benedetto, 6311 Old Church Road, Caledon, ON, L7C 1J6, 905-584-2272 x 4064, cristina.dibenedetto@caledon.ca.

WRITTEN SUBMISSION:
ANY PERSON may make a written submission to the individual listed as Applicant Contact by close of day **November 11, 2019** with respect to this matter. Please reference site **C6276 and SPA 19-42T** in correspondence.

KEY MAP (NOT TO SCALE):



NOTICE OF APPLICATION



**0,12300,12400,12490 and
12592 Coleraine Drive**

Proposed Zoning By-law Amendment

FILE NUMBER(S):
RZ 19-06

Related File Number(s):
SPA 19-44

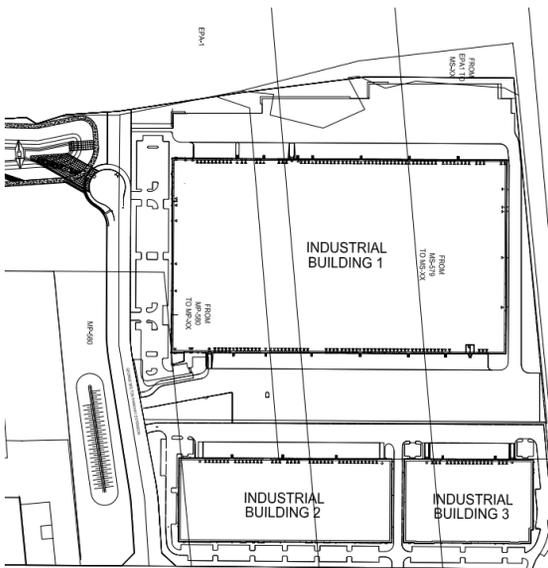
This is to inform you that the Town of Caledon has received a Zoning By-law Amendment application. Your input and insight will inform and shape plans that meet the needs of our community.

APPLICANT:
Zelinka Priamo Ltd. on behalf of BoltCol Holdings North Inc. and BoltCol Holdings South Inc.

LOCATION:
0, 12300, 12400, 12490 & 12592 Coleraine Drive

Part of Lots 2 & 3, Concession 5 (ALB)

West side of Coleraine Drive at George Bolton Parkway



*The illustration is a conceptual plan for information purposes and it is subject to change. The application is currently under review by the Town of Caledon.

PROPOSED CHANGES:

To amend the Zoning By-law 2006-50 for the subject lands to rezone a portion of the site from Environmental Policy Area-1 (EPA-1), Serviced Industrial Exception-579 (MS-579) and Prestige Industrial Exception-580 (MP-580) to site specific Serviced Industrial (MS-XX) and Prestige Industrial (MP-XX) Zones to permit the proposed warehouse development (Industrial Building 1) with reduced on-site vehicular parking. The applicant has submitted a site plan application concurrently to facilitate the development.

LEAD PLANNER:
Mary T. Nordstrom, Senior Development Planner
905.584.2272 x.4223
mary.nordstrom@caledon.ca

ADDITIONAL INFORMATION:
For more information about this matter, including information about preserving your appeal rights, additional information and material, please visit caledon.ca/notices or contact the Lead Planner at Town Hall from Monday to Friday, 8:30 a.m. to 4:30 p.m.

ACCESSIBILITY:
If you require an accessibility accommodation to access any materials related to this item in an alternate format please contact Legislative Services by phone at 905.584.2272 x.2366 or via email at accessibility@caledon.ca.

Notice Date: October 3, 2019



6311 Old Church Road
Caledon, ON L7C 1J6
www.caledon.ca
T. 905.584.2272 | 1.888.225.3366 | F. 905.584.4325

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BUSINESS *in Caledon*

Spirit Tree Estate Cidery celebrates 10th anniversary in Caledon

Written By MARK PAVILONS

A decade of dedication has created something very special in rural Caledon.

Spirit Tree Estate Cidery celebrated its milestone 10th anniversary last week.

This now iconic business has attracted visitors across the GTA and beyond, who visit the area to sample Spirit Tree's signature ciders, or pick apples in the orchard. Owner and proprietor, Thomas Wilson, believes Spirit Tree's success over the past 10 years is due to the fact they stayed true to the mission of creating the highest quality ciders, breads and foods, using traditional methods and local products.

Mayor Allan Thompson presented Wilson with a certificate and took part in some unique photos to mark the occasion.

Wilson said he knew the cidery had potential, but they didn't know at the beginning just how popular it would become.

"We hoped our idea would be successful and our goal was to make Spirit Tree unique and different. Ten years later, we're excited to still be around!"

Spirit Tree offers their top 5 ciders available year-round – Estate Reserve, traditional Draught, Dry Hopped, Perry and Ap-

ple Lager. This time of year they have their Pumpkin Cider and they just announced an Iced Cider, along with a 10th Anniversary Limited Reserve Cider.

They have apple picking for the public and currently they have honey crisp, gala, Cortland and Macintosh varieties available. They run guided tours every weekend during the summer and fall.

In the Bistro, they have a seasonal menu and they just launched their fall menu.

"We are proud to say that over 80% of the ingredients are locally sourced from other family-run businesses like ours," Wilson said.

Spirit Tree is a shining example of the potential of agri-food businesses.

Wilson said there is still "tons of potential in the industry."

"We need to continue to educate government at all levels about the demand and need for this type of industry. Speaking from personal experience, we need to reform planning and bylaws to make it easier for this type of business to open and become profitable."

Spirit Tree was recently featured on the Food Network's Big Food Bucket List with John Catucci and on Breakfast Television



SUBMITTED PHOTO

A MOMENTOUS MILESTONE: Mayor Allan Thompson and MPP Sylvia Jones helped Spirit Tree owner Thomas Wilson cut the ribbon to celebrate the cidery's 10th anniversary.

for the "Top Three Butter Tarts in the Region."

The cidery has won more than 15 provincial and national awards for their cider. The

46-acre orchard boasts more than 2,500 apple trees planted by hand.

For more, visit www.spiritreecidery.com.

When you buy from a **small business** you're not helping a C.E.O buy a 3rd holiday home, you are helping a little girl get **dance lessons**, a little boy get his **team jersey**, a mom or dad put **food on the table**, a family **pay a mortgage** or a student **pay for college**.

Thanks for shopping local! ❤️



Amazon fulfillment centre officially opens in Bolton

Written By MIKE BAKER

Following months of buzz and anticipation, Amazon finally opened its brand new fulfillment centre in Bolton on Sept. 22, with the company simultaneously announcing it plans to hire for more than 800 full-time seasonal jobs.

According to a press release distributed by Amazon, associates hired to work at the facility will pick, pack and ship customer orders such as books, children's toys and smaller electronics.

"We're excited to bring on more than 800 new associates from Bolton and surrounding

communities to support growing customer demand and launch of the new site," said Anshuman Kumar, general manager of the new facility.

The starting wage for the new positions is \$15.75 an hour, with a \$1,500 signing bonus paid out to all new hires. In addition, associates working at least 40 hours per week are eligible for overtime and holiday pay.

To celebrate the opening of the facility, the leadership team at Amazon welcomed more than 180 team members to a grand opening party last week.

The facility, located on Coleraine Drive, is one of six Amazon centres in Ontario,

with other locations in Ottawa, Brampton, Mississauga and Milton. The building itself spans more than 3.7 million cubic feet, with the floor size approximately the size of 80 hockey rinks. With its opening, this is now the largest operational Amazon facility in North America.

Speaking to media earlier this summer, Caledon Mayor Allan Thompson described Amazon's commitment to the Caledon community as a "win win" for all parties.

"Welcome Amazon," Mayor Thompson said. "This new centre is a win win for both of us and the Town is thrilled to have you here as part of our community."



LIVING IN NATURE

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 Innisfil | 1659 Webster Blvd.

Angus *Riverside Living*
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News

Subscribe: caledon.ca/enews



Economic Development Strategy

An Economic Development Strategy is being developed to guide the Town's activities over the next ten years.

Business owners and community members: We invite you to take part in the online survey: caledon.ca/survey.

In addition, a telephone survey of the business community will be conducted. We encourage you to participate should you receive a call.

MAYOR ALLAN THOMPSON INVITES YOU TO ATTEND:

Mayor's Business Luncheon

OCTOBER 25
11:30 a.m. - 1:30 p.m.
Royal Ambassador
Event Centre

15430 Innis Lake Road
Tickets (limited seating):
caledon.ca/businessesevents.

KEYNOTE
Building your Dream:
Building your Community
Bruce M. Firestone



Accessibility = Good Business

Nominations are now open for Caledon's Accessibility Award for Businesses.

The Accessibility Award for Businesses is presented once a year to an organization or business in Caledon that has shown a concerted effort to improve accessibility. Improved accessibility can mean either physical alterations or new programs or features that reduce barriers and permit greater access to service for those with disabilities. The Accessibility Award is presented at a meeting of Council in recognition of the International Day of Persons with Disabilities. The recipients are also recognized on the Town's website and through traditional and social media announcements.

Nominations close on October 31, 2019 at 4:30 p.m.

caledon.ca/accessibility

2020 School Green Fund



Calling all Caledon schools!

Are you interested in 'greening' your classroom or school in the 2019/2020 school year?

Apply now to the School Green Fund:
caledon.ca/greenfund
Deadline to apply is October, 18, 2019 at 5 p.m.

For any questions contact environment@caledon.ca

PUBLIC NOTICE



STUDY COMMENCEMENT AND PUBLIC INFORMATION CENTRE

Whispering Pines Infiltration Facilities Retrofit Municipal Class Environmental Assessment

PURPOSE OF STUDY

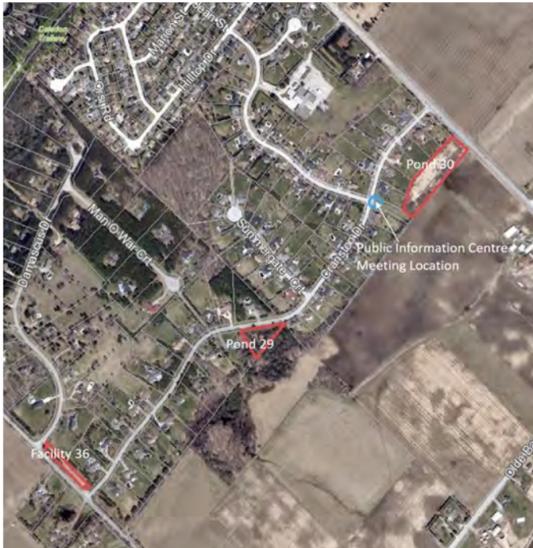
The Town of Caledon will begin an Environmental Assessment of three stormwater management facilities that service the Whispering Pines and Mannington subdivision in Caledon East.

These facilities control stormwater quantity and quality through storage, conveyance and infiltration. The purpose of this Environmental Assessment is to assess the performance of the facilities, to evaluate alternative solutions to retrofit the facilities, and recommended how to best achieve current stormwater management targets.

PROCESS

The Schedule 'A+' Class Environmental Assessment study will be undertaken in accordance with the Ontario Environmental Assessment Act and will cover all necessary phases of the EA Process. The Schedule 'A+' process is applied to municipal projects regarding normal maintenance and operational activities. This process includes public engagement. A Public Information Centre has been scheduled for:

DATE: October 15, 2019
TIME: 4:30 – 6:30 p.m., tour to begin at 5 p.m.
LOCATION: Meet at the corner of Jean Street and Cranston Drive



If weather does not permit an outdoor meeting, the Public Information Centre will be hosted at the Lion's Den at the Caledon Community Complex, 6215 Old Church Rd, Caledon East, ON L7C 1J7.

Your feedback is important to us. To provide comments, request additional information, or receive future correspondence related to the project, please contact a member of the project team below:

Cassie Schembri
Senior Project Manager, Stormwater
Town of Caledon
(905) 584-2271 ext. 4258
cassie.schembri@caledon.ca

Wolfgang Wolter
Senior Project Manager
Ecosystem Recovery Inc.
(519) 621-1500
wolfgang.wolter@ecosystemrecovery.ca

Under the Freedom of Information and Protection of Privacy Act and the Environmental Assessment Act, unless otherwise stated in the submission, any personal information such as name, address, telephone number and property location included in a submission will become part of the public record files for this matter and may be released, if requested, to any person.

NOTICE OF STUDY COMPLETION

Municipal Class Environmental Assessment for the Columbia Way Stormwater Management Facility Retrofit

THE STUDY:

The Town of Caledon has completed a Schedule 'B' Class Environmental Assessment Study for the retrofit of the Columbia Way Stormwater Management Facility.

The Study was undertaken to investigate feasible alternatives for the retrofit of the Columbia Way Stormwater Management Facility such that an "Enhanced" level of water quality protection is provided, in addition to restoring its water quantity control effectiveness. The preferred alternative is the construction of a stormwater management wetland in the valley to service both the east and west drainage areas.

THE PROCESS:

The Study was conducted in accordance with the planning and design process for Schedule 'B' projects as outlined in the Municipal Engineers Association "Municipal Class Environmental Assessment", (October 2000, as amended in 2015), as approved under the Ontario Environmental Assessment Act.

COMMENTS:

Public participation forms an integral part of the Schedule 'B' Class Environmental Assessment Study to ensure that the ongoing concerns of the public and affected groups within the study area are identified, documented and assessed. The final Project File Report for this Study will be available for review at the Town of Caledon offices, located at:



Figure: Study Location (outlined in red)

TOWN HALL

6311 Old Church Road
Caledon East, ON L7C 1J6

CALEDON CENTRE FOR RECREATION & WELLNESS

14111 Regional Road 50
Bolton, ON L7E 2V2

The Project File Report will be available for review for a period of 30 days, between September 24, - October 24, 2019.

Any feedback or comments regarding the Study Project File Report can be sent to:

Cassie Schembri,
Senior Project Manager, Stormwater
Town of Caledon
6311 Old Church Road
Caledon, ON L7C 1J6
905.584.2272 x.4258
cassie.schembri@caledon.ca

Janusz Czuj, PEng.,
Consultant Project Manager
GHD
455 Phillip Street
Waterloo, ON N2L 3X2
519.340.4269
janusz.czuj@ghd.com

If concerns cannot be resolved through discussions with the Town of Caledon, a person may request the Minister of the Environment, Conservation and Parks to issue an order for the project to comply with Part II of the Ontario Environmental Assessment Act. A Part II Order Request Form must be used and is available online on the Forms Repository website (<http://www.forms.ssb.gov.on.ca>) by searching "Part II Order" or "012-2206E" (form ID number).

The Request must sent to the below recipients no later than October 24, 2019.

The Honourable Jeff Yurek,
MECP
77 Wellesley Street West,
11th Floor, Ferguson Block
Toronto, ON M7A 2T5

Engineering Department,
Town of Caledon
6311 Old Church Road
Caledon, ON L7C 1J6

Director, Environmental Approvals
Branch,
MECP
135 St. Clair Avenue West,
1st Floor
Toronto, ON M4V 1P5

All personal information included in a submission - such as name, address, telephone number and property location - is collected, maintained and disclosed by the Ministry of the Environment, Conservation and Parks for the purpose of transparency and consultation. The information is collected under the authority of the Environmental Assessment Act or is collected and maintained for the purpose of creating a record that is available to the general public as described in s.37 of the Freedom of Information and Protection of Privacy Act (FIPPA). Personal information you submit will become part of a public record that is available to the general public unless you request that your personal information remain confidential. For more information, please contact the Ministry of the Environment and Climate Change's Freedom of Information and Privacy Coordinator at (416) 327-1434.



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Buying a home is out of reach for today's generation

by Mark Pavilons

"God did not say that you should be able to borrow one hundred per cent of the price of a house."

– Richard Thaler

It's no surprise that house prices in the GTA, and in fact across Ontario and most of Canada, are almost out of reach for average Canadians.

Putting more money back in the pockets of hard-working citizens has been the main theme of current political candidates as we head into a federal election.

While our esteemed politicians may not be living pay cheque to pay cheque, millions of Canadians are. Millions more may have the door slammed in their face as they try to save for and buy their first home.

Sad that it's come to this. Even though it was a bit of a struggle for my parents, a house was still affordable. And 30-year, 4% mortgages were common back then. The cost of living was reasonable, as were groceries and even the new cars.

An average new car today costs more than my parents paid for their two-storey home in Etobicoke in the 1960s.

That's our reality today. And this current dilemma is something we all contributed to, or least went along with for the past couple of decades.

Sometimes I find it surprising that Canadians didn't revolt, with or without pitchforks in hand.

A new online piece posted by Penelope Graham on Zoocasa.com is entitled "Where could a median-income household afford real estate in Canada?" It's not a pleasant read by any means.

Hitting in the reader in the face is this example:

In Greater Vancouver: where the benchmark home costs \$993,300, a median-income household earning \$72,662 would qualify for a mortgage of only \$241,994, leaving a shortfall of \$751,306 – a total of 76% of the total purchase price. That would take a household setting aside 20% of their income annually a total of 52 years to save the required funds.

That's not to pay off the mortgage, but simply to afford one! Can you imagine?

Buyers' ability to purchase a home varies widely from coast to coast. The gap is growing between east and west and the Prairies are seen as more affordable.

In 15 major urban centres studied across Canada, only eight are considered "affordable." The GTA isn't one of them.

And, in the remaining seven, a median-income earner wouldn't qualify for a mortgage large enough to fund their home purchase, and would need to supplement it with a hefty down payment. This, in some urban centres, would require a savings timeline that spans decades, assuming they set aside 20% of their total income each year.

In some of the figures provided, Zoocasa calculated the maximum mortgage they'd qualify for in each region, assuming a 3% interest rate, 25-year amortization, and that the equivalent of 1% of the total home purchase price would be put toward annual property taxes. An additional \$100 per month for heating costs was also factored into the calculation. Zoocasa's calculations reveal

Editorial

A real weapon vs climate change

CRITICS OF CARBON TAXES often argue that any such measures designed to limit man-made climate change will achieve little so long as countries like China and India are burning ever more coal and building even more coal-fired power plants.

The problem shared by China and India is a relative lack of alternatives. Their growing populations and economies require much more electricity than could ever come from wind and solar farms and neither country has much oil and natural gas.

And while one option might be nuclear energy, serious nuclear power plant accidents, including the Fukushima Daiichi disaster in Japan in 2011, the Chernobyl disaster in Ukraine in 1986, and the Three Mile Island accident near Harrisburg, Pennsylvania 40 years ago in 1979, have led to the virtual abandonment of an option that involves no greenhouse gas emissions.

But one thing seldom mentioned by those commenting on the disasters is that all the power plants were of a different design from those in Canada, where all the reactors in Ontario, Quebec and New Brunswick were of the unique CANDU design and the only serious mishap was caused by the failure of Ontario Hydro to inspect the reactors' aging pressure tubes.

There have been two major types of CANDU reactors, the original design of around 500 megawatts (MW) that was intended to be used in multi-reactor installations in large plants, and the larger CANDU 6 in the 600 MWe class that is designed to be used in single stand-alone units or in small multi-unit plants. CANDU 6 units were built in Quebec and New Brunswick, as well as Pakistan, Argentina, South Korea, Romania, and China, and a non-CANDU 6 design was sold to India. The multi-unit design was used only in Ontario's Bruce and Darlington plants, which have outputs ranging from 750 to 880 MW per unit.

By the early 2000s, sales prospects for the original CANDU designs were dwindling and Atomic Energy of Canada began work on an advanced design, with the first units to go into an expansion of the Darlington plant. But when

the need to enlarge Darlington disappeared, the project was cancelled in 2009 and two years later the Stephen Harper government opted to sell off the CANDU design to a wholly owned subsidiary of SNC-Lavalin along with the former reactor development and marketing division of AECL. The new owner has offered support services for existing sites and is completing formerly stalled installations in Romania and Argentina through a partnership with China National Nuclear Corporation. SNC Lavalin has apparently been exploring sales to Argentina, China and Britain but thus far without success.

In the circumstances, we think whichever party wins this month's election should look seriously at returning CANDU to AECL and launching a major marketing operation aimed at the Far East, pointing out that the Canadian design is the only one with a proven safety record buttressed by a unique ability to re-fuel the reactors while they are online and to completely retube a reactor when necessary, extending the life of the power plant indefinitely.

Perhaps the best idea would be to place the new sales effort in the hands of Bruce Power, Canada's first private nuclear generator, which is currently providing 30 per cent of Ontario's power from its management of the Bruce Nuclear Power Development near Kincardine. Its website boasts that the eight Bruce units "provide over 4,000 full-time, direct jobs to highly skilled employees, and thousands more indirectly. We inject billions of dollars into Ontario's economy annually, while producing safe energy that produces zero carbon emissions."

Bruce Power is a partnership among TransCanada Corp., OMERS Infrastructure Management Inc. (a trust established by the Ontario Municipal Employees Retirement System), The Power Workers' Union and The Society of Energy Professionals. Over 90 per cent of the employees also own a part of the company.

Just imagine what a dozen Darlington-size plants in each of China and India could do in terms of reducing world-wide carbon emissions.

housing affordability is most prevalent in the Prairies, accounting for five of the most affordable markets.

Alas, a median income wouldn't get far in the British Columbia or Ontario real estate markets. Fraser Valley and the Greater Toronto real estate markets round out the steepest three, requiring median-income households to come up with 70% and 63% of total purchase prices of \$823,300 and \$802,400, respectively – requiring prospective buyers to save for 42 and 32 years!

But a young couple with decent jobs could afford a home in Regina, where the average price hovers around \$267,900. Median income earners could get a \$264,000 mortgage and could likely find the \$13,000 down payment.

Other "affordable" areas include Saskatoon, Winnipeg and Halifax-Dartmouth and Edmonton.

When my wife and I got into the market in 1980s, we purchased an end-unit townhouse for roughly \$120,000 with a \$20,000 down-payment.

About 10 years later we got the itch for something bigger. Our "profit," along with a hefty donation from the sale of my mom's house, allowed us to purchase a \$495,000 home in Bolton in 2006.

Never in my life would I have thought I'd buy a house for half a million! I recall being shocked and almost scared to death at the prospect of taking on such a burden. But our monthly payments

were manageable, so we took the plunge.

Things were rolling along nicely, until I lost my job and my wife's day care went bankrupt. Talk about troubled waters!

A few refinances, mortgages and lines of credit later, and here we are. No further ahead, but we're juggling, managing and getting by. However, if either of us lost our jobs today, we'd be looking into the abyss.

Along the way, we worked through many realities. I never owned a new car. We never went on any Caribbean vacations. We didn't eat out a lot.

But when I look at these current numbers I shake my head in disbelief, and a certain amount of sadness. What can our young generation expect in the future? Will any of our children ever own a home?

This generation has lost more than mere purchasing power. It has lost an unincumbered, stress-free youth. It has lost a certain amount of freedom and assuredness.

It may have lost faith and, in some cases, hope.

And that's incredibly unfortunate.

I don't know what the future holds. But my wife and I may hold off on "downsizing" until our kids are secure. And that's why we've started, slowly, to finish the basement. Our youngins may staying at mi casa a lot longer!

PLEASE RECYCLE THIS NEWSPAPER!

Submit your **LETTERS TO THE EDITOR**

Caledon Citizen
www.caledoncitizen.com

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Caledon Citizen

Johnson's cunning plan

Britain's prime minister has only been in office for 10 weeks, and he is already in potentially terminal trouble. Never an ardent Brexiter: he even voted for the relatively sane version of Brexit that his predecessor Theresa May failed three times to get through Parliament. But he is consumed by ambition, and he saw in her fall an opportunity to seize the top job at last.

He won it in July, in an internal poll of Conservative Party members, by promising to 'deliver' Brexit quickly no matter what the cost. (The 60,000 Party members who chose him are far more extreme than most Conservative members of Parliament and certainly than the average Conservative voter.)

Unfortunately, Johnson can only deliver by crashing out of the European Union without a deal. The deal Theresa May negotiated would have caused Britain only moderate economic damage, but that deal was repeatedly killed by the votes of the ultra-nationalist 'head-bangers' on the far right of his own Conservative Party.

They'd kill it again, and Johnson's long-sought prime ministership with it, if he made

the kind of concessions needed for a negotiated deal. In practice, therefore, he had to deliver a kamikaze Brexit to stay in power at all – and then he had to hold an election immediately afterwards, to confirm his hold on power before the Brexit damage piled up and even dyed-in-the-wool Leavers turned against it.

So Johnson's Cunning Plan A went like this. Meet Parliament for a couple of days in early September when it comes back from recess, promise that you are negotiating hard with the EU and confident of getting a deal – only a "one in a million" chance of failure – and then close Parliament down for five weeks ('prorogue' it).

By the time Parliament comes back in mid-October and it is clear that there is no deal, it will be too late. The law says that the United Kingdom will leave the EU automatically on October 31 unless there is a deal. Parliament will then vote Johnson's government out, but he'll just call an election – for AFTER the 31st.

The election will roll around some time in November, and by then Johnson will be the

Leavers' hero for having delivered Brexit after 40 months of delay. He'll win, and be safely back in office for five years even if the economy then goes into slow-motion collapse. The plan would have worked perfectly if the opposition parties were hopelessly stupid.

Unhappily for him, they weren't. In early September, before Johnson could prorogue Parliament, the opposition parties passed a law obliging him to ask the EU for a three-month extension if there was still no deal on October 19. It passed, because 21 Conservative members of Parliament who saw 'no deal' as a disaster for Britain voted with the opposition.

Johnson promptly expelled them from the Party – and thereby lost his majority.

But the opposition parties did not vote him out, which would have let him call his election as Plan A required. They just left him hanging there, twisting in the wind.

Then all 11 judges of the Supreme Court chimed in to say that Johnson's decision to shut Parliament down for five weeks in the midst of a political crisis had been unlawful. Time for a different plan, and quickly.

GWYNNE DYER
OUR WORLD TODAY



So here's Cunning Plan B. There is an obscure law called the Civil Contingencies Act of 2004 that allows the government to override Parliament in the event of a national emergency. If Johnson could engineer such an emergency, he could ignore the "surrender bill" (as he calls it) that forces him to seek an extension rather than crash out on Halloween.

What kind of an emergency? Well, it would probably require blood in the streets, which Johnson can only obtain by inciting Leave supporters to acts of violence. That is why he now uses such extreme language, talking incessantly about betrayal and treachery.

As the Labour Party's Shadow Brexit Secretary, Keir Starmer, told 'The Observer' on Sunday, "Whipping up the idea of riots or even deaths if we do not leave the EU on 31 October is the height of irresponsibility. But it is also pretty obviously being orchestrated." And the death threats on social media to MPs who are trying to thwart Johnson have multiplied four-fold in the past week.

Season premiere of 'This is Caledon'

Like the TV show, This is Us, today's column is called "This is Caledon" because of all the drama. I mean drama in a good way though. The kind of Caledon drama I'm talking about includes our very own "Fifty Shades" – of tree colour! What did you think I was talking about? It's also about pumpkin patches bigger and better than anything you'll ever see in a Charlie Brown movie. Speaking of TV and movies, did you know that Caledon is often used as the backdrop for many a movie shoot and that The Food Network recently visited, featuring one of our very own local businesses on their show? Fall is magnificent in Caledon for reasons we previously spent one entire column discussing. Now, in this "episode," we continue to rave about all things Fall in Caledon. The only thing we won't be raving about – far too many drivers, both residents and visitors alike, who think our roads are a perfect excuse to recreate scenes from the Fast and Furious movies.

I'm hoping you had a chance to stop by and visit Sean Davis and family at Davis Feed and Farm Supply and/or the Gallo Family of Campbell's Cross this past sunflower season. Not only did their beautiful fields of gently waving "sunshine on a stalk" provide magnificent photo ops, each family chose to donate a por-

tion of admission fees to support charitable endeavors. We think that's something pretty special. If you missed out, there's still time to visit Campbell's Cross on weekends this fall and enjoy a Pumpkin Spiced Cannoli or Davis Farms for either their pumpkins now or Christmas trees in December.

Just a short (and not fast and furious) drive away, you'll find the quintessential epi-centre of the Caledon farming community, as iconic a location as Field of Dreams was to farming and baseball, Downey's Farm Market. The pumpkin patch here served as the backdrop for my own kids Fall photos every year from birth til they were old enough to say "Enough!" and no amount of bribery could make them pose with the pumpkins any longer. Downey's offers not just "the patch" but a giant corn maze too. Reminiscent of the Batman movies, look for the Bat Signal in the sky as your guide because this year's maze theme is Batman! There are also farm animals, a marketplace and for those "in the know" something else that's iconic: Downey's pumpkin donuts. Delish!

Looking for something a little more "grown up?" Stop by The Badlands Brewing Company on a Saturday afternoon. Unlike the movie Badlands, there's nothing bad about

Badlands Brewing. They describe themselves as "a small, scrappy crew" making beer on a farm. We suggest you take your "grown-up crew" for a visit 'cause the Badlands crew is making some pretty good brew. While you're in the area, you might as well also visit the actual Cheltenham Badlands, a natural wonder that's a bit like what you imagine life on Mars might look like. While it might be tempting to keep an eye out for Matt Damon or to assume The Martian was filmed here, instead we recommend you stick to hiking the trail and taking scenic pictures from the boardwalk. When you're done exploring the great outdoors it might be time to head toward Alton. The Alton Mills Art Centre has something for everyone – might I suggest you start your holiday shopping early? The historic Alton Mill is home to a variety of artisans, galleries, a museum and there's a café too. You can shop, browse, host an event there or walk the Outdoor Sculpture Garden. What better time to see art in the open than with the spectacular scenery of Shaws Creek and the Fall colours serving as the backdrop.

Finally – if a little bit of history is your thing and you've always been a fan of movies featuring airplanes – consider a stop at the Great War Flying Museum located at the Bramp-

ton Airport (Brampton Flying Club.) I've been watching the huge variety of planes fly over my place for years and the museum is a great place to visit. It's also fun to take the kiddos to just sit outside and watch the planes take off and land. If you get hungry, there's even a restaurant on site! No epic airplane disaster movies here – just lots of great folks, great information and great fun for everyone. Be sure to visit their website before you head out as times for visiting do tend to change after the summer season ends.

Dear residents of this wonderful place called Caledon, consider this article "Season Two" of This is Us. If you've got a suggestion for a place to include in a possible season three, I'd love to hear from you. In the meantime, like the song sung at the end of another TV classic, The Roy Rogers Show (before my time but I've heard the song!) "Happy Trails to You." Just remember, like the song reminds us, "It's how you ride the trail that counts" so leave your Fast and Furious feelings at home!

SHERALYN ROMAN
TALK CALEDON



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B. Hunter Driver Education Ltd. MTO-Approved Beginner Driver Education Course Provider Call 905-857-9122 to enroll More details at: www.hunterdrivered.com	September 7th, 8th, & September 28th, 29th 8:30 am - 2:30 pm October 26th, 27th & November 2nd & 3rd 8:30 am - 2:30 pm Classroom location: Albion Bolton Community Centre: 150 Queen St. S.
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London man travelling 60 km/h over speed limit charged with impaired driving

An officer from the Ontario Provincial Police (OPP) Caledon Detachment arrested and charged a driver with several offences while conducting speed enforcement on Sunday morning.

On Sunday, Sept. 29, 2019, at about 10:32 a.m., an officer observed a vehicle travelling at a high rate of speed southbound on Highway 10 North of Valleywood Boulevard in the Town of Caledon; a speed of 140 km/h in an 80 km/h zone was registered.

A traffic stop was conducted. The officer investigated the driver for alcohol consumption resulting in the driver being arrested

at the scene. The driver was transported to detachment where breath samples were obtained resulting in readings over the legal limit.

As the officer was investigating the matter by the roadside, several concerned motorists contacted the dispatcher advising that the same vehicle was observed driving in a dangerous manner prior to being pulled over by the OPP.

As a result, Taylor Grace Heron, 23, of London, was charged with:

- Operation while impaired - Blood Alcohol Concentration Equal to or Exceed-

ing 80 mgs;

- Dangerous Driving, and
- Race a motor vehicle - excessive speed.

The driver received a 90-day driver's license suspension and a 7-day vehicle impound.

The accused is expected to appear at the Ontario Court of Justice on October 10, 2019, to answer to the charges.

Stolen vehicle crashes into residence in Caledon

Officers from the Ontario Provincial Police (OPP) Caledon Detachment are investigating an act of mischief that occurred at a residence on Bramalea Road in Caledon.

During the late evening on Sept. 28, 2019 an unknown person(s) in a stolen dump truck backed into a residence on Bramalea Road south of King Street and fled. The residents of the house were not at home when this occurred but contacted police when they returned to find the damage.

Members of the OPP Forensic Identification Service are assisting with the investigation.

Anyone with information regarding this crime is asked to contact the Caledon OPP Detachment at (905) 584-2241 or toll free at 1-888-310-1122.

You can also provide information anonymously by contacting Peel Crime Stoppers at: 1-800-222-TIPS (8477) or online at www.peelcrimestoppers.ca. When you contact Crime Stoppers you stay anonymous, you never have to testify, and you could receive a cash reward of up to \$2,000 upon an arrest.

Both drivers involved in serious Highway 10 collision were suspended

On Monday, Sept. 30, at about 5:00 p.m., officers from the Ontario Provincial Police (OPP) Caledon Detachment received a call for a serious collision involving two vehicles in the area of Highway 10 North of Olde Base Line Road in the Town of Caledon.

Two-vehicles collided head-on resulting in three parties sustaining serious injuries, and one party left in life-threatening condition.

Initial investigation revealed that both drivers, a 40-year-old of Toronto, and a 38-year-old of Mississauga, were suspended at the time of the collision.

The investigation is ongoing. Caledon OPP is appealing to the public for additional witnesses of this collision. Anyone with information regarding this incident is asked to contact Caledon OPP detachment at (905) 584-2241 or toll-free at 1-888-310-1122.

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Highway 10 was closed for approximately five hours for police investigation.

Stolen vehicle crashed and abandoned along Highway 10

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OPP opens cyber operations centre

Ontario Provincial Police (OPP) Commissioner Thomas Carrique was joined by Solicitor General Sylvia Jones and senior OPP commanders in Orillia to celebrate the opening of its Cyber Operations Centre.

The Cybercrime Investigations Team is responsible for:

- Investigating cybercrimes within Ontario where technology is the target of the crime;
- Assisting in the investigation of conventional crimes that have an online component; and,
- Collecting, analyzing and sharing cybercrime intelligence data.

The Cybercrime Investigations Team also has an outreach component, which provides support and mentoring to front-line members to enhance their response to cybercrime calls for service at local OPP detachments. The outreach component also focuses on cyber awareness, community engagement, presentations and information sharing through participation in working groups and events led by community, industry and academic partners.

COMMUNITY events

This column is provided as a free public service to non-profit organizations to announce up-coming events. Please contact the Caledon Citizen editor@caledoncitizen.com, call (905) 857-6626 or 1-888-557-6626 if you wish to have an announcement published.

Caledon East United Church presents a concert by The York Regional Police Community Chorus at the Caledon East Community Complex, 6215 Old Church Road, Caledon East, on Sunday, October 6th, 3 pm to 5 pm. The best way to describe the York Regional Police Community Chorus is to tell you that members are non-professional singers, led by a professional and educated music leadership team, who dedicate their time as volunteers to bring the members of York Regional Police officers in general, closer to the community in which they serve. The chorus performs annually to entertain and raise funds throughout the Region of York, the Greater Toronto Area and beyond in the Province of Ontario. Since its inception in January 1991, the York Regional Police Community Chorus has contributed a message of goodwill throughout the world. Adults \$20 Children 12 and under \$5. For tickets contact Mary Ann Johnston 905-584-2534 or m.johnston@bellnet.ca or Betty Ward 519-941-5456 or bettward@sympatico.ca.

Bolton North Hill Park Community Tree Planting Saturday October 26th 2019, 10am – noon Please join us, rain or shine, to help Community volunteers, including Bolton Girl Guides & Boy Scouts, to plant potted native trees & shrubs in the Bolton North Hill Park (behind the Wellness Centre).

This is a family friendly event and youth of all ages are welcome. Come prepared with closed-toed waterproof footwear and we supply gloves, tools, treats & refreshments.

Park in the rear or side parking lots of the Caledon Centre for Recreation & Wellness (14111 Hwy 50 Bolton L7E 2V2).

Co-sponsored by Toronto & Region Conservation (TRCA), Town of Caledon & Bolton & District Horticultural Society (BDHS)

Treats & refreshments generously donated by Bolton's Tim Hortons.

For further information; contact Richard Hunt @ rich.hunt2018@rogers.com or 905-583-1487 – during the event call my cell @ 416-417-7676

Achill Choral Society presents "Glorious Sounds" christmas concerts

Our concerts include traditional Christmas favourites and feature Bob Chilcott's spectacular and upbeat Gloria, performed with a pianist, string ensemble, and soloists. We include an audience sing-along. Led by Artistic Director Shawn Grenke. November 30: 3:00 pm, Christ Church Anglican, 22 Nancy St., Bolton. December 1: 3:00 pm, Westminster United Church, 247 Broadway, Orangeville. Adults \$25; Youth (13-17) \$10; Children \$5. Ticket seller information and online tickets are available at Achill.ca or call Gail at 905 857-2737.

Seniors Drop-in Centre is open every Friday at St. James Church in Caledon East. Hosted by Caledon Seniors' Council and open from 10.00am to 3.00pm every Friday.

A friendly Social place to meet, chat, play euchre or bridge with other community members. Lunch is served at noon for a mere cost of \$5.00 Pot luck lunches, Birthday Celebrations Guest speakers and trips are also included. All seniors welcome. Call Alex for more info. At 905-584-0591.

An evening of euchre is held the first and third Friday of the month at Terra Cotta Community Hall. Play will start at 7 p.m. sharp. The cost is \$3 per person, and proceeds raised will go to the operation of the hall. For more information, contact John or Cheryl at 289-344-0033.

Caledon East Seniors Club #588 meets every Wednesday at 1:00 p.m. at the Caledon Community Complex, Caledon East. Everyone is welcome for an afternoon of friendly euchre and lunch. For more information, call (905) 951-9376.

TOPS (Take Off Pounds Sensibly) ON 1344 Bolton Real Life. Real People. Your first visit is free Want to improve your health by losing weight and keeping it off? We're a non-profit group that meets in the basement of Bolton United Church at 8 Nancy Street. Wed. Evening Hours: Weigh in 6:30-6:55 PM, followed by a meeting at 7:00 PM. We look forward to meeting you Annual fee \$46 and monthly dues of only \$15. For more information call Marion at 905-857-5191 or Lorraine at 905-857-1568.

Neighbourhood Tree Planting & Free BBQ Sunday, October 6, 2019 10am – 2pm Adam Wallace Memorial Park at Cedargrove Road in Bolton

Join us and your neighbours at this free, fun and family-friendly event

- Tree and shrub planting
- Free BBQ (served at noon until supplies last)
- Learn about current neighbourhood projects in West Bolton
- Kid's activity and music
- Raffle prizes

The event is a part of West Bolton Sustainable Neighbourhood Action Program, an ongoing project to transform West Bolton into a greener, healthier and more vibrant place.

Caledon Chamber Concerts presents the opening concert in our 2019-2020 season. The concert features the Serenade Ensemble in a program titled "Flute and Strings", with music by Mozart, Schubert and Ries. The concert will take place on Saturday, October 19, 2019 at 7:30 p.m. at St. James' Anglican Church, 6025 Old Church Road, Caledon East. Tickets are \$35 for adults and \$15 for students 16 years and under, and may be purchased at Forster's Book Garden, Howard the Butcher and BookLore. For information about this concert call Gordon Morton at 905-880-2445. For information about the rest of the season,

Caledon Concert Band presents Halloween Hoedown on Sunday, October 20 at Caledon East Community Complex. Starting at 2 p.m., the event will feature creepy and country classics. Kids attend for free, students and seniors can purchase tickets for \$15, with adult tickets costing \$20. For more information and to buy tickets, visit caledonconcertband.ca, or call 905-951-7979.

Caledon Public Library Caledon East Branch is hosting a Caledon East Block Party on Saturday, October 26th, 10 am – 2 pm. It is an opportunity for Caledon East residents to discover or re-discover their community library, meet neighbours and local organization and businesses. The event will include fun activities for the whole family – scarecrow building, pumpkin painting, video gaming; a demonstration of our Circuit Maker and the 3d printer; music; free BBQ and so much more.

adopt a pet

Yoshi

Yoshi is a handsome Akita mix available for adoption. He was originally found as a stray and transferred to us from another area. Yoshi is a big friendly guy who has some obedience training and is well behaved. He has reacted well to other dogs that he sees at our shelter. Yoshi was recently treated for a skin infection (unknown cause). His new family would need to monitor him closely for any scratching or skin issues. Feeding Yoshi a hypo-allergenic diet would help keep his skin healthy.

Yoshi is 7 years young neutered, vaccinated and micro-chipped.

If you would like to adopt Yoshi, please contact us to schedule an appointment. He would love to meet you!

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animal.services@caledon.ca

ADOPTION HOURS:
Monday, Wednesday, Friday: 11:00am – 4:00pm
Tuesday, Thursday: 11:00am – 6:00pm
Saturday: 11:00am – 2:00pm

ARTS & Entertainment



Theatre Orangeville season to open with Come Down from Up River

Written By CONSTANCE SCRAFIELD

Opening October 17 and running to November 3, Norm Foster's play, *Come Down from Up River*, poses many soul-searching questions amid the Foster laughs. How much of a mistake is it to carry a bad opinion of a person indefinitely or cling to misconceptions, including those based on stereotypes?

This is the thinking behind this much-anticipated play to kick off our season of entertainment at Theatre Orangeville. Having premiered at the Foster Festival in the summer of 2018, *Come Down from Up River* introduces us to a couple of ladies in love with each other, who live in Saint John, New Brunswick, a region of Canada near and dear to Mr. Foster's heart.

The ladies are Bonnie Doyle and Liv Arsenault. Performed by the delightful Joella Crichton, Liv is from Ottawa and they two met in Montreal at a hockey game. Having, in due course, established a romantic attachment, Liv, an artist coming from a "position of privilege," nevertheless opts to move to Saint John with Bonnie, who has a busy life as a lawyer there.

Naturally, Saint John is not as cosmopolitan as Ottawa and Montreal and, by inference in their conversation, there has been reaction not only to their relationship but also to the fact that Liv is a coloured person.

Into this, is news of a proposed visit from Bonnie's Uncle Shaver Bennett. Shaver was estranged to his sister, Bonnie's mother. So, Bonnie is not pleased at the idea of seeing him again. Shaver was born and raised in the forests of New Brunswick. He has lived all his life in the woods as a logger. "A logger - worked at the mill for 42 years."

Said Robin Schisler, playing the part of Bonnie, "We presume he'll bring all the ignorant, homophobic, racist ideas with him. He's visiting from up river."

The Citizen was sat in with the three actors of this piece and Director David Nairn taking the opportunity to discuss the ramifications this play presents of how to let drop old prejudices and be open to reconciliation.

For his part, Neil Foster (no relation to author of the play), in the role of Shaver Ben-

nett, suggested that perhaps the isolation of the uncle's life in the wilderness gave him surprising insights, more than might be expected.

This latter comment is really the play's comment.

"If you believe your prejudices, how much do you miss?"

"Coming to understanding; recognizing short-sightedness.."

From Ms. Schisler, "We've lived in a place where we all look the same. Bonnie is strongly protective of her wife."

"This is also a very funny play," commented Mr. Nairn.

He added too, "I know this play will generate conversation. We've never had that discussion on our stage before."

The reflections the play give rise to how they continued: "Whatever you're talking about - it's all about information."

"It's easy to stay in that ignorant place."

"We can have misconceptions about others when they're still the unknown."

They talked about racism coming even in the form of: "So, where are you from?"

"Toronto."

"Yes, but where before that?"

"Still, Toronto..."

Looking for "Jamaica" or the like, even after two or three generations in "Toronto."

Said Ms. Crichton, "My way of processing that, is by bringing an open, kind nature - show the world who you are as a person."

This is Ms. Crichton's first appearance at Theatre Orangeville. She comes to us, a graduate from York University's Acting Conservatory and Factory Theatre Mechanics. Ms. Crichton has theatre, television and film experience and she has been nominated as Best Supporting Actress by Broadway World Award and My Entertainment World.

Theatre Orangeville is welcoming Robin Schisler, after her appearance in last season's World Premier of *Off the Grid*, as Marty. Also on the main stage here, she played the title role in *Anne* and was in *A Christmas Story*, along with a large number of other theatre performances, including a Dora nomination.

Having won a Dora Mavor Moore Award



SUBMITTED PHOTO

NEW PLAY OPENING: Theatre Orangeville is set to present *Come Down from Up River*, opening Oct. 17 and running until Nov. 3 at the Orangeville Opera House.

for Best Performance in a Musical, Neil Foster has been doing plenty of theatre, film and television He even admits to having acted here too, in 1997.

Their recommendations for filling the theatre to see this funny, interesting play, are that you'll laugh and you'll cry - we can trust Norm Foster for that.

"This play challenges you to look at some things differently."

"It doesn't go where you think it's going to go."

Come Down from Up River opens October 17 and runs until November 3 at Theatre Orangeville. Tickets and subscriptions may be purchased at the Box Office at 87 Broadway and the Information Centre on Buena Vista Drive at Highway 10; by telephone at 519-942-3423; online www.theatreorangeville.ca

You might like to remember the Victorian Christmas Gala, set for Saturday, November 16, the best party ever, year after year. Tickets, by telephone and online.

Landmark CINEMAS

194 McEwan Dr. East, Bolton
905-857-2646

Showtimes for Friday October 4, 2019 to Thursday October 10, 2019

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IT: CHAPTER TWO (14A) (FREQUENT COARSE LANGUAGE, DISTURBING CONTENT, BRUTAL VIOLENCE, IMPLIED SEXUAL VIOLENCE, GORY SCENES) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING FRI, MON-THURS 6:35, 9:40; SAT-SUN 12:25, 3:35, 6:35, 9:45

DOWNTON ABBEY (PG) (MATURE THEME) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING FRI, MON-THURS 6:45, 9:45; SAT-SUN 10:00, 12:45, 3:45, 6:45, 9:40

RAMBO: LAST BLOOD (18A) (SUBSTANCE ABUSE, COARSE LANGUAGE, GORY SCENES, BRUTAL VIOLENCE) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING FRI-THURS 10:20

HUSTLERS (14A) (NUDITY, SEXUAL CONTENT, SUBSTANCE ABUSE, FREQUENT COARSE LANGUAGE) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING FRI, MON-THURS 7:05, 10:10; SAT-SUN 10:05, 12:50, 4:05, 7:10, 10:10

ABOMINABLE (G) (SOME SCARY SCENES, CARTOON VIOLENCE THROUGHOUT) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING SAT 1:50, 2:25, 4:15, 6:40, 9:20

GEMINI MAN (Not Rated) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING THURS 7:00, 10:00

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FILE PHOTO

OPEN AND OPERATIONAL: The brand new \$1.8 million track and field facility at Humberview Secondary School was officially unveiled to the public last week.

Innovative Humberview track unveiled

Written By MARK PAVILONS

A special ceremony marked the official welcome of the innovative, one-of-a-kind track at Humberview Secondary School in Bolton.

Special guests and dignitaries hit the field last Friday, reflecting the partnerships that were necessary to make this project a reality.

Students and athletes have been enjoying the field for several weeks and this will be a "staple" for board facilities moving forward.

Rob Beatty, Caledon's recreation specialist, said the Town is always looking to improve and upgrade its facilities. A unique partnership with the Peel board resulted in this premier facility, one that's typically found in the United States. He encourages everyone to enjoy this facility, adding some Friday Night Lights programs will arrive soon.

Regional Councillor Jennifer Innis called it a "monumental occasion," adding it's a great opportunity not just for students, but the entire community. The board was instru-

mental in taking this project forward and Innis also praised Town staff for their dedication to this project.

"What a big difference this is to your young athletes," she said, noting Caledon hopes to build on this momentum.

The project included the installation of an artificial turf field, new walking/running track with a synthetic surface, LED lighting and fencing around the sports field.

This \$1.8 project will be shared between the two, with Caledon pitching in \$900,000.

This field will allow Caledon to host many sports events, such as the Peel (ROPSA) and provincial (OFSAA) championships.

Humberview Secondary School will have priority access to the revitalized track and field during the school day for curricular and extra-curricular activities. The Town of Caledon will have the opportunity to rent out the field to community groups on evenings and weekends.

For facility bookings outside of school hours and use please contact the Town: 905-584-2272 ext. 7327.

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Continued from Page A2

Domestic abuse survivor wants to break cycle of violence against women

"He was absolutely livid. We started to drive again and then all of a sudden, I felt something hit me. I could feel a stinging sensation in the side of my head. (For a visual), we were driving in a cargo van, with our little boy sitting in a car seat lodged between our two bucket seats. I didn't react, I didn't say anything, because I was absolutely terrified," Lani said. "Then, he hit me again and he pulls over onto the side of the road. He straddles me and starts to beat me. By this time, I can't feel anything. I felt the first blow, then nothing."

Once he was finished, her husband started to drive again, only he wasn't travelling on the usual route they took to the city. Suddenly, he veered off onto a side road. At this point, Lani started to really worry. Eventually, he pulls over, turns to look at his wife and says only one word - "Run."

"I didn't even hesitate. I yanked that door open and started running as fast as my legs could carry me. Then I felt something hit me in the back of the head. I keep running. Then I felt it again. I kept running. The next blow was to the back of my legs - all of a sudden I see the road coming up at me and I'm tumbling. Tumbling into the ditch," Lani said. "As I rolled, I realized he wasn't punching me with his fist. He was hitting me with an aluminum baseball bat."

Lani doesn't remember much from then on, outside of visions of her husband repeatedly swinging the bat and bringing it down onto her body. She thought she was going to die. All of a sudden, a noise caught both her, and her husband's, attention. He stopped swinging. She came to enough to realize what the noise was.

"It was our son crying, all that distance away in the van. Somehow, the wind picked up the sound of that little boy's voice and carried it to us. I have no idea what I said to my husband, but I convinced him to let me get up so I could tend to our son, and he did," Lani said. "So I got up and walked back to the van and comforted our son."

It wasn't until later than Lani found that her husband had broken both of her legs, among other things, during that attack. Still, she made it back to that van of her own volition.

"I don't know how I did that," Lani admitted.

After getting back into the van, Lani's husband continued on to the city, wanting to go grocery shopping as if nothing had happened. By the time they arrived at the store, the adrenaline had worn off and Lani was in a great deal of pain. She couldn't walk. She convinced her husband to take their son and go shopping, while she waited in the van.

"As soon as he was out of sight, I flagged somebody down to help me. It was a postal worker, he called 911 for me and helped me. My hope started with that postal worker," Lani said.

She would spend the next three months living in various women's shelters in Saskatchewan. She credits the empathy, love and patience of the workers and counsellors working at those shelters with saving her life.

"I don't know whether I could have made it through that without them. The women who work at these shelters are amazing, amazing people," Lani said.

It took Lani 10 years to build up the courage to share her story with her family. It was another five years before she felt comfortable discussing it with the public. Now, she wants to use her story as a beacon, a shining light to show that domestic violence can happen to anybody, and that there is a road back to a normal life.

"One of the things I've discovered in sharing my story is it allows other people to do the same. Domestic violence does not discriminate. It can happen to everybody," Lani said. "I would not be here if not for the help of people in my community who came to my aid, but I needed to get out of my own damn way first to get help. I needed to stop carrying my husband's shame and his blame, and I needed to understand the cycle of violence needed to stop and it needed to stop with me."

She concluded, "Domestic violence can happen to anybody, but it doesn't have to. There is hope out there. My hope started when I was lying on that gravel road, when I sent that one last plea to the heavens to give me a reason to get up. Then I heard the sound of my little boy's voice in the wind. That was the moment I started to believe not only in myself again, but also in hope. In my community. I just needed to believe again."

More than 1,000 people accessed FTP's programs in Caledon and Dufferin County in 2018. And 73 women and 45 children sought refuge at the emergency shelter in Orangeville, with a further 11 women and 9 children placed in second-stage housing. The organization received 3,261 calls to its 24-hour support line and provided woman abuse counselling to 343 women.

"Every year we promote the HOPE Proj-

ect. It's about bringing speakers to the community to talk about their own journey from despair and fear into hope," said Norah Kennedy, Executive Director at FTP. "Unfortunately, Lani's story is not a story that is unfamiliar. It is one story out of hundreds, out of thousands that are very similar. It's not an easy story, but it is an important one."

She added, "In the words of Bruce Cockburn, you've got to kick at the darkness 'till it bleeds daylight. If that isn't about hope, I don't know what is. Despite everything, you just have to keep kicking at the fear and despair until the light shines through."

The HOPE Project is FTP's largest annual fundraiser. Final totals raised through this year's event are still being calculated. For more information about FTP and the services it provides, visit familytransitionplace.ca.

"I would not be here if not for the help of people in my community who came to my aid, but I needed to get out of my own damn way first to get help. I needed to understand the cycle of violence needed to stop and it needed to stop with me."

Lani Elliott
Domestic abuse survivor

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Real juicing is good for us all, and especially for seniors

Written By CONSTANCE SCRAFELD

There can be all sorts of problems with eating for seniors. The difficulty with declining appetite or increasing immobility is that the substitutes for real food can bring on other problems due to the chemicals or additives in those food alternatives.

On the other hand, even those people whose appetite is fine may have a little less interest in cooking, may be inclined to buy packaged meals, which are inevitably heavy in the fats, salts and sugars that are in all packaged foods and about which there is plenty of evidence as to their potential harmfulness.

So, one of the best alternatives is juicing. There are several juicing machines, which vary in price and style of use, some of which are easier to clean. All have in common the benefits they provide and books of instructions and recipes.

One thing is certain, only organic fruit and vegetables can go into a juicer. This is because of the intensity of the juice produced, which will include the pesticides non organic produce surely carries.

People worry that organic produce is expensive but, as a nation, we discard more than a quarter of the food we purchase. So, the trick with organics is to only buy what we can consume and waste little or nothing. The other caveat with juicing is that what is juiced must be consumed right away for its full potential.

Make your juice and then drink it to enjoy its robust flavour and goodness. This is also a very economical way to ingest most of what you need, basically, by way of fruit and vegetables.

There is no need to peel anything. On the contrary, the peel is generally the best part of the fruit. This includes the heavy peels of oranges. Cut them up and put them through. Orange peel has many very beneficial minerals and vitamins. In fact, just juicing the pulp of oranges provides much less benefit and too much sugar, which is why bottled orange juice is criticized for its high sugar content, even when no sugar is added.

Celery is great in juicing but strip the strings off the stalks for better results.

Even some seeds pass very well and also contain nutrients otherwise missed through

processed food. The seeds of apples should be left out if apples are favourites. They should be for their antioxidants and how they help reduce the risk of cancer, diabetes and heart disease. "An apple a day," as the old saying goes.

Bananas cannot be juiced – as they have no juice, as such, but they make a wonderful addition to the juice, if you put juice and banana into the blender. Or just eat them as a soft solid.

Avocados, likewise, cannot go in the juicer, as they also have no juice. They are still important to eat – and easy. Consume them a half at a time with a squeeze of lemon. Wrapping the other half with wax paper and twisting it to eat even the next day is fine. Just scrapping a thin layer from the surface to expose the fragrant green pulp beneath – it is as good as freshly cut.

Some vegetables, like cabbage, need to be softened and juiced with boiling water but any juicer will come with copious recipes and instructions. It is a good idea, if possible, to make getting acquainted with your juicer a team effort. However, once understood, the juicer will be your friend and a tremendous daily addition to your menu.

The way to conquer what might seem a lot of work is to do the juicing at the same time every day as much as is reasonable. To get into the routine and feel the benefits, rather surprisingly soon, is to feel easier about the work involved in cleaning the juicer itself. Some are easier than others and the best thing to do is to shop around.

For the purposes of this article, we are recommending juicing once a day as a boost to whatever else is part of a person's diet. Juicing replaces what is lost in anyone's daily intake. What it means is consuming more fruits and vegetables than one might readily be able to eat.

Truly, in this day and age of diminished nutrition in all our foods, juicing is the best and most delicious aid to taking in the nutrients we need. Juicing is good for us at any age. Because, in general, all juicing is raw and freshly consumed, what we are drinking is the best those fruits and vegetables can offer us.

Add to this no smoking, exercise on some level, even as simple as walking every day when possible, socializing – volunteering and a person can live better and even depend less on the medical system.

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CBD oil and arthritis

Health-conscious consumers have no doubt encountered advertisements for CBD oil at some point in recent memory. Supplement stores, pharmacies and even gyms may promote CBD oil, prompting consumers to wonder just what CBD is and how it may or may not play a role in the treatment of certain conditions, including arthritis.

According to the Arthritis Foundation, two kinds of the cannabis sativa plant, hemp and marijuana, produce cannabinoids, which Harvard Medical School notes is the second most prevalent of the active ingredients of cannabis. People unfamiliar with cannabidiol, or CBD, a type of cannabinoid, may assume it gets users high like marijuana. However, CBD doesn't get users high, as another cannabinoid, a psychoactive part of the marijuana plant known as THC, is responsible for that effect.

Advocates for CBD often note its potential to alleviate pain associated with arthritis. While animal studies have supported those claims, the Arthritis Foundation notes that such studies do not always translate to humans. In addition, the Arthritis Foundation notes that, thus far, human studies examining the potential efficacy of CBD in treating arthritis pain have produced mixed results, and the Harvard Medical School notes that more studies are necessary to determine the potential of CBD in treating pain, including that caused by arthritis.

CBD oil is legal in Canada and can be purchased through the Ontario Cannabis store, or through approved brick and mortar retailers.

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The Citizen CROSSWORD Solution on page B1

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CLUES ACROSS

- Bridge building degree
- Catches
- A heavy type of music
- Original "Twilight Zone" host
- Rodent species
- Finnish lake
- Street (abbr.)
- Home of the US Naval Academy
- It held a convention once
- Makes a loud, ringing sound
- Cave
- Lessening of something
- MJ's nickname "Jordan"
- One's way of doing things
- Wings
- Quotes as evidence for
- Acts glumly
- A man's title
- It comes first
- Edible mollusk
- Resembles a pouch
- He/she checks your health
- Nobel Prize-winning biochemist
- Stop momentarily
- Formerly (archaic)
- Commercial
- White vestment worn by clergy
- Island people of the Mediterranean
- Prices
- On a line at right angles to a ship's length
- Where boats are parked
- One who values reason
- It might be on your driveway
- Small Iranian village
- Used to emphasize
- Mathematical term (abbr.)
- Long necked birds
- Eyeglasses
- When you hope to get there
- Portuguese district
- An assembly of witches
- Having few teeth
- The act of going across
- Nepalese dynasty
- "Bye Bye Birdie" actress ___Margaret
- What the princess found beneath her mattress
- Pennsylvania transit organization
- Winnie the Pooh creator
- Riddle
- Grads wear one
- Body part
- The top of a pot
- A type of meal
- Lake __, one of the Great
- Capital of Jordan
- A type of logic
- Khoikhoi peoples
- A fixed time of prayer in Christian liturgies
- Arrives
- Lemur
- Small bodies of still water
- __ route
- Breaks apart
- A type of line
- Caption that translates
- Winged
- Criticize severely
- Leg bones
- Monetary unit
- 007's creator
- Accumulate
- Establish by law or with authority
- Breed of goat
- Millisecond
- Mock
- Make older
- Some don't want to be given any
- Wrath

No one has more self-confidence than the person who does a crossword puzzle with a pen.

SENIOR CITIZEN

Volunteering helps to grow caring, connected communities together

Written By CONSTANCE SCRAFELD

Tuesday (Oct. 1) marked the celebration of the International Day of Older Persons (IDOP), the day designated in 1990 by the United Nations General Assembly, acknowledging that the older adult generation was the most rapidly growing demographic.

The statistic is that there are 700 million adults over 60 years of age in the world, which number will increase to 1.4 billion by 2050.

So, this week on the IDOP, Oct. 1, seniors from all over Caledon were invited to attend a presentation and to talk about the two most important aspects that these statistics reveal, namely, "to draw attention to the needs and challenges of older adults and, even more importantly, to acknowledge the essential contribution the majority of older men and women can continue to make to the functioning of the society."

Tammy Elliott addressed those assembled. She had introduced herself as having lived in Caledon for 20 years and, as a moth and a grandmother, she said, "I'm very blessed... to be working part for Volunteer MBC, where we help place volunteers in meaningful roles in Caledon and the rest of Peel."

Staff from Mayor Allan Thompson's office told the Citizen, "The purpose of this day is a connecting of seniors in celebration of Older Person and their involvement in volunteering, within the community and as a Town initiative. This is to help them belong as an antidote to loneliness."

Loneliness has the same impact on mortality as smoking 15 cigarettes a day, making it even more dangerous than obesity. (Cigna chief Medical officer)

Loneliness is a growing health epidemic. We live in the most technologically connected age in the history of civilization, yet the rates of loneliness have doubled since the 1980's.

The IDOP event "was open to any seniors that wanted to attend -there were notices in the paper and it was advertised at the seniors centre as well. Volunteer MBC strives to connect to the people in the community, both those willing and able to volunteer and those in need."

Mayor Allan Thompson was there to say a few words. In part.

He said, "In our community of Caledon, [the figures tell us that] in 10 years, over 50 percent of the population will be 55 and older."

"This year's theme for IDOP internationally is Equality. I support this theme because, what the older person still has to offer to the sustainability of the developing world needs to be respected and honoured. And that needs to start in our communities."

"In Caledon, our older adults makes up the majority of our volunteers. They are actively engaged in many local initiatives - I would say they are the most invested demographic in Caledon."

His hope was that the attendees would find the events on offer over the course of the day inspiring, and give them an increased sense of belonging in Caledon.

Carine Strong, Executive Director at Vol-



PHOTO: CONSTANCE SCRAFELD

GIVE BACK TO YOUR COMMUNITY: Carine Strong, Executive Director at Volunteer MBC, gave a presentation to those in attendance at the International Day of Older Persons event in Caledon on the importance of volunteering.

unteer MBC was the lead on one such presentation.

"Why create Volunteer MBC? To grow caring, connected communities together," she said.

"A sense of belonging is the antidote to loneliness."

Carine pointed out that volunteering is associated with lower mortality rates and longer life expectancy; makes one happy; combats depression. She talked about the value of the connection among people, the value of being useful and making others happy; the intense rewards of feeling needed and enjoying

the friendships of others.

She made some surprising remarks, like telling us that nearly half of organizations in Ontario are run by volunteers. 13.3 million volunteers across Canada contribute two billion hours of their time. And she left them with the thought from Coretta Scott King, "The greatness of a community is most accurately measured by the compassionate action of its members."

For more information on how to become involved with volunteering, you can call 905-238-2622 or email info@volunteermbc.org

Simple, natural and healthy ways you can lower your blood pressure

High blood pressure is a big problem. According to the U.S. Centers for Disease Control and Prevention, roughly one in three adults in the United States has high blood pressure. In Canada in 2014, slightly less than 18 percent of Canadians ages 12 and older reported being diagnosed with high blood pressure.

While such figures might be frightening,

Johns Hopkins Medicine notes that there are some simple and natural ways for people to lower their high blood pressure.

- Opt for heart-healthy foods. Instead of foods that are high in sodium, eat a diet that is rich in whole grains, fruits, vegetables, and lean proteins. Check labels before buying prepared foods at the grocery store, as many such foods are high in sodium.

- Look for foods that contain probiotics. Johns Hopkins Medicine notes that studies have linked foods that contain probiotics to healthy blood pressure. Probiotics are consumable live bacteria, and while studies regarding the relationship between probiotics and blood pressure are ongoing, researchers believe probiotics may produce chemicals that, when absorbed in the blood stream,

may activate receptors in the blood vessels to lower blood pressure.

- Lose weight. People with high blood pressure who are carrying a few extra pounds should know that research indicates extra weight can cause injury to the heart. Dropping those pounds, especially through physical activity that can boost heart health, can help men and women lower their blood pressure.

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SPORTS

— SECTION B —

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Caledon's Webster, Atkins nab silver at Spartan World Championship

Written By JAKE COURTEPATTE

Caledon's fittest family has returned to the Obstacle Course Racing podium.

The husband and wife team of Lindsay Webster and Ryan Atkins each finished in second place in their respective race at last weekend's Spartan World Championship held in Lake Tahoe, California.

The top obstacle racers from over fifty countries converged on the 20-plus kilometer "Spartan Beast" course, forced to deal with 34 obstacles. Webster, who only picked up the sport of Obstacle Course Racing (OCR) four years ago, entered this year's competition as the reigning Spartan World Champion for two years running, winning by over four minutes over her closest opponent in 2018.

This year, the competitors were forced to battle with a heavy cold front coming in for race week, as they climbed to elevations of around 4,000 feet.

"We're pretty good about dealing with these adverse weather conditions just from doing this for ten years all over the globe," said Mike Morris, the VP of the Spartan circuit, in a press release before the race. "It's

a balancing act. We're balancing the safety of everybody, that's the most important thing."

This rendition of the race had Webster finish just over fourteen minutes behind fellow OCR powerhouse Nicole Mericle of the United States to claim the silver medal.

Webster said after the race that she was running "in survival mode."

"Words can't explain how cold the below-freezing temps were on top of that mountain, combined with water obstacles and bone-chilling wind."

Heading up the mountain face right behind the leading Mericle, Webster said she found herself in her "happy place", before a missed obstacle at the spear throwing portion changed the course of her mentality.

"This put Nicole nearly two minutes ahead of me, and after that I went in to a dark place," said Webster. "Frozen from doing burpees in the puddle that was the spear throw burpee pit, I was just focused on staying warm as opposed to actually racing and having any awareness or care of where my competition was."

"Regardless, I still felt lucky just to be out racing and I knew one thing for sure – I

didn't want to quit unless I absolutely had to. That kept me going through the swim, through the descent, and through a twisted ankle coming off the Monkey in the middle obstacle...Even though it wasn't the win, which was my goal for the season, I may have still been the happiest person crossing that finish line today just because I made it there."

Webster's partner on and off the course in husband Atkins also entered the men's competition with the highest odds, coming off of a world record-setting performance at last December's Spartan World Championship event held in Iceland.

Despite a race length of over two hours, Atkins and the gold medal winner Robert Killian of the United States were separated by a time of just over thirty seconds.

With the most monumental race of the year behind the pair, there is simply no time for rest in the life of a super athlete: they will look to take back the top of the podium in both of the other legs of the Sparta World Championship, happening in Sparta, Greece in November and the 24-hour Ultra World Championship in Sweden in December.

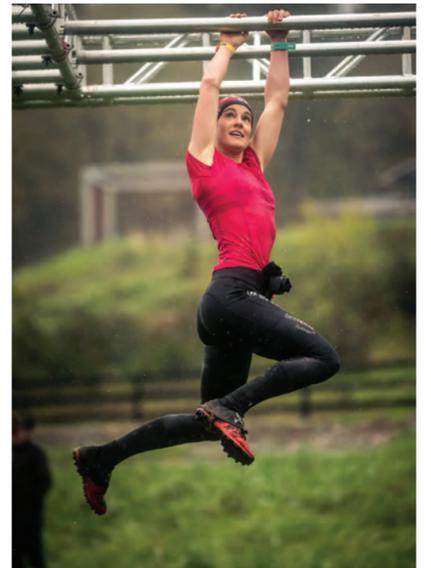


PHOTO COURTESY OF SHANNON FLYNNE/SPARTAN
HANGING TOUGH: Caledon natives Lindsay Webster (pictured) and Ryan Atkins each took home second place at the Spartan World Championship in Lake Tahoe last weekend.

Caledon Golden Hawks lose on the road before rebounding with home ice win

Written By JAKE COURTEPATTE

A rollercoaster of an early season schedule saw the Caledon Golden Hawks earn a split in points for the second weekend in a row, posting a loss to the Midland Flyers and a win over the Schomberg Cougars.

The junior C club made the trip to the Midland Sports Complex on Friday evening to face the Flyers for the first time this season, with both sides fresh off of their first wins.

Yet the Golden Hawks failed to replicate the five-goal effort that earned them the two points one game prior, instead finding themselves on the wrong side of a 3-0 shutout.

Veteran net minder Jason Cumbo put up a valiant effort between the pipes, locked in a goalie battle with Brendan Macham until the eight minute mark of the second period, when the goose egg was finally broken.

Macham's 32 save shutout outweighed what was otherwise a stellar performance for Cumbo, who stopped 27 shots coming his way, before Midland added an empty netter in the final minute of regulation.

Sunday's meeting with the Schomberg Cougars back at Caledon East Arena proved to be Caledon's best chance of the week to pick up a pair of points, with Schomberg falling in the standings after posting a trio of losses.

Hoping to right the ship in the first match of the year between the two rivals, a back-

and-forth affair had both sides tied at two goals apiece heading into the third period, with Caledon's coming off the sticks of Daniel Butt and Dante Zuccaro.

It was early in the third when the home team was able to take advantage of an opportunity with Schomberg's Brennan Eason in the box for interference, where Caledon's Marc Bottero put away the game's final goal for a score of 3-2.

Aidan Spooner was back between the pipes for the Golden Hawks, picking up his second win in as many games and moving to a two and one record on the season.

Despite a slow start to the schedule, the win keeps the Golden Hawks out of the basement of the Provincial Junior Hockey League's Carruthers division, two points up on the Huntsville Otters with a record of 2-4-0-0.

The four points are good for a tie with the Cougars, while the Stayner Siskins remain at the top of the leaderboard thanks to a perfect record through four games.

Caledon will be looking to make up ground on Friday evening when they visit the Otters on the road, before heading back to Caledon East Arena on Sunday to play host to the 3-2-0-0 Flyers.

For stats, schedules, and more information, visit www.jrcgoldenhawks.pointstreaksites.com.



PHOTO: JAKE COURTEPATTE
SPLIT WEEKEND: The Caledon Golden Hawks celebrate their 3-2 win over the Schomberg Cougars at Caledon East Arena on Sunday.

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Belfountain community vows to fight 'unwanted' development

Written By KIRA WRONSKA DORWARD

The belle town of Belfountain celebrated its 23rd Salamander Festival on Saturday September 28th at the Village Church.

More than just a celebration of community life in the hamlet of 200, the Festival is also a reminder of the hazards of industrial development, and an expression of the townspeople's wish to preserve their corner of the world as is.

Twenty-three years ago, the Salamander Festival started as a victory celebration over the incursion of a developer who failed to make stock of the town. The name Salamander Festival is a nod to the native Jefferson Salamander, whose population was (and is) threatened by habitat loss and roadkill fatalities. The proverbial "canary in the coal mine", the relative health and success of the salamander population is an indicator of the overall health of the surrounding environment. Obviously, development and urban land sprawl threatens the shallow pools of water and peace of the salamander's habitat.

Since then, the people of Belfountain have continued in their efforts to fight development. The same developer from twenty-three years ago is now lobbying to develop a new settlement in the environs of the town.

"This is a hamlet," says former Toronto Star reporter and local resident, David Kendall, "they want to put in 71 houses. It's going to be totally turned into some vast bedroom community...putting at risk the water [for the whole village], which is already in a pretty bad situation. They're also doing a gravel pit just a bit beyond Shaw's Creek [Road] that's going to be a fifty-year pit. They're going to be rumbling and digging for fifty years right at the edge of town... Finally, Cataract has just discovered that St. Mary's [Cement] is going to do a 400-acre pit. So, Ontario is "Open for Business" according to the provincial government."

The phrase "Ontario is Open for Business" was used more than once by the townsfolk opposing development. Judy Mabbe, President of the Belfountain Community Organization (BCO), goes into further detail about the impending battles with developers and the Ontario government facing the hamlet. She and the local residents represented by the BCO believe that a collective approach to developers is the only way forward.

"This community is facing challenges," says Mabbe. "We are classified as a 'minor



PHOTO: KIRA WRONSKA DORWARD

STICKING TO THEIR ROOTS: David Kendall, former Toronto Sun reporter, author, and Belfountain resident, holds a Jefferson Salamander.

urban centre'...but the issue is water...so if we have 71 homes [built] as proposed right now, when you take into consideration the amount of water [that will] be used by that development, there will be a direct correlation with [the lack] of water coming to Belfountain."

At a meeting last June, concerned local residents literally stood up for their rights in what became a standing-room only meeting about the future of Belfountain's water management. "The community came out in force," says Mabbe, unsolicited by the BCO. "I have to tell you, it was the proudest moment of my life. They let the Town Hall know how they felt. That was not prompted."

Much of the resident's concern surrounds the aforementioned Credit River, which, allegedly, would be used to send waste-water downstream to Erin. "We're concerned about the impact on the Brook Trout. The increase in water temperature will kill them, the changes to the environment will kill them."

This conversation is coming at an apt time, when global concern about climate change has reached an apex with marches

of thousands in demonstration in various major cities around the world.

"We have a strong environmental focus in our community," continues Mabbe. The motto of the BCO is to Protect and Preserve Heritage and the Environment for Belfountain and its Environs.

"We are a fairly small community tucked into the hills of the Town of Caledon, with the Credit River to the North and mountains that enclose us. So, we're a fairly tight-knit community. There are a few long-time families that live here, their children are still here. So when I think about community character, I think of Belfountain about how we have neighbours who know neighbours, we help each other in the community, when there are issues, we address them as a community. We have public meetings, we talk about the concerns. The residents are involved in the process, and the resolution too.

In that sense, the Salamander Festival represents both the small-knit nature of the hamlet, as well as the townspeople's overwhelming desire to preserve what they have.

Grecia Mayers, Chair of the Salaman-

der Festival, came to her position quite by accident after creating a "salamander song" that then took on a life of its own.

"It wasn't something that I planned to do. [The Festival] had been raised to such a level that I didn't want it to fall off, so I just took it upon myself to keep it at the same calibre. So here I am, 12 years later."

The Festival, though it is intended to showcase local vendors, is actually the biggest fundraiser of the year towards the Town's efforts to combat impending development.

"For many years," says Mayer, "things were very quiet in Belfountain...recently in the last say, six or seven years, there's been a threat of development in our area, in a very sensitive area...It's like we're being bombarded with all kinds, and gravel pits, and cement factories proposed, and errant waste water, but that's another proposal."

She added, "And resident's felt, and under the Community organization, that they should inform the residents about the proposal, so we've been on a fundraising kick to pay for legal advice and also scientific advice about the water issues around here, and the environmental issues about building on sensitive land. We've had to get geologists involved because there was a water issue thirty years ago that stopped the first development, but now [it's rearing] it's head again."

"The government has said 'the Greenbelt is open for business' and so on, so we're just trying to be aware of our surroundings. People chose to live in a hamlet, in a rural area, and we'd just like to keep it small, and green and rural. And that's our mandate too [of the Festival], 'small is beautiful'," Mayor continued.

On another topic, Mayer discusses the noise pollution issue in the small crosswalk of Main Street and Mississauga Road, often swollen with motorcycles and the road shoulders choked with parked cars on weekends.

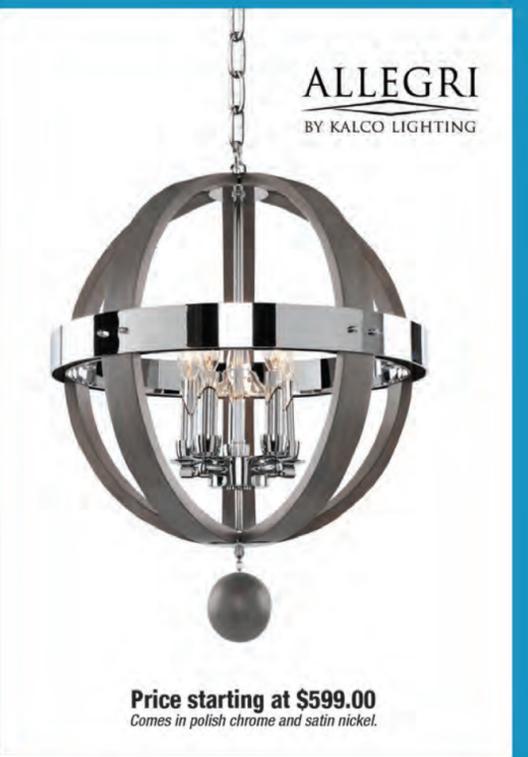
"The noise on the weekends here is just incredible. The people who live on the main street complain all the time. And the speeding, they speed along the mountain shoulder. There's just a lot of congestion with traffic."

As Judy Mabbe points out, Belfountain is now heading into "leaf season", which brings hordes of tourists from all over the GTA to Caledon to marvel at the countryside's colours and natural beauty.

Continued on Page B3







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Zero Waste workshop offers tips to eliminate household garbage

Written By BRIAN LOCKHART

That trip you take to the curb to deliver this week's load for garbage collectors means you are placing another bag of garbage into a landfill site.

Modern society provides a lot of material that is wasted every single day. From plastic water bottles to all that packaging that surrounds products you buy, much of it can't be recycled or reused.

But a Caledon woman is proving that with some effort and thought, you can reduce the amount of waste your household produces.

Nancy Lotecki-Neely founded Zero Waste Caledon in an effort to show people how changing your lifestyle can reduce your impact on the environment.

She hosted a workshop at the Orangeville Public Library to demonstrate many tips that will help you sustain an almost waste-free existence. You just have to work at it.

Ms. Lotecki-Neely doesn't just teach these methods - she does it every day.

She brought a small jar to the workshop that showed how much waste her house has produced this year through constantly reusing or carefully recycling products. The jar had about as much waste products as a lot of people normally have in their automobile glove compartment.

"I think a lot of people are interested in producing zero waste," Ms. Lotecki-Neely explained. "My goal for 2019 is to create this

one jar of garbage to reduce my plastic use and increase recycling. My goal was to see if it was possible. The second goal was to reduce my plastic use. I didn't want to end up moving things from the garbage bin to the blue bin. I wanted to cut it all down. And thirdly, I want to see if I can inspire other people to do the same."

She was inspired after reading about the 'zero waste' movement and decided to try it and see if it was even possible.

Starting this type of project, Ms. Lotecki-Neely said, can begin by not bringing waste materials home in the first place. She uses reusable containers to create her own packaging at stores rather than use store packaging that will become waste later.

"Plastic is the bulk of the garbage that comes of out of people's homes and most of that plastic isn't recyclable. If it comes in a package that will end up in the garbage I won't buy it. For this whole year I just haven't been buying things that create garbage from packaging. It's not as hard as you think. You just have to set up a system.

"I had to figure out were to buy meat that doesn't come in a package. I had to figure out to buy fruit and vegetables that doesn't come in a package and I found all of those places."

The workshop offered all sorts of methods of reducing your household garbage, recycling, and composting.

Ms. Lotecki-Neely even shows visitors how to make your own environmentally friendly



PHOTO: BRIAN LOCKHART

ZERO FOOTPRINT: Nancy Lotecki-Neely, centre, found of Zero Waste Caledon, holds a small jar that contains all the waste her household produced this year. Ms. Lotecki-Neely has the art of reusing and recycling materials down to a science.

dishwasher detergent tablets for only eight cents each. visiting the Facebook page at: www.facebook.com/zerowastecaledon.

You can learn more about zero waste by

Continued from Page B2

Belfountain community vows to fight 'unwanted' development

"We're facing a significant influx of visitors...and parking is at a premium. There are different rules [about parking] between the Town and the Region and it becomes very confusing.

"We have people who have lived in different communities, big communities, whatever, but when they look at the attributes of Belfountain, they decided to live here. Belfountain is a peaceful community. We have a night sky every night, where you can see the stars. It's a collaborative community, it's rural, it has that feeling from the people that live here. You have the people that love getting together and socializing, and you have others who like their privacy, who just enjoy that rural environment, and they're very protective of it. We have a lot of bio-diversity, there are a lot of sensitive species that live around us, there are a lot of endangered or at-risk species in this area, because we are part of the Niagara Escarpment, and we are part of the UNESCO biosphere.

"So what we really would like to see is that appreciation of the environment. We have a lot of people who come up here to hike and learn about the variety of species in the Conservation Area. I think that's an important piece of learning, and we need to continue that practice, so that people can appreciate what they're seeing, what they're taking in, and as residents...we're trying to look at sustainable tourism in this area. Because on a busy day, we can have 3,000 people come through, when the Conservation Area can only handle 89...so when leaves start changing colour, that's when you'll find traffic lined up from Highway 10 on Forks of the Credit into Belfountain, and there will be electronic signs on Highway 10 saying '30 mins to get to Belfountain' or whatever, just because the volume is so high."

However, not everyone in the community

is in complete agreement on all these issues.

"The local businesses thrive from weekend traffic, and we are appreciative of how many people love our hamlet, and that we get to share our slice of heaven with so many communities" says Lisa Young, owner of The Common Good (the Belfountain General Store, which opened two years ago).

She was, however, disappointed when she was not asked by the BCO to join in the festivities.

"These large town-funded events should benefit all the businesses we have, not just one or two. Festivals like this are nice opportunities for the community to develop more cohesion and inclusivity amongst each other," Young said.

Although it was not officially a part of this year's festival, The Common Good is open for business and ready for leaf season tourists with a warm, cozy atmosphere, squash and chicken soups, handpies, and beautiful artisanal items. A perfect stop on a crisp autumn day, as the unfortunately wet Salamander Festival was.

At the end of the day, however, the Salamander Festival is about celebrating all aspects of the Belfountain community, both human and wildlife. This is a literal life and death struggle to preserve a way of life for those who have no voice, and a deliberate life choice for those who have made the hamlet their home and want to preserve that authenticity. "The Festival is a community event that gets people out before the winter comes, the residents come out and support everything here," Mayer, the Chair of the Festival, sums up.

"We're only going to be better together, and better stewards of our beautiful hamlet when everyone is invited to join in these kind of events. When we learn to work together, we'll see just how beautiful small can be," concludes Young.



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<p>\$\$\$ CONSOLIDATE YOUR DEBT NOW \$\$\$</p> <p>HOME OWNER LOANS FOR ANY PURPOSE!!</p> <p>Pay down other high interest debt!</p> <p>Bank turn downs, Tax or Mortgage arrears, Self-Employed, Bad Credit, Bankruptcy - We Can Help! Even in extreme situations of bad credit.</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="border-bottom: 1px solid black;">Borrow:</td> <td style="border-bottom: 1px solid black;">Pay Monthly:</td> </tr> <tr> <td>\$50,000</td> <td>\$268</td> </tr> <tr> <td>\$100,000</td> <td>\$537</td> </tr> </table> <p>LARGER AMOUNTS AVAILABLE</p> <p>!!Decrease monthly payments up to 75%!!</p> <p>Based on 5% APR. OAC</p> <p>FOR MORE INFORMATION OR TO APPLY NOW BY PHONE OR ONLINE:</p> <p>1-888-307-7799</p> <p>www.ontario-widefinancial.com</p> <p>ONTARIO-WIDE FINANCIAL 1801347inc FSCO Licence #12456</p> <p>!! WE ARE HERE TO HELP !!</p>	Borrow:	Pay Monthly:	\$50,000	\$268	\$100,000	\$537	<p style="text-align: center; font-weight: bold; font-size: large;">BETTER OPTION MORTGAGE</p> <p>LOWER YOUR MONTHLY PAYMENTS AND CONSOLIDATE YOUR DEBT NOW!!!</p> <p>1st, 2nd, 3rd MORTGAGES Debt Consolidation Refinancing, Renovations Tax Arrears, No CMHC Fees</p> <p style="text-align: center;">\$50K YOU PAY: \$208.33 / MONTH (OAC)</p> <p>No Income, Bad Credit Power of Sale Stopped!!!</p> <p>BETTER OPTION MORTGAGE</p> <p>FOR MORE INFORMATION CALL TODAY TOLL-FREE:</p> <p>1-800-282-1169</p> <p>www.mortgageontario.com</p> <p style="text-align: center; font-size: small;">(Licence # 10969)</p>	<p>GET UP TO \$50,000 from the Government of Canada. Do you or someone you know Have any of these Conditions? ADHD, Anxiety, Arthritis, Asthma, Cancer, COPD, Depression, Diabetes, Difficulty Walking, Fibromyalgia, Irritable Bowels, Overweight, Trouble Dressing...and Hundreds more. ALL Ages & Medical Conditions Qualify. CALL ONTARIO BENEFITS 1-(800)-211-3550 or Send a Text Message with Your Name and Mailing Address to (647)560-4274 for your FREE benefits package.</p> <p style="text-align: center; font-weight: bold; font-size: large;">STEEL BUILDINGS</p> <p>STEEL BUILDING CLEARANCE ... "SUPER SAVINGS SALE - FALLING PRICES!" 20X23 \$6,080. 25X27 \$6,640. 28X27 \$7,462. 32X35 \$10,336. 35X35 \$12,576. One End Wall Included. Pioneer Steel 1-855-212-7036 www.pioneersteel.ca</p> <p style="text-align: center; font-weight: bold; font-size: large;">WANTED</p> <p>CAR COLLECTOR SEARCHING ... I want your old car! Porsche 356/911/912, Jaguar E-Type or XKE. Tell me what you have, I love old classics especially German and British. Whether it's been in the barn for 25 years, or your pride and joy that is fully restored. I'll pay CASH. Call David 416-802-9999.</p>	<p style="font-size: 2em; font-weight: bold; letter-spacing: -1px;">DAVISON®</p> <p>ATTN: ONTARIO INVENTORS!!</p> <p>Need Inventing Help?</p> <p>Call Davison!!</p> <p>Ideas Wanted!</p> <p>CALL DAVISON TODAY:</p> <p>1-800-256-0429</p> <p>OR VISIT US AT:</p> <p>Inventing.Davison.com/Ontario</p> <p>FREE Inventor's Guide!!</p>	<p style="text-align: center; font-size: 2em; font-weight: bold;">ocna</p> <p style="text-align: center; font-size: x-small;">Ontario Community Newspapers Association</p> <p>REACH MILLIONS OF CUSTOMERS IN ONTARIO WITH ONE EASY CALL!</p> <p>Your Classified Ad or Display Ad would appear in weekly newspapers each week across Ontario in urban, suburban and rural areas.</p> <p>For more information Call Today 647-350-2558.</p> <p style="text-align: center; font-weight: bold; font-size: large;">MORTGAGES</p> <p>1st & 2nd MORTGAGES from 2.90% 5 year VRM and 2.69% 5 year FIXED OAC. All Credit Types Considered. Serving all Ontario for over 36 years. Purchasing, Re-financing, Debt Consolidation, Construction, Home Renovations...CALL 1-800-225-1777. www.homeguardfunding.ca (LIC #10409).</p>
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GENERAL HELP WANTED

FULL TIME CLEANERS needed, male or female to work in a Christian Retreat Centre for 5 days/week. Working hours should be flexible. We can also provide a package that includes food and accommodation. To apply, please email: Valleygmt@cccnet.ca or call 647-544-3261.

ABATE RABBIT PACKERS Meat Processing Facility from Arthur immediately requires 16 Wholesale and Retail Butchers with a minimum of 2 to 3 years of direct hands on experience in meat cutting and processing. Duties include cutting and sectioning of meat, skinning and removing blemishes, deboning rabbits and chickens, cutting meat into specialized cuts and preparing for wholesale and retail sales. HS diploma or equivalent required. Positions offered are permanent full time and salary is \$16.00/hr for 42.5 hrs/week. OT after 44 hrs/week. Please apply in person at 7597 Jones Base-line in Arthur, via email at joea@abatepackers.com, via fax at 1-519-848-2793 or via phone at 1-519-848-2107.

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SMALL ENGINE REPAIR - be ready for winter Have your snowblower tuned up with a pre-season service. Pick up and delivery available. Call, text or email Gary anytime: gpcservicesco@gmail.com. 519-217-3004.

ORANGEVILLE OVER 60's Single Club - a place to meet and make new friends. We meet every Thursday night at 7pm for coffee. Many activities. For info please call Ken 519-942-1864 or Betty 519-942-3090.

The Lord Dufferin Chapter IODE holds their meetings at the Lord Dufferin Centre on the 4th Tuesday of every month. We are looking for women who would like to help in the Community. Call 519-941-1865.

RENOVATED TOWN HOUSE, Shelburne, with bedroom for rent. Fully furnished, shared washroom/ Kitchen. James St North opposite Foodland. Patio/ deck/parking. No pets. No smoking. Suit single professional person. Available immediately. Refs/ first / last required. \$750/month. 905-877-1740 / 519-217-5424.

SENIOR COUPLE moving from the city looking for an apartment to rent as of November 1st. Please call or text 647-463-4563 or email: pamnyznik@yahoo.ca.

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RESIDENTIAL SERVICES

ROM MASONRY - based in Nobleton. We do big or small jobs. Chimneys, window sills, walls etc. All work guaranteed. Free estimates, seniors discount. Call Spencer at 647-542-0559.

FOR INFORMATION regarding HEART and STROKE, call Dori Ebel (519) 941-1865 or 1-800-360-1557.

ALZHEIMER SUPPORT GROUPS meet monthly for spousal & family support. Call (519) 941-1221.

SERVICES

TOPS (TAKE OFF POUNDS SENSIBLY) meets at 6:15 pm every Wednesday night at the Avalon Retirement Centre, 355 Broadway. For more information call Trudy Rockel 519-941-6146.

IF YOU WANT to keep drinking, that's your business. **IF YOU WANT** to stop drinking, that's our business. Call Alcoholics Anonymous Hot Line, 1-866-715-0005. www.aan-orthaltonerin.org.

DRUG PROBLEM? We've been there, we can help! Narcotics Anonymous meets every Friday & Sunday at 7:30 pm, Westminster United Church, 247 Broadway, Orangeville, or every Thursday 8:00 pm at St. Paul's Anglican Church, 312 Owen Sound St., Shelburne, or call 1-888-811-3887.

ARE YOU A WOMAN living with abuse? For safety, emergency shelter, and counselling call Family Transition Place, (519)941-HELP or 1-800-265-9178.

LA LECHE LEAGUE Orangeville offers breastfeeding support. For more info call Erin at 519-943-0703.

CDS
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CDS is looking to hire an Accounts Payable Administrator

Full time position
 Posting closes October 7

The Country Day School offers JK-12 in a co-ed, non-denominational environment located on 100 beautiful acres in King.

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QUALITY FIREWOOD FOR SALE:
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CALLING ALL KIDS

We are currently seeking newspaper carriers to deliver once a week for the Orangeville Citizen & Shelburne Free Press on

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Call Debbie at 519-925-2832 for more info.

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CONTRACTOR - REPAIRS, RESTORES, Jacks up, dismantles farm buildings, homes, cottages, roofing, siding, doors, windows, beams posts, piers, foundations, concrete work, eavestrouthing, deck, docks, sheds, fencing installed, replaced or fixed. Call Brian McCurdy 519-986-1781.

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NOTICE NOTICE OBITUARIES OBITUARIES

Think you can sell?

Come join a dynamic, fast paced, growing entrepreneurial company looking for young, enthusiastic sales representatives. A rewarding, lucrative opportunity for the right candidate.

- DUTIES AND RESPONSIBILITIES:**
- Tour groups of students through houses and apartments to rent them out for the annual rental campaign.
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 - Complete all necessary paperwork involved in lease signing and payment collection for newly rented units.
 - Work with all current tenants in completing necessary paperwork for renewal units
- EXPECTATIONS:**
- Have a positive attitude
 - Willing to work hard and enjoy rewards in a team environment
 - Willing to take chances and learn from your peers
- DESIRED SKILLS & EXPERIENCE:**
- Sales Driven
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 - Goal Oriented
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 - Some Sales Skills Preferred but would be willing to train the right candidate
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AUCTIONS AUCTIONS AUCTIONS AUCTIONS

PROPERTY AUCTION SALE

Of 1.3 Acre Property & 30 yr. old-3 Bedroom Custom Built Home & Garage, w/ 2 baths, Gas Heat, Drilled Well & New Flooring on Lg.Treed lot.
For William K. Machan

On Mon.Oct.14, at 11:00 am

Located: Go South of Mount Forest on HWY# 6 for Approx. 2.5 miles to Side Rd. 3 turn right, go approx. 2.5 miles, Last place before Wellington Cty. Rd.6 on Right. FIRE # 6804 (Watch for Sign)

TERMS: A deposit of \$45,000 down certified cheque or bank draft payable sale day w/ balance due on closing in 45 days or sooner.

"Property sells subject to Reasonable Reserve Bid."

Open Houses: Oct.11 & Oct.12. 11:00am to 3:00pm for more info please call 519-323-4883 or AUCTIONEERS 519-323-4058, Property is in good cond.,on paved roads, located close to Mt.Forest or within 45 mins.,to Orangeville Area. More detailed list & photos go to www.theauctionadvertiser.com/DMcPhee

AUCTIONEERS: JOHN D. & DAVID MCPHEE
Mount Forest (519) 323-4058

Clearing Auction Sale for The Buonaguro Family

13397 Centreville Creek Road, Bolton On.
Saturday October 19/19 @ 10AM

Sale of household, antiques, tools, firewood, primitives, pottery, wrought iron and garden related.

Household: LG front load washer, Maytag Maxima steam dryer, Harden sofa, leather bed chesterfield, pine media centre, solid granite round table and base, king bed w/wrought iron frame, bunk beds, double bed, dressers, end tables, lamps, kitchen wares, area rugs, Zedbed adjustable bed only 2 yrs old, Sklar Peppler china cabinet/hutch, office chairs and supplies, sewing machine, 33LP's, cameras, sculptures, European media centre w/built in speakers, cd racks, dvd's, cd's, vhs tapes, fine china, glassware, wicker chaise lounge and love seat, Weber BBQ, lots of pottery, potter's wheel, planters, wrought iron items, teak table and chairs, canning supplies, jars, pots etc; cross country skis and boots, roller skates, shelving, Skylar peppler dresser, kitchen utensils and small appliances, garage cupboards, cameras, office desks, chairs, supplies, Sony Tv, Pioneer tv, baker's rack, small patio table w/4 chairs, book shelves, plus plus plus.

Antiques: Oval table & 2 chairs, Wood dining room suite w/ 8 chairs, buffet, sideboard, primitives, wall clocks, spinning wheels, wooden fork, wooden press, mag, rack, bells, copper boilers, cream can, collectible bottles, garden cart, pottery, cutlery, decoy, christmas tree stands, horse collar, cast iron garden bench, chairs and table, kegs, doctor's bags, well pump, odd pieces, lighting, locks, keys, china cabinet, arm chair, desk, secretary, Fordson tractor on steel(not running), sythe, sickles, lead glass window, stained glass, fine china, comic books, cast iron pots, pictures, yoke, galvanized milk pail, milk can, blanket box, claw foot bath tub, quilt rack, bird bath and so much more.

Musical: Paolo Soprani accordion, Titano accordion, 5 chord Zither, Yamaha electric piano, set of Silverton Pro 5 drum set. Also symbols as follows, Sabian AA regular hat 14" and a BB thin crash 18" sell separate from the drum set.

Tools, Garden rider mower etc: 2016 100 series JD Rider mower 24HP w/48" cut and only 43hrs, I/C 7HP rear tine tiller, Troy Bilt 8HP chipper, Stihl 021 chain saw, Homelite 410 chain saw, B&D weed eater, Hyundai HD 1250 generator, lawn edger, box trailer frame, aluminum ext; ladder, industrial step ladder, gas cans, garden supplies, water tote, misc; tools, and shovels, rakes, hoes, tree pruner, new 1/4 hp motor, garden hose, sprinklers, tarps, dog crates, mason jars, and more.

Firewood: approx; 3 face cord of dried firewood.

Tires: Brand new set of General all season 215/65R/16, Set of Yokahama all season radials, 225/65R/17

Terms: Cash or cheque w/ID only day of sale, sorry no debit or credit at this sale. Buyer's are responsible for the removal, dismantling of all items, nothing to be removed until settled for. Auctioneer's, owners, not responsible for accidents, deletions nor property loss in any way connected with this sale.

This is a large auction and we will have 2 rings selling at once to complete in a timely matter.
Second ring will start at 11:30am. Sale starts at 10AM.

Come prepared for inclement weather, Lunch Truck by Laura's Catering, washroom on site.

Auctioneer's notes: This is a very interesting offering of pottery, antiques, wrought iron, primitives etc. See pictures on our webpages at www.fergusauctions.com Plan to attend, this type of quality does not often come to sale. Owners are selling due to health reasons and have moved.

Partial List only, much more available.

Lorne D Ferguson., Auctioneer and Sale Manager 519-939-2960

Notice: LAUREL HILL CEMETERY
389 Centennial Drive, Bolton

Laurel Hill Cemetery has submitted by-laws to the Registrar of the Funeral, Burial, and Cremation Services Act, 2002. Any interested parties may contact Egan Funeral Home, 203 Queen Street South, Bolton, Ontario, 905-857-2213, for information, or to make copies. By-laws or amendments may be reviewed or copied at Egan Funeral Home, 203 Queen Street South, Bolton, Ontario.

These by-laws are subject to the approval of the Registrar, Funeral, Burial, and Cremation Services Act, 2002.
Telephone: Bereavement Authority of Ontario 647-483-2645 or 1-844-493-6356.

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4.30 -7pm
Adults \$15.00
Children 6-12 yrs \$5.00
Pre Schoolers Free

GARAGE SALE GARAGE SALE

GARAGE & PLANT SALE

Saturday, October 5th, 2019
9:00 a.m. to 3:00 p.m.
Collectibles and prints
32 Albiwoods Trail, Bolton
HWY 50, to Queensgate Blvd.,
right on Landsbridge St.

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AUCTION SALE

FROM A BAXTER HOME (KRUTHOF ESTATE)
SALE HELD AT THE SHELburnE FAIRGROUNDS EXHIBIT HALL
MON. OCT. 7TH AT 10 AM

SALE OFFERS Dayton counter scales; Navigation Interception Plotter V2074; War illustrated books; block planes; floor grates; bells; copper; brass; named boxes; View Master slides; cross cut saws; comics; lge. stamp collection including first day issue July 20 1969 First Man on The Moon; lunch pails; sadirons; old license plates; cast seats; printers blocks; snow shoes; hockey cards (lge. qty.); set of street lights; tools; lots of post cards; primitives; tools; oxen yoke; folk art; lanterns; Salada hockey chips; china, glass; horse brass; tri-ang Railway trains; old fish lures; some ant. tables; Meccano set; old games; crocks; gramophones; wood buckets; wood wheels; room divider; old radios; The best way to describe this pickers collection is just come and have a look. There are boxes and boxes. There is something for everyone. I will put lots of pictures on the website. 2 Auctioneers selling.

Terms Cash or known cheque with proper ID only. M/C, Visa or Interac. Neither the Auctioneer(s) nor Estate will be responsible for accident or property loss. Lunch booth. Washroom.

Bob Severn Auctioneer **Shelburne 519-925-2091**
Severnauctions.wixsite.com/severn Theauctionadvertiser.com/RSevern

KIDD FAMILY AUCTIONS

FAMOUS FALL OUTDOOR EQUIPMENT CONSIGNMENT AUCTION.

DATE: SATURDAY, OCT 12TH , 10 AM START **PREVIEW:** OCT 11TH 3 - 6 PM,
AT THE KFA AUCTION YARD, COUNTY ROAD 21, JUST WEST OF 4TH LINE,
MELANTHON. TAKE COUNTY ROAD 21 WEST OF HWY 124 OR EAST OF HWY 10.
Great sale full of farm, industrial and recreational equipment. Vehicles up for auction too. And of course, always lots of tools for the shop and garden!!

THIS IS A PARTIAL LIST, MORE TO COME. NOTE: NO BUYERS PREMIUM

TRACTORS: JD 6210 w/ML72 Challenger loader, (no bucket), 4845 hrs; Zetor 5211, 2665 hrs, 14.9-28 rears, good rubber, fully serviced; A/C D15 tractor w / 3 pth. pto; Case 1410 4wd, runs good, needs clutch and front drive axle; 1950 MH 44, runs; Int stationary engine from 'H' tractor; Int 'H' parts;

ENGINES: 7 Wisconsin aircooled 2-cyl; Iron Horse; LeRoi single cyl; Ottawa 5hp log saw engine; 3 & 6hp IHC 'M'; 2.5hp Empire hit & miss; several IHC LB 1.5 & 5hp hit & miss;

FARM EQUIP: Agro Trend s/a 6.5' snowblower; Bush Hog 10' HD blade, 6 way hyd adjust; 20.8-38 snap-on duals; Walco 3pth spreader, new; White 3pth sprayer, approx 25'; 24' truck bed w/rd bale ext; wire gate; rd bale feeder;

SHOP TOOLS: Wallenstein 9 -5000 gen; Stihl table saw; Rockwell / Beaver table saw; Beaver bandsaw; Simoniz 2200 psi power washer; Delta mitre saw; Paslode compressor w / nailer; 3 phase comp; painters scaffolding; 2 cyc comp; sand blaster; South Bend metal lathe; Onan 4kw generator; lg qty hand and power tools, some new; ext cords; new cutoff blades; new gloves;

LAWN / GARDEN: Toro SL500 riding mower; ladders; 2-Makita RBL 500 backpack leaf blower; Stihl 026 chainsaw; New Muskoka chairs; McCullough chain saw;

RECREATIONAL: 15' Springbok boat w / trailer; inf raft;

OTHER: 6' x 10' s/a utility trailer w / mesh ramp, nice; antique JD trenching plow; 9x glass carboys;

CALL, TEXT OR EMAIL!!
Watch the web site for daily updates. www.kiddfamilyauctions.com
Dennis@kiddfamilyauctions.com 519-938-7499

Darling, James Robert



Passed away peacefully with his family by his side at Headwaters Health Care Centre on Friday, September 27, 2019 at the age of 82. Cherished and loving partner of 60 years to Joan (nee Brooks); loved father of Doug (1990), Barry Darling (Carol), Rick Darling (Melody), Marianne Lennox (Andy) and Lisa O'Quinn. Proud grandpa of Dan, Kevin, Kari, Sarah, Paula, Melissa, Amy and Cody. Great grandpa of 10. Brother of Mary Lavis (Jim), Sister in law Betty Darling. Predeceased by his brothers George, Don and Harry. James will be missed by many other relatives and friends.

A private family graveside service has taken place in Wingham.

A Visitation will be held on Sunday October 6, 2019 from 12:00 p.m. – 2:00 p.m. with a Celebration of James' Life taking place from 2:00 p.m. – 3:00 p.m. at the In Memoriam Life Celebration Centre, 633419 Highway 10, Mono, Ontario.

Online condolences and donations may be made at www.imfunerals.com

In Memoriam Funeral Services Inc. has been given the honour to serve the Darling Family.

OUGH, Lillian May

Passed away peacefully on Wednesday, September 25, 2019 at Margaret Bahen Hospice, Newmarket, at the age of 89. Survived by her beloved husband of 73 years, Donald. Loving mother to her four children Donald (Annamarie); Brian (Norine); Deborah Cookson (Ian) and Cathy Simpson (Larry). Proud grandmother of Jennifer (Jason), Ryan (Izabela), Christopher (Lori), Kyle (Erin), Tracy (Brad), Matthew (Angie), Erin (Wes), Bradley, Sherrie; great-grandmother of Hannah, Kristen, Monika, Maya, Zackery, Tristen, Maddie, Abigail, Brylynn, Marcus, Mariah, Matthew, Meadow, Gracie, Memphis, Oliver, Paige, Shanroy and great-great grandmother of Sienna. Lillian was the communication hub of her family and had a genuine interest in learning about and listening to the stories of their daily lives. She had a passion for writing short stories and poetry and was admired for her impeccable memory for details. Lillian will be greatly missed and forever remembered by her family and friends. The family will receive their friends at the Egan Funeral Home, 203 Queen Street S. (Hwy. 50), Bolton (905-857-2213) Tuesday, October 8 from one o'clock until time of memorial service in the chapel at 2 o'clock. In lieu of flowers, donations to Margaret Bahen Hospice, Newmarket (www.myhospice.ca) would be greatly appreciated by the family.

Condolences for the family may be offered at www.EganFuneralHome.com

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