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Caledon Citizen

MOVIE and a DEAL LOVER? See inside Landmark BOLTON

Thursday, July 26, 2018

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EN RANCH

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PHOTO: MACKENZIE TOUR - PGA CANADA

THE CHAMP: Tyler McCumber was the final round winner on Sunday of the Mackenzie Tour's Osprey Valley Open, held at the Osprey Valley Golf Club in Caledon. See story on B3.

Amazon to build massive centre in Caledon

2019.

Written By SCOTT TAYLOR

— in a big way.

Amazon is coming to Caledon buildings in Brampton, Missis- ing more than 800 full-time jobs programs like Career Choice, Amazon announced Wednes- announced facility in Ottawa. support the local economy." day plans for a new fulfillment This will be Amazon's sixth centre in the Town of Caledon. fulfillment centre in Ontario, pick, pack, and ship small items gardless of whether the skills The 1-million square-foot facil- where it currently employs to customers such as books, are relevant to a career at Amity will create more than 800 more than 2,000 full-time asso- electronics and toys. The Cale- azon. full-time jobs with comprehenciates, and the ninth facility in don fulfillment centre together Canada.

eraine West.

"We continue to seeing an incredicommunity

sive benefits and join Amazon's fulfillment centre to better meet on day one. Amazon also offers network of existing Ontario customer demand while creat- employees access to innovative sauga, Milton and the recently with great pay and benefits to where it will pre-pay up to 95

be excited about for Amazon's latest Canadian to name a few. our growth in On- expansion. I'm so pleased to tario and the op- welcome this world class, leada release. "We're don's future sustainability."

port in Greater To- dental coverage, a group RRSP good jobs for Ontario families. ronto. It makes us plan, stock awards, and perforproud to add a new mance-based bonuses starting

per cent of tuition for courses Associates at this facility will related to in-demand fields, re-

Since the program's launch, with the new facility in Ottawa more than 16,000 employees The Town says it will bring more than 1,400 new across the globe have pursued will be built on Col- jobs to Ontario by the end of degrees in game design and visual communications, nursing, "Caledon is the ideal home IT programming and radiology,

"It was great news to hear that Amazon is opening anothportunity to better ing edge and customer focused er fulfillment centre in Ontario. serve our custom- organization to our communi- This is a wonderful opportunity ers in the region," ty," said Caledon Mayor Allan for Bolton and Ontario," said said Glenn Som- Thompson. "The creation of Jim Wilson, Ontario Minister merville, Director good paying, stable, long term of Economic Development, Job of Amazon Opera- jobs will bolster our local econ- Creation and Trade. "The centre tions in Canada in omy and positively impact Cale- will create 800 full-time jobs for the community and grow our Full-time employees at Ama- economy. Ontario is open for ble workforce and zon receive competitive hour- business, and the PC Governsup- ly wages, medical, vision and ment is committed to creating

Continued on Page A2



David Kostynyk, DD, BSc. 905-857-4464 30 Martha St., Suite 105











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Consultant

Nancy Beaton Roe ****

We purchased 2 vehicles. Sales: Sandeep Verma #1: Escape - Sandeep was very patient and thorough in explaining the features as we were not sure what we wanted. #2: F350 - We were very specific with what we wanted and he pulled it off when no other dealer could. **EXCELLENT EXPERIENCE**



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Couple helps Inuit youth develop sense of pride through hockey

Written By MARK PAVILONS

A local resident has travelled a very long way to help improve the lives of indigenous youth.

Breanna Capobianco is making a difference and she's showcasing her efforts at an upcom-Lakes.

Capobianco moved to a fly-in Arctic community called Salluit, Nunavik as a teacher. In 2015, Salluit Amaruq Hockey Club.

drop-out and youth suicide rate in the com- the SAHC on the youth in our program. munity," she said. "We decided to create a program that provides a platform for Inuit youth this 2018-19 year by further working to elimito develop cultural pride and develop the skills nate barriers that restrict youth from engaging

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necessary to become the future leaders, trainers, and coaches in their community. Using hockey as a tool, the SAHC promotes positive behaviour and high attendance at school, provides Inuit youth with opportunities to become ing fundraiser golf tournament at Nobleton engaged, positive leaders in their communities, and creates chances for a genuine exchange of

Their program is a volunteer-run non-profit she and partner Jeremy Marshall created the and 100% of the profits go directly to the youth. Since the creation of the SAHC in 2015, they "As teachers, we were alarmed by the high have witnessed first-hand the positive impact of

> "We hope to continue to improve and expand in team sports such as registration fees, equipment costs, travel and shipping costs. We are also excited to announce that we have added an all-girls team to our program!"

> While well received by the community, it was hard work establishing a hockey program.

"They took us in with open arms and were very supportive of us as educators and coaches," said Marshall. "It was difficult at times to establish the hockey program but the students, parents, community members, Town Manager Adamie Papigatuk, and Mayor Paulusie Saviadjuk stood beside us and supported us through our fundraising, funding applications, and training. We have been lucky to get support from organizations such as Brighter Futures, Makivik, Landholding Corporation, and the Northern Village of Sallluit. They are open to sharing their culture and wisdom with us as we and exposure beyond the small towns that both develop as teachers and coaches."

Capobianco said as new teachers in the area, it was important to expand their experiences



SUBMITTED PHOTO

IMPROVING LIVES: Breanna Capobianco and partner Jeremy Marshall created a hockey club to help indigenous youth.

shall wanted to learn more about the Arctic community comes together to support one region and the culture. The primary focus of the program is to pro- and social services in place. Social services and mote school and community involvement,

while providing an opportunity for youth to share their Inuit culture. All that kids need to support youth. Unfortunately, there are not do to be involved in our program is have good attendance, positive behaviour, and participate in team training as well as team hosted commu- community is not without its challenges, but

"Our goal is to make hockey accessible to all youth regardless of skill level or access to hockey equipment," Marshall said. "We aim to eliminate barriers restricting access to hockey which is why we attempt to provide equipment, do not charge registration fees, and are not exclusive based on skill level."

Capobianco added the program continues to grow and improve each year. Each year they attend a hockey tournament in "the South," where the team participates in tournaments and ture with the rest of Canada," he said. cultural exchanges. The youth make friends with other teams, learn about other cultures, and share their culture.

In addition to ongoing practices and annual tournaments, students who maintain 80% attendance are eligible to win a trip to a southern hockey camp during the summer. This year they added an all-girls team to our program and the fundraising golf tournament. This year the tourgirls are very excited about it.

all noticed increased motivation and initiative and there is a shotgun start at 1 p.m. Registraboth in school and at home.

ing to see these youth grow together as a team online through the website at www.salluitaand develop strong, lasting friendships. These maruq.ca. There is also a GoFundMe page for youth astound us every day with their strength, the club - https://ca.gofundme.com/the-sallutheir humour, their resilience, and their talent. it-amaruq-hockey-club Our goal is to empower youth and provide them with the support and tools necessary to become not go unnoticed! the future coaches, trainers, and leaders in their communities," she said.

The community of Salluit is strong and the she and Marshall grew up in. Both her and Maryouth are resilient. At a time of tragedy the another. There are some government supports the Department of Youth Protection work tirelessly alongside the community and the school enough of them to reach everyone.

> Marshall admitted that living in an isolated the youth and the overwhelmingly supportive community provide them with the passion and drive to move forward.

> "Watching the students improve on and off the ice and seeing the students come together for training and community events is so rewarding. Witnessing the excitement and pride the players and parents have in their culture as they share it with us, our families, and others is incredible. We believe it's important to provide these youth with opportunities to share their amazing cul-

> Travelling and shipping costs alone are very expensive in the North. A round-trip flight to Salluit can cost upwards of \$3,000 per person. Since they do not charge registration fees, they rely solely on fundraising and donation to allow the program to continue to function.

The main fundraiser each year is the annual nament is at the Nobleton Lakes Golf Club on Capobianco said teachers and parents have Saturday, July 28. Registration begins at 12 p.m. tion fees include golf, power cart, dinner, prizes "As a coach and manager, it has been reward- and an amazing silent auction! You can register

All donations are greatly appreciated and will

If you'd like to contact either Capobianco or Marshall, email salluitamaruq@outlook.com



Community Events

Please Contact For More Detials!!!

A directory of what's happening in our community

This column is provided as a free public service to non-profit organizations to announce up-coming events. Please contact the Caledon Citizen at (905) 857-6626 or 1-888-557-6626 if you wish to have an announcement published.

Bolton Banter Toastmasters meet every first, third and fifth Thursday at the Albion-Bolton Community Centre at 7 p.m. Lose your fear of public speaking and build leadership skills. Everyone welcome. Email info@boltonbanter.org or visit www.boltonbanter.org

An evening of euchre is held the first and third Friday of the month at Terra Cotta Community Hall. Play will start at 7 p.m. sharp. The cost is \$3 per person, and proceeds raised will go to the operation of the hall. For more information, contact John or Cheryl at 289-344-0033.

Cardball will be played at Caledon Seniors' Centre from 10 a.m. to noon.

Darts will be played at Caledon Seniors' Centre from 1 to 2:30 p.m.

Caledon East Seniors Club #588 meets every Wednesday at 1:00 p.m. at the Caledon Community Complex, Caledon East. Everyone welcome for an afternoon of friendly euchre and lunch. For more information, call (905) 951-9376.

TOPS (Take Off Pounds Sensibly) ON 1344 Bolton is looking for new members who want to lose weight in a healthy way and keep it off. We're a non-profit group and meet in Bolton United Church at 8 Nancy St. Hours: Weigh in 6:15 to 6:45 p.m., followed by a meeting at 7. We look forward to meeting you. For more information, call Marion at 905-857-5191 or Lorraine at 905-857-1568.

Wellness, Interaction, Social and Exercise (WISE) is a health promotion and social program for seniors (55+) happening at Cheltenham Baptist Church 14520 Creditview Rd. Wednesday mornings. Low impact exercise/falls prevention session starts at 10 a.m. with regular programming with refreshments following. Call 905-857-7651 for more information.



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Midnight Madness makes return

Written By KIRA WRONSKA DORWARD

There was a time not long ago when Midnight Madness was a go-to event downtown. ning. They had lots to do and see, but for a number of reasons it ended.

Until now, that is. It's returning bigger and better than ever, so as they say, let's

see what all the fuss is about.

Hosted and coordinated by Stage Academy in honour of their 10th anniversary, along with Bolton's Community Crew, Bolton's summer tradition is making its comeback on Friday, Aug. 10. From 6 - 11:45 p.m., the Stage Acadetend. my invites the area to focus on community engagement in Bolton's downtown core.

There are three major event locations, each offering different free entertainment from local businesses and community groups. Located in heading the committee and assisting with fund the Allen Drive plaza, students from Music 21 will be performing live. At the top of the hill, the fairgrounds will be host to an antique car and bike show. The main stage variety show, at the intersection of King and Highway 50 (with roads closed up to Mill Street), will feature live boltonmidnightmadness.ca or the Facebook local bands, vendors and entertainment for

Free transportation is offered, with a shuttle bus making rounds from Allen Drive to the fairgrounds to King Street throughout the eve-

Please note that roads will be closed for setup at 4:30 p.m. and re-opened at midnight.

The event promises something for everyone, and a reason to come together under the stars for a memorable summer night. Enjoy an evening with family, friends and neighbours that includes a variety of foods, shopping at local vendors and live entertainment. Everyone is welcome and all ages are encouraged to at-

Stage Academy is proud to present the event in coordination with the Region of Peel, the Bolton Community Crew, and all their volunteers. Annette Groves is responsible for spearraising and coordination of events. Focusing on educational theatre for youth, Stage Academy hopes the new Midnight Madness will be part of their annual season for years to come.

For more details, visit the web page at group, "Stage Academy presents Bolton Mid-



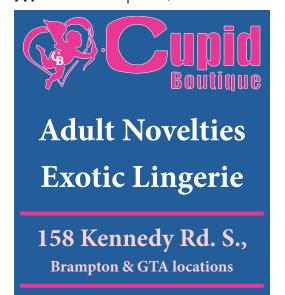
PAST EVENTS HAVE been fun for young and old, and this renewed version of Midnight Madness promises to be bigger and better.





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Bolton man dies after arrest in Queen Street parking lot

(SIU) has been called in to find out why.

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Reports from the SIU and the Caledon detachment of the Ontario Provincial Police vehicle by drug. state the unidentified man died Monday (July 23) after being taken to hospital by local para- for the man's health and called EMS, who medics.

1:45 p.m. concerning a man in a vehicle in a dead at 4:29 p.m. A 43-year-old Bolton man is dead and now parking lot adjacent to Landsbridge Street dispatched and they located the man and arrested him for impaired operation of a motor not be able to provide any further information. Watch group in your area? Stay informed

> At some point, officers became concerned transported him to hospital where he went

the province's Special Investigations Unit and Allan Drive. Caledon OPP officers were Investigations Unit (SIU) and they have in- of our great town! voked their mandate. As a result, the OPP will

Double the speed limit

On Monday, July 16 at about 12:20 a.m., an officer from the Community Response Unit at the Caledon OPP Detachment was travelling westbound on Mayfield Road near The Gore Road when he observed a black 2018 Toyota the posted speed limit. The officer activated members) the radar unit and determined the speed of the vehicle to be 117 km/hr in a posted 60 km/hr fountain Community Organization (104 mem-

has been charged with Race a Motor Vehicle ca/neighbourhood-watch/ - Excessive Speed. The driver received a sevcle was seized for a period of seven days as a Bolton (12 members) result of the stunt driving charge.

Court of Justice in Caledon East on September 10 to answer to the charge.

Lost equipment

conducting a Reduce Impaired Driving Everybound off-ramp to Valleywood Boulevard.

During this time, an officer placed an Approved Screening Device (ASD), a Drager Alcotest 6810, in a bright orange pelican case on the cruiser. In an effort to locate a motorist that had run from his personal vehicle in order to evade the RIDE spot check, the officer to find it.

Police are asking anyone with information

Teens arrested

members from the Caledon Detachment of ly wearing a seat belt. the Ontario Provincial Police responded to Fields Village subdivision.

going through unlocked vehicles and stealing 905-584-2241 to book an appointment. items from inside.

Thanks to the information received, police were able to successfully locate the teens on gated the matter.

As a result, two young persons, who cannot be identified as per the Youth Criminal Justice cles on Highmore Avenue in Bolton. Act have been arrested and charged criminally with multiple offences.

charged with the following offences: Fail to from becoming a target of crime: Comply with Undertaking, Theft Under \$5,000 from a Motor Vehicle, Possession of Property dows and lock the doors Obtained by Crime Under \$5,000, and Pos-Marihuana - under 30 grams.

In addition, a 17-year-old boy from Brampton was charged with the following offences: certificate and proof of insurance in your vehi-Fail to Comply with Undertaking, Possession cle of Property Obtained by Crime Under \$5,000, and Theft Under \$5,000 from a Motor Vehicle. both your vehicle and the garage

The Caledon OPP would like to thank our residents who belong to a Neighbourhood

Police received multiple 911 calls at about into medical distress and was pronounced Watch group. We really appreciate our communities working cooperatively and collabo-The OPP has notified the province's Special ratively with police to help improve the safety

> Interested in joining a Neighbourhood about what's going on in your area and get to know your neighbours.

Established Neighbourhood Watch Groups: SouthFields Village & Anthem subdivisiongo to the Facebook group: SFV & Anthem Neighbourhood Watch (401 members)

Valleywood subdivision- go to the Facebook Camry travelling at a high rate of speed above group: Neighbourhood Watch Program (160

Belfountain- go to the Facebook group: Belbers) or email: NeighbourhoodWatch@Bel-As a result, a 25-year-old California man fountain.ca or visit: http://www.belfountain.

Bolton (Ellwood Drive West area)- go to en-day licence suspension and his motor vehi- the Facebook group: Neighbourhood Watch

Fieldstone subdivision in Mono - email: The defendant is to appear at the Ontario fieldstoneneighbourhoodwatch@gmail.com

Child seat not secured

On Friday, July 20, 2018 at approximately 11:48 am, an officer from the Traffic Unit of the On Wednesday, July 18, Caledon OPP was Caledon OPP was conducting enforcement in the area of Mayfield Road and Kennedy Road where (RIDE) program on Highway 410 north- when he observed the driver of a motor vehicle committing a seat belt infraction and conducted a traffic stop.

> While speaking to the driver, the officer observed a car seat in the rear of the vehicle wedged between the seats, insecure, with a toddler seated inside.

As a result, a 36-year-old man from Willow inadvertently left the equipment on the cruiser Beach has been charged with the following ofand drove away. Officers later returned to the fences: Driver - Fail to Properly Wear Seat Belt location to retrieve the ASD, but were unable and Drive While Child Passenger Not Properly Secured.

Caledon OPP would like to remind motorabout the loss contents to contact PC Tamara ists and passengers that it only takes a few sec-Schubert of the Caledon OPP at 905-584-2241 onds to buckle up. A properly worn seat belt greatly increases your chances of surviving a motor vehicle collision. In 2017, 49 people died in collisions on OPP-patrolled roads in On Tuesday, July 17at about 12:04 a.m., which the victims were not wearing or proper-

Every month the Caledon OPP Auxiliary a report of suspicious activity in the South- Unit holds a Child Car Seat Clinic at Caledon Fire & Emergency Services Station 302 locat-The complainant, a member of the SFV & ed at 28 Ann Street in Bolton. The clinic runs Anthem Neighbourhood Watch group, in- from 7:00 pm - 9:30 pm by appointment only. formed police that two males were observed Please call the Caledon OPP Detachment at

Thefts from cars

Officers from the Caledon detachment of Dougall Avenue near Valley Lane and investithe Ontario Provincial Police (OPP) would like your help in trying to identify a suspect who was caught on camera breaking into vehi-

The incidents occurred on July 1 at 3:37 am. Police are reminding all residents to follow A 15-year-old boy from Caledon was these simple tips to help prevent your vehicle

- Always roll up your vehicle's win-
- Never leave valuable merchandise, session of a Schedule II Substance-Cannabis cash, credit cards or identification in your vehicle
 - Do not leave your vehicle registration
 - If you have a garage, use it and lock

The majority of these thefts occur in the late night/early morning hours and involve individual(s) moving from vehicle to vehicle along residential streets. Police are asking members of the public to be observant of individual(s) wandering residential streets during these times and to contact police if you suspect the individual(s) may be involved in crime.

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Headaches, slippery roads, lousy hair days...little obstacles that can lead to cancelled plans.

For Mirella,

nothing can stop her from attending LINC (Language Instruction for Newcomers to Canada) classes in Caledon.

Mirella is nine months pregnant and recovering from the flu, but she is still energetic and active within the classroom.

"I do feel very sick and tired, but I refuse to stop coming here. Maybe I'll give birth here in this classroom," she laughs.

Before coming to Canada, Mirella had a busy life back home in her native Beirut, Lebanon. Her calendar was packed with days spent teaching French and evenings busy with friends.

After getting married, she moved to Canada and settled down in Caledon Village. As you'd expect, the move took some time to adjust to, as it was a significant change to her lifestyle back home. Majority of her days were spent on her own, and her calendar was uncharacteristically empty. While

Mirella's husband was at work, she didn't have the confidence to go out alone and attempt communicating with strangers. However, things began to change once Mirella started attending LINC classes.

> "My confidence in public was at a zero, but after my second week here I started talking in public and going out. It's like magic! I don't know how I got this confidence," Mirella beams.

With 11 years of teaching English as a second language under her belt, instructor Suma Balagopal says her classroom is very unique because the setting is often described as an "extended family" by most students. "I think we are able to create an environment where they feel safe to make mistakes, and then gifted the wings to take flight and pursue their plans in Canada as they make this land their home."

After giving birth, Mirella wants to come back to complete one more semester at LINC. Mirella eventually wants to become a French teacher here in Canada. With her new found confidence, she is well on her way to making her dreams come true!

To learn more about the LINC program, visit www.ccs4u.org.

How Do You See It?

Francesca Bernadowitsch, LINC Manager, Caledon Community Services at 905-584-2300 ext. 257 or fbernadowitsch@ccs4u.org

Tell us how you see it.

This column is provided free of charge by the Caledon Citizen.



RAFAT



Touch-A-Truck a roaring success

Written By CITIZEN STAFF

More than 30 vehicles wew on display at ty. the Albion Bolton Fairgrounds on Bolton's South Hill this past Saturday (July 21) for there was also food and beverage vendors, Fines Ford Lincoln's first-ever Touch-A- a DJ, a children's face painter, character Truck Caledon. The free community event mascots, children's activities and a "3-D was held as a fundraiser with all monies printer" demonstration by the Caledon raised going to the Caledon Parent-Child Public Library. Centre and EarlyON Centre (CPCC/Early-

in and explore real vehicles from a num-vide support, resources, and education ber of different industries. Vehicles in that strengthen families and promote the

health and safety, construction and specialty vehicles from within our communi-

In addition to over 30 vehicle displays,

Proceeds from vendor registration and on-site donations at Touch-A-Truck will Kids had the opportunity to touch, sit- help the CPCC/EarlyON continue to proattendance included various agricultural, optimal development of children.

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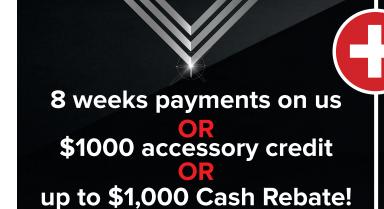
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Arts Entertainment



Artist believes creating to be a beautiful experience

Written By CONSTANCE SCRAFIELD

which feeds their passion. Then, they share fidence. that passion with those other people and the the forefront."

From August 8 to 12, the proof of how well this works is on exhibition in the Falls Gallery at the Alton Mill Arts Centre in Alton. Saness called Kalleidescope Designs whereby die's [Sarah Godfrey] Showcase is five days of demonstrating that what matters to her and her guest artist, Nathan Gatten, that they are artists of considerable talent and interest. Further than that, they use their unique insights to enhance and create art as others do not and Jodee Jack. reaches for the stars in a way, mysteriously, few other artists do.

Paterson, Jane Ohland Cameron, Susan and was wearing one of her Sadie Shirts.

Landmark

Tony Reynolds and, most recently, Paul Morin. All these artists and more have brought Sadie "It's all about bringing people into a place along, encouraged her in her art and her con-

> Sadie loves being creative. "I love that peohappier showing how I feel with my art."

Indeed, she is happiest, perhaps, when people are wearing her art, for she now has a busishe invites a customer to choose from 24 of her original designs and receive on order, prints, cards and/or shirts, called "Sadie Shirts". She was helped to establish this business by Facilitation Wellington-Dufferin: Lead Facilitator,

In her first year with the shirts, Sadie was part of the Creative Partners On Stage Sadie, Sarah's nickname, has been mentored (C.P.O.S.) production of Out of the Box at Theby some well-known artists, including Pete atre Orangeville. Every member of the cast

written and directed by Jane Ohland Cameron, about nine years old. that Sadie spoke her monologue, which she wrote herself and through which she declared herself as an artist, speaking, as her mother, issues around their disabilities are no longer at ple want to see my art... I'm very shy so I am Leslie, remarked, "very movingly about seeing the world through her art. The response was ing, a portrait artist. overwhelming and gratifying. In a sense, she emerged through that experience with the support and enthusiasm of other creative people."

Her beginnings with painting and art took place at the Learning Centre in Toronto, at a therapy program in the early 1990s, Sadie told the Citizen. At that time, she was part of a documentary on the Discovery Channel called The National Geographic." Child That You Do Have.

art teacher at ODSS, ...Jan Pinney who made ly beautiful. Painting is almost a meditative exfunky jewellery and used awesome colours perience. No one's really painting these. and designs. I love her work."

is an artist and former art teacher...so, I've well as pet dog portraits. been around art all my life."

Paul Morin offered to mentor Sadie prior to the show for the sake of furthering her work and to give her a chance to paint with him. It we have two wolves within us, one represents was very thrilling for her.

there."

Leslie added, "One of the gifts that Paul has, he creates a space so full of energy and light."

fairly simple. They were connected by that travel. I'm painting the ultimate travel." same Jodee Jack, and, so Leslie commented, "We met Nathan with the idea that it would be have the chance to have a creative outlet. It's up to Sadie if she wanted him. From the begin- really making time for yourself; it allows you ning, I would say both families hit it off well."

"I've seen his dog paintings and I love them," Sadie told us. "He's a really nice guy."

ship of Meredith Blackmore. Before that, he from 5:30 to 8 p.m.

It was during this extraordinary production, drew everywhere and all the time since he was

However, as he says in his artist's statement, "My love of drawing had shed its skin and gave way for my desire for colour and texture."

Meredith Blackmore is an artist in oil paint-

"I don't do portraits," Nathan averred but "she really pushed in a good way. Meredith helped me and I took off from there." Of his many paintings, his favourite seems to be painting stars as the Hubble telescope shows them in all their splendour and mystery.

"I love reading astronomy magazines and

Talking about his space paintings, which are She said, in addition, "I had a really good of the Hubble sightings, "These are surprising-

"I did a series of wolf paintings." He was Also, she commented, "My stepdad, Glenn, asked for a wolf painting and then another, as

> For the show, he is bringing some of his dog paintings and those of space, some landscapes.

"They are based on a Cherokee legend that good and the other bad; the winner is the one There was a firm "yes" in answer to the that you feed." he told the Citizen. "I studied question if Mr. Morin helped her improve her philosophy around the time I started painting. I work. Said she, "The painting sessions with started asking those sorts of questions, finding him really worked. Ideas flowed from being ways of relaxing. I love to read - books about Gandhi and Buddha - biographies. I am an information sponge. Learning never ends."

Reflectively, he said, "It's really helpful – I The decision to invite Nathan Gatten was have some medical problems, so, it's hard to

> About art: "I encourage(it). Everyone should to look at and be personal with yourself. It's a beautiful experience."

Sadie's Showcase featuring both Sadie and In a similar conversation with Nathan and Nathan is on in the Falls Gallery at the Alton his father, Jon, we learned that Nathan has Mill Arts Centre from Wednesday, Aug. 8 - 12, been painting since 2010 under the mentor- with an opening reception on Thursday, Aug. 9

194 McEwan Dr. East, Bolton 905-857-2646

Showtimes for Friday July 27, 2018 to Thursday August 2, 2018

HOTEL TRANSYLVANIA 3: SUMMER VACATION (G) (CARTOON/ANIMATION ACTION, SOME SCARY SCENES) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING FRI 9:30; SAT-SUN 10:25, 12:45, 3:45, 6:30, 9:30; MON-THURS 12:45, 3:45, 6:30, 9:30

TEEN TITANS GO! TO THE MOVIES (PG) (CRUDE CONTENT, CARTOON/ANIMATION ACTION) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING FRI 1:00, 6:50; SAT 10:30, 1:00, 4:05, 6:50, 9:45; SUN 9:45; MON-THURS 1:00, 4:05, 6:50, 9:45

MISSION: IMPOSSIBLE -- FALLOUT (PG) (NOT REC. FOR YOUNG CHILDREN, LANGUAGE MAY OFFEND, VIOLENCE) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEAT-MISSION: IMPOSSIBLE -- FALLOUT 3D (PG) (VIOLENCE, LANGUAGE MAY OFFEND, NOT REC. FOR YOUNG CHILDREN) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED

ANT-MAN AND THE WASP (PG) (LANGUAGE MAY OFFEND, VIOLENCE) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING FRI-MON, WED 1:15, 4:15, 7:15, 10:15; TUE

1:15: THURS 1:15. 4:15 HOTEL TRANSYLVANIA 3: SUMMER VACATION (G) (CARTOON/ANIMATION ACTION, SOME SCARY SCENES) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING FR

THE EQUALIZER 2 (14A) (GRAPHIC VIOLENCE, DISTURBING CONTENT, COARSE LANGUAGE) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING FRI, SUN-WED 1:30, 4:30, 7:20, 10:20; SAT 10:20; THURS 12:40, 3:40, 7:20, 10:20

MAMMA MIA! HERE WE GO AGAIN (PG) (LANGUAGE MAY OFFEND) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING FRI, MON-THURS 1:00, 4:10, 7:00, 10:00; SAT 10:20; SUN 10:20, 1:00, 4:10, 7:00, 10:00 TEEN TITANS GO! TO THE MOVIES (PG) (CRUDE CONTENT, CARTOON/ANIMATION ACTION) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING FRI 4:05, 9:45; SUN

THE EQUALIZER 2 (14A) (GRAPHIC VIOLENCE, DISTURBING CONTENT, COARSE LANGUAGE) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING SAT 1:30, 4:30, 7:20 MAMMA MIA! HERE WE GO AGAIN (PG) (LANGUAGE MAY OFFEND) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING SAT 1:00, 4:10, 7:00, 10:00

ANT-MAN AND THE WASP (PG) (LANGUAGE MAY OFFEND, VIOLENCE) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING TUE 4:15, 7:15, 10:15 CHRISTOPHER ROBIN (Not Rated) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING THURS 9:30 CHRISTOPHER ROBIN (Not Rated) CLOSED CAPTIONED, DVS®, RECLINERS, RESERVED SEATING THURS 6:30

10:05: THURS 6:45 10:05 INCREDIBLES 2 (PG) (CARTOON/ANIMATION ACTION SOME SCARY SCENES VIOLENCE) CLOSED CAPTIONED, DVS@, RECLINERS, RESERVED SEATING THURS 12:30, 3:30

LANDMARKCINEMAS.COM





SUBMITTED PHOTO

THE CREATIVE PROCESS: Sadie Godfrey and Paul Morin with what will become one of Sadie's new paintings.









COOL OFF AT A LOCAL SPLASH PAD

caledon.ca/splash

Adam Wallace Memorial Park, Bolton | RJA Potts Memorial Park, Bolton | Dennison Park, Southfields | Caledon East Fire Hall Park



NOTICE OF APPLICATION

Proposed Official Plan Amendment and Zoning By-law Amendment

FILE NUMBER(S): POPA 18-02, RZ 18-04

APPLICANT AND LOCATION:

Applicant: MJJJ Developments Inc.

12415 Coleraine Drive, Bolton Part Lot 3, Concession 6 (Albion) East side of Coleraine Drive, south of George Bolton Parkway and north of Parr Boulevard

Ward 5

Site Area: 2.78 ha (6.87 acres)

WHAT ARE THE PROPOSED CHANGES?

MJJJ Developments Inc. has applied for an Official Plan Amendment and Zoning By-law Amendment to permit an asphalt plant consisting of a 2-storey, 1,042 m² office building fronting onto Coleraine Drive and a hot mix asphalt plant with associated open storage and 1-storey, 46 m² seasonal office building accessed from Simpson Drive.



Additional Information:

Contact Mary Nordstrom Senior Development Planner 905.584.2272 x.4223 mary.nordstrom@caledon.ca

Please visit the Town's website at caledon.ca/development or contact the Development Planner to obtain a copy of the location map.

COMMUNITY INVOLVEMENT:

The Town has received a proposed Official Plan Amendment and Zoning By-law Amendment application. This is your way to offer input and get involved.

ADDITIONAL INFORMATION

A copy of the proposed Official Plan Amendment and Zoning By-law Amendment and additional information and material about the proposed applications are available to the public at the Planning and Development Section at Town Hall. Office hours are Monday to Friday

APPEAL PROCEDURE:

If a person or public body does not make oral submissions at a public meeting or make written submissions to The Corporation of the Town of Caledon before the proposed Official Plan Amendment is passed and/or the Zoning By-law Amendment is adopted, the person or public body is not entitled to appeal the decision of The Corporation of the Town of Caledon to the Local Planning Appeal Tribuna

If a person or public body does not make oral submissions at a public meeting, or make written submissions to The Corporation of the Town of Caledon before the proposed Official Plan Amendment is passed and/or the Zoning By-law Amendment is adopted, the person or public body may not be added as a party to the hearing of an appeal before the Local Planning Appeal Tribunal unless, in the opinion of the

HOW TO STAY INFORMED:

If you wish to stay informed of the project described above, or if you wish to be notified of the decision of The Corporation of the Town of Caledon in respect of the proposed Plan of Subdivision, Official Plan Amendment or Zoning By-law Amendment, you must make a written request to the Clerk of the Town of Caledon, 6311 Old Church Road, Caledon, Ontario, L7C 1J6.

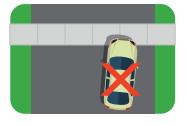
If you require an accessibility accommodation to attend or participate in this Public Meeting, or to access any materials related to this item in an alternate format please contact Legislative Services by phone at 905-584-2272 x.2366 or via email at accessibility@caledon.ca Requests should be submitted at least 10 days before the Public Meeting.

Parking Regulations

When it comes to parking in residential driveways, the primary purpose of Town By-laws is to keep neighbourhoods safe.

SIDEWALKS

Vehicles parked in driveways shall not block a sidewalk. This is to ensure that vehicles don't pose a danger to those using the sidewalk by getting in the way of strollers, wheelchairs and pedestrians.



CURBS

Parked vehicles shall not overhang the curb, grassed areas or obstruct the boulevard in any way. Doing this can cause a dangerous problem for traffic. If necessary, the vehicle may be parked parallel to the curb on the part of the driveway between the sidewalk and the road. Be sure that your vehicle does not block the road or the sidewalk and is not on the grass or landscaped area.



LAWNS

Parking on the front lawn or any grassed area of a property is not permitted. Vehicles parked on the front lawn can damage the lawn, detract from the streetscape and allow automotive fluids (i.e. gas, oil) to leak into the soil and groundwater.



For all parking enquiries, please call the Town at 905.584.2272 x. 3462 or email enforcement@caledon.ca. Please note: your contact information is required to launch a complaint.

EXPRESSION OF INTEREST 2018 - 62

Sponsor the Caledon **Animal Shelter Adoption Kit**



The Town would like to remind all property owners of the property maintenance standards within the Town.

HIGHLIGHTS

- Please maintain your property throughout the season by cutting grass and weeds so that they do not exceed 8 inches (20 centimeters). This includes vacant lands.
- All properties are to be kept clear of garbage, yard waste, appliances, machinery and machinery equipment, containers, sewage and materials from construction or demolition projects.
- All properties are to be kept clear of derelict vehicles, unless the derelict vehicle and its parts are kept in an enclosed building.

The Clean Yards and Property Standards By-laws empower the Town, when it receives a complaint, to issue orders to property owners and tenants in order to maintain compliance with these standards.

For more information, please contact Regulatory Services at 905.584.2272 x.3462 or enforcement@caledon.ca.



PUBLIC NOTICE

Nominations close for the Caledon 2018 municipal election on July 27, 2018 at 2:00 p.m.

Candidates are strongly encouraged to book an appointment with the Town Clerk to file their nomination form. Candidates without an appointment will be received on a first-come first-served basis prior to 2:00 p.m. on July 27, 2018.

For more information please caledon.ca/election.

PUBLIC NOTICE

Passing of By-Law Heritage Designation

TAKE NOTICE that the Council for The Corporation of the Town of Caledon has passed a by-law to designate the following properties as being of cultural heritage value or interest under Section 39 of the Ontario Heritage Act, R.S.O. 1990, Chapter 0.18:



Contact Marisa Williams

Senior Planner, Policy 905-584-2272 x.4264



Walker Farm House (By-law amendment)

89 Walker Road

Part Lot 4, Concession 6 EHS (Caledon), designated as Parts 1 and 2 on 43R-38123; Town of Caledon; Regional Municipality of Peel.

The Georgian-style stone dwelling was built in or about 1863 by James Walker.



Moffat Schoolhouse

6500 Patterson Sideroad Part Lot 26, Concession 1 (Albion) as in VS174921; Town of Caledon; Regional Municipality of Peel.

Moffat Schoolhouse was built in 1900 for School Section No. 7, Albion Township. The schoolhouse closed in 1963 and was converted to a private residence. Typical of rural Ontario schoolhouses of its period, this local landmark is associated with generations of Caledon East area families.

> Interested in offering products and services or promoting your business to first time pet owners?

Submit your expression of interest by August 17, 2018 to be considered.

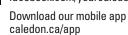
Full submission package and details: caledon.ca/purchasing



6311 Old Church Road Caledon, ON L7C 1J6 www.caledon.ca T. 905.584.2272 | 1.888.225.3366 | F. 905.584.4325 To obtain this page in an alternative format please contact x.4288 or accessibility@caledon.ca FOLLOW US For real-time updates



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LS in Caledon

Dolce offer diners the authentic Italian experience

Written By KIRA WRONSKA DORWARD

For exactly one year, Suthan Rasa's days, anniversaries and parties. restaurant Dolce has been a neighbourerybody knows your name. Located in alternatives for the health conscious, Caledon Village at the corner of Huron- such as gluten free, whole wheat, rice or la vege. tario Street and Highway 24, this beloved spelt pasta, available upon request. Their community restaurant is a place to come, menu also features a meat section with August, Chef Rasa is offering a month- entrepreneur, the master of another narelax, and experience some delicious au- traditional and non-traditional items long set menu for \$35. Walk-ins are al- tionality's cuisine to be enjoyed by Canathentic Italian cuisine.

Chef Suthan Rasa originally chose and rainbow trout. the location for Dolce because he was of the town. Originally from Sri Lanka, prix fix menu of three courses. which he left to escape the bloody civil began by making the pastas, then was ety of cheesecakes. promoted to salads, and eventually befine Italian dining.

of hard work and experience, the perfect tas and fish. traditional Italian restaurant down to the red and white checked table cloths. Its good Italian could want, and then some. bustling atmosphere on the weekends does not detract from the cozy feel of the gnocchi gorgonzola as his favourite dish, place, as the restaurant is often packed and this reporter has to agree. After also at both lunch and dinner. The restaurant sampling the spaghetti (better than any I

Dolce specializes in its 45 variations such as fish and chips, chicken souvlaki, ways welcome, but since weekends are dians of all ethnicities.

Each day features a daily pasta special, drawn to the peaceful community feel and each week Chef Rasa sets a special

A small bar offers basic wine, beer and war, he arrived in Canada and immedi-spirits, as well as mixed drinks. To top ately found work in some of the prom- off the experience, traditional Italian inent Italian restaurants of Toronto. He deserts are on offer, in addition to a vari-

Aside from eating in-house, Dolce came a sous chef, all the while learning offers a great take-out menu featuring from other master chefs about the art of everything from large family and party trays to individualized pizza orders, Dolce is the culmination of those years soups, antipasti, sandwiches, meats, pas-

In short, Dolce offers everything a

When asked, Chef Rasa points out the

often booked for events such as birth- pancetta e fungi pizza, each dish proved bet for a table at this to-die-for estabmore delicious than the last. The most lishment. Hours of operation are Tuesfrequently ordered dishes at Dolce are days-Fridays 11a.m. - 9 p.m., Saturdays hood hub, the kind of place where ev- of pizzas and pastas, and even offers the chicken parmesan, rainbow trout, 2-9 p.m., and Sundays 11 a.m.- 8 p.m. spaghetti a la dolce, and the gnocchi a In many ways, Dolce represents the

can accommodate 25-30 people, and is have ever tasted), fried calamari, and the so busy, making a reservation is a sure

Canadian dream; an immigrant from a To celebrate Dolce's anniversary in war-torn country becomes a successful









18371 Hurontario St., Caledon ON Tel: 519-927-1919 Dir: 416-836-3507

WWW.DOLCECALEDON.CA

Offer valid for month of August with this coupon

ONTARIO PEACHES & CREAM CORN IS HERE! FIELD TOMATOES ARE IN! Wild Blueberries, Ontario Raspberries, Cherries, Gooseberries, red & blackcurrants are in!



STUDENT BECOMES THE MASTER: Chef Suthan Rasa honed his skills in some of the best Italian restuarants, working his way up salads to main courses.

TO ADVERTISE ON THIS PAGE

CALL ERIN or VICKI AT 905-857-6626 FOR MORE DETAILS.



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Farmer Fresh Produce: from our table to yours



Eat Locally Grown And Taste The Difference.

Easiest way to save a life

There are some things about our species that really make me scratch my head. For example, motorists who refuse to give up the passing lane on the highway. They're like NRA members. "I'll give you this passing lane when you take it from my cold, dead hands."

One would imagine they know better, but refuse to move all the same despite the frequent wild hand gestures and flashing of bright lights from those behind them. I think studies should be done to find out why they have this unnatural need to remain in the passing lane while driving dead on the speed limit.

Another trait many people share is the refusal to give blood, especially when it's needed the most (which is right now, in case you're wondering). I understand that a few people have a genuine fear of needles and others feel they can't spare the half hour or so, but those don't hold water for me. People survive because other people give blood. Doctors were able to treat the survivors of the Humboldt Broncos bus tragedy because strangers gave blood.

For those of you who don't know how it works allow me to walk you through the process.

Some people walk in, but the best way to go about it is to register on the Canadian Blood Services website at blood.ca. It just takes a minute. Then you make an appointment at the location closest to you. In this case, that would be the Caledon Community Complex at 6215 Old Church Road on Aug. 2 from 3 - 7 p.m.

Now there are a few health-related questions you're going to have to answer, most of which can be answered online. At least one of them has to do with handling monkeys, so if you're an organ grinder or an extra from the Planet of the Apes movie, you have an excuse.

When you arrive, check in at the front desk. If you're experience is anything like mine, you'll be treated like royalty just for being

This brings me to a brief break in the process to inform you that while nothing should take the place of regular medical checkups with your doctor, giving blood is actually a pretty good way to keep on top of things. I've given blood dozens of times, but on one occasion it was discovered that my red blood cell count was low. I was advised to see my physician, who put me through a battery of tests I wouldn't have otherwise requested, including a colonoscopy that led to biopsies being done on a number of polyps. None were cancerous, but all of this occurred because I tried to give blood. Back to our tour.

The actual donation of blood will be about the easiest thing you'll do all day. You'll lie down on a bed, they'll search for a vein and just like that you're saving someone's life while relaxing on your back. It doesn't take long at all before they bandage you up and send you over for some fruit juice and cookies. You likely won't feel any effects of the donation other than perhaps a little weakness. I once walked my dog through a forest with many rises and drops in terrain and felt like I was an old man by the end of it, but they did warn me not to do anything like that in the first place so it's on me. One other point that needs to be made: If you have O-negative blood, everything doubles in importance because everyone, regardless of blood type, can accept O-negative. You have blood that really wants to be heroic, so allow it to do its job.

There are people everywhere, every day, whose life or death depends on getting blood from a stranger. Feel good about yourself and help them out, won't you?

Rotary Minute

chaperone in May of this year at the Schools in our local and adjoining Rota-Rotary Camp Enterprise which was lo-ry Districts from communications with cated at the YMCA Cedar Glen Camp, high school counsellors. 13300 11th Concession, Schomberg.

small businesses.

The three and a half day camp covers stand this wide subject.

Some excellent speakers presented business and their journey to success.

The most amusing and somewhat enlightening presentation came from Wy- the website www.campenterprise.ca or lie Hudspeth on bee keeping.

I had the privilege of being an adult Students are selected from local High

St. Michael Catholic School, Humber-This is a camp for approximately 50 view Secondary School and Mayfield grade 11 and 12 students who are in- Secondary School sent a total of 6 stuterested in business and the creation of dents to camp this year. It is also open to private schools.

Lastly, the Rotary camp is FREE to a wide range of skills needed to under- all students attending for this wonderful experience.

We hope this article inspires a debate talking about their own experiences in with your teens about attending this camp in May, 2019.

If your teen is interested, please check contact Doug Prince at 905-880-2921.

CaledonCitizen

Have you had a great experience at a local business in the Bolton or Caledon area?

Tell us about it! Send your positive feedback to editor@caledoncitizen.com

and we will be sure to print your story!

By submitting your experience you're giving us permission to print your name (no email address will be shared)



Mary Jane's unsteady future

by Mark Pavilons

cherry pies is one marked "special taxes, too. blend" at the church fundraiser.

very happy church-goers in the coming in preventing misuse and lawsuits. All year.

all very merry is marijuana. The edible goes up in smoke! goodie, made with TLC and THC, will put a smile on everyone's face.

The organic menu at local coffee shops and bakeries will expand to include sky's the limit when it comes to new these home-baked products. They'd be food choices! advised to add some chips and other munchies to the menu as well! Guests may stay a bit longer though, as time chased \$180 million worth of cannaslows to a crawl!

scary scenario as we move toward legalizing marijuana.

The new law for purchasing and smoking marijuana comes into effect Oct. 17, but the powers that be are still struggling with restrictions on edibles, something they likely did not anticipate.

Cannabis-infused food products will become available, and this will raise everything to a whole new level of weird. If it's legal, and results in profits, you it would be more like dullness drinks. can bet we'll be seeing everything from cannabis cereal to weed chewing gum.

Dalhousie University, 93 per cent of those favouring legalization of marijuaproduct.

\$200-billion sector. From fast food universal and largely unrestricted.

smoking dope, edible ganja is discrete. out-performing the whole dot-com in-You won't know if your co-worker is dustry. munching away on a power bar or a doo-

There's no way to tell if your professor is enjoying the sunshine on campus, or titude of college courses, growing equiprelaxing after a bag of wowie chips.

any variety is up to adults with a smidgen of common sense, how will this im-

pact our youth and children? Will a rushed parent substitute weed butter by mistake in their kids' lunch? Will clever tots sneak a few grass

sticks from the cupboard? Health Canada staff have their work ing matter. cut out for them in not only creating

ibles don't get out of hand.

One of the main reasons for legalizing dope is to eliminate back alley dealmonitoring it. Of course, the govern-people, we're in for a heck of a ride!

Right next to the table of apple and ment stands to make a ton of cash in

Food companies have to be stringent "Pot luck" events will make for some on safety issues, labelling and cautious it takes is for one person to die from a The "special" ingredient making us marijuana cracker and the whole thing

If the proper safety measures are put in place, it will, of course, be a windfall for food product manufacturers. The

It's not new, though.

In California in 2017, consumers purbis-infused food and drink. In Colorado, Edibles will present a whole new, sales of edibles rose by some 60 per cent a year over the past two years.

There's more.

Will drinkable cannabis impact the alcohol business? Will we see maryjane mojitos on restaurant menus? Just what to you mix with a shot of reefer rum?

The slogan, "this Bud's for you," would be a hit and never more fitting.

And, this would provide a new twist on energy drinks, although in this case,

What's interesting is that the cannabis plant itself is full of nutritional val-Apparently, edibles were not initially ue, making it a new-found miracle weed! included in Bill C-45, but the parlia- It contains protein, carbohydrates, inmentary health committee decided last soluble fibre, potassium, magnesium, fall that a comprehensive approach was sulphur, calcium, iron, zinc, vitamins E and C, and many other beneficial ingre-According to a recently-survey from dients. Step aside Echinacea and grape seed, make room for Super Killer Bud!

The Dalhousie survey also revealed na are also very likely to try an edible that roughly 20 per cent of food processing companies are interested in, and Our food industry is a massive, prepared to enter, the edible market.

Sure, we'll have a transition period outlets to food trucks and concession and some industries may prefer to just stands, food is everywhere. I imagine wait and see. But it won't take long for access to the edible loco weed will be others to jump on the bhang bandwagon. Where there's money to be made. But here's the scary part. Unlike I can seed this as the next bid deal,

> The products are merely the end result, and what consumers see.

This whole business will spawn a mulment manufacturing, a new generation Again, while consumption of pot in of "potting soil" concoctions, even air purification systems.

> I'm waiting for the t-shirts and coffee mugs that exclaim "I drink my weed for breakfast!" or "World's highest grand-

While more people will be enjoying laughing grass, it's not really a laugh-

The collective IQs of our leaders and regulatory framework, but ensuring ed- bureaucrats will have to rise substantially, to offset the lowering of IQs of all those on wacky tabacky.

We are living in interesting times to ers; getting the stuff off the streets and be sure. All I can advise is buckle up,

The CALEDON CITIZEN is a member of the Ontario Press

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Doug Rowe

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CaledonCitizen

Covering all of Caledon

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Bank of Canada interest rate hike hits consumers again

The Bank of Canada recently raised the overnight lending rate to 1.5 per cent from 1.25 per cent. This was the fourth increase in just over a year, which means Canadian consumers will likely end up paying more for such things as variable-rate mortgages and lines of credit. It also means that Canadians are going to be paying more for the money the current Liberal government has borrowed. It is, therefore, not the time for more Liberal tax hikes who are already stretched to the limit.

The Bank of Canada points out that year, Canada's net debt reached an all- Canadian economy.

OTTAWA JOURNAL

David Tilson MP Dufferin-Caledon

to further burden Canadian taxpayers time high of \$670 billion or \$47,612 per

Canadian family. consumer debt, vulnerability in hous- interest rates rise over the next three ing, and higher inflation. This is the years, debt payments will consume a Trudeau and the current Liberal gov- at any time in the last three decades. ernment to be imposing new taxes on As households are "shocked" with high-Canadians. These are threats that the er interest on their credit cards and Bank of Canada has been warming mortgages, their taxes will need to rise Minister Trudeau broke his promise time for more Liberal tax hikes. We will about for years. A responsible govern- to pay a one-third or \$8 billion increase to only run small deficits of \$10 billion continue to be the voice of the taxpayment would've prepared for a downturn in federal government debt interest. per year and to balance the budget by er. We will continue to hold Prime Minby setting aside funds or paying down The gravity of this situation cannot be 2019. He now admits the budget won't ister Justin Trudeau and the current debt. Instead, the Prime Minister has understated - Canada's combined per- be balanced until 2045 - twenty-five Liberal government to account for the added \$60 billion to the national debt sonal, business, and government debt years later than he promised. As a re- taxes he's raised to pay for his out-ofin his first three years in power. Last is now three times the size of the entire sult of his reckless borrowing, Cana- control spending and for leaving ordi-

All of this is sobering news for Canadians. Prime Minister Trudeau spent Consumer debt is also a serious con- the cupboard bare when rates were low savings accounts; and payroll taxes for there are big risks for the Canadi- cern in Canada. In 2017, Canadian and times were good. Now consumers businesses. an economy - trade uncertainty and households had a record \$1.74 of debt and households will be forced to pay tariffs, rising interest rates, higher for every dollar of disposable income. As for his reckless borrowing. In 2009, the tion, believe taxes should be lower for previous Conservative government was Canadians: for businesses, families. able to take decisive action to support and individuals. Given the recent Bank wrong time for Prime Minister Justin larger share of household income than the Canadian economy. The cupboard of Canada interest rate hike, the Prime will be bare the next time Canada is Minister's reckless spending leading to faced with a crisis.

dians will spend \$40 billion annually nary Canadians behind.

on federal debt interest by 2021 - a 60 per cent increase from last year. This means higher taxes for Canadians to pay wealthy bond holders and bankers. Furthermore, the cost of living is rising and Prime Minister Trudeau is making it worse. His carbon tax will raise the price of everything and his reckless borrowing means higher interest on debt for consumers and taxpayers. He should've considered how future interest rate hikes would impact Canadian families before he raised taxes on gasoline and home heating; Canadians'

We, the Conservative Official Opposihigher interest on debt for consumers Canadians remember that Prime and taxpayers, this is definitely not the

Promise made, promise kept, says MPP Sylvia Jones

Throughout the election campaign, families, businesses and seniors often shared with me that their number one issue was the skyrocketing cost of hydro. That is why Doug Ford committed to firing the Board and the CEO of Hydro One, along with his outrageous salary. Frankly, it is not right for someone to making so much money on a service that people could not afford.

That is why I am so pleased to report that on July 11th, the CEO announced his retirement and the Board of Hydro One will resign by August 15th, to facilitate an orderly transition to an intervening period. The CEO of Hydro One, is retiring as of July 11 and will receive no severance.

This is truly a great day for Ontario ratepayers and signals a change at government was making families and less hydro rates were brought under Broadway, Orangeville.

FROM QUEEN'S PARK

Sylvia Jones

MPP Dufferin-Caledon



Hydro One. It is a change that along seniors choose between heating and average hydro bill by another 12%.

We have taken these steps because meet. we understand that the skyrocketing

with other measures, will reduce the eating. Taking action to reduce hydro rates will help families make ends

I had also heard from many busicost of hydro seen under the previous nesses who were concerned that un-

control, they would be forced to let employees go, or even move their business out of the province. Tackling the problem of Hydro One's governance is an important first step to making Ontario open for business again. During the campaign, Premier Ford made it clear that one of our government's five priorities would be bringing good jobs to Ontario. Getting the hydro rates under control will be an essential step to making that happen.

I am proud that Premier Ford, my PC colleagues and I are delivering on our promises to the people of Ontario. If you have any questions regarding any provincial issues, or our plan for Ontario, please contact my office at sylvia.jonesco@pc.ola.org, call 519-941-7751 or drop by my office at 244

Artist finds spirituality

Written By MARK PAVILONS

homage to creativity and spiritual- favorite organ. ity. In fact, this one piece of glass work will be on display as a com- Florian's Priory, a community of plement to Austrian history.

tine Tahedl created a 2.5-metre erational monasteries in the world metal and glass church window, following the Rule of St Augustine. capturing both classical and mod- Composer Bruckner (1824-96) was ern abstract designs. It was a mod- a choirboy and later organist in the ern resurrection of a piece uncov-town. ered in the 16th century tower of the Stift St. Florian monastery near church dates back to Roman times, Linz, Austria. Tahedl has been a but the modern reconstruction of special guest in the past and she the basilical began in 1686. The was chosen to create something special for the church. During renovations several years ago, workers uncovered an original window inside a wall that hasn't seen the light of day in hundreds of years. It had to remain in place, but they wanted to bring the architecture become a well-known place in Euback to life in some way.

That's where Tahedl came in. She began her career in stained beautiful in all of Europe. glass and she submitted concept drawings, along with other con- to the greats - Mozart, Schubert, temporary Austrian artists, for a Strauss and of course Bruckner, chance to recreate history.

Her designs were ultimately chosen and she spent a couple of ever created. weeks in a workshop in Vienna painting the panels and assem- are reaching out to the public, and blying the window. She decided the younger generation to keep the to paint on the reverse side of faith alive. Through art and music, the glass, which presented some they hope others will embrace the unique challenges, even for such a tradition. seasoned artist.

ages would look like when viewed nature. from the other side. She noted she had to approach it in the exact op- best of Austrian culture. Music, posite way of a typical painting. It art and religion come together in the process kept her "fresh."

The piece is reflective of Tahedl's unique style and colour schemes. She used stronger, more vibrant the best collections of medieval colours to make the piece "pop."

While she had a concept plan in mind, the piece took on a life of its own during the process. Not only does it look great, but it belongs in est libraries in Europe. the basilica.

history, recreate it and have it in-literature is admirable. stalled, is "inspiring."

"I'm just thrilled," she said.

The abstract design is based on Anton Bruckner's music. The composer, loved for his creativity log.com/~etahedl

and humility, played the organ at the church and is, in fact, buried The work of a King artist pays in a crypt immediately below his

The facility is the home of St. Canons Regular named after Saint World-renowned artist Ernes- Florian and one of the oldest op-

The foundation of the old Gothic monastery was first documented in 819. Since 1071 Canons Regular of Saint Augustine's order have been living there. Over the centuries the monastic building has adapted to the many changes in style. In parallel, the borough of St. Florian has rope. The church and grounds are considered to be among the most

Tahedl paints while listening who's considered to have written the most complex symphonies

The priory, and Catholic church,

Tahedl said creativity and spiri-She painted the panels on the tuality complement one another. In floor, keeping in mind what the imfact, music itself can be abstract in

St. Florian preserves the very was challenging, but she admitted regular music festivals. They have their own boys' choir, similar to the world-famous Vienna Boys Choir.

> The facility is home to one of art, with glass, paintings and sculptures spanning the 13th to 16th centuries. Monks have also painstakingly assembled one of the old-

The richness of this institution, It was simply amazing to be part Tahedl said, is simply breathtakof this once-in-a-lifetime opportu- ing. The dedication of the monks nity. To find a piece of 600-year-old to preserve art, history, music and

> That richness has become even greater, thanks to Tahedl's unique contribution.

For more, visit http://www.inter-



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Daily Hental Allowance and A/X/Z/D/F-Plan programs. "Between July 4 and August 31, 2018, receive \$15,50.0 in 10tal Ford Employee Price Adjustments with the purchase or lease of a new 2018 F-150 Bedliner, Rear Wheel Well Liners, Skid Platies, and All-Weather Rubber Floor Mats. Total Ford Employee Pricing Adjustments are a combination of Employee Price adjustment of \$10,006 and delivery allowance of \$5,500. See dealer for details. Employee Price adjustments are not combinable with CPA, GPC, CFIP, Daily Rental Allowance and A/X/Z/D/F-Plan programs. Delivery allowances are not combinable with any fleet consumer incentives: 10ffer only valid from July 4 to August 31, 2018 (the "Offer Period"), to resident Canadians with an eligible Costo membership on or before July 3, 2018. Receive \$1,000 towards the purchase or lease of a new 2018 Ford model (excluding Focus, Fiesta, C-MAX, F-150 SuperCab and SuperCrew XL/XLT with diesel engine, F-150 Raptor, Shelby® GT350/GT350R Mustang, Ford GT, cutaway/chassis cab and F-650/F-750) (each an "Eligible Vehicle"). Limit one (1) offer per each Eligible Vehicle purchase or lease per Costco Membership Number. Offer is transferable to persons domiciled with an eligible Costco member. Customer may use the \$1,000 offer as a down payment or choose to receive a rebate cheque from Ford Motor Company of Canada, Limited but not both. Applicable taxes calculated before the offer amount is deducted. ®Registered trademark of Price Costco International, Inc. used under license. ©2018 Ford Motor Company of Canada, Limited. All rights reserved.

Hillary gets the nod, disco dances in, and the Hoff is hassled

Written By SCOTT TAYLOR

1941 — In retaliation for the Japanese occupation of French Indochina, U.S. President Franklin D. Roosevelt of the hardest working people in showbiz with the Rolling freezes all Japanese assets in the United States. Less than Stones, who have somehow found new life over the past five months later, the Japanese would show their displea- decade.

1945 — The Labour Party wins the U.K. election in a landslide, punting Winston Churchill from power. How quickly they turn.

1945 — The navy warship USS Indianapolis arrived in Tinian with parts of the warhead for the Hiroshima atomic bomb. Eleven days later she would be sunk, leaving only 316 survivors from 1,195 crew. Do you remember that speech Quint delivered in Jaws? That was the boat.

1971 — Apollo 15 is launched and with it the first use of a Lunar Roving Vehicle.



2005 — The space shuttle Discovery is launched. It's the U.S. album charts with One of These Nights. first shuttle since the Columbia tragedy.

2016 — Hillary Clinton becomes the first woman nomisingles chart with The Hustle. Thus, the disco era is born. nated for president of the United States by a major political party. It would not end well.

Born on This Day

for A Clockwork Orange, 2001: A Space Odyssey, and The join John Lennon's band, The Quarrymen. They soon found

Shining. That's not bad.

1943 — Mick Jagger, singer, musician, actor and still one ... oh, it's on the tip of our tongue.



1949 — Roger Taylor, drummer for Queen.

1954 — Tennis player Vitas Gerulaitis, whom we include only for this quote: "Let that be a lesson to you all. Nobody beats Vitas Gerulaitis 17 times in a row." He said that after beating Jimmy Connors who had won the previous 16 matches between them.

1959 — Kevin Spacey, award-winning actor, scandal ruined his career. And like that, poof, he was gone.

This Day in Music

1968 — An unknown band called The Jackson Five sign their first record deal with Motown.

1975 — The Eagles start a five-week run at the top of the

1975 — Van McCoy and Soul City go to No. 1 on the U.S.

2000 — Oasis are booed off the stage at the Paleo Festival in Switzerland after singer Liam Gallagher insults the audience.

2006 — Paul McCartney's first guitar sells for about the United Kingdom, respectively. 1928 — Stanley Kubrick, director, screenwriter, known \$600,000 at auction. It's the one he played when he asked to

George Harrison and Pete Best and changed their name to.

This day in Film and TV

1991 — Paul Rubens, who you might know as Pee Wee Herman, is arrested for exposing himself in an adult movie theatre.

1992 — KISS guitarist Paul Stanley weds model Pamela Bowen. No idea what type of makeup they wore for this.

1997 — Director James Cameron weds his Terminator star Linda Hamilton. Two years later, Hamilton told him he was terminated – or something along those lines.

2006 — Speaking of divorces, David Hasselhoff and wife Pamela Bach call it quits after 16 years of wedded bliss - or something along those lines.



This is Also On This Day

Day of National Significance in Barbados. It doesn't really roll off the tongue, does it?

Day of National Rebellion in Cuba. Now that has some electricity to it.

It is Independence Day in both Liberia and Maldives, who separated from American Colonization Society and



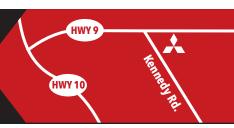
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- ADVERTORIAL -

annual Free **Dental Day a** resounding **success**

FREE DENTAL DAY: Headwaters Dental Centre held its 7th annual Free Dental Day in Orangeville on June 13. Pictured, Dr. Raj Khanuja (third from left) poses for a photo with Dufferin-Caledon MPP Sylvia Jones, clinic staff and patients.

Written By MIKE PICKFORD

It has been another successful year for local dentist Dr. Raj Khanuja, who just last month celebrated the coming years, it's in Orangeville where it all began. success of the seventh-annual iteration of his ongoing 'Doing Positive in my Backyard' campaign.

at Headwaters Dental Centre, located at 170 Lakeview in the smiles and appreciation of those patients who, Court in Orangeville, have dedicated one day each without the generosity of those at Headwaters Dental, year to providing free dental care to the communi- would likely forego their dental health. ty's most vulnerable residents. On June 13, the team did it all again as they welcomed a record 34 patients very thankful. They can't believe that they're able to through the doors of the local facility.

type of service here in Orangeville. We're happy we're nity and help people who really need it." able to do our part."

cent was the prestigious June Callwood Outstanding somed when Dr. Raj met a local mother who, he says, Achievement Award for Voluntarism, dished out to Dr. was ignoring her dental issues so that she could pro-Khanuja back in April. He is one of the 12 individu- vide for her young children. als and four organizations to receive this award from the Ontario government. Headwaters Dental has also when I continued seeing a mother with three children and, frankly, deserve," Dr. Khanuja said. "We're not been recognized with a Canadian Business Excellence coming into our office, bringing her kids in for work Award for a Private Business in each of the past two on their teeth," Dr. Khanuja said. "She was always fo-

nuja is catching on. Already this year, Dr. Khanuja tooth. I told her it was only going to get worse unless

has led similar initiatives at his other dental centres in Brampton, Stoney Creek and Fergus. While he envisages the program spreading even further over the

While he is proud of what he has been able to do through Free Dental Day and his greater 'Doing Pos-Launched back in 2012, Dr. Khanuja and his staff itive in my Backyard' initiative, he takes satisfaction

get this work done for free," Dr. Khanuja said. "For a "It has been a special year for us with free dental lot of these people, they have been in pain or discomday," Dr. Khanuja told the Citizen. "We saw a lot of fort for a long time. To have even a small issue fixed is people coming to us for help, and we helped more a big deal for them. We can see it right away, the relief. people than ever this time. There is a real need for this We're delighted to be able to give back to our commu-

Inspiration for the program was born when Dr. Kha-Dr. Khanuja has been lauded on both the provin- nuja participated in an overseas mission trip to help cial and national stage for his work with the program, provide oral healthcare services to citizens of develreceiving numerous awards for his efforts. Most re- oping nations several years ago. That inspiration blos-

cused on her children, never making appointments for Dental Care Day as it has been coined by Dr. Kha- herself, even though I knew she had an issue with a

she got it fixed."

He added, "This mother told me that she had a decision between fixing her tooth or purchasing hockey gear for her son, and she picked the hockey gear. That really touched my heart. I saw this was a mother who was doing her best as a single parent to take care of her kids, providing for them what they needed while sacrificing her health because she couldn't afford to take care of both things."

"That's when I knew I had to start this program, and "These people are always very happy, very glad, I knew she was going to be its first patient," Dr. Khanuja finished.

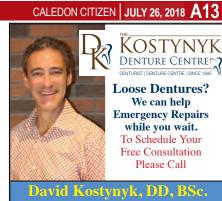
The centre offers three procedures on Free Dental Day – a full dental cleaning, a tooth coloured filling, limited to one tooth per patient, or a simple tooth extraction, again limited to one tooth per patient. Although Dr. Raj and his team at Headwaters Dental have carried out close to 200 procedures since the inception of Free Dental Day, he'd still like to do more.

Describing his "dream" to the Citizen, Dr. Raj said he'd like to introduce a permanent community clinic to the Headwaters region, where people who can't otherwise afford dental work can go in case of emer-

"My vision has always been this, to provide a centre, "I guess the thing that actually kicked it all off was a space where residents go to get the help they need there yet, but I hope that one day we can see something like this become a reality for this region."

For more information on Headwaters Dental Centre and the services it provides, call the office at 519-941Proud sponsor of the

SENIOR OF THE MONTH



Dorothy Stewart and the amazing Circle of Friends

Written By CONSTANCE SCRAFIELD

"The Circle of Friends," began Ms. Stewart to tell the history, "was started in the Anglican Church here in Bolton. That's where I belong and where I work.

"In 1999," she said, "with the ACW (Anglican Church Women), we wanted to change it. We had read about the Doctors Without Borders (DWB) taking teddies to the places where they were going – to scenes of tragedy. The teddies were knitted from a particular pattern designed by a woman in England.

"Once we started making the teddies and other things — afghans, baby blankets, mittens — someone asked where we could store them. I said I have a spare room and they have been kept there waiting for each shipment since.

"One of our women went on a trip to the England and got that teddy pattern. But there is a condition to using it: you can make one for yourself - your own child, grandchild -but you also have to make one to send to another child.

"After we started, people were donating wool, bits left over from their own work and we used them to make the teddies. The first 125 teddies we made we took them down to Toronto to the DWB office and they said, 'Sorry, the doctors don't take them anymore because of the cost of shipmedical supplies.'

"So, we got in touch with the Samaritans' Purse in Kitchener. They run the Shoebox where volunteers make up sewing kits, program for Operation Christmas Child, that take small gifts like the teddies. They said yes to picking up the teddies and other around the world." things like sewing kits and school supplies in Toronto."

She pulled out a flyer from Samaritans' Purse to show details of the program. The them to hold up their hands with the mitts shoeboxes are sent to children around the world, living in war, poverty and disaster. them in a box and the children all started to This initiative also opens the door for the cry until someone, finally, who spoke their Samaritans to do missionary work.

"We continue to make them," Ms Stewart were for winter and they could have then." went on to say, "with scrap wool. I still have them coming from a lady in Beaverton. She twice a year to be shipped, including "a brings them to me once a year." She offered bag with 70 teddies that a woman makes either put them in the shop to sell or give pion Volunteer by the Town of Caledon; an amazing statistic: "Since we started in in one year. Some people knit squares but them to the new mothers." 1990, 24,000 teddies have been kept in my I don't like to because I find it boring. But I spare room until shipping time!"

the name their women's church group: tie down to hold small items like hair ties." "We wanted to change the name to Circle of Friends so that anyone could come, how nimble they still are, with no arthritis, know how to knit or anything.' and we said, remarked. 'Good, you can make the tea."



DOROTHY STEWART: Her teddy bears have comforted kids around the world for years.

a workroom in the kitchen [at the church] material that we can't use, they take it. They make mitts, baby toques – they go all

She tells a cute story: "One of our ladies went to an orphanage in one of the countries. They gave 30 children mitts and asked on for a photo. Then, they told them to put language was able to explain that the mitts

The teddies and other goods are taken sew them together to make blankets small

Ms Stewart wiggled her fingers to show

Of all the places that needed the help, Much of it goes overseas, as Ms Stew- "Haiti would not allow the Samaritans mother sewed and knitted. So, I was raised body to volunteer."

ping. They need that money to spend on art explained, "We found out they could to bring things in," she commented. "But take Afghans and baby blankets, we have they're open now. Formerly, things were Christmas tradition, when one of her sons brought in by the DWB."

the work at the Circle of Friends, "We don't collect money [by donations]. When we sell a baby quilt, we raise money to buy wool. We do donate items for sale to pay back at next day." the church. We send things to the [Caledon Community Services CCS, like clean used anyone who might like to accept it, "The baby and youth clothing. Now, we also send toques. But we like to know how our things are being handled and where they go; how one is welcome to come and sit with us, no things are being distributed."

Everywhere they can help, they do: "We send teddies and lots of other things, espeared good times but everybody has." cially car seat blankets to Headwaters hospital [Heath Care Centre]. The staff can from St. James' Church in Toronto; Cham-

Children but also here at home: "We sup- Anniversary of Confederation, she was There was a good reason for changing things. We make little purses with button port the CCS at Christmas too," she was given a medallion for her support with the

"I was born in Toronto but my dad died [of over to the library board last year. That whether they belonged to a church or not. at last partially saved by how active she blood poisoning when I was two years old. evening when I got home, I had a letter One woman came and said, 'But I don't keeps them. "I am still hand quilting," she Mom had two small children and she had from David Tilson, telling I was going to be another baby a month later. We went to live awarded for the 150th too." with my grandmother. Both she and my

and taught how to do both."

For several years, Ms Stewart worked in an insurance company and, as well, worked with the Red Cross, distributing goods during the war.

She tells the tale: "I came out to Bolton once with a girl friend who invited me to come for the weekend. We went skating on Hickman Street and I met my husband. I moved out here and was the city girl who became the country girl.

"I was the secretary for Palgrave [Public] School for 19 years, "she said and on the Board of Directors for several organizations over the time.

They built a house on Castlederg Road [Caledon] where they raised their children until her husband died in 1952. Ms Stewart lived on the family home.

The travel bug caught while her husband was still alive: "The year before he died, we went to California. He wanted to go to Alaska, so, I went and I travelled across Canada. I travelled extensively, with different people, all over Europe; made quilting trips to the USA. I took a cruise around South America and went to Australia and New Zealand.

"I really miss the travelling now."

She decided to move into Bolton, in 1998, which is very convenient for her. She has good neighbours and a network of friends.

With eight grandchildren and seven great grandchildren, Ms Stewart loves their and his family arrive, dinner in hand, to set Continuing to explain how it goes with the table with the good china and all the trimmings, while Ms Stewart "just sits and has a drink and talks with the children."

"The other son brings Chinese food the

She told the Citizen, as an invitation to Circle of Friends meets every Tuesday at the Anglican Church on Nancy Street. Anymatter whether they sew or knit or not."

She commented, "I have had bad times

Ms Stewart has been awarded a Medal the 150th Anniversary of Confederation Not only to the Samaritans Christmas Certificate of Appreciation; on the 100th Albion-Caledon Library but "because I was Of her own history, Ms Steward related, Chair of the library, I turned the medallion

Her motto: "There is a place for every-

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9

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Respite helps seniors, caregivers

Written By SCOTT TAYLOR

better described as a lifeline for seniors who the support." just need a little help going from here to there,

CCS website says, "Respite workers provide of their own. non-medical care and companionship for sehomes. Respite workers supervise and supresponsibilities."

Of course, that's an apt description, but there's much more to it than that.

"Our program has been around since around 1994 and it operates in a brokerage their circumstances, their mobility, any lanmodel," said Kim Shadlock, senior manager, guage issues, any cognitive issues, that kind health services for CCS said. "In this model of thing." we act as a link between the individual seeking respite companionship services and the lock provides the names of three workers. those willing to provide those services. Once Then it's up to the patient to contact one or we link them then they build a relationship together."

That relationship is crucial because a re- arate day. spite worker — which is not the same as a personal care worker — needs to be in tune ry caregiver feel comfortable with the worker. with their client and the client needs to be Once that's achieved, the relationship builds able to trust them and enjoy their company.

"Respite is an opportunity to provide some relief to a caregiver, to provide companion-visit ccs4u.org.

ship. It might be some light housekeeping. One recent experience I've had with a client is they loved to cook, so they had a respite Respite is a service offered by Caledon worker come in and support the process. Community Services (CCS), but it would be They had some health issues and they needed

Respite workers also drive seniors to apdoing chores, or even craving a little company. pointments or spend time with the client so The official description of respite on the the caregiver can make it to an appointment

"Companionship is a big element of it, but niors and adults with disabilities within their if there are other things they may want the respite worker to participate with the client port individuals so their regular caregivers in, it's negotiated between the respite worker can have some time away from care giving and the client and the caregiver of that client," Shadlock said.

> The process begins when Shadlock first connects with the client for an assessment.

"It's really basic information to understand

Once that assessment has been done, Shadall of them. The client can select all of them, if they want, with each coming over on a sep-

The important thing is the client and primainto a friendship that benefits everyone.

For more information, call 905-584-2300 or

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impede aging with

optimism.

Having a "glass half full" approach to the sunny side of life: life has long been considered import-

Humana recently surveyed 2,000 peopercent of seniors who identify them-trusting relationship. selves as "most optimistic" reported who said they're "least optimistic."

ported nine fewer physically unhealthy and seven fewer mentally unhealthy days per month than their least optimistic counterparts.

Seniors who rated themselves as most optimistic also reported positively on other attributes linked to health, including sleep, confi-

dence and overall happiness. respondents reported feeling confident of optimists say maintaining an active in the past week, while only 52 percent social life is an important motivator to of the least optimistic respondents did, stay healthy. a difference of 39 percentage points.

respondents reported feeling happy in something that's right for you and that of the least optimistic respondents, a optimistic survey respondents (97 perdifference of 46 percentage points.

timistic respondents reported getting a health. restless night's sleep in the past week, while 62 percent of the least optimistic habit to look for and appreciate everyrespondents did, another difference of thing you're thankful for in life. 31 percentage points.

advice for anyone struggling to stay on same way."

- 1. Take ownership and recognize that ant for overall wellness. But evidence your health is your own. To achieve suggests that there may be truth in this your best health, you need to set per-
- sonal goals just for you. 2. Engage with your doctor or other ple aged 60 and over, and found that 87 health care professional and build a
- 3. Find a higher purpose that makes their health as good to excellent. This you excited to get up in the morning. is compared to 44 percent for those Humana's survey found that the majority of respondents (86 percent) who Also, the most optimistic people re- identify as optimists also rank a sense

of purpose as an important attribute for The stresses of life, aging. social stereotypes 4. If

4. Remain socially engaged, not isolated, and nurture close relationships. The importance of social engagement is recognized by the 71 percent of Humana survey respondents who identify as optimists and get to-

gether with friends or relatives either • 91 percent of the most optimistic monthly or weekly. Further, 80 percent

5. Stay active and remember that • 90 percent of the most optimistic physical activity is important. Find the past week, compared to 44 percent you like to do. Almost all of the most cent) say remaining physically active • And only 31 percent of the most op- is a major motivator for retaining good

6. Practice gratitude and make it a

"As a boomer myself, I know that the Despite these impressive numbers, majority of the decisions about my own having an optimistic mindset is often health take place outside of a doctor's easier said than done. The stresses of office," said Dr. Hernandez Suarez. life, social stereotypes and one's nat- "With the knowledge that optimism ural temperament can all impede ap- may be linked to health and well-being, proaching aging with optimism. Dr. I'm focused on making positive health Yolangel Hernandez Suarez, Humana decisions through all aspects of my vice-president and chief medical offi- life. Our goal at Humana is to empowcer for care delivery, has the following er everyone to approach health in the

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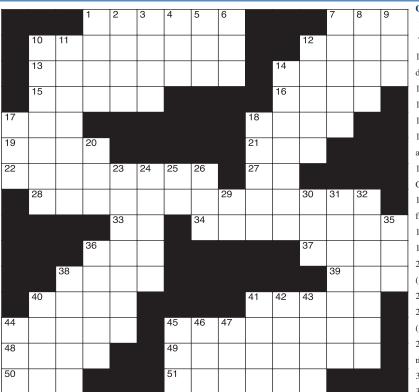
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CLUES ACROSS 1. The winners 7. A place to relax 10. Monies to pay

- 13. Type of steroid 14. Make dry 15. The Godfather's
- adopted son 16. Ivanovic and Gasteyer 17. Horror movie
- franchise 18. Grab 19. Iranian city 21. Yearly tonnage (abbr.)
- 22. One's illicit lover 27. Fake smarts (abbr.) 28. Where Jersey natives depart from

Puzzle No. 188110 • Solution on page: A16 36. Insurance option 37. Some is "wicked"

- 38. Type of weaving 39. Religious woman 40. One point east of literary prize
- 44. Tiny humans 45. Relish over manufacturer 49. Envelops 50. One type is

dippin'

- 51. Bequeaths CLUES DOWN 1. Dice game 2. Greek goddess of 3. Piers Anthony
- 5. JFK Library corrosion (abbr.)
 - 8. Political action 9. Antidiuretic
 - 10. Of the desert 11. Oblivious of 12. Actress Lathan 14. Musical
- instrument 17. It's in a plant 18. One-time special prosecutor 20. Indigenous people of Brazil

26. British air aces

- 23. Mothers 24. Mongolian desert 25. Great Britain, Scotland and protagonist 4. One-thousandth of Northern Ireland
- 32. Gives a permanent post 35. Sun worshippers 36. Ammoniaproducing process 38. 4th month of the Jewish calendar

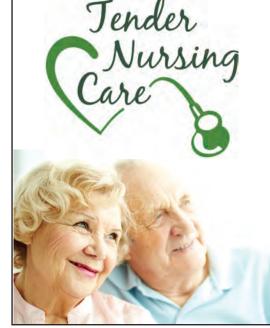
29. A lover to Zeus

30. Frequently

31. Get together

again

- 40. New England river 41. Stores grain
 - 42. Confess openly 43. Quarterbacks
 - 44. Not good 45. Witness 46. Author Coulter 47. Type of screen
- No one has more self-confidence than the person who does a crossword puzzle with a pen



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Time

Podcasts cover senior spectrum

Written By BRIAN LOCKHART

For seniors, changes in lifestyle can mean a variety of challenges or just a different way of broadcasts on seniors issues. doing daily activities.

many issues that are of interest to seniors with health-related information to personal experi-

activities enhance their daily lives.

Liz Cunningham, co-founder of Making Our Seniors Matter, a not-for-profit organization iting www.makingourseniorsmatter.com. that encompasses Brampton, Mississauga, and

Brampton, said they received a grant that helped the podcast get started.

They have already produced more than 72

"We have had all sorts of guests like pro-The Seniors Speak series of podcasts - an fessionals and others who care about seniors internet based radio style talk show - tackles and want to share their information," she said. "We've had chiropractors give advice, we've had on-air discussions that include everything from gray divorce lawyers who come in talk about divorce when people are in their 70s and 80s. ences of coping with life decisions and lifestyle We've had people from the hospital come in. Working with seniors a lot, I often hear 'nobody The series features guests who offer personal talks to us about what we want - they make destories and advice of how they have coped with cisions for us.' When I got the opportunity with change, embraced a new lifestyle, or how social the grant, I thought, what we'll do is ask them what they want."

Check out the Seniors Speak podcasts by vis-

Seniors satellite programs

niors Centre (CSC) in Bolton, has been options include: bingo, scrabble, Tia-Chi, offering social, educational, cultural, and dancing, health seminars and more. recreation activities to those aged 55 and over. Starting in July, in partnership with locations: the Town of Caledon, funded by the Ministry of Seniors Affairs, CSC will be offering nity Complex – Lion's Den 8:30am-4:30pm satellite programs in various Town facilities across Caledon.

The aging population in Caledon is an extremely important and growing commu-front 12570 Kennedy Rd. 10:30pm-12:30pm nity which the Town has prioritized in a number of different ways. This includes ty Centre (Starting September 6th) 12pmmaking programs for Seniors more acces- 4:30pm

By introducing a satellite program mod- tre - Community Room - 8:30pm-4:30pm el into a rural community like Caledon, seniors will now have much more access to CSC directly at 905-951-6114 or visit www. various programming, helping them also caledonseniors.ca. reduce travel times and feelings of isola-

Over the past 20 years, the Caledon Se- tion. Some of the activities and program

These will be offered at the following

- Mondays Caledon East Commu-
- Tuesdays Caledon Village Place - Community Room - 8:30am-4:30pm
- Wednesdays Southfields Store-
- Thursdays Inglewood Communi-
- Fridays Alton Community Cen-

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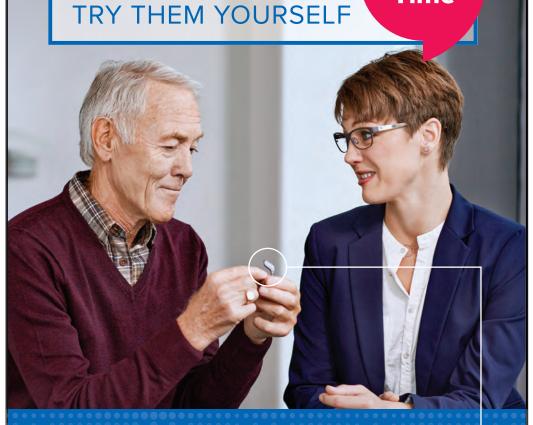
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Scammers set targets on seniors with multiple ploys

ans. Each scam is outlined below.

Prize Scams

Seniors are solicited over the phone, email, claiming that they are the winner of a large ciated to the win. After the fee is paid, no prize or other types of gift cards. is ever received.

Emergency scams

and phones to target potential senior victims consumers being tricked into having their

According to the Canadian Anti-Fraud Cenwith the emergency scam. Seniors receive a computer cleaned or repaired. Scammers call and social media to lure potential victims into quires immediate funds. Common themes have been that the family member (e.g. grandchild) was arrested or got into an accident through the mail or via social media websites while travelling abroad. Monies are required for hospital expenses, lawyer fees or bail. Usulottery or sweepstake. Scammers advise that ally the potential victim is instructed to send you have won a prize and in order to receive money via a money service business like Westthe winnings you are required to pay a small ern Union or MoneyGram or through prepaid advance fee to cover taxes or legal fees assocards, like Green Dot Money Pack, Pay Safe,

Service scams

There are a variety of service scams target-Scammers use social media, the internet ing seniors but the most common involves

tre, four scams currently target senior Canadical call claiming to be a family member or a close and claim to be a representative from a well-sending money for various reasons. The scamfriend describing an urgent situation that re-known computer company such as Microsoft mer will gain the trust of the victim through or Windows. The scammers will claim that the displays of affection and will communicate via victim's computer is sending out viruses or phone, skype and email for months, if needed has been hacked and must be serviced. The to build trust. The scammer will often claim to scammer will remotely access the victim's be working abroad, usually in a lucrative busicomputer and may run programs or alter set- ness venture. tings. The scammer will advise that a fee is required for this service and request payment with the victim in person. It is at this time that by credit card or money service business. In the scammer will inform them that they cancertain cases, the scammer will transfer funds not afford to travel and will ask for money to from the victim's computer through a money cover travel costs. Another variation involves service business such as Western Union or the scammer claiming that there is a medical MoneyGram.

Romance scams

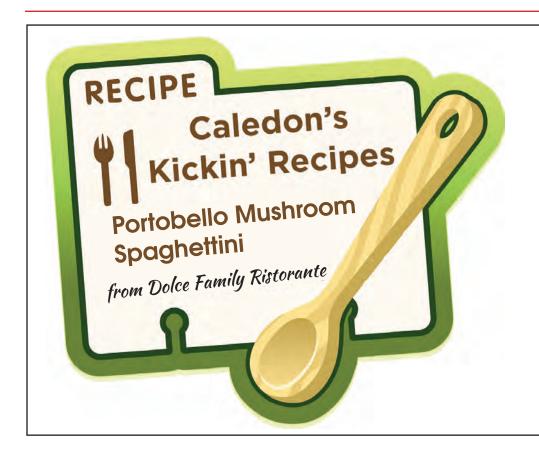
Scammers steal photos and use dating sites

Eventually the scammer will want to meet emergency with a sick family member. They will then ask for money to cover medical ex-

HAPPENING THIS MONTH

- Caledon Seniors Centre: Aug. 1 Noon: Soup and sandwich lunch and celebrating August birthdays.
- CCS: Aug. 2 9-30 a.m. noon: Seniors Helping Seniors. The **Knotty Knitter**
- CCS: Aug. 8 10:30 a.m. noon: Carpet Bowling
- Caledon Seniors Recreation Centre: Every Tuesday and Thursday at 1 p.m. and Friday at 7 p.m.: Euchre
- Caledon Seniors Recreation Centre: Every Tuesday at 1:30 p.m.: Poker for Fun





Portobello Mushroom Spaghettini

from Dolce Family Ristorante

- 454 g spaghettini pasta 1/4 portobello mushroom
- 1/4 red onion
- 10 black olives
- 5 artichokes
- 2 ounces of diced sundried tomatoes
- 5 ounces of goat cheese
- 2 tbsp extra virgin olive oil
- 2 Tbsp of roasted garlic

Saute portobello mushroom with olive oil, garlic, and onions; add black olives, artichokes and sundried tomatoes.

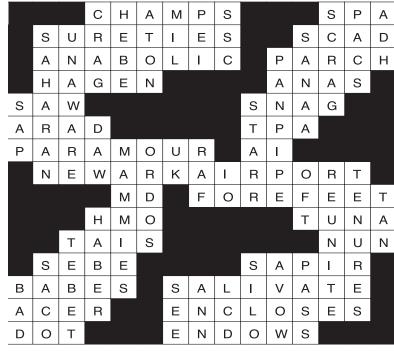
Boil water and add the spaghettini and cook for 6 minutes or until desired tenderness. Drain and mix the spaghettini with the sauteed ingredients for one minute. Then add the goat cheese.



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PARKER MITSUBISHI



EYES ON THE PRIZE: Alton's Bob Knuckey has been competing all of his life. Now, the 70-year-old athlete's goal is to break the Ironman record for his age bracket in Hawaii in October. With world-class training centre C3 behind him, he stands a good chance.

Ironman Knuckey running for the record in Hawaii

Written By SCOTT TAYLOR

The Hollywood Ironman is just an actor in a costume, but if you he was asked if his parents had want the real deal, check out Alton's Bob Knuckey. The 70-yearet, factoring age in the equation.

the triathlon world championship in the male 65-69 age group all that second-hand smoke in-time. at the 2014 Subaru Ironman 70.3 side of me." World Championship triathlon in Mont-Tremblant, Quebec. Knuckey completed the 70.3-mile endurance event — encompassing tinued to run throughout his life. a 1.2-mile swim, followed by a 56-mile bicycle ride and finally a 13.1-mile run in 5:10:34, beat- Barrie Shepley, the head coach I went 11:20." ing out the top athletes in his age of Olympic gold medalist Simon world.

near the top in several endur- known as C3. ance races, including six Iron-2.4 miles and bike trek for 112. the race. This October, if all goes well between now and then, he plans to was with C3." race the Ironman in Kona, Hawaii, which could be considered Knuckey has been improving yoga classes and swim-bike-runthe granddaddy of them all. First every year. He swims every day, ning spectacular distances. Imagrun in 1978 with 15 competitors, runs, cycles and keeps to a some- ine swimming from Caledon vilthe event now features more than what strict nutritional plan, even lage to Inglewood. Then biking 2,000 athletes from around the if he admits that he's not the most Inglewood to Hamilton and back world.

"I started off in high school cross-country running. After high said. "This will be my third time day without stopping? That is an school, I got into marathon run- there. The first time I walked the Ironman. Bob's qualifying tine of ning — I've done about 40 mara- whole marathon. It was a learning 11 hours, 20 minutes at Ironman thons — and in (1972) I won the experience. I didn't have a good Texas in April is one of the great-

ning until about a kilometre to She's a 61-year-old lady from Misthe end," he said with a laugh.

been athletes themselves. "They were not athletic. I grew up in the

head coach at Caledon's Cana- will be anything but easy. Since then he has been at or dian Cross Training Club, better

By then, Knuckey had spread man he's training. man competitions that consist of his wings from just running to a 26.2-mile run, after a swim of duathlons, which add cycling to endurance athletes every day for

nutritional guy around.

outright. I didn't know I was win- I went with my training partner. sissauga who is an amazing run-Knuckey laughed again when ner. We both finished fifth that year. I ran the whole marathon, but it wasn't pretty."

This time, he wants to perform old Knuckey just might be one of back seat of a 1955 Ford with a to his best and be done with the the greatest athletes on the plan- cigar on one side and a cigarette Ironman "because they're really on the other side and the win- hard on you. I find the run real-Four years ago, he captured dows closed. I've wondered how ly hard, but I've got my nutrition good I could have been without plan and it's getting better all the

> "My goal there is to break the A shy young man, running gave record (for his age group). Two Knuckey confidence because he years ago, it was 12 hours, 59 was good at it, so he simply con- minutes. Last year it was broken by half an hour, so it's now 12:29 In the 1990s, Knuckey isn't sure and the race I ran to qualify for when exactly, he was spotted by the Ironman, which was in Texas,

With difficult wind and heat group in an event that featured Whitfield, who won the inaugu- conditions in Hawaii, he hopes to competitors from 49 U.S. states ral event at the 2000 Olympics run 11:50 and break the record, and 87 countries around the in Vancouver. Shepley is also the but he's under no illusions that it

> For his part, Shepley said he has no doubt about the kind of

"To watch one of the greatest the last decade has been inspir-"The next thing you knew, I ing. At an age where many are slowing down and making excus-Under Shepley's guidance, es, Bob is doing weights, taking to Inglewood. Then running from "My goal is to go to Hawaii," he Inglewood to Nobelton all in one

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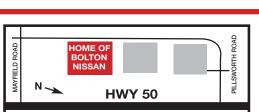
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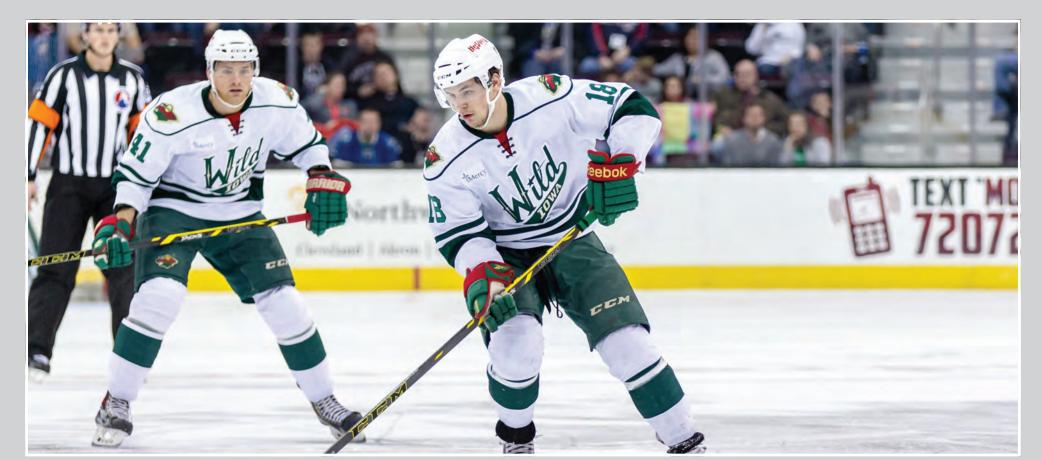


PHOTO: BILL WIPPERT: NHL IMAGES

ONE OF THE MOST SUCCESSFUL stories ever out of the OHL's Guelph Storm, Zack Mitchell is getting a chance to wear the crown in the NHL. The Caledon native signed on Saturday with the Los Angeles Kings, a two-way contract carrying an average value of \$650,000 if he can stay at the NHL level. A drop to the Kings' American Hockey League affiliate, the Ontario Reign, would see Mitchell taking in a \$150,000 salary. It seems the more likely path at the start of the season, with the chance to prove himself as he did with the Minnesota Wild's affiliate in the 20117-18 season, the Iowa Wild.

Brewers down O's, lock up 3rd

Written By

A win over the Clearview Orioles has locked up no worse than a third place finish for the Bolton Brewers in the North Dufferin Baseball League standings.

The AA club's only action of the week came on the road against the Orioles in New Lowell, where Nick Pattinaro and the Brewers held off a has allowed both the Ivy Leafs and New Lowell late charge for a 6 – 5 win.

Pattinaro moved to a perfect 6 - 0 on the mound for the season in the start, allowing an the fourteen-team league, six points back of the early first inning run to Clearview's TJ Parker be-league-leading Leafs. fore settling in for four-straight shutout innings.

Taking a 6 - 1 lead into the penultimate sixth inning, Pattinaro started showing fatigue in giving up three runs thanks to a string of singles, making way for Trent Barwick to go for the save.

Barwick was able to put an end to Clearview's momentum at the plate after one more run, throwing a scoreless seventh to squeak out a6-5 win.

Brett Chater led the way for Bolton's bats, knocking in his seventh home run of the season, just one behind the league-leading eight from 9-12-1. Ivy's Adrian Gutierrez.

Six different Brewers crossed the plate, in-visit www.ndbl.ca.

cluding Mike Wallace, Chris Fafalios, Brett Barwick, Carter Burnside, and Andrew White.

Pattinaro's stat line read four hits over four full innings, adding five strikeouts while walking five batters.

Despite a recent string of success, including wins in five of their last six games dating back to late June, a slowdown in the Brewers schedule Knights to pass them in the point count.

Bolton's record of 18-3-2 is good for third in

The Brewers return to the diamond on Sunday to close out their regular season schedule in back-to-back road meetings with the Barrie Angels and the Leafs.

They sit eight points up on the fourth-place Orioles with only the weekend left for teams to wrap up their season.

Their Bolton counterparts, the Dodgers, wrap up their season with a doubleheader against the Creemore Braves on Saturday.

They sit middle of the pack with a record of

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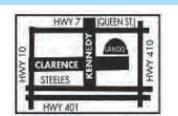
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Osprey Valley Open earns raves

Written By JAKE COURTEPATTE

Hole-outs on the 72nd-hole, career low rounds, and Mackenzie Tour records paved the way for an exhilarating inaugural event at PGA McCumber opened with a 33 on the "It was a ballsy shot and I had to re-Canada's Osprey Valley Open.

held at Osprey Valley Golf Club in row. Caledon, it was 27-year old Tyler McCumber who hoisted the trophy momentum going," said McCumber. to lay up on the final par five hole, for his first-ever PGA Tour Canada "It's pretty favorable to somebody eventually two-putting for bogey to victory.

"I'm very happy with the week, and obviously happy with the re-Ponte Vedra Beach, Florida. "I've been working really hard on my game lately and the mental stuff too, and I felt like I really executed that field on a wet Sunday. well, so it was nice to put it together and sort of reap the rewards for it."

After day one on Thursday, it was recent Alabama graduate Lee Hodges that was very much in the driver's had a tournament early in the year seat, carding a career-low 62 to take in Dominican where I was in the last to host a PGA Tour Canada event in a two-shot lead into the second day.

ing second-day 61, including an eadraw back on to stay focused and to their experience. gle on the opening par five and nine do the right stuff." birdies with nary a bogey, which gave him his first lead on the Mack- Cumber even reached the final few and beauty of the course. enzie Tour.

everything pretty solid," said Mclowest on tour so far this season. the lone position in second place. "You can't be tentative, you have to

birdies."

At the end of the four-day event, opening hole for the third day in a three."

and this week I hit it pretty straight."

With a lead of seven strokes headditions tested even the best of the belt.

said. "I was kind of lucky because I to-back 72s.

holes, when American Michael

"That was a really good wedge beauty here."

keep firing and keep trying to make shot to that pin because the front of the green is severely slopped, and The birdies kept coming on Satur- he landed it past the hole where day: despite losing three of his five- long over the green is so bad," said stroke lead before even teeing off, McCumber on Gellerman's eagle. front nine, including a birdie on the focus and sort of try to get it in in

McCumber walked to the eigh-"I came out with a birdie to get the teenth tee up by four strokes, opting who can hit it straight and longer, secure a one-shot victory over Gell-

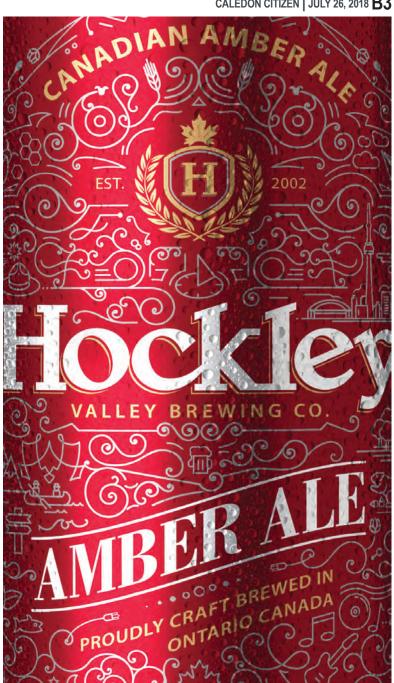
Winning his first Mackenzie Tour sult," said McCumber, a resident of ing into Sunday, the most by any event, McCumber is no stranger to player in the PGA Tour era of the the winner's circle, having three Mackenzie Tour, poor weather con- PGA Latinoamerica titles under his

> Cougar Collins, the lone amateur "I changed shoes and socks at from Caledon competing in the the turn and didn't have a single dry tournament, missed the cut by six towel, so it was a grind," McCumber strokes despite shooting solid back-

As for the course itself, the first group and I was in a similar weath- the Toronto area, the pros had plen-Yet it was McCumber's astonisher situation, so I had something to ty of positive thoughts to reflect on

> Tim Madigan, a seasoned Web. The theatrics began before Mc- com Tour pro, remarked on the size

"With 54 holes here, it's absolute-"It was a fun day, I sort of did Gellerman holed out from around ly massive. You turn into the facilione-hundred yards for eagle on the ty and drive 2 kilometres to get to Cumber of his Friday round, his eighteenth-hole par four, giving him the clubhouse, that goes to show how massive this place is, and it is a





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With love from Connie, wife of 53 years.

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and Great-Grandchild: Jaxson Kenneth



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OBITUARIES

OBITUARIES

BISHOP, Dawn Patricia (née Hanna)

In the early morning of Thursday, July 19th, 2018, Dawn Patricia Bishop (nee Hanna) as family, extended family and friends had rallied around her, passed peacefully in her sleep after a sudden illness. Survived by her children Aaron James and Afton Jane and her husband Justin, grand-daughter Aihlin, brother Colin and sister-in-law Dawn Rupert, and her partner Dave Lanktree and a legacy of friends near and dear, old and new, two and four footed. Dawn's large family "back home" in Northern Ireland was always a source of pride and smiles, and were always in her heart. While she never made the journey back in life she will do so in the future. Dawn was a unique individual, forever placing the needs of family and friends, clients and causes and animals great and small ahead of herself. Rescuing those that needed shelter, support or a home was a hallmark of her character. She has slipped the surly bonds of earth and rides free of the physical restraints

Forever in our hearts.

Saddle your horse *Take to the trail* Follow the path That we'll all know to well.

The sun on the dew That wets hooves with each step Like the tears down our faces As we lost you, we wept

Quick tap of the heel Gallop! Wind in your hair Toward Mum and Dad And know that we care

As those that you touched Will tend to the stall That you left the last time Whence came the call

Rein in and slow To a gentle soft gait But dig in with the heels!

One last gallop! For this horse woman. Heaven can wait.

God bless and Love You, Dear Sister.

A memorial service will be arranged and this notice updated in the near future. Arrangements by Egan Funeral Home, Bolton (905-857-2213).

Condolences for the family may be offered at www.EganFuneralHome.com

CARD OF THANKS

WAGAR, Marion Ruth (Hoyland)

The family of the late Marion Wagar wish to extend our sincere thanks for everyone's kindnesses and for the condolences and support that we have received. Thank you to everyone who visited Marion during her illness and who supported her family after her passing. Thank you for all the cards and donations to The Shriners Hospitals for Children and to Headwaters Health Care Centre. We also send our

CARD OF THANKS

gratitude and appreciation to the staff and chaplains of Headwaters for the wonderful care during Marion's time with you. Thank you to the Eastern Star, Valley Chapter, for their participation in the funeral service. Thank you to Reverent Peter Scott and Reverend Lynne Thackwray for all their support and guidance during this difficult time for our family.



Baynton, Alfred Kenneth

Passed away peacefully on Thursday July 19th, 2018 at the age of 93. A proud husband, father, grand father, great grandfather and a great

friend to many. His courageous efforts were acknowledged when he was 1 of 7 survivors, being the last one off the ship as he bravely ensured that his shipmates were safe. Born April 6, 1925

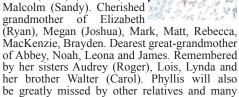
Enlisted in the Navy at 17 1/2 years of age in

Served in Russia, Pittsburgh, Norway, Mediterranean, Malta and Asiatic of Italy Wounded and went down with the ship Discharged in 1945 after the war ended. A Celebration of Ken's Life will be held on Saturday July 28th, 2018 at the Royal Canadian Legion, Branch 220, Shelburne, Ontario from 11:00 a.m. to 1:00 p.m. In lieu of flowers, donations may be made to the Shriners Hospitals for Children, Montreal or the Shelburne Legion, Branch 220. Online condolences and donations may be

made at www.imfunerals.com. In Memoriam Funeral Services Inc. has been given the honour to serve the Baynton Family.

CAMERON, Phyllis Ann (nee MacEachern)

Gone home to be with her Lord on Sunday, July 22, 2018 at the age of 88. Beloved wife of Donald Cameron. Dear mother of Donald (Debbie), Stuart (2012) (Corinne) and Malcolm (Sandy). Cherished



Funeral Service will be held at Dods & McNair Funeral Home, Chapel & Reception Centre, 21 First St., Orangeville, Ontario on Thursday, July 26, 2018 at 2:30 p.m. with Visitation beginning at 1:30 p.m. Memorial donations to Gideons International Canada or Bethell Hospice Foundation would be appreciated by the family.

A tree will be planted in memory of Phyllis in the Dods & McNair Memorial Forest at the Island Lake Conservation Area, Orangeville. A dedication service will be held on Sunday, September 9, 2018 at 2:30 p.m.

Condolences may be offered to the family at www.dodsandmenair.com



FITZPATRICK, Bernard Joseph (Bernie)

Peacefully at Headwaters Health Care Centre on Saturday, July 21, 2018 at the age of 75. Beloved husband of 50 years to Barb Fitzpatrick. Dear father of Jeff & his wife Kim and Brett & his wife Jill. Cherished Poppy of Owen, Aubree, Maddox and Violet. Remembered by his brother John & his wife July John Brown and John & his wife July John Brown and John Bro his wife Irene. Bernie will also be greatly missed by his nephews Bill (Kelly), Joe Walsh and his nieces Darlene Fitzpatrick (Brian) and Michelle Walsh (Mark) and their families, and brother-inlaw to Molly (Neil), Bill Metcalfe other relatives and many friends.

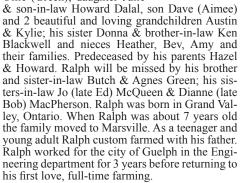
Visitation will be held at the Dods & McNair Juneral Home, Chapel & Reception Centre, 21 First St., Orangeville on Wednesday, July 25, 2018 from 6:00 to 9:00 p.m. Funeral Service will be held at St. Timothy Catholic Church, 42 Dawson Rd., Orangeville, on Thursday, July 26, 2018 at 11:00 a.m. Memorial donations to the psp.org would be appreciated by the family.

A tree will be planted in memory of Bernie in the Dods & McNair Memorial Forest at the Island Lake Conservation Area, Orangeville. A dedication service will be held on Sunday, September 9, 2018 at 2:30 p.m.

Condolences may be offered to the family at www.dodsandmcnair.com

GRAHAM, Ralph

After a hard-fought battle with aggressive cancer, Ralph passed away peacefully on Thursday, July 19, 2018 surrounded by family in the comfort of his own home, as was his wishes. Ralph is survived by his wife of 43 years Ollie (Green); daughter Julie



In 1974 he bought a nearby farm to start his newly married life with Ollie. Ralph & Ollie owned & operated Graham Farm Elevators from 1974-2005 when he sold the land and elevator to Woodrill Farms LTD.

Ralph & Ollie moved over a concession and built their retirement home. The following year Ralph built his dream shop where he restored antique tractors farm equipment. Retirement was not meant for Ralph, he soon went to work for Sheridan Nurseries as a Farm Manager. After 3 years he tried retirement again, it didn't last long. Ralph went to work for Dupont Pioneer as a Territory Assistant until his health forced him to retire at the end of June 2018. Ralph has gone to join his parents and good friends Bob & Rick. The family will receive friends at Dods & Mc-Nair Funeral Home & Chapel, 21 First St., Orangeville on Friday, July 27 from 2:00 - 4:00 p.m. and 7:00 -9:00 p.m. and Saturday at 10:00 a.m. before Chapel Service at 11:00 a.m.

If desired, donations to the new Groves Memorial Hospital in Fergus would be appreciated.

Condolences may be offered to the family at www.dodsandmenair.com

Robert Terence McCarthy (Terry)

July 15, 1935 – July 9, 2018

After a Valiant effort to fight Cancer, Terry, 82 years old Passed away Peacefully at home with his family by his

Terry, A local icon, A Gentleman and Long

Time Shelburne Resident is survived by his Loving wife Helen McCarthy (Snider), and his Family, Steve and Marg McCarthy, and Mark McCarthy and Sandra Doney, Lea-Anne McCarthy, Lyn and Brian Lacombe. His Sister Cheryl McCarthy of Halifax. Special Grandfather to Megan Schaefer (Nick), Terri-Lynn O'Gorman (Ryan), Shaun, Trevor and William McCarthy, Lee and Mitchell Lacombe, Alex and Patrick McCarthy McKay. Pappa to Jacob and Penny Schaefer and Braylin O'Gorman. He was predeased by his Father William McCarthy and his Mother Bernice (Westlake) and his Sister Evelyn McCarthy. He has left a great legacy of many friends and

The family would like to Thank Doctor Chat-Care throughout Terry's Journey. Special thanks to the many Bayshore Nurses,

tha for his attentive, kind and compassionate Samantha, Wendy, Rhonda and Jasmine, for making Terry's last days comfortable. A celebration of life will be announced soon.



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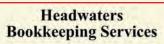
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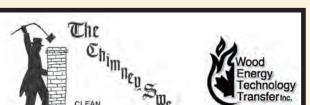
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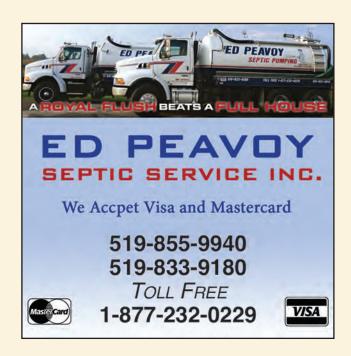
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2018 Sorento –
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SX Model Shown[‡]

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STK#: K377A // 89,839 KM Alloys, Leather, Heated Seats, rear a/c & heat, bluetooth, power sunroof, cruise control

\$20,995.



2016 KIA SORENTO EX

STK#: 18322A // 93,438 KM AWD, leather, alloys, backup camera, heated seats, rear a/c & heat, bluetooth, keyless entry, cruise control

\$24,995. HST



2017 KIA SEDONA LX

STK#: K363A // 35,033 KM Alloys, Backup Camera, Heated Seats, Bluetooth, rearview camera, a/c, power locks

\$23,995. нат