

## Community Events

### THURSDAY, NOVEMBER 16

?Has your life been affected by someone else's drinking? Al-Anon Family Group is for you.? The Bolton group meets Thursdays at 8:30 p.m. at Caven Presbyterian Church (110 King W, Bolton). Call 416-410-3809 or <http://al-anon.alateen.on.ca>

Bolton Banter Toastmasters meet every first, third and fifth Thursday at the Albion-Bolton Community Centre at 7 p.m. Lose your fear of public speaking and build leadership skills. Everyone welcome. Email [info@boltonbanter.org](mailto:info@boltonbanter.org) or visit [www.boltonbanter.org](http://www.boltonbanter.org)

The Fireflies Girls Group, for girls aged five to 11, meets at Cheltenham Baptist Church from 5:30 to 6:30 p.m. for baking, crafts and games, along with Bible stories. Leaders are Danielle Colgan and Denise Bechard. Register online at [www.cbchurch.ca](http://www.cbchurch.ca) or in person. A \$30 donation would be appreciated.

Street hockey in Cheltenham starts at 5:30 p.m. and will run every Thursday. This is a casual, free street hockey game open to all ages that meets at Cheltenham Baptist Church. Register online at [www.cbchurch.ca](http://www.cbchurch.ca)

### FRIDAY, NOVEMBER 17

Wellness, Interaction, Social and Exercise (WISE) is a health promotion and social program for seniors (55+) happening at the Palgrave United Church Friday mornings. Low impact exercise/falls prevention session starts at 9:30 a.m. with regular programming with refreshments starting at 10:15. Call 905-857-7651 for more information.

An evening of euchre is held the first and third Friday of the month at Terra Cotta Community Hall. Play will start at 7 p.m. sharp. The cost is \$3 per person, and proceeds raised will go to the operation of the hall. For more information, contact John or Cheryl at 289-344-0033.

Cardball will be played at Caledon Seniors' Centre from 10 a.m. to noon.

Darts will be played at Caledon Seniors' Centre from 1 to 2:30 p.m.

Dufferin-Caledon MP David Tilson, together with the Caledon Seniors' Centre, is hosting a free Seniors Expo from 10 a.m. to noon. Topics to be covered are wills and estates; quality living and dying ? the journey at Bethell Hospice; internet safety; and working together to keep senior drives safe. Lunch will be provided by Egan Funeral Home. All are welcome.

### SATURDAY, NOVEMBER 18

The 2017 edition of the Christmas Bazaar in support of Bethell hospice will be from 9 a.m. to 3 p.m. at Inglewood Community Centre, 15825 McLaughlin Rd. There will be a selection of knitted goods, homemade baking, and jams, jewelry, unique gifts, handmade items and hand-sewn gifts, along with a silent auction.

A Christmas bake, Santa and snowman sale is planned at Palgrave United Church from 10 a.m. to noon at the church at 34 Pine Ave. It will feature homemade bake goods and a wide variety of Santa and snowman decorations The church is wheelchair accessible.

### TUESDAY, NOVEMBER 21

Adjustments After Birth: This support group is for mothers needing additional support following the birth or adoption of a child meets from 10 a.m to noon. Registration is required. Group and child care are offered free of charge. To register, call the Caledon Parent-Child Centre at 905-857-0090 or email [jvanandel@cp-cc.org](mailto:jvanandel@cp-cc.org)

The Caledon Parent-Child Centre is offering a program called Growing Together at Stationview Place in Bolton. Each Tuesday, a small group of families and their children will meet to share a meal, play and learn from 4:30 to 7 p.m. Staff will also be available to provide information and support to parents. Activities will include topics like healthy foods, active living and wellness. This program is designed for families with children up to six years of age who have a total household income of less than \$45,000.

Growing Together in Peel is funded by CAP-C. Contact the Caledon Parent-Child Centre to determine if you qualify at 905-857-0090.

Let's Get Together: Sharing the Journey of Raising a Child with Special Needs. An inclusive program for families presented by the Caledon Parent-Child Centre and Brampton/Caledon Community Living. It runs the first and third Tuesdays of each month, from 5:45 to 7:15 p.m. Come play and connect with other families to explore the various issues that surround parenting a child with special needs. Registration is required. To register call 905-857-0090 or email [ailsa@cp-cc.org](mailto:ailsa@cp-cc.org)

#### WEDNESDAY, NOVEMBER 22

TOPS (Take Off Pounds Sensibly) Chapter #ON1381 meets every Wednesday from 6:30 to 7:30 p.m., at the Friendship Room of Knox United Church in Caledon village. This non-profit weight loss group meets to learn about nutrition and exercise. Call Barbara at (519) 927-5696.

Caledon East Seniors Club #588 meets every Wednesday at 1:15 p.m. at the Caledon Community Complex, Caledon East. Everyone welcome for an afternoon of friendly euchre and lunch. For more information, call (905) 951-9376.

TOPS (Take Off Pounds Sensibly) ON 1344 Bolton is looking for new members who want to lose weight in a healthy way and keep it off. We're a non-profit group and meet in Bolton United Church at 8 Nancy St. Hours: Weigh in 6:15 to 6:45 p.m., followed by a meeting at 7. We look forward to meeting you. For more information, call Marion at 905-857-5191 or Lorraine at 905-857-1568.

Every Wednesday, catch up with friends over coffee at Knox United Church in Caledon village at 10 a.m.

#### THURSDAY, NOVEMBER 23

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#### FRIDAY, NOVEMBER 24

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Caledon Parent-Child Centre offers Adventures with Food at the Exchange Kitchen (55 Healey Rd.) the fourth Friday of every month, giving parents a chance to talk, test recipes and try delicious treats as they explore ways to make nutritious eating fun! It runs from 9:30 to 11 a.m. Registration is required and child care is available on request for a small fee. Call 905-857-0090 to register.

Cardball will be played at Caledon Seniors' Centre from 10 a.m. to noon.

Darts will be played at Caledon Seniors' Centre from 1 to 2:30 p.m.

The Caledon Seniors' Centre at Rotary Place in Bolton is hosting their Monthly Dinner, served at 5:30 p.m. The menu is ham, scalloped potatoes, vegetables, dessert, tea and coffee. The cost is \$10. Everyone is welcome. Pre-registration is required. Call 905-951-6114 to reserve your ticket.

#### SATURDAY, NOVEMBER 25

The 26th annual Christmas Craft Show at Caledon East Public School will run from 9 a.m. to 2 p.m. Santa will be there from 11 a.m. to 1 p.m. There will also be a community bake sale, as well as an assortment of gift, home decore and clothing items. It will also be the last day of the book fair in the library.

Community Women's Circle invites everyone to their annual Christmas Shoppe Craft and Bake Sale from 9 a.m. to 2 p.m. at Caledon East United Church, 6046 Old Church Rd. There will be knits, hand-sewn gifts, jewelry, jams, jellies and pickles, homemade baked goodies, wood crafts and artisan crafts. There will also be a café featuring chili and soup. Admission and parking are free. Funds raised go to community charities.