

Community Events

THURSDAY, FEBRUARY 15

?Has your life been affected by someone else's drinking? Al-Anon Family Group is for you.? The Bolton group meets Thursdays at 8:30 p.m. at Caven Presbyterian Church (110 King W, Bolton). Call 416-410-3809 or <http://al-anon.alateen.on.ca>

Bolton Banter Toastmasters meet every first, third and fifth Thursday at the Albion-Bolton Community Centre at 7 p.m. Lose your fear of public speaking and build leadership skills. Everyone welcome. Email info@boltonbanter.org or visit www.boltonbanter.org

FRIDAY, FEBRUARY 16

Wellness, Interaction, Social and Exercise (WISE) is a health promotion and social program for seniors (55+) happening at the Palgrave United Church Friday mornings. Low impact exercise/falls prevention session starts at 9:30 a.m. with regular programming with refreshments starting at 10:15. Call 905-857-7651 for more information.

An evening of euchre is held the first and third Friday of the month at Terra Cotta Community Hall. Play will start at 7 p.m. sharp. The cost is \$3 per person, and proceeds raised will go to the operation of the hall. For more information, contact John or Cheryl at 289-344-0033.

Cardball will be played at Caledon Seniors' Centre from 10 a.m. to noon.

Darts will be played at Caledon Seniors' Centre from 1 to 2:30 p.m.

Celebrate March Break by taking a hike through the woods at Albion Hills Conservation Area and learn about the unique traits of wildlife, how to identify trees in the winter and how to use binoculars. Take home a paracord bracelet. It will run at the Albion Hills Field Centre at 16555 Humber Station Rd. from 10:30 a.m. to noon and 1 to 2:30 p.m. Register to secure a spot at https://trca.ca/event/take-hike-trca/?instance_id=3028

SATURDAY, FEBRUARY 17

The Caledon Lions will be presenting the 2018 Big Bob Memorial Meatroll and Silent Auction, starting at 1 p.m. at Caledon Village Place, 18313 Hurontario St. The event will have a Mardi Gras theme again this year. Admission is free and there will be plenty of refreshments and snacks, as well as lots of meatrolls, plenty of items in the silent auction and door prize raffle items, all donated by local area businesses.

MONDAY, FEBRUARY 19

Teen Ranch will be offering their annual Family Day event from 1 to 4 p.m. There will be no charge for this event. Planned activities will include skating at the Ice Corral, marshmallow roasting, and tubing and snow sculpting (weather permitting). Hot chocolate and snack bar items will be available for purchase. Teen Ranch is at 20682 Hurontario St., just south of County Road 109.

Cheltenham Baptist church will be sponsoring a free Family Day skate and hockey session. It will run from 2 to 4 p.m. at Lloyd Wilson Centennial Arena in Inglewood. Bring family and friends for free hot chocolate and cookies. For more information, contact the Church at 905-838-3122 or cheltenhambaptistchurch@rogers.com

TUESDAY, FEBRUARY 20

Adjustments After Birth: This support group is for mothers needing additional support following the birth or adoption of a child meets from 10 a.m to noon. Registration is required. Group and child care are offered free of charge. To register, call the Caledon Parent-Child Centre at 905-857-0090 or email jvanandel@cp-cc.org

Let's Get Together: Sharing the Journey of Raising a Child with Special Needs. An inclusive program for families presented by the Caledon Parent-Child Centre and Brampton/Caledon Community Living. It runs the first and third Tuesdays of each month, from 5:45 to 7:15 p.m. Come play and connect with other families to explore the various issues that surround parenting a child with

special needs. Registration is required. To register call 905-857-0090 or email ailsa@cp-cc.org

WEDNESDAY, FEBRUARY 21

TOPS (Take Off Pounds Sensibly) Chapter #ON1381 meets every Wednesday from 6:30 to 7:30 p.m., at the Friendship Room of Knox United Church in Caledon village. This non-profit weight loss group meets to learn about nutrition and exercise. Call Barbara at (519) 927-5696.

Caledon East Seniors Club #588 meets every Wednesday at 1:15 p.m. at the Caledon Community Complex, Caledon East. Everyone welcome for an afternoon of friendly euchre and lunch. For more information, call (905) 951-9376.

TOPS (Take Off Pounds Sensibly) ON 1344 Bolton is looking for new members who want to lose weight in a healthy way and keep it off. We're a non-profit group and meet in Bolton United Church at 8 Nancy St. Hours: Weigh in 6:15 to 6:45 p.m., followed by a meeting at 7. We look forward to meeting you. For more information, call Marion at 905-857-5191 or Lorraine at 905-857-1568.

The Caledon Parent-Child Centre is offering a program called Growing Together at Stationview Place in Bolton. Each Tuesday, a small group of families and their children will meet to share a meal, play and learn from 4:30 to 7 p.m. Staff will also be available to provide information and support to parents. Activities will include topics like healthy foods, active living and wellness. This program is designed for families with children up to six years of age who have a total household income of less than \$45,000. Growing Together in Peel is funded by CAP-C. Contact the Caledon Parent-Child Centre to determine if you qualify at 905-857-0090.

Wellness, Interaction, Social and Exercise (WISE) is a health promotion and social program for seniors (55+) happening at Cheltenham Baptist Church 14520 Creditview Rd. Wednesday mornings. Low impact exercise/falls prevention session starts at 10 a.m. with regular programming with refreshments following. Call 905-857-7651 for more information.

Caledon Seniors' Centre is hosting a Paint Night Fundraiser from 7 to 10 p.m. The cost is \$30, which includes canvas, paints, hors d'oeuvres, wine and cheese. No artistic ability is required. Call the Centre at 905-951-6114 to reserve a seat, as there is limited space.

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FRIDAY, FEBRUARY 23

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Caledon Seniors' Centre is hosting their Monthly Dinner. The menu is meat pie, cabbage, dessert, tea and coffee. Dinner is served at 5:30 p.m. The cost is \$10. Everyone is welcome. Call the Centre at 905-951-6114 to reserve a ticket.

Cardball will be played at Caledon Seniors' Centre from 10 a.m. to noon.

Darts will be played at Caledon Seniors' Centre from 1 to 2:30 p.m.